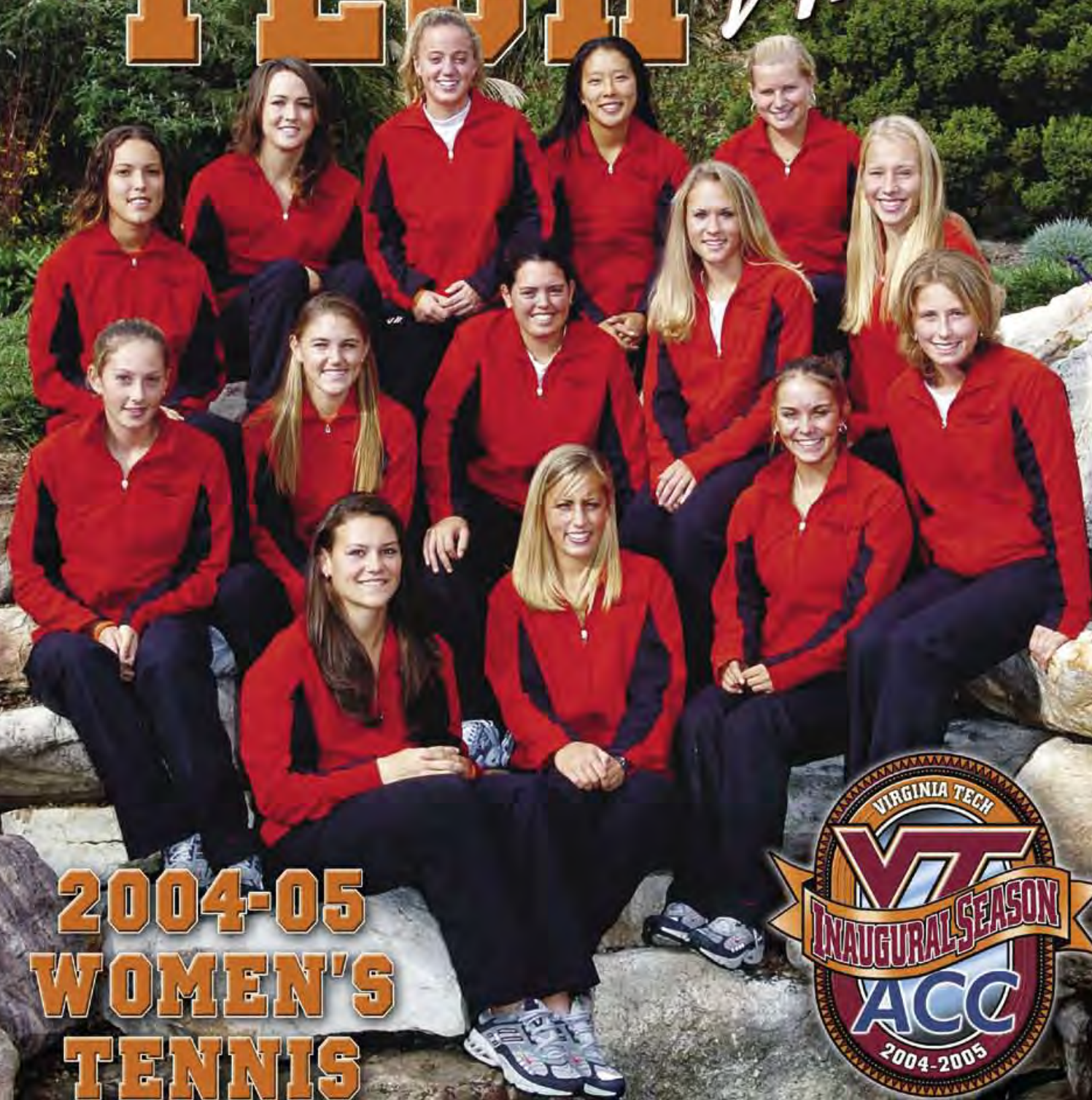


VIRGINIA TECH *Hokies*



**2004-05
WOMEN'S
TENNIS**



VIRGINIA TECH

Virginia Polytechnic Institute and State University is a public institution with a world-renowned reputation in high-technology fields, such as engineering, architecture and the sciences. The university teaches more than 28,000 students, including 2,000 international students representing 110 countries. Virginia Tech, as the university is popularly known, offers more than 70 undergraduate majors and nearly 110 graduate degree programs taught by nationally and internationally recognized scholars.

Virginia Tech is organized into eight colleges — Agriculture and Life Sciences, Architecture and Urban Studies, Science, Pamplin College of Business, Engineering, Liberal Arts and Human Sciences, Natural Resources and Virginia-Maryland College of Veterinary Medicine.

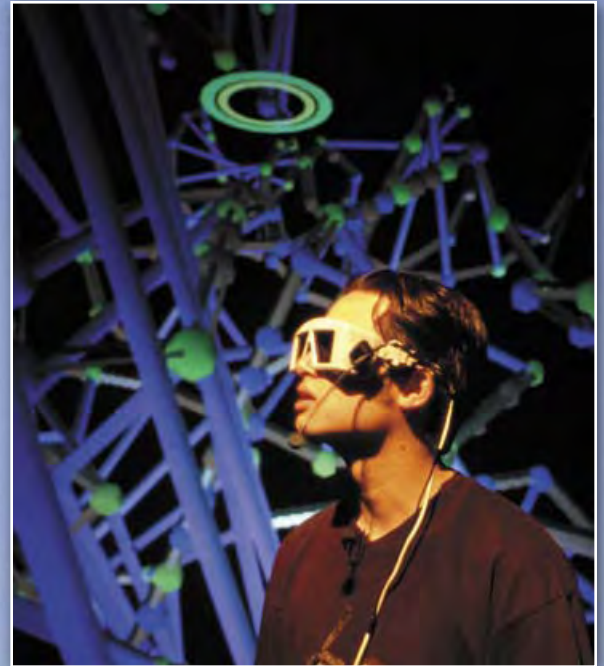
RESEARCH: With 3,700 ongoing research projects, Virginia Tech is the state's top research university and one of the top in the nation.

TECHNOLOGY: At Virginia Tech, technology is part of every student's daily vocabulary. Students learn better and faster, keep in touch with home and with the world, generate working relationships with teachers, and ready themselves for success in tomorrow's workplace.

RESIDENTIAL & DINING PROGRAMS: Each year, more than 8,700 students live on campus, 4,000 of whom are upperclassmen. The on-campus experience includes a wide variety of activities such as study skills sessions, movie nights and intramural sport teams.

Each residence hall room is equipped with high-tech communications systems that provide voice mail and Ethernet access. Rooms are also equipped with a cable TV outlet that provides a wide variety of instructional, entertainment, news and foreign language programs.

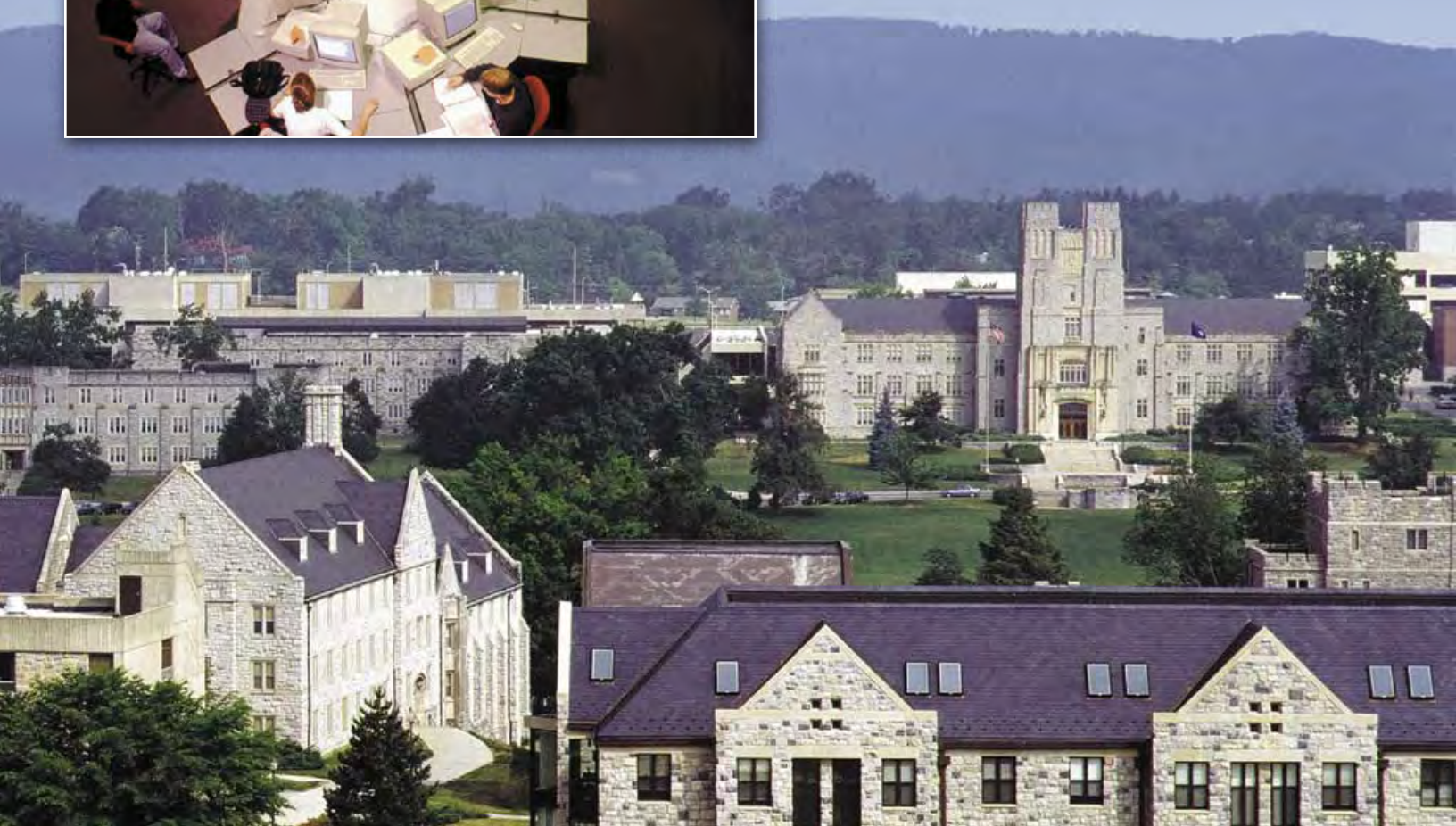
Dining centers include specialty dining areas, all-you-care-to-eat buffets and a 12-station food court.



STUDENT LIFE: More than 500 student organizations on campus serve academic, athletic, service, religious, arts and special interests, among others.

Tennis, golf, hiking, camping, cycling, jogging, canoeing and kayaking, swimming and horseback riding are favorite activities which can be enjoyed on or near campus year-round.

HOKIE SPORTS: Virginia Tech athletics teams compete at the NCAA Division I level in 21 men's and women's sports. Tech became a member of the Atlantic Coast Conference for all sports on July 1, 2004.



VIRGINIA TECH

2004-2005

Women's Tennis



Virginia Tech Quick Facts

Location: Blacksburg, Va.
 Enrollment: 28,000
 Colors: Chicago maroon & burnt orange
 Nickname: Hokies
 Conference: Atlantic Coast
 Facility: Burrows-Burleson Tennis Center
 President: Dr. Charles Steger
 Director of Athletics: Jim Weaver

Women's Tennis Information

Head Coach: Terry Ann Zawacki-Woods (Wake Forest '96)
 Career Record: 39-55
 Virginia Tech Record: 14-14 (2nd year)
 Assistant Coach: Melissa Woods (Purdue '04)
 Office phone: (540) 231-9971
 Burrows-Burleson Tennis Center: (540) 231-5908
 Tennis Fax: (540) 231-2002
 2003-04 Dual Meet Record: 14-14
 2003-04 BIG EAST Conference: 4th in tournament (no regular season)
 Returning/Lost: 6/5
 Final 2003-04 National Ranking: NR
 Current National Ranking: NR
 Newcomers: 6

Anat Elazari

Sports Information Directory

Sports Information Director: Dave Smith
 Associate SID: Anne Panella
 Assistant Directors: David Knachel, Bryan Johnston, Bill Dyer
 Assistant Director (Tennis Contact): Torye Hurst
 Sports Information Phone: (540) 231-6726
 Sports Information Fax: (540) 231-6984
 Hurst's Office Phone: (540) 231-8823
 Hurst's Cell Phone: (540) 998-5907
 Hurst's e-mail: tohurst@vt.edu
 Hurst's Home Phone: (540) 382-6505
 Tennis on the Internet: www.hokiesports.com/wtennis

THE HOKIES' SCHEDULE

| | | | |
|-------|-------|--|------------|
| Sept. | 24-26 | William & Mary Invitational (at Williamsburg, Va.) | All Day |
| Oct. | 1-3 | Wake Forest Deacon Classic (at Winston-Salem, N.C.) | All Day |
| | 8-10 | HOKIE FALL INVITATIONAL | All Day |
| | 22-26 | ITA Eastern Championships (at Philadelphia, Pa.) | All Day |
| Nov. | 5-7 | UNC Tournament (at Chapel Hill, N.C.) | All Day |
| Jan. | 29 | CLEMSON* | Noon |
| | 29 | RADFORD | 6 p.m. |
| Feb. | 5 | WOFFORD | 11 a.m. |
| | 5 | LONGWOOD | 3 p.m. |
| | 6 | EAST TENNESSEE STATE | 10:30 a.m. |
| | 6 | APPALACHIAN STATE | 3 p.m. |
| | 16 | at North Carolina* | 4 p.m. |
| | 24 | DUKE* | 2:30 p.m. |
| | 25 | OLD DOMINION | 4 p.m. |
| | 27 | MIAMI* | 10 a.m. |
| Mar. | 6 | at Maryland* | 11 a.m. |
| | 10 | at Georgia Tech* | 2 p.m. |
| | 14 | at Florida State* | Noon |
| | 19 | at Boston College | 1 p.m. |
| | 20 | at Brown | 10:30 a.m. |
| | 24 | LIBERTY | 2:30 p.m. |
| | 29 | at Virginia* | 2:30 p.m. |
| Apr. | 2 | at Richmond | 10 a.m. |
| | 3 | at William & Mary | 11:30 a.m. |
| | 7 | MARSHALL | 2:30 p.m. |
| | 9 | WAKE FOREST* | Noon |
| | 10 | NORTH CAROLINA STATE* | 2 p.m. |
| | 16 | at Virginia Commonwealth | 2 p.m. |
| | 21-24 | ACC Championships (at Raleigh, N.C.) | All Day |
| May | 13-15 | NCAA Regionals (Site TBA) | TBA |
| | 19-28 | NCAA Championships (at Athens, Ga.) | TBA |

* ACC matches; Home matches in ALL CAPS

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Credits

The 2004-2005 Virginia Tech women's tennis media guide is a publication of the Tech Sports Information Office, designed to aid media members in their coverage of Hokie tennis. The guide was written by Torye Hurst of the Virginia Tech Sports Information Office. Design and composition by Assistant SID David Knachel. Photos contributed by Knachel. Printing was by Southern Printing Co., of Blacksburg, Va. Special thanks to head coach Terry Ann Zawacki-Woods and her staff for their assistance with this publication.

2004-05 OUTLOOK

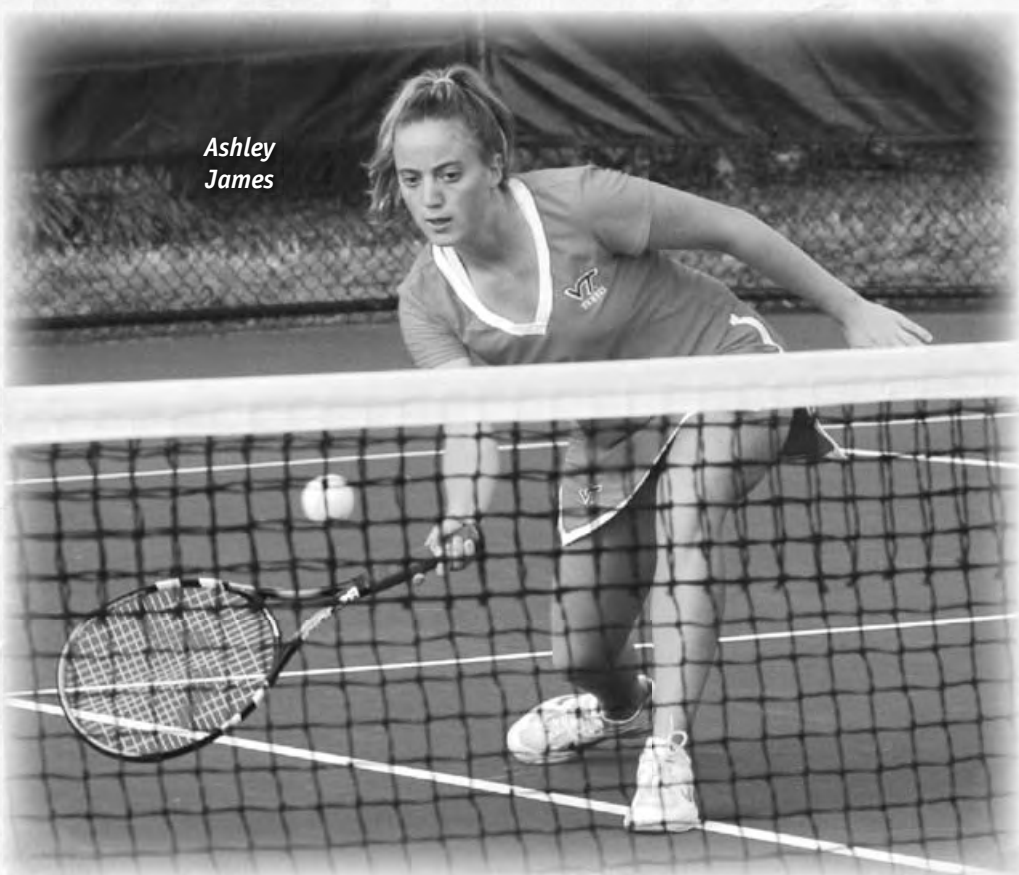
Young Team Ready to Face Challenging Schedule

The Virginia Tech women's tennis program is experiencing a youth movement this season as it moves into the competitive Atlantic Coast Conference. Tech's roster this year includes only one senior along with two juniors, three sophomores and six freshmen. The team returns two starters from last year's 14-14 squad which finished fourth in the BIG EAST Conference under first-year Tech coach Terry Ann Zawacki-Woods.

The 2003-04 record is impressive after considering the team suffered injuries to key players early in the season forcing some players to participate in higher positions in the lineup than usual. The Hokies also faced a difficult schedule featuring 12 nationally-ranked opponents. However, several players gained valuable experience against some of the nation's best players, and combined with the solid performance of the newcomers during the fall season, the outlook looks bright for the 2005 dual match schedule.

"I was very pleased with the fall season in that we competed well in several tournaments against some of the top teams that made the NCAA Tournament last year," said Zawacki-Woods. "I thought we started the fall out strong at the William & Mary tournament which continued into the Wake Forest tournament and our own Fall Invitational. Felice Lam and J.J. Larson were impressive in winning all three tournaments and Anat Elazari played well in winning at Wake Forest and at our tournament. I was a little disappointed with our results at the Eastern Regional, but I think we learned a great deal about ourselves, and rebounded well at the North Carolina tournament where we played well against some of the ACC teams we will face in the spring."

The Hokies will have to replace Elissa Kinard who teamed with Lam last season to advance to the doubles final of the ITA Northeast Regional. The



Ashley James

Tech duo combined for a 20-4 record last year before Kinard's season was cut short due a back injury. Ginger Lowdermilk was another Tech player who had her senior season cut short due to injury. Lowdermilk won 63 percent of her doubles matches at Tech after transferring from Tyler (Texas) Junior College where she was a 2001 Junior College All-American.

The program suffered a setback when Lam, the lone senior on the team and the Most Valuable Player last year after collecting 21 singles and 25 doubles victories, suffered a severe knee injury near the end of fall practice. She underwent season-ending surgery on her left knee in early January. Including the fall, Lam has a combined 127 singles and doubles career victories. Lam and Larson combined to pick up the aforementioned three tournament victories in the fall and obtained a No. 7 fall regional ranking.

"It is unfortunate about Felice's knee surgery, however, it is just a challenge our team will overcome during the season, said Zawacki-Woods. "We will miss her court presence, but we are still happy that she will now step up to an off-court leadership position and still help our team meet our goals we have set this season."

Elazari enters her junior year following an outstanding fall campaign which saw her post a 12-4 singles mark and win two tournaments. She concluded the fall ranked tenth in the Northeast Region and also teamed with Ashley James to win eleven contests in the fall.

"Anat is playing with a tremendous amount of confidence due to her hard work over the summer and the success she experienced

THE HOKIES' 2004-05 ROSTER

| Name | Year | Ht. | RH/LH | Hometown/High School |
|-------------------|------|------|-------|---|
| Lea Ackenbom | So. | 5-4 | RH | Charlottesville, Va./Charlottesville |
| Laurie Calzadilla | Fr. | 5-9 | RH | San Juan, Puerto Rico/Academia San Jose |
| Anat Elazari | Jr. | 5-5 | RH | Tiberias, Israel/HOF Hcarmel |
| Julia Facchina | Fr. | 5-4 | RH | Glenwood, Md./Glenelg |
| Kate Harrington | Fr. | 5-6 | RH | Richmond, Va./Mills E. Godwin |
| Meredith Holmes | Jr. | 5-9 | RH | Bloomington, Ind./Bloomington |
| Ashley James | So. | 5-5 | RH | Williamsburg, Va./Jamestown |
| Bethan James | Fr. | 5-6 | RH | Flintshire, UK/Argoed |
| Felice Lam | Sr. | 5-5 | RH | Seattle, Wash./Ballard |
| J.J. Larson | Fr. | 5-7 | RH | Orchard Park, N.Y./Heritage Acad. |
| Jessica Long | Fr. | 5-11 | RH | Elizabethtown, Pa./ |
| Catherine Slagel | So. | 5-5 | RH | Richmond, Va./Midlothian |

Head Coach: Terry Ann Zawacki-Woods (Wake Forest, 1996)

Assistant Coach: Melissa Woods (Purdue, 2004)

in the fall," said Zawacki-Woods. She has demonstrated that she can play with anyone in the nation which also trickles down to the rest of the team believing that they can beat anyone."

Ashley James returns for her sophomore year after leading the team last season with 24 singles victories. She was also the recipient of the Coach's Award. James advanced to the singles semifinals of the VT Fall Invitational and paired with Elazari to post an 11-6 fall record including a second-place finish in the VT Fall Invitational.

"Ashley is another player who worked extremely hard during the summer to improve her game," said Zawacki-Woods. "She is extremely coachable and is always looking for ways to improve. Ashley has a great attitude on-court and will do whatever is asked of her to help herself, and the team, win."

Several of the freshmen will be counted on to contribute immediately to the program. Among the newcomers, J.J. Larson made an immediate impact in the fall with 12 singles and 13 doubles victories. Larson teamed with Lam to win three fall doubles events and the duo finished with a No. 3 ranking in the Northeast Region. She also posted victories over two nationally-ranked singles players and advanced to the finals of the VT Fall Invitational.

"J.J. provides a tremendous amount of depth for us in both singles and doubles," said Zawacki-Woods. "She has already had a deep impact on the program with some big wins. J.J. is extremely talented and is very tough with no fear of the opposition. She is going to add so much to the team and our success this year."



Jessica Long



J.J. Larson

Freshman Jessica Long had an outstanding fall with 12 singles victories and won the Flight B singles at the VT Fall Invitational.

"Jessica is one of those 'never-say-die' players who never believes that she is out of a match," said Zawacki-Woods. "She is a perfectionist who settles for nothing but the best results both on the court and in the classroom. She is our tallest player and generates a lot of power with her serve."

Bethan James, a freshman from Flintshire, United Kingdom, had six singles and five doubles victories in her first collegiate action this fall.

"I believe Bethan is going to really reach her peak during her time at Virginia Tech," said Zawacki-Woods. "She has all of the tools to become a great player but she just needs to gain more experience against some top players. I think once she gets a few more matches under her belt that she will really show what she is capable of accomplishing."

Kate Harrington is another member of the promising freshman class who had a solid fall season. Harrington collected ten singles victories and seven in doubles.

"Kate is a very high-energy and enthusiastic player who walks on the court in practice and gets everyone ready to go," said Zawacki-Woods. "She is a strong doubles player with great hands and has no fear at the net."

Junior Meredith Holmes had a solid fall season posting a 6-2 record which included winning the Flight C singles at the VT Fall Invitational.

"Meredith has really demonstrated a tremendous amount of growth in her game the past year," said Zawacki-Woods. "She is a solid baseline player who gives us depth in both singles and doubles and we are also looking for her to provide some leadership to the underclassmen."

Sophomores Lea Ackenbom and Catherine Slagel, along with freshmen Laurie Calzadilla and Julia Facchina, are other members of the team who will provide depth to the team and battle for a position in the lineup.

Tech will face another tough spring schedule featuring 13 teams who were ranked last season. In fact, nine of the Hokies' ten ACC opponents concluded last season in the national rankings.

The spring schedule includes January home matches against Clemson and Radford. In February, the Hokies will host Wofford, Longwood, East Tennessee State, Appalachian State, Duke, Old Dominion and Miami. The home schedule concludes in April with matches against Marshall, Wake Forest and North Carolina State. Tech was 13-5 last year at the Burrows-Burleson Tennis Center. The Hokies will play road matches at North Carolina, Maryland, Georgia Tech, Stetson, Florida State, Brown, Boston College, Virginia, Richmond, William & Mary and Virginia Commonwealth.

"Our non-conference schedule is a competitive one as we will be facing a number of nationally-ranked teams," said Zawacki-Woods. "Our spring schedule will offer us many challenges as this is our first season in the ACC, however, we are looking to make our mark immediately and take advantage of the many good matches we will be playing."

COACHING STAFF



Terry Ann Zawacki-Woods

HEAD WOMEN'S TENNIS COACH

Terry Ann Zawacki-Woods became the seventh women's tennis coach at Virginia Tech on Sept. 8, 2003. In her first year with the Hokies, she guided an injury-riddled squad to a 14-14 record and fourth place in Tech's final season in the BIG EAST Conference.

This season, she will direct the Hokies as they begin play in the prestigious Atlantic Coast Conference.

Prior to coming to Tech, Zawacki-Woods served as head coach at Charlotte for three years. In 2001, her first at Charlotte, the 49ers received the program's first-ever national ranking of No. 59 in the Intercollegiate Tennis Association rankings.

Before assuming her position at Charlotte, Zawacki-Woods served as assistant coach at Michigan for three years, helping the Wolverines to a second-place finish in the Big Ten Conference in 1998 in addition to producing two Big Ten Sportswomen of the Year.

Zawacki-Woods was a two-time All-American at Wake Forest and was recently named to the ACC's 50th Anniversary Team. She was the first tennis player at Wake Forest to be named All-ACC for four years and the first to compete in the NCAA singles tournament. As the top player for the Deacons all four years, Zawacki-Woods was named the 1993 Southeast Rookie of the Year and the 1996 Southeast Senior of the Year. She was the first Wake Forest player to be nationally-ranked all four years achieving a top ranking of sixth in the nation. Zawacki-Woods led the Demon Deacons to three ACC finals and three Top 15 finishes nationally.

Following her collegiate career, Zawacki-Woods turned professional and faced some of the top players in the world including Monica Seles, Jennifer Capriati and Chanda Rubin.

A native of Union, N.J., Zawacki-Woods and her husband, Bill, live in Blacksburg.





Melissa Woods

ASSISTANT COACH



Melissa Woods joins the Virginia Tech women's tennis coaching staff this season as assistant coach.

Woods comes to Tech following an outstanding playing career at Purdue where she helped the program achieve a Top 50 ranking during her four years. She was a three-time Academic All-Big Ten selection and was co-captain of the 2003-04 team which finished with a No. 48 national ranking. Woods played on the No. 1 doubles team for the Boilermakers during her junior and senior seasons.

"I am very excited to have Melissa join our staff," said Tech women's tennis coach Terry Ann Zawacki-Woods. "She was a great student and player at Purdue and from her experiences, she understands the demands that are placed on our student-athletes. I feel that she is a wonderful fit for our program and will play a major role in helping our program succeed and reach our goals."

TECH COACHING HISTORY

| Head Coach | Years Coached | Record at Tech | Win Pct. |
|-------------------------|---------------|----------------|----------|
| Caroline Owens | 1977-78 | 11-2 | 85% |
| Karen Frair | 1978-79 | 15-9 | 63% |
| Larsen Bowker | 1979-83 | 35-26 | 57% |
| Jeff Murray | 1983-84 | 7-11 | 39% |
| Anne Jones Thompson | 1985-00 | 260-159 | 62% |
| Lisa Hart | 2000-03 | 45-36 | 56% |
| Terry Ann Zawacki-Woods | 2003- | 14-14 | 50% |

Tech earns ITA Academic Team Award Elazari, Lowdermilk named Scholar-Athletes

The Virginia Tech women's tennis team was named as a 2004 Intercollegiate Tennis Association (ITA) All-Academic Team. Additionally, Anat Elazari and Ginger Lowdermilk were selected as ITA Scholar-Athletes.

The women's tennis team received the honor after posting a 3.13 GPA for the academic year. The team award marks the sixth time in the last eight years the program has received the honor, including a streak of five consecutive seasons from 1996-97 through 2000-01. The ITA All-Academic Team is open to any ITA program that has a cumulative team grade point average of 3.20 or above (on a 4.00 scale). All eligible student-athletes whose names appear on the NCAA eligibility form and have competed in one or more varsity matches must average into the

GPA for the academic year (including the fall and spring semesters).

Lowdermilk, a senior on last year's squad from Bossier City, La., earned the honor with a 3.78 GPA in health, nutrition, food and exercise. She also received the honor in 2003 and concluded her Tech career with a combined 85 singles and doubles victories. Elazari, a sophomore last season from Tiberias, Israel, had a 3.47 GPA in industrial engineering. She posted an 18-15 record last year playing at the top of the lineup.

In order to earn ITA Scholar-Athlete status, a player must be a varsity letterwinner, have a grade point average of at least 3.50 (on a 4.00 scale) for the current academic year, and have been enrolled at their present school for at least two semesters.

ADMINISTRATION AND SUPPORT PERSONNEL



Charles Steger
University
President



Jim Weaver
Director of
Athletics



Sharon McCloskey
Senior Associate
Director of Athletics



David Chambers
Senior Associate AD
for External Affairs



Tom Gabbard
Associate AD
for Internal Affairs



Jon Jaudon
Associate AD
for Administration



Randy Butt
Associate AD
for Financial Affairs



John Ballein
Associate AD for
Football Operations



Tim East
Assistant AD for
Marketing & Promotions



Mike Gentry
Assistant AD for
Athletic Performance



Tim Parker
Assistant AD
for Compliance



Sandy Smith
Assistant AD for
Ticketing Services



Torye Hurst
Assistant SID
(Tennis Contact)



Lisa Maddox
Tennis
Secretary

MEET THE HOKIES



Felice Lam

Senior • 5-5 • RH
Seattle, Wash.

preseason national doubles poll and No. 7 in the final Fall Eastern Region rankings with Larson ... Posted a 9-8 singles record and advanced to the semifinals of the VT Fall Invitational.

2003-04: Team Most Valuable Player ... Ranked No. 5 in final Eastern Region doubles ... Second on the team with 21 singles wins ... Led team with 25 doubles victories as well as a team-high 46 combined wins ... Paired with Elissa Kinard to advance to the finals of the ITA Eastern Regional doubles championship ... Won her flight at the Virginia Tech Fall Invitational ... Teamed with Kinard to win their flight at the VT Fall Invitational.

2002-03: Returned from knee surgery to compile a 17-9 singles record and a 20-8 doubles mark.

2001-02: Had her freshman year cut short after suffering an ACL tear in a doubles match against Iowa (2/23) ... Was 8-4 overall and 6-2 in dual matches ... Posted a 14-8 doubles record.

High School/Junior Tennis: Played at Ballard High School for coach Glona Gadbeis ... Won 2001 state high school singles championship ... Ranked No. 58 nationally in Girl's 16s singles and No. 12 in doubles ... Singles ranking of No. 3 in Pacific Northwest Section and No. 1 in doubles.

Odds and Ends: Phuong-Thu Lam ... Born 6/14/83 in Soyaux, France ... Daughter of Lua-Quc and Linh-Hong Lam ... Majoring in marketing management ... Sister, Karen, plays basketball and volleyball at Cal Tech.



| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|------|------|-----|------|--------|-------------|-------|--------|---------|------|-------|------|
| 2001-02 | 0-0 | 0-0 | 0-0 | 1-0 | 2-0 | 3-2 | 2-3 | 2-2 | 6-2 | 3-2 | 8-4 | 67% | 14-8 | 64% |
| 2002-03 | 0-0 | 0-0 | 0-0 | 8-5 | 2-1 | 7-3 | 2-2 | 0-2 | 17-9 | 0-0 | 17-9 | 65% | 20-8 | 71% |
| 2003-04 | 0-0 | 0-0 | 13-9 | 2-1 | 0-0 | 0-0 | 3-3 | 3-1 | 15-10 | 6-4 | 21-14 | 60% | 25-16 | 61% |
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 3-3 | 2-5 | 0-0 | 9-8 | 9-8 | 53% | 13-3 | 81% |
| Total | 0-0 | 0-0 | 13-9 | 11-6 | 4-1 | 10-5 | 10-11 | 7-10 | 38-21 | 18-14 | 55-35 | 61% | 72-35 | 67% |



Anat Elazari

Junior • 5-5 • RH
Tiberias, Israel

Zawacki-Woods on Elazari: "Anat is a fierce competitor who has shown that she is capable of playing with anyone in the country. She always gives one-hundred percent in everything she does and has a tremendous work ethic. I am looking for Anat to lead our team into the ACC this spring at the top singles position."

Fall 2004: Won the Wake Forest and VT Fall Invitational singles tournaments ... Ranked No. 83 nationally in 2005 ITA preseason poll ... Concluded

the fall ranked No. 10 in the Eastern Region ... Paired with Ashley James to post an 11-6 record.

2003-04: Team Rookie of the Year ... Ranked No. 15 in final Eastern Region singles ranking ... Third on the team with 18 singles wins playing at the top of the lineup ... Advanced to the semifinals of the Wake Forest Deacon Classic and the Virginia Tech Fall Invitational ... Won 16 doubles matches.

2002-03: Coach's Award recipient ... Sat out 2002-03 season to fulfill NCAA residency requirements.

High School/Junior Tennis: Ranked No. 8 in singles and No. 2 in doubles in Israel ... Was Israeli champion six times during her junior career ... Won the 1996 Macbi Games junior title and was a 2001 finalist in the women's championship ... World doubles ranking of No. 549 and singles ranking of No. 824 by the Women's Tennis Association.

Odds and Ends: Anat Elazari ... Born 10/8/02 in Tiberias, Israel ... Daughter of Amos and Tchiya Elazari ... Majoring in industrial engineering.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-------|-----|-----|-----|-----|-----|--------|-------------|-------|--------|---------|------|-------|------|
| 2003-04 | 13-10 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 4-4 | 4-1 | 13-10 | 5-5 | 18-15 | 55% | 16-18 | 47% |
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-1 | 2-0 | 0-0 | 12-4 | 12-4 | 75% | 11-6 | 65% |
| Total | 13-10 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 5-5 | 6-1 | 13-10 | 17-9 | 30-19 | 61% | 27-24 | 53% |



Meredith Holmes

Junior • 5-9 • RH
Bloomington, Ind.

Zawacki-Woods on Holmes: "Meredith is a solid baseline player who has shown much improvement during her college career thus far. She brings a great attitude to our

team and provides great depth in our singles and doubles lineup."

Fall 2004: Had a 6-2 singles mark ... Won the Flight C singles title at the VT Fall Invitational.

2003-04: Posted a 10-14 singles mark ... Was 8-9 in doubles.

2002-03: Had a 3-5 record in limited action.

High School/Junior Tennis: Member of the Indiana All-Star team ... Was all-state in singles her senior year for coach Kristin Spencer at Bloomington High School ... Honorable mention all-state sophomore and junior seasons ... Advanced to the state final eight as a junior and senior ... Member of academic all-state team ... Was No. 1 in her graduating class and had a 4.0 GPA for four years ... Member Academic Honors Society

Odds and Ends: Meredith Holmes ... Born 5/4/84 in Bloomington, Ind. ... Daughter of J.R. and Martha Holmes ... Majoring in aerospace engineering.



| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|------|--------|-------------|------|--------|---------|------|-------|------|
| 2002-03 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 1-0 | 0-0 | 1-0 | 2-5 | 3-5 | 38% | 0-2 | 0% |
| 2003-04 | 0-0 | 0-0 | 0-0 | 1-0 | 1-0 | 5-10 | 1-1 | 1-1 | 7-10 | 3-4 | 10-14 | 42% | 8-9 | 47% |
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-1 | 0-0 | 0-0 | 6-2 | 6-2 | 75% | 1-1 | 50% |
| Total | 0-0 | 0-0 | 0-0 | 1-0 | 1-0 | 6-10 | 2-2 | 1-1 | 8-10 | 11-11 | 19-21 | 48% | 9-12 | 43% |



Ashley James

Sophomore • 5-5 • RH
Williamsburg, Va.

Zawacki-Woods on James: "Ashley brings a great deal of positive energy and a drive to our team. She has a strong baseline game with the ability to put balls away up at the net. Ashley is very self-motivated and will win many matches for Virginia Tech during her career."

Fall 2004: Advanced to the semifinals of the Flight A singles at the VT Fall Invitational ... Paired with Anat Elazari to record an 11-6 record ... Doubles finalist at VT Fall Invitational.

2003-04: Coach's Award recipient ... Posted a 24-13 singles mark which led the team ... Had 17 doubles victories ... Finished fifth in her singles flight at the Wake Forest Deacon Classic ... Teamed with former Tech player Ginger Lowdermilk to win their doubles flight at the Wake Forest Deacon Classic.

High School/Junior Tennis: Member of three Virginia State AA championship teams at Jamestown High School for coach Peter Schweitzer ... Four-time State AA doubles champion ... State AA singles on two occasions ... Won the 2001 Virginia Sportmanship Award.

Odds and Ends: Ashley James ... Born 5/23/85 in Williamsburg, Va. ... Daughter of Kent and Meg James ... Majoring in building construction.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|------|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| 2003-04 | 0-0 | 1-0 | 0-0 | 12-6 | 3-2 | 0-0 | 5-4 | 6-3 | 16-8 | 7-5 | 24-13 | 65% | 17-15 | 53% |
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 2-2 | 3-0 | 0-0 | 7-6 | 7-6 | 54% | 11-6 | 65% |
| Total | 0-0 | 1-0 | 0-0 | 12-6 | 3-2 | 0-0 | 7-6 | 9-3 | 16-8 | 14-11 | 31-19 | 62% | 28-21 | 57% |



Lea Ackenbom

Sophomore • 5-4 • RH
Charlottesville, Va.

Zawacki-Woods on Ackenbom: "Lea is a great team player who brings much enthusiasm to our program. She has a great mentality on court and has really improved in both singles and doubles."



Fall 2004: Recorded a 3-4 singles mark and 2-4 doubles record in limited action.

2003-04: Posted a 2-1 singles mark and 1-0 doubles mark in limited action.

High School/Junior Tennis: Three-year letterwinner at Charlottesville High School for coach John Morris where she was the captain and most valuable player.

Odds and Ends: Lea Ackenbom ... Born 11/17/84 in San Antonio, Texas ... Daughter of Ray and Barbara Ackenbom ... Majoring in health, nutrition, foods and exercise.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| 2003-04 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 0-0 | 1-0 | 1-0 | 1-0 | 1-1 | 2-1 | 67% | 1-0 | 100% |
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-1 | 0-2 | 0-0 | 3-4 | 3-4 | 43% | 2-3 | 40% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 0-0 | 1-1 | 1-2 | 1-0 | 4-5 | 5-5 | 50% | 3-3 | 50% |



Catherine Slagel

Sophomore • 5-5 • RH
Richmond, Va.

Zawacki-Woods on Slagel: "Catherine is a good athlete who plays with a lot of tenacity. She is a quick learner with a willingness to improve."

Fall 2004: Was 3-4 in limited singles play and 2-4 in doubles.

2003-04: Posted a 2-2 record in both singles and doubles.

High School/Junior Tennis: Four-year letterwinner at Midlothian High School for coaches Georgia Saunders and Doug Garrett where she was named most valuable player her junior and senior seasons ... Also participated in softball and indoor track.

Personal: Catherine Slagel ... Born 8/27/84 in Richmond, Va. ... Daughter of Dale and Carla Slagel ... Majoring in biology.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| 2003-04 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 0-1 | 1-1 | 1-0 | 1-2 | 2-2 | 50% | 2-2 | 50% |
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 0-0 | 0-0 | 3-4 | 3-4 | 43% | 2-4 | 33% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 1-1 | 1-1 | 1-0 | 4-6 | 5-6 | 46% | 4-6 | 40% |



Laurie Calzadilla

Freshman • 5-9 • RH
San Juan, Puerto Rico

Zawacki-Woods on Calzadilla: "A very committed person both on and off the court. Laurie is a hard worker who is determined to really make her mark on our team."

Fall 2004: Had a 1-2 singles record and 2-1 in doubles.



High School/Junior Tennis: Four-year letterwinner at Academia San Jose for coach Pepo Valetin ... Ranked No.1 doubles player in Caribbean Section three times ... Top-six singles ranking in Caribbean Section ... Most valuable player her senior season.

Odds and Ends: Laurie Calzadilla ... Born 10/30/86 in Miami, Fla. ... Right-handed ... Daughter of Marcos Calzadilla and Sonia Ramirez ... Majoring in general engineering.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 1-0 | 0-0 | 1-2 | 1-2 | 33% | 2-1 | 67% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 1-0 | 0-0 | 1-2 | 1-2 | 33% | 2-1 | 67% |



Julia Facchina

Freshman • 5-4 • RH
Glenwood, Md.

Zawacki-Woods on Facchina: "Julia will add depth to the team and is a motivated player with a strong forehand."

Fall 2004: Registered a 5-2 singles and 4-2 doubles record ... Lost in Flight C singles final to teammate Meredith Holmes at the VT Fall



Invitational and was a Flight B doubles finalist, along with Holmes in the same event.

High School/Junior Tennis: Four-year letterwinner at Glenelg High School for coach Mary Ellen Doyle ... Advanced to state finals during her senior season ... Named *Washington Post* All-Met and *Baltimore Sun* All-Metro Player of the Year.

Odds and Ends: Julia Facchina ... Born 2/7/86 in Silver Spring, Md. ... Right-handed ... Daughter of Joseph and Eileen Facchina ... Also ran track in high school ... Majoring in architecture.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 5-2 | 5-2 | 71% | 4-2 | 67% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 5-2 | 5-2 | 71% | 4-2 | 67% |



Kate Harrington

Freshman • 5-6 • RH
Richmond, Va.

Zawacki-Woods on Harrington: "Kate has a great personality on and off the court and brings a lot of enthusiasm and

desire to the team. She is also a very talented doubles player."

Fall 2004: Had a solid fall with a 10-4 singles record and was 7-9 in doubles.

High School/Junior Tennis: Won Virginia AAA doubles championship in 2002 and 2003 ... 2002 state AAA singles finalist ... Helped Godwin HS team to three consecutive state AAA titles (2001-03).

Odds and Ends: Born 7/20/86 in Richmond, Va. ... Majoring in communications.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 2-0 | 0-0 | 10-4 | 10-4 | 71% | 7-9 | 44% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 2-0 | 0-0 | 10-4 | 10-4 | 71% | 7-9 | 44% |



Bethan James

Freshman • 5-6 • RH
Flintshire, United Kingdom

Zawacki-Woods on James: "Bethan has solid groundstrokes and can use a variety of shots to frustrate the opposition. She will make an immediate impact to the program."

Fall 2004: Was 6-8 in singles and 5-6 in doubles.

High School/Junior Tennis: Was the 2002 Under-18 Welsh singles champion ... Won the Senior Welsh Mixed Doubles title in 2003 ... Member of the North Wales county (state) cup team at both the Under-18 and senior levels ... Represented Wales in the 2000 Four Nation's Championships Under-14 tournament ... Participated in exhibition matches at the 1994 Wimbledon Championships.

Personal: Born 10/8/86 in Shrewsbury, UK ... Majoring in communications.



| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-3 | 0-1 | 0-0 | 6-8 | 6-8 | 43% | 5-6 | 46% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-3 | 0-1 | 0-0 | 6-8 | 6-8 | 43% | 5-6 | 46% |



J.J. Larson

Freshman • 5-7 • RH
Orchard Park, N.Y.

Zawacki-Woods on Larson: "J.J. is a great competitor who never backs down from a challenge. She has a very strong serve and net game and brings a lot of positive energy and fight to our program."

Fall 2004: Teamed with Felice Lam to win the William & Mary, Wake Forest and VT Fall Invitational tournaments ... Ranked No. 43 in the preseason national doubles poll and No. 7 in the final Fall Eastern Region rankings with Lam ... Posted a 12-7 singles mark and advanced to the Flight A finals of the VT Fall Invitational.

High School/Junior Tennis: Won the Supernational Clay Court and Bush Florida Open doubles with sister, Britney ... Ranked No. 1 in the nation in Girls 14s ... Received the Billy Talbert Sportsmanship award.

Personal: Born 2/1/86 in Buffalo, N.Y. ... Majoring in business ... Father was a pitcher at Miami (Ohio) ... Sister, Britney, is ranked No. 8 nationally in Girls 16s ... Cousin, Matt, played baseball at Alabama and later in the Florida Marlins minor league system.

| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 4-2 | 5-2 | 0-0 | 12-7 | 12-7 | 63% | 13-3 | 81% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 4-2 | 5-2 | 0-0 | 12-7 | 12-7 | 63% | 13-3 | 81% |



Jessica Long

Freshman • 5-11 • RH
Elizabethtown, Pa.

Zawacki-Woods on Long: "Jessica demonstrates tremendous intensity on the court. She is a hard worker with the ability to dictate points from anywhere on the court."

Fall 2004: Led team with a 12-3 singles record with a 7-9 doubles mark.

High School/Junior Tennis: Played at Van der Meer Tennis Academy for coach Jolene Wattanabee ... Ranked as high as No. 80 nationally ... Top-ranked player in Middle State Section ... Received the Middle States Under 12 Sportsmanship Award and the Middle States Under 14 Most Improved Award.

Odds and Ends: Jessica Long ... Born 4/9/86 in Lancaster, Pa. ... Right-handed ... Daughter of Karl and Marilyn Soutner ... Majoring in communications.



| Year | 1 | 2 | 3 | 4 | 5 | 6 | 3 Sets | Tie-Breaker | Dual | Tourn. | Overall | Pct. | Dbls. | Pct. |
|-----------|-----|-----|-----|-----|-----|-----|--------|-------------|------|--------|---------|------|-------|------|
| Fall 2004 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 2-0 | 0-3 | 0-0 | 12-3 | 12-3 | 80% | 7-9 | 44% |
| Total | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 2-0 | 0-3 | 0-0 | 12-3 | 12-3 | 80% | 7-9 | 44% |

2003-04 REVIEW

Final Year in BIG EAST a Learning Experience

The 2003-04 season was one of great promise which saw the Virginia Tech women's tennis team get off to a great start only to be hampered by injuries on the way to a break-even season. The Hokies finished the season with a 14-14 record and a fourth-place finish in their final BIG EAST Conference Championship.

Tech was ranked as high as No. 53 in the nation and posted victories over No. 65 Brown, No. 50 Washington State and No. 74 Minnesota. The Hokies suffered a narrow 4-3 loss to No. 33 Virginia and dropped two matches versus top-30 Notre Dame.

The Burrows-Burleson Tennis Center continued to be a friendly home for Tech as the Hokies compiled a 12-5 record, with four of the five losses coming against nationally-ranked opponents. The fall season featured the impressive performance in doubles of Elissa Kinard and Felice Lam who advanced to the Intercollegiate Tennis Association Eastern Regional doubles finals, dropping a tight 8-6 match to Megan Muth and Amy Wei of William & Mary. The William & Mary duo ended the year ranked 16th in the nation and advanced to the NCAA Championship quarterfinal round.

"We definitely had some ups and downs last season," said second-year Tech head coach Terry Ann Zawacki-Woods. "We had started off very strong with a few wins over nationally-ranked opponents and then struggled a bit with injuries which resulted in some losses later in the season. It was a very good learning experience for our returners as they had to step up to higher positions and be flexible with changes in the doubles lineup. I think it really helped prepare them for any challenges we will be facing this year."

Ashley James, along with Lam, led the team with 24 and 21 singles victories respectively playing in the middle of the lineup. The pair also proved valuable in doubles, as Lam posted 25 wins with three different partners and James had 17 victories with four partners.

"I was extremely proud of Felice and Ashley last season as they had posted over 20 wins. We had a tough schedule and both had to move up to higher positions during the course of the season, yet they have really proved that they are competitors and will step up for our team."

Anat Elazari had a successful first season with the Hokies after sitting out a year to fulfill NCAA residency requirements. Elazari, playing in the No. 1 position, recorded a 13-10 dual-match record and an 18-15 overall mark. She defeated No. 14 Alicia Salas (Notre Dame) and No. 25 Megan Muth (William & Mary) and ended the season ranked No. 103 nationally.

"Anat is a strong number one player," said Zawacki-Woods. "She has worked very hard and has proven that she can play with anyone in the country. Her wins over two top 25 players last season set a great example for the rest of the team to follow."

The Hokies suffered two key injuries during the season losing seniors Elissa Kinard and Ginger Lowdermilk midway through the year. The duo was expected to see considerable action near the top of the lineup

2003-04 RESULTS

| | | | | |
|-------|--------------|--|---|-----|
| Sept. | 19-21 | at William & Mary Invitational | | |
| | 26-28 | Virginia Tech Fall Invitational | | |
| Oct. | 3-5 | at Wake Forest Tournament | | |
| | 9-12 | at Riviera/ITA All-American | | |
| Jan. | 24 | Seton Hall | W | 5-2 |
| | | James Madison | W | 6-1 |
| Feb. | 6 | Syracuse | W | 7-0 |
| | 7 | #65 Brown | W | 4-3 |
| | 8 | Furman | W | 6-1 |
| | | Radford | W | 7-0 |
| | 13 | Boston College | W | 4-3 |
| | 14 | #50 Washington State | W | 4-3 |
| | 15 | #26 Notre Dame | L | 2-5 |
| | 21 | #33 Virginia | L | 3-4 |
| | 22 | at N.C. State | L | 1-6 |
| | 28 | at Penn State | L | 1-6 |
| Mar. | 5 | at #52 Marshall | L | 0-7 |
| | 6 | vs. #74 Minnesota | W | 4-3 |
| | 11 | at #75 Florida Atlantic | L | 0-4 |
| | 13 | at #20 Miami | L | 1-6 |
| | 27 | Georgetown | W | 7-0 |
| | | Rutgers | W | 6-1 |
| | 28 | Winthrop | W | 6-1 |
| Apr. | 3 | at Old Dominion | L | 2-5 |
| | 4 | at Richmond | L | 2-5 |
| | 17 | #38 William & Mary | L | 1-6 |
| | | East Tennessee State | L | 1-4 |
| | 18 | #53 Virginia Commonwealth | L | 2-5 |
| | 24 | West Virginia | W | 6-1 |
| | 29-May 2 | at BIG EAST Tennis Championships | | |
| | 29 | vs. Syracuse | W | 4-1 |
| | 30 | vs. #28 Notre Dame | L | 0-4 |
| May | 1 | vs. #58 Boston College | L | 2-4 |

Home matches in **bold**



Felice Lam

but Kinard was limited to only seven dual matches while Lowdermilk played in just 13 matches.

Tech came flying out of the gate to win its' first eight matches, all at home, including wins over No. 65 Brown and No. 50 Washington State. The streak also included victories over BIG EAST opponents Syracuse and Boston College.

As the injuries began to set in, the team's performance suffered at the most critical time of the year. Tech, facing six nationally-ranked opponents in its' next eight matches, dropped seven of the eight to fall to 9-7 on the year. Perhaps the toughest loss occurred against in-state rival and 33rd-ranked Virginia. After dropping the doubles point, the Hokies and Cavaliers split four

singles matches to give UVa a 3-2 lead with the No. 1 and No. 2 matches headed to third sets. Elazari won a third set tiebreaker to level the match but Lowdermilk lost a marathon match at No. 2 to give Virginia the victory.

The lone win in the losing streak was a 4-3 win over No. 74 Minnesota in a match played at Marshall University. Depth proved to be a key in the win as the Hokies won the doubles point then picked up the three singles points needed for the victory at the bottom three positions.

Tech returned to Blacksburg and promptly picked up a pair of victories over BIG EAST opponents Georgetown and Rutgers and a win over Winthrop. The Hokies dropped their next five matches, two against nationally-ranked opponents, then defeated West Virginia on Senior Day.

The Hokies headed to the BIG EAST Championships in Coral Gables, Fla., and was seeded fourth in the event. Tech had no trouble in its' first match easily disposing of Syracuse 4-1. A rematch with No. 28 Notre Dame was next in the semifinals. The Fighting Irish had ended the Hokies' eight-match winning streak to open the season with a 5-2 win in Blacksburg and, unfortunately for Tech, the second time around was much of the same in a 4-0 loss.

The final match of the year was in the BIG EAST third-place match against Boston College, a team Tech narrowly defeated 4-3 in Blacksburg early in the season. The Eagles won the doubles with two 8-6 wins then took four singles matches for the victory.

THE HOKIES' 2003-04 STATISTICS

Singles

| Name | Yr. | 1 | 2 | 3 | 4 | 5 | 6 | *A | *B | *C | 3 Sets | TB | Dual | Overall |
|--------------------|----------|--------------|--------------|--------------|-------------|--------------|-------------|--------------|--------------|------------|--------------|--------------|--------------|----------------|
| Elissa Kinard | Jr. | 0-0 | 0-0 | 0-0 | 1-1 | 4-0 | 1-0 | 0-0 | 0-0 | 0-0 | 1-0 | 2-1 | 6-1 | 6-1 |
| Lea Achkenbom | Fr. | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 0-0 | 1-1 | 0-0 | 0-0 | 1-0 | 1-0 | 1-0 | 2-1 |
| Ashley James | Fr. | 0-0 | 1-0 | 0-0 | 12-6 | 3-2 | 0-0 | 2-2 | 3-1 | 2-2 | 5-4 | 6-3 | 16-8 | 24-13 |
| Felice Lam | Jr. | 0-0 | 0-0 | 13-9 | 2-1 | 0-0 | 0-0 | 4-0 | 2-2 | 0-2 | 3-3 | 3-1 | 15-10 | 21-14 |
| Anat Elazari | So. | 13-10 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 2-2 | 2-2 | 1-1 | 4-4 | 4-1 | 13-10 | 18-15 |
| Cathrine Slagel | Fr. | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-0 | 1-2 | 0-0 | 0-0 | 0-1 | 1-1 | 1-0 | 2-2 |
| Meredith Holmes | So. | 0-0 | 0-0 | 0-0 | 1-0 | 1-0 | 5-10 | 2-2 | 1-2 | 0-0 | 1-1 | 1-1 | 7-10 | 10-14 |
| Ginger Lowdermilk | Sr. | 1-0 | 3-6 | 1-2 | 0-0 | 0-0 | 0-0 | 1-2 | 2-2 | 1-1 | 1-5 | 2-6 | 5-8 | 9-13 |
| Carolyn Kramer | Jr. | 1-0 | 7-10 | 0-1 | 0-0 | 0-0 | 0-0 | 1-3 | 1-3 | 1-1 | 3-4 | 0-4 | 8-11 | 11-18 |
| Carolina Rodriguez | Sr. | 0-0 | 0-0 | 1-0 | 0-0 | 3-12 | 0-8 | 2-2 | 2-1 | 2-1 | 1-4 | 1-6 | 4-20 | 10-23 |
| #Kristen Mell | Sr. | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 2-1 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 2-1 |
| Totals | — | 15-10 | 11-16 | 15-12 | 16-8 | 12-14 | 7-18 | 18-17 | 13-13 | 7-8 | 20-26 | 21-23 | 77-77 | 115-115 |

Doubles

| Name | 1 | 2 | 3 | *A | *B | *C | Dual | Overall |
|--------------------|--------------|--------------|--------------|------------|------------|------------|--------------|--------------|
| Elazari/James | 0-0 | 3-0 | 0-0 | 0-0 | 0-0 | 0-0 | 3-0 | 3-0 |
| Achenbom/Slagel | 0-0 | 0-0 | 1-0 | 0-0 | 0-0 | 0-0 | 1-0 | 1-0 |
| Kinard/Lam | 9-4 | 0-0 | 0-0 | 3-0 | 3-1 | 5-1 | 9-4 | 20-6 |
| James/Lowdermilk | 0-0 | 0-1 | 0-0 | 2-2 | 3-0 | 1-1 | 0-1 | 6-4 |
| James/Kramer | 0-0 | 7-6 | 2-0 | 0-0 | 0-0 | 0-0 | 7-6 | 7-6 |
| Elizari/Kramer | 0-0 | 0-0 | 0-0 | 1-2 | 2-2 | 2-1 | 0-0 | 5-5 |
| Elazari/Lowdermilk | 0-0 | 4-4 | 0-0 | 0-0 | 0-0 | 0-0 | 4-4 | 4-4 |
| Kramer/Rodriguez | 0-0 | 0-1 | 1-0 | 0-0 | 0-0 | 0-0 | 1-1 | 1-1 |
| Lam/Lowdermilk | 1-1 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 1-1 | 1-1 |
| Holmes/Rodriguez | 0-0 | 1-0 | 4-6 | 2-2 | 1-1 | 0-0 | 5-6 | 8-9 |
| Kramer/Rodriguez | 0-0 | 0-0 | 1-2 | 0-0 | 0-0 | 0-0 | 1-2 | 1-2 |
| Mell/Slagel | 0-0 | 0-0 | 0-0 | 1-2 | 0-0 | 0-0 | 0-0 | 1-2 |
| Elizari/Lam | 4-9 | 0-0 | 0-0 | 0-0 | 0-0 | 0-0 | 4-9 | 4-9 |
| James/Rodriguez | 0-0 | 0-0 | 1-5 | 0-0 | 0-0 | 0-0 | 1-5 | 1-5 |
| Totals | 14-14 | 15-12 | 10-13 | 9-8 | 9-4 | 8-3 | 37-39 | 63-54 |



*A - Virginia Tech Invitational in Blacksburg, Va.

*B - Wake Forest Invitational in Winston-Salem, N.C.

*C - ITA Eastern Championships in Blacksburg, Va.

Micellaneous Statistics

| | | |
|-------------|-------|--------|
| All Matches | 14-14 | 50.0% |
| Home | 12-5 | 70.5% |
| Away | 0-7 | 0.0% |
| Neutral | 2-2 | 50.0% |
| January | 2-0 | 100.0% |
| February | 6-4 | 60.0% |
| March | 4-3 | 57.1% |
| April | 2-6 | 25.0% |
| May | 0-1 | 0.0% |



THE RECORD BOOK

ALL-TIME RESULTS

| Season | Record | Finish |
|---------|--------|---------------|
| 1977-78 | 11-2 | |
| 1978-79 | 8-7 | |
| 1979-80 | 11-8 | |
| 1980-81 | 10-5 | 4th, Metro |
| 1981-82 | 10-9 | 3rd, Metro |
| 1982-83 | 11-6 | 3rd, Metro |
| 1983-84 | 7-11 | 3rd, Metro |
| 1984-85 | 18-16 | 4th, Metro |
| 1985-86 | 19-14 | 3rd, Metro |
| 1986-87 | 17-13 | 4th, Metro |
| 1987-88 | 16-15 | 3rd, Metro |
| 1988-89 | 14-12 | 3rd, Metro |
| 1989-90 | 11-14 | 3rd, Metro |
| 1990-91 | 18-6 | 3rd, Metro |
| 1991-92 | 14-10 | 3rd, Metro |
| 1992-93 | 13-9 | 4th, Metro |
| 1993-94 | 8-14 | 4th, Metro |
| 1994-95 | 19-4 | 3rd, Metro |
| 1995-96 | 18-5 | 1st, A-10 |
| 1996-97 | 21-3 | 1st, A-10 |
| 1997-98 | 21-5 | 1st, A-10 |
| 1998-99 | 15-11 | 1st, A-10 |
| 1999-00 | 18-8 | 1st, A-10 |
| 2000-01 | 12-12 | 3rd, BIG EAST |
| 2001-02 | 17-11 | 3rd, BIG EAST |
| 2002-03 | 16-13 | 3rd, BIG EAST |
| 2003-04 | 14-14 | 4th, BIG EAST |

National Rankings

| | | |
|------|-------------------------------|-----|
| 1988 | Maria Lochiatto/Leslie Seward | 26 |
| 1989 | Laurie Shiflet | 123 |
| 1995 | Katherine Chen | 41 |
| | Jennifer Dinello/Kathy Dixon | 26 |
| 1996 | Team | 55 |
| 1997 | Team | 40 |
| | Vanessa Pardo | 103 |
| 1998 | Team | 34 |
| | Antonella Pozzi | 74 |
| 1999 | Team | 55 |
| | Antonella Pozzi | 96 |
| 2000 | Team | 63 |
| 2003 | Team | 69 |
| 2004 | Anat Elazari | 103 |

Regional Rankings

| | | |
|------|--------------------------|----|
| 1988 | Laurie Shiflet | 13 |
| | Maria Lochiatto | 26 |
| | Team | 15 |
| 1989 | Laurie Shiflet | 10 |
| | Molly Rush | 31 |
| | Sally Ballard | 33 |
| | Suzy Jobe | 36 |
| | Danelle Chambers | 38 |
| | Sally Ballard/Molly Rush | 13 |
| | Team | 16 |
| 1990 | Team | 15 |
| 1991 | Team | 13 |
| 1992 | Shannon Cubitt | 12 |
| | Team | 15 |
| 1993 | Shannon Cubitt | 26 |
| | Team | 13 |
| 1995 | Jen Dinello | 27 |
| | Team | 11 |
| 1996 | Vanessa Pardo | 12 |
| | Majka Serafini | 17 |
| | Team | 5 |
| 1997 | Vanessa Pardo | 6 |
| | Majka Serafini | 23 |
| | Team | 4 |

| | | |
|------|--------------------------------|----|
| 1998 | Antonella Pozzi | 6 |
| | Majka Serafini | 14 |
| | Vanessa Pardo | 22 |
| | Daga Mrozek/Katherine Chen | 14 |
| | Team | 3 |
| 1999 | Majka Serafini | 14 |
| | Vanessa Pardo | 22 |
| | Team | 5 |
| 2000 | Kristen Stubbs | 23 |
| | Team | 7 |
| 2001 | Kristen Stubbs | 24 |
| | Kristen Stubbs/Antonella Pozzi | 9 |
| | Team | 11 |
| 2002 | Kristen Stubbs | 17 |
| | Kristen Stubbs/Felice Lam | 8 |
| | Team | 12 |
| 2003 | Kristen Stubbs | 22 |
| | Team | 8 |
| 2004 | Anat Elazari | 15 |
| | Elissa Kinard/Felice Lam | 5 |
| | Team | 13 |

Highest Career Winning Percentage

Singles

| | | |
|-----|-----------------|-----|
| 1. | Daria Ivan | 820 |
| 2. | Katherine Chen | 790 |
| 3. | Annette Tector | 750 |
| 4. | Daga Mrozek | 720 |
| 5. | Zdenka Videnova | 714 |
| 6. | Becky Oatts | 710 |
| 7. | Sally Ballard | 700 |
| 8. | Sharon Gaylon | 690 |
| | Majka Serafini | 690 |
| 10. | Vanessa Pardo | 660 |

Doubles

| | | |
|----|-----------------|-----|
| 1. | Majka Serafini | 710 |
| | Becky Oatts | 710 |
| 3. | Katherine Chen | 680 |
| 4. | Antonella Pozzi | 670 |
| 5. | Zdenka Videnova | 667 |
| 6. | Andrea Fink | 660 |
| 7. | Molly Rush | 650 |
| | Daria Ivan | 650 |
| 9. | Anne Jones | 640 |
| | Vanessa Pardo | 640 |
| | Leslie Seward | 640 |

Metro Conference Individual Championships and Finalists

| | | |
|------|--------------------------------|------------------------|
| 1981 | Annette Tector | No. 1 Singles Finalist |
| | Anne Jones | No. 4 Singles Finalist |
| | Annette Tector/Lori Winchester | No. 2 Doubles Finalist |
| 1982 | Andrea Fink | No. 1 Singles Champion |
| 1983 | Annette Tector | No. 1 Singles Finalist |
| | Kim Temples | No. 3 Singles Finalist |
| | Annette Tector/Kim Temples | No. 1 Doubles Finalist |
| 1984 | Suzanne Gutch | No. 6 Singles Finalist |
| | Suzanne Gutch/Erika Rapport | No. 2 Doubles Finalist |
| 1989 | Danelle Chambers | No. 4 Singles Finalist |
| 1990 | Leslie Seward | No. 3 Singles Finalist |
| | Sharon Gaylon | No. 5 Singles Finalist |
| 1991 | Sally Ballard | No. 4 Singles Finalist |

* No individual championships were conducted 1984-85 through 1987-1988, or 1991 through present.

Atlantic 10 Conference Honors

| | | |
|------|--|--------------------------------------|
| 1996 | Vanessa Pardo | Most Valuable Player |
| | Vanessa Pardo | Most Outstanding Rookie Performer |
| | Anne Jones | Coach of the Year |
| | Team | Conference Champion |
| | Vanessa Pardo, Majka Serafini, Katherine Chen | All Conference Team (singles) |
| | Daria Ivan/Jennifer Lampert | All Conference Team (doubles) |
| 1997 | Sabrina Pardo | Most Outstanding Rookie Performer |
| | Anne Jones | Coach of the Year |
| | Vanessa Pardo, Sabrina Pardo, Katherine Chen, Antonella Pozzi, Daria Ivan, Daga Mrozek, Majka Serafini | All-Conference Team |
| | Team | Conference Champion |
| 1998 | Antonella Pozzi | Most Valuable Player |
| | Antonella Pozzi, Majka Serafini, Vanessa Pardo, Daga Mrozek, Sabrina Pardo, Katherine Chen | All-Conference Team |
| | Team | Conference Champion |
| 1999 | Majka Serafini | Most Valuable Player |
| | Gloria Guntinas, Ines Khelifi, Daga Mrozek, Vanessa Pardo, Majka Serafini | All-Conference Team |
| | Team | Conference Champion |
| 2000 | Ines Khelifi | Most Valuable Player |
| | Kristen Stubbs | Co-Most Outstanding Rookie Performer |
| | Ines Khelifi, Kristen Stubbs, Michelle Martaus | All-Conference Team |
| | Team | Conference Champion |

BIG EAST Conference Honors

| | | |
|------|--------------|---------------------|
| 2004 | Anat Elazari | All Tournament Team |
|------|--------------|---------------------|

Frank Loria Award

Two Hokie women's tennis players have won the prestigious Frank Loria Award, given to only one Virginia Tech student-athlete annually who exemplifies outstanding leadership and scholarship. Danelle Chambers, in 1989, and Molly Rush, in 1991, were awarded this tremendous honor.

Cissie Leary Award

Kristen Stubbs was the recipient of the 2002 Cissie Leary Award for Sportsmanship which is given to only seven players in the nation annually. Stubbs also was selected in 2003 to represent Virginia Tech at the NCAA Foundation Leadership Conference which is designed for students-athletes nationwide to discuss key issues affecting them on campus and in their communities.

ITA/Arthur Ashe Award for Leadership and Sportmanship

Kristen Stubbs was selected as the recipient of the 2003 Intercollegiate Tennis Association/Arthur Ashe Award for Leadership and Sportmanship. The award is given to honor a junior or senior who displays sportsmanship and leadership, both on and off the court, as well as achieving academic excellence in the classroom. Stubbs traveled to New York City to receive the award at the 2003 ITA Collegiate All-Star Team Outing & Awards Luncheon held at the historic West Side Tennis Club in Forest Hills, N.Y.

HOKIE TENNIS HISTORY

In 1977, the Virginia Tech Athletic Department made tennis the school's second women's varsity sport, one year after the women's basketball squad first took the court as a varsity team.

Carolyn Owen was named the tennis team's first head coach after Jo Kafer, former assistant athletic director for women's sports, helped upgrade tennis from club to varsity status. Owen served as both the women's basketball coach and as the women's tennis coach in 1977-78.

Anne Thompson, who resigned as head coach following the 2000 season, and her twin sister Lynne Jones were the first recipients of athletic scholarships for women at Tech.

Owen coached the 1977-78 squad to an 11-2 record, a second-place finish in the state and a sixth-place finish in the AIAW regional tournament. Owen resigned after the 1977-78 season and was replaced by engineering professor and local tennis player Karen Frair.

In its second year as a varsity sport, the team was led by No. 1 player Jill Allen and No. 2 Ann Grubbs. Grubbs and Allen finished second in the state while leading the Hokies to an overall record of 8-7. Tech again finished second in the Virginia State Championships.

In the 1979-80 season, Frair recruited several nationally ranked junior players, led by Annette Tector from Stoughton, Mass. and Andrea Fink from Glen Ridge, N.J. Frair coached the team through the fall of 1979 and then left to pursue other endeavors.

Larsen Bowker, who retired in 1998 as the Tech men's tennis coach, replaced Frair and led the team to an 11-8 record. Bowker coached the squad from January 1980 to May 1983. During this time, the women's team went 35-26, won the Mid-Atlantic Tennis Championships in 1982, finished second in the state twice and earned third in the Metro Conference three consecutive years.

Annette Tector won the state individual championship in 1981 and finished second in the Metro Conference in 1981 and 1983. Andrea Fink won the Metro Conference title in 1982 and joined Tector to finish second in doubles in 1982.

Bowker, who is now a volunteer assistant for the women's team, resigned after the spring season and was replaced by Jeff Murray. Murray coached the team for one year before Thompson took the reins.

In the 16 years that Thompson coached the team, the Hokies won 260 matches and lost 159. The team finished third in the Metro six times, won the Eastern Collegiate Invitational in 1988, claimed five Atlantic 10 Championship titles, won the 1998 ECAC Team Tournament Championship and had Tech's first nationally ranked women's tennis players, Maria Lochiatto and Leslie Seward. Lochiatto and Seward finished 26th in doubles in 1988 and Laurie Shiflet was ranked 123rd in singles in 1989.

Lisa Hart, a former player and assistant coach at the University of Nebraska, guided the Hokies to a 45-36 record in three seasons, including three third-place finishes in the BIG EAST Conference tournament.

Terry Ann Zawacki-Woods became Tech's seventh head coach in 2003.

Zawacki-Woods, a two-time All-American at Wake Forest, came to Tech following a three-year stint as head coach at Charlotte. In her first season, Zawacki-Woods led the team to a 14-14 mark and a fourth-place finish in the Hokies' final year as a member of the BIG EAST Conference.

Tech has had 20 regionally-ranked players, eight All-Metro selections, 52 players named to the Metro Conference Commissioner's List for Academic Excellence, 27 All-Atlantic 10 Conference selections, 20 All-Atlantic 10 Academic Team selections, and 23 players selected to the BIG EAST Academic All-Star Team.

Despite playing tough competition, Virginia Tech women's tennis teams continue to post winning records. The Hokies' overall record is 387-257, for a winning percentage of 60 percent. Still considered young by other collegiate sports standards, the Virginia Tech tennis program will continue to grow and improve in the years to come.

CONFERENCE AFFILIATION

Virginia Tech became a member of the prestigious Atlantic Coast Conference on July 1, 2004, joining the 11-member league along with the University of Miami. The conference will expand to 12 members next year with the addition of Boston College. The ACC has championships in 24 sports, 13 for women and 11 for men, of which Tech conducts varsity programs in 20 ACC sports. At the conclusion of last season, eight of nine ACC women's tennis teams were ranked in the top 75 including two, Clemson and Duke, ranked fifth and sixth respectively.

Virginia Tech became an all-sports member of the BIG EAST Conference at the beginning of the 2000-2001 academic year. Tech was a charter member of the BIG EAST Football Conference which was formed in 1991. The conference affiliation marked the first time Tech had been a member of a single all-sports conference since leaving the Southern Conference to become an independent in 1965. Since then, the Hokies also competed as a member of the Metro Conference in all sports except football from 1978 to 1995 and was a member of the Atlantic 10 Conference in all sports except football from 1995 until 2000.

In its five years as a member of the Atlantic 10 Conference, Tech enjoyed tremendous success. The men's and women's tennis teams each won the conference championship every year in the league, and other Hokie teams also fared well in A-10 play.

Tech really hit the jackpot in 1998-99, winning championships in eight of the 18 conference sports in which its teams participated, and winning the Commissioner's Cup as the league's outstanding athletics program.

The Hokie's first conference affiliation in women's tennis began in the 1980-81 season as Tech became a member of the Metro Conference. In their 15 years in the league, the Hokies never finished lower than fourth place.

THE HOKIES' ALL-TIME SERIES RECORDS

| | | | | |
|---------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| Air Force 1-0 | Emory and Henry 5-0 | Lamar 1-0 | Penn State 3-6 | Temple 3-1 |
| Alabama-Birmingham 1-0 | Flagler College 0-1 | Long Beach State 2-0 | Pittsburgh 2-0 | Tennessee 0-6 |
| American 4-0 | Florida Atlantic 4-1 | Longwood College 2-0 | Presbyterian College 2-0 | Tennessee-Chattanooga 1-3 |
| Anderson College 1-0 | Florida International 1-1 | Louisiana State 0-1 | Princeton 0-2 | Texas-Arlington 1-0 |
| Appalachian State 10-0 | Florida Junior College 1-1 | Louisville 5-0 | Providence 1-0 | Texas-San Antonio 1-0 |
| Arkansas 0-2 | Florida State 1-4 | Marquette 1-0 | Purdue 0-1 | Toledo 1-0 |
| Arkansas-Little Rock 1-1 | Fordham 1-0 | Marshall 10-3 | Radford 20-4 | Trinity University 0-1 |
| Auburn 1-2 | Fresno State 0-2 | Maryland 2-5 | Randolph-Macon 1-0 | Troy State 1-0 |
| Barry 1-0 | Furman 5-4 | Mary Baldwin 4-0 | Rice 0-2 | Tulane 2-2 |
| Baylor 1-0 | Georgia 0-1 | Mary Washington 2-0 | Richmond 13-25 | UC Irvine 1-0 |
| Boston College 7-2 | Georgia Southern 1-1 | Massachusetts 1-0 | Roanoke College 3-0 | UNC Greensboro 4-0 |
| Brown 3-1 | Georgia Tech 2-2 | Memphis State 2-1 | Rollins College 3-0 | Virginia 4-18 |
| Cal State Fullerton 1-0 | George Mason 8-1 | Miami 0-7 | Rutgers 5-0 | Virginia Commonwealth 8-10 |
| Campbell 3-1 | Georgetown 6-2 | Minnesota 1-0 | St. Bonaventure 2-1 | Wake Forest 3-14 |
| Central Florida 3-0 | George Washington 13-3 | Mississippi 0-2 | Sam Houston State 2-0 | Washington and Lee 1-0 |
| Charlotte 14-0 | Guilford College 4-0 | Middle Tennessee State 2-0 | San Jacinto State 1-0 | Washington State 1-2 |
| Cincinnati 2-0 | Hampton 3-0 | Morehead 1-0 | Santa Clara 2-0 | West Virginia 18-4 |
| Clemson 4-5 | Harvard 1-1 | North Carolina 0-5 | Seton Hall 2-0 | Western Carolina 3-0 |
| College of Charleston 1-3 | High Point College 2-1 | North Carolina State 2-11 | South Alabama 0-4 | Western Michigan 0-1 |
| Colorado 0-2 | Hollins College 2-0 | Notre Dame 0-6 | South Carolina 0-6 | William & Mary 2-13 |
| Columbia 1-0 | Houston 1-1 | Ohio University 1-0 | South Florida 0-8 | Winthrop 4-1 |
| Davidson College 11-0 | Howard 2-0 | Ohio State 0-3 | Southern Methodist 1-0 | Wyoming 1-0 |
| Dayton 2-0 | Iowa 0-1 | Old Dominion 16-13 | Southwestern Louisiana 0-1 | Xavier 3-0 |
| Duke University 0-7 | James Madison 18-8 | Oklahoma 0-1 | Southwest Texas State 0-1 | Yale 3-0 |
| Duquesne 1-0 | Kalamazoo 1-0 | Oregon 1-0 | Sweet Briar College 3-0 | |
| East Tennessee State 24-1 | Kentucky 1-0 | Peace College 6-3 | Syracuse 4-2 | |

SUPPORT SERVICES

Student Athlete Academic Support Services

The success of Virginia Tech's athletic program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and reached 65 percent in 2003 as compared to the national average of 62 percent. Over the last decade, 85 percent of the student-athletes that have used their eligibility have gone on to graduate.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. Last spring, the Athletic Director's Honors Breakfast paid tribute to a record number of student-athletes, student trainers, student managers, cheerleaders and HighTechs who posted 3.0 or greater GPA's in the 2002 calendar year.

SAASS provides programming for student-athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education.

Academic facilities for student-athletes include the Monogram Room, a large room used as a study hall area, adjacent to the SAASS office in Cassell Coliseum.

The HEAT (Hokies Engaging in Advanced Technology) Lab and its satellite sites house over 40 computers in Cassell Coliseum. Laptop computers are also available for Tech athletes to use when travelling to away contests. The athletic department also provides areas for private, quiet study for the athletes' convenience.



Chris Helms

Chris Helms, in his sixth year at Tech, is the director and is responsible for the development and leadership of the office.

Assisting him are associate directors Lois Berg and Colin Howlett, as well as Katie Ammons, Drew Scales and Terrie Repass. Berg, who is in her 15th year at Tech, coordinates the academic services for the tennis teams.



Lois Berg

Athletic Performance

There's much more to athletic performance than weight training. At Virginia Tech, nutrition and sports psychology are also a part of the student-athlete's preparation — not just for athletics, but also for life after college. Virginia Tech tries to provide the best services, facilities and support staff for all of its student-athletes, to make them better athletes and better people.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation.

The tennis team trains in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie football player and long-time supporter of the Virginia Tech Athletic Department. All told, the Hokies have more than 22,000-square feet of strength and conditioning training space.

Gentry is in his 17th year as the Hokies' director of strength and conditioning. His duties include overseeing the strength and conditioning training of athletes in all 21 varsity sports at Virginia Tech. Assisting Gentry in the weight room this year are three full-time assistant strength and conditioning coaches: Jay Johnson, director of strength and conditioning, Terry Mitchell, assistant director of strength and conditioning, and Jamie Meyer, strength and conditioning coordinator for Olympic sports. Gentry will also have the services of four graduate



Erin O'Neill

assistants — Mike Jackson, Shyrone Stith, Myriam Souaya and Erin O'Neill, who works primarily with the women's tennis team.

Amy Freel serves as the Director of Sports Nutrition at Virginia Tech and works one-on-one with student-athletes to provide them with information that they need on their diet. She also provides players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and how to eat to improve performance.



Amy Freel

Dr. Gary Bennett coordinates the sports psychology department, which offers psychological and performance enhancement services for student-athletes. He also works closely with the Cook Counseling Center.

Bennett meet with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement. The psychologists also offer an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process.



Dr. Gary Bennett

Office of Student Life

The Office of Student Life at Virginia Tech helps in providing assistance to student-athletes in a number of areas. Megan Armbruster, director of student life, is dedicated to enhancing the quality of the student-athlete experience through the programs that this office administers.

The office implements the CHAMPS/Life Skills Program, which provides a well-rounded model for student-athletes to develop the individual skills necessary to lead successful and productive lives.

The goal of this program is to enhance five areas of commitment — service, academic excellence, career development, athletic excellence and personal development.

The program attempts to build individual confidence, promote respect for diversity, enhance interpersonal relationships, develop leadership skills, and enable each one to make a valuable contribution to the community.



Megan Armbruster

Sports Medicine & Athletic Training

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes. The department is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sports psychologists, nutritionists and orthotists — is available to manage the health care of Tech's student-athletes.

The 4,300-square-foot Eddie Ferrell Memorial Training Room gives the training staff a centralized area to care for Tech's student-athletes. Virginia Tech has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally.

Megan Rittler, ATC, supervises the training needs of the tennis team.



Megan Rittler

BURROWS-BURLESON TENNIS CENTER



Tech Campus Is Home to a First-Class Tennis Facility

The Burrows-Burleson Tennis Center is one of many first-class facilities at Virginia Tech. The Hokies have an athletic complex that is among the best in the nation and an administration that is dedicated to seeing the facilities continue to improve.

The tennis center, located across from Lane Stadium, offers six outdoor courts with bleacher seating, six indoor courts with a mezzanine viewing area with bleachers, locker rooms, coaches' offices, a team room and a social area. The Hokies' locker room in the facility was upgraded and remodeled in the spring of 2004.

The newest addition to the tennis center is the placement of digital video cameras on each indoor court. The system, created by XOS Technologies and slated for installation in late February, will record competition and team practices simultaneously on all six courts. The cameras are mounted at the back of each court in the center and are connected to a DVD recorder located in the tennis coach's office. The Virginia Tech system is one of the first all-digital systems in the nation. The system will also be used by members of the tennis center and other local patrons for stroke analysis.

The tennis center, which opened in 1992, was made possible by gifts from Dave and Betty Burrows of Roanoke; their son Jack Burrows and his wife Lee, of Roanoke; and their daughter Beverly and her husband, Bobby Burleson, of Tallahassee, Fla. Jack Burrows and Bobby Burleson were teammates on Tech's tennis team in the late 60's. Burrows was an NCAA participant and is a member of the Virginia Tech Sports Hall of Fame.



Jerry Stevens

**Director of
Burrows-Burleson
Tennis Center**

Jerry Stevens is in his 12th year as director of the Burrows-Burleson Tennis

Center at Virginia Tech. When the varsity teams are not using the facility, the tennis center is operated as a self-sustaining club with over 400 members.

In 1988, Stevens retired from the United States Navy after completing a 29-year career. His last tour was as commanding officer of the Naval Reserve Officers Training Corps at Virginia Tech. He then volunteered to work in the Tech athletic department until moving to the Burrows-Burleson Tennis Center in 1993.

Stevens' services have greatly benefited Virginia Tech and have not gone unnoticed. In 1999 the center received a United States Tennis Association's Outstanding Tennis Facility Award for excellence among all public tennis facilities.



BLACKSBURG, VA.



One of America's best college towns, Blacksburg is a perfect setting for a great university like Virginia Tech.

Located in Southwest Virginia on a plateau between the Blue Ridge and Alleghany Mountains, Blacksburg combines the laid-back lifestyle of a small town with the amenities one would expect to find around a major center of higher education. Together, the town and university have worked hard to create a progressive community that ranks among the nation's elite living environments.

Virginia Tech and the Town of Blacksburg gained national and international attention by creating the world's first "electronic village." Businesses and industries have been drawn by the potential of the quaint town.

Established in 1798 by John and William Black, the town is surrounded by scenic mountain views that accentuate the area. Since its founding, Blacksburg has grown to become the largest town in Virginia.

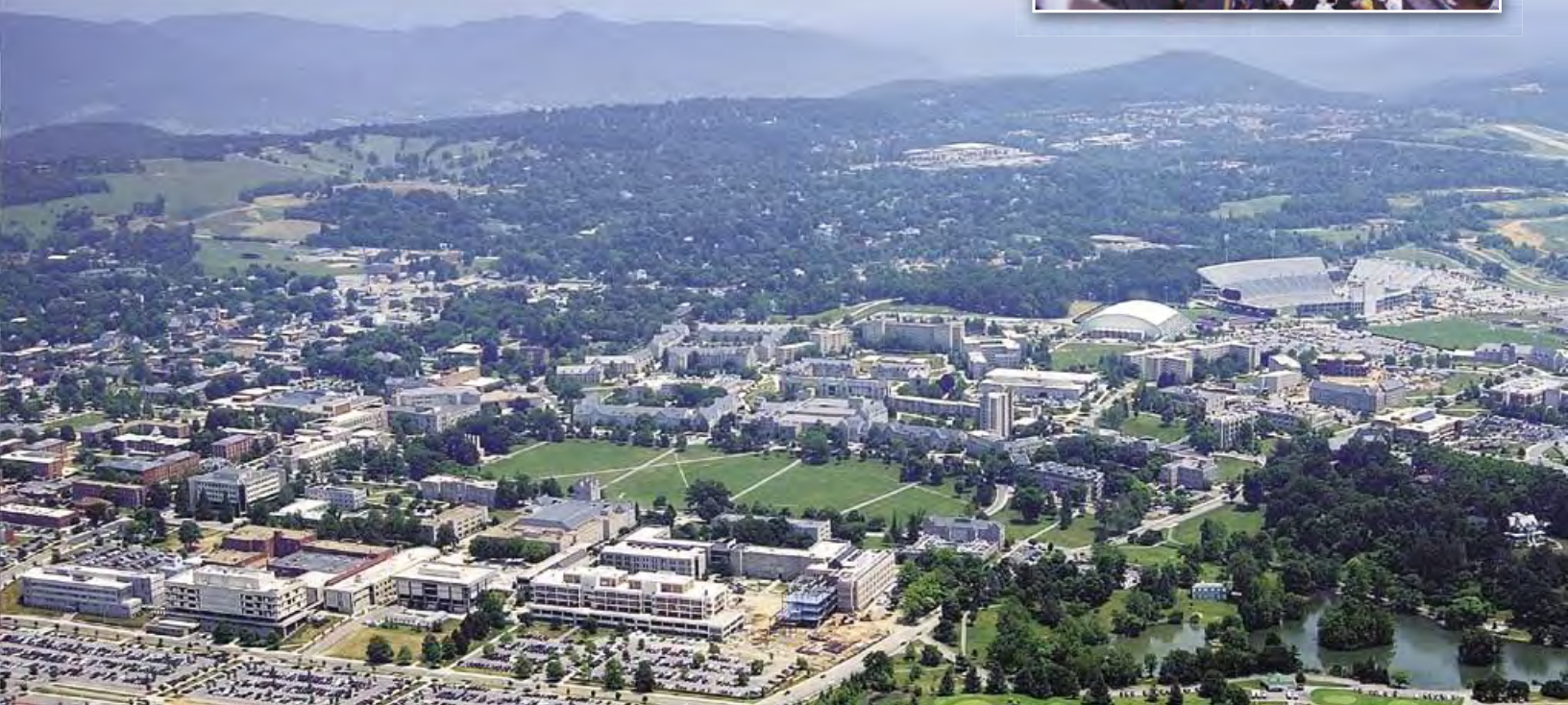
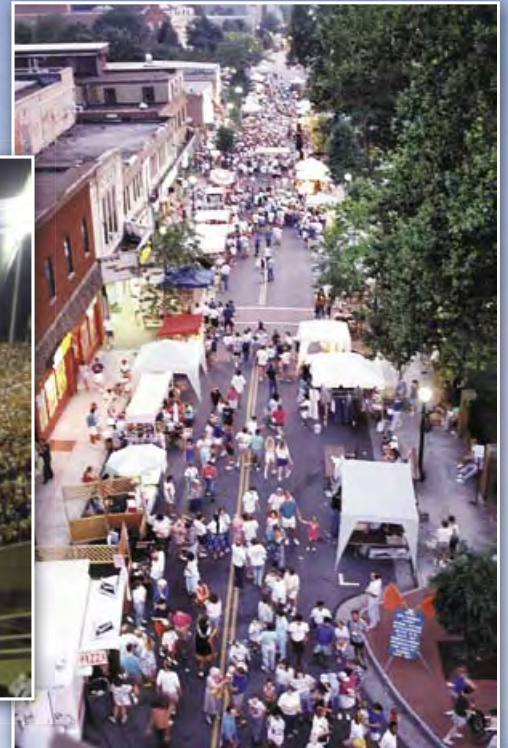
The nearly 36,000 residents (including students) enjoy a close proximity to a variety of recreation areas such as the Blue Ridge Parkway, Appalachian Trail, Claytor Lake and the New River. The region features a moderate climate and four distinct seasons.

Blacksburg was recently named by *Outside* magazine as one of the top 10 places to live in America.

The town's location (adjacent to major interstate highways) provides convenient access to most points in the southern and eastern parts of the country.

More information on Blacksburg can be found on the web site of the Blacksburg Electronic Village, www.bev.net or at www.blacksburg.va.us.

From peaceful outings at the nearby Cascades, to thrilling Tech football games at Lane Stadium, to downtown festivals, the Blacksburg area has a lot to offer.





2004-05 VIRGINIA TECH WOMEN'S TENNIS SCHEDULE

| | | | | | | | |
|-------|-------|--|------------|------|-------|---|------------|
| Sept. | 24-26 | William & Mary Invitational (at Williamsburg, Va.) | All Day | Mar. | 10 | at Georgia Tech* | 2 p.m. |
| | | | | | 14 | at Florida State* | Noon |
| Oct. | 1-3 | Wake Forest Deacon Classic (at Winston-Salem, N.C.) | All Day | | 19 | at Boston College | 1 p.m. |
| | 8-10 | HOKIE FALL INVITATIONAL | All Day | | 20 | at Brown | 10:30 a.m. |
| | 22-26 | ITA Eastern Championships (at Philadelphia, Pa.) | All Day | | 24 | LIBERTY | 2:30 p.m. |
| Nov. | 5-7 | UNC Tournament (at Chapel Hill, N.C.) | All Day | | 29 | at Virginia* | 2:30 p.m. |
| | | | | Apr. | 2 | at Richmond | 10 a.m. |
| Jan. | 29 | CLEMSON* | Noon | | 3 | at William & Mary | 11:30 a.m. |
| | 29 | RADFORD | 6 p.m. | | 7 | MARSHALL | 2:30 p.m. |
| Feb. | 5 | WOFFORD | 11 a.m. | | 9 | WAKE FOREST* | Noon |
| | 5 | LONGWOOD | 3 p.m. | | 10 | NORTH CAROLINA STATE* | 2 p.m. |
| | 6 | EAST TENNESSEE STATE | 10:30 a.m. | | 16 | at Virginia Commonwealth | 2 p.m. |
| | 6 | APPALACHIAN STATE | 3 p.m. | | 21-24 | ACC Championships (at Raleigh, N.C.) | All Day |
| | 16 | at North Carolina* | 4 p.m. | May | 13-15 | NCAA Regionals (Site TBA) | TBA |
| | 24 | DUKE* | 2:30 p.m. | | 19-28 | NCAA Championships (at Athens, Ga.) | TBA |
| | 25 | OLD DOMINION | 4 p.m. | | | | |
| | 27 | MIAMI* | 10 a.m. | | | | |
| Mar. | 6 | at Maryland* | 11 a.m. | | | | |

* ACC matches
Home matches in ALL CAPS