

# Virginia Tech

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Virginia Tech was established in 1872 as an all-male military school dedicated to the original land-grant mission of teaching agriculture and engineering. Today, the co-educational institution, which operates a European studies center based in Switzerland and educational, research and outreach/Extension facilities throughout Virginia, has recognized programs in music, business, architecture and the humanities, as well as its traditional strengths in the sciences, engineering and technology.

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throughout the world. Virginia Tech follows the dictates of its

motto, Ut Prosim ("That I May Serve"), focusing on its land-grant missions of instruction, research, and solving the problems of society through outreach and Extension activities. Through the generation of new knowledge and the outreach mandate, the university disseminates practical knowledge through the classroom and to society as a whole. It is a university that puts knowledge to work.

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# POD3-2004 WOMEN'S TENNIS VRGINAA GECH

The 2003-2004 Hokies: (front, I to r) Kristen Mell, Ginger Lowdermilk, Carolyn Kramer, Elissa Kinard, Carolina Rodriguez, Felice Lam, (back, I to r) Coach Terry Ann Zawacki-Woods, Assistant Kristen Stubbs, Ashley James, Meredith Holmes, Anat Elazari, Lea Ackenbom and Catherine Slagel.

#### Virginia Tech Quick Facts

Location: Blacksburg, Va. Enrollment: 28,000 Colors: Chicago maroon & burnt orange Nickname: Hokies Conference: BIG EAST Facility: Burrows-Burleson Tennis Center President: Dr. Charles Steger Director of Athletics: Jim Weaver

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#### Women's Tennis Information

Head Coach: Terry Ann Zawacki-Woods (Wake Forest '96) Career Record: 25-41 Virginia Tech Record: First year Assistant Coach: Kristen Stubbs (Virginia Tech '03) Office Phone: (540) 231-9971 Burrows-Burleson Tennis Center: (540) 231-5908 Tennis Fax: (540) 231-2002 2002-03 Dual Meet Record: 16-13 2001-02 BIG EAST Conference Tournament: 3rd Returning/Lost: 7/2 Final 2002-03 National Ranking: 69 2004 Preseason National Ranking: 67 Newcomers: 3

#### **Sports Information Directory**

Sports Information Director: Dave Smith Associate SID: Anne Panella Assistant Directors: David Knachel, Bryan Johnson, Bill Dyer Assistant Director (Tennis Contact): Torye Hurst Sports Information Phone: (540) 231-6726 Sports Information Fax: (540) 231-6984 Hurst's Office Phone: (540) 231-8823 Hurst's Cell Phone: (540) 320-998-5907 Hurst's e-mail: tohurst@vt.edu Hurst's Home Phone: (540) 382-6505 Tennis on the Internet:

www.hokiesports.com/wtennis

# Dutlook

### New Coach Has **High Expectations** For the Hokies

New head coach Terry Ann Zawacki-Woods and a strong returning cast have high expectations for the 2003-04 edition of the Virginia Tech women's tennis team. The Hokies return four players who saw considerable action last season in leading the team to a tie for third-place in the BIG EAST tournament and have several newcomers who will figure prominently into the lineup this year.

Tech finished the season at 16-13-1 and was ranked No. 69 in the final national poll. The record is more impressive given that the Hokies faced 15 nationally-ranked opponents and five teams that finished in the Top 25. The returnees gained valuable experience facing some of the nation's best and defeated five ranked opponents with narrow losses to three other top programs.

"I have high expectations for the program this year," said Zawacki-Woods. "We have been working hard to continue to develop the tremendous talent that we have on this team. I got to know the players pretty well during the fall season but I know it will still be a learning process in the spring for me to see how they react to some of the dual-match situations."

Ginger Lowdermilk

Tech will have to replace three-time captain Kristen Stubbs, now the Hokies' assistant coach, who completed her career with 79 singles and 81 doubles victories at the top of the lineup along with Zdenka Videnova, who led the team with a 31-9 singles record.

Ginger Lowdermilk enters her senior season after recording 22 doubles and 14 singles victories last year. She also was selected as an ITA Scholar Athlete after posting a 4.0 GPA. Lowdermilk was a 2001 Junior College All-American and ranked No. 1 in both singles and doubles.

"Ginger is our team captain and a tremendous leader," said Zawacki-Woods. "She is a fighter on the court from the baseline, and we are working with her game to where she can change the direction and pace of her shots a little more. Ginger is a very positive person and helps with our depth on the team.'

Carolina Rodriguez saw limited action last season after transferring to Tech in January from Hillsborough (Fla.) Community College where she was ranked No. 15 nationally in singles and No. 3 in doubles. Rodriguez took third place in her flight at this fall's Deacon Classic hosted by Wake Forest University.

"Carolina is a hard worker who is always looking for ways to improve," said Zawacki-Woods. "She fights her way through to the end of every match regardless of the score which sets a great example for the rest of the team."

Felice Lam had an outstanding sophomore season coming off of knee surgery which cut her freshman season short. Lam was 17-9 in singles and 20-8 in doubles last season and teamed with Elissa Kinard to advance to the ITA Eastern Regional doubles final in the fall.

"Felice is a tough competitor who can frustrate her opponents," said Zawacki-Woods. "She has an excellent net game, has great hands, and she had a great fall. I expect her success to continue in the spring."

Kinard played only doubles in the fall due to injury following a spring season that saw her post 26 singles victories. For her efforts, she was selected as the team's Rookie of the Year. In addition to the ITA regional success, Kinard teamed with Lam to win their flight at the Virginia Tech Fall Invitational.

> "Elissa is a very strong, powerful left-hander who can dominate many of her opponents," said Zawacki-Woods. "She has had trouble in the past with injuries which we hope to avoid this spring. She has shown great determination this fall in doubles, and I'm looking forward to her getting past these injuries so we can really see what she is capable of in singles and doubles."

Carolyn Kramer posted 15 wins last season and came through in the clutch on two occasions. Kramer won the deciding match in wins over nationally-ranked Marshall and Florida Atlantic, coming from behind in the third set of both matches.

#### THE HOKIES' ROSTER

Name	Yr.	Ht.	R/L	Hometown
Lea Ackenbom	Fr.	5-3	RH	Charlottesville, Va
Anat Elazari	So.	5-6	RH	Tiberias, Israel
Meredith Holmes	So.	5-9	RH	Bloomington, Ind.
Ashley James	Fr.	5-5	RH	Williamsburg, Va.
Elissa Kinard	Jr.	5-10	LH	Charleston, S.C.
Carolyn Kramer	Jr.	5-7	RH	Manchester, Mo.
Felice Lam	Jr.	5-5	RH	Seattle, Wash.
Ginger Lowdermilk	Sr.	5-6	RH	Bossier City, La.
Kristen Mell	Sr.	5-4	LH	Richmond, Va.
Carolina Rodriguez	Sr.	5-8	RH	Bogota, Colombia
Catherine Slagel	Fr.	5-3	RH	Richmond, Va.

Head Coach: Terry Ann Zawacki-Woods Assistant Coach: Kristen Stubbs Volunteer Assistant Coach: Larsen Bowker





Felice Lam



Carolyn Kramer

"Carolyn is arguably one of the most talented players on this team," said Zawacki-Woods. "She can play from anywhere on the court and has the ability to be a great all-court player. Carolyn has shown improvement this fall in her game, both physically and mentally."

One of the key players for the Hokies this season will be a newcomer to the lineup, but not to the team. Anat Elazari saw her first collegiate action in the fall after sitting out last season to fulfill NCAA residency requirements. Elazari was ranked No. 8 in Israel and had a world ranking of No. 894 by the Women's Tennis Association. She will be counted on to play at or near the top of the lineup this year.

"Anat can play with anybody in the country as she demonstrated during the fall at the ITA Eastern Regional when she pushed the No. 39 player in the country to a tough three sets," said Zawacki-Woods. "She is an experienced player, not in college terms but on the WTA tour, and I'm looking for that experience to translate positively this year."

Meredith Holmes saw limited action during her freshman season and posted three wins during the fall schedule.

"Meredith is eager to improve and is always wanting more individual work," said Zawacki-Woods. "She has a great attitude and will challenge for a spot in the top six."

Ashley James had a solid fall posting seven wins in her collegiate debut after winning four state doubles title at Jamestown (Va.) High School. James teamed with Lowdermilk to win their flight at the Deacon Classic.

"Ashley is another strong baseliner who had a good fall adjusting to college tennis and college life," said Zawacki-Woods. "She has a solid net game and should be a great addition to our team in both singles and doubles."

Kristen Mell picked up a couple of victories in her debut with the Hokies at the Virginia Tech Fall Invitational.

"Kristen is another newcomer who will be challenging for a spot in the lineup," said Zawacki-Woods. "She is a left-hander with strong ground strokes and a great on-court attitude."

Lea Ackenbom and Catherine Slagel are two freshman newcomers who will add depth to the lineup. "Lea is very selfmotivated and has shown a lot of improvement since her first practice, while Catherine is a very tough competitor with the drive to win," said Zawacki-Woods. Tech will face

another tough spring schedule featuring 10 teams that were ranked last season. The BIG EAST Conference does not have a regular season schedule in tennis and six teams will be selected to participate in the BIG EAST Championships by a committee with emphasis on national ranking (Top 75) followed by head-to-

followed by head-tohead results versus BIG EAST opponents, and record against common opponents.

The spring schedule includes January home matches against Seton Hall and James Madison. In February, the Hokies will host Syracuse, Brown, Furman, Radford, Boston College, Washington State, Notre Dame and Virginia. March home dates include matches against Georgetown, Rutgers and Winthrop. The home schedule concludes in April with matches against William & Mary, East Tennessee State, Virginia Commonwealth and West Virginia. Tech was 14-4 last year at the Burrows-Burleson Tennis Center. The Hokies will face road matches at N.C. State, Penn State, Marshall, Florida Atlantic, Miami, Old Dominion and Richmond. Tech will also play a neutral match against Minnesota in Huntington, W.Va.

"Our spring season is going to be very exciting and challenging, but we want the challenge to help prepare us physically and mentally to go for the BIG EAST title in early May," said Zawacki-Woods. "It will be exciting to start off our season with a BIG EAST match-up and I am looking forward to competing against the other BIG EAST Conference schools later in the season. In addition to conference matches, we have a number of home matches featuring some

#### THE HOKIES' SCHEDULE

Sept. 19-21	William & Mary Invitational at Williamsburg, Va.
26-28	VIRGINIA TECH FALL INVITATIONAL
Oct. 3-5	Wake Forest Tournament at Winston-Salem, N.C.
9-12	Riviera/ITA All-American at Pacific Palisades, Calif.
24-28	ITA EASTERN CHAMPIONSHIPS
Jan. 24	SETON HALL (9 a.m.)
	JAMES MADISON (2 p.m.)
Feb. 6	SYRACUSE (6 p.m.)
7	BROWN (3 p.m.)
8	FURMAN (11 a.m.)
	RADFORD (8 p.m.)
13	BOSTON COLLEGE (4 p.m.)
14	WASHINGTON STATE (6 p.m.)
15	NOTRE DAME (10 a.m.)
21	VIRGINIA (9 a.m.)
22	at N.C. State (2 p.m.)
28	at Penn State (2 p.m.)
Mar. 5	at Marshall (4 p.m.)
6	vs. Minnesota at Huntington, W.Va. (10 a.m.)
11	at Florida Atlantic (1 p.m.)
13	at Miami (10 a.m.)
27	GEORGETOWN (9 a.m.)
	RUTGERS (2 p.m.)
28	WINTHROP (2:30 p.m.)
Apr. 3	at Old Dominion (10 a.m.)
4	at Richmond (11 a.m.)
17	WILLIAM & MARY (10 a.m.)
	EAST TENNESSEE STATE (7 p.m.)
18	VIRGINIA COMMONWEALTH (2 p.m.)
24	WEST VIRGINIA (10 a.m.)
29-2	BIG EAST Championships at Coral Gables, Fla.
May 14-16	NCAA Regionals (TBA)
20-29	NCAA Championships at Athens, Ga.

Home matches in ALL CAPS

nationally ranked teams as well as a challenging away schedule."

"We have a great group that has been working hard during the off season preparing themselves for the season. I'm looking forward to the spring season to see us work our way up through the national rankings both as a team and individually. Our goal is to peak for the BIG EAST tournament and earn a spot in the NCAA Championships."



# Coaching Staff



# Terry Ann Zawacki-Woods Head Women's Tennis Coach

Terry Ann Zawacki-Woods became the seventh women's tennis coach at

Virginia Tech on Sept. 8 2003.

Prior to coming to Tech, Zawacki-Woods served as head coach at Charlotte for three years. In 2001, her first year at Charlotte, the 49ers received the program's first-ever national ranking at No. 59 in the Intercollegiate Tennis Association rankings.

"I am very excited about accepting this position at Virginia Tech," said Zawacki-Woods. "I have been very impressed with the athletic department, the university and the staff that I have met thus far. The direction the tennis program has been going impressed me. I saw this as a very good opportunity to come in and help the program continue to rise in the BIG EAST this year, and enter the ACC next year where we hope to really make our impact."

Prior to her time in Charlotte, Zawacki-Woods served as assistant coach at Michigan for three years, helping the Wolverines to second place in the Big Ten Conference in 1998 in addition to producing two Big Ten Sportswomen of the Year.

Zawacki-Woods was a two-time All-American at Wake Forest and was recently named to the ACC's 50th Anniversary Team. She was the first tennis player at Wake Forest to be named All-ACC for four years and the first to compete in the NCAA singles tournament. As the top player for the Deacons all four years, Zawacki-Woods was named the 1993 Southeast Rookie of the Year and the 1996 Southeast Senior of the Year. She was the first Wake Forest player to be nationally-ranked all four years achieving a high ranking of No. 6 in the nation. Zawacki-Woods led the Demon Deacons to three ACC finals and three Top 15 finishes nationally.

Following her collegiate career, Zawacki-Woods turned professional and faced some of the top players in the world, including Monica Seles, Jennifer Capriati and Chanda Rubin.

A native of Union, N.J., Zawacki-Woods and her husband, Bill, live in Blacksburg.

#### TECH COACHING HISTORY

Head	Years	Record at	Win
Coach	Coached	Tech	Pct.
Caroline Owens	1977-1978	11-2	85%
Karen Frair	1978-1979	15-9	63%
Larsen Bowker	1979-1983	35-26	57%
Jeff Murray	1983-1984	7-11	39%
Anne Jones Thompson	1985-2000	260-159	62%
Lisa Hart	2000-2003	45-36	56%
Terry Ann Zawacki-Woods	2003-		

VIRGINIA TECH WOMEN'S TENNIS 2003-2004

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# Kristen Stubbs

#### Assistant Coach

Kristen Stubbs enters her first year as assistant coach for the women's tennis

program following an outstanding playing career at Virginia Tech. The 22-year-old Stubbs, from Hilton Head, S.C., was selected as the 2002 national recipient of the Intercollegiate Tennis Association/Arthur Ashe Award for Leadership and Sportsmanship. In 2002, Stubbs was selected as the recipient of the ITA East Region "Cissie Leary Award for Sportsmanship" which is given to a women's tennis player who displays inspiring dedication and commitment to her team, which has enhanced her team's performance and exemplified the spirit of college tennis. She was also chosen in 2002 to represent Virginia Tech at the NCAA

Foundation Leadership Conference in Orlando, Fla.

Stubbs, a three-time team captain, concluded her career with 79 singles and 81 doubles wins, playing at the top of the Tech lineup. She was ranked 22nd out of more than 700 collegiate players in the East Region last season and ended her career with a national ranking of No. 118. As a freshman, she was named the Atlantic 10 Co-Rookie of the Year. In addition to her playing experience, Stubbs has also served as an assistant tennis professional at summer camps in Hilton Head, S.C., and has worked as a camp counselor at several summer camps.

> Kristen Stubbs was selected as the 2002 national winner of the ITA/Arthur Ashe Award for Leadership and Sportsmanship





### Larsen Bowker Volunteer Assistant Coach

Larsen Bowker is in his sixth season as a volunteer assistant coach for Tech's

women's tennis team. He had served as head coach for the Tech men's tennis team for 12 years before his retirement in July of

1998. Bowker got his start as a coach for the Hokies with the women's team in 1980. As one of the most successful coaches in Hokies' history, Bowker has built Tech's tennis program from scratch into a program that annually ranks as one of the best in the nation.

Not wanting to completely leave the game or the Hokies, Bowker has volunteered to assist Coach Zawacki-Woods this season. He brings a wealth of knowledge and experience to the team, and Tech's women's tennis program is fortunate to have the services of such an established coach.

#### ADMINISTRATION AND SUPPORT PERSONNEL



Charles Steger University President



Randy Butt Associate AD



Jim Weaver Director of Athletics



Tim East Assistant AD for for Financial Affairs Marketing & Promotions Athletic Performance



Sharon McCloskey Senior Associate Director of Athletics



Mike Gentry Assistant AD for



**David Chambers** Senior Associate AD for External Affairs



Tim Parker Assistant AD for Compliance



Tom Gabbard Associate AD for Internal Affairs





Sandy Smith Assistant AD for **Ticketing Services** (Tennis Contact)





Assistant SID





John Ballein

Associate AD for

2003-2004 VIRGINIA TECH WOMEN'S TENNIS 5

# Meet the Hokies



# Ginger Lowdermilk

Senior • 5-7 • RH Bossier City, La.

Team captain ... Great attitude and work ethic on and off the court ... Good leader ... Very positive role model for the team ... Selected as a 2002-03 ITA Scholar Athlete ... 2001-02 Coaches' Award winner.

**Fall 2003:** Was 4-5 and advanced to the quarterfinals of the VT Invitational ... Selected as a 2002-03 ITA Scholar Athlete ... Posted a 6-3 record in doubles and combined with Ashley James to win their flight at the Deacon Classic hosted by Wake Forest.

**2002-03:** Won 14 singles matches and had 10 dual-match wins playing at the No. 4 and No. 5 positions ... Teamed with four different partners to record 22 doubles wins.

**2001-02:** Posted a 13-12 overall dual match record and was 8-4 in dual matches at the No. 5 position ... Was 17-7 in doubles play with four different partners.

Junior College/Junior Tennis: Transfer from Juco National Champion Tyler (Texas) Junior College ... Top-ranked junior college player in singles and ranked No. 1 in doubles with former Tech teammate Zdenka Videnova ... 2001 Junior College All-American ...



Selected to the 2001 Rolex Collegiate All-Star team ... Nationally ranked player as a junior playing out of the Southern Region. **Personal:** Born 2/24/82 in Odessa, Texas ... Majoring in human nutrition, food and exercise.

Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
2001-02	0-0	0-0	1-4	4-4	8-4	0-0	1-2	1-1	13-12	0-0	13-12	52%	17-7	71%
2002-03	0-0	1-0	1-1	4-6	4-7	0-1	4-5	4-6	10-15	4-5	14-20	41%	22-13	63%
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	0-2	0-2	0-0	4-5	4-5	44%	6-3	67%
Total	0-0	1-0	2-5	8-10	12-11	0-1	5-9	5-9	23-27	8-10	31-37	46%	45-23	66%





Has shown great improvement in singles and doubles throughout the fall ... Tough competitor ... Demonstrates tremendous intensity on court.

**2002-03:** Played in only two matches with a 1-1 record after joining the team in the spring.

Junior College Tennis: Played at the top two positions and led team to a No. 5 national ranking last season ... NJCAA No. 15 final singles ranking and No. 3 in doubles ... 2001 NJCAA No. 5 singles and No. 12 doubles ranking ... Named Hillsborough CC Outstanding Athlete ... Coach's Award winner ... Named Hillsborough CC Best Academic Student Athlete for earning highest grade point average.

**Personal:** Born 12/28/81 ... Majoring in industrial engineering.

Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
2002-03	0-0	0-0	0-0	0-0	0-0	1-1	0-0	0-0	1-1	0-0	1-1	50%	0-1	0%
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	1-2	1-3	0-0	6-4	6-4	60%	3-3	50%
Total	0-0	0-0	0-0	0-0	0-0	1-1	1-2	1-3	1-1	6-4	7-5	58%	3-4	43%

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### Elissa Kinard Junior • 5-11 • LH Charleston, 5.C.

Powerful left-hander ... Ability to dictate points off of serve and groundstrokes ... Fall doubles ranking of No. 3 in the East Region and No. 37 nationally with Felice Lam.

**Fall 2003:** Limited to doubles due to injury ... Advanced to the ITA East Regional doubles final with partner Felice Lam ... Teamed with Lam for an 11-2 fall record and a No. 3 fall doubles ranking in the East Region.

**2002-03:** Team Rookie of the Year ... Second on the team in singles victories with 26 ... Recorded 17 doubles victories.

2001-02: Medical redshirt due to injury.

**2000-01:** Posted a 16-5 singles record during freshman year at Nebraska ... Had school's fourth best single-season winning percentage ... Runner-up in Big 12 at the No. 5 singles position ... Had a 14-8 doubles record.

**High School/Junior Tennis:** Four-time state A-AA singles champion and player of the year ... Named four times to all-state and All-Lowcountry teams ... Three-time Lowcountry Player of the Year.

**Personal:** Born 9/12/82 in Charleston, S.C. ... Majoring in sociology.



Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
2002-03	0-0	3-2	9-10	3-0	2-0	0-0	6-3	3-2	17-12	9-4	26-16	62%	17-21	45%
Fall 2002	0-0	0-0	0-0	0-0	0-0	0-0	2-1	2-1	0-0	9-4	9-4	69%	7-4	64%
Total	0-0	3-2	9-10	3-0	2-0	0-0	8-4	5-3	17-12	18-8	35-20	64%	24-25	49%





### Carolyn Kramer Junior • 5-7 • RH Manchester, Mo.

Talented doubles player with the ability to play anywhere on the court ... Can use her serve and net game as excellent weapons ... East Region Fall doubles ranking of No. 14 with Anat Elazari.

**Fail 2003:** Eastern Region Fall doubles ranking of No. 14 with Anat Elazari ... Looking to improve on her three singles wins and six in doubles in the Fall.

**2002-03:** Registered 14 singles victories matches including clinching dual wins against nationally-ranked Marshall and Florida Atlantic ... Had 13 doubles wins.

**2001-02:** Had a tough first season with a 13-20 overall record and 9-16 in dual matches ... Was 22-14 in doubles play.

**High School/Junior Tennis:** Played at St. Joseph Academy ... Ranked No. 90 nationally in Girl's 16s singles.

**Personal:** Born 2/15/83 in Clarksville, Ind. ... Majoring in human nutrition, food and exercise.

Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
2001-02	0-0	0-0	0-4	4-9	3-1	2-2	0-7	4-3	9-16	4-4	13-20	39%	22-14	61%
2002-03	2-0	6-17	1-3	0-0	0-0	0-0	5-3	0-6	9-20	5-4	14-24	37%	13-19	41%
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	1-3	0-2	0-0	3-7	3-7	30%	6-3	67%
Total	2-0	6-17	1-7	4-9	3-1	2-2	6-13	4-11	18-36	12-15	30-51	37%	41-36	53%



# Felice Lam

Junior • 5-6 • RH Seattle, Wash.

Very coachable player with incredible hands at the net ... Has the ability to use a variey of shots on the court ... Great all-court player ... Fall doubles ranking of No. 3 in the East Region and No. 37 nationally with Elisa Kinard.

Fall 2003: Paired with Elissa Kinard to advance to the finals of the ITA East Regional doubles championship and a No. 3 Fall ranking in the East Region ... Had a 6-4 singles record, including winning her flight at the Virginia Tech Fall Invitational ... Teamed with Kinard to win their flight at the VT Fall Invitational ... Posted an outstanding 11-2 doubles mark.

2002-03: Returned from knee surgery to compile a 17-9 singles record and a 20-8 doubles mark.

**2001-02:** Had her freshman year cut short after suffering an ACL tear in a doubles match against Iowa (2/23) ... Was 8-4 overall and 6-2 in dual matches ... Posted a 14-8 doubles record.

High School/Junior Tennis: Played at Ballard High School ... Won 2001 state high school singles championship ... Ranked No. 58 nationally in Girl's 16s singles and No. 12 in doubles ... Singles ranking of No. 3 in Pacific Northwest Section and No. 1 in doubles. Personal: Born 6/14/83 in Soyaux, France ... Majoring in marketing.



Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
2001-02	0-0	0-0	0-0	1-0	2-0	3-2	2-3	2-2	6-2	3-2	8-4	67%	14-8	64%
2002-03	0-0	0-0	0-0	8-5	2-1	7-3	2-2	0-2	17-9	0-0	17-9	65%	20-8	71%
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	1-2	1-0	0-0	6-4	6-4	60%	11-2	85%
Total	0-0	0-0	0-0	9-5	4-1	10-5	5-7	3-4	23-11	9-6	31-17	65%	45-18	62%





# Anat Elazari

Sophomore • 5-6 • RH Tiberias, Israel

Strong singles and doubles player who has a lot of potential ... Sound fundamentals and solid groundstrokes ... Self-motivator with an intense desire to improve ... 2002-03 Coach's Award winner ... Ranked No. 21 in the Fall East Region rankings ... Eastern Region Fall doubles ranking of No. 14 with Carolyn Karmer.

Fall 2003: Had a 5-5 record in both singles and doubles ... Advanced to the semifinals of the Wake Forest Deacon Classic and the Virginia Tech Fall Invitational ... Teamed with Carolyn Kramer for a No. 14 Fall region ranking.

2002-03: Sat out 2002-03 season to fulfill NCAA residency requirements.

High School/Junior Tennis: Ranked No. 8 in singles and No. 2 in doubles in Israel ... Was Israeli champion six times during her junior career ... Won the 1996 Macbi Games junior title and was a 2001 finalist in the women's championship ... World doubles ranking of No. 573 and singles ranking of No. 894 by the Women's Tennis Association.

Personal: Born 10/8/02 in Tiberias, Israel ... Majoring in industrial engineering.

Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	0-2	1-0	0-0	5-5	5-5	50%	5-5	50%



# Meredith Holmes

Sophomore • 5-9 • RH Bloomington, Ind.

Good athlete with a very positive attitude ... Willingness to do whatever it takes ... Excellent work ethic.

**Fall 2003:** Posted a 3-4 singles mark ... 3-3 in doubles action including a fourth-place finish with Carolina Rodriguez in their flight at the Virginia Tech Invitational.

2002-03: Had a 3-5 record in limited action.

**High School/Junior Tennis:** Member of the Indiana All Star team ... Was all-state in singles her senior year ... Honorable mention all-state sophomore and junior seasons ... Advanced to the state final eight as a junior and senior ... Member of academic all-state team ... Was No. 1 in her graduating class and had a 4.0 GPA for four years ... Member Academic Honors Society.

**Personal:** Born 5/4/84 in Bloomington, Ind. ... Majoring in aerospace engineering.



Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
2002-03	0-0	0-0	0-0	0-0	0-0	1-0	1-0	0-0	1-0	2-5	3-5	38%	0-2	0%
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	3-4	3-4	43%	3-3	50%
Total	0-0	0-0	0-0	0-0	0-0	1-0	1-0	0-0	1-0	5-9	6-9	40%	3-5	38%





# Ashley James

Freshman • 5-5 • RH Williamsburg, Va.

Has the ability to place shots anywhere on the court ... Great mentality on court ... Will be a big contributor in both singles and doubles.

**Fall 2003:** Posted a 7-5 singles mark ... Finished fifth in her singles flight at the Wake Forest Deacon Classic ... 6-3 in doubles action and teamed with Ginger Lowdermilk to win their doubles flight at the Wake Forest Deacon Classic.

**High School/Junior Tennis:** Member of three Virginia state AA championship teams at Jamestown High School ... Four-time state AA doubles champions ... Won the 2001 Virginia Sportmanship Award.

**Personal:** Born 5/23/85 in Williamsburg, Va. ... Majoring in building construction.

Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	1-2	3-1	0-0	7-5	7-5	58%	6-3	67%



### Kristen Mell Senior • 5-4 • LH

Richmond, Va.

Strong baseline game with a good lefty serve ... Adds good enthusiasm and effort to the team.

**Fall 2003:** Posted a 2-1 singles record and was 1-2 in doubles.

**High School/Junior Tennis:** Three-year letterwinner and three-time team captain at Colonial Heights, H.S.

**Personal:** Born 8/21/82 in N.J. ... Majoring in health, nutrition, foods and exercise.



Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	2-1	2-1	67%	1-2	33%





# Lea Ackenbom

Charlottesville, Va.

Newcomer to the team with a very strong work ethic and team-oriented attitude.

**Fall 2003:** Posted a 1-1 singles mark at the Virginia Tech Fall Invitational.

**High School/Junior Tennis:** Three-year letterwinner at Charlottesville High School where she was the captain and Most Valuable Player.

**Personal:** Born 11/17/84 in San Antonio, Texas ... Majoring in heath, nutrition, foods and exercise.

Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	1-0	1-0	0-0	1-1	1-1	50%	0-0	—



### Catherine Slagel Freshman • 5-3 • RH

Richmond, Va.

Newcomer with a great competitive spirit who plays with a lot of tenacity and confidence.

Fail 2003: Posted a 1-2 record in both singles and doubles. High School/Junior Tennis: Four-year letterwinner at Midlothian High School where she was named Most Valuable Player her junior and senior seasons ... Also participated in softball and indoor track.

Personal: Born 8/27/84 in Richmond, Va. ... Majoring in biology.



Year	1	2	3	4	5	6	3 Sets	Tie-Brk.	Dual	Tourn.	Overall	Pct.	Dbls.	Pct.
Fall 2003	0-0	0-0	0-0	0-0	0-0	0-0	0-1	1-1	0-0	1-2	1-2	33%	1-2	33%

# 02-03 Review

### Young Squad Posts Another Successful Season

A young Virginia Tech women's tennis team had a streaky 2002-03 season, but concluded the year with a third-place finish in the BIG EAST Championships and No. 69 national ranking. Tech had only two seniors and counted heavily on three sophomores to help the team to a 16-13-1 season and wins over five ranked opponents.

The schedule featured 15 nationallyranked opponents and five teams that concluded the year ranked in the Top 25. The Hokies posted wins over No. 27 Oregon, No. 65 Marshall, No. 66 Middle Tennessee State, No. 67 Florida Atlantic and No. 72 Penn State and suffered narrow 4-3 losses to No. 22 Clemson, No. 47 Ohio State and No. 63 Maryland. Tech compiled a 14-4 home record at the Burrows-Burleson Tennis Center.

Senior Kristen Stubbs, the team captain for the third consecutive season, collected 14 wins playing at the top of the lineup. Stubbs was selected as the recipient of the Intercollegiate Tennis Association/Arthur Ashe Award for Leadership and Sportsmanship. She ended her career with 79 singles and 81 doubles wins and was ranked No. 22 among over 700 collegiate players in the East Region.

Senior Zdenka Videnova concluded her career with an outstanding season, including a 31-9 singles mark with a 10-2 record at the No. 5 position. Videnova, a 2001 junior college All-American, finished her two-year career with a 40-18 singles record.



Elissa Kinard had a solid season for Tech after transfering from Nebraska.

Sophomores Elissa Kinard and Felice Lam had outstanding results in their first full seasons at Tech. Kinard, a transfer from Nebraska, had a solid 26-16 season while Lam, coming off of knee surgery, was 17-9 in singles and 20-8 in doubles play.

Sophomore Carolyn Kramer had 14 singles wins playing in the top three positions, while junior Ginger Lowdermilk contributed 22 doubles and 14 single victories in the middle of the lineup. Lowdermilk was selected as an ITA Scholar Athlete after posting a 4.0 GPA.

Tech opened the season with nine consecutive victories, all at home, by a combined score of 54-9 before suffering its first losses at No. 21 Notre Dame and against Boston College. The Hokies briefly snapped the short losing streak with a 6-1 win at Rutgers, but dropped the next seven matches to fall to 10-9 on the year. The squad returned home for five matches, four

against ranked opposition, and responded

with four wins, including victories over No. 27 Oregon, No. 65 Marshall and No. 72 Penn State. In the Oregon victory, Stubbs routed 15thranked Daria Panova 6-1, 6-3. Kramer came through in the Marshall win, coming from behind in the third set to give Tech a 4-3 win.

The Hokies suffered back-to-back losses at No. 16 William & Mary and at No. 8 Virginia Commonwealth, but closed out the regular season with a 4-3 win over No. 67 Florida Atlantic. Kramer again won the deciding match against Florida Atlantic with another third-set comback. Next up was the BIG EAST Conference Championships, and Tech easily defeated Rutgers in the first round 4-1 before the second day of the event was washed out by rain. The Hokies lost in the semifinals to No. 20 Miami and had their third-place match with Boston College halted by rain with the match tied 3-3.

Kristen Stubbs was a great leader on and off the court for the Hokies.

#### 2002-2003 RESULTS

-				_
	20-22	at William & Mary Invitational		
•	27-29	Virginia Tech Invitational		
	25-29	ITA East Regional		
Jan.	18	RADFORD	W	7-0
	18	JAMES MADISON	W	7-0
	25	HAMPTON	W	5-2
	25	EAST TENNESSEE STATE	W	7-0
	31	CHARLOTTE	W	6-1
	31	PITTSBURGH	W	6-1
Feb.	1	ARKANSAS-LITTLE ROCK	W	5-2
	1	WEST VIRGINIA	W	7-0
	9	#66 MIDDLE TENNESSEE STATE	W	4-3
	14	at #21 Notre Dame	L	1-6
	15	vs. Boston College	L	2-5
	21	at Rutgers	W	6-1
	23	at Princeton	L	2-5
	28	at #22 Clemson	L	3-4
Mar.	2	vs. #14 South Alabama	L	1-6
	7	#63 MARYLAND	L	3-4
	9	#47 OHIO STATE	L	3-4
	19	at #37 Virginia	L	0-7
	21	OLD DOMINION	L	2-5
	23	#72 PENN STATE	W	6-1
	26	#27 OREGON	W	4-3
	28	RICHMOND	W	5-2
	30	#19 MIAMI	L	2-5
Apr.	1	#65 MARSHALL	W	4-3
, r	5	at #16 William & Mary	L	1-6
	6	at #8 Virginia Commonwealth	L	1-6
	12	#67 FLORIDA ATLANTIC	W	4-3
	25-27	BIG EAST Tennis Championships		
		at Coral Gables, Fla.		
	25	vs. Rutgers	W	4-1
	27	at #20 Miami	Ľ	0-4
	27	vs. Boston College	т	3-3
		3		00
Home	e matche	es in ALL CAPS		

Home matches in ALL CAPS

#### 2002-2003 STATISTICS

#### Singles

Name	Yr.	1	2	3	4	5	6	*A	*B	*C	*D	3 Sets	тв	Dual	Overall
Zdenka Videnova	Sr.	0-0	0-0	0-0	2-0	10-2	9-5	3-1	4-1	3-0	0-0	6-3	7-2	21-7	31-9
Felice Lam	So.	0-0	0-0	0-0	8-5	2-1	7-3	0-0	0-0	0-0	0-0	2-2	0-2	17-9	17-9
Elissa Kinard	So.	0-0	3-2	9-10	3-0	2-0	0-0	2-2	4-2	3-0	0-0	6-3	3-2	17-12	26-16
Meredith Vincent	So.	0-0	1-0	3-2	2-0	1-0	0-0	1-3	3-2	0-0	0-0	3-1	2-1	7-2	11-7
Carolina Rodriguez	Jr.	0-0	0-0	0-0	0-0	0-0	1-1	0-0	0-0	0-0	0-0	0-0	0-0	1-1	1-1
Ginger Lowdermilk	Jr.	0-0	1-0	1-1	4-6	4-7	0-1	0-3	2-1	0-0	2-1	4-5	4-6	10-15	14-20
Kristen Stubbs	Sr.	10-17	0-0	0-0	0-0	0-0	0-0	2-2	2-2	0-0	0-1	3-6	1-4	10-17	14-22
Meredith Holmes	Fr.	0-0	0-0	0-0	0-0	0-0	1-0	0-3	2-2	0-0	0-0	1-0	0-0	1-0	3-5
Carolyn Kramer	So.	2-0	6-17	1-3	0-0	0-0	0-0	0-3	5-1	0-0	0-0	5-3	0-6	9-20	14-24
Tara Knoll	Fr.	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-3	0-0	0-0	0-1	0-0	0-0	0-3
Totals	—	12-17	11-19	14-16	19-11	19-10	18-10	8-17	22-14	6-0	2-2	29-24	17-23	93-84	131-116

#### Doubles

Name	1	2	3	*A	*В	*C	*D	Dual	Overall
Lowdermilk/Vincent	0-0	0-0	2-0	0-0	0-0	0-0	0-0	2-0	2-0
Stubbs/Vincent	1-0	1-0	0-0	0-0	0-0	0-0	0-0	2-0	2-0
Kinard/Lam	0-0	1-0	0-0	0-0	0-0	0-0	0-0	1-0	1-0
Lowdermilk/Videnova	0-0	0-0	1-0	0-0	0-0	0-0	0-0	1-0	1-0
Rodriguez/Videnova	0-0	0-0	1-0	0-0	0-0	0-0	0-0	1-0	1-0
Vincent/Videnova	0-0	0-0	1-0	3-1	0-0	0-0	0-0	1-0	4-1
Lam/Videnova	0-0	0-0	15-5	0-0	0-0	0-0	0-0	15-5	15-5
Kramer/Lam	2-1	1-0	0-0	0-0	0-0	0-0	0-0	3-1	3-1
Kinard/Videnova	0-0	2-0	1-1	0-0	3-1	2-2	0-0	3-1	8-4
Lowdermilk/Stubbs	1-0	10-7	0-0	2-2	3-1	0-0	1-1	11-7	17-11
Kramer/Lowdermilk	1-1	1-1	0-0	0-0	0-0	0-0	0-0	2-2	2-2
Kinard/Stubbs	0-0	1-1	0-0	0-0	0-0	0-0	0-0	1-1	1-1
Kramer/Vincent	0-0	0-0	0-0	0-0	1-1	0-0	0-0	0-0	1-1
Lam/Stubbs	1-2	0-0	0-0	0-0	0-0	0-0	0-0	1-2	1-2
Kinard/Kramer	5-13	0-1	0-0	2-1	0-0	0-0	0-0	5-14	7-15
Kinard/Rodriguez	0-0	0-0	0-1	0-0	0-0	0-0	0-0	0-1	0-1
Holmes/Knoll	0-0	0-0	0-0	0-0	0-2	0-0	0-0	0-0	0-2
Totals	11-17	17-10	21-7	7-4	7-5	2-2	1-1	49-34	66-46



Zdenka Videnova (above) and Felice Lam (left) were important contributors for the Hokies last seasaon.

- \*A William & Mary Invitational in Williamsburg, Va. \*B — Virginia Tech Fall Invitational
- in Blacksburg, Va. \*C — Deacon Classic
- in Winston-Salem, N.C.
- \*D ITA Eastern Regional in Cambridge, Mass.

#### Misc. 02-03 Stats

Virginia Tech's record in ...

all matches 16-13-1
home matches 14-4
away matches 1-6
neutral site matches 1-3-1
January 6-0
February 4-4
March 3-6
April 3-3-1



# The Record Book

#### National Rankings

1988	Maria Lochiatto/Leslie Seward 26th
1989	Laurie Shiflet 123rd
1995	Katherine Chen 41st
	Jennifer Dinello/Kathy Dixon 26th
1996	Team 55th
1997	Team 40th
	Vanessa Pardo 103rd
1998	Team 34th
	Antonella Pozzi 74th
1999	Team 55th
	Antonella Pozzi 96th
2000	Team 63rd
2003	Team 69th
	Kristen Stubbs 118th

#### **Regional Rankings**

ncy	ionai kankings
1988	Laurie Shiflet 13th
	Maria Lochiatto 26th
	Team 15th
1989	Laurie Shiflet 10th
	Molly Rush
	Sally Ballard 33rd
	Suzy Jobe 36th
	Danelle Chambers 38th
	Sally Ballard/Molly Rush 13th
	Team 16th
1990	Team 15th
1991	Team 13th
1992	Shannon Cubitt 12th
	Team 15th
1993	Shannon Cubitt 26th
	Team 13th
1995	Jen Dinello 27th
	Team 11th
1996	Vanessa Pardo 12th
	Majka Serafini 17th
	Team 5th
1997	Vanessa Pardo 6th
	Majka Serafini 23rd
	Team 4th
1998	Antonella Pozzi 6th
	Majka Serafini 14th
	Vanessa Pardo 22nd
	Daga Mrozek/Katherine Chen 14th
	Team 3rd
1999	Majka Serafini 14th
	Vanessa Pardo 22nd
	Team 5th
2000	Kristen Stubbs 23rd
	Team 7th
2001	Kristen Stubbs 24th
	Kristen Stubbs/Antonella Pozzi 9th
	Team 11th
2002	Kristen Stubbs 17th
	Kristen Stubbs/Felice Lam 8th
	Team 12th
2003	Kristen Stubbs 22nd
	Team 8th

#### Frank Loria Award

• Two Hokie women's tennis players have won the prestigious Frank Loria Award, given to only one Virginia Tech student-athlete annually who exemplifies outstanding leadership and scholarship. Danelle Chambers, in 1989, and Molly Rush, in 1991, were awarded this tremendous honor.



ALL-	ΓΙΜΕ	RESULTS
Season	Record	Finish
1977-78	11-2	
1978-79	8-7	
1979-80	11-8	
1980-81	10-5	4th, Metro
1981-82	10-9	3rd, Metro
1982-83	11-6	3rd, Metro
1983-84	7-11	3rd, Metro
1984-85	18-16	4th, Metro
1985-86		3rd, Metro
1986-87		4th, Metro
1987-88		3rd, Metro
1988-89		3rd, Metro
1989-90		3rd, Metro
1990-91		3rd, Metro
1991-92		3rd, Metro
1992-93		4th, Metro
1993-94		4th, Metro
1994-95		3rd, Metro
1995-96		1st, A-10
1996-97		1st, A-10
1997-98		1st, A-10
1998-99		1st, A-10
1999-00		1st, A-10
2000-01		3rd, BIG EAST
2001-02		3rd, BIG EAST
2002-03	16-13-1	T-3rd, BIG EAST

#### Highest Career Winning Percentage

SINGLES

	LLO	
1.	Daria Ivan	.820
2.	Katherine Chen	.790
3.	Annette Tector	.750
4.	Daga Mrozek	.720
5.	Zdenka Videnova	.714
6.	Becky Oatts	.710
7.	Sally Ballard	.700
8.	Sharon Gaylon	.690
	Majka Serafini	.690
10.	Vanessa Pardo	.660

#### DOUBLES

	JLLO	
1.	Majka Serafini	
	Becky Oatts	
3.	Katherine Chen	
4.	Antonella Pozzi	
5.	Zdenka Videnova	
6.	Andrea Fink	
7.	Molly Rush	650
	Daria Ivan	
9.	Anne Jones	
	Vanessa Pardo	
	Leslie Seward	

#### Metro Conference Champions and Finalists

1981	Annette Tector	No. 1 Singles Finalist		
	Anne Jones	No. 4 Singles Finalist		
	Annette Tector/Lori Winchester	. No. 2 Doubles Finalist		
1982	Andrea Fink N	lo. 1 Singles Champion		
1983	Annette Tector	No. 1 Singles Finalist		
	Kim Temples	No. 3 Singles Finalist		
	Annette Tector/Kim Temples	. No. 1 Doubles Finalist		
1984	Suzanne Gutch	No. 6 Singles Finalist		
	Suzanne Gutch/Erika Rapport	. No. 2 Doubles Finalist		
1989	Danelle Chambers	No. 4 Singles Finalist		
1990	Leslie Seward	No. 3 Singles Finalist		
	Sharon Gaylon	No. 5 Singles Finalist		
1991	Sally Ballard	No. 4 Singles Finalist		
* No individual championships were conducted 1984-85 through				

1987-1988, or 1991 through present.

#### Metro Conference Honors

	Ann Howard, Maria Lochiatto	
1988	Maria Lochiatto	. All-Metro Conference
1989	Laurie Shifflet	. All-Metro Conference
1990	Molly Rush	. All-Metro Conference
1991	Leslie Seward	. All-Metro Conference
1992	Shannon Cubitt	. All-Metro Conference
1994	Cathy Dixon	. All-Metro Conference
1995	Jen Dinello, Cathy Dixon	. All-Metro Conference

#### Atlantic 10 Conference Honors

4000	
	nessa Pardo Most Valuable Player
	nessa Pardo Most Outstanding Rookie Performer
Anı	ne Jones Coach of the Year
Tea	am Conference Champion
	nessa Pardo, Majka Serafini,
Kat	therine Chen All Conference Team (singles)
	ria Ivan/Jennifer LampertAll Conference Team (doubles)
1997 Sal	brina Pardo Most Outstanding Rookie Performer
	ne Jones Coach of the Year
Var	nessa Pardo, Sabrina Pardo,
	therine Chen, Antonella Pozzi,
	ria Ivan, Daga Mrozek,
	jka Serafini All-Conference Team
	am Conference Champion
	tonella Pozzi Most Valuable Player
	tonella Pozzi, Majka Serafini,
	nessa Pardo, Daga Mrozek,
	brina Pardo, Katherine Chen All-Conference Team
	am Conference Champion
	· · · · · · · · · · · · · · · · · · ·
	jka Serafini Most Valuable Player
	pria Guntinas, Ines Khelifi,
	ga Mrozek, Vanessa Pardo,
	jka Serafini All-Conference Team
Tea	am Conference Champion
2000 Ine	s Khelifi Most Valuable Player
Kris	sten Stubbs Co-Most Outstanding Rookie Performer
Ine	s Khelifi, Kristen Stubbs,
Mic	chelle Martaus All-Conference
Tea	am Conference Champion

#### **Cissie Leary Award**

• Kristen Stubbs was the recipient of the 2002 Cissie Leary Award for Sportmanship which is given to only seven players in the nation annually. She also was selected last year to represent Virginia Tech at the NCAA Foundation Leadership Conference which is designed for student-athletes nationwide to discuss key issues affecting them on campus and in their communities.

# Hokie Tennis History

In 1977, the Virginia Tech tennis team became the school's second women's varsity sport, one year after the women's basketball squad first took the court as a varsity team.

Carolyn Owen was named the tennis team's first head coach after Jo Kafer, former assistant athletic director for women's sports, helped upgrade tennis from club to varsity status. Owen served as both the women's basketball coach and as the women's tennis coach in 1977-78.

Anne Thompson, who was Tech's head coach from 1985 to 2000, and her twin sister Lynne Jones were the first recipients of athletic scholarships for women at Tech.

Owen coached the 1977-78 squad to an 11-2 record, a second-place finish in the state and a sixth-place finish in the AIAW regional tournament. Owen resigned after the 1977-78 season and was replaced by engineering professor and local tennis player Karen Frair.

In its second year as a varsity sport, the team was led by No. 1 player Jill Allen and No. 2 Ann Grubbs. Grubbs and Allen finished second in the state while leading the Hokies to an overall record of 8-7. Tech again finished second in the Virginia State Championships.

In the 1979-80 season, Frair recruited several nationally ranked junior players, led by Annette Tector from Stoughton, Mass. and Andrea Fink from Glen Ridge, N.J. Friar coached the team through the fall of 1979 and then left to pursue other endeavors.

Larsen Bowker, who retired in 1998 as the Tech men's tennis coach, replaced Friar and led the team to an 11-8 record. Bowker coached the squad from January 1980 to May 1983. During this time, the women's team went 35-26, won the Mid-Atlantic Tennis Championships in 1982, finished second in the state twice and earned third in the Metro Conference three consecutive years.

Annette Tector won the state individual championship in 1981 and finished second in the Metro Conference in 1981 and 1983. Andrea Fink won the Metro Conference title in1982 and joined Tector to finish second in doubles in 1982.

Bowker, who is now a volunteer assistant for the women's team, resigned after the spring season and was replaced by Jeff Murray. Murray coached the team for one year before Thompson took the reins.

In the 16 years that Thompson coached the team, the Hokies won 260 matches and lost 159. The team finished third in the Metro six times, won the Eastern Collegiate Invitational in 1988, claimed five Atlantic 10 championship titles, won the 1998 ECAC Team Tournament Championship and had Tech's first nationally ranked women's tennis players, Maria Lochiatto and Leslie Seward. Lochiatto and Seward finished 26th in doubles in 1988 and Laurie Shiflet was ranked 123rd in singles in 1989.

#### CONFERENCE AFFILIATION

Virginia Tech became an all-sports member of the BIG EAST Conference at the beginning of the 2000-2001 academic year. The Hokies are currently in their final year in that league and will join the prestigious Atlantic Coast Conference on July 1, 2004.

The BIG EAST Conference affiliation marked the first time Tech had been a member of a single all-sports conference since leaving the Southern Conference to become an independent in 1965. Since that time, the Hokies also competed as a member of the Metro Conference in all sports except football from 1978 to 1995 and were in the Atlantic 10 Conference in all sports except football and wrestling from 1995 to 2000.

Tech, a charter member of the BIG EAST Football Conference which was formed in 1991, is the 14th member of the conference, which conducts 20 championships in 16 men's and women's sports. The Hokies conduct varsity programs in 15 BIG EAST sports.

In its five years as a member of the Atlantic 10 Conference, Tech enjoyed tremendous success. The men's and women's tennis teams each won the conference championship every year in the league, and other Hokie teams also fared well in A-10 play. Tech really hit the jackpot in 1998-99, winning championships in eight of the 18 conference sports in which its teams participated, and winning the Commissioner's Cup as the league's outstanding athletics program.

Lisa Hart, a former player and assistant coach at the University of Nebraska, guided the Hokies to a 45-36 record in three seasons including three third-place finishes in the BIG EAST Conference tournament.

Tech has also had 19 regionally-ranked players, eight All-Metro selections, 52 players named to the Metro Conference Commissioner's List for Academic Excellence, 27 All-Atlantic 10 Conference selections and 20 All-Atlantic 10 Academic Team selections.

Playing tough competition, Virginia Tech women's tennis teams continue to post winning records. The Hokies' overall record is 373-243, for a winning percentage of 61 percent. Still considered young by other collegiate sports standards, the Virginia Tech tennis program will continue to grow and improve in the years to come.

#### **ALL-TIME SERIES RECORDS**

Air Force 1-0	
Alabama-Birmingham 1-0	
American 4-0	
Anderson College 1-0	
Appalachian State 10-0	
Arkansas 0-2	
Arkansas-Little Rock 1-1	
Auburn 1-2	
Barry 1-0	
Baylor 1-0	
Boston College 6-1	
Brown 2-1	
Cal State Fullerton 1-0	
Campbell 3-1	
Central Florida 3-0	
Charlotte 14-0	
Cincinnati 2-0	
Clemson 4-5	
College of Charleston 1-3	
Colorado 0-2	
Columbia 1-0	
Davidson College 11-0	
Dayton 2-0	
Duke University 0-7	
Duquesne 1-0	

Oregon 1-0	Swee
Peace College 6-3	Syra
Penn State 3-5	Temp
Pittsburgh 2-0	Tenn
Presbyterian College 2-0	Tenn
Princeton University 0-2	Texa
Providence 1-0	Texa
Purdue 0-1	Tolec
Radford 19-4	Trinit
Randolph-Macon 1-0	Troy
Rice 0-2	Tular
Richmond 13-24	UC II
Roanoke College 3-0	UNC
Rollins College 3-0	Virgir
Rutgers 4-0	Virgir
St. Bonaventure 2-1	Wake
Sam Houston State 2-0	Wash
San Jacinto State 1-0	Wasł
Santa Clara 2-0	West
Seton Hall 1-0	West
South Alabama 0-4	West
South Carolina 0-6	Willia
South Florida 0-8	Wint
Southern Methodist 1-0	Wyor
Southwestern Louisiana 0-1	Xavie
Southwest Texas State 0-1	Yale

Sweet Briar College	3-0
Syracuse	
Temple	3-1
Tennessee	
Tennessee-Chattanooga	1-3
Texas-Arlington	1-0
Texas-San Antonio	
Toledo	
Trinity University	
Troy State	
Tulane	
UC Irvine	
UNC Greensboro	
Virginia	
Virginia Commonwealth	
Wake Forest	
Washington and Lee	
Washington State	
West Virginia	
Western Carolina	
Western Michigan	
William and Mary	
Winthrop College	
Wyoming	
Xavier	
Yale	3-0

# **Support Services**

#### Student Athlete Academic Support Services

The success of Virginia Tech's athletic program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and reached 70 percent in 2003 as compared to the national average of 60 percent. In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. Last spring, the Athletic Director's Honors Breakfast paid tribute to a record 371 student-athletes, student trainers, student managers, cheerleaders and HighTechs who posted 3.0 or greater GPA's in the 2002 calendar year.

SAASS provides programming for student-athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education.

Academic facilities for student-athletes include the Monogram Room, a large room used as a study hall area, adjacent to the SAASS office in

Cassell Coliseum.

The HEAT (Hokies Engaging in Advanced Technology) Lab and its satellite sites house over 40 computers in Cassell Coliseum. Laptop computers are also available for Tech athletes to use when travelling to away contests. The athletic department also provides areas for private,

Chris Helms

Chris Helms, in his fifth year at Tech, is the director and is responsible for the development

quiet study for the athletes'

and leadership of the office. Assisting him are associate directors Lois Berg and Colin Howlett, Katie Ammons, Renia Edwards, Drew Scales and Terrie Repass. Berg, who is in her 14th year at Tech. coordinates the academic

convenience.

Lois Berg

#### Athletic Performance

services for the tennis team.

There's much more to athletic performance than weight training. At Virginia Tech, nutrition and sports psychology are also a part of the student-athlete's preparation — not just for athletics, but also for life after college. Virginia Tech tries to provide the best services, facilities and support staff for all of its student-athletes, to make them better athletes and better people.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation.

The tennis team trains in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie football player and long-time supporter of the Virginia Tech Athletic Department. All told, the Hokies have more than 22,000-square feet of strength and conditioning training space.

Gentry is in his 16th season as the Hokies' director of strength and conditioning. His duties include overseeing the strength and conditioning training of athletes in all 21 varsity sports at Virginia Tech. Assisting Gentry in the weight room this year are three full-time assistant strength and conditioning coaches: Jay Johnson, assistant director of strength and conditioning, Terry Mitchell, strength and conditioning coordinator of



Emily Chones

men's Olympic sports and Emily Chones, strength and conditioning coordinator for women's Olympic sports. Gentry will also have the services of four graduate assistants — Erin O'Neil, Lisa Guarneri, Gabe Teeple and Jarrett Ferguson.

Chones, who is in her fourth year as the assistant strength coach works with the women's tennis team. She came to Virginia Tech from the University of New Mexico, where she spent one year as an assistant strength coach. Prior to her time at UNM, she was at the United States Naval Academy where she spent three years. She was directly responsible for six sports while assisting with all other Midshipmen varsity programs.



Amy Freel serves as the Director of Sports Nutrition at Virginia Tech and works one-on-one with student-athletes to provide them with information that they need on their diet. She also provides players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and how to eat to improve performance.

Amy Freel

The sport psychology staff includes Dr. Gary Bennett, who coordinates psychological services for student-athletes, and Dr. Robert Miller, director of the Cook Counseling Center.

The psychologists meet with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. The sport psychologists work on team building, communication and performance enhancement. The psychologists also offer an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process.

#### **Office of Student Life**

The Office of Student Life at Virginia Tech helps in providing assistance to student-athletes in a number of areas. Megan Armbruster,

director of student life, is dedicated to enhancing the quality of the student-athlete experience through the programs that this office administers.

The office implements the CHAMPS/Life Skills Program, which provides a well-rounded model for student-athletes to develop the individual skills necessary to lead successful and productive lives.

The goal of this program is to enhance five areas of commitment that are vital to personal growth of student-athletes. Those areas are service, academic excellence, career development, athletic excellence and personal development. 133

Megan Armbruster

The program attempts to build individual confidence, promote respect for diversity, enhance interpersonal relationships, develop leadership skills, and enable each one to make a valuable contribution to the community.

#### Sports Medicine & Athletic Training

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and



comprehensive care to all student-athletes. The department, under the leadership of Gunnar Brolinson, D.O., Delmas Bolin, M.D., and Mike Goforth, director of athletic training, is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sports psychologists,

Mike Goforth

massage therapists, physical therapists, child mutritionists and orthotists — is

available to manage the health care of Tech's student-athletes.

The new 4,300-square-foot Eddie Ferrell Memorial Training Room gives the training staff a centralized area to care for Tech's student-athletes. With its completion, Virginia Tech now has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally.

Elizabeth Gordon is the athletic trainer working every day with the women's tennis team.



Elizabeth Gordon

# Burrows-Burleson Tennis Center

### Tech Campus Is Home to a First-Class Tennis Facility

The Burrows-Burleson Tennis Center is one of many first-class facilities at Virginia Tech. The Hokies have an athletic complex that is among the best in the nation and an administration that is dedicated to seeing the facilities continue to improve.

The tennis center, located across from Lane Stadium, offers six outdoor courts with bleacher seating, six indoor courts with a mezzanine viewing area with bleachers, locker rooms, coaches' offices, a team room and a social area.

The tennis center, which opened in 1992, was made possible by gifts from Dave and Betty Burrows of Roanoke; their son Jack Burrows and his wife Lee, of Roanoke; and their daughter Beverly and her husband, Bobby Burleson, of Tallahassee, Fla. Jack Burrows and Bobby Burleson were teammates on Tech's tennis team in the late 60's. Jack was an NCAA participant and is a member of the Virginia Tech Sports Hall of Fame.



### Jerry Stevens Director of Burrows-Burleson Tennis Center

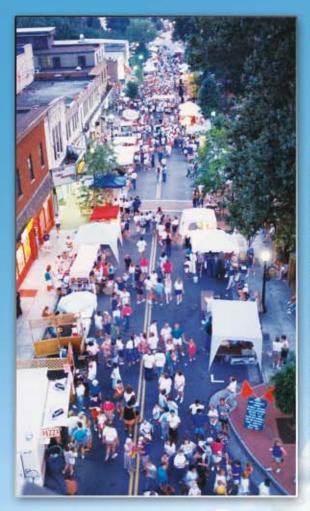
Jerry Stevens is in his eleventh year as director of the Burrows-Burleson Tennis Center at Virginia Tech. When the varsity teams are not using the facility, the tennis center is operated as a self-sustaining club with over 400 members.

In 1988 Stevens retired from the United States Navy after completing a 29-year career. His last tour was as commanding officer of the Naval Reserve Officers Training Corp at Virginia Tech. He then volunteered to work in the Tech athletic department until moving to the Burrows-Burleson Tennis Center in 1993.

Stevens' services have greatly benefited Virginia Tech and have not gone unnoticed. In 1999 the center received a United States Tennis Association's Outstanding Tennis Facility Award for excellence among all public tennis facilities.



# Blacksburg, Va.



## **COLLEGE TOWN, U.S.A.**

One of America's classic college towns, Blacksburg is a perfect setting for Virginia Tech.

Located in Southwest Virginia on a plateau between the Blue Ridge and Alleghany Mountains, Blacksburg combines the laid-back lifestyle of a small town with the amenities one would expect to find around a major center of higher education. Together, the town and university have worked hard to create a progressive community that ranks among the nation's elite living

environments. Blacksburg was recently named one of the Top 10 places to live by *Outside* magazine. Virginia Tech and the Town of

Blacksburg gained national and international attention by creating the world's first "electronic village." Businesses and industries have been drawn by the quaint town's potential.

Established in 1798 by John and William Black, the town is surrounded by scenic mountain views that accentuate the area. The nearly 40,000 residents (including students) enjoy a close proximity to a variety of recreation areas such as the Blue Ridge Parkway, Appalachian Trail, Claytor Lake and the New River.

