

VIRGINIA TECH

Steve
BORJA

Tyde
PRATER



Mike
FAUST

David
HOFFMAN

2005-2006
WRESTLING

BLACKSBURG, VA.



One of America's best college towns, Blacksburg is a perfect setting for a great university like Virginia Tech.

Located in Southwest Virginia on a plateau between the Blue Ridge and Alleghany Mountains, Blacksburg combines the laid-back lifestyle of a small town with the amenities one would expect to find around a major center of higher education. Together, the town and university have worked hard to create a progressive community that ranks among the nation's elite living environments.

Virginia Tech and the Town of Blacksburg gained national and international attention by creating the world's first "electronic village." Businesses and industries have been drawn by the potential of the quaint town.

Established in 1798 by John and William Black, the town is surrounded by scenic mountain views that accentuate the area. Since its founding, Blacksburg has grown to become the largest town in Virginia.

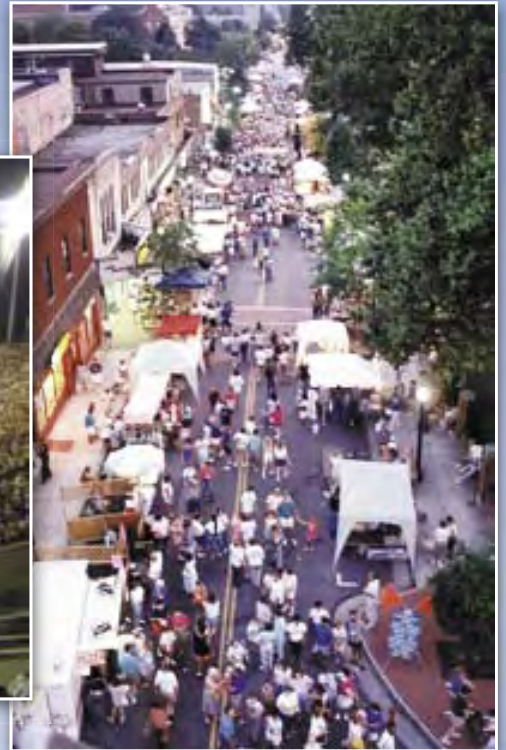
The nearly 42,000 residents (including students) enjoy a close proximity to a variety of recreation areas such as the Blue Ridge Parkway, Appalachian Trail, Claytor Lake and the New River. The region features a moderate climate and four distinct seasons.

Blacksburg was recently named by *Outside* magazine as one of the top 10 places to live in America.

The town's location (adjacent to major interstate highways) provides convenient access to most points in the southern and eastern parts of the country.

More information on Blacksburg can be found on the web site of the Blacksburg Electronic Village, www.bev.net or at www.blacksburg.va.us.

From peaceful outings at the nearby Cascades, to thrilling Tech football games at Lane Stadium, to downtown festivals, the Blacksburg area has a lot to offer.



VIRGINIA TECH 2005-06 WRESTLING

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Quick Facts

Location	Blacksburg, Va.
Founded	1872
President	Dr. Charles Steger
Director of Athletics	Jim Weaver (Penn State, 1967)
Enrollment.....	28,000
Conference.....	Atlantic Coast Conference
Nickname.....	Hokies
Colors	Chicago maroon & burnt orange
2004-05 Record	16-4
2004-05 Conference Record	5-0 (First)
2004-05 ACC Tournament Finish	Second
2004-05 NCAA Finish	T-42nd
Head Coach/Years	Tom Brands/Second
Alma Mater/Year	Iowa/1992
Record at Tech	16-4
Overall Record	16-4
Assistant Coach/Years.....	Wes Hand/Fourth
Alma Mater/Year	Iowa/2000
Assistant Coach/Years.....	Doug Schwab/Second
Alma Mater/Year	Iowa/2001
Wrestling Office Phone.....	(540) 231-1135 OR (540) 231-3185
Wrestling Via Email	tbrands@vt.edu OR whand@vt.edu
Home Facility	Cassell Coliseum (10,052)
Starters Returning/Lost	5/5
Newcomers	14
Returning NCAA Qualifiers:	Steve Borja (184 — 2005)
	David Hoffman (133 — 2002, 04, 05)
	Tyde Prater (149 — 2005)
	Mike Faust (285 — 2005)

TEAMING UP WITH TECH

For the second season, the Virginia Tech wrestling program is teaming up with two heavyweights in the wrestling apparel business.

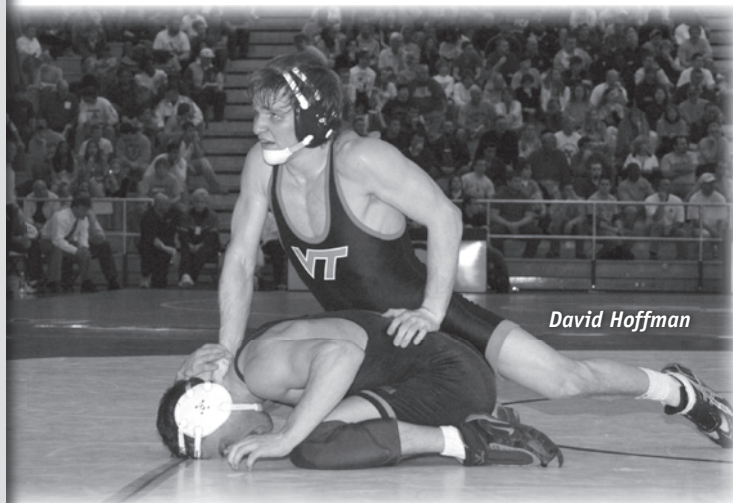
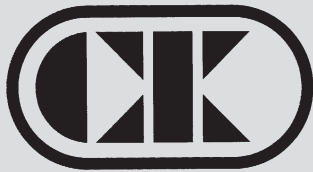
ASICS® will be the official shoe provider for the Hokies and Cliff Keen will be the official provider of Tech's uniforms and warmups.

The wrestling staff and program are proud and thankful to be associated with these two organizations, who provide the finest in wrestling gear.

In 1949, Kihachiro Onitsuka began his athletic footwear company (Onitsuka Co., Ltd.) by manufacturing basketball shoes out of his living room in Kobe, Japan. He chose the name ASICS® for his company in 1977, based on a famous Latin phrase "Anima Sana In Corpore Sano", which when translated expresses the ancient ideal of "A Sound Mind in a Sound Body."

Taking the acronym of this phrase, ASICS® was founded on the belief that the best way to create a healthy and happy lifestyle is to promote total health and fitness. ASICS® products were introduced to the United States in 1977.

Cliff Keen was founded by the legendary University of Michigan wrestling coach of the same name in 1958. Keen was the inventor of the wrestling head guard and the coach of the 1948 U.S. Olympic Team.



David Hoffman

The 2005-06 Virginia Tech wrestling media guide is a publication of the Virginia Tech Sports Information Office, written to assist the working media and designed to aid all media members in their coverage of Virginia Tech wrestling. The 2005-06 wrestling media guide was written, edited and designed by Assistant Sports Information Director Bryan Johnston, along with SID interns John Holinka and Brooke Frederickson. Action photos and head shots were contributed by Dave Knachel, Assistant Sports Information Director. Additional action photos were taken by Holinka. A special thanks to the Iowa Sports Information Office for its assistance with photos. This book was printed by Southern Printing Company of Blacksburg, Va.

Virginia Tech does not discriminate against employees, students, or applicants on the basis of race, color, sex, sexual orientation, disability, age, veteran status, national origin, religion, or political affiliation. Anyone having questions concerning discrimination should contact the Equal Opportunity and Affirmative Action Office at (540) 231-7500.

THE 2005-06 HOKIES

Name	Wt.	Year	Hometown	High School	Other	2004-05	Career Record
Eddie Baughan	174	Fr.	Potomac, Md.	Quince Orchard		N/A	N/A
Jon Bonilla-Bowman	157	Fr.	Pomona, N.Y.	Ramapo		N/A	N/A
Steve Borja	184	Sr.	Bowmansville, Pa.	Garden Spot		33-10	59-38
Jay Borschel	174	Fr.	Marion, Iowa	Linn-Mar		N/A	N/A
Mark Czarny	165	Fr.	Springfield, N.J.	Seton Hall Prep		N/A	N/A
Mike Faust	285	r-Sr.-TR	Baltimore, Md.	Gillman Prep	Univ. of Pennsylvania	30-7	63-36
David Hoffman	133/141	r-Sr.	Spring City, Pa.	Hill School		33-7	85-22
Dave Kiley	157	Fr.	Howell, N.J.	Brick Memorial		N/A	N/A
John Laboranti	197	r-Fr.	Pittston, Pa.	Pittston Area		0-0	0-0
Dan LeClere	141	Fr.	Coggin, Iowa	North-Linn		N/A	N/A
T.H. Leet	165/174	Fr.	Atlanta, Ga.	The Westminster Schools		N/A	N/A
Mark Logan	285	Fr.	Woodbridge, Va.	Gar-Field		N/A	N/A
Brent Metcalf	149/157	Fr.	Davison, Mich.	Davison		N/A	N/A
Sheridan Moran	133	Fr.	Lafayette, La.	Lafayette		N/A	N/A
Kevin O'Connor	184/197	Fr.	Woodbine, Va.	Mt. Saint Joseph		N/A	N/A
Anton Prater	125	Fr.	Marietta, Ga.	McEachern		N/A	N/A
Tyde Prater	149	r-Jr.	Grundy, Va.	Grundy		19-12	27-23
Joe Slaton	133	Fr.	Cedar Rapids, Iowa	Kennedy		N/A	N/A
Christian Smith	125	r-So.-TR	Chesapeake, Va.	Western Branch	Duke University	12-5	42-17
Justin Staylor	125	So.	Chesapeake, Va.	Great Bridge		26-11	26-11
Joe Thompson	125	Jr.	Roanoke, Va.	Northside		0-0	3-5
Matt Woods	184/197	Fr.	Blacksburg, Va.	Blacksburg		N/A	N/A

Head Coach: Tom Brands (2nd season) • University of Iowa, 1992 • 16-4 Overall, 5-0 ACC

Assistant Coach: Wes Hand (4th season) • University of Iowa, 2001

Assistant Coach: Doug Schwab (2nd season) • University of Iowa, 2001

Volunteer Assistant: Lee Fullhart (2nd season) • University of Iowa

Trainer: Jesse Donnenwerth (4th season) • University of Iowa, 2002

Hokies by States

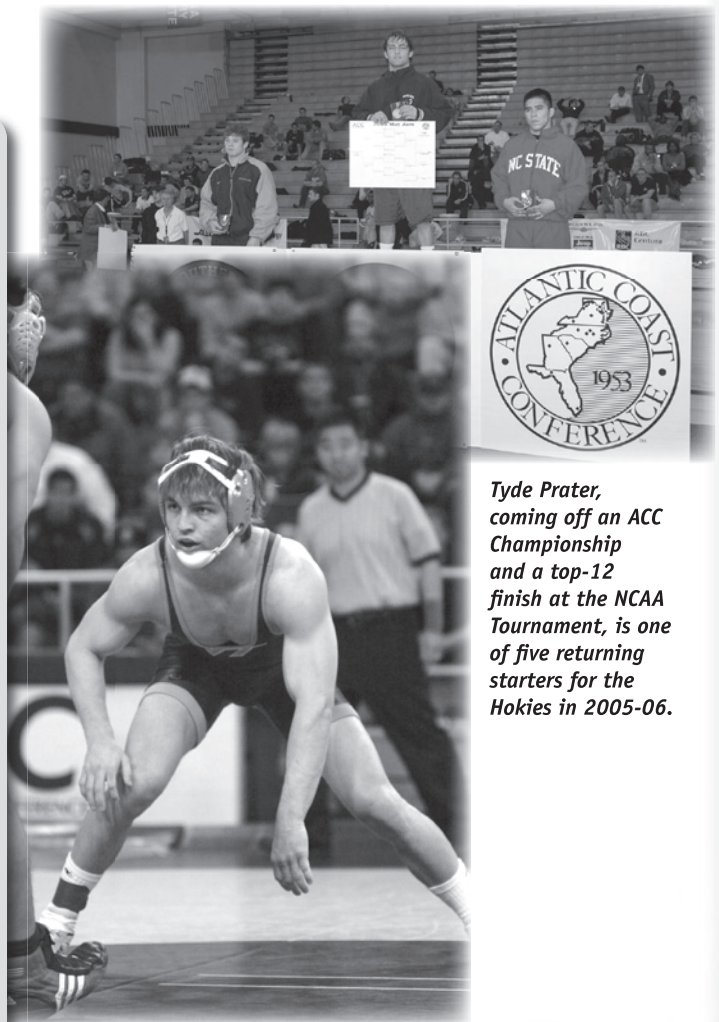
Virginia	7
Iowa	3
Pennsylvania	3
Georgia	2
Maryland	2
New Jersey	2
Louisiana	1
Michigan	1
New York	1

Hokies by Class

Seniors.....	3
Juniors.....	2
Sophomores	2
Freshmen.....	15

Pronunciation Guide

Eddie BAUGHAN.....	Bawn
Jon BONILLA-Bowman	Bo-NEE-uh
Steve BORJA	BOR-juh
Jay BORSCHEL	BOR-shul
Mark CZARNY	CHAR-nee
Mike FAUST	FOWST
John LABORANTI	lab-or-AN-tee
Daniel LeCLERE	Luh-CLARE
Sheridan MORAN	more-AN
Anton PRATER	PRAY-tur
TYDE PRATER	Tide PRAY-tur



Tyde Prater, coming off an ACC Championship and a top-12 finish at the NCAA Tournament, is one of five returning starters for the Hokies in 2005-06.

MEDIA INFORMATION

MATCH CREDENTIALS

Home matches are held at Cassell Coliseum and are free of charge. No credentials are needed for entrance. Media interested in attending the matches are encouraged to call the Virginia Tech Sports Information Office for further information.

COACH/PLAYER INTERVIEWS

PLEASE SCHEDULE ALL INTERVIEWS THROUGH THE VIRGINIA TECH SPORTS INFORMATION OFFICE AT (540) 231-3387.

For interviews with head wrestling coach Tom Brands or any of the Hokie wrestlers, please contact **Bryan Johnston** at the Virginia Tech Sports Information Office — (540) 231-3387.

Coach Brands is usually available for interviews between 10 a.m. and 1 p.m., Monday through Thursday. Wrestlers will be available for interviews according to class and practice schedules.

At no time will an athlete's telephone number be released and media are asked not to contact athlete's at home, on their cell phones or via E-mail.

POST-MATCH INTERVIEWS

Coach Brands and wrestlers will be available after matches following a short cool-down period. Please make all requests for interviews with Bryan Johnston at the mat-side scorer's table.

MATCH RESULTS

Match results will be available immediately following the conclusion of the match, and will also be faxed to the opposing team's sports information office. Media can access the statistics either in the sports information office or via the Internet. Log onto the official Web site for Tech athletics, www.hokiesports.com, for complete results, stats, bios and stories.

LIVE STATS AND BROADCASTS

Fans and media can keep up with the Hokies via the Internet with live stats. At all home matches up-to-the-minute team scores, individual scores and match updates are available by clicking on the live stats link on Tech's athletics homepage. Once again this year, audio broadcasts for several matches can be found on hokietv.com. Jerry Massey will call the matches, providing fans another option to keep up with the Hokies.

MEDIA OUTLETS

	Phone	Fax
Associated Press	804-643-6646	804-643-6223
Collegiate Times	540-231-9865	540-231-5057
Richmond Times-Dispatch	804-649-6445	804-775-8085
Roanoke Times	540-981-3221	540-981-3392
WDBJ-7 (Roanoke, CBS)	540-985-3623	540-343-7269
WSLS-10 (Roanoke, NBC)	540-981-9126	540-343-2059

SPORTS INFORMATION



Bryan Johnston
Assistant Sports Information Director

Bryan Johnston is in his seventh year with the Virginia Tech Athletics Department and his sixth with the Hokie wrestling team.

He became a full-time employee at Virginia Tech after serving as an intern in the sports information office during the 1999-2000 school year.

As the SID for wrestling, Johnston oversees the scorer's table at home matches, supervising the official book, live stats, the scoreboard and riding time, as well as the announcer. On the road, he keeps the Web site and team stats updated. Johnston also serves as the SID for the Hokie football and softball teams.

A native of Chesapeake, Va., Johnston is a 1999 graduate of the University of South Carolina with a degree in sport administration.

Virginia Tech Sports Information Office

460 Jamerson Athletic Center
Blacksburg, VA 24061

Office Phone: (540) 231-3387

Home Phone: (540) 392-1994

E-Mail Address: blj@vt.edu

Assistant Contact: Brooke Frederickson

Office Phone: (540) 231-2228

Web Site: www.hokiesports.com/wrestling

Live Stats: www.hokiesports.com/wrestling/live

DIRECTIONS TO BLACKSBURG

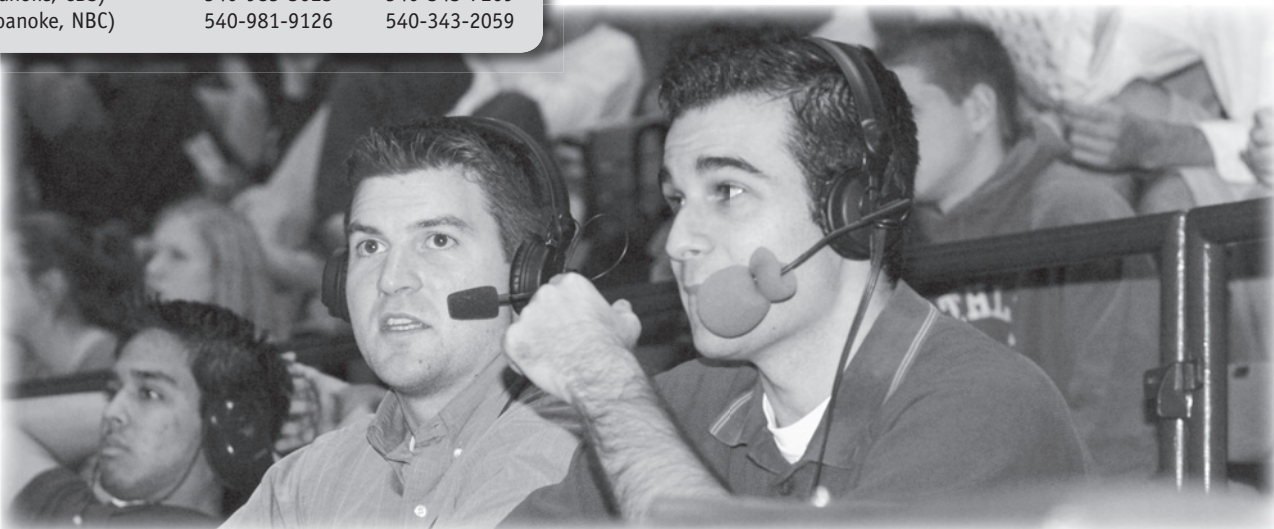
From the north or east, take Interstate 81 south to exit 118B, following US 460 west to Blacksburg.

From the south, take Interstate 81 north to exit 118B, following US 460 west to Blacksburg.

From West Virginia, take Interstate 77 south (West Virginia Turnpike) to exit 9. Exit and turn left onto 460 east. Follow 460 east to Blacksburg.

Once in Blacksburg, use the 460 bypass around the downtown area. Follow 460 to the signal at Southgate Drive (Va. 314). Turn onto campus, and proceed one-half mile on Southgate Drive. Turn left onto Spring Road, just before the football stadium. Passing Lane Stadium, Cassell Coliseum will then be on the right, with a large parking lot on your left, across the street from the venue. **Admission is free to all Tech wrestling matches.**

Most of Virginia Tech's matches were broadcast on hokiesports.com last year, providing fans another way to keep up with the Hokies.



MEET THE COACHES



Tom BRANDS

**Head Coach
Second Season
University of Iowa (1992)**

A new era in Virginia Tech wrestling began on June 9, 2004 when three-time NCAA national champion and 1996 Olympic gold medalist Tom Brands was introduced as the new head coach of the Hokie wrestling program.

In his first season, he led the Hokies to an Atlantic Coast Conference dual meet title, a school record for dual meet wins with 16, had a school-record five wrestlers qualify for the NCAA Championships and brought in one of the nation's top recruiting classes.

At the 2005 NCAA Championships, he was one of just 15 wrestlers to be named to the NCAA 75th Anniversary Wrestling Team, honoring the best grapplers in the history of college wrestling.

Brands became the 11th man to lead the Tech program since its inception in 1920. He came to Blacksburg after spending 12 years as an assistant coach at the University of Iowa, his alma mater. While an assistant coach at Iowa, Brands helped the Hawkeyes win seven NCAA team titles and had 23 Iowa wrestlers crowned as individual national champions.

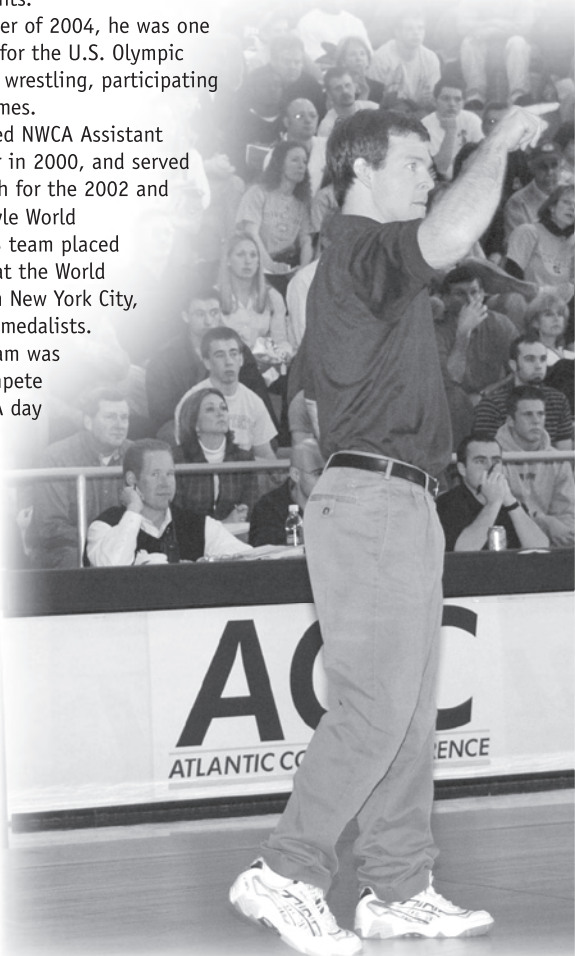
The Sheldon, Iowa, native won the 1996 Olympic freestyle 136.5-pound gold medal in Atlanta, Ga. There, he outscored four Olympic opponents 19-1 and beat Korea's Jae Sung Jang 7-0 in the gold medal match.

He also won a gold medal at the 1993 World Freestyle Championships in Toronto, Canada. Between 1993 and 1996, Brands was the top U.S. wrestler at his weight class and represented the United States in numerous major international events.

In the summer of 2004, he was one of three coaches for the U.S. Olympic Team in freestyle wrestling, participating in the Athens Games.

He was named NWCA Assistant Coach of the Year in 2000, and served as assistant coach for the 2002 and 2003 U.S. Freestyle World Teams. That 2003 team placed a strong second at the World Championships in New York City, led by two silver medalists.

The 2002 team was scheduled to compete in Tehran, Iran. A day before the team was



Tom Brands led the Hokies to the ACC Dual Meet title last season and a second-place finish at the Atlantic Coast Conference Championships.

to leave for the competition, the U.S. government contacted USA Wrestling with information about a threat of violence against the team. USA Wrestling decided not to attend the World Championships because of that threat.

Brands was a member of the U.S. coaching staff at the 2001 World Championships, and has coached a number of other U.S. teams in international competition.

He was named the 2002 and 2003 Freestyle Coach of the Year by USA Wrestling and was inducted into the National Wrestling Hall of Fame in 2001.

As a competitor, Brands won two World Cup gold medals (1994 and 1995) and was the 1995 Pan American Games champion. He also claimed four U.S. Nationals titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96).

Along with his twin brother, Terry, he was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 *Amateur Wrestling News* Man of the Year. Terry is the head wrestling coach at the University of Tennessee-Chattanooga.

Brands was a three-time NCAA Division I champion at the University of Iowa, where he wrestled from 1989-92 and was named Outstanding Wrestler of the 1992 NCAA Championships. He was a four-time All-American and three-time Big Ten champion, recording a career mark of 158-7-2, including an undefeated season in 1991, when he went 45-0.

Brands was a two-time placewinner in Class 2-A for Sheldon High and won the state title at 112 pounds in 1987. He finished his prep career with a 109-12 record.

Brands earned his B.S. in physical education from Iowa in 1992. He and his wife, Jeni, have two daughters, Madigan and Kinsee, and a son, Tommy.

THE BRANDS FILE

PERSONAL

Full Name: Thomas Nelson Brands, II
Birthdate: April 9, 1968
Birthplace: Omaha, Neb.

EDUCATION

High School: Sheldon H.S.
College: University of Iowa
(B.S. physical education, 1992)

COLLEGIATE COACHING EXPERIENCE

2004-present: Head Coach, Virginia Tech
1992-04: Assistant Coach, Iowa

Virginia Tech Record: 16-4 (2nd season)

INTERNATIONAL COACHING EXPERIENCE

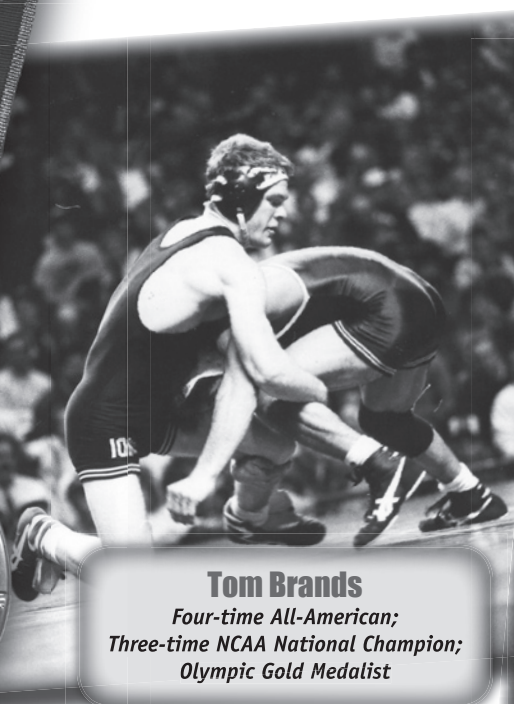
2001: World Championships U.S. Coaching Staff Member
2002: U.S. Freestyle World Team Assistant Coach
2003: U.S. Freestyle World Team Assistant Coach
2004: U.S. Olympic Freestyle Coach for Athens Games

CAREER HIGHLIGHTS

- 1996 Olympic Gold Medalist (136.5 pounds)
- NCAA 75th Anniversary Team member (one of 15 named)
- Three-time NCAA National Champion
- Four-time NCAA All-American
- Three-time Big Ten Champion
- 1993 World Freestyle Championships Gold Medalist
- 1994 and 1995 World Cup Gold Medalist
- 1995 Pan American Games Champion
- 1993-1996 U.S. National Champion
- 2000 NWCA Assistant Coach of the Year
- 2002 and 2003 Freestyle Coach of the Year by USA Wrestling
- 1993 USA Wrestling Athlete of the Year
- 1993 John Smith Outstanding Freestyle Wrestler
- 1993 *Amateur Wrestling News* Man of the Year

VIRGINIA TECH WRESTLING

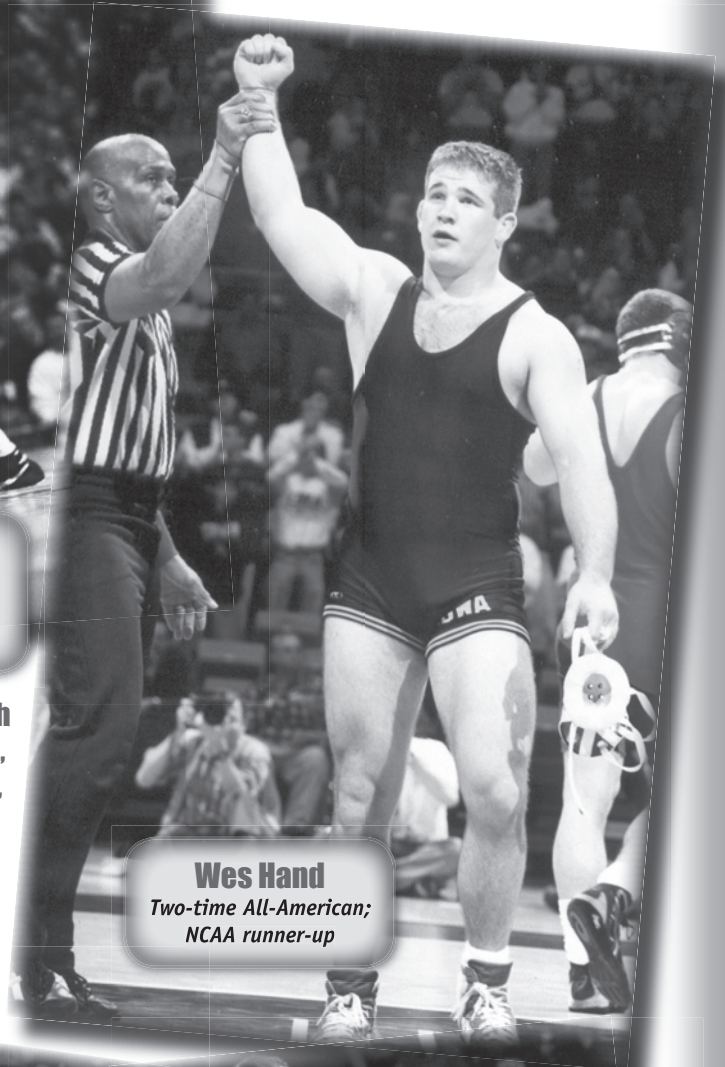
"Champions Coaching Future Champions!"



Tom Brands

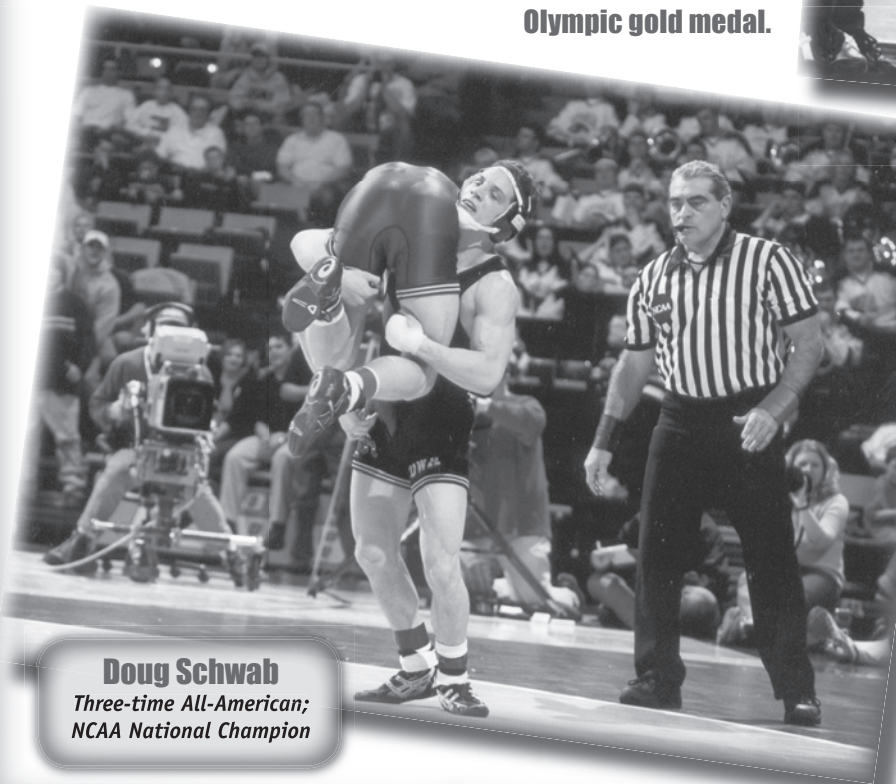
*Four-time All-American;
Three-time NCAA National Champion;
Olympic Gold Medalist*

Head coach Tom Brands, along with assistant coaches Wes Hand and Doug Schwab, as well as volunteer assistant coach Lee Fullhart, bring youth, experience, toughness and success to Virginia Tech wrestling. Between them, they have earned 13 NCAA All-America honors, won five NCAA individual national championships and one Olympic gold medal.



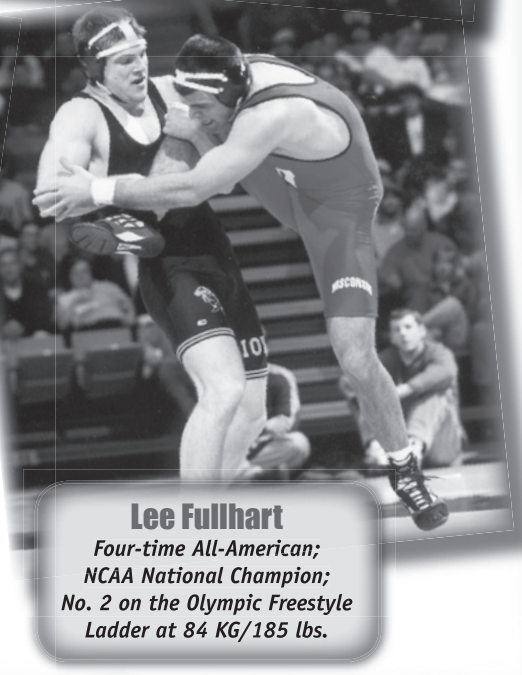
Wes Hand

*Two-time All-American;
NCAA runner-up*



Doug Schwab

*Three-time All-American;
NCAA National Champion*



Lee Fullhart

*Four-time All-American;
NCAA National Champion;
No. 2 on the Olympic Freestyle
Ladder at 84 KG/185 lbs.*



Wes HAND

Assistant Coach
Fourth Season
University of Iowa (2000)

Two-time collegiate All-American Wes Hand begins his fourth year as the top assistant for the Hokie wrestling program. He came to Tech after serving as a volunteer assistant coach for two seasons at the University of Iowa, his alma mater. Last offseason, he trained for the Athens Olympics, winning the 211.5-pound weight class in the freestyle division at the FILA Manitoba Open.

While wrestling at Iowa, Hand recorded a career record of 102-32 with 18 falls while earning four letters. He was a runner-up at heavyweight in 2000 and placed eighth in the country in 1998.

As a senior, during the 2000-01 season, Hand also was the runner-up at the Big Ten Championships, posting a 31-3 season record. He went 17-1 in dual meets and 8-0 in Big Ten duals. Hand won the title at the Midlands Open and the Central Missouri Open. Two of his losses were to eventual national champion Brock Lesnar of Minnesota. He avenged his only other loss to Trent Hynek of Iowa State with an 8-3 victory in the semifinals of the NCAA Championships. He also defeated Lesnar, 5-3, in the final dual match of his career. In addition, he was the winner of the Mike Howard Most Valuable Wrestler Award at Iowa.

As a junior, in 1999-2000, Hand placed eighth at the Big Ten Championships. He posted a 27-7 season record, going 9-2 in dual meets. He was 3-2 in Big Ten duals, but missed the last nine dual meets of the season due to an ankle injury. Hand started the season strong, winning his first 19 matches. He also scored four major decisions and three technical falls during the season and won the Team Contribution Award.

In the 1998-99 season, Hand earned his first All-America honors after placing eighth at the NCAA Meet. He placed fourth at the Big Ten Meet and won the title at the Northern Iowa Open. For the season, he posted a record of 23-12, 10-6 in dual matches, with two pins.

As a redshirt freshman in 1997-98, he placed seventh at the Big Ten Championships. His season record was 21-9 with three pins and he placed fourth at the Midlands Championships, winning five consecutive wrestleback matches. That year, he won a 3-2 decision over Iowa State's Trent Hynek to seal a 20-18 Hawkeye dual victory in Ames. For his effort, he won the Team Contribution award.

In 1996-97, Hand redshirted. He recorded a 6-4 mark with three falls while wrestling unattached.

At South Tama High School, Hand was a second-team All-American and first-team all-state as a senior. He compiled a career record of 163-16 with 87 falls. As a senior, he was a state champion, posting a 44-0 mark with 32 pins. He also won the Junior Nationals title as a senior. Hand also lettered in football and was an honor roll member.

A native of Tama, Iowa, Hand, 27, graduated from the University of Iowa in 2000 with a B.S. in health, leisure and sport studies.

THE HAND FILE

PERSONAL

Full Name: Wesley Alan Hand
Birthdate: July 8, 1976
Birthplace: Grinnell, Iowa

EDUCATION

High School: South Tama H.S.
College: Iowa (B.S. health, leisure and sport studies, 2000)

COLLEGIATE COACHING EXPERIENCE

2002-present: Assistant Coach, Virginia Tech
2000-02: Volunteer Assistant Coach, Iowa

CAREER HIGHLIGHTS

- 2001 NCAA runner-up at heavyweight
- Two-time NCAA All-American
- 2004 211.5-pound freestyle champion at the FILA Manitoba Open



Doug SCHWAB

Assistant Coach
Second Season
University of Iowa (2001)

Three-time collegiate All-American and 1999 national champion Doug Schwab is in his second year as the No. 2 assistant on the Virginia Tech wrestling staff.

Schwab, a three-time Big Ten champion, joined Tom Brands and Wes Hand as former Hawkeyes on the Hokie staff. Schwab was a part of three national championship teams, including the 2000 team which featured Hand as its heavyweight and Brands as the team's assistant coach.

As a 141-pounder, the Osage, Iowa, native placed third in 2000 and was the runner-up in 2001. He finished his collegiate career with 130 wins, 10th-best all-time at Iowa and lettered from 1998-2001.

He remains active in the competitive wrestling world, training and competing with the Gator wrestling club. He won the 2003 Sunkist Kids International Open at 145.5 pounds in October, earning Outstanding Wrestler honors in the freestyle event. Last winter, he won the 145-pound division of Real Pro Wrestling, earning Outstanding Wrestler honors as part of the champion Iowa Stalkers team.

Schwab is a 2001 graduate of the University of Iowa with a degree in communications. He has been working toward his Master's degree in kinesiology/sport management at the University of Minnesota.

THE SCHWAB FILE

PERSONAL

Full Name: Douglas William Schwab
Birthdate: August 3, 1977
Birthplace: Osage, Iowa

EDUCATION

High School: Osage H.S.
College: Iowa (B.S. communications, 2001)

COLLEGIATE COACHING EXPERIENCE

2004-present: Assistant Coach, Virginia Tech

CAREER HIGHLIGHTS

- 1999 NCAA Champion
- Three-time NCAA All-American
- Three-time Big Ten Champion
- Real Pro Wrestling national champion and outstanding wrestler (2005)



Lee FULLHART

Volunteer Assistant
Second Season
University of Iowa

Four-time collegiate All-American and two-time national champion Lee Fullhart is in his second year as a volunteer assistant coach with the Virginia Tech wrestling staff.

Fullhart remains active in the competitive wrestling world and is ranked No. 2 on the U.S. Olympic ladder at 84kgs/185 lbs.

Fullhart, who starred at the University of Iowa, trains with the upper weight classes at Virginia Tech.

2005-06 PREVIEW

In his first year as head coach, all Tom Brands did was win a school-record 16 dual matches, an ACC dual meet title, send a school-record five wrestlers to the NCAA Championships and bring in the No. 2 recruiting class in the country.

Those who think Brands is on a five-year plan better change their opinion. Brands wants to win now, and sees no reason why that can't be accomplished in Blacksburg.

Heading into his second season with the Hokies, he has already sent waves throughout the wrestling community by signing some of the best prospects in the nation and turning the Hokies already on the team into tough, aggressive grapplers capable of competing with anyone in the country.

Brands returns five starters from last year's 16-4 team and has 15 newcomers ready to contribute, although not all will. While not definite, many of his prized recruits from last year's class will likely redshirt, setting the table for an exciting 2006-07 campaign.

But that's a year away. This season, Tech will tackle another tough out-of-conference schedule, six ACC foes and participate in some of the top tournaments around. While the goal is to win national championships and produce All-Americans, an ACC title and a top-20 finish at the NCAAs aren't out of the question this year.

Here's a look at each weight class and who figures to help out this season:

125 Justin Staylor returns after a successful freshman campaign. The Great Bridge High product went 26-11 overall and 5-0 in the ACC last year, picking up 13 wins by fall. He placed second at the ACC Championships and is looking to improve on that performance. Tech got a break when 2004 ACC Champion Christian Smith transferred from Duke to Tech. He missed most of last year with a shoulder injury, but should be back to 100 percent this year. Smith totes a 42-17 career record heading into this year.

"Both of them help us and give us depth here," Brands said. "It'll be up to them to decide who wrestles here. Smith is coming off a knee surgery, but Staylor has looked good in the practice room."

133 Look for either Smith or Staylor to bump up to this spot. Redshirt senior David Hoffman is a three-year starter at this class and will certify at 133, but will likely go at 141 this year. One of Tech's big Iowa signees, Joe Slaton, is likely to redshirt this season. Another option here is Sheridan Moran, who won a Louisiana state championship.

"We have a lot of options in the lower weights because we have some holes to fill," Brands said. "We'll try some different lineups early and make some determinations as we get into our dual schedule."

141 A bit of a question mark, the 141-pound class provides several options for Brands. Three-time NCAA qualifier David Hoffman is back once again but looks to bump up this year. He led Tech with 15 pins last year, tying the school record, and went 33-7 on the season. The Pennsylvania native was ranked in the top 15 most of last year and should enter the season there once again. Look for Dan LeClere, from Iowa, to compete in open tournaments, but to eventually redshirt if all goes according to plan.

149 One of the top battles for playing time will come at this spot as defending ACC Champion Tyde Prater will receive stiff competition from the No. 1 high school recruit in the country from last year in Brent Metcalf. Prater went 19-12 on the season overall and 4-1 in the ACC, qualifying for the NCAAs and finishing one round away from All-America status. Metcalf is the most-hyped wrestler to enter the program and could make an instant impact on the national scene. There's still a chance Metcalf could redshirt, but that will be determined as the season moves along. Look for his performances as an unattached wrestler in the first two open tournaments to go a long way in determining whether he redshirts or not.

"Those two will sort it out on the mat, but Tyde is coming back from knee surgery," Brands said. "I think we're finally getting over the hump with him and we'll let them go at it to see who starts."

157 The loser of the 149-pound wrestle-off could move up to here, if Metcalf doesn't redshirt, but it's not the best scenario. Metcalf isn't physically ready to bump up to this weight, but it might be necessary to bump up the No. 2 at 149 to 157 pounds.

"We're going to watch Metcalf at the first couple of open tournaments, especially out in Omaha, and see how he competes," Brands said. "We know he wants to go, we just have to see if he's physically ready to compete at this level."

Another walk-on, Dave Kiley, could see action here, but it will be a constant battle throughout the season to see who wins the starting spot. Jon Bonilla-Bowman, a quality walk-on, will look to redshirt.

165 This class is one of a couple with big holes to fill. Tech could receive some help in the second semester, but will have to go by committee through December. Mark Czarny is a walk-on who will battle for mat time at this weight class.

174 This is the other class that has a question mark, but is another class that could receive some help in the second semester. T.H. Leet had a brilliant prep career in Georgia and will look to help out here or 165 pounds. Look for Eddie Baughan, a walk-on from Maryland, to pitch in and help in the meantime. Tech's third Iowa signee, Jay Borschel, has been impressive in the preseason, but will likely redshirt.

184 Steve Borja is back for his senior year and is looking to qualify for the NCAA Championships once again. Last year, he went 33-10 with 12 falls and placed third at the ACC Championships, earning a wild card berth. He is firmly entrenched as the starter at this spot and is earning preseason national rankings.

"He's one of those guys who we can push all we want, but until he's receptive to what we're doing, we're going to struggle there," Brands said. "I liked what I saw out of him last spring, but he needs to continue to buy into what we're teaching. Time's running out for him and hopefully he gets on board here soon."

197 John Laboranti is coming off a redshirt year and is expected to thrive in moving down from heavyweight to 197. Every day in practice, he goes against NCAA champion Lee Fullhart, NCAA runner-up Wes Hand and nationally-ranked Mike Faust, which can only make him better for when he steps on the mat for real.

"At the end of the day, I think he feels he's getting better," Brands said. "He's done a good job with the essentials and he's done a good job with his weight control. Terry Mitchell [Tech's strength and conditioning coach for wrestling] says he's gained strength and that's a huge positive. We have to have him. This is a critical weight class and he has to perform for us."

HWT Senior transfer Mike Faust made quite a splash last year after coming in from the University of Pennsylvania. He won the ACC title and qualified for the NCAA Championships. He went 30-7 last year, but is looking for much more his final go around. Freshman Mark Logan could also lend a hand here if needed, and will compete in tournaments.

"It's up to him how good he's going to be," Brands said about Faust. "He needs to quit going out there and making it close. He can beat anybody or be beaten by anybody. If he can open it up just a little bit more, things will change for the better for him."

The Hokies will open with several tournaments before competing in several non-conference dual meets, all before Christmas. After that, the Virginia Duals, along with six ACC meets, will highlight the competition. But Brands has his guys training to peak in March around the ACC and NCAA Championships.

"Regardless of our schedule, we try to bring guys around so they're at their best in March," Brands said. "I don't think we were at our best in March last year. I think we came out of the gate fast, but we have to look to finish stronger this year. We're looking to take 10 guys to the NCAA Championships this and every year. We shoot for the moon in everything we do."

MEET THE HOKIES



Eddie BAUGHAN

174 • Freshman
Potomac, Md.
Quince Orchard H.S.

High School: Lettered four times for Coach Joe Hawkins at Quince Orchard High ... Was the Maryland state champion his senior season ... Also won the regional and county championship his final year.

Personal: Edward Thomas Baughan was born August 22, 1987 ... The son of Tom and Cindy Baughan ... Brother, Frank, wrestles at West Point ... Enrolled in university studies.



Jon BONILLA-BOWMAN

157 • Freshman
Pomona, N.Y.
Ramapo H.S.

High School: Earned All-America honors with a seventh-place finish at the 2005 High School National Championships ... Was a three-time high school All-American ... Was a two-time gold medal winner at New York State Empire Games scholastic division, at 156 and 145 pounds ... Was a six-year letterwinner at Ramapo High School for head coach Tom Canty ... Was a three-year captain at Ramapo, finishing with a 125-10 career record, 73 wins by fall ... As a senior, placed third at the NYS Large School Championships, first at sectionals at 152 pounds ... Also won four tournaments his final prep year ... Placed fourth at 145 pounds as a junior at the NYS Championships, also winning sectionals and six individual tournaments ... Won sectionals as a sophomore and five individual tournaments ... Was the goalkeeper for the Ramapo men's soccer team ... Member of the Honor Roll and Principal's List as a senior.

Personal: Jonathan Luis Bonilla-Bowman was born November 18, 1986 in Nicaragua ... The son of Luis Bonilla and Carol Bowman ... Also an accomplished musician, winning the NYS Art Teacher's Association Award for his work with drums, guitar and song writing ... Enrolled in university studies.



Steve BORJA

184 • Senior
Bowmansville, Pa.
Garden Spot H.S.

2004-05: Had a breakout season, thriving under new head coach Tom Brands for a career-high 33-10 overall record and his first trip to the NCAA Tournament ... Opened the season with eight-straight wins, five by fall ... Finished the regular season riding a nine-match winning streak, including three major decisions and two falls ... Set a new career high with 17 dual match victories ... Scored a career-high 74 dual points for Tech finishing 17-3 in dual matches ... Finished the Atlantic Coast Conference regular season undefeated with a 5-0 record, scoring a team-high 20 points ... In ACC dual matches, recorded two major decisions and one fall ... Was runner-up at the ACC Tournament, receiving an at-large bid to his first NCAA Tournament ... Went 1-2 at the NCAAs ... Recorded a career-high 12 falls, third-highest on the squad ... Fastest pin was in 1:22 against Jeremy State of Anderson in a dual match ... Totaled four first-period falls ... Was second on the team with six major decision victories and recorded one technical fall ... Took second at the Navy Classic, third at the Southern Scuffle and fourth at the Carolina-Irwin Open.

2003-04: Went 18-17 on the season, recording a 9-9 mark in dual meets ... Went 2-5 in EWL action ... Had one major decision and four falls ... Placed sixth at 174 pounds at the Keystone Classic ... Earned 40 points for the team in dual meets and 12 points in conference action.

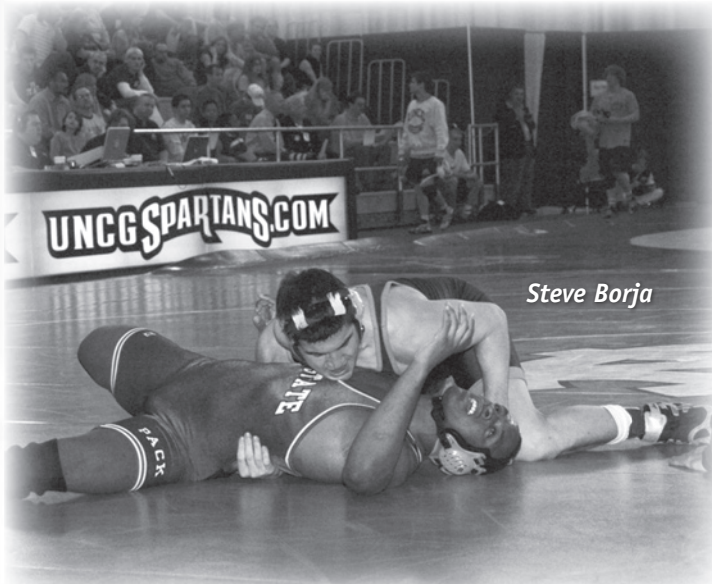
2002-03: Posted an 8-11 overall mark as a true freshman ... Wrestled mostly at 174 pounds, but saw action in two matches at 184 pounds ... Went 4-7 in dual meets and 5-5 in EWL matches ... Had one technical fall, coming against Jack Fleming of Princeton at the PSU Open ... Earned 12 team points in dual meets and nine in EWL meets ... Placed sixth at the EWL Tournament.

High School: Earned four varsity letters at Garden Spot High School for Coaches Steve Borja and Ray Kahler ... Was the state runner-up as a junior ... Won the state championship in his senior season ... Twice named the league wrestler of the year ... A two-time regional champion ... Also lettered in baseball for three years ... A three-time section all-star ... Garnered most valuable player honors at the 2001 Keystone Games ... Named the outstanding senior athlete.

Personal: Steven Thomas Borja, Jr., was born December 2, 1983 in Reading, PA ... The son of Steve and Cheryl Borja ... Father was a two-time wrestling All-American at Division III Lycoming College and is currently a wrestling coach at Garden Spot High School ... Majoring in human nutrition, foods and exercise.

Borja's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2002-03	8-11	4-7	5-5	0	1	0	—	12
2003-04	18-17	9-9	2-5	1	0	4	2:43	40
2004-05	33-10	17-3	5-0	6	1	12	1:22	74
Totals	59-38	30-19	12-10	7	2	16	1:22	126



Steve Borja



Jay BORSCHEL

174 • Freshman
Marion, Iowa
Linn-Marr H.S.

High School: Lettered four times for Coach Doug Streicher at Linn-Mar High ... A four-time Iowa state champion at the 3A level, becoming one of just 16 Iowa wrestlers ever to win four state titles ... Posted a career record of 163-1 with 95 falls in four years ... Was named Co-Outstanding Wrestler at the state meet his senior year ... Earned All-America honors with a fourth-place finish at the 2005 High School National Championships ... Won four state titles at four different classes: 103 pounds as a freshman, 125 pounds as a sophomore, 152 pounds as a junior and 171 pounds as a senior ... This marks the greatest span of weight classes covered by any four-time Iowa state wrestling champion ... Named the 2005 Linn County Athlete of the Year ... *The Gazette's* 2005 Male Athlete of the Year ... A three-time Mississippi Valley Conference champion and two-time outstanding wrestler at the conference meet ... A four-time Mississippi Valley first-team all-conference selection ... Named Metro Wrestler of the Year four times by *The Gazette* ... Named to the conference all-academic team his junior and senior years ... Named a 2005 All-American by *USA Wrestling* ... The 2003 *Intermat* National Sophomore of the Year ... A 2004 ASICS honorable mention All-America selection ... Won the 2005 Wally Prather/Linn-Marr High School Athletic Spirit Award ... Named to *Wrestling USA Magazine's* Scholastic All-American team.

Personal: James Jay Borschel III was born September 19, 1986 in Macomb, IL ... The son of Jim and Carol and Borschel ... Majoring in biochemistry.



Mark CZARNY

165 • Freshman
Springfield, N.J.
Seton Hall Prep

High School: A four-time letterwinner for Coach Dino DeBellonia at Seton Hall Prep ... A two-time district placewinner, earning runner-up honors once ... A Region III placewinner ... Was the Essex County champion and Morris Knolls Christmas Tournament champion ... Earned first-team all-conference honors.

Personal: Mark Orest Czarny was born April 4, 1987 in Princeton, NJ ... The son of Maria and Jerzy Czarny ... Enrolled in university studies.

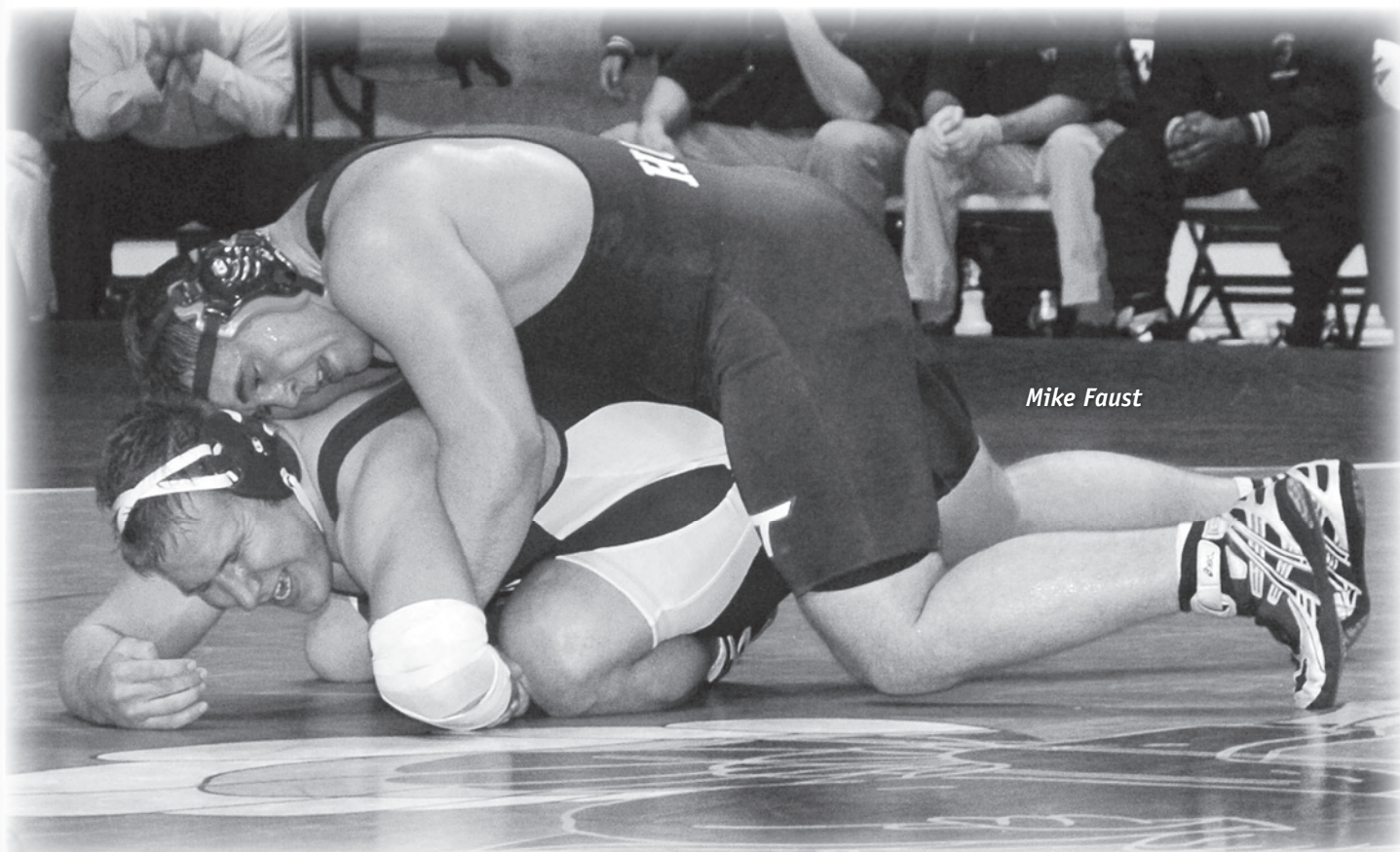


Mike FAUST

285 • Senior-Transfer
Baltimore, Md.
Gilman Prep
(Univ. of Pennsylvania)

2004-05: Brought stability and leadership to the upper weights in his first year at Tech ... The 2005 Atlantic Coast Champion at heavyweight, earning his first NCAA Championship bid ... Tied the

continued



Mike Faust

school's all-time record for dual wins in a season with 19-1 overall record ... Finished third on the team with a 30-5 overall record ... Named to the *ESPN The Magazine* Academic All-District III Men's At-Large Second-Team, as well as to the National Wrestling Coaches Association's 2005 All-Academic Team ... Went 0-2 at the NCAA Championships ... Scored 72 team points in dual matches, third-highest total on the team ... Finished the ACC regular season with an undefeated 5-0 record, totaling 18 team points ... During the regular season, was 7-0 against all ACC competition in duals and tournaments ... Won 20 out of his first 21 matches in his first season at Tech ... Wrestled nine matches to extra periods, winning seven ... His four major decision victories ranked third on the team ... Also recorded two falls ... Fastest fall was 1:22 overall Josh Pnebe of Navy, in the first round of the Navy Classic, where he took third place ... Claimed the title at the Carolina-Irwin Open and sixth place at the Southern Scuffle.

2003-04: Did not compete, taking an Olympic redshirt to train for the Athens Games ... Qualified for the trials by winning the Central Regional Qualifier in Laramie, WY ... Defeated Jason Still of Wyoming, 3-1, in the gold medal match at 120 kgs (264.5 lbs.).

2002-03: Did not compete, taking a leave of absence from the University of Pennsylvania.

2001-02: Improved career record at the University of Pennsylvania to 33-28 after finishing sophomore season at 19-14 ... Dropped down to wrestle at 197 pounds ... Won the Cowboy Open and placed second at the Penn State Open ... Finished sixth at the EIWA's ... Received honorable mention All-Ivy.

2000-01: Went 13-14 overall, wrestling at the heavyweight spot for the Quakers ... Placed fifth at the EIWA Championships ... Finished second at the Keystone Classic ... Named first-team All-Ivy ... Was an Academic All-America honorable mention selection, with an impressive GPA in the prestigious Wharton business school.

International: Placed sixth at the U.S. Open and fifth at the 2004 U.S. World team trials ... Was an All-American (sixth) at University Nationals in Freestyle ... Was a double All-American at Junior world team trials (second in Greco) and a member of the All-American tour that wrestled in Bulgaria and France ... 2000 Junior National Greco Roman and Freestyle National Champion.

High School: A four-year letterwinner in both football and wrestling ... Was a two-time national prep school champion ... Was a two-time Winter Nationals champion ... Received All-Metro (three times), all-city, and all-state honors ... Ranked as No. 1 senior heavyweight in the country in 1999 ... Was a first-team All-American at heavyweight as a senior in 2000 after winning two National Prep championships and both the Junior National Freestyle and Greco-Roman titles ... Was 92-1 with 62 falls in his last two years at Gilman Prep and 136-4 overall as a prep heavyweight, winning two Beast of the East titles ... Won three state titles and two ASICS Juniors titles ... Was also first-team all-state in football ... Club team was DSWC, where he was coached by Chris Horpel ... Went undefeated his senior year of high school in wrestling, football and lacrosse.

Personal: Michael John Faust was born November 15, 1981 in Baltimore, MD ... The son of Cheryl and Mike Faust ... Enrolled in management.

Faust's Career Stats (first two seasons wrestled at Penn)

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Pts.
2000-01	13-14	6-7	4-1	0	0	2	N/A
2001-02	19-14	6-8	3-3	2	0	1	N/A
2002-03	Did not compete						
2003-04	Did not compete						
2004-05	30-7	19-1	5-0	4	0	2	72
Totals	62-35	31-16	12-4	6	0	5	72



David Hoffman



David HOFFMAN

133/141 • r-Senior
Spring City, Pa.
The Hill School

2004-05: Flourished under first-year head coach Tom Brands' aggressive tutelage, tying Tech's single-season record with 15 wins by fall ... Was runner-up at the Atlantic Coast Conference Tournament at 133 pounds, receiving an at-large bid from ACC coaches ... Went 1-2 at 2005 NCAA Championships ... Defeated Big Ten 133-pound champion Mack Reiter of Minnesota, in a 7-4 decision ... Finished with a career-high 33 victories in 2005, going 33-7 overall ... Finished the regular season 18-2 in dual matches, 4-1 in ACC matches ... Led team with a career-high 89 points in dual matches and 20 points in ACC contests ... His 18 dual victories ranks second all-time at Virginia Tech for a single-season ... Went 8-1 overall against ACC opponents, four wins by fall, two by major decision ... Led team with two technical falls, second among Hokie grapplers with six major decision victories ... Opened the season with eight straight victories, five by fall, two by technical fall ... Claimed two upset victories by pinning No. 12-ranked T.J. Enright of Ohio State and defeating then No. 6-ranked Reiter, 7-4 ... Also defeated No. 14-ranked Evan Sola of North Carolina, 7-3, at the Southern Scuffle ... Fastest fall was 34-second pin of Nick DiCarlo of Anderson on Nov. 13 in a dual match ... Took first place at the Carolina-Irwin Open, second at the Navy Classic and third at the Southern Scuffle.

2003-04: Showed no rust after taking a year off from the mats ... Qualified for his second NCAA Championships with a second-place finish at 133 pounds at the EWL Tournament ... Went 23-5 on the season, maintaining a constant spot in the top 25 polls ... Went 13-0 in dual meets and 4-0 in EWL action ... Had a team-high seven major decisions ... Also had one technical fall and five pins ... Earned 56 team points in dual meet action and 17 in EWL meets ... Won the 133-pound class at the Keystone Classic ... Went 3-2 at the NCAA Championships, coming one round away from All-America status ... Defeated Don Fisch (Rider), Brandon Strong (Air Force) and Patrick Dowty (Eastern Illinois) at the Championships.

2002-03: Was redshirted.

2001-02: Came in with high expectations and didn't disappoint ... Went 29-10, earning Freshman All-America honors from *Amateur Wrestling News* ... Qualified for the NCAA Championships, where he won two matches ... Eliminated 12th-seeded Rad Martinez of Clarion before knocking out Chris Spaeller of Lock Haven ... Went 12-3 in dual meet action and 4-3 in EWL meets ... Recorded 10 falls, two major decisions and two technical falls ... Earned 58 points for the Hokies in dual meets and 18 in EWL action ... Took first at the Virginia State Championships, third at the Navy Classic, fifth at the Penn State Open and sixth at the EWL Tournament ... Picked up big wins during the season, pinning nationally-ranked Cory Ace of Edinboro University and Shawn Amistade of Pittsburgh ... Was ranked as high as 17th at one point during the season by *InterMat Wrestling*.

High School: Lettered five times at The Hill School for Coach Tom Hutchinson ... Was a five-time Pennsylvania prep state champion ... Had a 195-17 career record ... Also finished as the runner-up one year and in third place another year at the prep national championships.

Personal: David Allan Hoffman was born August 18, 1982 in Bryn Mawr, PA ... The son of Steve and Donna Hoffman ... Majoring in physical education.

Hoffman's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2001-02	29-10	12-3	4-3	2	2	10	1:20	58
2002-03	Was redshirted							
2003-04	23-5	13-0	4-0	7	1	5	1:45	56
2004-05	33-7	18-2	4-1	6	2	15	:34	89
Totals	85-22	43-5	12-4	14	5	30	:34	203



Dave KILEY

157 • Freshman
Howell, N.J.
Brick Memorial H.S.

High School: Lettered four times for Coaches Dean Albanese and Tony Carravella at Brick Memorial High ... Was the District 23 champion and Region 6 runner-up ... Finished eighth at the state meet ... A two-time state freestyle champion and one-time runner-up.

Personal: David Alfred Kiley II was born September 7, 1987 ... The son of Dave and Karen Kiley ... Enrolled in university studies.



John LABORANTI

197 • r-Freshman
Pittston, Pa.
Pittston Area H.S.

2004-05: Did not see any action with the varsity squad while taking a redshirt year ... Competed in open tournaments.

Junior Competition: Placed second at 2005 U.S. FILA Junior Nationals in Las Vegas, NV, at 96 kg ... Fell to Brandon Halsey of Bakersfield, CA, by a 2-0, 2-0 decision ... Was unseeded in the competition and finished 3-1.

High School: Lettered four times at Pittston Area High for Coach Matthew Giampetro ... Posted a career record of 123-20 ... Helped lead his team to the district title his senior year ... Placed eighth at the 2003 Freestyle National Championships, earning All-America honors ... Also placed sixth at the Senior National Tournament ... Finished third at the Pennsylvania state meet his senior year and eighth as a junior ... Won the 2003 Tunkhannock Kiwanis Tournament, earning most valuable wrestler honors ... Placed fifth at the 2004 Greco Junior National Championships and sixth at that same event in 2003.

Personal: John Edward Laboranti was born June 22, 1985 in Scranton, PA ... The son of John and Debbie Laboranti ... Has two sisters, Kim and Laura, and a brother, Jason ... Enrolled in university studies.

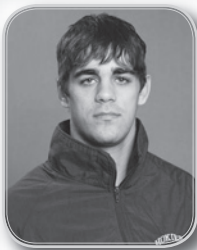


Dan LeCLERE

141 • Freshman
Coggin, Iowa
North-Linn H.S.

High School: Lettered four times for Coaches Brad Bridgewater and Doug LeClere ... Named to *Wrestling USA Magazine's* Scholastic All-American team ... A four-time state champion at North-Linn High School, becoming one of just 16 Iowa wrestlers ever to win four state titles ... Team captain his junior and senior seasons.

Personal: Daniel Robert LeClere was born August 23, 1987 in Anamosa, IA ... The son of Doug and Mary LeClere ... Majoring in biology.



T.H. LEET

**165/174 • Freshman
Atlanta, Ga.
The Westminster Schools**

High School: A three-time NHSCA Academic All-American ... Named honorable mention All-American by *Wrestling USA Magazine* ... Was a three-time Georgia State champion and a four-time state finalist ... Named to the Georgia State Dream Team twice ... Named to *Wrestling USA Magazine's* Scholastic All-American team ... Named the "Wrestler of the Year" by the *Atlanta Journal-Constitution* for two consecutive years ... Won the Senior Athletic Award from The Westminster Schools ... Was the Southeastern U.S. Regional Greco-Roman Champion ... Was a National Prep All-American ... Was also a U.S. Open All-American ... Was ranked in the Top 200 among Intermat.com's senior rankings.

Personal: Theron Henry Leet was born May 23, 1986 in Atlanta, GA ... The son of Alan and Debbie Leet ... Enrolled in university studies.



Mark LOGAN

**285 • Freshman
Woodbridge, Va.
Gar-Field H.S.**

High School: Lettered four times at Gar-Field High in both wrestling and football ... Placed second and fourth in the state meet ... Also won the district title three times and the region championship twice ... Was an all-region and all-district performer on the gridiron.

Personal: Mark Logan, Jr., was born November 3, 1987 in Detroit, MI ... The son of Mark and Vickey Logan ... Majoring in psychology.



Brent METCALF

**149/157 • Freshman
Davison, Mich.
Davison H.S.**

High School: Arguably the No. 1 recruit in the nation in 2005 ... Finished his career 228-0 at Davison High for Coach Roy Hall, with 156 wins by fall ... Won four Michigan state championships and led his team to four consecutive state championships ... Named the 2005 Michigan "Mr. Wrestler" ... Named a second-team ASICS All-American and second-team All-American by *Wrestling USA Magazine* ... Named to *Wrestling USA Magazine's* Scholastic All-America team ... Finished the season as the No. 2-ranked overall recruit by Intermat.com and No. 2-ranked wrestler at 145 pounds by *Amateur Wrestling News* ... Only two losses in four years were to No. 1-ranked Dustin Schlatter of Ohio, who he had beaten previously, and 2005 All-American Mike

Tannebaum of the University of Michigan ... Won his second FILA Junior World national title in 2005, capped by a 4-2, 7-0 win over Jeff Jagers of Columbus, Ohio, in the championship match ... Was awarded the Most Outstanding Wrestler of the 2005 Junior Freestyle Nationals after outscoring his opponents 51-4 in five matches ... Awarded one of five regional Dave Schultz High School Excellence Awards, given by the National Wrestling Hall of Fame ... Claimed the 2004 FILA Junior World Championships and was named Most Outstanding Wrestling of the tournament ... Won six career Junior National titles, tying the national record held by Sean Hage of Georgia ... The 2005 ASICS/Vaughan Junior National Greco-Roman and Freestyle champion, earning double Most Outstanding Wrestler honors ... Won the Junior National Greco-Roman and Freestyle championships in both 2003 and 2004 ... As a sophomore, was the 2002 Cadet Greco-Roman champion and was the Freestyle runner-up ... Placed eighth as a freshman in 2001 in the Cadet Freestyle championships ... Also played three years for Coach Jeff Putnam on the Davison football team as a safety and tailback ... Football team was conference champions three times and district champions twice ...

Personal: Brent Harold Metcalf was born July 14, 1986 in Flint, MI ... The son of Tom and Lynn Metcalf ... Mother was an all-state gymnast and state champion in track & field ... Father was an accomplished equestrian rider in high school and one year at Michigan State ... Enrolled in university studies.



Sheridan MORAN

**133 • Freshman
Lafayette, La.
Lafayette H.S.**

High School: Lettered four times for Coach Glenn P. Bernard at Lafayette High ... Was a Louisiana state champion his junior year, claiming runner-up honors as a senior ... Was a three-time all-Parish honoree.

Personal: Daniel Sheridan Moran was born February 14, 1987 in Lafayette, LA ... The son of Margaret and Jim Mitchell ... Enrolled in university studies.



Kevin O'CONNOR

**184/197 • Freshman
Woodbine, Md.
Mt. Saint Joseph H.S.**

High School: A three-sport standout at Glenelg High before finishing his career at Mt. Saint Joseph ... Finished third at the National Preps, fifth at the Ironman and fifth at the Powerade Tournaments ... Lettered twice in wrestling, football and lacrosse before transferring ... Earned defensive player of the year honors in football.

Personal: Kevin Michael O'Connor was born March 7, 1987 ... The son of Daniel and Martha O'Connor ... Brother, Jimmy, is a former captain of the University of North Carolina wrestling team while sister, Kelly, is a former captain of the University of Delaware lacrosse team ... Enrolled in university studies.



Anton PRATER

125 • Freshman
Marietta, Ga.
McEachern H.S.

High School: Lettered four times at McEachern High for Coach Tony VanHorn ... Was the state champion at 103 pounds ... A four-time placewinner at the state meet ... Also was a four-time area and county champion ... A four-time member of the all-county team ... Was also the division II area champion in cross country.

Personal: Anton Lamar Prater was born November 12, 1987 in Marietta, GA ... The son of Aaron and Yvonne Prater ... Majoring in music technology.



Tyde PRATER

149/157 • r-Junior
Grundy, Va.
Grundy H.S.

2004-05: The 2005 ACC Champion at 149 pounds, earning his first trip to NCAA Championships ... Overcame an early injury to finish the regular season with a 19-12 overall record ... Was 7-7 in dual matches,



Tyde Prater

recording 24 points ... Finished 4-1 in Atlantic Coast Conference contests, recording 12 points for Tech ... Finished in the top 12 at the NAAs with a 3-2 record ... Faced five different 2005 NCAA qualifiers, finishing 3-6 overall ... Was 5-1 overall against ACC competition in 2005 ... Recorded one major decision win and one fall in 2005 ... Only fall was in 12 seconds over Kevin McKinney of Cumberland College on Nov. 26 in a dual match, the second-fastest on the team in 2005 ... Placed third at the Carolina-Irwin Open at 149 pounds.

2003-04: Missed much of the season with an injury ... Managed a 7-11 record ... Went 0-4 in dual meets and 0-3 in EWL action ... Had one technical fall, coming against Josh Lee of UNC-Pembroke at the UNC Rubbermaid Open ... Placed fourth at 149 pounds at the Keystone Classic ... Took fourth place at 149 pounds at the Rubbermaid Open.

2002-03: Was redshirted after suffering an ankle injury early in the season.

High School: Four-year letterwinner for Coach Travis Fiser at Grundy High School ... Finished second in the state as a freshman ... State champion in his sophomore, junior and senior years ... A three-time team MVP ... Went undefeated in his senior campaign ... Named the state wrestler of the year as a senior ... Club team was the Grundy Wrestling Club ... Also lettered four times in football, earning all-district and all-region honors as both a wide receiver and quarterback.

Personal: Gabriel Tyde Prater was born January 25, 1984 in Grundy, VA ... The son of Gary and Tammy Prater ... Brother, Canaan, wrestled for Virginia Tech ... Majoring in psychology.

Prater's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2002-03	Was redshirted							
2003-04	7-11	0-4	0-3	0	1	0	—	0
2004-05	19-12	7-7	4-1	1	0	1	:12	24
Totals	26-23	7-11	4-4	1	1	1	:12	24



Joe SLATON

133 • Freshman
Cedar Rapids, Iowa
Kennedy H.S.

High School: Was the National High School Senior National runner-up at 130 pounds ... Named a *USA Wrestling* 2005 high school honorable mention All-American and ASICS honorable mention All-American as a senior ... Finished his career with a 165-11 overall record and 75 wins by fall ... Was a four-star recruit by InterMat.com as a senior, ranked No. 24 overall for the 2005 senior class, ranked No. 2 in the nation at 130 pounds ... Was a four-time Iowa state finalist, only the 31st in Iowa state history ... Was a two-time Iowa state champion and two-time runner-up at Kennedy High for head coach Brent Paulson ... Named to *Wrestling USA Magazine's* Scholastic All-American team ... Named the Kennedy High Most Outstanding Athlete and was a nominee for Linn County High School Athlete of the Year ... Set three career records at Kennedy: takedowns with 437, near falls with 179 and victories with 165 ... Was the first three-time MVC champ ... Finished his senior year undefeated with a 43-0 record, the first at Kennedy ... As a junior, placed second at the 2003 FILA Cadet Freestyle Nationals ... In his sophomore year, placed sixth at the 2002 FILA Cadet Freestyle Nationals and was a Cadet Freestyle National All-American.

Personal: Joe Ryan Slaton was born December 14, 1986 in Cedar Rapids, IA ... The son of Matt and Robin Shaver ... Enrolled in university studies.



Christian SMITH

125 • r-Sophomore-Transfer
Chesapeake, Va.
Western Branch H.S.
(Duke University)

2004-05: Missed most of the season at Duke University after sustaining a shoulder injury early in the season ... Was 12-5 on the season before the injury ... Was granted a medical redshirt ...

2003-04: Won the ACC title at 125 pounds for Duke and qualified for the NCAA Tournament ... Went 30-12 on the season ... Posted four other top-five finishes: Keydet Invitational (2nd), Keystone Classic (3rd), Pembroke Open (4th) and Beast of the East (4th) ... His .714 winning percentage is the 15th-best ever by a Duke wrestler ... Tied for the national lead in falls for a 125-pounder.

High School: Earned four letters at Western Branch High for Coaches Brian Dugan and Bob Simon ... Was a three-time AAA Virginia State Champion (103, 112, 119 pounds) ... Was also a 2002 USA Wrestling junior grand champion ... Was ranked No. 4 among high school seniors by *Wrestling USA Magazine* ... Finished his prep career with a record of 176-16.

Personal: Christian Ryan Smith was born November 1, 1984 in Richmond, VA ... The son of Wayne and Sheila Smith ... Brother, Daniel, coached wrestling at Western Branch ... Also has a sister, Krystal, and a twin sister, Dana, who attends North Carolina State ... Father was a wrestling coach at Liberty University ... Majoring in economics.

Smith's Career Stats

Year	Overall	Tourn.	Dual	Leag.	Falls
2003-04	30-12	17-9	13-3	4-0	10
2004-05	12-5	12-5	0-0	0-0	3
Totals	42-17	32-14	13-3	4-0	13



Justin STAYLOR

125 • Sophomore
Chesapeake, Va.
Great Bridge H.S.

2004-05: Stormed onto the Virginia Tech wrestling scene in his rookie campaign by winning six out of his first seven matches by fall ... Signature win was a 54-second pin over Nathan Costello of Ohio State, sparking the Hokies to their first-ever win over the Buckeyes ... Finished second on the team with 13 falls in 37 matches ... Finished 14-6 in dual matches, undefeated in Atlantic Coast Conference matches with a 5-0 record ... Was runner-up at 125 pounds in first ACC Tournament, earning All-ACC honors ... Recorded two major decisions and finished the season fourth on the team with 70 dual match points ... Defeated No. 14-ranked Joe Kemmerer of UNC Greensboro, 8-7, on Feb. 12 for his first career upset over a ranked opponent ... Fastest fall was 43-second pin over Donald Butler of Cumberland College in his first match of the Carolina-Irwin Open, fourth-fastest time on the Tech squad in 2005 ... Placed second at Navy Classic and third at the Carolina-Irwin Open.

High School: Lettered four times for Coach Steve Martin at Great Bridge High ... Won the 2004 Virginia AAA State title as a senior, going 49-5 ... Started two years at 103 pounds and two years at 119 ... Won the national title at the NHSCA Freestyle tournament in Birmingham, AL in 2000 ... Had a career prep record of 112-28.

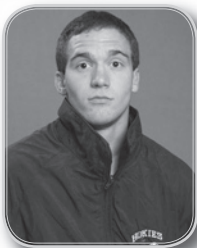
Personal: Justin Jon Staylor was born August 10, 1985 in Norfolk, VA ... The son of John and Julie Staylor ... Brother, Jody, was an NCAA runner-up at North Carolina ... Brother, Christian, qualified for the NCAA Championships last season at Arizona State and transferred to Old Dominion for this season ... Also has a sister, Carrie, and a younger brother, Casey, who wrestles at Great Bridge ... Majoring in human nutrition, foods and exercise.

Staylor's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2004-05	26-11	14-6	5-0	2	0	13	:54	70



Justin Staylor



Joe THOMPSON

149 • Junior
Roanoke, Va.
Northside H.S.

2004-05: Did not see any action with the varsity squad.

2003-04: Was a spot starter at 125 pounds ... Went 3-5 overall, going 1-3 in dual meets ... Had two major decisions ... Earned four points for the team in dual meet action when he beat John Neal of Gardner-Webb, 11-3.

High School: Lettered four times at Northside High School for Coach Mark Agner ... Was the 2002 AA state runner-up ... Was a member of the 2002 Virginia Freestyle team ... Holds the school record for most career wins with 117.

Personal: Joseph Thompson was born November 17, 1983 in Roanoke, VA ... The son of David and Lori Thompson ... Majoring in apparel, housing, resource management.

Thompson's Career Stats

Year	Overall	Dual	Leag.	M.Dec.	T.Fall	Falls	Time	Pts.
2003-04	3-5	1-3	0-0	2	0	0	—	4

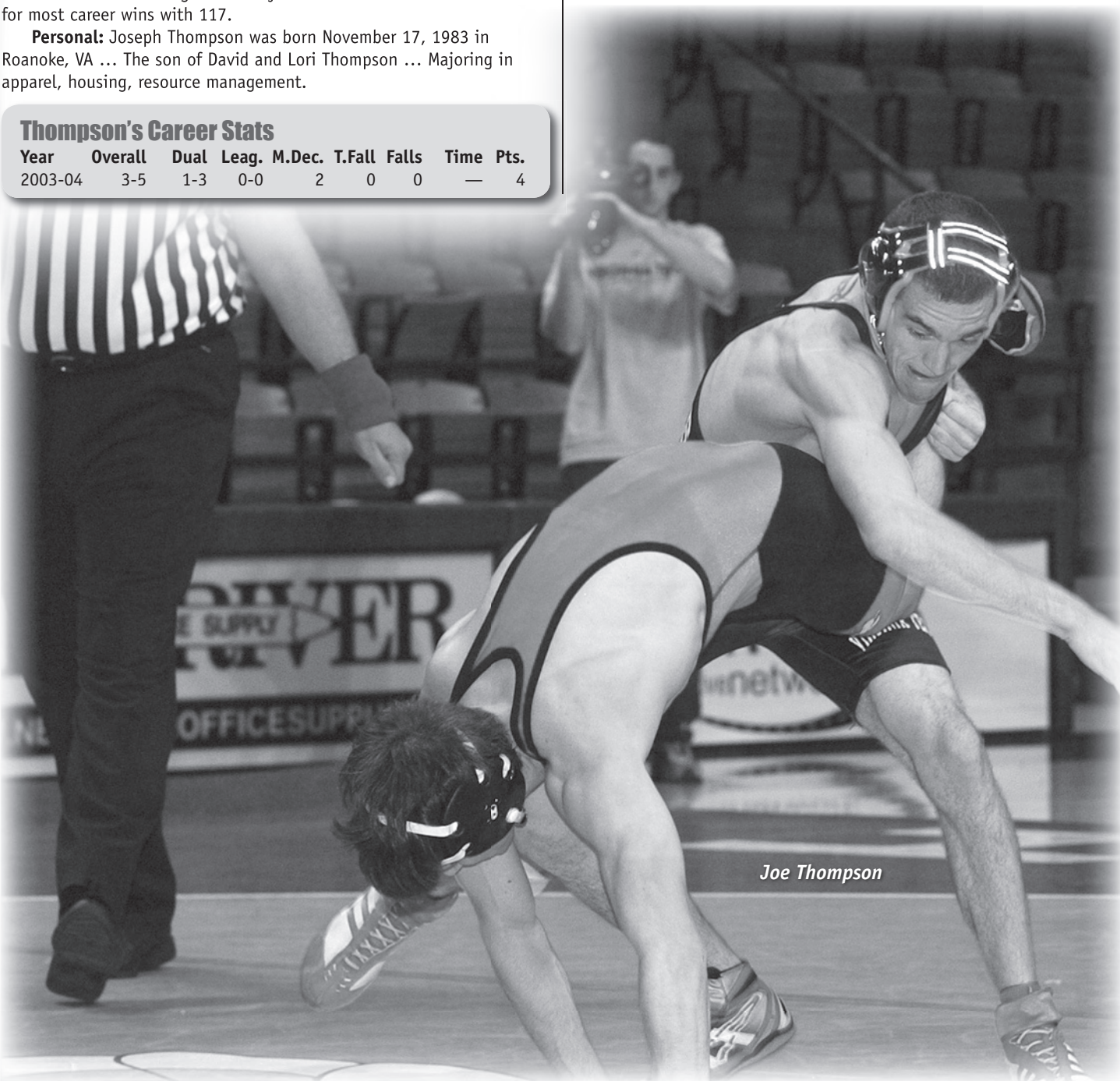


Matt WOODS

184/197 • Freshman
Blacksburg, Va.
Blacksburg H.S.

High School: A two-time state runner-up in wrestling at Blacksburg High ... Lettered four times ... Also earned all-district honors ... Played football for Coach Dave Crist ... Was all-district three times.

Personal: Matthew Stephen Woods was born August 19, 1986 in Blacksburg, VA ... The son of Amy Woods ... Enrolled in university studies.



Joe Thompson

2004-05 SEASON IN REVIEW

A new era in Virginia Tech wrestling began on June 9, 2004 when three-time NCAA national champion and 1996 Olympic gold medalist Tom Brands was introduced as the new head coach of the Hokie wrestling program.

After spending 12 years as an assistant coach at the University of Iowa, his alma mater, Brands and his staff made the trek eastward to take over a struggling Tech wrestling program.

The change in attitude was felt almost immediately as Brands and Co., brought a new mentality to the halls of Cassell Coliseum.

After a rigorous preseason camp, the new-look Hokies were unveiled on Nov. 13 in a tri-meet at the Cassell. VMI, James Madison and Anderson College were the first in a long line of teams that had to deal with 10 hungry wrestlers ready to battle for seven minutes.

In Brands' first match as the Tech head man, his Hokies downed VMI, 36-6. Tech then disposed of JMU, 46-3, before taking out Anderson, 47-3, to end a successful debut. For the day, Tech lost only three out of 30 matches, outscoring its opponents, 129-12. Heavyweight transfer Mike Faust picked up the first win under Brands, a 5-4 victory in the VMI match.

True freshman Justin Staylor and redshirt junior David Hoffman each recorded three falls to lead the way while five other grapplers posted 3-0 marks on the day.

The Hokies then hit the road for nearly a month, competing in two tournaments and four dual meets.

On Nov. 17, Tech downed Appalachian State, 27-18, before beating host Gardner-Webb, 38-9, to run its record to 5-0. That weekend, several members of the squad traveled to Annapolis, Md., to participate in the Navy Classic. Senior Chris Stith won the 165-pound weight class as the team placed second in the tough event. But the highlight of the day came at 197 pounds where senior Tomas Ovalle crushed a 23-year-old school record when he recorded the fastest pin in school history.

In Ovalle's first match of the day, he faced off against Chris Cottrell of Navy and wasted little time in ending the match. He shot in and took Cottrell right down to his back, picking up the pin in :09 seconds, breaking the school record by :04 seconds. The previous record was set on Feb. 7, 1981 when Chris Taylor picked up a fall :13 seconds into his 134-pound match against East Carolina.

At 5-0, the confident Hokies headed to Tennessee for a battle with 23rd-ranked Chattanooga and Tom Brands' twin brother, Terry. Terry got the best of Tom as his Mocs beat the Hokies, 22-13. Tech bounced back later that day to beat Cumberland (Tenn.) University, 54-6 to improve to 6-1.

The following weekend, Hoffman and Faust each won individual titles at the Irwin-Carolina Open to finish the road trip.

Dec. 10 marked a historic day in the program's history as the Hokies took on the University of Virginia in Tech's first match as a member of the Atlantic Coast Conference. The Hokies made a favorable impression on the 1,310 fans in attendance, dominating the Cavaliers, 32-0.

Riding a wave of excitement, the Hokies traveled to Columbus, Ohio, for a pair of matches against two big-time programs. In the opener, Tech downed Ohio State, 29-12, before falling to 13th-ranked Missouri, 33-6. Hoffman provided the win of the day, pinning 10th-ranked T.J. Enright of OSU at the 6:10 mark.

Hoffman continued his hot streak at the next tournament, beating No. 6 Mack Reiter of Minnesota and No. 8 Evan Sola of North Carolina at the Southern Scuffle en route to a third-place finish. Steve Borja also wrestled well, placing third in the prestigious tournament.

A trip to the midwest next awaited the Hokies to start the new year. Brands, along with assistants Wes Hand, Doug Schwab and Lee Fullhart each eagerly looked forward to a return trip to their alma mater where Tech took on the University of Iowa at Carver-Hawkeye Arena. That arena saw the four coaches dominate opponents as wrestlers for numerous years and held plenty of memories. But this time they were sitting on the opposite bench, trying to beat their old school.

Things didn't work out quite like they would have hoped for, as the Hokies were blanked by the ninth-ranked Hawkeyes, 38-0, but not one Tech wrestler was pinned and many showed a determination and toughness the staff had been looking for.

The next day, the Hokies bounced back for a 32-18 win over Eastern Illinois at Cedar Rapids before dropping a 32-10 decision to 17th-ranked

Northern Iowa in the second match of the afternoon.

That loss to the Panthers would be Tech's last dual meet loss of the season as it would go on to win seven straight to end the season 16-4, breaking the school record for dual meet wins in a season.

That streak started with a pair of ACC wins at Cassell Coliseum as the Hokies dominated Duke, 25-11, before rolling to a 32-6 win over the Maryland Terrapins. Tech stepped out of conference on Feb. 6 for a pair of victories at Athens, Ohio. The Hokies beat Cumberland (Ky.) College, 22-11, before downing Ohio University, 24-12.

The final three matches of the season were expected to be tough ones and didn't prove to be any different than anticipated. In a match that came down to the last bout of the evening, the Hokies kept their perfect ACC record alive with an exciting 21-15 win over the Tar Heels. Faust sealed the victory for the Hokies with a 4-3, four-overtime decision of Spencer Nadolsky at heavyweight.

The next night, Stith and Reed Carpenter celebrated their final home match as members of the Virginia Tech wrestling team in style, defeating both of their opponents and leading the Hokies to a 26-12 victory over UNC Greensboro.

With a 4-0 mark in the ACC, Tech had done nothing but gained at least a share of the dual meet title heading into its final meet at North Carolina State. But the Tech grapplers put away any doubt of who the champs would be as they grabbed their first Atlantic Coast Conference duals title outright with a 24-13 victory over the Wolfpack at Reynolds Coliseum.

The postseason then awaited and the Hokies finished the year in stride, taking second place at the 2005 Atlantic Coast Conference Tournament Saturday at Fleming Gymnasium in Greensboro, N.C.

Under Brands, the Hokies finished their first ACC Tournament with five All-ACC wrestlers and two ACC Champions. Leading the way was sophomore Tyde Prater, who earned his first trip the NCAA Tournament with a 15-8 decision over top seed Alex Hernandez of NC State in the 149-pound championship match.

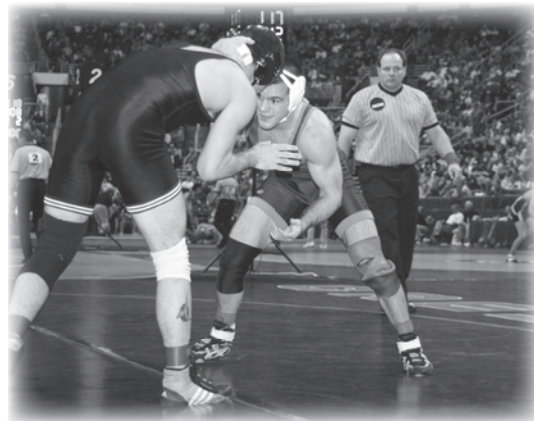
Faust also claimed his first ACC title and trip to the big dance with a 3-1, sudden victory over Venroy July of Duke in the title bout.

Other wrestlers garnering All-ACC honors were Hoffman at 133 pounds, Staylor at 125 pounds and Borja at 184 pounds, who all finished as runners-up in their respective weight classes and earned at-large bids to the NCAA Championships.

Tech finished with 66.5 points and five wrestlers in the finals. North Carolina claimed its 16th ACC title with 76 points and five wrestlers in the finals, NC State finished third with 56.5 points and three wrestlers in the finals and Virginia was fourth with 53 points and three wrestlers in the finals.

With a school-record five wrestlers headed to the Championships, excitement levels were at new heights for Tech fans everywhere. Prater continued his hot spring by finishing one win away from All-America status, while Borja and Hoffman each picked up victories and team points.

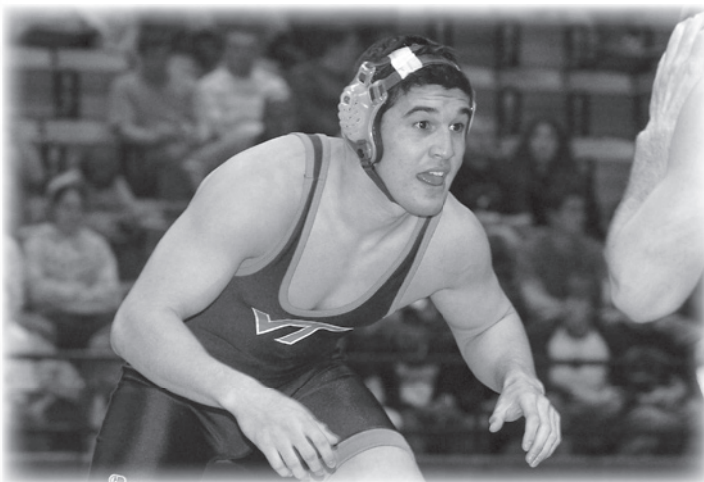
For the year, Tech set several school records, including dual meet wins, individual victories and qualifiers for the NCAA Championships. Faust also earned several accolades for his academic work to go along with his ACC title on the mat.



Reed Carpenter wrapped up his career with a trip to the NCAA Championships.

2004-05 RESULTS AND STATISTICS

Overall Record: 16-4; ACC Record: 5-0



Steve Borja helped lead the Hokies to a school-record 16 dual meet wins and a 5-0 record in ACC duals.

	DATE	OPPONENT	LOCATION	RESULT/SCORE
Nov.	13	VMI	Blacksburg, Va.	W, 36-6
		James Madison	Blacksburg, Va.	W, 46-3
		Anderson	Blacksburg, Va.	W, 47-3
	17	vs. Appalachian State	Boiling Springs, N.C.	W, 27-18
		at Gardner-Webb	Boiling Springs, N.C.	W, 38-9
	26	at #23 Chattanooga	Chattanooga, Tenn.	L, 13-32
		Cumberland College (Tenn.)	Chattanooga, Tenn.	W, 55-6
Dec.	10	Virginia *	Blacksburg, Va.	W, 32-0
	18	at Ohio State	Columbus, Ohio	W, 29-12
		vs. #13 Missouri	Columbus, Ohio	L, 6-33
Jan.	7	at #9 Iowa	Iowa City, Iowa	L, 0-38
	8	vs. Eastern Illinois	Cedar Rapids, Iowa	W, 32-18
		at #17 Northern Iowa	Cedar Rapids, Iowa	L, 10-32
	15	Duke *	Blacksburg, Va.	W, 25-11
	22	Maryland *	Blacksburg, Va.	W, 32-6
Feb.	6	vs. Cumberland College (Ky.)	Athens, Ohio	W, 22-11
		at Ohio	Athens, Ohio	W, 24-12
	11	at North Carolina *	Chapel Hill, N.C.	W, 21-15
	12	UNC Greensboro	Blacksburg, Va.	W, 26-12
	19	at North Carolina State *	Raleigh, N.C.	W, 24-13

* - denotes ACC Match

INDIVIDUAL RESULTS AND STATISTICS

	Overall	Records Dual	ACC	Major Dec.	Tech Fall	Fastest Fall	Fastest Time	Points own/opp.	ACC Pts own/opp.	Career Overall	Career Duals
Steve Borja	33-10	17-3	5-0	6	1	12	1:22	74/11	20/0	59-38	30-19
Ryan Broughman	7-6	0-0	0-0	0	0	1	1:09	0/0	0/0	13-28	2-12
Aaron Brown	7-8	2-4	0-0	1	2	1	1:47	9/21	0/0	12-23	2-12
Reed Carpenter	23-12	14-5	4-1	7	0	5	3:15	52/12	19/3	72-49	33-25
Mike Faust	30-7	19-1	5-0	4	0	2	1:22	72/3	18/0	63-36	32-16
Johnny Gallagher	0-0	0-0	0-0	0	0	0	—	0/0	0/0	0-2	0-2
Shaun Guttridge	12-16	6-10	2-3	0	0	1	2:58	27/30	6/9	24-59	12-30
David Hoffman	33-7	18-2	4-1	5	3	15	:34	89/6	20/3	85-22	43-5
Adam Julien	4-1	0-0	0-0	0	0	3	1:15	0/0	0/0	4-1	0-0
John Laboranti	0-0	0-0	0-0	0	0	0	—	0/0	0/0	0-0	0-0
Mike Liss	2-2	0-0	0-0	0	0	0	—	0/0	0/0	2-3	0-1
Donny Ooton	21-12	10-7	2-3	3	1	2	1:03	37/27	6/9	27-18	12-9
Tomas Ovalle	13-18	7-10	2-3	0	0	5	:09	33/47	6/12	23-50	10-31
Canaan Prater	0-0	0-0	0-0	0	0	0	—	0/0	0/0	30-30	12-16
Tyde Prater	19-12	7-7	4-1	1	0	1	:12	24/23	12/3	27-23	7-11
Chris Smolko	0-0	0-0	0-0	0	0	0	—	0/0	0/0	0-6	0-6
Justin Staylor	26-11	14-6	5-0	2	0	13	:54	70/21	16/0	26-11	14-6
Chris Stith	24-12	14-6	3-2	6	2	2	4:15	60/20	9/6	70-33	34-15
Joe Thompson	0-0	0-0	0-0	0	0	0	—	0/0	0/0	3-5	1-3
Jerome Villanueva	2-0	0-0	0-0	0	0	0	—	0/0	0/0	6-13	1-7
Team Totals	256-130	128-60	36-14	35	9	63	:09	546/224	134/45		
Opponent	130-256	60-128	14-36	14	4	18	:28	224/546	45/134		

Records by Weight

	125	133	141	149	157	165	174	184	197	Hwt.
Steve Borja	—	—	—	—	—	—	—	33-10	—	—
Ryan Broughman	7-6	—	—	—	—	—	—	—	—	—
Aaron Brown	—	—	5-6	2-2	—	—	—	—	—	—
Reed Carpenter	—	—	—	—	23-12	—	—	—	—	—
Mike Faust	—	—	—	—	—	—	—	—	30-7	—
Johnny Gallagher	—	—	—	—	—	—	—	—	—	—
Shaun Guttridge	—	—	—	—	—	—	12-16	—	—	—
David Hoffman	—	33-7	—	—	—	—	—	—	—	—
Adam Julien	—	—	—	4-1	—	—	—	—	—	—
John Laboranti	—	—	—	—	—	—	—	—	—	—
Mike Liss	—	—	—	—	—	2-2	—	—	—	—
Donny Ooton	—	—	21-12	1-0	—	—	—	—	—	—
Tomas Ovalle	—	—	—	—	—	—	—	13-18	—	—
Canaan Prater	—	—	—	—	—	—	—	—	—	—
Tyde Prater	—	—	—	19-12	—	—	—	—	—	—
Chris Smolko	—	—	—	—	—	—	—	—	—	—
Justin Staylor	26-11	—	—	—	—	—	—	—	—	—
Chris Stith	—	—	—	—	—	24-12	—	—	—	—
Joe Thompson	—	—	—	—	—	—	—	—	—	—
Jerome Villanueva	—	—	—	—	—	—	—	2-0	—	—
Team Totals	34-17	33-7	26-18	26-15	23-12	26-14	12-16	35-10	13-18	30-7
Opponent	17-34	5-32	18-26	15-26	12-23	14-26	16-12	10-35	18-13	7-30

2004-05 Tournament Results

Navy Classic (2nd of 8 teams)

Nov. 20 • Annapolis, Md.

Chris Stith • 1st at 165 lbs.

Justin Staylor • 2nd at 125 lbs.

David Hoffman • 2nd at 133 lbs.

Steve Borja • 2nd at 184 lbs.

Donny Ooton • 3rd at 141 lbs.

Mike Faust • 3rd at 285 lbs.

Ryan Broughman • 5th at 125 lbs.

Aaron Brown • 5th at 141 lbs.

Reed Carpenter • 5th at 157 lbs.

Shaun Guttridge • 5th at 174 lbs.

Tomas Ovalle • 5th at 197 lbs.

Carolina Open (Non-scoring)

Nov. 4 • Chapel Hill, N.C.

David Hoffman • 1st at 133 lbs.

Mike Faust • 1st at 285 lbs.

Tyde Prater • 3rd at 149 lbs.

Justin Staylor • 3rd at 125 lbs.

Steve Borja • 4th at 184 lbs.

Southern Scuffle (6th of 23 teams)

Nov. 29-30 • Greensboro, N.C.

David Hoffman • 3rd at 133 lbs.

Steve Borja • 3rd at 184 lbs.

Chris Stith • 6th at 165 lbs.

Mike Faust • 6th at 285 lbs.

ACC Championships (2nd of 6 teams)

March 15 • Greensboro, N.C.

Mike Faust • 1st at 285 lbs.

Tyde Prater • 1st at 149 lbs.

Justin Staylor • 2nd at 125 lbs.

David Hoffman • 2nd at 133 lbs.

Steve Borja • 2nd at 184 lbs.

Donny Ooton • 3rd at 141 lbs.

Reed Carpenter • 3rd at 157 lbs.

NCAA Championships (T-42nd of 69 teams)

March 17-19 • St. Louis, Mo.

No placewinners

2004-05 DUAL MEET RESULTS

Virginia Tech	36
VMI	6
<i>Nov. 13, 2004 • Blacksburg, Va.</i>	
285 #7 Faust (VT) dec. Buhman, 5-4	
125 Staylor (VT) fall Martinez, 2:10	
133 #16 Hoffman (VT) fall Granja, 2:20	
141 Metzler (VMI) fall Brown, 3:41	
149 Ooton (VT) dec. Alvarenga, 6-3	
157 Carpenter (VT) dec. Hardy, 8-3	
165 #15 Stith (VT) dec. Lowery, 6-4 (SV)	
174 Guttridge (VT) dec. Wells, 8-6	
184 Borja (VT) dec. Murray, 8-3	
197 Ovalle (VT) fall Evans, 1:32	

Virginia Tech	46
James Madison	3
<i>Nov. 13, 2004 • Blacksburg, Va.</i>	
285 #7 Faust (VT) dec. Cvitan, 9-4	
125 Staylor (VT) fall Ho, 1:06	
133 #16 Hoffman (VT) fall Biggin, 2:11	
141 Ooton (VT) maj. dec. Horst, 16-6	
149 Brown (VT) TF Yorko, 6:25	
157 Carpenter (VT) fall Gwaltney, 6:13	
165 #15 Stith (VT) maj. dec. Swift, 15-7	
174 Lambert (JMU) dec. Guttridge, 10-8 (SV)	
184 Borja (VT) fall Chalfant, 2:42	
197 Ovalle (VT) fall Winfrey, 2:22	

Virginia Tech	47
Anderson College	3
<i>Nov. 13, 2004 • Blacksburg, Va.</i>	
285 #7 Faust (VT) maj. dec. Lambert, 19-8	
125 Staylor (VT) fall Jenkins, 2:31	
133 #16 Hoffman (VT) fall DiCarlo, :34	
141 Ooton (VT) fall Sanders, 1:03	
149 Brown (VT) maj. dec. Godwin, 12-4	
157 Carpenter (VT) dec. Porter, 7-4	
165 #15 Stith (VT) fall Vick, 4:15	
174 #6 Robertson (AC) dec. Guttridge, 6-3	
184 Borja (VT) fall Je. Smith, 1:22	
197 Ovalle (VT) inj. def. Ju. Smith, 5:28	

Virginia Tech	27
Appalachian State	18
<i>Nov. 17, 2004 • Boiling Springs, N.C.</i>	
125 Staylor (VT) wins by forfeit	
133 #16 Hoffman (VT) TF Paul, 24-7	
141 Jones (ASU) wins by DQ over Ooton	
149 Burns (ASU) fall Brown, 4:07	
157 Carpenter (VT) dec. Ervin, 10-6	
165 #15 Stith (VT) fall Martin, 5:28	
174 Foreman (ASU) dec. Guttridge, 6-4	
184 Borja (VT) dec. Carroll, 4-1	
197 McIntosh (ASU) dec. Ovalle, 3-2	
285 #7 Faust (VT) maj. dec. Hazelle, 12-4	

Virginia Tech	38
Gardner-Webb	9
<i>Nov. 17, 2004 • Boiling Springs, N.C.</i>	
125 Staylor (VT) fall Neal, 1:06	
133 #16 Hoffman (VT) TF Lowe, 22-7	
141 Lansley (G-W) dec. Brown, 4-3	
149 Elliott (G-W) wins by forfeit	
157 Carpenter (VT) maj. dec. Glaser, 10-2	
165 #15 Stith (VT) TF Couture, 21-6	
174 Guttridge (VT) fall Ventura, 2:58	
184 Borja (VT) fall Ard, 3:19	
197 Ovalle (VT) dec. Hood, 8-4	
285 #7 Faust (VT) dec. Blackwell, 5-3	

Virginia Tech	13
#23 Tennessee-Chattanooga	32
<i>Nov. 26, 2004 • Chattanooga, Tenn.</i>	
125 #8 Pitts (UTC) fall Staylor, 5:39	
133 #16 Hoffman (VT) maj. dec. Rains, 16-8	
141 #17 M. Keefe (UTC) TF Ooton, 23-7	
149 French (UTC) fall Brown, 1:03	
157 Carpenter (VT) dec. Rogers, 7-2	
165 #16 Sioredas (UTC) dec. #15 Stith, 8-3	
174 Otis (UTC) dec. Guttridge, 6-2	
184 Davis (UTC) dec. Borja, 10-8	
197 Ward (UTC) fall Ovalle, :30	
285 #7 Faust (VT) fall Edwards, 2:27	

Virginia Tech	55
Cumberland College (Tenn.)	6
<i>Nov. 26, 2004 • Chattanooga, Tenn.</i>	
125 Staylor (VT) fall Carlyle, 4:37	
133 #16 Hoffman (VT) fall Love, 2:30	
141 Ooton (VT) win by forfeit	
149 Prater (VT) fall McKinney, :12	
157 Burkett (CC) win by forfeit	
165 #15 Stith (VT) win by forfeit	
174 Guttridge (VT) win by forfeit	
184 Borja (VT) fall McCray, 5:44	
197 Ovalle (VT) win by forfeit	
285 #7 Faust (VT) win by forfeit	

Virginia Tech	32
Virginia	0
<i>Dec. 10, 2004 • Blacksburg, Va.</i>	
125 Staylor (VT) maj. dec. Burke, 13-4	
133 #16 Hoffman (VT) maj. dec. Dunlap, 20-8	
141 Ooton (VT) dec. Naylor, 8-3	
149 T. Prater (VT) dec. Dunstan, 9-7	
157 Carpenter (VT) dec. Bjorlo, 7-6	
165 #15 Stith (VT) dec. Hartey, 6-3	
174 Guttridge (VT) dec. Johnson, 3-2	
184 Borja (VT) dec. Narkiewicz, 3-0	
197 Ovalle (VT) dec. S. Smith, 6-2	
285 #12 Faust (VT) dec. N. Smith, 3-2	

Virginia Tech	29
Ohio State	12
<i>Dec. 18, 2004 • Columbus, Ohio</i>	
125 Staylor (VT) fall Costello, 0:54	
133 #16 Hoffman (VT) fall #13 Enright, 6:10	
141 Ooton (VT) dec. Johnstone, 6-4	
149 Wolery (OS) dec. Prater, 9-6	
157 Carpenter (VT) maj. dec. Mueeler, 13-2	
165 #15 Stith (VT) dec. Craiglow, 9-4	
174 Auguston (OS) dec. Guttridge, 5-3 (SV)	
184 Borja (VT) maj. dec. Picazo, 15-5	
197 #6 Bergman (OS) fall Ovalle, 1:55	
285 #12 Faust (VT) dec. Nail, 5-3	

Virginia Tech	6
#13 Missouri	33
<i>Dec. 18, 2004 • Columbus, Ohio</i>	
125 DeVoe (M) dec. Staylor, 7-2	
133 #16 Hoffman (VT) dec. McCormick, 5-2	
141 McCormick (M) dec. Ooton, 9-2	
149 #19 Greene (M) maj. dec. Prater, 10-0	
157 #15 Ciesleski (M) dec. Carpenter, 3-1 (SV)	
165 #8 Woodley (M) dec. #15 Stith, 2-1	
174 #2 Askren (M) win by med. forf.	
184 #10 Pell (M) TF Borja, 2:45	
197 #18 Foust (M) fall Ovalle, 4:19	
285 #12 Faust (VT) dec. Wetenkamp, 7-6	

Virginia Tech	0
#9 Iowa	38
<i>Jan. 7, 2005 • Iowa City, Iowa</i>	
285 #8 Fields (I) dec. Faust, 4-2 (OT-4)	
125 Falck (I) dec. Staylor, 9-5	
133 Galanakis (I) dec. #6 Hoffman, 8-4	
141 #9 Tsrtsis (I) maj. dec. Ooton, 11-2	
149 #6 Eustice (I) dec. Prater, 12-5	
157 #8 Johnston, (I) dec. Carpenter, 14-9	
165 #4 Perry (I) maj. dec. #18 Stith, 13-2	
174 Lufthouse (I) wins by forfeit	
184 #2 Bradley (I) dec. Borja, 7-5	
197 Pape (I) wins by forfeit	

Virginia Tech	32
Eastern Illinois	18
<i>Jan. 8, 2005 • Cedar Falls, Iowa</i>	
125 Staylor (VT) wins by forfeit	
133 #6 Hoffman (VT) fall Duran, 1:34	
141 Fangerow (EIU) wins by forfeit	
149 Prater (VT) dec. Dintelman, 9-5	
157 Carpenter (VT) maj. dec. Mangiaguerra, 24-10	
165 #18 Stith (VT) maj. dec. Knabjian, 16-5	
174 #19 Robertson (UNI) wins by forfeit	
184 Borja (VT) fall Perz, 3:47	
197 Sherko (UNI) wins by forfeit	
285 Faust (VT) dec. Ziminski, 7-5 (OT-5)	

Virginia Tech	10
#17 Northern Iowa	32
<i>Jan. 8, 2005 • Cedar Falls, Iowa</i>	
125 Helgeson (UNI) dec. Staylor, 9-8	
133 #6 Hoffman (VT) dec. Meyer, 5-1	
141 Ettelson (UNI) wins by forfeit	
149 #13 Harrison (UNI) maj. dec. Prater, 13-4	
157 Bitetto (UNI) dec. Carpenter, 6-5	
165 #12 Baima (UNI) maj. dec. #18 Stith, 9-1	
174 #7 Hauan (UNI) wins by forfeit	
184 Borja (VT) maj. dec. Dolly, 12-3	
197 Stender (UNI) wins by forfeit	
285 Faust (VT) dec. Shedek, 5-2	

Virginia Tech	25
Duke	11
<i>Jan. 15, 2005 • Blacksburg, Va.</i>	
133 #8 Hoffman (VT) maj. dec. Gibson, 17-7	
141 Kuser (D) dec. Ooton, 8-4	
149 Prater (VT) dec. Wightman, 8-7	
157 Carpenter (VT) fall Lesser, 6:46	
165 #20 Stith (VT) dec. Smith, 11-9	
174 Craig (D) dec. Guttridge, 3-1	
184 Borja (VT) dec. Cornely, 5-3 (SV)	
197 Thompson tech fall Ovalle, 4:50 (15-0)	
285 #20 Faust (VT) dec. July, 5-4 (SV)	
125 Staylor (VT) dec. McKeon, 7-1	

Virginia Tech	32
Maryland	6
<i>Jan. 22, 2005 • Blacksburg, Va.</i>	
125 Staylor (VT) dec. Vinh, 4-2 (SV)	
133 #8 Hoffman (VT) fall Carr, 5:16	
141 Pinto (MD) dec. Ooton, 6-3	
149 Prater (VT) dec. Schlafler, 6-5	
157 Carpenter (VT) maj. dec. Rizzo, 16-4	
165 Kiessling (MD) dec. #20 Stith, 3-2	
174 Guttridge (VT) dec. Parker, 5-1	
184 Borja (VT) maj. dec. Eberstein, 16-6	
197 Ovalle (VT) dec. Noy, 5-3	
285 #19 Faust (VT) wins by forfeit	

Virginia Tech	22
Cumberland College (Ky.)	11
<i>Feb. 6, 2005 • Athens, Ohio</i>	
285 #15 Faust (VT) dec. Bishop, 8-3	
125 Choates (CC) dec. Staylor, 8-1	
133 #8 Hoffman (VT) dec. Cooper, 9-3	
141 Ooton (VT) dec. Bertsch, 3-0	
149 Prater (VT) dec. Spreitzer, 2-1	
157 #19 Carpenter (VT) dec. Hutchinson, 7-2	
165 #18 Stith (VT) major dec. Reis, 15-5	
174 Allen (CC) dec. Guttridge, 6-3	
184 Borja (VT) dec. Juncal, 5-3 (SV)	
197 Flinchum (CC) tech. fall Ovalle, 15-0	

Virginia Tech	24
Ohio	12
<i>Feb. 6, 2005 • Athens, Ohio</i>	
285 #15 Faust (VT) dec. Beltran, 4-0	
125 Metcalf (Ohio) dec. Staylor, 5-2	
133 #8 Hoffman (VT) fall Smith, 4:46	
141 Ooton (VT) dec. Fowler, 4-3	
149 Allen (Ohio) dec. Prater, 5-3 SV	
157 #6 Percival (Ohio) dec. #19 Carpenter, 7-3	
165 #18 Chris Stith (VT) win by forfeit	
174 Guttridge (VT) dec. DeAnna, 10-3	
184 Borja (VT) dec. Cesezar, 8-5	
197 Faires (Ohio) dec. Ovalle, 5-4	

Virginia Tech	21
North Carolina	15
<i>Feb. 11, 2005 • Chapel Hill, N.C.</i>	
125 Staylor (VT) fall Forshey, 5:31	
133 #11 Sola (UNC) dec. #10 Hoffman, 3-2 (SV)	
141 Britton (UNC) dec. Ooton, 10-7	
149 Prater (VT) dec. Ramos, 9-8	
157 Carpenter (VT) fall Holt, 3:38	
165 Atkinson (UNC) dec. Stith, 4-1	
174 Maciag (UNC) dec. Guttridge, 7-3	
184 Borja (VT) maj. dec. Dobies, 10-2	
197 Dashiell (UNC) dec. Ovalle, 10-4	
285 #19 Faust (VT) dec. Nadolsky, 4-3 (40T)	

Virginia Tech	26
UNC Greensboro	12
<i>Feb. 12, 2005 • Blacksburg, Va.</i>	
125 Staylor (VT) dec. #14 Kemmerer, 8-7	
133 #10 Hoffman (VT) maj. dec. Bencivenga, 17-8	
141 Ooton (VT) dec. D. Johnson, 6-2	
149 Krieger (UNCG) dec. Prater, 2-0	
157 Carpenter (VT) dec. O.T. Johnson, 4-0	
165 Stith (VT) maj. dec. Ring, 12-3	
174 Lowe (UNCG) dec. Guttridge, 10-3	
184 Borja (VT) tech. fall Jones, 25-8; 7:47	
197 Burns (UNCG) fall Ovalle, 2:56	
285 #19 Faust (VT) maj. dec. Scheffield, 15-7	

Virginia Tech	24
North Carolina State	13
<i>Feb. 19, 2005 • Raleigh, N.C.</i>	
125 Staylor (VT) dec. Cummings, 9-5	
133 #13 Hoffman (VT) wins by forfeit	
141 Ooton (VT) dec. Breese, 8-3	
149 Hernandez (NC) dec. Prater, 13-7	
157 Hamrah (NC) dec. Carpenter, 12-10 (SV)	
165 Stith (VT) dec. Nowicki, 3-2	
174 Gabrielson (NC) dec. Guttridge, 6-2	
184 Borja (VT) fall Colbert, 5:13	
197 Garren (NC) maj. dec. Ovalle, 14-5	
285 #18 Faust (VT) dec. Palma, 10-6	

THE ATLANTIC COAST CONFERENCE

The Tradition

Consistency. It's the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds.

Now in its 53rd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 94 national championships, including 49 in women's competition and 45 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 120 times in men's competition and 60 times in women's action.

2004-05 in Review

The 2004-05 academic year concluded with the league pocketing three more national team titles and seven individual NCAA crowns. In all, the ACC has won 51 national team titles over the last 15 years.

The ACC's 2004-05 national champions were Wake Forest in field hockey, North Carolina in men's basketball and Duke in women's golf. In addition, a total of 181 student-athletes from the ACC earned first, second or third-team All-America honors this past year.

The Championships

The conference will conduct championship competition in 25 sports during the 2005-06 academic year — 12 for men and 13 for women.

The first ACC championship was held in swimming on Feb. 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.

A History

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members — Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest — drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On Dec. 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

BATTLING FOR A TRIP TO OKC

The six ACC schools that sponsor wrestling as a varsity sport — Duke, North Carolina, North Carolina State, Maryland, Virginia and Virginia Tech — will convene on the campus of Virginia Military Institute in Lexington, Va., on Saturday, March 4, 2006 for the annual ACC/SoCon Mat Jam, to determine the team and individual champions in both the Atlantic Coast Conference and Southern Conference.

For the ACC, the 10 weight class winners, plus five wildcards to be selected by the head coaches, will head to the 2006 NCAA Wrestling Championships, to be held March 16-18 at Oklahoma City, Okla.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Polytechnic Institute and State University. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.

School Affiliations

BOSTON COLLEGE: Charter member of the Big East Conference in 1979; joined the ACC in July, 2005. Does not compete in wrestling.

CLEMSON: Charter member of the Southern Intercollegiate Athletic Association in 1894, a charter member of the Southern

Conference in 1921, a charter member of the Atlantic Coast Conference (ACC) in 1953. Does not compete in wrestling.

DUKE: Joined the Southern Conference in Dec., 1928; charter member of the ACC in 1953.

FLORIDA STATE: Charter member of the Dixie Conference in 1948; joined the Metro Conference in July, 1976; joined the ACC July, 1991. Does not compete in wrestling.

GEORGIA TECH: Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of Southern Conference in 1921, charter member of the SEC in 1932, joined the ACC in April, 1978. Does not compete in wrestling.

MARYLAND: Charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

MIAMI: Charter member of the Big East Football Conference in 1991; joined the ACC in July, 2004. Does not compete in wrestling.

NORTH CAROLINA: Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, charter member of the ACC in 1953.

NC STATE: Charter member of the Southern Conference in 1921; charter member of the ACC in 1953.

VIRGINIA: Charter member of the Southern Intercollegiate Athletic Association in 1894, charter member of the Southern Conference in 1921, resigned from Southern Conference in Dec. 1936, joined the ACC in December, 1953.

VIRGINIA TECH: Charter member of the Southern Conference in 1921; withdrew from the Southern Conference in June, 1965; became a charter member of the Big East Football Conference in Feb. 5, 1991; joined the ACC in July, 2004.

WAKE FOREST: Joined the Southern Conference in Feb., 1936, charter member of the ACC in 1953. Does not compete in wrestling.



THE HOKIES' RECORD BOOK

Team Records

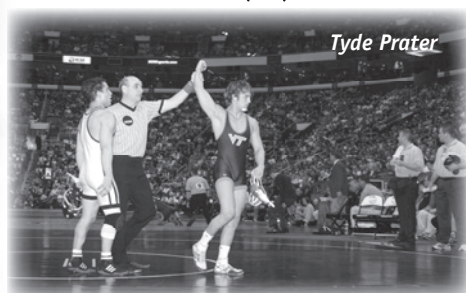
Season Wins	256	2004-05
Dual Wins	128	2004-05
Dual Team Wins	16	2004-05
Major Decisions	38	1979-80
Technical Falls	17	2000-01
Falls	63	2004-05
Points	740	1979-80



David Hoffman is looking to become the fifth four-time NCAA qualifier from Virginia Tech.

NCAA Championships Participants

Alfred Carson		1956
Armand Taylor		1956
John Wright		1956
Sherman Vandevender	(0-1)	1956, 58
Mike Grandstaff	(2-4)	1959, 61, 62
Bob Bowman	(0-1)	1959
Brandon Glover	(3-1)	1959
Joe Heller	(0-2)	1958, 59
Bob Hatcher	(0-1)	1962
Bill Pfeffer	(1-2)	1977
Chuck Broderick	(0-2)	1979
Mark Miller	(0-2)	1978, 79, 80
Rick Stageberg	(1-2)	1984
Jason Diggs	(0-1)	1983
Chuck Broderick	(0-2)	1979
Mark Miller	(0-5)	1978, 79, 80
Rob Fair	(1-2)	1986
Dante Winslow	(0-3)	1991, 93
Josh Feldman	(7-6)	1991, 92, 93
John Dattalo	(2-4)	1996, 97
Eric Hall	(4-6)	1997, 98, 00, 01
Chris Martin	(7-8)	1997, 98, 00, 01
Sean Gray	(13-7)	1998, 00, 01, 02
David Inkman	(0-2)	1998
Mike Akers	(0-2)	2000
Scott Justus	(8-8)	2000, 01, 02, 03
David Hoffman	(6-6)	2002, 04, 05
Chris Stith	(1-2)	2004
Reed Carpenter	(0-2)	2005
Steve Borja	(1-2)	2005
Tyde Prater	(3-2)	2005
Mike Faust	(0-2)	2005



Tyde Prater

NCAA Championships Results

1956	Stillwater, Okla.	T-19th	5.0 pts
1959	Iowa, City, Iowa	T-19th	7.0 pts
1962	Stillwater, Okla.	T-30th	2.0 pts
1967	Kent, Ohio	T-44th	2.0 pts
1968	State College, Pa.	T-67th	1.0 pt
1970	Evanston, Ill.	T-40th	2.0 pts
1977	Norman, Okla.	T-51st	1.0 pt
1984	Princeton, N.J.	T-66th	.5 pts
1986	Iowa City, Iowa	T-73rd	1.0 pt
1992	Norman, Okla.	T-60th	1.5 pts
1993	Ames, Iowa	T-62nd	1.0 pt
1994	Chapel Hill, N.C.	T-47th	4.5 pts
1998	Cleveland, Ohio	T-48th	7.0 pts
2000	St. Louis, Mo.	19th	27.5 pts
2001	Iowa City, Iowa	T-23rd	19.0 pts
2002	Albany, N.Y.	44th	6.5 pts
2003	Kansas City, Mo.	T-46th	4.0 pts
2004	St. Louis, Mo.	41st	7.5 pts
2005	St. Louis, Mo.	T-42nd	7.0 pts

ACC Tournament Team Results

2005	Second	66.5 points
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ACC Tournament Individual Champions

Tyde Prater	2004-05	149
Mike Faust	2004-05	HWT

EWL Tournament Team Results

1999	Eighth	5.5 points
2000	Third	91.0 points
2001	Fifth	85.0 points
2002	Seventh	48.5 points
2003	Seventh	44.5 points
2004	Eighth	44.5 points

EWL Coach of the Year

Keith Mourlam	1999-00
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EWL Tournament Individual Champions

Chris Martin	1999-00	165
Sean Gray	1999-00	141
Sean Gray	2000-01	141
Sean Gray	2001-02	141
Scott Justus	2001-02	184

CAA Tournament Team Results

1991-92	Fourth	43 points
1992-93	First	63 points
1993-94	Fifth	38.75 points
1994-95	Fourth	42.5 points
1995-96	Fourth	48.5 points
1996-97	Fourth	61.0 points
1997-98	First	93.5 points

CAA Coach of the Year

Jerry Cheynet	1992-93
Keith Mourlam	1997-98

CAA Tournament Individual Champions

Josh Feldman	1992, 93, 94	HWT
Dante Winslow	1995	158 lbs.
John Dattalo	1996	177 lbs.
John Dattalo	1997	167 lbs.
Eric Hall	1997, 98	158 lbs.
Sean Gray	1998	134 lbs.
David Inkman	1998	142 lbs.

CAA Wrestler of the Year

John Dattalo	1997	167 lbs.
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CAA Rookie of the Year

Eric Hall	1997	158 lbs.
Sean Gray	1998	134 lbs.

SoCon Tournament Team Championships

1954-55	42.0 points
1955-56	82.0 points
1957-58	85.0 points
1959-60	74.0 points
1960-61	73.0 points
1961-62	71.0 points
1962-63	73.0 points

SoCon Tournament Individual Champions

Al Carson	1955	130 lbs.
Jim Lock	1955	HWT
Armand Taylor	1955, 57	137 lbs.
Joe Heller	1956, 58, 59, 60	137 lbs.
Armand Taylor	1956	147 lbs.
John Wright	1956	167 lbs.
Sherman Vandevender	1956, 59	157 lbs.
Sherman Vandevender	1957, 58	147 lbs.
Brandon Glover	1957, 58, 59, 60	130 lbs.
Tom Westfall	1957, 58	123 lbs.
Don Vaughan	1957	167 lbs.
Tom Burrus	1958	177 lbs.
Bob Bowman	1959, 60	123 lbs.
Buddy Sanders	1960	177 lbs.
Mike Grandstaff	1961	123 lbs.
Mike Grandstaff	1962	130 lbs.
Frank Kirk	1961	177 lbs.
Bob Robinson	1961	137 lbs.
Gene Breen	1962	HWT
Don Ellerman	1962, 63, 64	137 lbs.
Bob Hatcher	1962	157 lbs.
Ernie Venturino	1962, 63	123 lbs.
Charles Callahan	1963	157 lbs.
Don Marks	1963	HWT
Henry Seymour	1964, 65	123 lbs.
Mickey Jarrell	1965	130 lbs.
Ken Cole	1965	137 lbs.
Ken Jenkins	1965	167 lbs.

NCAA Eastern Regional Team Results

2nd Place	1979, 1980
3rd Place	1973, 1978
4th Place	1977
5th Place	1981, 1982

NCAA Eastern Regional Individual Champions

Bill Pfeffer	1977
Mark Miller	1978, 79, 80
Chuck Broderick	1979
Jason Diggs	1983
Rick Stageberg	1984

Tech Wrestling Conference Affiliations

1920-1929:	Independent
1929-1965:	Southern Conference
1965-1991:	Independent
1991-1998:	Colonial Athletic Association
1998-2004:	Eastern Wrestling League
2004-present:	Atlantic Coast Conference

Virginia State Championships

1st Place	2000, 2002
2nd Place	1979, 1980, 1998
3rd Place	1983

Virginia State Champions

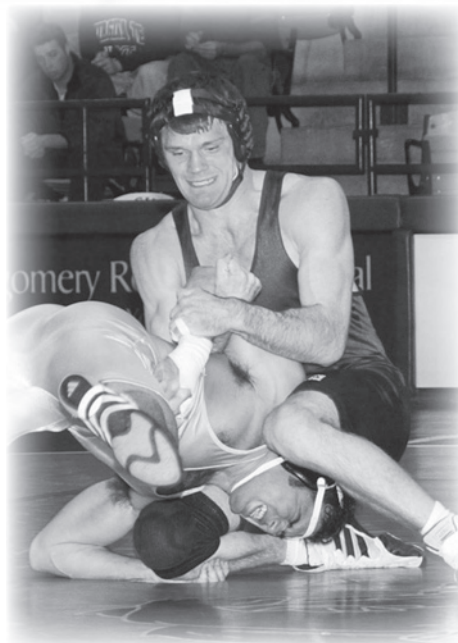
Steve Brown	(126)	1976
Bill Pfeffer	(HWT)	1978, 1980
Mark Miller	(190)	1979
Chuck Broderick	(158)	1979
Chuck Taylor	(134)	1980
Joe Oleszewski	(158)	1982
Rick Stageberg	(150)	1982
Richard Coates	(126)	1983
Vic Amada	(167)	1984
Rob Fair	(167)	1985
Matt Burlingame	(150)	1992
Dante Winslow	(158)	1992, 1994
Josh Feldman	(HWT)	1994
David Inkman	(142)	1996
John Dattalo	(167)	1997
Mike Mercado	(118)	1997
Christian Basnight	(197)	2000
Doug Easlick	(HWT)	2000
Sean Gray	(141)	2000, 2002
Eric Hall	(174)	2000
Chris Martin	(165)	2000
Geoff Head	(125)	2002
David Hoffman	(133)	2002
Scott Justus	(184)	2002
Canaan Prater	(197)	2002

Virginia State Coach of the Year

Keith Mourlam	2000, 2002
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Career Individual Wins

1. Sean Gray (1997-02)	133-19-0
2. Chris Martin (1996-01)	126-25-0
3. Eric Hall (1996-01)	113-39-0
4. Scott Justus (1998-03)	98-31-0
5. Rob Fair (1981-85)	93-29-6
6. Jason Diggs (1979-83)	88-32-2
7. Josh Feldman (1989-94)	85-23-1
David Hoffman (2001-05)	85-22-0
9. Dante Winslow (1989-94)	84-29-2
Matt Mogel (1992-96)	84-39-1
11. Mark Miller (1976-80)	82-24-0
Bill Aschenbach (1988-92)	82-44-1
13. Chris Taylor (1979-83)	77-38-1
14. Jeff Lally (1989-92)	73-39-1
Reed Carpenter (2001-05)	73-51-0
15. John Dattalo (1995-97)	72-12-0
Baird Kilpatrick (1987-91)	72-25-6
Matt Burlingame (1991-95)	72-39-1



Scott Justus

Career Dual Meet Wins

1. Chris Martin (1996-01)	58-5-0
Sean Gray (1997-02)	58-3-0
3. Eric Hall (1996-01)	51-11-0
4. Baird Kilpatrick (1987-91)	49-11-6
5. Jason Diggs (1979-83)	48-13-2

Single-Season Wins

1. John Dattalo (1996-97)	43-6-0
2. Eric Hall (1996-97)	41-10-0
3. Sean Gray (1999-00)	40-3-0
4. Rob Fair (1984-85)	35-3-0
5. Chris Martin (1999-00)	34-5-0
6. David Hoffman (2001-05)	33-7-0
Steve Borja (2004-05)	33-10-0
8. Chris Martin (1996-97)	32-8-0
Sean Gray (1997-98)	32-8-0
Chris Martin (1997-98)	32-9-0
11. Sean Gray (2001-02)	31-5-0
Chris Stith (2003-04)	31-13-0
13. Scott Justus (2001-02)	30-2-0
Sean Gray (2000-01)	30-3-0
Mike Faust (2004-05)	30-7-0
16. Josh Feldman (1991-92)	29-5-1
John Dattalo (1995-96)	29-6-0
David Hoffman (2001-02)	29-10-0

Single-Season Dual Meet Wins

1. Baird Kilpatrick (1989-90)	19-1-0
Mike Faust (2004-05)	19-1-0
3. John Dattalo (1996-97)	18-0-0
David Hoffman (2001-05)	18-2-0
5. Eric Hall (1996-97)	17-1-0
Chris Martin (1996-97)	17-1-0
Steve Borja (2004-05)	17-3-0
Bill Aschenbach (1989-90)	17-4-0
9. Josh Feldman (1991-92)	16-0-1
Sean Gray (1999-00)	16-1-0
Sean Gray (2000-01)	16-0-0
Mark Miller (1978-79)	16-1-0
Bo O'Dea (1990-91)	16-3-0

Career Pin Leaders

1. Sean Gray (1998-2002)	45
2. David Hoffman (2004-05)	30
3. Steve Brown (1973-77)	29
4. Mark Miller (1976-80)	26
5. Chris Martin (1996-2001)	25
6. Josh Feldman (1989-94)	23
7. Scott Justus (1998-03)	22
Baird Kilpatrick (1987-91)	22
9. Eric Hall (1996-2001)	21
10. Bill Pfeffer (1976-80)	20
Rick Stageberg (1980-1985)	20

Single-Season Pin Leaders

1. Sean Gray (2001-02)	15
David Hoffman (2001-05)	15
3. Sean Gray (1997-98)	14
4. Justin Staylor (2004-05)	13
5. Steve Borja (2004-05)	12
6. Steve Brown (1974-75)	11
7. Bill Pfeffer (1979-80)	10
8. John Dattalo (1996-97)	9
Eric Hall (2000-01)	9
Sean Gray (1999-2000)	9
David Hoffman (2001-02)	9
Steve Brown (1976-77)	9
13. Seven tied with eight pins	

Fastest Fall

9 seconds, Tomas Ovalle vs. Chris Cottrell (Navy)
Nov. 21, 2004 (197 pounds)

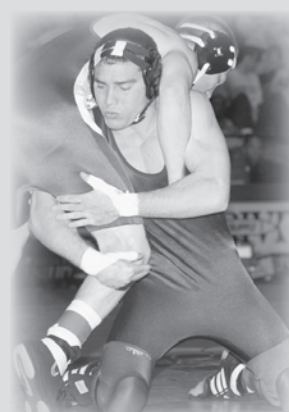


Tomas Ovalle

Top 15 Career Winning Percentages

(at least two seasons and 60 wins)

Name	Years	Pct.	Record
1. Sean Gray	(1997-02)	.875	133-19-0
2. John Dattalo	(1995-97)	.857	72-12-0
3. Chris Martin	(1996-01)	.824	126-27-0
4. David Hoffman	(2001-05)	.794	85-22-0
5. Josh Feldman	(1989-94)	.784	85-23-1
6. Mark Miller	(1976-80)	.773	82-24-0
7. Scott Justus	(1998-03)	.760	98-31-0
8. Rob Fair	(1981-85)	.750	93-29-6
9. Eric Hall	(1996-01)	.743	113-39-0
10. Dante Winslow	(1989-94)	.739	84-29-2
11. Jason Diggs	(1979-83)	.730	88-32-2
12. Baird Kilpatrick	(1987-91)	.728	72-25-6
13. Matt Mogel	(1992-96)	.681	84-39-1
14. Bo O'Dea	(1986-90)	.677	66-31-2
15. Chris Taylor	(1979-83)	.668	77-38-1



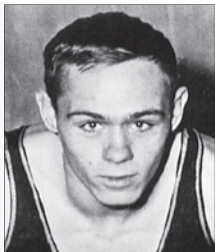
Sean Gray is Virginia Tech's all-time leader in career winning percentage.

Top 15 Single-Season Winning Percentages

(at least 24 wins)

Name	Year	Pct.	Record
1. Scott Justus	(2001-02)	.938	30-2-0
2. Sean Gray	(1999-00)	.930	40-3-0
3. Dante Winslow	(1993-94)	.929	26-2-0
4. Rob Fair	(1984-85)	.921	35-3-0
5. Sean Gray	(2000-01)	.909	30-3-0
6. John Dattalo	(1996-97)	.878	43-6-0
7. Chris Martin	(1999-00)	.872	34-5-0
8. Bill Pfeffer	(1979-80)	.871	27-4-0
Sean Gray	(2001-02)	.861	31-5-0
10. Bob Pincus	(1973-74)	.857	24-4-0
11. Josh Feldman	(1991-92)	.843	29-5-1
12. David Hoffman	(2004-05)	.825	33-7-0
13. John Dattalo	(1995-96)	.829	29-6-0
14. Mike Faust	(2004-05)	.811	30-7-0
15. Jason Diggs	(1982-83)	.809	27-6-1

VIRGINIA TECH'S ALL-AMERICANS



Brandon GLOVER

1959 All-American

130 pounds

Site: Iowa City, Iowa

Brandon Glover, from Norfolk, Va., became Tech's first All-American in wrestling when he took third place in the 130-pound weight class at the 1959 NCAA Championships in Iowa City.

A four-time Southern Conference champion (1957-60), Glover went undefeated in his career except in the semifinals of those Championships.

For his career, the Granby High graduate went 26-0 in career dual meets and was a 1988 inductee into the Virginia Tech Sports Hall of Fame.



Chris MARTIN

2000 All-American

165 pounds

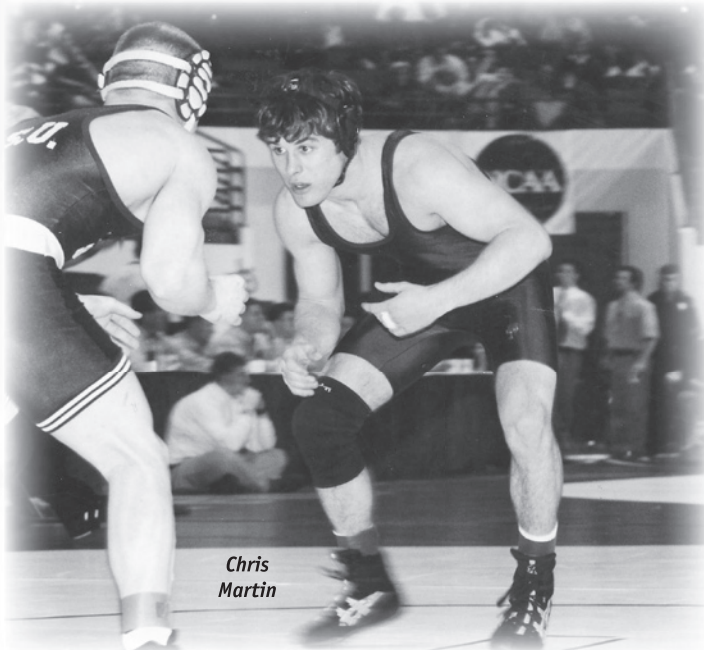
Site: St. Louis, Missouri

Chris Martin became Virginia Tech's third All-American in wrestling when he took fourth place at the 2000 NCAA Championships at 165 pounds in St. Louis.

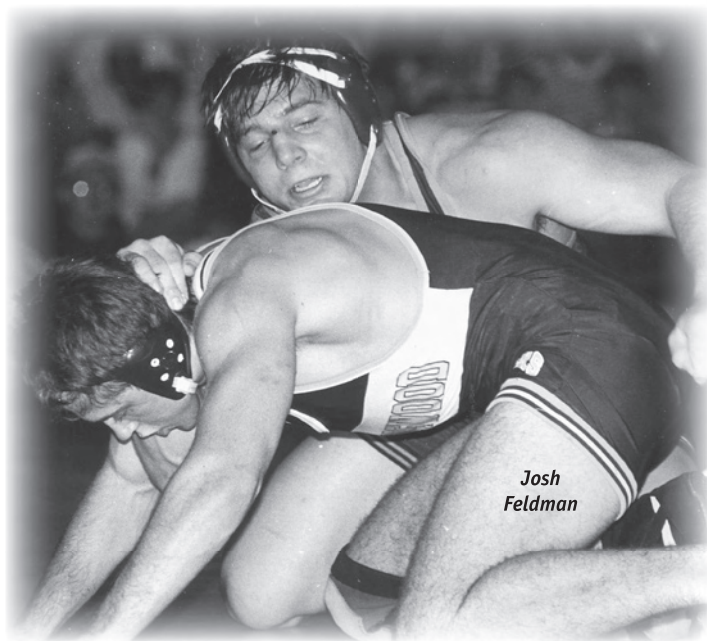
Also an Eastern Wrestling League Champion in 2000, the native of Norfolk, Va., posted a career record of 126-25, second-best all-time at Tech.

He is tied for the career dual meet wins mark at Tech with 58 victories and is fourth all-time at Tech in career pins with 25.

The graduate of Granby High is also third in career winning percentage, finishing with a .824 clip, as well as second on the all-time victories list with 126 wins.



Chris Martin



Josh Feldman



Josh FELDMAN

1994 All-American

Heavyweight

Site: Chapel Hill, North Carolina

Josh Feldman became Tech's second All-American in wrestling when he took seventh place in the 1994 NCAA Championships at the heavyweight division in Chapel Hill, N.C.

A three-time Colonial Athletic Association champion (1992-94), the native of Dunwoody, Ga., is currently fifth all-time at Tech in career pins with 23 and sixth in all-time wins.

The graduate of Dunwoody High posted a career record of 85-23-1 for the Hokies.



Sean GRAY

2000, 2001 All-American

141 pounds

Site: St. Louis, Missouri (2000)

Site: Iowa City, Iowa (2001)

Sean Gray became Tech's first two-time All-American in wrestling when he finished seventh at 141 pounds at the 2001 NCAA Championships in Iowa City.

He became Tech's fourth All-American when he placed sixth at the 2000 Championships in St. Louis.

The Flemington, N.J., native was a three-time EWL Champion and holds the school record for career wins (133), career winning percentage (.875), pins in a season (15) and career pins (45).

For his career, the graduate of Blair Academy posted a career record of 133-19.

He also finished his career tied for the most career dual meet wins at Tech with 58 victories.

YEAR-BY-YEAR RESULTS

Year	Record	Coach	Year	Record	Coach	Year	Record	Coach
2004-05	16-4	Brands	1972-73	4-9-0	Teske	1955-56	7-0-0	Teske
2003-04	6-12-0	Mourlam	1971-72	1-9-0	Teske	1954-55	8-0-0	Teske
2002-03	0-13-0	Mourlam	1970-71	3-7-0	Teske	1953-54	1-6-1	Teske
2001-02	5-10-0	Mourlam	1969-70	4-15-0	Teske	1952-53	6-1-1	Teske
2000-01	8-7-1	Mourlam	1968-69	7-5-1	Teske	1951-52	5-8-0	Teske
1999-00	10-7-0	Mourlam	1967-68	8-4-0	Teske	1950-51	4-5-0	Learned
1998-99	2-13-0	Mourlam	1966-67	9-1-0	Teske	1949-50	7-4-0	Learned
1997-98	9-4-0	Mourlam	1965-66	7-2-0	Teske	1948-49	3-4-1	Learned
1996-97	10-8-0	Mourlam	1964-65	5-6-0	Teske	1947-48	1-7-0	Altman
1995-96	6-9-0	Cheynt	1963-64	4-5-1	Teske	1946-47	0-6-0	Altman
1994-95	6-10-0	Cheynt	1962-63	2-7-1	Teske	1943-46	<i>no team for three years</i>	
1993-94	6-7-0	Cheynt	1961-62	7-2-0	Teske	1942-43	1-6-1	Altman
1992-93	9-1-0	Cheynt	1960-61	6-3-0	Teske	1941-42	4-3-0	Altman
1991-92	9-7-1	Cheynt	1959-60	4-1-0	Teske	1940-41	1-5-0	Altman
1990-91	9-12-0	Cheynt	1958-59	6-1-0	Teske	1939-40	2-4-0	Altman
1989-90	14-7-0	Cheynt	1957-58	6-1-0	Teske	1938-39	1-5-0	Tilson
1988-89	12-7-1	Cheynt	1956-57	7-0-0	Teske	1937-38	2-3-0	Tilson
1987-88	7-7-0	Cheynt						
1986-87	8-6-0	Cheynt						
1985-86	4-10-0	Cheynt						
1984-85	8-10-0	Cheynt						
1983-84	6-13-1	Cheynt						
1982-83	2-9-1	Cheynt						
1981-82	5-15-0	Cheynt						
1980-81	11-5-1	Cheynt						
1979-80	14-4-0	Cheynt						
1978-79	14-5-1	Cheynt						
1977-78	11-5-0	Cheynt						
1976-77	9-5-0	Cheynt						
1975-76	12-4-0	Cheynt						
1974-75	6-9-0	Cheynt						
1973-74	5-9-1	Teske						



Jerry Cheynet

All-Time Coaching Records (by wins)

Record	Coach	Years	Years Coached	Win %	Best Year
188-167-6	Jerry Cheynet	22	1974-96	.529	14-4/1979-80
122-102-6	Frank Teske	23	1951-74	.543	8-0/1954-55
50-74-1	Keith Mourlam	8	1996-97	.404	10-7/1999-00
33-19-2	George Herring	10	1920-21, 24-28, 30-33	.630	6-0/1924-25
16-4-0	Tom Brands	1	2004-Current	.800	16-4/2004-05
14-13-1	Allan Learned	3	1948-51	.518	7-4/1949-50
9-31-1	William Altman	6	1939-48	.232	4-3/1941-42
8-22-1	C.E. Tilson	6	1933-39	.274	2-3/1934,35,38
3-4-0	G.C. Anderson	1	1928-29	.429	3-4
2-0-0	S.B. Sutton	1	1921-22	1.000	2-0
1-2-0	Ben Cabbage	1	1922-23	.333	1-2

All-Time Virginia Tech Wrestling Record (82 seasons): 446-438-18 (.502)

VIRGINIA TECH SPORTS HALL OF FAME

The Virginia Tech Sports Hall of Fame was established in 1982 to honor and preserve the memory of athletes, coaches, administrators and staff members who have made outstanding contributions to athletics at the university. A total 126 individuals have been inducted to the Tech Hall of Fame during special ceremonies held each fall. Some of the following were inducted for other sports, but all have ties to Virginia Tech wrestling.



Milton Andes
(inducted in 1994)

A 125-pound wrestling champion of 1920s who went on to fame as a National AAU champion.



Brandon Glover
(inducted in 1988)

An All-America wrestler, he was a four-time SoCon champion who lost only one match in his career.



Frank Teske
(inducted in 1995)

He led Tech to seven Southern Conference wrestling championships in a 23-year coaching stint.



Sherman Vandevender
(inducted in 2001)

A four-time SoCon wrestling champion who advanced to the final Olympic tryouts in 1956.



Gene Breen
(inducted in 2002)

A heavyweight champion of the Southern Conference in the 1960s.



Don Oakes
(inducted in 2001)

A wrestler for Tech in the late 1950s who went on to a successful career as a pro football player.



Armand Taylor
(inducted in 2005)

A three-time SoCon champion who helped Tech to a 19th-place finish in the 1956 NCAA Tournament.



Ken Whitley
(inducted in 1990)

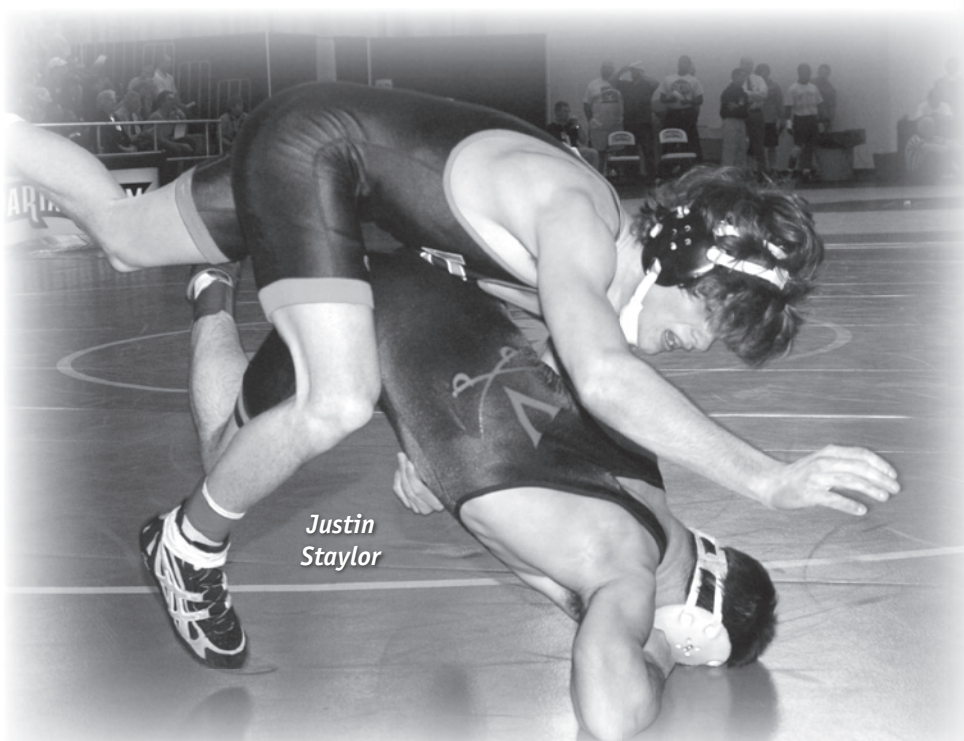
A dynamic football star and heavyweight wrestler of the 1960s.

AGAINST ALL OPPONENTS

Team	Record	First	Last	Team	Record	First	Last	Team	Record	First	Last
American	9-3-0	1080	2001	Lock Haven	1-6-0	1992	2004	Quantico Marines	2-0-0	1949	1950
Anderson	3-1-0	1995	2004	Longwood	7-1-0	1985	1987	Richmond	3-1-0	1974	1980
Appalachian State	12-13-2	1947	2004	Loyola	1-0-0	1987	1987	Rider	1-0-0	2000	2000
Army	0-1-0	1991	1991	Marshall	9-3-0	1955	1982	Salisbury State	3-0-0	1978	1987
Ashland	1-0-0	1997	1997	Maryland	5-9-0	1942	2005	Shippensburg	2-2-0	1981	1981
Auburn	8-0-0	1959	1967	Maryville	3-0-0	1976	1977	Slippery Rock	2-3-0	1988	1996
Ball State	0-2-0	1972	1982	Massachusetts	1-0-0	1984	1984	South Carolina State	2-0-0	1985	1988
Bloomsburg	3-3-0	1999	2004	Michigan	0-2-0	2000	2001	Southern Connecticut	1-0-0	1979	1979
Brockport	2-1-0	1988	1996	Middle Tennessee State	2-0-0	1975	1979	Stetson	1-0-0	1984	1984
Brown	0-1-0	2003	2003	Millersville	1-2-0	1986	1992	SUNY Binghamton	0-1-0	1975	1975
California (PA)	2-0-0	1984	1995	Minnesota	0-2-0	2001	2002	Tennessee	1-8-0	1973	1985
Camp Lejeune	1-1-0	1950	1951	Missouri	0-1-0	2004	2004	Tenn.-Chattanooga	1-6-0	1974	2004
Campbell	6-2-0	1982	2004	Morehead State	1-0-0	1976	1976	The Citadel	9-2-0	1950	1999
Carson-Newman	12-10-1	1979	2003	Morgan State	4-3-0	1980	1996	Towson	2-0-0	1980	1981
Central Florida	1-0-0	1981	1981	Navy	0-13-0	1928	1994	Troy	1-0-0	1967	1967
Clarian	1-5-0	1999	2004	N.N. Apprentice	6-1-0	1939	1988	University of the South	1-0-0	1975	1975
Clemson	0-1-0	1987	1987	Norfolk State	2-0-0	1983	1984	Virginia	30-24-1	1922	2004
Cleveland State	1-6-0	1972	2004	North Carolina	27-25-2	1924	2005	Virginia Commonwealth	6-0-0	1969	1981
Cincinnati	1-0-0	1979	1979	North Carolina A&T	1-0-0	1982	1982	VMI	25-35-4	1923	2004
Colgate	2-1-0	1973	1977	NC Greensboro	5-0-0	1995	2005	Virginia State	2-0-0	1988	1989
Coppin State	2-0-0	1990	1992	NC Preflight School	0-1-0	1943	1943	Wake Forest	1-0-0	1957	1957
Cornell	0-1-0	1992	1992	North Carolina State	18-28-1	1926	2005	Washington & Lee	15-22-3	1921	1925
Cumberland (KY)	1-0-0	2005	2005	Northern Iowa	0-1-0	2005	2005	West Chester State	1-1-0	1976	1981
Cumberland (TN)	1-0-0	2004	2004	Notre Dame	2-0-0	1979	1981	West Virginia	6-11-0	1951	2004
Davidson	29-3-1	1924	2004	Old Dominion	9-17-0	1966	2004	Western Maryland	1-0-0	1928	1928
Dayton	1-0-0	1989	1989	Ohio	1-6-0	1990	2005	William & Mary	5-8-0	1965	1995
Delaware	1-0-0	1989	1989	Ohio State	1-7-0	1964	2004	Wilkes	1-5-0	1977	1988
Delaware State	2-0-0	1990	1991	Oswego State	0-1-0	1984	1984	Wisconsin	1-0-0	1968	1968
Drexel	1-0-0	1992	1992	Pembroke State	6-4-0	1974	1986				
Duke	15-12-1	1927	2005	Penn State	0-3-0	1962	1965				
Duquesne	1-0-0	1996	1996	Pfeiffer	1-0-0	1967	1967				
East Carolina	3-0-0	1979	1981	Pittsburgh	0-9-0	1965	2004				
Eastern Illinois	1-0-0	2005	2005	Pitt-Johnstown	0-2-0	2001	2002				
Eastern Michigan	0-1-0	1996	1996	Princeton	1-1-0	1978	1991				
Edinboro	0-5-1	1998	2004	Purdue	0-1-0	1965	1965				
Elon	1-0-0	1986	1986								
Ferrum	4-0-0	1985	1988								
Findlay	1-0-0	2000	2000								
Florida International	1-0-0	1978	1978								
Franklin & Marshall	0-1-0	1982	1982								
Furman	2-0-0	1989	1990								
Gannon	1-0-0	1989	1989								
Gardner-Webb	4-0-0	2000	2004								
George Mason	5-9-0	1976	1990								
George Washington	2-0-0	1988	1989								
Georgia	3-1-0	1966	1974								
Georgia Tech	5-1-0	1966	1975								
Hampden-Sydney	1-0-0	1925	1925								
Harvard	1-0-0	2000	2000								
Hofstra	0-1-0	2003	2003								
Howard	3-0-0	1995	2001								
Illinois State	0-1-0	1973	1973								
Indiana	0-3-0	1972	1998								
Iowa	0-2-0	1968	2005								
Iowa State	0-1-0	2003	2003								
Ithaca	1-0-0	1990	1990								
James Madison	11-9-0	1976	2004								
Kansas State	0-1-0	1941	1941								
Kent State	0-1-0	2004	2004								
Lafayette	1-0-0	1975	1975								
Lehigh	0-1-0	2000	2000								
Liberty	5-2-0	1977	1994								
Livingstone	1-2-0	1986	1988								

• Virginia Tech had no wrestling squad from 1943-46 due to World War II

• No results or incomplete data exists for the 1961-62, 1962-63, 1969-70, 1970-71 and 1971-72 seasons

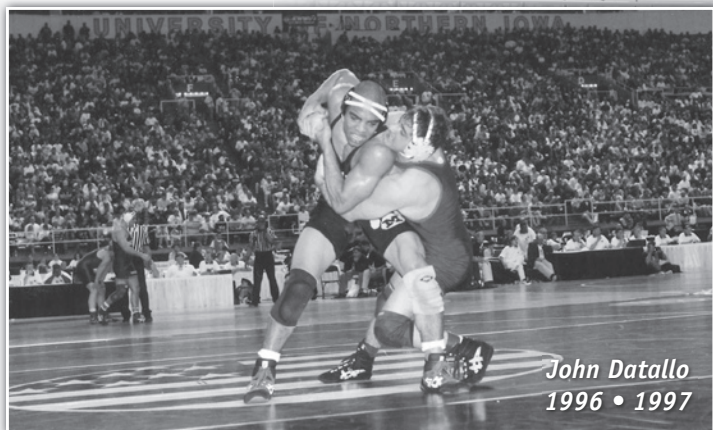


Justin Staylor

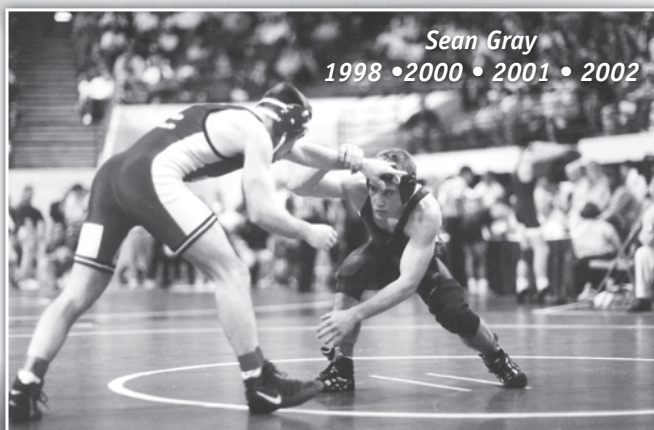
Virginia Tech leads the all-time series against the University of Virginia, 30-24-1.

NCAA EXCITEMENT

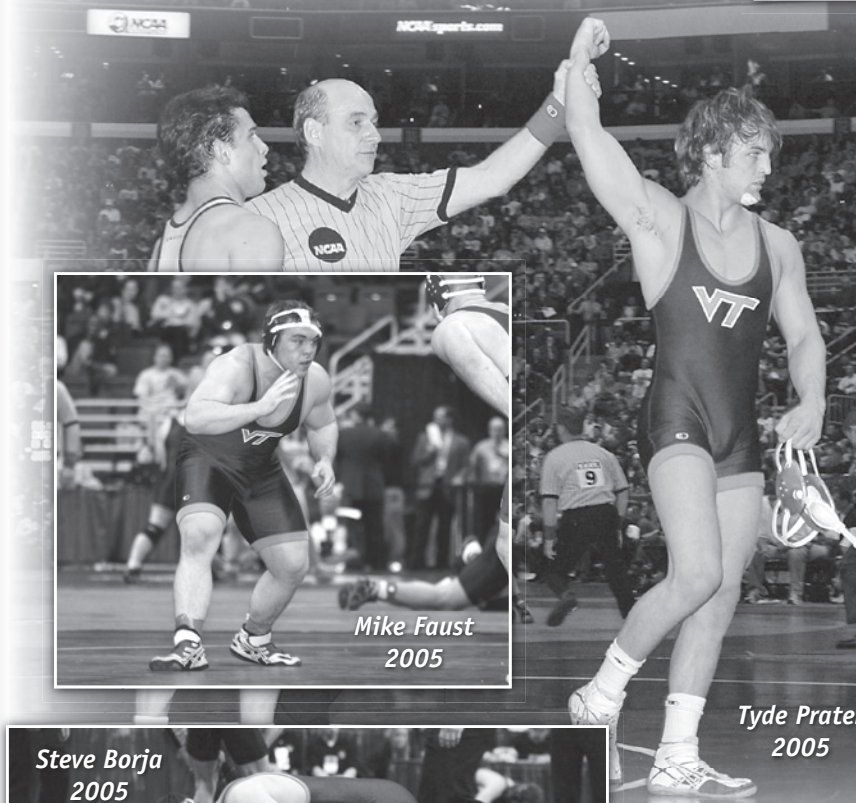
Virginia Tech wrestlers will be working this year toward competing in the NCAA Wrestling Championships at the Ford Center in Oklahoma City. They'll be looking to join other Tech grapplers who have made their marks on college wrestling's grandest stage.



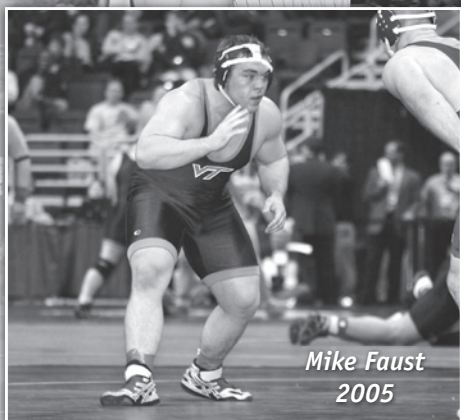
John Datallo
1996 • 1997



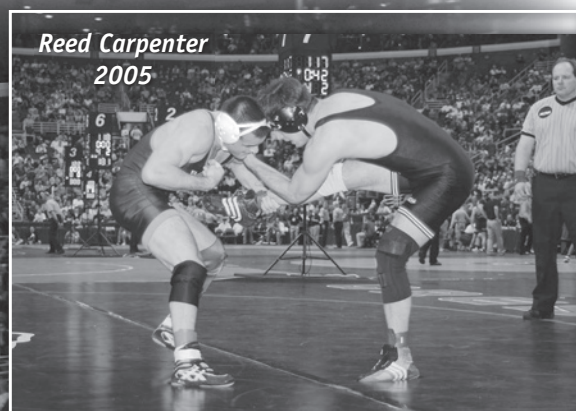
Sean Gray
1998 • 2000 • 2001 • 2002



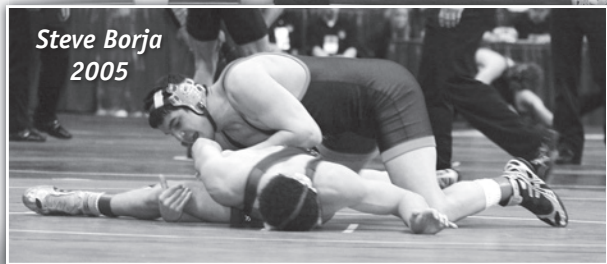
Tyde Prater
2005



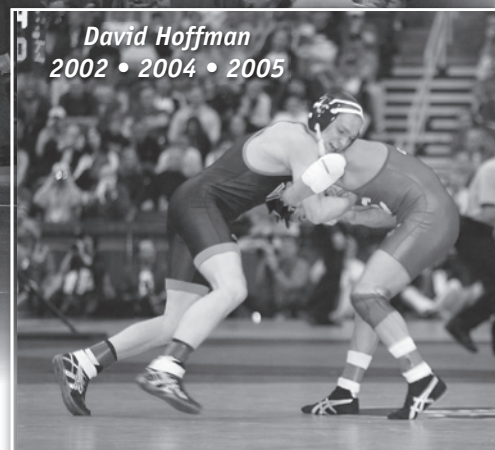
Mike Faust
2005



Reed Carpenter
2005



Steve Borja
2005



David Hoffman
2002 • 2004 • 2005

Five Hokies made the NCAA Championships last season, and Tech will be looking to qualify more this season.

OPPONENTS

AMERICAN



NOV. 26 • GUILDERLAND CENTER, N.Y.

Location: Washington, D.C.
Enrollment: 5,249
Nickname: Eagles
Colors: AU Red, White and Blue
Home Arena (Capacity): Bender Arena (4,500)
Conference: EIWA
Head Coach: Mark Cody
2004-05 Dual Record: 4-13
2005 NCAA Finish: 32nd
2004-05 EIWA Dual Record: 0-3
2005 EIWA Championships Finish: 6th
NCAA Qualifiers Returning/Lost: 3/1
All-Americans Returning/Lost: 0/1
Wrestling SID: Patrick MacAdie
SID Phone: (202) 885-3030
SID Fax: (202) 885-3033
SID Email: pmacadie@american.edu
Web Page: aueagles.com

CENTRAL MICHIGAN



NOV. 26 • GUILDERLAND CENTER, N.Y.

Location: Mount Pleasant, Mich.
Enrollment: 27,452
Nickname: Chippewas
Colors: Maroon and Gold
Home Arena (Capacity): Rose Arena (5,200)
Conference: Mid-American
Head Coach: Tom Borrelli
2004-05 Dual Record: 16-4
2005 NCAA Finish: 12th
2004-05 MAC Dual Record: 5-0
2005 MAC Championships Finish: 1st
NCAA Qualifiers Returning/Lost: 5/4
All-Americans Returning/Lost: 2/2
Wrestling SID: Scott Rex
SID Phone: (989) 774-7323
SID Fax: (989) 774-7324
SID Email: scott.rex@cmich.edu
Web Page: cmuchippewas.com

DUKE



FEB. 9 • DURHAM, N.C.

Location: Durham, N.C.
Enrollment: 6,092
Nickname: Blue Devils
Colors: Royal Blue and White
Home Arena (Capacity): Cameron Indoor Stadium (9,314)
Conference: Atlantic Coast
Head Coach: Clar Anderson
2004-05 Dual Record: 9-5
2005 NCAA Finish: 62nd
2004-05 ACC Dual Record: 2-3
2005 ACC Championships Finish: 5th
NCAA Qualifiers Returning/Lost: 1/1
All-Americans Returning/Lost: 0/0
Wrestling SID: Lee Aldridge
SID Phone: (919) 684-8708
SID Fax: (919) 684-2489
SID Email: laldrige@duaa.duke.edu
Web Page: goduke.com

IOWA STATE



JAN. 5 • AMES, IOWA

Location: Ames, Iowa
Enrollment: 25,741
Nickname: Cyclones
Colors: Cardinal and Gold
Home Arena (Capacity): Hilton Coliseum (14,092)
Conference: Big 12
Head Coach: Bobby Duuglas
2004-05 Dual Record: 16-2
2005 NCAA Finish: 10th
2004-05 Big 12 Dual Record: 2-2
2005 Big 12 Championships Finish: Third
NCAA Qualifiers Returning/Lost: 6/2
All-Americans Returning/Lost: 4/1
Wrestling SIDs: Ben Schlesselman, Amanda Dahl
SID Phone: 515-294-3372
SID Fax: 515-294-0558
SID Email: mediarelations@iastate.edu
Web Page: cyclones.com

MARYLAND



JAN. 27 • COLLEGE PARK, MD.

Location: College Park, Md.
Enrollment: 34,801
Nickname: Terrapins
Colors: Red, White, Black, Gold
Home Arena (Capacity): Comcast Center Pavilion (1,500)
Conference: Atlantic Coast
Head Coach: Pat Santoro
2004-05 Dual Record: 3-13-1
2005 NCAA Finish:
2004-05 ACC Dual Record: 0-5
2005 ACC Championships Finish: 6th
NCAA Qualifiers Returning/Lost: 1/1
All-Americans Returning/Lost: 0/0
Wrestling SID: Adam Zundell
SID Phone: (301) 314-7066
SID Fax: (301) 314-9094
SID Email: azundell@umd.edu
Web Page: umterps.com

MINNESOTA



NOV. 26 • GUILDERLAND CENTER, N.Y.

Location: Minneapolis, Minn.
Enrollment: 48,484
Nickname: Golden Gophers
Colors: Maroon and Gold
Home Arena (Capacity): Sports Pavilion (5,700)/ Williams Arena (14,625)
Conference: Big Ten
Head Coach: J. Robinson
2004-05 Dual Record: 9-9
2005 NCAA Finish: 5th (72.5 points)
2004-05 Big Ten Dual Record: 3-5
2005 Big Ten Championships Finish: 2nd (123.5 pts.)
NCAA Qualifiers Returning/Lost: 7/3
All-Americans Returning/Lost: 3/1
Wrestling SID: John Romo
SID Phone: (612) 624-7318
SID Fax: (612) 624-7318
SID Email: romox001@umn.edu
Web Page: gophersports.com

NEBRASKA



JAN. 7 • LINCOLN, NEB.

Location: Lincoln, Neb.
Enrollment: 22,000
Nickname: Huskers, Cornhuskers
Colors: Scarlet and Cream
Home Arena (Capacity): NU Coliseum (4,030)
Conference: Big 12
Head Coach: Mark Manning
2004-05 Dual Record: 19-2-1
2005 NCAA Finish: 19th
2004-05 Big 12 Dual Record: 3-1
2005 Big 12 Championships Finish: 3rd
NCAA Qualifiers Returning/Lost: 3/7
All-Americans Returning/Lost: 1/1
Wrestling SID: Nate Rohr
SID Phone: (402) 472-2263
SID Fax: (402) 472-2305
SID Email: nrohr@huskers.com
Web Page: huskers.com

NORTH CAROLINA



FEB. 2 • RICHMOND, VA.

Location: Chapel Hill, N.C.
Enrollment: 26,878
Nickname: Tar Heels
Colors: Carolina Blue & White
Home Arena (Capacity): Carmichael Auditorium (10,800)
Conference: Atlantic Coast
Head Coach: C.D. Mock
2004-05 Dual Record: 6-9
2005 NCAA Finish: 24th
2004-05 ACC Dual Record: 4-2
2005 ACC Championships Finish: 1st
NCAA Qualifiers Returning/Lost: 15/10
All-Americans Returning/Lost: 1/1
Wrestling SID: John Martin
SID Phone: (919) 962-0084
SID Fax: (919) 843-2309
SID Email: johnmartin@unc.edu
Web Page: tarheelblue.com

NORTH CAROLINA STATE



FEB. 19 • BLACKSBURG, VA.

Location: Raleigh, N.C.
Enrollment: 29,957
Nickname: Wolfpack
Colors: Red and White
Home Arena (Capacity): Reynolds Coliseum (12,400)
Conference: Atlantic Coast
Head Coach: Carter Jordan
2004-05 Dual Record: 8-8
2005 NCAA Finish: dnp
2004-05 ACC Dual Record: 4-2
2005 ACC Championships Finish: 3rd
NCAA Qualifiers Returning/Lost: 0/0
All-Americans Returning/Lost: 0/0
Wrestling SID: Bruce Winkworth
SID Phone: (919) 515-1182
SID Fax: (919) 515-2898
SID Email: bruce_winkworth@ncsu.edu
Web Page: gopack.com

OPPONENTS

NORTHERN IOWA



DEC. 18 • BLACKSBURG, VA.

Location: Cedar Falls, Iowa
Enrollment: 13,396
Nickname: Panthers
Colors: Purple and Old Gold
Home Arena (Capacity): West Gym (2,051)
Conference: Independent
Head Coach: Brad Penrith
2004-05 Dual Record: 8-7
2005 NCAA Finish: 15th
NCAA Qualifiers Returning/Lost: 5/3
All-Americans Returning/Lost: 0/2
Wrestling SID: Brandie Glasnapp
SID Phone: (319) 273-5455
SID Fax: (319) 273-3602
SID Email: brandie.glasnapp@uni.edu
Web Page: unipanthers.com

OHIO



FEB. 4 • BLACKSBURG, VA.

Location: Athens, Ohio
Enrollment: 28,804
Nickname: Bobcats
Colors: Hunter Green and White
Home Arena (Capacity): Convocation Center
Conference: Mid-American
Head Coach: Joel Greenlee
2004-05 Dual Record: 10-12-1
2005 NCAA Finish: 26th
2004-05 MAC Dual Record: 3-2
2005 MAC Championships Finish: 3rd
NCAA Qualifiers Returning/Lost: 0/2
All-Americans Returning/Lost: 0/0
Wrestling SID: Bob Lee
SID Phone: (740) 593-1299
SID Fax: (740) 597-1838
SID Email: leer1@ohio.edu
Web Page: ohiobobcats.com

OHIO STATE



JAN. 22 • BLACKSBURG, VA.

Location: Columbus, Ohio
Enrollment: 58,365
Nickname: Buckeyes
Colors: Scarlet and Grey
Home Arena (Capacity):
Conference: Big Ten
Head Coach: Russ Hellenickson
2004-05 Dual Record: 8-11
2005 NCAA Finish: 50th
2004-05 Big Ten Dual Record: 1-7
2005 Big Ten Championships Finish: 11th
NCAA Qualifiers Returning/Lost: 0/0
All-Americans Returning/Lost: 0/0
Wrestling SID: Danielle Warner
SID Phone: (614) 202-3270
SID Fax: (614) 292-8547
SID Email: warner.238@osu.edu
Web Page: ohiostatebuckeyes.com

PITT-JOHNSTOWN



NOV. 26 • GUILDERLAND CENTER, N.Y.

Location: Johnstown, Pa.
Enrollment: 3,100
Nickname: Mountain Cats
Colors: Navy Blue and Vegas Gold
Home Arena (Capacity): Sports Center (2,400)
Conference: Independent
Head Coach: Pat Pecora
2004-05 Dual Record: 20-5
2005 NCAA Finish: 4th (Division II)
NCAA Qualifiers Returning/Lost: 5/2
All-Americans Returning/Lost: 4/2
Wrestling SID: Chris Caputo
SID Phone: (814) 269-2031
SID Fax: (814) 269-2026
SID Email: ccaputo@pitt.edu
Web Page: www.upj.pitt.edu/athletics

VIRGINIA



JAN. 28 • CHARLOTTESVILLE, VA.

Location: Charlottesville, Va.
Enrollment: 20,018
Nickname: Cavaliers
Colors: Navy and Orange
Home Arena (Capacity): Memorial Gym
Conference: Atlantic Coast
Head Coach: Lenny Bernstein
2004-05 Dual Record: 6-11
2005 NCAA Finish: t-69th
2004-05 ACC Dual Record: 1-4
2005 ACC Championships Finish: 4th
NCAA Qualifiers Returning/Lost: 0/1
All-Americans Returning/Lost: 0/0
Wrestling SID: Kerwin Lonzo
SID Phone: (434) 982-5500
SID Fax: (434) 982-5525
SID Email: kjl4q@virginia.edu
Web Page: www.virginiports.com

WEST VIRGINIA OPEN

Nov. 12 • Morgantown, W.Va.

Contact: Scott Castleman
Phone: (304) 293-2821
Email: scott.castleman@mail.wvu.edu

KAUFMAN-BRAND OPEN

Nov. 19 • Omaha, Neb.

Contact: Gary Anderson
Phone: (402) 554-3387
Email: ganderson@mail.uomaha.edu

UNC OPEN

Nov. 26 • Chapel Hill, N.C.

Contact: John Martin
Phone: (919) 962-0084
Email: johnmartin@unc.edu

PENN STATE OPEN

Dec. 3 • College Park, Pa.

Contact: Brian Siegrist
Phone: (814) 865-1757
Email: tbs1@psu.edu

SOUTHERN SCUFFLE

Dec. 29-30 • Greensboro, N.C.

Contact: Jay D'Abramo
Phone: (336) 334-5615
Email: JEDABRAM@uncg.edu

ACC TOURNAMENT

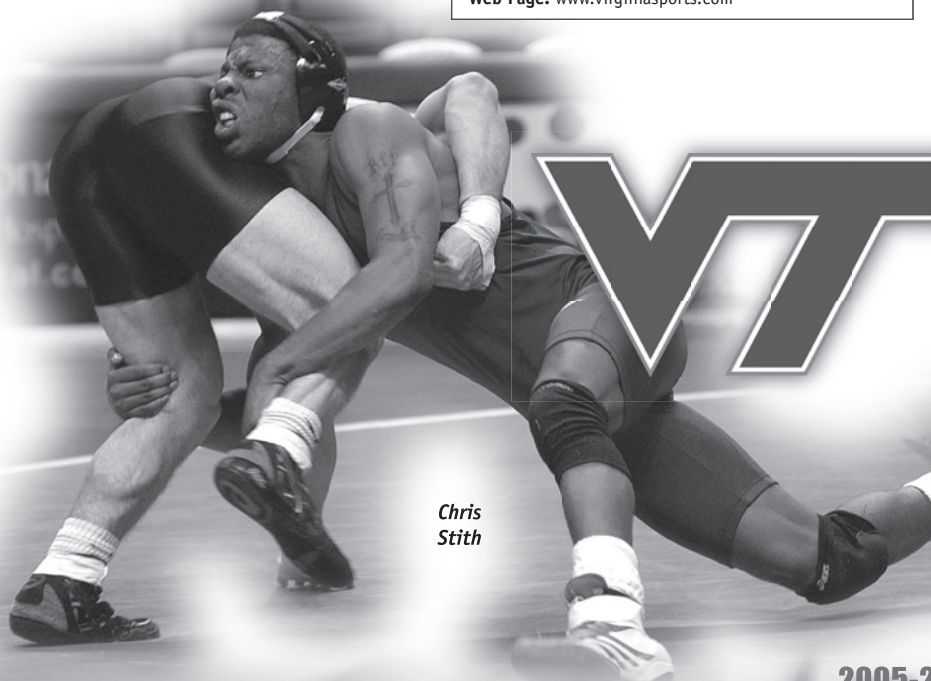
March 4 • Lexington, Va.

Contact: Sarah Schmitt
Phone: (336) 851-6062
Email: sschmitt@theacc.org

NCAA CHAMPIONSHIPS

March 16-18 • Oklahoma City, Okla.

www.ncaasports.com



Chris Stith

ADMINISTRATION



Jim Weaver
Director of Athletics



Sharon McCloskey
Senior Associate
Director of Athletics



David Chambers
Senior Associate
Director of Athletics
for External Affairs



Tom Gabbard
Associate Director of
Athletics for
Internal Affairs



Jon Jaudon
Associate Director of
Athletics for
Administration



Randy Butt
Associate Director of
Athletics for
Financial Affairs



John Ballein
Associate Director of
Athletics for
Football Operations



Tim East
Assistant Director of
Athletics for Marketing
& Promotions



Tim Parker
Assistant Director of
Athletics for
Compliance



Mike Gentry
Assistant Director of
Athletics for
Athletic Performance



Dave Smith
Assistant Director of
Athletics for
Media Relations



Sandy Smith
Assistant Director of
Athletics for
Ticketing Operations

SUPPORT PERSONNEL



Marianne Baffi
Secretary



RaeLynn McAfee
Marketing



John Meyers
Student Athletic Trainer



Tommy Rapier
Equipment Manager



Damian Salas
Scoreboard



Kris Wiedegreen
Manager

WHAT IS A HOKIE?

That's the most often-asked question at Virginia Tech.

The answer leads all the way back to 1896 when Virginia Agricultural and Mechanical College changed its name to Virginia Polytechnic Institute.

With the change came the necessity for writing a new cheer and a contest for such a purpose was held by the student body.

Senior O.M. Stull won first prize for his "Hokie" yell which still is used today. Later, when asked if "Hokie" had any meaning to it, Stull explained the word was solely the product of his imagination and was only used as an attention-getter for his yell.

It soon became a nickname for all Tech teams and for those loyal to Tech athletics.



**The HokieBird —
Tech's lovable mascot.**

SPORTS MEDICINE

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all student-athletes. The department is constantly evolving to incorporate new ideas and state-of-the-art resources for the betterment of student-athletes.

A professional staff — including primary care physicians who are Board certified in family medicine and sports medicine, orthopaedic surgeons, certified athletic trainers, physical therapists, chiropractors, massage therapists, sport psychologists, nutritionists and orthotists — is available to manage the health care of Tech athletes.

As part of the evolution, Tech recently completed its fourth full year in the 4,300-square-foot Eddie Ferrell Memorial Training Room. This area consolidated the training rooms that existed in the Merryman Center and Cassell Coliseum. The facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes. There is top-of-the-line equipment and a unique style of architecture, developed by Glenn Reynolds, AIA and Larry Perry as the consulting engineer.

The Ferrell Training Room, which nearly doubles the size of the former Merryman Center facility, also allows the staff to utilize that room for physical therapy, chiropractic care and massage therapy. Virginia Tech now has more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally.

In addition, the \$10 million Merryman Center, a state-of-the-art facility that includes 2,400 square feet of medical space, supplements the new training room. This treatment room has numerous treatment modalities, including portable X-ray, electric stimulation, ultrasound, hot and cold packs and a lumbar/cervical traction unit. It also has offices for the staff, dozens of training tables, two cold tubs, whirlpools, an underwater treadmill, a Biodex System 3 and various other pieces of rehabilitation equipment. In addition, a training room has been constructed in Rector Field House to serve the football team when it practices indoors.

"We, as a staff, are very pleased with our facility and the opportunity for all of us to come together for the

benefit of our athletes," said Mike Goforth, director of athletic training.

The Virginia Tech Sports Medicine Department, in conjunction with the Via College of Osteopathic Medicine and other research departments at Tech, has also initiated several new research projects focusing on head injuries, ankle



Jesse Donnerwerth

injuries and the treatment of low back conditions. The head injury study, titled B.I.E.R.S.T. (Brain Injury Evaluation in Real Time Sports Trauma), started two seasons ago and is an exciting new pilot study that evaluates the forces generated in helmets during real-time events in football. The project is headed by Dr. Gunnar Brolinson and Stephan Duma from mechanical engineering and has steadily gained the attention of both the medical and engineering communities.

The range of benefits athletes have access to include custom orthotics, custom mouth guards, specialized DonJoy prophylactic bracing and many other options to help prevent or protect them from injuries. The sports medicine staff also takes great pride in treating the athlete year-round. Special attention is paid to off-season activity. During this time, the staff will analyze past injury data from each participant and construct a preventative program.

"If our strength and conditioning

is so important, and it is, then we owe it to our athletes to provide them with the necessary resources to keep them actively participating," Goforth said. "We basically adopt the attitude that in season, our mission is to keep them participating on the mats and during the other times of the year, it is our job to keep them participating in our strength and conditioning program."

Their programs consist of strengthening, stretching and most importantly movement pattern analysis and training to help prevent the re-occurrence of injuries.

"We value the off-season greatly within our department," Goforth said. "We have adopted the same mindset as our strength and conditioning staff and look at our off-season time as an opportunity to get our athletes better as opposed to time off for our staff."

Most of the off-season activity is based on programs that are designed to detect movement patterns that might lead to injury or could be causing a drop in performance.

A vital part of student-athletes services is the access to the Schiffert Student Health Center in McComas Hall. A health center and counseling services are available on one side of McComas Hall, while recreation sports and fitness programs are available on the other. The center also has a fully operational diagnostic laboratory, X-ray facilities and eight full-time physicians.

If physical therapy is needed, student-athletes can be seen by therapist Mark Piechoski in the Ferrell Training Room. Piechoski, who is a certified athletic trainer, physical therapist, and strength and conditioning specialist plays a large

role in the overall program developed to return the injured athlete back to 100 percent. In addition, staff sport psychologist Gary Bennett is available to all student-athletes for personal and performance issues. Virginia Tech also has the services of Dr. Greg Tilley, team chiropractor. Tilley provides Tech athletes with specialized treatment for spine-related conditions and also plays a huge role in performance enhancement through various chiropractic techniques.

"For us as certified athletic trainers, to have the resources of folks like Mark Piechoski, Greg Tilley and Gary Bennett is a tremendous asset," Goforth said. "The knowledge and skill that they bring is invaluable."

"Our goal is to provide the same high level of health care that professional and Olympic athletes receive," Goforth continued.

"Our usage of specialist care is modeled after the NFL system and incorporates components of the Olympic Training Center in Colorado Springs."

Team orthopaedic surgeons Dr. Marc Siegel and Dr. Scott Urch bring a wealth of experience and skills to assist when athletes need orthopaedic surgery to repair certain types of sports-related injuries that occur from time to time.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery Regional Hospital is the choice for state-of-the-art equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.

Over the past 10 years, Virginia Tech has developed the reputation for producing top-level certified athletic trainers. Graduates are now employed in positions across the country at various levels of the profession.

Athletic Trainer Jesse Donnerwerth, a former graduate assistant who has been hired full-time, is in his fourth season with the Tech wrestling team.

He graduated from the University of Iowa in 2002 with a degree in exercise science. He received a Master's from Virginia Tech in 2003 in health promotions and is currently working toward a PH.D. from Tech in education curriculum instruction.

Donnerwerth is once again assisted by John Meyers, a student assistant athletic trainer.



ATHLETIC PERFORMANCE

One of the most important aspects of a successful college wrestling program is its strength and conditioning program. Before the lights ever come on, before the first whistle is blown and before the first match is wrestled, college wrestlers work on getting themselves physically prepared for the rigors of a five-month season.

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation, helping to make the wrestling program one of the best as well.

One of the main support centers of Tech wrestling is the strength and conditioning program.

The wrestling team trains in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie player and long-time supporter of the Virginia Tech Athletics Department.

Gentry is in his 19th season as the Hokies' director of strength and conditioning. As assistant athletics director for athletic performance, his duties include overseeing the strength and conditioning training of athletes in all 21 varsity sports at Virginia Tech.

Assisting Gentry in the weight room this year are full-time assistant strength and conditioning coaches: Jay Johnson, director of strength and conditioning, Terry Mitchell, assistant director of strength and conditioning, and Jamie Meyer, coordinator of strength and conditioning for Olympic sports.

Former Tech football players Col Colas and Mike Jackson are graduate



Terry Mitchell

assistants for strength and conditioning. Mitchell, who handles the strength and conditioning for Tech's wrestling team, has

experience in the Texas Rangers farm system. He graduated from Lee (Tenn.) College in 1994 and earned a master's in health promotions at Tech in 2004.

He is married to the former Terri Thompson and this is his fifth year with the Hokie wrestling program.

Sport Psychology

Virginia Tech also offers another important service to all its student-athletes — sport psychology.

Dr. Gary Bennett coordinates the sport psychology department, which offers psychological and performance enhancement services for student-athletes.

Bennett, who is in his sixth year as the sport psychologist for the Virginia Tech Athletics Department, also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.

The sport psychology department also offers an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process.

Injured athletes may also meet individually with the sport



Dr. Gary Bennett works with Chris Stith on the Dynavision 2000.

psychologists if they do not feel comfortable in the group or cannot make the sessions.

A new addition to the sport psychology resources is the Dynavision 2000, a unique conditioning and training program designed to increase focus and concentration, improve coordination and visuomotor reactions, and increase peripheral awareness. Virginia Tech is privileged to be one of only a handful of schools with this cutting-edge technology.

Sports Nutrition

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech student-athlete's life, and that's why in July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel, who is in her fourth year as the sports nutritionist in the Virginia Tech Athletics Department, works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

Also in July 2002, the Virginia Tech Athletics Department purchased the BOD POD body composition

system. Tech is one of a handful of college athletic departments using this type of technology. The BOD POD is found in many professional training facilities, such as the NFL and Major League Baseball. It accurately measures body composition (percent of body fat, lean muscle mass and fat mass) through air displacement within five minutes. Research has shown that an increase in lean muscle mass will increase athletic performance. The Sports Nutrition Program has helped countless Tech athletes maximize their athletic performance.

Freel received her undergraduate degree in dietetics in 1996 from Ball State University.

She became a registered dietitian in 1997 and earned her Master's degree in dietetics from Ball State in 1998.



Nutritionist Amy Freel can monitor athletes' body composition with the BOD POD.



The wrestling team trains in the "Bulldog" Haren weight room.

STUDENT LIFE

The Virginia Tech Athletics Office of Student Life is committed to developing the total student-athlete. Director Megan Armbruster is dedicated to enhancing the quality of the student-athlete experience through programs the office administers. The programming implemented by the Virginia Tech Athletics Office of Student Life is modeled after the NCAA/CHAMPS Life Skills Program. The five components are Personal Development, Career Development, Academic Excellence, Athletic Excellence and Community Outreach.

Personal Development

Virginia Tech student-athletes obtain personal development education through workshops and mandatory speakers. Presentation topics include gambling, alcohol abuse, sexual violence and healthy relationships, media relations, and manners and etiquette dinners.

Career Development

In close collaboration with the Virginia Tech Career Services Center, career development programs are designed specifically for student-athletes. Resumé design, career fair etiquette, mock interviews, interview attire and mini-career fairs are just a few examples of workshops hosted by the Athletics Office of Student Life. Student-athletes are encouraged to participate in on-campus interviewing and eRecruiting along with securing internships and co-ops during their college careers. In 2005, both Cintas Corporation and NVR Inc., hosted workshops providing student-athletes the opportunity to hear job search strategies directly from employers.

Academic Excellence

The Virginia Tech Athletics Office of Student Life is responsible for nominating student-athletes for academic honors and awards. Athletes are nominated for on-campus, Atlantic Coast Conference and national awards. This year, Jessica Morris, a member of the cross country team, was named the Virginia Tech Undergraduate Woman of the Year. Student-athletes with a 3.0 GPA are rewarded each semester by being honored on the Athletic Director's Honor Roll. The 2004 calendar year listed 315

student-athletes with this honor. Bob Ritchie, men's basketball, and Mallory Soldner, women's soccer, received the Skelton Award for Academic Excellence in Athletics. The award is given to one male and one female student-athlete who demonstrate leadership, outstanding academic excellence and community involvement. The recipients of the award receive a \$5,000 scholarship donated by Dr. Bill and Peggy Skelton.



Megan Armbruster

Athletic Excellence

The Virginia Tech Student Athlete Advisory Committee (SAAC) promotes effective communication between athletic administration and student-athletes. SAAC is comprised of two representatives from each sport. These representatives meet twice a month to discuss issues and concerns regarding their sports, department of athletics, ACC and NCAA legislation. The student-athletes encourage their teammates to get involved both on campus and in the community. Each year SAAC sponsors a canned food drive during the basketball season. The wrestling team representatives are Mark Logan and Mike Faust.

Community Outreach

The Athletics Office of Student Life community outreach program is "Hokies with Heart." Student-athletes are encouraged to volunteer throughout their college experience. In collaboration with the Virginia Tech Corp of Cadets and student leadership, the "Hokies with Heart" program works together with the Montgomery County Public Schools System to visit with local school kids about the importance of education and character development. In 2004, the student-athletes also volunteered with the Montgomery County Christmas Store, Virginia Tech White Ribbon Campaign and Hokies United Tsunami Relief Campaign.

Each athletic team at Virginia Tech is encouraged to select one local charity on which to focus their philanthropic efforts throughout the year. The wrestling team works with the Cub Scouts.

Megan Armbruster is in her third year at Virginia Tech as the Director of Student Life. Armbruster is responsible for coordinating new student-athlete orientation, Hokie career development, the "Hokies with Heart" community outreach programs, and serves as advisor for the Virginia Tech Student Athlete Advisory Committee. She also nominates student-athletes for academic honors and awards.

Armbruster serves on a variety of campus committees including the Sexual Violence Prevention Committee, S.A.I.L. (Student Achievement through Involvement and Leadership) Committee, Virginia Tech Orientation Planning Committee, and Hokie Hi Welcome Back Planning Committee. In 2004-2005 she was an instructor for the WING program First Year Seminar. This class is taught to first-year students living in a co-educational environment in the Slusher Hall WING learning community. Armbruster also co-taught the Transitions II class for junior and senior student-athletes who are preparing for the "real world."

Armbruster was honored by the United Way of Montgomery, Radford and Floyd for 'Exceptional Dedication.' She was also presented with an award from the Virginia Tech Women's Center in appreciation for



David Hoffman (above) signs T-shirts at an autograph night while Mike Faust (top) makes a new friend at the same event.



The wrestling team helps keep the area around Virginia Tech beautiful.

her contributions to the Violence Against Women Act Grant.

Armbruster came to Tech from the University of Nebraska. At Nebraska, she served as assistant academic counselor at the Hewitt Academic Center for Student-Athletes for two years. She earned her bachelor's degree in community health education in 1998 and received her master's in educational administration in 2001, both from Nebraska.

Jessica Hood is entering her third year working in the Office of Student Life. She has been a graduate assistant for the past two years and was recently promoted to coordinator of student life. Her responsibilities include implementing career development, service learning and co-advising the Student-Athlete Advisory Committee. Hood is a former Wake Forest volleyball player and holds a master's degree in higher education from Virginia Tech.



ACADEMIC SUPPORT SERVICES

The success of Virginia Tech's wrestling program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and is a school-best 74 percent for 2005. This marks the third time in the last four years that Virginia Tech's student-athlete graduation rate has been 70 percent or better.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. For the 2004 calendar year, 425 3.0 GPA's were earned by student-athletes, student trainers, student managers, cheerleaders and HighTechs. These student-athletes and students from support areas were recognized at the Athletic Director's Honors Breakfast last spring.

Student-athletes are the most visible student component of a university. They entertain thousands of fans, students and alumni. Their athletic ability and achievement is the primary focus for national media attention. Athletic events bring back not only faithful alumni, but are a welcome mat for potential new students.

Student-athletes devote many hours to practice, conditioning and training that are not required of all students. Due to their time commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which

will allow them to maximize their academic potential.

The Virginia Tech Student Athlete Academic Support Services office is committed to providing fundamental and supplemental programming, consistent with University and NCAA policy, aimed at enhancing each student-athlete's educational experience.

Stakeholders of the office's mission include student-athletes and their families, the university community, coaches and athletics administrators. SAASS seeks to develop relationships with its stakeholders that are founded on trust and respect, and provides the following services to accommodate their needs:

- University and NCAA information
- Orientation
- Academic assessment
- The development of an effective student life program
- Appropriate referrals
- Monitored study environments
- Tutorial programs
- State of the art technological learning assistance
- Student Athlete academic performance evaluations

The expectations of the Virginia Tech community are that each student-athlete achieves their maximum academic and athletic potential. With the proper assistance, facilities and encouragement, these potentials can become a reality.

SAASS provides programming for student-athletes from their freshman year through graduation. This includes a comprehensive orientation

to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education. Additionally, student-athletes are referred to and encouraged to take advantage of other campus agencies charged with helping students in their academic pursuits.

In the 2005-06 academic year, the SAASS office will be moving to the West Side of Lane Stadium. Here, student-athletes will have access to state-of-the-art technology, quiet study facilities, individualized tutorial rooms, and direct access to the SAASS staff. This complex will be a focal point for the Athletics Department, both aesthetically and pragmatically, and provide a centralized place for student-athlete services.

The new facility features:

- More than 18,000 square feet of functional space
- 10 Staff Offices
- 18 Private Tutor Rooms
- State-Of-The-Art Classroom
- 45 Station Computer Lab
- Three Reading/Study Rooms
- Conference Room
- Reference Library

Together, these spaces provide the student-athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes, after practice or in the evenings, with flexible hours tailored to make the most of a student-athlete's limited time.

Chris Helms, in his seventh year at Tech, is the director and is responsible for the development and



Drew Scales

leadership of the Student Athlete Academic Support Services office.

Colin Howlett is in his ninth year with Virginia

Tech and serves as an associate director in the SAASS office.

Katie Ammons is an assistant director who is in her seventh year and works with the men's and women's basketball, men's and women's cross country and men's and women's track programs.

Sarah Collins, assistant director, is in her first year as a full time member of the SAASS staff. She is responsible for providing academic programming for the freshman football students.

Drew Scales is in his fourth year with SAASS as an assistant director. Scales provides academic support for student-athletes in lacrosse, volleyball, men's and women's soccer and wrestling, in addition to overseeing the mentor program.

Jessica Hegr is in her first year with SAASS and will work with baseball, softball, men's and women's swimming, men's and women's tennis, as well as the managers, trainers, cheerleaders and HighTechs.

Terrie Repass is in her 31st year of service at Virginia Tech. She serves as the office secretary and "first contact" person for the SAASS. She is responsible for organizing special events and meetings for the office.

COMPUTER SERVICES DEPARTMENT



Another example of Virginia Tech's commitment to providing its student-athletes with the best academic resources possible is the presence of the Computer Services department, under the direction of Brad Tilley (left) and Brandon Mason.

Because all Tech students are required to own computers, the Virginia Tech athletics department helps its scholarship athletes fulfill that requirement by providing them with state-of-the-art laptops equipped with the most recent software.

In addition to procuring laptops for the athletes, the office also addresses hardware and software needs for the student-athletes and the entire Virginia Tech athletics staff. Both Tilley and Mason are graduates of Virginia Tech.

VIRGINIA TECH

From a meager beginning in October of 1872, Virginia Polytechnic Institute and State University, popularly known as Virginia Tech, has evolved into a comprehensive university of national and international prominence. As Virginia's largest university, with 25,600 students on campus, and one of the top research institutions in the nation, it is an institution that firmly embraces a history of putting knowledge to work. That tradition is rooted in the motto, *Ut Prosim*: "That I May Serve," and Virginia Tech's land-grant missions of instruction, research, and solving the problems of society through public service and outreach activities.

INSTRUCTION

Virginia Tech's eight colleges (Agriculture & Life Sciences, Architecture & Urban Studies, Pamplin College of Business, Engineering, Liberal Arts & Human Sciences, Natural Resources, Science, and Virginia-Maryland Regional College of Veterinary Medicine, plus the Graduate School) offer more degree programs than any other university in the state with 60 undergraduate and 110 graduate programs. Virginia Tech is one of the nation's leaders in developing and using new instructional technologies.

RESEARCH

With annual research expenditures of about \$269 million, Virginia Tech consistently ranks among the top research universities in the United States. With more than 100 research centers, the university also consistently ranks among the top institutions in industry-supported research and near the top 10 in the number of patents issued each year.

The university's faculty and students are involved in more than 3,700 research projects in fields ranging from biotechnology to materials, from the environment and energy to food and health, and from transportation to computing information.

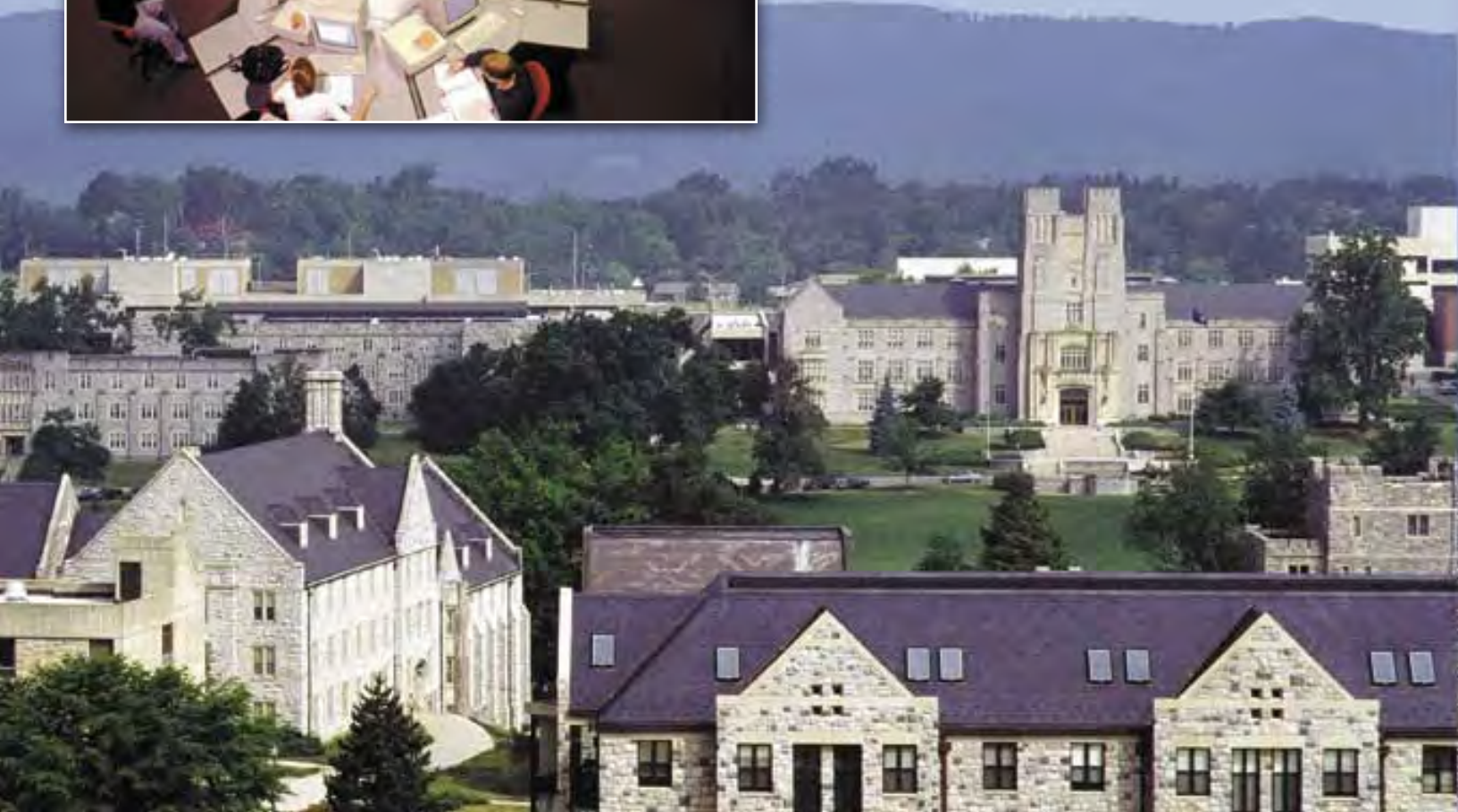


OUTREACH and INTERNATIONAL AFFAIRS

As part of its outreach mission, Virginia Tech is involved in a multitude of economic and community development projects. For example, it helps global marketing efforts, investigates better uses for strip-mined land, helps clean the Chesapeake Bay and other state waterways, directs reforestation in Senegal — and the list goes on.

Outreach efforts focus on education and the dissemination of knowledge in the global society in which we live.

Visit Virginia Tech on the Internet at www.vt.edu.



Change is in the air in regard to Virginia Tech wrestling. Second-year head coach Tom Brands and his team have a new and much larger practice room, as well as several upgrades in other areas. These improvements are helping turn the Hokies into a player on the national wrestling scene.

2005-2006 SCHEDULE

Nov.	12	at West Virginia University Open	
	19	at Kaufman-Brand Open (at Omaha, Neb.)	
	26	at Journeyman/Brute Northeast Collegiate Duals (at Guilderland Center, N.Y.) (Minnesota, Central Michigan, American, Pitt-Johnstown)	
Dec.	18	NORTHERN IOWA	2 p.m.
	29-30	at Southern Scuffle (at Greensboro, N.C.)	
Jan.	5	at Iowa State	8 p.m.
	7	at Nebraska	8 p.m.
	13-14	at Virginia Duals (at Hampton, Va.) (Bloomsburg, North Dakota State, Ohio State, Old Dominion, Rider, Penn, West Virginia, Columbia, Drexel, Indiana, Citadel, Cal-Davis, Virginia, Chattanooga, North Carolina)	
	22	OHIO STATE	2 p.m.
	27	at Maryland*	7 p.m.
	28	at Virginia*	7 p.m.
Feb.	2	Rumble on the River (at Richmond, Va.) vs. North Carolina*	7 p.m.
	4	OHIO	2 p.m.
	9	at Duke*	7:30 p.m.
	19	NC STATE*	2 p.m.
Mar.	4	ACC Championships (at Lexington, Va.)	
	16-18	NCAA Championships (at Oklahoma City, Okla.)	

*ACC Match
Home matches in ALL CAPS
All Times Eastern

HOKIES