

VIRGINIA TECH

2006 VOLLEYBALL



Katie Esbrook

HOKIES

Allie Kupec

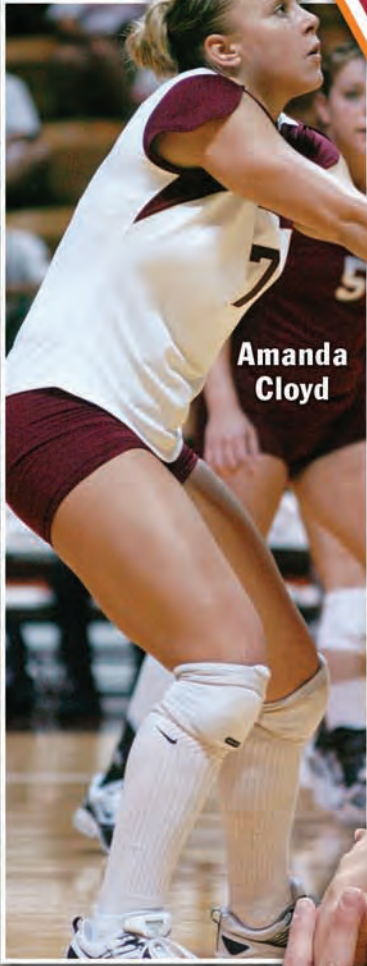
15

4

Kendra Sytsma



THE HOKIES



Amanda
Cloyd



Rachel
Dulla



Jen
Albrecht



VIRGINIA TECH 2006 VOLLEYBALL

University Information

LocationVirginia Tech is located in Blacksburg (pop. 42,000) in scenic southwest Virginia. The campus lies on a plain between the Blue Ridge and Allegheny Mountains, 2,100 feet above sea level.
 Founded 1872, Virginia's land-grant university
 Enrollment 28,000
 ColorsChicago maroon & burnt orange
 NicknameHokies
 FacilityCassell Coliseum (10,052)
 ConferenceAtlantic Coast Conference
 President Charles W. Steger
 Director of Athletics Jim Weaver
 Senior Women's Administrator..... Sharon McCloskey

Volleyball Staff

Head CoachChris Riley
 Volleyball Office Phone (540) 231-5037
 Volleyball by E-mail criley1@vt.edu
 Year at TechFirst
 Record at Virginia Tech 0-0
 Career Record 144-54 (Six Years)
 Assistant Coach Shelbylynn McBride
 Year at TechFirst
 Assistant Coach Jayme Gergen
 Year at Tech Second

Volleyball Information

2005 Record 13-18
 Conference Record 8-14 (9th ACC)
 Starters Returning/Lost 4 + Libero/2
 Letterwinners Returning/Lost 9/4
 Newcomers 5
 Basic Offense 5-1

Virginia Tech Volleyball History

First Year of Volleyball 1977
 All-Time Record 521-471-3 (.525)
 Home Record 252-111 (.694)

Sports Information

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2006 OUTLOOK

This season, the Hokies will be under new supervision as head coach Chris Riley begins his first year at the helm. Joining Riley will be assistant coaches Shelbylynn McBride and Jayme Gergen.

The departure of setter Melissa Markowski due to graduation is the most notable loss from last year's squad. The Hokies, however, return nine players, including five starters and the starting libero, from the 2005 season and will bring in five talented freshmen.

Middle and Right Side Hitters

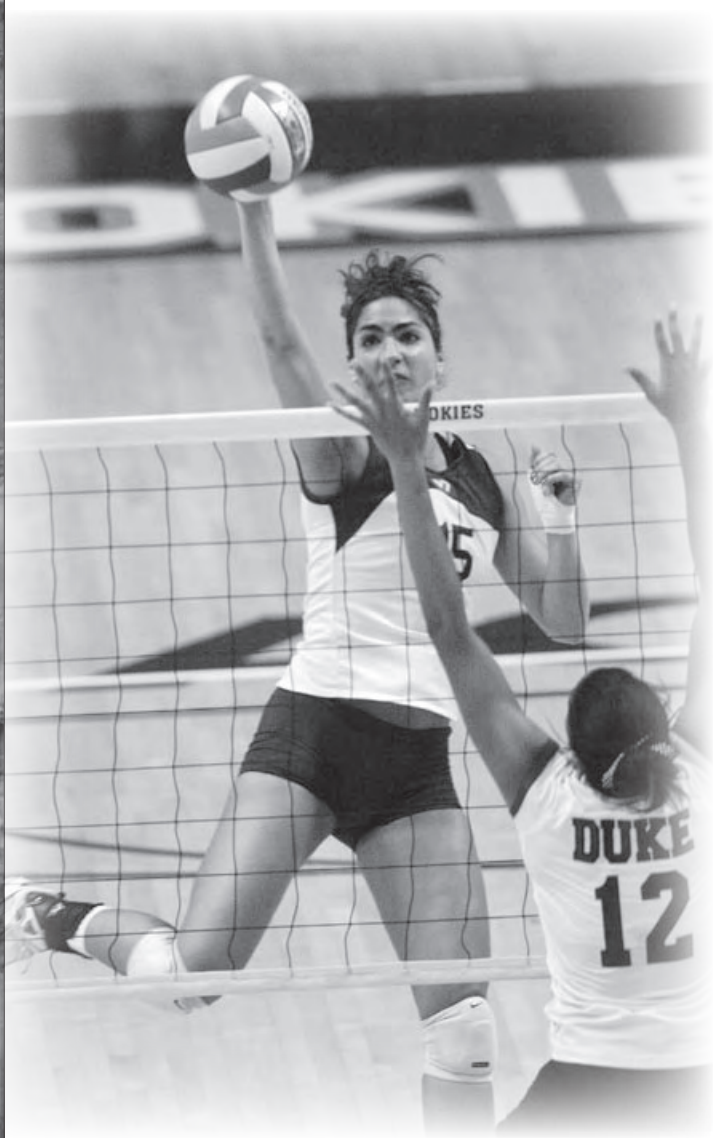
A strong point for the Hokies will clearly be the middle of the net as seniors Katie Esbrook and Allie Kupec return for their final season. As experienced seniors, they will be looked to for leadership throughout the season.

Esbrook returns as the top player at the net and will be expected to dominate the middle as well this season. She led the Hokies with a .319 hitting percentage and 118 blocks last season,

while she was ranked second on the team with 349 kills (3.26 pg).

Complimenting Esbrook at the middle blocker position will be Kupec. Last season was Kupec's first full season at middle blocker and she was an immediate offensive threat as well as a defensive threat. She was second on the team in both blocks (100) and hitting percentage (.219), while ranking fourth with 271 kills.

Returning to the right side is junior Jen Albrecht. Albrecht has significantly improved



Senior Allie Kupec had 271 kills and 100 blocks last season.



Katie Esbrook returns for her fourth season. She has ranked in the top five single-season leaders for hitting percentage all three of her previous years.

her game each season, earning a starting spot and improving her average to 2.27 kills per game last year. She will be looked to for significant contributions again this season.

Also contending for a spot in the middle or on the right side are freshmen Rachel Fahlenkamp and Betsy Horowitz. Their size and athleticism will add immediate depth to the potential at the net as they look to gain experience in their rookie campaigns.

"We'll expect our middles to be very good at hitting and blocking," Riley said. "A lot of offense will be run through our middles

as long as we can stay in system. We've got a very athletic group who can score consistently as long as we can get them the ball. It will be our ability to block and defend that will be the key to our opportunities to score points."

Setter

With the loss of Markowski, a four-year starter and Tech's career leader in assists (5,287), the competition for the starting setter position is open.

"With a new system coming in, we expect our setters to run a faster, more balanced attack from the front and back row in order to give our team a more versatile offense," Riley noted.

Sophomore Kirstyn Godwin will look to contend for the starting spot, as she gained valuable experiences her freshman year. Joining Godwin in contention for a setting role are freshmen Paige Greenberg and Michelle Lang. Both freshmen have potential to add depth to the team.



Sophomore Sarah Muñoz led the Hokies with 356 kills in her freshman campaign.

Outside Hitters

Leading the way on the outside is sophomore Sarah Muñoz. During the 2005 season, Muñoz led the team with 356 kills and 29 service aces. She ranked third with 272 digs and fourth with a .141 hitting percentage.

"In order for our team to win, our outside hitters will have to be very good at serve receive and defense," Riley said. "Their ability to attack will be important, but their ability to pass and defend will be more important."

Also looking to see action on the left side are senior Kendra Sytsma, sophomore Cathy Jansen and freshman Taylor Parrish. Sytsma joined the Hokies from Troy University last year and is looking to have a strong senior campaign. Last season, she registered 40 kills, 55 digs and five service aces.

Libero/Defensive Specialist

Returning to the backcourt is two-year starter Amanda Cloyd at libero. Cloyd is an important player in the back row, as she led the team in digs the past two years. She set a Virginia Tech record for digs in a season with 536 in 2005 and is one of only 10 players to reach the 1,000-career-dig mark at Tech.

Junior Rachel Dulla, a strong defensive player, who tore her ACL after playing 16 games last year, returns for some back row action. Before her injury, she was ranked in the top ten in the conference for service aces.

"Our libero has to control the floor out of the back row," Riley said. "They will be asked

to get to as many balls as possible to allow our attackers to be available to hit both front row and back row."

The Schedule

The Hokies will participate in three tournaments this season, including playing host to the annual Hokie Fall Invitational Sept. 8-9, featuring George Washington, Liberty and Appalachian State.

Tech will open the season at the East Carolina Tournament on Aug. 25-26, with Furman, William & Mary and East Carolina. The Hokies will also be featured in the Auburn/Mizuno Challenge at Auburn on Sept. 1-2, with Arizona State, Purdue and Auburn.

The conference schedule will kick off with three consecutive home matches, beginning with in-state rival Virginia on Sept. 15. North Carolina and NC State then travel to Cassell Coliseum to face the Hokies Sept. 21 and 22, respectively.

2006 SCHEDULE

Aug. 25	Fri.	East Carolina Tournament	
26	Sat.	vs. Furman	4 p.m.
		vs. William & Mary	10 a.m.
		at East Carolina	7 p.m.
Sept. 1	Fri.	Auburn/Mizuno Challenge	
2	Sat.	at Auburn	4 p.m.
		vs. Arizona State	Noon
		vs. Purdue	4 p.m.
8	Fri.	HOKIE INVITATIONAL	
9	Sat.	GEORGE WASHINGTON	7 p.m.
		LIBERTY	Noon
		APPALACHIAN STATE	7 p.m.
15	Fri.	VIRGINIA*	7 p.m.
21	Thur.	NORTH CAROLINA*	7 p.m.
22	Fri.	NC STATE*	7 p.m.
26	Tues.	at Virginia*	7 p.m.
29	Fri.	at Maryland*	7 p.m.
Oct. 1	Sun.	at Boston College*	1 p.m.
6	Fri.	at Wake Forest*	7 p.m.
7	Sat.	at Duke*	7 p.m.
13	Fri.	FLORIDA STATE*	7 p.m.
14	Sat.	MIAMI*	6 p.m.
20	Fri.	GEORGIA TECH*	7 p.m.
22	Sun.	CLEMSON*	1 p.m.
26	Thurs.	at North Carolina*	7 p.m.
27	Fri.	at NC State*	7 p.m.
Nov. 3	Fri.	BOSTON COLLEGE*	7 p.m.
4	Sat.	MARYLAND*	6 p.m.
10	Fri.	at Miami*	7 p.m.
12	Sun.	at Florida State*	1 p.m.
17	Fri.	DUKE*	7 p.m.
18	Sat.	WAKE FOREST*	6 p.m.
22	Wed.	at Clemson*	6 p.m.
24	Fri.	at Georgia Tech*	7 p.m.

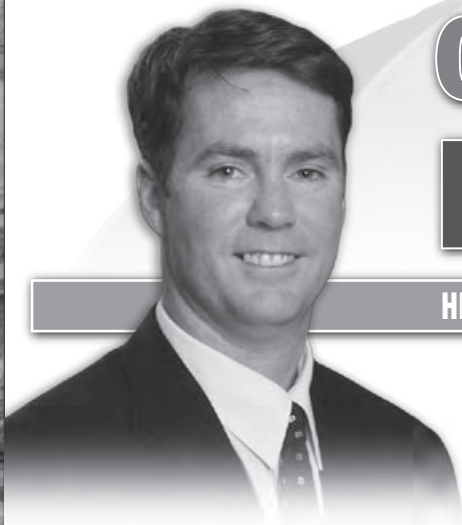
*Denotes Atlantic Coast Conference match
ALL HOME MATCHES IN BOLD CAPS
 All times local to site and subject to change



Junior Amanda Cloyd broke the single-season dig record last year with 536 digs. She ranks 10th all-time, with 1,067 digs in her career.

Chris RILEY

HEAD VOLLEYBALL COACH



Chris Riley is in his first season as head coach of the Virginia Tech volleyball team. He replaces six-year head coach Greg Smith, who accepted a position at Notre Dame.

"I am pleased that Chris Riley has joined the Virginia Tech athletics family," said Jim Weaver, Director of Athletics. "I believe he has

the ability to take the volleyball program to the next level and ultimately compete for ACC championships."

Riley spent the last six seasons at Towson University, where he led the team to five straight 20-win seasons, three Colonial Athletic Association regular season championships, the 2004 CAA tournament championship and the 2004 NCAA tournament. He won the CAA Coach of the Year award in 2003, and the America East Coach of the Year award in 2001. Riley had an overall record of 144-54 at Towson.

Last year, the Tigers went 28-7, with four players earning All-CAA honors.

In 2004, Towson earned the CAA regular season title with a 13-1 record. The Tigers swept George Mason and Delaware to win the CAA tournament championship and earn a berth in the NCAA tournament.

Riley made an immediate impact with the team upon his arrival at Towson in 2000, and in his second year as a head coach, led the team to its first winning season in six years, posting a 28-4 record.

Prior to going to Towson, Riley spent six years at St. John's University in New York. While serving as an assistant with the Red Storm, Riley helped lead the team in its inaugural years as a Division I program. He implemented off-season training programs and assisted with recruiting. Riley also started the first volleyball camp at St. John's.

Riley also spent one season as an assistant coach at his alma mater, Jacksonville University.

A 1993 graduate of Jacksonville with a Bachelor of Arts degree in English, he played for the Dolphins' golf team and formed the men's volleyball club. He was the captain of the volleyball club as a senior.

Riley has competed in beach and USA Volleyball indoor leagues and tournaments. In addition to his college coaching experience, Riley also served as the head coach for the Long Island-Big Apple Volleyball Club, a nationally-recognized junior team in Nassau, N.Y., from 1998-2000.

Riley and his wife, the former Tara Cahill, are the parents of a toddler son, Aidan, and baby daughter, Kieran. They reside in Blacksburg, Va.



COACH RILEY'S PROFILE

PERSONAL

Date of Birth June 4, 1970
Place of Birth Manhasset, N.Y.

EDUCATION

High School Long Beach H.S.
College Jacksonville University, 1993

COACHING EXPERIENCE

2006-present Head Coach, Virginia Tech
2000-2005 Head Coach, Towson University
1994-1999 Assistant Coach, St. John's University
1993 Assistant Coach, Jacksonville University



Shelbylynn McBRIDE

ASSISTANT VOLLEYBALL COACH

Shelbylynn McBride is in her first season at Virginia Tech after spending one year as an assistant at Towson University.

Working with current Virginia Tech head coach Chris Riley, she helped lead the Tigers to a 28-7 record in 2005.

In 2004, McBride worked as an assistant at UMBC. The Retrievers went 13-18 overall and

4-10 in the America East, finishing seventh in the league that year. She briefly took over as interim head coach before being hired at Towson.

McBride played both basketball and volleyball as an undergraduate for the George Mason Patriots before finishing her final year of volleyball eligibility as a graduate student at Georgia State University.

At Georgia State, she led the Panthers to the 2003 Atlantic Sun Conference championship game and led the team with 3.46 kills per game. The Panthers ended the season 27-8 overall and 9-1 in the conference.

McBride tallied 688 career kills in three seasons at George Mason. She was Colonial Athletic Association Rookie of the Year in 1999 and was the only freshman to earn second-team All-CAA honors that year. She also lettered in basketball, scoring 719 career points.

McBride coached at Georgia State for eight months as a graduate assistant following her final year of eligibility and served as an assistant coach for the Metro Volleyball Club in Fairfax, Va., between November 2001 and May 2002.

A native of Valrico, Fla., McBride resides in Blacksburg, Va.



Jayme GERGEN

ASSISTANT VOLLEYBALL COACH

Jayme Gergen enters her second season as an assistant coach at Virginia Tech, working with the middle blockers.

Gergen, a 2004 Georgia Tech graduate, helped guide the Yellow Jackets to four straight NCAA Tournament appearances, three Atlantic

Coast Conference regular season titles and one ACC Tournament Championship.

A middle hitter in college, Gergen was a 2004 AVCA honorable mention All-American, a first-team All-ACC honoree, an Academic All-District selection and also earned AVCA East Region honors. She was named Georgia Tech's Most Improved Player following the 2002 season and earned the Coaches' Award after the 2003 season.

As a senior in 2004, she ranked first in the ACC and 11th in the nation in hitting

percentage (.393). She finished her career ranked second on the Georgia Tech career hitting percentage list (.353), and was fifth for both career block assists (426) and total blocks (473). She was also fourth on the career blocks per game list (1.18).

Gergen was a Dean's List student who graduated with a degree in psychology. She was named to the ACC Honor Roll in 2001, '02 and '03.

A Topeka, Kan., native, Gergen resides in Christiansburg, Va.

VOLLEYBALL SUPPORT STAFF



Kathy Hickman
Athletic Trainer



Jamie Meyer
Strength & Conditioning



Drew Scales
Academic Support Services



Megan Armbruster
Director of Student Life



Eric Cross
Equipment Manager

2006 ROSTERS

NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Cl.	Exp.	Hometown (High School/Previous School)
1	Katie Esbrook	MB	6-1	Sr.	3L	Lake In The Hills, Ill. (Barrington)
2	Paige Greenberg	S/DS	5-7	Fr.	HS	Blacksburg, Va. (Blacksburg)
3	Betsy Horowitz	MB	6-2	Fr.	HS	Charlotte, N.C. (South Mecklenburg)
4	Taylor Parrish	OH	6-0	Fr.	HS	Brentwood, Tenn. (Harpeth Hall)
5	Rachel Fahlenkamp	MB/OH	6-0	Fr.	HS	McGregor, Texas (Midway)
6	Jen Albrecht	RS	6-0	Jr.	2L	Canandaigua, N.Y. (Canandaigua Academy)
7	Amanda Cloyd	L	5-8	Jr.	2L	Muncie, Ind. (Yorktown)
8	Michelle Lang	S	6-0	Fr.	HS	Valparaiso, Ind. (Valparaiso)
9	Rachel Dulla	DS	5-8	Jr.	2L	St. Charles, Ill. (St. Charles East)
10	Sarah Muñoz	OH	5-11	So.	1L	Encinitas, Calif. (Santa Fe Christian)
11	Kendra Sytsma	OH/RS	6-0	Sr.	tr-1L	Madison, Wis. (Madison West/Troy)
13	Cathy Jansen	RS/OH	5-11	So.	1L	Overland Park, Kan. (St. Thomas Aquinas)
14	Kirstyn Godwin	S/DS	5-11	So.	1L	Woodstock, Ga. (Etowah)
15	Allie Kupec	MB	6-1	Sr.	3L	Columbia, Md. (River Hill)

ALPHABETICAL ROSTER

No.	Name	Pos.	Ht.	Cl.	Exp.	Hometown (High School/Previous School)
6	Jen Albrecht	RS	6-0	Jr.	2L	Canandaigua, N.Y. (Canandaigua Academy)
7	Amanda Cloyd	L	5-8	Jr.	2L	Muncie, Ind. (Yorktown)
9	Rachel Dulla	DS	5-8	Jr.	2L	St. Charles, Ill. (St. Charles East)
1	Katie Esbrook	MB	6-1	Sr.	3L	Lake In The Hills, Ill. (Barrington)
5	Rachel Fahlenkamp	MB/OH	6-0	Fr.	HS	McGregor, Texas (Midway)
14	Kirstyn Godwin	S/DS	5-11	So.	1L	Woodstock, Ga. (Etowah)
2	Paige Greenberg	S/DS	5-7	Fr.	HS	Blacksburg, Va. (Blacksburg)
3	Betsy Horowitz	MB	6-2	Fr.	HS	Charlotte, N.C. (South Mecklenburg)
13	Cathy Jansen	RS/OH	5-11	So.	1L	Overland Park, Kan. (St. Thomas Aquinas)
15	Allie Kupec	MB	6-1	Sr.	3L	Columbia, Md. (River Hill)
8	Michelle Lang	S	6-0	Fr.	HS	Valparaiso, Ind. (Valparaiso)
10	Sarah Muñoz	OH	5-11	So.	1L	Encinitas, Calif. (Santa Fe Christian)
4	Taylor Parrish	OH	6-0	Fr.	HS	Brentwood, Tenn. (Harpeth Hall)
11	Kendra Sytsma	OH/RS	6-0	Sr.	tr-1L	Madison, Wis. (Madison West/Troy)

BREAKDOWN

BY CLASS

Seniors (3)
Katie Esbrook
Allie Kupec
Kendra Sytsma

Juniors (3)
Jen Albrecht
Amanda Cloyd
Rachel Dulla

Sophomores (3)
Sarah Muñoz
Cathy Jansen
Kirstyn Godwin

Freshmen (5)
Rachel Fahlenkamp
Paige Greenberg
Betsy Horowitz
Michelle Lang
Taylor Parrish

BY STATE

California (1)
Sarah Muñoz

Georgia (1)
Kirstyn Godwin

Illinois (2)
Rachel Dulla
Katie Esbrook

Indiana (2)
Amanda Cloyd
Michelle Lang

Kansas (1)
Cathy Jansen

Maryland (1)
Allie Kupec

New York (1)
Jen Albrecht

North Carolina (1)
Betsy Horowitz

Tennessee (1)
Taylor Parrish

Texas (1)
Rachel Fahlenkamp

Virginia (1)
Paige Greenberg

Wisconsin (1)
Kendra Sytsma



The 2006 Hokies — (front, l to r) Cathy Jansen, Kirstyn Godwin, Amanda Cloyd, Paige Greenberg, Rachel Dulla; (middle, l to r) Michelle Lang, Sarah Muñoz, Rachel Fahlenkamp, Kendra Sytsma, Jen Albrecht, Taylor Parrish; (back, l to r) Chris Riley, Shelbylynn McBride, Jayme Gergen, Allie Kupec, Betsy Horowitz and Katie Esbrook.



Jen ALBRECHT

#6

RIGHT SIDE HITTER • 6-0 • JUNIOR • CANANDAIGUA, N.Y. • CANANDAIGUA ACAD.

Riley on Albrecht: We will need significant contributions from Jen on offense and defense ... her athletic ability and ability to terminate will be a key to our success.

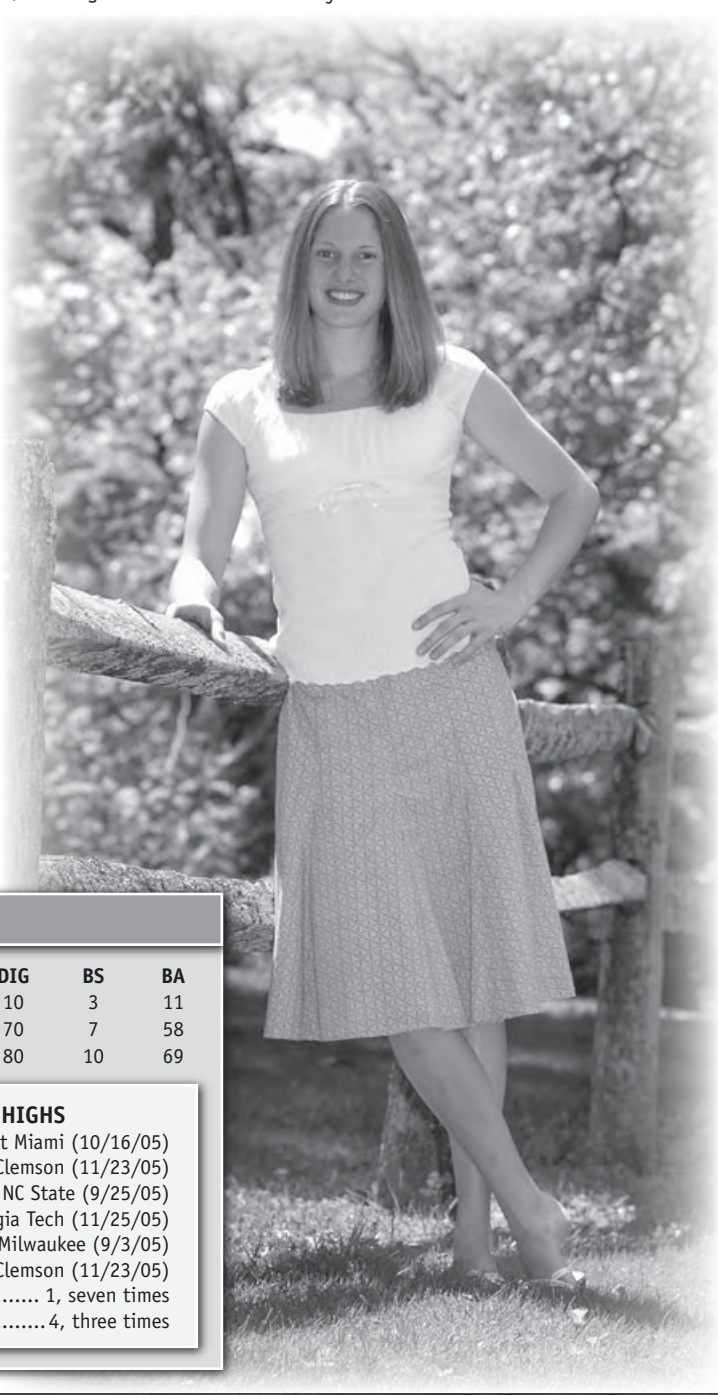
2005: Finished third on the team with a .217 hitting percentage ... Totaled 2.28 kills per game, playing in all 110 games ... Reached double figures in kills nine times ... Third on the team with 65 blocks (0.59 per game) ... Had seven block solos and 58 block assists ... Had a career-high 17 kills at Miami ... One of her best games came against Clemson in the second-to-last game of the season, with 14 kills, and set a career-high with eight digs and 49 attempts ... Set a career-high with four assists against Wisconsin-Milwaukee ... Had her first career service ace at NC State and finished with a total of five on the season ... Performed well against Georgia Tech, with 15 kills, two service aces, one dig and two blocks ... At Georgia Tech, had 13 kills and five blocks ... Did well against Colorado State, recording 12 kills, four digs, a block and two assists ... Named *ESPN The Magazine* Academic All-District III University Division first-team ... All-ACC Academic team.

2004: Strong physical athlete ... stepped in during the season after injuries ... Played in 35 games as a true freshman in 2004 ... Played in 15 matches, starting four at right side attacker ... Totaled 33 kills ... Had three block solos and 11 block assists ... Added 10 digs and 11 assists ... Had her best outing in the five-game

match win over NC State in Raleigh, totaling eight kills on 17 attempts and two errors for a .353 hitting percentage, also added four digs and four total blocks ... Had career-high for kills (8) and block assists (4) against the Wolfpack ... Performed well at Virginia, totaling seven kills on a career-high 22 swings and added three total blocks.

High School:
 Attended Canandaigua Academy ... Two-time Section 5 most valuable player ... All-state selection all four years ... Participated in the USA Volleyball High Performance Camp in the summer of 2003 ... Was selected to participate in the USA Holiday Training Camp ... Member of the Volley FX club team in Rochester, N.Y., for three years ... During her career, the team posted a 52-3 record ... Her Empire State team won the 2002 and 2003 Scholastic Women's Gold Medals ... Was class valedictorian ... Four-time student scholar athlete and was a member of the Math League, Spanish Club, Key Club, Gifted and Talented Club and Students Against Drunk Driving.

Personal: Jennifer Marie Albrecht was born May 18, 1986, in Rochester, N.Y. ... Is the daughter of Thomas and Marguerite Albrecht ... Has one sibling, an older brother, Joshua ... Enrolled in biochemistry with a minor in chemistry.



JEN'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2004	35	33	21	123	.098	11	0	10	3	11
2005	110	251	104	676	.217	28	5	70	7	58
Total	145	284	125	799	.199	39	5	80	10	69

CAREER MATCH HIGHS

Kills 17, at Miami (10/16/05)
 Attempts 49, vs. Clemson (11/23/05)
 Pct.500, twice
 Service Aces 2, vs. Georgia Tech (11/25/05)
 Assists 4, vs. Wisc.-Milwaukee (9/3/05)
 Digs 8, vs. Clemson (11/23/05)
 BS 1, ten times
 BA 4, three times

2005 MATCH HIGHS

Kills 17, at Miami (10/16/05)
 Attempts 49, vs. Clemson (11/23/05)
 Pct.500 at NC State (9/25/05)
 Service Aces 2, vs. Georgia Tech (11/25/05)
 Assists 4, vs. Wisc.-Milwaukee (9/3/05)
 Digs 8, vs. Clemson (11/23/05)
 BS 1, seven times
 BA 4, three times



Amanda CLOYD

#7

LIBERO • 5-8 • JUNIOR • MUNCIE, IND. • YORKTOWN H.S.

Riley on Cloyd: Our ability to serve receive and defend will be critical for the teams success ... expecting Amanda to take a large portion of the serve receive role in order to keep the team in system.

2005: Set the Virginia Tech single season record for digs with 536, an average of 4.87 per game as the starting libero ... Currently ranks fourth in Tech history in career digs ... Finished fourth in the ACC in digs per game ... Helped the Hokies finished fifth in the conference in digs (16.23 per game) ... Had double-digit dig totals in all but one game this season ... Totaled 20 or more digs on 12 occasions ... Had a season-high 28 digs against North Carolina, which ranks tied for fifth in the Tech record book ... Against UC Irvine, had 27 digs, two assists and two service aces ... Totaled 25 digs and one assist against Duke ... Second on the team with 20 service aces ... Had two service aces on three occasions (UC Irvine, NC State, Miami) ... Third on the team with 31 assists ... Recorded a season-high three assists at Georgia Tech, with one kill, one service ace and 15 digs ... Had a kill in six different games.

2004: Athletic freshman, who stepped in immediately as a rookie and made an impact ... One of four players to see court time in all 110 games for Virginia Tech ... Started all 29 matches at libero ... Set a new Tech record for digs in a match with 35 against North Carolina ... Led the Hokies with 478 digs for the season ... Finished the season ranked seventh in the Atlantic Coast Conference for digs per game in overall matches (4.35) and conference matches (4.68) ... Totaled 20 or more digs in seven matches ... Had double-digit dig totals in 27 of Tech's 29 matches ... Opened the season with a career-high five assists versus Ohio ... Second on the team with 31 service aces ... Totaled a career-high three service aces twice in her rookie campaign ... Notched two or more service aces in six matches ... Her total of 478 digs is the fourth best single-season total in Tech school history.

High School: Broke the school kill record during her senior year at Yorktown High ... Named the team's most valuable player two straight years ... Named all-county, all-conference, all-area (Muncie, Ind.) and all-state

for two consecutive years ... a four-year starter at outside hitter ... Led her team to the 2003 Hoosier Heritage Conference championship ... Five-year starter on the Munciana Open club team ... An all-state academic selection and received the Yorktown academic excellence award.

Personal: Amanda N. Cloyd was born April 15, 1986, in Muncie, Ind. ... Is the daughter of Greg and Barb Cloyd ... Has one sibling, a younger brother, Brandyn ... Enrolled in human nutrition, foods and exercise.



AMANDA'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2004	110	4	6	22	-.091	36	26	478	0	0
2005	110	6	3	26	.115	31	20	536	0	0
Total	220	10	9	48	.021	67	46	1,014	0	0

CAREER MATCH HIGHS

Kills1, ten times
 Attempts 3, three times
 Pct. 1.000, three times
 Service Aces 3, twice
 Assists5, at Ohio (9/01/04)
 Digs 35, vs. North Carolina (11/06/04)

2005 MATCH HIGHS

Kills 1, six times
 Attempts 4, twice
 Pct. 1.000, three times
 Service Aces 2, three times
 Assists3, at Georgia Tech (10/21/05)
 Digs28, North Carolina (10/29/05)



Rachel DULLA

#9

DEF. SPECIALIST • 5-8 • JUNIOR • ST. CHARLES, ILL. • ST. CHARLES EAST H.S.

Riley on Dulla: Brings a lot of energy and enthusiasm to the team ... expecting a strong defensive role from Rachel this year.

2005: Received a medical redshirt after tearing her ACL 16 games into the season ... Led the team with seven service aces and was ranked in the top ten in the conference with 0.44 service aces per game before the injury ... Averaged 1.50 digs per game ... Started the year with three service aces, three digs and an assist against Georgetown ... Had eight digs and a career-high four service aces against Wisconsin-Milwaukee.

2004: Played in 89 of 110 games as a freshman ... Started six matches, and saw action in 25 out of 29 matches during the season ... Finished with 153 digs, good enough for fifth on the team ... Was third for the Hokies with 21 service aces in her rookie season ... Had double-digit dig totals in three matches ... Had a career-high 14 digs against North Carolina ... Totaled seven or more digs in 14 matches ... Recorded three service aces three times during the season; versus Miami, North Carolina and at NC State ... Added 19 assists and one solo block throughout the season.

High School: Three-year starter and team captain of the volleyball team at St. Charles East High School ... In 2001, led her team to a state championship ... A unanimous all-conference selection ... Recipient of the Upstate Eight Sportsmanship award in 2003 ... Averaged 14 assists, four kills and nine digs a match ... Played for the Sports Performance club team for nine years ... Team was national runner-up in 2004 ... Selected to play in the Junior Olympic Invitational ... An All-American in 2002 ... Was a member of the same club as former Hokie Melissa Markowski ... Involved in HOPE, the math honors society and was on the academic all-conference team for three years.

Personal: Rachel Dulla was born on January 1, 1986, in St. Charles, Ill. ... Is the daughter of Chris and Cindy Dulla ... Has one sibling, an older brother, Jeff ... Enrolled in marketing.



RACHEL'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2004	89	5	1	14	.286	19	21	153	1	0
2005	16	0	2	4	-.500	6	7	24	0	0
Total	89	5	1	14	.286	19	21	153	1	0

CAREER MATCH HIGHS

Kills 1, five times
 Attempts 2, twice
 Pct.1.000, four times
 Service Aces4, Wisc.-Milwaukee (9/3/05)
 Assists4, vs. Miami (9/26/04)
 Digs14, vs. North Carolina (11/6/04)
 BS 1, at North Carolina (10/8/04)

2005 MATCH HIGHS

Kills 0
 Attempts 3, vs. Oregon State (9/9/05)
 Pct.000
 Service Aces 4, Wisc.-Milwaukee (9/3/05)
 Assists 3, vs. Oregon State (9/9/05)
 Digs 8, Wisconsin-Milwaukee (9/3/05)
 BS 0



Katie ESBROOK

#1

MIDDLE BLOCKER • 6-1 • SENIOR • LAKE IN THE HILLS, ILL. • BARRINGTON H.S.

Riley on Esbrook: Her experience and leadership will be a needed tool with all the young players ... will be expected to dominate in the middle this season.

2005: Led the team in hitting percentage for the third straight season (.318) ... Second on the team in kills with 349 (3.26 per game) ... Finished fifth in the ACC in hitting percentage ... Led the team with 118 blocks (27 solo) ... Third on the team with 18 service aces ... Had 105 digs ... Was in double digits in kills 20 times ... Had a season-high 22 kills with five blocks against Duke ... Set a career-high with nine block assists (10

total blocks) against Miami, with 12 kills in the game ... Totaled four service aces, six blocks and 10 kills at Boston College ... Had 15 kills, 13 digs, three assists and two blocks against Wright State ... At the Miami Classic, recorded 47 kills and 17 blocks in three games ... Recorded 18 kills, two service aces, seven digs and four blocks in the final game of the season against Georgia Tech ... Named to all-tournament team of Miami Classic ... Preseason All-ACC selection.

2004: One of four players to see the floor in all 110 games for the Hokies, starting all 29 of Tech's matches at middle hitter ... Second on the team with 364 kills ... Led the team for second straight season with a .309 hitting percentage, with a .332 hitting percentage in conference games ... Set a new career high with 23 kills against North Carolina ... Hit a career-high .621 against Clemson, recording 21 kills on 29 attempts and three errors ... Tops for the Hokies with 18 solo and 91 total blocks ... Totaled 10 or more kills 21 times, 20 or more kills three times ... Totaled 15 service aces and 98 total digs ... Was 10th in the ACC in hitting percentage, third in conference games only, with a .332 average ... Selected as a member of the VaSID second team ... Was named to the Hokie Fall Invite and Outback Tournament all-tournament teams.

2003: Contributed immediately as a true freshman ... Played in all but three games ... Led the Hokies in hitting percentage (.333), aces (41), solo blocks (21), block assists (97), total blocks (118) and blocks per game (1.18) ... Her team-high .333 hitting percentage was

third all-time at Tech for a season ... Her 118 total blocks were the ninth most in a season for a Hokie ... Had the second best hitting percentage in the BIG EAST during conference matches at .362 ... In overall matches, was fourth in the conference in blocks and fifth in the BIG EAST in aces ... Had one or more aces in 19 matches ... In her first collegiate start against Campbell, tallied three aces, 12 kills, five total blocks (two solo, three assisted) and hit .529 ... Recorded six block assists against East Tennessee State ... Personal-best three solo blocks at the College of Charleston ... Named BIG EAST Rookie of the Week after her efforts against Connecticut and St. John's ... Named to the All-BIG EAST honorable mention team ... One of only two freshmen recognized with post-season awards in 2003 ... Tabbed as an American Volleyball Coaches Association (AVCA) All-Northeast Honorable Mention ... Named to the VaSID All-State University Division second Team ... Sole freshman on any all-state list.

High School: Four-year letterwinner for Coach Karen Traub at Barrington High School ... Named to the all-conference team ... Received all-area third-team honors ... Served as team captain ... Helped lead her team to two second-place finishes in the state tournament ... Was honored with the "Best of Barrington" athlete award ... Earned All-America status while playing AAUs ... Played for Sports Performance VBC, winning a national championship in 2003.

Personal: Catherine V. Esbrook was born on October 10, 1984, in Barrington, Ill. ... Is the daughter of Randy and Corinne Esbrook ... Has two older sisters, Cheryl and Elizabeth ... Enrolled in human nutrition, foods and exercise.



KATIE'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2003	100	263	76	561	.333	15	41	166	21	97
2004	110	364	125	774	.309	9	15	98	18	73
2005	107	349	107	762	.319	17	18	105	27	91
Totals	317	976	308	2,097	.319	41	74	369	66	261

CAREER MATCH HIGHS

Kills 23, North Carolina (11/6/04)
 Attempts 46, North Carolina (11/6/04)
 Pct.621, vs. Clemson (11/18/04)
 Service Aces 5, Cleveland State (9/20/03)
 Assists 5, vs. Cleveland State (9/20/03)
 Digs 15, vs. Northern Illinois (9/19/03)
 BS 4, at Clemson (10/22/05)
 BA 9, Miami (11/11/05)

2005 MATCH HIGHS

Kills 22, Duke (10/9/05)
 Attempts 41, North Carolina (10/29/05)
 Pct.591, Clemson (11/23/05)
 Service Aces ... 4, at Boston College (11/4/05)
 Assists 3, vs. Wright State (9/17/05)
 Digs 13, vs. Wright State (9/17/05)
 BS 4, at Clemson (10/22/05)
 BA 9, Miami (11/11/05)



Kirstyn GODWIN

#14

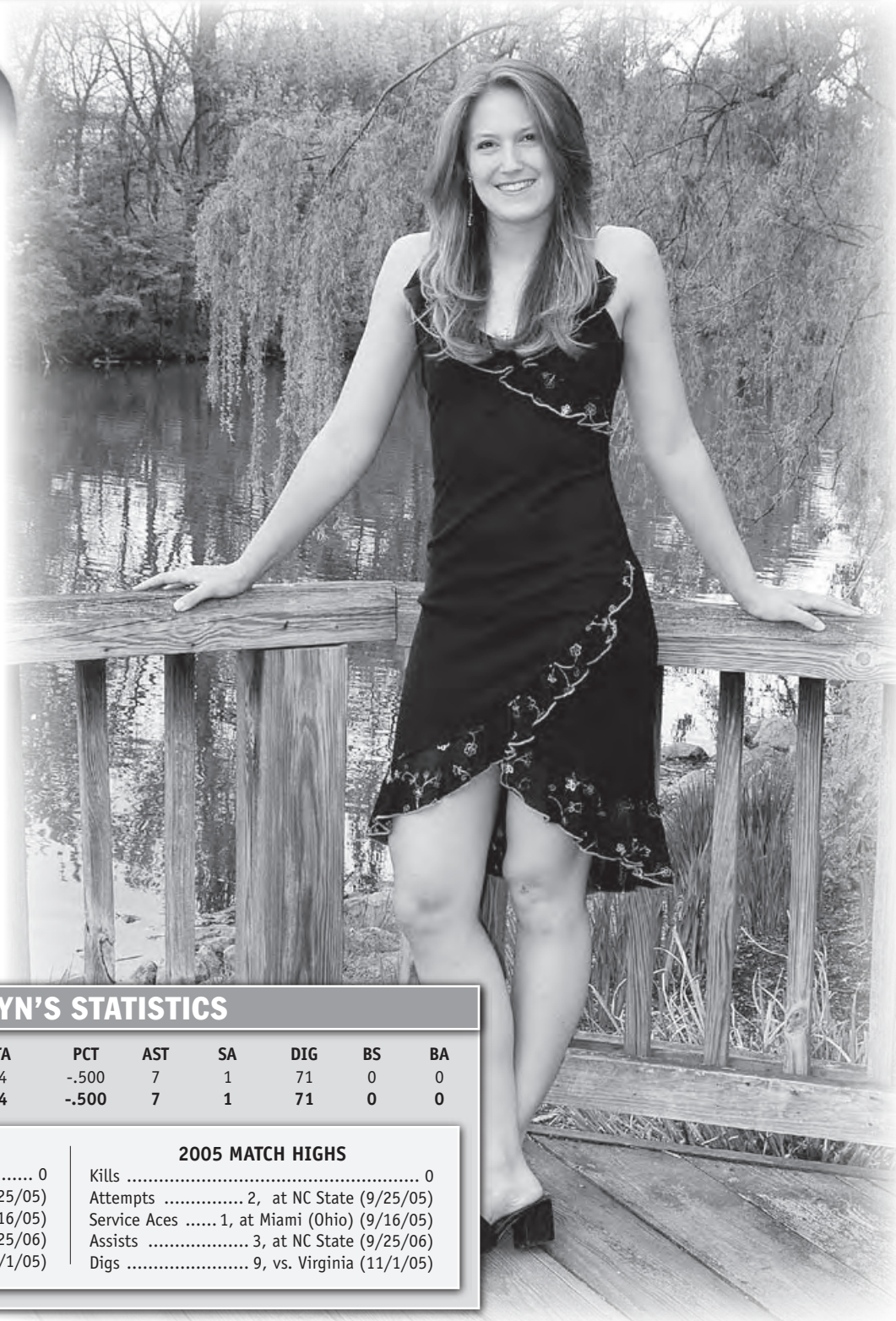
SETTER/DEF. SPECIALIST • 5-11 • SOPHOMORE • WOODSTOCK, GA. • ETOWAH H.S.

Riley on Godwin: Her energy and character make for an encouraging teammate ... makes everyone on the floor better because of her relentless effort.

2005: Played in 48 games in her first year ... Served as the backup setter, but saw significant time in the back row due to an injury in the lineup ... Had 71 digs on the year ... Totaled seven assists ... Made her debut against UC Irvine, recording eight digs ... Saw time against Virginia, recording a career-high nine digs ... Had seven digs with three assists at NC State ... Also had seven digs against Wright State and Northern Colorado.

High School: Lettered four years at Etowah High School for Coach William Riggs ... Led team to the state final four as a senior and final eight as a freshman ... Named an all-state player ... Named first-team all-region and all-county ... Named "Best All-Around" as a senior ... Served as team captain her junior and senior years ... Graduated ninth in her class ... Member of the National Society of High School Scholars ... Played for A5 volleyball program.

Personal: Kirstyn Elizabeth Godwin was born Sept. 15, 1986, in Atlanta, Ga. ... Is the daughter of Pam and Rob Godwin ... Has a brother Jason, who plays baseball for Shorter College ... Enrolled in engineering.



KIRSTYN'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2005	48	0	2	4	-.500	7	1	71	0	0
Totals	48	0	2	4	-.500	7	1	71	0	0

CAREER MATCH HIGHS

Kills 0
 Attempts 2, at NC State (9/25/05)
 Service Aces 1, at Miami (Ohio) (9/16/05)
 Assists 3, at NC State (9/25/06)
 Digs 9, vs. Virginia (11/1/05)

2005 MATCH HIGHS

Kills 0
 Attempts 2, at NC State (9/25/05)
 Service Aces 1, at Miami (Ohio) (9/16/05)
 Assists 3, at NC State (9/25/06)
 Digs 9, vs. Virginia (11/1/05)



Cathy JANSEN

#13

R.S./OUTSIDE HITTER • 5-11 • SOPHOMORE • OVERLAND PARK, KAN. • ST. THOMAS AQUINAS



Riley on Jansen: Will be looked to to give added depth at the right and left side ... versatility allows her to be used in many roles ... with that ability has an opportunity to see more time.

2005: Played in nine games in her first year ... Totaled three kills on 16 attempts ... Had four blocks ... Recorded two assists ... Against Florida State, had two kills and three blocks ... Tallied a kill against Virginia ... Had a block at Boston College.

High School: Graduated from St. Thomas Aquinas High School ... Lettered three years for Coach Kim Bogart ... Led her team to a third-place finish in the 6-A Kansas state tournament ... Named to the Kansas All-Star team in 2004 ... Was on the honor roll every semester of high school ... Earned two letters in track, finishing fourth in the state in the high jump her sophomore and junior years ... Competed at the club level for the K.C. Power team.

Personal: Catherine D. Jansen was born June 29, 1987, in Overland Park, Kan. ... Is the daughter of Chuck and Diane Jansen ... Has two brothers, Brian, who plays football at Iowa State, and Kevin ... Enrolled in communications.

CATHY'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2005	9	3	4	16	-.062	2	0	0	0	4
Totals	9	3	4	16	-.062	2	0	0	0	4

CAREER MATCH HIGHS

Kills 2, vs. Florida State (11/12/05)
 Attempts 3, vs. Florida State (11/12/05)
 Pct.500, at Virginia (10/4/05)
 Assists 1, twice
 BA 3, vs. Florida State (11/12/05)

2005 MATCH HIGHS

Kills 2, vs. Florida State (11/12/05)
 Attempts 3, vs. Florida State (11/12/05)
 Pct.500, at Virginia (10/4/05)
 Assists 1, twice
 BA 3, vs. Florida State (11/12/05)



Allie KUPEC

#15

MIDDLE BLOCKER • 6-1 • SENIOR • COLUMBIA, MD. • RIVER HILL H.S.

Riley on Kupec: Brings a strong presence in the middle ... we will count on her consistency to solidify the middle attack.

2005: Second on the team in blocking and hitting percentage ... Totaled 100 blocks (19 solo) ... Had a .219 hitting percentage ... Fourth on the team with 271 kills (2.46 per game) ... One of only four players to play in all 110 games ... Had a career-high 16 kills twice, against North Carolina and Miami ... Started the season with six block assists against Georgetown ... Also had six blocks vs. Northern Colorado ... Was in double figures in kills 14 times ... Against Clemson, recorded 15 kills and four blocks ... Had a career-high 37 attempts against North Carolina ... Recorded four or more blocks 14 times ... Had a season-high .571 hitting percentage at NC State ... All-ACC Academic team.

2004: Started the season as the right side attacker, but moved to middle hitter when injury forced a change in the lineup ... Played in 108 of Tech's 110 games ... Started 28 out of 29 games in her second season in Blacksburg ... Finished the season with 238 kills, third best on the team ... Was second on the squad with 69 total blocks and second with seven solo blocks ... In 11 games last season she totaled 10 or more kills ... Set a new career-high with 15 kills against Liberty ... Had a career-high 35 attempts in a match versus Georgia ... Tied her career high with seven block assists against Clemson in the Atlantic Coast Conference Tournament.

2003: Gained valuable experience playing in 94 games as a freshman ... Ranked second on the team in total blocks (98) and fourth in both hitting percentage (.218) and kills (171) ... In her first collegiate start against Miami (Ohio), tallied 13 kills, hit an impressive .524 and racked up a game-high five block assists ... After a strong debut at the Hokie Classic, was named to the all-tournament team ... Also named the first BIG EAST Rookie of the Week in 2003 ... Strong server ... Recorded nine straight service points against East Tennessee State ... Finished the match with a personal best six aces ... Played a solid match against Connecticut with 14 kills, a .423 hitting percentage, one solo block and a career-high seven block assists.

High School:

Attended River Hill High School ... Earned three varsity letters for Coach Sybil Modispacher ... Helped lead her team to the 2000 state semifinals ... Earned team MVP honors in 2002 ... Selected to the 2002 *Baltimore Sun* and *Washington Post* first teams ... Was second-team all-Metro ... Helped lead her team to the 2001 county championship ... Served as team captain during the 2001 and 2002 seasons ... Also lettered four years in basketball ... Played for Metro American Juniors VBC.

Personal: Allison Victoria Kupec was born May 29, 1985, in Lake Forest, Ill. ... Is the daughter of C.J. and Vicki Kupec ... Father was an All-America basketball player at the University of Michigan before playing for the Los Angeles Lakers and the Houston Rockets of the NBA ... Brother Chris plays football at Southern Illinois ... Enrolled in communications.



ALLIE'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2003	94	171	79	422	.218	6	29	38	9	89
2004	108	238	131	643	.166	20	0	32	7	62
2005	110	271	124	672	.219	8	0	35	19	81
Total	312	680	334	1737	.199	34	29	105	35	232

CAREER MATCH HIGHS

Kills16, twice
 Attempts37, North Carolina (10/29/05)
 Pct.750, vs. Campbell (8/30/03)
 Service Aces ... 6, East Tennessee St.(8/30/03)
 Assists 3, vs. Lehigh (9/4/04)
 Digs 6, East Tennessee St. (8/30/03)
 BS3, at Miami (10/16/05)
 BA 7, twice

2005 MATCH HIGHS

Kills16, twice
 Attempts37, North Carolina (10/29/05)
 Pct.571, at NC State (9/25/05)
 Service Aces 0
 Assists 2, NC State (10/28/05)
 Digs4, vs. Oregon State (9/9/05)
 BS3, at Miami (10/16/05)
 BA 6, Georgetown (9/2/05)



Sarah MUÑOZ

#10

OUTSIDE HITTER • 5-11 • SOPHOMORE • ENCINITAS, CALIF. • SANTA FE CHRISTIAN



Riley on Muñoz: Looking to take some pressure off Sarah in order to lead a more balanced team attack ... though she'll have help, still expecting career numbers on the outside.

2005: Led the team in kills with 356 (3.46 per game), playing in 103 games ... Third on the team in digs, totaling 272 (2.64 per game) ... Led the team with 29 service aces ... Had 40 blocks (three solo) and 18 assists ... Totaled 244 kills in conference games (3.49 per game) ... Had double figures in kills 19 times ... Recorded double figures in digs 11 times ... Set a career-high with 21 digs against Duke ... Also had 19 kills in the game ... Recorded 20 kills, 13 digs and two service aces against Wright State ... Tallied 19 kills and 22 digs against Northern Colorado ... Had a high of four blocks against Oregon State ... Tallied a career-high three service aces in her first game of the season against Georgetown, and tied it against Boston College ... Had 16 kills and 17 digs with two blocks against Miami (Ohio) ... Virginia Tech Athlete of the Week for the week of September 10.

High School: A prep All-American at Santa Fe Christian High School, starting four years for Coach Diane Pascua ... As a junior, led her team to a Division V California State Championship, with a runner-up finish her senior and sophomore years ... Named to state championship all-tournament team her junior and senior years ... Named a National Christian School All-American ... A four-time all-academic team selection ... Played for the Epic Volleyball Club.

Personal: Sarah Ana Muñoz was born February 20, 1987, in LaJolla, Calif. ... Is the daughter of Jose and Lindy Muñoz ... Has two sisters, Mary and Rachel ... Majoring in university studies.

SARAH'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2005	103	356	198	1,117	.141	18	29	272	3	37
Total	103	356	198	1,117	.141	18	29	272	3	37

CAREER MATCH HIGHS

Kills 21, Duke (10/9/05)
 Attempts 62, Virginia (11/1/05)
 Pct.423, at Virginia (10/4/05)
 Service Aces 3, twice
 Assists 2, four times
 Digs 22, vs. Northern Colorado (9/17/05)
 BS 1, three times
 BA 3, four times

2005 MATCH HIGHS

Kills 21, Duke (10/9/05)
 Attempts 62, Virginia (11/1/05)
 Pct.423, at Virginia (10/4/05)
 Service Aces 3, twice
 Assists 2, four times
 Digs 22, vs. Northern Colorado (9/17/05)
 BS 1, three times
 BA 3, four times



Kendra SYTSMA

11

OUTSIDE/R.S. HITTER • 6-0 • SENIOR • MADISON, WIS. • MADISON WEST H.S./TROY

Riley on Sytsma: Opportunity to compete for a spot on the floor as an outside ... as a stronger player, we look forward to her battle every day.

2005: Saw significant action in a reserve role in her first Tech campaign ... Posted 40 kills, 55 digs and five service aces ... Had season highs of eight kills and 10 digs against Wake Forest ... Had four blocks, two solo ... Recorded six kills at NC State with eight digs, two blocks and a service ace ... Totaled 10 digs vs. Miami ... Recorded five kills against Georgetown.

2004 (at Troy): Led team with 215 kills as a sophomore ... Started 22 of 27 matches for Troy, playing 80 out of a possible 93 games ... Totaled 11 service aces and was sixth on the squad with 142 digs ... Was fifth with 34 total blocks, second with eight block solos ... Was tops with 681 attempts and finished with a .132 hitting percentage.

2003 (at Troy): Played in all 27 matches and 98 games for Troy ... Finished third on the team with 262 kills, averaging 2.62 kills per game ... Was named to the A-Sun All-Freshman team ... Had 15 double-digit kill matches ... Notched 18 kills and 14 digs in a 3-1 win over Jacksonville ... Had four blocks in match against Stetson ... Had 19 digs in match at Wofford ... Had 22 service aces ... Earned

academic all-conference honors.
High School: Lettered four years at Madison West High School in Madison, Wis. ... A member of the National Honor Society ... Finished her high school studies with a 3.89 grade point average ... Named first-team all-conference and first-team all-city her last two seasons ... Named all-city "Player of the Year" following her junior and senior seasons ... Also lettered in basketball and track & field for one year ... Led the Wisconsin Power club team to the national tournament in 2002 and 2003, starring four years for the Power.

Personal: Kendra J. Sytsma was born December 23, 1984, in Sacramento, Calif. ... Is the daughter of Ken and Jackie Sytsma ... Has seven siblings, Jacoba, Jesse, Jane, Kayla, Kendall, Jacquon and Jillian ... sister Jane is playing as a freshman at Ohio University ... Enrolled in human development.



KENDRA'S STATISTICS

Year	GP	K	E	TA	PCT	AST	SA	DIG	BS	BA
2003(Troy)	98	262	123	719	.193	17	22	239	3	25
2004(Troy)	80	215	125	681	.132	21	11	142	8	26
2005	44	40	24	155	.103	2	5	55	2	2
Total	222	517	272	1555	.156	40	38	436	13	53

CAREER MATCH HIGHS (at Tech)

Kills 8, at Wake Forest (11/19/05)
 Attempts 30, at Wake Forest (11/19/05)
 Pct.625, Georgetown (9/2/05)
 Service Aces 1, five times
 Assists 1, twice
 Digs 10, twice
 BS 1, twice
 BA 1, twice

2005 MATCH HIGHS

Kills 8, at Wake Forest (11/19/05)
 Attempts 30, at Wake Forest (11/19/05)
 Pct.625, Georgetown (9/2/05)
 Service Aces 1, five times
 Assists 1, twice
 Digs 10, twice
 BS 1, twice
 BA 1, twice



Rachel FAHLENKAMP

#5

MIDDLE BLOCKER • 6-0 • FRESHMAN • MCGREGOR, TEXAS • MIDWAY H.S.

Riley on Fahlenkamp: Her athleticism is something we look forward to having on the team ... can be seen anywhere in the front row ... her potential is limitless.

High School: Had over 1,000 career kills at Midway High School for Coach Janet Angell ... Named as a 4A all-state player as a senior ... All-District MVP her senior year ... Also earned academic all-district and all-state honors ... Super Centex Player of the Year ... Recorded 468 kills as a senior ... Totaled 1,013 career kills with a .424 hitting percentage ... Had 207 solo blocks with 164 block assists in her career ... Best

performance came against Red Oak where she totaled 27 kills and nine blocks in her senior season ... Helped set a school record with 32 victories in 2005 ... Team captain for Waco Juniors VBC.

Personal: Rachel Dawn Fahlenkamp was born December 1, 1987, in Plano, Texas ... Daughter of Lee and Marjean Fahlenkamp ... Has one older brother, Daniel ... Majoring in finance.



Paige GREENBERG

#2

SETTER/DEF. SPECIALIST • 5-7 • FRESHMAN • BLACKSBURG, VA. • BLACKSBURG H.S.

Riley on Greenberg: Her strong character and work ethic will be a highly valued addition to the team ... Paige's development will be critical to the team's success both in games and practice.

High School: Three-year setter at Blacksburg High School for Coach Karl Lippa ... As a senior, recorded 1,012 assists with 40 kills, 33 blocks, 27 service aces and 101 digs ... Named River Ridge District first-team ... Region III second-team ... *News Messenger* Player of the Year ... All Timesland second-team ... VHSL All-Star Team as a senior ... William Byrd All-Tournament team ... Blacksburg High School MVP her senior year ... Played club volleyball

with Roanoke Juniors ... Club team played in Junior Olympic Nationals in 2005 as Virginia-Old Dominion Region winners.

Personal: Paige Alexandra Greenberg was born May 5, 1988, in Long Beach, Calif. ... Is the daughter of Karen and Seth Greenberg ... Has two younger sisters, Ella and Jackie ... Father Seth serves as the head men's basketball coach at Virginia Tech ... Majoring in communications.



Betsy HOROWITZ

#3

MIDDLE BLOCKER • 6-2 • FRESHMAN • CHARLOTTE, N.C. • SOUTH MECKLENBURG H.S.

Riley on Horowitz: Brings immediate size and strength to the middle ... will fight for playing time and will have a great career at Tech.

High School: Lettered four years at South Mecklenburg High School for Coach Wade Pearce ... Team MVP as a senior ... A three-time all-conference selection ... Earned Best Offensive Player honors as a junior ... Played with Carolina Juniors-Slam VBC ... Scored over 1,000-career points and 1,000-career rebounds as a power forward with the basketball team ... Led basketball team to a state championship

in 2006, earning all-region and all-conference honors ... Also played soccer as a defender.

Personal: Elizabeth Yeomans Horowitz was born February 28, 1988, in Thousand Oaks, Calif. ... Daughter of Larry and Carol Horowitz ... Has two older siblings, Jenny and Jeff ... Brother Jeff plays basketball at UNC-Wilmington ... Father Larry played basketball at Davidson and overseas ... Majoring in biology.



Michelle LANG

8

SETTER • 6-0 • FRESHMAN • VALPARAISO, IND. • VALPARAISO H.S.

Riley on Lang: Has amazing natural talent and is really coming into her own in the program ... looking forward to taking her natural ability to the next level as a setter.

High School: Lettered four years at Valparaiso High School for Coach Michelle Salomon ... Set school record for block assists (109) and setting assists (901) in a season ... Holds school record for single game blocks (9) and assists (42) ... Team MVP junior and senior years ... Three-time all-conference selection ... Three-time all-state selection ... Three time sectional champions ... *Post Tribune* Pre-Season Top Player to Watch in the Region as a junior

... *Times* Pre-Season Top Impact Player in the Region as a junior ... Plymouth Invitational All-Tournament Team ... Honored as a top senior by PrepVolleyball.com ... Played club volleyball with Dunes ... Also played basketball and tennis.

Personal: Michelle Marie Lang was born March 14, 1988, in LaGrange, Ill. ... Daughter of James and Diana Lang ... Has two younger sisters, Gina and Stefanie ... Undeclared major.



Taylor PARRISH

4

OUTSIDE HITTER • 6-0 • FRESHMAN • BRENTWOOD, TENN. • HARPETH HALL

Riley on Parrish: Has tremendous athletic ability and volleyball skills ... a rare combination of strength and speed that will be an immediate force in the ACC.

High School: Had 1,967 career kills and 1,623 career digs at Harpeth Hall under head coach Valorie Baker ... a 2002-05 all-region team selection ... 2001 and 2005 state champion ... 2005 state tournament MVP ... 2005 PrepVolleyball.com All-American and nominated for National Player of the Year ... Played club volleyball for Impact VBC ... Won

two state championships in basketball and ran track.

Personal: Taylor Louise Parrish was born September 1, 1987, in Nashville, Tenn. ... Is the daughter of Carolyn and Lee Parrish ... Has one sibling, Reid ... Father Lee swam at the University of Oklahoma ... Majoring in Veterinary Medicine.



2006 OPPONENTS

APPALACHIAN STATE

Location: Boone, N.C.
 Nickname: Mountaineers
 Colors: Black and Gold
 Facility: Holmes Center (8,325)
 Conference: Southern
 Last Meeting: Sept. 3, 2004 (VT, 3-1)
 Head Coach: Chad Callihan
 2005 Record: 23-10, 14-4 (2nd)
 Volleyball SID: Jessica Schmick
 SID Phone: (828) 262-7602
 SID Fax: (828) 262-6106
 E-mail: schmickjr@appstate.edu
 Web: www.goASU.com

ARIZONA STATE

Location: Tempe, Ariz.
 Nickname: Sun Devils
 Colors: Maroon and Gold
 Facility: Wells Fargo Arena (14,198)
 Conference: Pacific-10
 Last Meeting: Sept. 10, 1999 (AS, 3-0)
 Head Coach: Brad Saindon
 2005 Record: 8-20, 3-15 (8th)
 Volleyball SID: Randy Policar
 SID Phone: (480) 965-6594
 SID Fax: (480) 965-5408
 E-mail: randy.policar@asu.edu
 Web: www.thesundevils.com

AUBURN

Location: Auburn, Ala.
 Nickname: Tigers
 Colors: Burnt Orange and Navy Blue
 Facility: Student Activities Center (2,000)
 Conference: Southeastern (Western Division)
 Last Meeting: Aug. 31, 2002 (VT, 3-0)
 Head Coach: Laura Farina
 2005 Record: 8-16, 2-14
 Volleyball SID: Carol White
 SID Phone: (334) 844-9182
 SID Fax: (334) 844-9807
 E-mail: whitecr@auburn.edu
 Web: www.auburntigers.com

EAST CAROLINA

Location: Greenville, N.C.
 Nickname: Pirates
 Colors: Purple and Gold
 Facility: Minges Coliseum
 Conference: Conference USA
 Last Meeting: Sept. 7, 2001 (VT, 3-0)
 Head Coach: Chris Rushing
 2005 Record: 20-11, 9-6 (5th)
 Volleyball SID: Amy Howard
 SID Phone: (252) 328-4522
 SID Fax: (252) 737-4528
 E-mail: howarda@ecu.edu
 Web: www.ecupirates.com

FURMAN

Location: Greenville, S.C.
 Nickname: Paladin
 Colors: Purple and White
 Facility: Alley Gymnasium (1,000)
 Conference: Southern
 Last Meeting: Sept. 7, 1991 (VT, 3-2)
 Head Coach: Michelle Young
 2005 Record: 15-16, 9-9 (6th)
 Volleyball SID: Jon Brown
 SID Phone: (864) 294-3065
 SID Fax: (864) 294-3061
 E-mail: jonathan.brown@furman.edu
 Web: www.furmanpaladins.com

GEORGE WASHINGTON

Location: Washington, D.C.
 Nickname: Colonials
 Colors: Buff and Blue
 Facility: Charles E. Smith Athletic Center
 Conference: Atlantic 10
 Last Meeting: Oct. 1, 1999 (VT, 3-1)
 Head Coach: Jojit Coronel
 2005 Record: 14-15, 5-8
 Volleyball SID: Brad Bower
 SID Phone: (202) 994-0339
 SID Fax: (202) 994-2713
 E-mail: bbower@gwu.edu
 Web: www.GWsports.com

LIBERTY

Location: Lynchburg, Va.
 Nickname: Flames
 Colors: Red, White and Blue
 Facility: Vines Center (8,500)
 Conference: Big South
 Last Meeting: Sept. 14, 2004 (W, 3-1)
 Head Coach: Shane Pinder
 2005 Record: 9-22, 5-9 (6th)
 Volleyball SID: Paul Carmany
 SID Phone: (434) 582-2292
 SID Fax: (434) 582-2076
 E-mail: pjcarmany@liberty.edu
 Web: www.libertyflames.com

PURDUE

Location: West Lafayette, Ind.
 Nickname: Boilermakers
 Colors: Old Gold and Black
 Facility: Intercollegiate Athletic (2,288)
 Conference: Big Ten
 Last Meeting: First Meeting
 Head Coach: Dave Shondell
 2005 Record: 25-9, 12-8 (5th)
 Volleyball SID: Wendy Mayer
 SID Phone: (765) 494-3919
 SID Fax: (765) 447-5447
 E-mail: wbroker@purdue.edu
 Web: www.purduesports.com

WILLIAM & MARY

Location: Williamsburg, Va.
 Nickname: Tribe
 Colors: Green, Gold and Silver
 Facility: Kaplan Arena (8,600)
 Conference: Colonial Athletic Association
 Last Meeting: Sept. 30, 2000 (W&M, 3-0)
 Head Coach: Debbie Hill
 2005 Record: 22-9, 15-3
 Volleyball SID: Rob Turner
 SID Phone: (757) 221-3370
 SID Fax: (757) 221-3412
 E-mail: rrtturn@wm.edu
 Web: www.tribeathletics.com



TOURNAMENT SCHEDULES

2006 East Carolina Tournament

Fri., Aug. 25	Virginia Tech vs. Furman	4 p.m.
	East Carolina vs. William & Mary	7 p.m.
Sat., Aug. 26	Virginia Tech vs. William & Mary	10 a.m.
	East Carolina vs. Furman	1 p.m.
	William & Mary vs. Furman	4 p.m.
	Virginia Tech vs. East Carolina	7 p.m.

2006 Auburn/Mizuno Challenge

Fri. Sept. 1	Purdue vs. Virginia Tech	4 p.m.
	Auburn vs. Arizona State	7 p.m.
Sat. Sept. 2	Arizona State vs. Purdue	10 a.m.
	Virginia Tech vs. Auburn	Noon
	Virginia Tech vs. Arizona State	4 p.m.
	Auburn vs. Purdue	7 p.m.

2006 Hokie Invite

Fri., Sept. 8	Liberty vs. Appalachian State	5 p.m.
	Virginia Tech vs. G. Washington	7 p.m.
Sat., Sept. 9	Appalachian St. vs. G. Washington	10 a.m.
	Virginia Tech vs. Liberty	Noon
	George Washington vs. Liberty	5 p.m.
	Virginia Tech vs. Appalachian State	7 p.m.

ATLANTIC COAST CONFERENCE VOLLEYBALL TEAM QUICK FACTS

BOSTON COLLEGE

Location: Chestnut Hill, Mass.
Nickname: Eagles
Colors: Maroon and Gold
Facility: Power Gym (1,000)
Conference: Atlantic Coast
Last Meeting: Nov. 4, 2005 (BC, 3-0)
Head Coach: Andrea Leonard
2005 Record: 9-22, 4-18 (11th)
Volleyball SID: Caroline Cottet
SID Phone: (617) 552-2094
SID Fax: (617) 552-4903
E-mail: cottetc@bc.edu
Web: www.bceagles.com

CLEMSON

Location: Clemson, S.C.
Nickname: Tigers
Colors: Burnt Orange and Northwest Purple
Facility: Jervy Gymnasium (2,000)
Conference: Atlantic Coast
Last Meeting: Nov. 23, 2005 (VT, 3-1)
Head Coach: Jolene Jordan Hoover
2005 Record: 12-18, 7-15 (10th)
Volleyball SID: Christine Long
SID Phone: (864) 656-1920
SID Fax: (864) 656-0299
E-mail: longc@clemson.edu
Web: www.clemsontigers.com

DUKE

Location: Durham, N.C.
Nickname: Blue Devils
Colors: Royal Blue and White
Facility: Cameron Indoor Stadium (9,314)
Conference: Atlantic Coast
Last Meeting: Nov. 18, 2005 (DU, 3-0)
Head Coach: Jolene Nagel
2005 Record: 24-8, 17-5 (3rd)
Volleyball SID: Lee Aldridge
SID Phone: (919) 684-8708
SID Fax: (919) 684-2489
E-mail: laldridge@duaa.duke.edu
Web: www.GoDuke.com

FLORIDA STATE

Location: Tallahassee, Fla.
Nickname: Seminoles
Colors: Garnet and Gold
Facility: Tully Gymnasium (3,500)
Conference: Atlantic Coast
Last Meeting: Nov. 12, 2005 (FS, 3-0)
Head Coach: Todd Kress
2005 Record: 13-17, 11-11 (t-6th)
Volleyball SID: Michael Smoose
SID Phone: (850) 644-1403
SID Fax: (850) 644-3820
E-mail: msmoose@mailers.fsu.edu
Web: www.seminoles.com

GEORGIA TECH

Location: Atlanta, Ga.
Nickname: Yellow Jackets
Colors: Old Gold and White
Facility: O'Keefe Gymnasium (1,356)
Conference: Atlantic Coast
Last Meeting: Nov. 25, 2005 (VT, 3-1)
Head Coach: Bond Shymansky
2005 Record: 16-15, 12-10 (5th)
Volleyball SID: Scott MacDonald
SID Phone: (404) 894-5445
SID Fax: (404) 894-1248
E-mail: smacdonald@at.gtaa.gatech.edu
Web: www.ramblinwreck.com

MARYLAND

Location: College Park, Md.
Nickname: Terrapins
Colors: Red, White, Black and Gold
Facility: Comcast Center Pavilion (1,500)
Conference: Atlantic Coast
Last Meeting: Nov. 6, 2005 (MD, 3-0)
Head Coach: Janice Kruger
2005 Record: 28-5, 18-4 (t-1st)
Volleyball SID: Carrie Bittman
SID Phone: (301) 314-7068
SID Fax: (301) 314-9094
E-mail: cbittman@umd.edu
Web: www.umterps.com

MIAMI

Location: Coral Gables, Fla.
Nickname: Hurricanes
Colors: Orange, Green and White
Facility: Knight Sports Complex (1,200)
Conference: Atlantic Coast
Last Meeting: Nov. 11, 2005 (MU, 3-1)
Head Coach: Nicole Lantagne Welch
2005 Record: 16-14, 11-11 (t-6th)
Volleyball SID: Jasmine Yearwood
SID Phone: (305) 284-3230
SID Fax: (305) 284-2807
E-mail: jyearwood@miami.edu
Web: www.hurricanesports.com

NORTH CAROLINA

Location: Chapel Hill, N.C.
Nickname: Tar Heels
Colors: Carolina Blue and White
Facility: Carmichael Auditorium (9,100)
Conference: Atlantic Coast
Last Meeting: Oct. 29, 2005 (UNC, 3-1)
Head Coach: Joe Sagula
2005 Record: 23-10, 18-4 (t-1st)
Volleyball SID: Bobby Hundley
SID Phone: (919) 843-5678
SID Fax: (919) 962-0612
E-mail: bhundley@uncaa.unc.edu
Web: www.TarHeelBlue.com

NORTH CAROLINA STATE

Location: Raleigh, N.C.
Nickname: Wolfpack
Colors: Red and White
Facility: Reynolds Coliseum (12,400)
Conference: Atlantic Coast
Last Meeting: Oct. 28, 2005 (VT, 3-0)
Head Coach: Charita J. Stubbs
2005 Record: 7-23, 1-21 (12th)
Volleyball SID: Brandon Yopp
SID Phone: (919) 515-8195
SID Fax: (919) 515-2898
E-mail: brandon_yopp@ncsu.edu
Web: www.gopack.com

VIRGINIA

Location: Charlottesville, Va.
Nickname: Cavaliers
Colors: Navy and Orange
Facility: Memorial Gymnasium (836)
Conference: Atlantic Coast
Last Meeting: Nov. 1, 2005 (UVA, 3-1)
Head Coach: Melissa Aldrich Shelton
2005 Record: 20-11, 15-7 (4th)
Volleyball SID: Bill Hurd
SID Phone: (434) 982-5500
SID Fax: (434) 982-5525
E-mail: wlh4q@virginia.edu
Web: www.virginiports.com

VIRGINIA TECH

Location: Blacksburg, Va.
Nickname: Hokies
Colors: Chicago Maroon and Burnt Orange
Facility: Cassell Coliseum (10,052)
Conference: Atlantic Coast
Last Meeting: N/A
Head Coach: Chris Riley
2005 Record: 13-18, 8-14 (9th)
Volleyball SID: Amanda McClure
SID Phone: (540) 231-2228
SID Fax: (540) 231-6984
E-mail: mccluras@vt.edu
Web: www.hokiesports.com

WAKE FOREST

Location: Winston-Salem, N.C.
Nickname: Demon Deacons
Colors: Old Gold and Black
Facility: Reynolds Gymnasium (2,000)
Conference: Atlantic Coast
Last Meeting: Nov. 19, 2005 (WF, 3-0)
Head Coach: Heather Kahl
2005 Record: 17-14, 10-12 (8th)
Volleyball SID: Scott Wortman
SID Phone: (336) 758-5842
SID Fax: (336) 758-5140
E-mail: wortmasm@wfu.edu
Web: www.wakeforestsports.com

2005 REVIEW

For the Virginia Tech volleyball team, the 2005 season had its share of ups and downs. Though the team finished 13-18 overall with an 8-14 record in the Atlantic Coast Conference, the Hokies had several victories over strong competition.

The year started off well with a 3-0 victory over Georgetown in the Hokie Invitational, with the team hitting a season-high .352 with eight service aces. The Hokies dropped their next four games, however, falling in three sets to Wisconsin-Milwaukee, Mississippi State and Oregon State.

Virginia Tech got back on track in a big way, rallying from a two-game deficit for a 3-2 victory over UC Irvine. In game three, the Hokies battled to a 32-30 victory before winning the last two games 30-22 and 15-11. Senior Erin Brugger had a team-high 20 kills in the win, while freshman Sarah Muñoz totaled 14 kills and 10 digs.

It was the beginning of a four-game winning streak, as the Hokies rolled into Miami (Ohio) University and won the Miami Classic with wins over Miami, Northern Colorado and Wright State. The Miami match went back-and-forth the entire contest, with neither team able to gain an advantage. Down 13-10 in the fifth game, Tech rallied for three straight points to tie the contest. With the score tied 16-16, a kill from junior Katie Esbrook and a Brugger and Esbrook block gave Tech the victory.

Senior setter Melissa Markowski had 178 assists, eight kills and 30 digs over the course of the Classic, en route to being named Most Valuable Player. She earned all-tournament recognition in all three tournaments that Tech participated in. Esbrook and Brugger were named to the all-tournament team of the Classic.

The Hokies began their ACC slate with a 3-0 loss at North Carolina. They had better luck two days later at NC State, earning a 3-0 victory over the Wolfpack. It was a hard-fought battle, with neither team holding a clear advantage in any of the three games until the final points. In game three, Tech rallied from a five-point deficit late in the game to preserve the sweep. Sophomore libero Amanda Cloyd tallied 15 digs in the win.

Virginia Tech returned home for the first time since the beginning of the season on Sept. 30, falling to undefeated Maryland, 3-0, before coming back to sweep Boston College 3-0. Muñoz tallied 14 kills against the Eagles, while Cloyd had 22 digs.

After falling to Virginia 3-0 on Oct. 4, the team got a big morale boost in its next two games, coming away with a pair of victories in Cassell Coliseum. After sweeping Wake Forest 3-0, the Hokies earned one of their biggest wins of the season with a 3-2 win over 2005 NCAA Tournament participant Duke. With the Blue Devils leading the match 2-1, Tech came back from four points down in game four to tie the series. In game five, Duke took an 11-9 advantage before Tech finished out the game on a 6-1 run to win 15-12. Markowski totaled 62 assists, while Muñoz had 21 kills and 19 digs. Cloyd had 25 digs, and Esbrook tallied 22 kills.

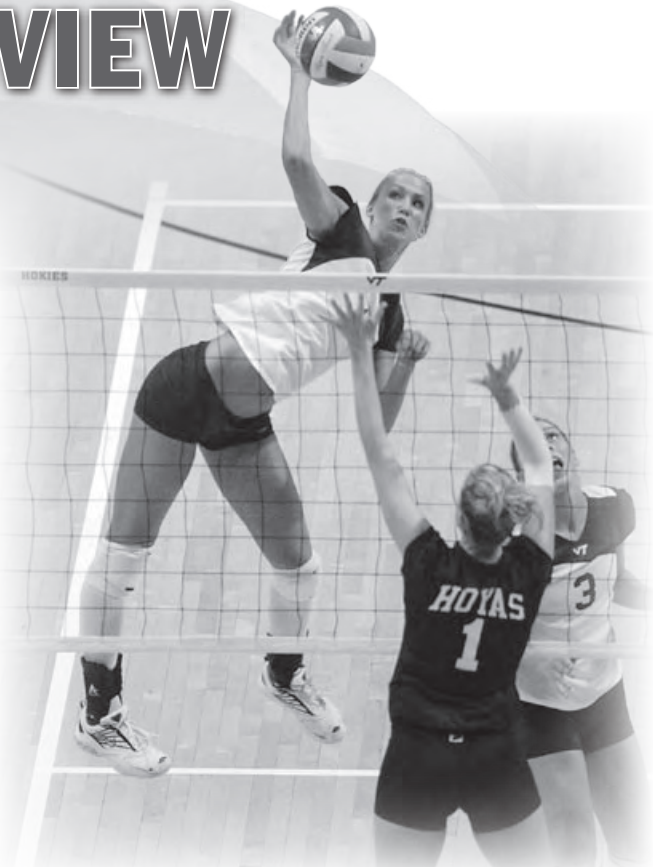
The Hokies lost their next three games, dropping decisions at Florida State and Miami and losing a tough 3-2 battle against ACC volleyball powerhouse Georgia Tech. Three-game sweeps of both Clemson and NC State would put Virginia Tech back on track. Tech again rallied against the Wolfpack behind Brugger's 18 kills. Down eight points in game three, 15-7, Tech went on a 7-0 run to come within one, 15-14. It was one of the Hokies' largest comebacks of the season, as they went on to win the third game 32-30.

The final month of the season proved difficult for, as Tech went on an eight-game losing streak that lasted until the final weekend of the year.

Playing their final two games of the year in Blacksburg, the Hokies pulled together to send their four seniors (Markowski, Brugger, Liz



Junior Jen Albrecht played in all 110 games for the Hokies last season, posting 181 kills.



Katie Esbrook led the team with a .318 hitting percentage and 118 blocks last season.

Kapp and Sarah King) out on a winning note, starting with a 3-1 win over Clemson. After falling 30-24 in game one, Tech won the final three games 31-29, 30-27 and 30-26. Junior Allie Kupec and Esbrook each had 15 kills, while Markowski had 51 assists and 18 digs.

In the final game of the year, the Hokies ended their season with a 3-1 win over Georgia Tech, a preseason top-25 selection. Down 1-0, Tech came back from a nine-point deficit in the second game to win 31-29, and won the final two games 30-22 and 30-28. Esbrook led the team with 18 kills, while Muñoz had 15 kills and 11 digs. Cloyd totaled 24 digs, and in her final game, Markowski had 60 assists. For her performance in the final two games, Markowski earned ACC Co-Player of the Week honors.

Two players reached milestones during the season, led by four-year starter Markowski, who finished her career with a school-record 5,287 assists. Cloyd set a single-season record with 536 digs, bringing her career total to 1,014. She is the 10th player in school history to reach the 1,000 dig mark.

In addition to being honored for her play on the court by VaSID as a second-team selection, Markowski earned several academic awards at the end of the season. She earned an ACC post-graduate scholarship, and was named as a Virginia Tech Scholar-Athlete. Markowski, as well as sophomore Jen Albrecht, was honored by ESPN the magazine as an Academic All-District III first-team pick and named to the All-ACC Academic Volleyball Team. Kupec was also on the All-ACC Academic Team.

2005 RESULTS

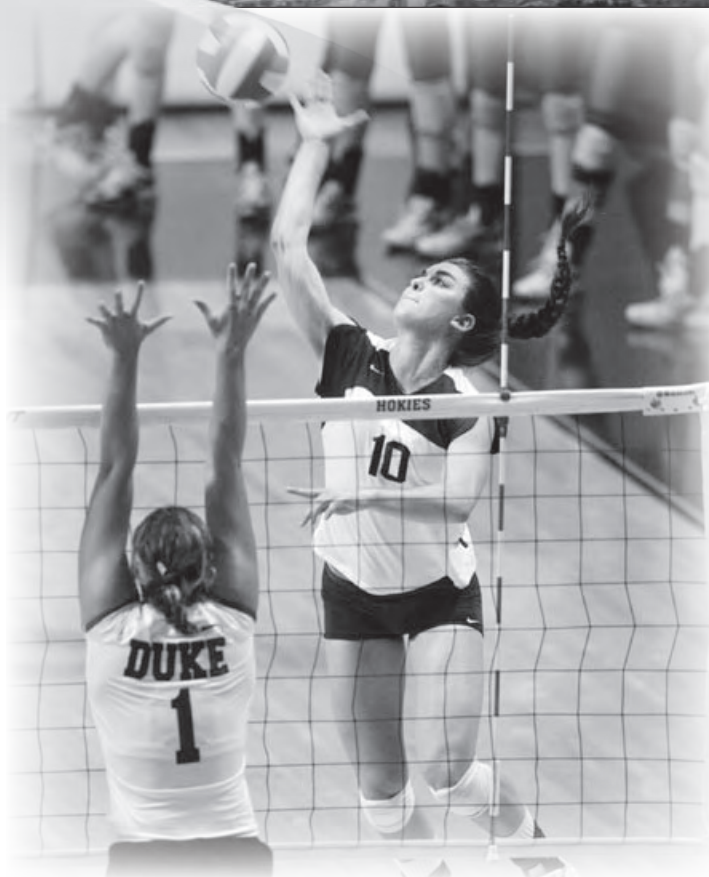
Date	Opponent	Result	Match Scores
9/2	GEORGETOWN#	W, 3-0	30-16, 30-24, 30-16
9/3	WISCONSIN-MILWAUKEE#	L, 0-3	30-32, 27-30, 28-30
9/3	MISSISSIPPI STATE#	L, 0-3	23-30, 18-30, 21-30
9/9	vs. Oregon State%	L, 0-3	27-30, 21-30, 24-30
9/10	at Colorado State%	L, 0-3	29-31, 24-30, 26-30
9/10	vs. UC Irvine%	W, 3-2	22-30, 27-30, 32-30, 30-22, 15-11
9/16	at Miami (Ohio)\$	W, 3-2	30-26, 22-30, 30-28, 11-30, 18-16
9/17	vs. Northern Colorado\$	W, 3-1	30-27, 31-29, 26-30, 30-24
9/17	vs. Wright State\$	W, 3-1	30-25, 30-32, 30-22, 30-27
9/23	at North Carolina*	L, 0-3	18-30, 25-30, 12-30
9/25	at NC State*	W, 3-0	30-25, 30-25, 30-28
9/30	MARYLAND*	L, 0-3	22-30, 18-30, 23-30
10/1	BOSTON COLLEGE*	W, 3-0	30-21, 30-24, 30-27
10/4	at Virginia*	L, 0-3	28-30, 23-30, 19-30
10/7	WAKE FOREST*	W, 3-0	31-29, 30-23, 30-24
10/9	DUKE*	W, 3-2	27-30, 30-25, 19-30, 30-24, 15-12
10/14	at Florida State*	L, 0-3	22-30, 16-30, 25-30
10/16	at Miami*	L, 1-3	23-30, 30-26, 29-31, 25-30
10/26	at Georgia Tech*	L, 2-3	25-30, 30-25, 20-30, 30-27, 10-15
10/22	at Clemson*	W, 3-0	30-28, 30-23, 30-25
10/28	NC STATE*	W, 3-0	30-26, 30-26, 32-30
10/29	NORTH CAROLINA*	L, 1-3	24-30, 24-30, 30-23, 30-32
11/1	VIRGINIA*	L, 1-3	22-30, 30-28, 30-32, 26-30
11/4	at Boston College*	L, 0-3	25-30, 19-30, 28-30
11/6	at Maryland*	L, 0-3	22-30, 20-30, 16-30
11/11	MIAMI*	L, 1-3	25-30, 30-27, 17-30, 26-30
11/12	FLORIDA STATE*	L, 0-3	14-30, 23-30, 23-30
11/18	at Duke*	L, 1-3	21-30, 30-26, 22-30, 18-30
11/19	at Wake Forest*	L, 0-3	17-30, 26-30, 25-30
11/23	CLEMSON*	W, 3-1	24-30, 31-29, 30-27, 30-26
11/25	GEORGIA TECH*	W, 3-1	25-30, 31-29, 30-22, 30-28

— Hokie Fall Invitational at Blacksburg, Va.

% — University Park Classic at Fort Collins, Colo.

\$ — Miami Best Western/Sycamore Inn Classic at Oxford, Ohio

* — ACC Match



Sarah Muñoz made a huge impact as a freshman in 2005.

2005 SUPERLATIVES

Record in:

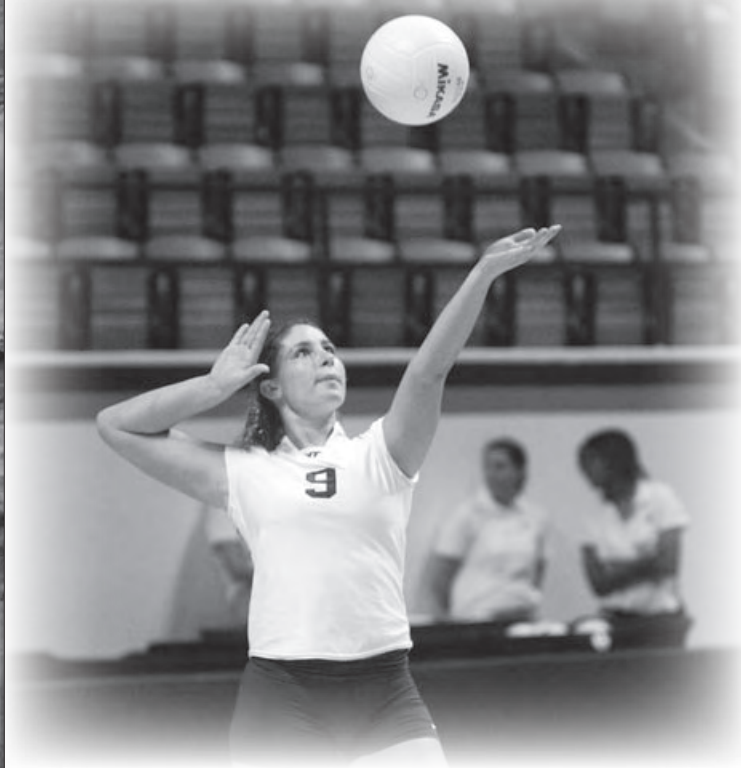
Three-game matches	6-12
Four-game matches	4-5
Five-game matches	3-1

Team Highs:

Kills	76, at Wright State (9/17/05)
	76, vs. Northern Colorado (9/17/05)
Attempts	206, vs. Northern Colorado (9/17/05)
Percentage352, vs. Georgetown (9/2/05)
Assists	73, at Wright State (9/17/05)
Service Aces	8, vs. Georgia Tech (11/25/05)
	8, vs. Georgetown (9/2/05)
Digs	89, at Wright State (9/17/05)
Blocks	15, vs. Northern Colorado (9/17/05)
	15, vs. Wake Forest (10/7/05)

Individual Highs:

Kills (3 games)	18, Sarah Muñoz at Clemson (10/22/05)
	18, Erin Brugger vs. NC State (10/28/05)
Kills (4 games)	20, Sarah Muñoz vs. Wright State (9/17/05)
Kills (5 games)	22, Katie Esbrook vs. Duke (10/9/05)
Attempts	62, Sarah Muñoz vs. Virginia (11/1/05)
Percentage591, Katie Esbrook vs. Clemson Tigers (11/23/05)
Assists	65, Melissa Markowski vs. Northern Colorado (9/17/05)
Service Aces	4, Katie Esbrook at Boston College (11/4/05)
	4, Rachel Dulla vs. Wisc.-Milwaukee (9/3/05)
Digs	28, Amanda Cloyd vs. North Carolina (10/29/05)
Block Solos	4, Katie Esbrook at Clemson (10/22/05)
Block Assists	9, Katie Esbrook vs. Miami (11/11/05)
Total Blocks	10, Katie Esbrook vs. Miami (11/11/05)



Rachel Dulla tied a 2005 team-high with four service aces in a game.

TEAM/INDIVIDUAL RECORDS

INDIVIDUAL

Season

Kills 653 Lisa Pikalek (1992)
 Attempts 1,660 Lisa Pikalek (1992)
 Percentage357 Julie Neely (1986)
 Kills per game 4.77 Lisa Pikalek (1992)
 Assists 1,698 Kelly Chambliss (1992)
 Service Aces 69 Elizabeth Willson (1989)
Digs 536 Amanda Cloyd (2005)
 Block Solos 80 Julie Neely (1986)
 Block Assists 108 Jennifer Schmidt (1992)
 Total Blocks 167 Julie Neely (1986)
 Games Played 143 Kelli Craven (1991)
 & Heather Berglund (1991)

Match

Kills 38 Lisa Pikalek vs. Southern Mississippi (11/7/92)
 Attempts 96 Lisa Pikalek vs. Southern Mississippi (11/7/92)
 Percentage846 Cheryl Stinson vs. Providence (10/14/01)
 Assists 86 Kelli O'Dell vs. Liberty (10/17/00)
 Service Aces 9 Lisa Pikalek vs. Georgia Tech (11/9/90)
Digs 35 Amanda Cloyd vs. North Carolina (11/6/04)
 Block Solos 7 Cari Kammerer vs. Appalachian St. (9/11/90)
 Block Assists 17 Cheryl Stinson vs. West Virginia (10/5/01)
 Total Blocks 17 Cheryl Stinson vs. West Virginia (10/5/01)

Cassell Coliseum

Kills 38 Lisa Pikalek vs. Southern Mississippi (11/7/92)
 Attempts 96 Lisa Pikalek vs. Southern Mississippi (11/7/92)
 Percentage846 Cheryl Stinson vs. Providence (10/14/01)
 Assists 79 Britton Julian vs. Northern Illinois (9/4/99)
 Service Aces 5 Elizabeth Willson vs. Tulane (10/14/89), Rachel Julian vs. G.W. (10/25/97) & vs. Coppin State (9/12/98)
Digs 35 Amanda Cloyd vs. North Carolina (11/6/04)
 Block Solos 5 Krissy Tschirret vs. Tulane (10/14/89)
 Blocks Assists... 17 Cheryl Stinson vs. West Virginia (10/5/01)
 Total Blocks 17 Cheryl Stinson vs. West Virginia (10/5/01)

TEAM

Season

Wins 36 (1982)
 Winning Percentage..... .703 (1992)
 Kills 2,079 (1992)
 Attempts 5,437 (1992)
 Percentage261 (1986)
 Kills per game 16.03 (1998)
 Assists 1,856 (1992)
 Service Aces 341 (1989)
 Digs 2,463 (1992)
 Block Solos 166 (1989)
 Block Assists 442 (1998)
 Total Blocks 303.5 (1992)
 Matches Played 56 (1982)
 Games Played 143 (1991)

Match

Kills 97 twice, last vs. Northern Illinois (9/4/99)
 Attempts 272 vs. Southern Mississippi (11/7/92)
 Percentage688 [24-2-32] vs. Coppin State (9/12/98)
 Assists 90 vs. Liberty (10/17/00)
 Service Aces 22 vs. Davidson (9/8/89)
 Digs 143 vs. South Florida (10/14/94)
 Block Solos 13 twice, last vs. St. John's (9/21/01)
 Blocks Assists... 42 vs. West Virginia (10/5/01)
 Total Blocks 22 twice, last vs. West Virginia (10/5/01)

Cassell Coliseum

Kills 97 twice, last vs. Northern Illinois (9/4/99)
 Attempts 272 vs. Southern Mississippi (11/7/92)
 Percentage688 [24-2-32] vs. Coppin State (9/12/98)
 Assists 89 vs. Northern Illinois (9/4/99)
 Service Aces 16 vs. Marshall (10/20/89)
 Digs 143 vs. South Florida (10/14/94)
 Block Solos 13 vs. Tulane (10/14/89)
 Blocks Assists... 42 vs. West Virginia (10/5/01)
 Total Blocks 22 vs. West Virginia (10/5/01)

In 2001, the NCAA approved a rule change implementing a 30-point, rally-scoring system in each game. Any records from 2001-present reflect this change in the scoring.

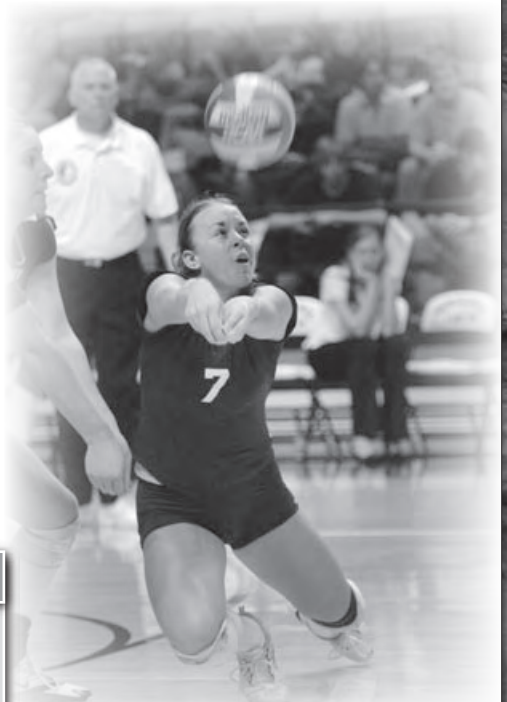
MISCELLANEOUS

Records and Streaks

Tech's all-time varsity record 521-471-3 (.525)
 Home 252-111 (.690)
 Away 125-196 (.389)
 Neutral 144-164-3 (.472)
 Versus Virginia Opponents 168-84-1 (.666)
 Home vs. Virginia Opponents 88-24 (.786)
 In Virginia 337-186 (.644)
 In August 5-2 (.714)
 In September 180-158 (.532)
 In October 223-166-3 (.573)
 In November 95-126 (.430)
 Season openers 13-16 (.448)
 Longest winning streak 11, twice
 October 12, 1982 through October 19, 1982
 September 26, 1992 through November 3, 1992
 Longest losing streak 13
 October 18, 1988 to September 2, 1989
 Longest home winning streak 18
 October 16, 1981 through September 27, 1983

Milestone Wins

First Sept. 29, 1977, over Ferrum
 25th Oct. 5, 1979, over UT-Chattanooga
 50th Oct. 23, 1980, over Va. Commonwealth
 75th Oct. 15, 1981, over Guilford
 100th Oct. 8, 1982, over Juniata
 150th Nov. 3, 1983, over UNC Charlotte
 200th Oct. 25, 1986, over South Alabama
 250th Oct. 10, 1989, over James Madison
 300th Nov. 8, 1991, over James Madison
 350th Sept. 28, 1994, over East Tennessee State
 400th Sept. 20, 1997, over Fordham
 450th Oct. 25, 2000, over Charlotte
 500th Sept. 14, 2004, over Liberty



Amanda Cloyd had a Tech-record 35 digs against North Carolina in 2004.

ALL-TIME COACHING RECORDS

Coach	Years	Seasons	OVERALL		CONFERENCE	
			W-L	Pct.	W-L	Pct.
John Pierce	1977-1990	14	274-243-3	.531	11-58	.159
Stephanie Hawbecker	1991-1999	9	165-134	.552	70-52	.625
Greg Smith	2000-2005	6	81-94	.463	37-38	.493

THE RECORD BOOK

CAREER RECORDS

Kills		Service Aces		Digs	
1.	Lisa Pikalek (1989-92).....2,270	1.	Lisa Pikalek (1989-92)..... 196	1.	Heather Berglund (1990-93).....1,710
2.	Heather Berglund (1990-93).....1,650	2.	Terrie Zubert (1994-97)..... 181	2.	Lisa Pikalek (1989-92).....1,591
3.	Annie Spicer (2001-04).....1,522	3.	Jenni McFadden (1991-94)..... 157	3.	Annie Spicer (2001-04).....1,244
4.	Elizabeth Willson (1986-89).....1,447	4.	Elizabeth Willson (1986-89)..... 148	4.	Meredith Braine (1995-98).....1,241
5.	Jennifer Schmidt (1992-95).....1,283	5.	Annie Spicer (2000-04).....146	5.	Terrie Zubert (1994-97).....1,170
6.	Rachel Julian (1996-99).....1,179	6.	Kelli Craven (1988-91)..... 139	6.	Jenni McFadden (1991-94).....1,150
7.	Corrie Bundy (1995-98).....1,149		Heather Berglund (1990-93)..... 139	7.	Melissa Markowski (2002-05).....1,124
8.	Ana Lang (1999-02).....1,065	8.	Kelly Chambliss (1988-92)..... 129	8.	Rachel Julian (1996-99).....1,105
9.	Cheryl Stinson (1999-02).....1,039	9.	Hilary Love (1992-95)..... 119	9.	Ana Lang (1999-02).....1,075
10.	Katie Esbrook (2003-) 976	10.	Jennifer Topolewski (1987-90)..... 112	10.	Amanda Cloyd (2004-) 1,014

Kills Per Game	
1.	Lisa Pikalek (1989-92)..... 4.39
2.	Annie Spicer (2001-2004)..... 3.63
3.	Elizabeth Willson (1986-89)..... 3.39
4.	Julie Neely (1986-87).....3.31
5.	Heather Berglund (1990-93)..... 3.24

Hitting Percentage (min. 2 seasons)	
1.	Katie Esbrook (2003-)319
2.	Julie Neely (1986-87)..... .310
3.	Cheryl Stinson (1999-02)......290
4.	Karen Crawford (1986-88)......242
5.	Elizabeth Willson (1986-89)......238

Assists	
1.	Melissa Markowski (2002-05).....5,287
2.	Kelli Craven (1988-91).....4,765
3.	Britton Julian (1996-99).....4,007
4.	Laura Hanner (1993-97).....3,190
5.	Kelly Chambliss (1988-92).....2,207

*In Record Section:
current Tech players are boldface.*



Senior Katie Esbrook is among Tech's all-time leaders in kills, hitting percentage and blocks.

Blocks		S	A	Total
1.	Jennifer Schmidt (1992-95)	121	373	494
2.	Cheryl Stinson (1999-02)	81	368	449
3.	Corrie Bundy (1995-98)	69	322	391
	Megan Barnes (1994-97)	102	289	391
5.	Krissy Tschirret (1988-91)	139	193	332
6.	Katie Esbrook (2003-)	66	261	327
7.	Jenni McFadden (1991-94)	68	245	313
8.	Julie Neely (1986-87)	122	181	303
9.	Allie Kupec (2003-)	35	232	267
10.	Amanda Yelsh (1991-94)	38	225	263
	Christine Shubat (1998-01)	32	231	263

Games Played	
1.	Lisa Pikalek (1989-92)..... 517
2.	Jenni McFadden (1991-94)..... 500
3.	Heather Berglund (1990-93)..... 497
4.	Kelli Craven (1988-91)..... 496
5.	Amanda Yelsh (1991-94)..... 489
6.	Jennifer Schmidt (1992-95)..... 483
7.	Kelly Chambliss (1988-92)..... 461
8.	Hilary Love (1992-95)..... 456
9.	Melissa Markowski (2002-05)..... 440
10.	Elizabeth Willson (1986-89)..... 436

SINGLE-SEASON RECORDS

Kills		Assists	
1.	Lisa Pikalek (1992)..... 653	1.	Kelly Chambliss (1992).....1,698
2.	Elizabeth Willson (1989)..... 593	2.	Kelli Craven (1991).....1,533
3.	Lisa Pikalek (1991)..... 588	3.	Melissa Markowski (2002).....1,423
4.	Lisa Pikalek (1990)..... 530	4.	Melissa Markowski (2005).....1,355
5.	Lisa Pikalek (1989)..... 499	5.	Kelli Craven (1989).....1,334
6.	Heather Berglund (1991)..... 498		
7.	Julie Neely (1986)..... 480	Service Aces	
8.	Heather Berglund (1992)..... 465	1.	Elizabeth Willson (1989)..... 69
9.	Ana Lang (2002).....454	2.	Jill Motley (1986)..... 65
10.	Annie Spicer (2004)..... 444	3.	Mary Ramsey (1986)..... 62

Kills Per Game	
1.	Lisa Pikalek (1992)..... 4.77
2.	Lisa Pikalek (1991)..... 4.57
3.	Elizabeth Willson (1989)..... 4.49
4.	Lisa Pikalek (1991)..... 4.46
5.	Annie Spicer (2003)..... 4.26

Hitting Percentage	
1.	Julie Neely (1986)..... .357
2.	Katie Esbrook (2003)333
3.	Katie Esbrook (2005)319
4.	Cheryl Stinson (2001)..... .316
5.	Katie Esbrook (2004)309

Digs	
1.	Amanda Cloyd (2005) 536
2.	Heather Berglund (1992)..... 514
3.	Heather Berglund (1991)..... 491
4.	Lisa Pikalek (1992)..... 488
5.	Amanda Cloyd (2004) 478
6.	Heather Berglund (1993)..... 444
7.	Ana Lang (2002)..... 437
8.	Terrie Zubert (1994)..... 418
9.	Lisa Pikalek (1991)..... 403
10.	Meredith Braine (1998)..... 373

Blocks		S	A	Total
1.	Julie Neely (1986)	80	87	167
2.	Jennifer Schmidt (1992)	39	108	147
3.	Cheryl Stinson (2002)	27	116	143
4.	Megan Barnes (1995)	39	99	138
5.	Julie Neely (1987)	42	94	136
6.	Krissy Tschirret (1991)	42	86	128
7.	Michelle Bain (1988)	55	71	126
8.	Jennifer Schmidt (1993)	36	88	124
9.	Corrie Bundy (1998)	24	99	123
10.	Katie Esbrook (2003)	21	97	118
	Katie Esbrook (2005)	27	91	118

In 2001, the NCAA approved a rule change implementing a 30-point, rally-scoring system in each game. Any records from 2001 and later reflect this change in the scoring.

HISTORY

ALL-TIME LETTERWINNERS

Current Virginia Tech
players are **boldface**

Adams, Sonya 1984, 1985, 1986
Albrecht, Jen 2004, 2005
 Albregts, Lori 1979
 Allen, Laura 1983
 Ames, Michelle 1989, 1990, 1991
 Amos, Kim 2001
 Arbuckle, Jennifer 1992, 1993, 1994, 1995
 Atkinson, Penny 1983, 1984

Bain, Michelle 1988
 Barnes, Megan 1994, 1995, 1996, 1997
 Bayer, Ashley 2002, 2003
 Bazilwich, Ann 1977, 1978
 Beasley, Kerri 1996, 1997
 Belcher, Leigh 1989
 Berglund, Heather 1990, 1991, 1992, 1993
 Blower, Kathy 1980, 1981, 1982, 1983
 Braine, Meredith 1995, 1996, 1997, 1998
 Brisbin, Rachel 1990, 1991
 Brugger, Erin 2003, 2004, 2005
 Bundy, Corrie 1995, 1996, 1997, 1998

Cabaniss, Linda 1985
 Chambliss, Kelly 1988, 1989, 1990, 1992
 Clarke, Cindy 1982, 1983
Cloyd, Amanda 2004, 2005
 Collins, Renee 1998, 2001
 Craven, Kelli 1988, 1989, 1990, 1991
 Crawford, Karen 1986, 1987, 1988

Dannenberg, Kelly 1978, 1979, 1980, 1981
 Dissler, Holly 1998, 1999, 2000, 2001
 Drummond, Kristen 1993, 1994, 1995, 1996
 Duben, Rachel 1982, 1983, 1984, 1985
Dulla, Rachel 2004, 2005

Eder, Linda 1984, 1985, 1986, 1987
 Eppley, Chrys 1979, 1980, 1981
Ebrook, Katie 2003, 2004, 2005

Foulkes, Tara 1978

Godwin, Kirstyn 2005
 Graf, Suzanne 1987

Hanner, Laura 1993, 1995, 1996, 1997
 Hargrove, Anne 1984, 1985
 Hill, Jenny 2001, 2002, 2003
 Horner, Joy 1989, 1990, 1991
 Hruby, Michelle 1980, 1982
 Hubbard, Kate 1998, 1999

Jansen, Cathy 2005
 Jones, Pam 1977, 1978, 1979
 Julian, Britton 1996, 1997, 1998, 1999
 Julian, Rachel 1996, 1997, 1998, 1999

Kammerer, Cari 1990, 1991
 Kapp, Liz 2002, 2003, 2004, 2005
 King, Sarah 2005
 Koch, Nikki 1983, 1984, 1985
 Kuhn, Erika 1996, 1997, 1998
Kupec, Allie 2003, 2004, 2005
 Kwiatkowski, Michele 1981, 1982, 1983, 1985

Lahm, Candice 1998, 1999, 2000
 Lang, Ana 2000, 2001, 2002
 Lessman, Ginny 1980, 1981, 1982, 1983
 Little, Wendy 1979, 1980, 1981, 1982
 Love, Hilary 1992, 1993, 1994, 1995

Majewski, Kerry 1995, 1996, 1997, 1998
 Majkovicz, Terri 1985, 1986, 1987, 1988
 Markowski, Melissa 2002, 2003, 2004, 2005
 McFadden, Jenni 1991, 1992, 1993, 1994
 McGinnis, Ann 1983, 1984
 McIntosh, Cara 1982
 McNamara, Kerry 1984, 1985, 1986
 McPeak, Kaitlin 2001, 2002, 2003, 2004
 Mennen, Ashley 2001
 Meyer, Jamie 2000, 2001
 Milan-Williams, Kristy 1997, 1999
 Motley, Jill 1985, 1986, 1987, 1988
Muñoz, Sarah 2005
 Munson, Cathy 1980

Neely, Julie 1985, 1986, 1987
 Norse, Julie 1980

O'Dell, Kelli 2000, 2001
 Overbaugh, Lynn 1987, 1988

Palm, Marie 1983, 1984, 1985
 Pedrotti, Terry 1989
 Pikalek, Lisa 1989, 1990, 1991, 1992

Quinn, Jess 2001

Ramirez, Colette 2003, 2004
 Ramsey, Caryn 1980, 1981, 1982
 Ramsey, Mary 1984, 1985, 1986, 1987
 Reeser, Janice 1980, 1981
 Reinert, Kristi 1991, 1992
 Richardson, Amey 1987, 1988
 Rogers, Sarah 2000, 2001, 2002

Sadler, Liz 1981, 1982, 1983
 Sadler, Sue 1984, 1986, 1987, 1988
 Schmidt, Jennifer 1992, 1993, 1994, 1995
 Schneider, Suzie 1993
 Shubat, Christine 1998, 1999, 2000, 2001
 Shumway, Dianne 1986, 1987, 1988
 Slade, Lynelle 1994, 1995, 1996, 1997
 Smith, Emily 2001, 2002, 2003, 2004
 Smith, Kelly 1984
 Smith, Stephanie 1991, 1992, 1993, 1994
 Spicer, Annie 2001, 2002, 2003, 2004
 Stinson, Cheryl 1999, 2000, 2001, 2002
 Streeter, Carol 1982, 1983, 1984, 1985
 Suggs, Allison 1997, 1999
Sytsma, Kendra 2005
 Szczepanski, Joanna 1977, 1978

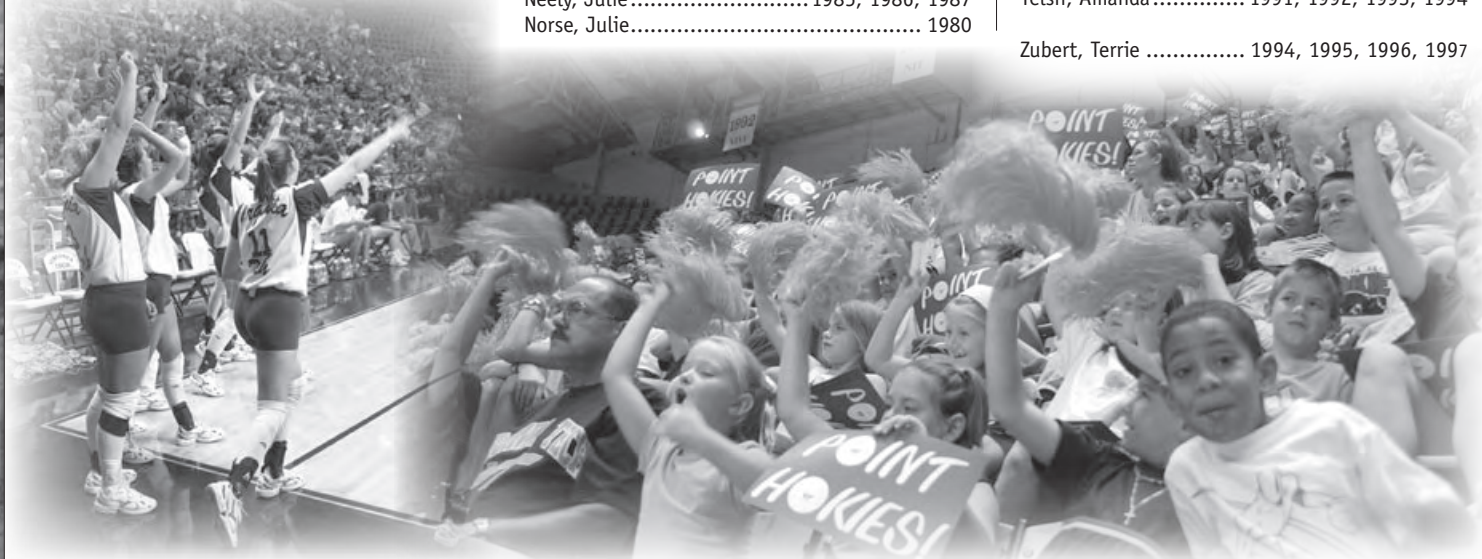
Topolewski, Jennifer 1987, 1988, 1989, 1990
 Tremel, Meredith 1990, 1991, 1992
 Tshirret, Krissy 1988, 1989, 1990, 1991

Vlamings, Paula 1987, 1988

Willson, Elizabeth 1986, 1987, 1988, 1989
 White, Mandy 1997, 1999
 Wright, Kristin 1997, 1998, 1999

Yelsh, Amanda 1991, 1992, 1993, 1994

Zubert, Terrie 1994, 1995, 1996, 1997



THIS IS VIRGINIA TECH

Beginning in 1872 with 132 students and two programs of study, Virginia Polytechnic Institute and State University, popularly known as Virginia Tech, has evolved into a comprehensive university of national and international prominence. With about 25,800 full-time students in Blacksburg and more than 2,000 other students statewide, the university produces world-class scholarship in a challenging academic environment. University tradition is firmly rooted in our motto, *Ut Prosim* (That I May Serve), and our historic land-grant mission is brought to life through learning, discovery, and engagement.

Learning

Virginia Tech's challenging academic standards attract high-achieving students. Our eight colleges (Agriculture & Life Sciences, Architecture & Urban Studies, Engineering, Liberal Arts & Human Sciences, Natural Resources, Pamplin Business, Science, and Virginia-Maryland Regional College of Veterinary Medicine) and Graduate School offer more degree programs than any other university in the state with 60 undergraduate

and 140 graduate offerings. Virginia Tech is one of the nation's leaders in developing and using instructional technologies. Some 85 percent of our departments offer e-learning courses, which have attracted more than 60,000 enrollments since 1998.

Discovery

The university's groundbreaking research transforms lives and communities. With annual research expenditures of about \$290 million, Virginia Tech is ranked 55th among research universities in the United States. The university, which has more than 100 research centers, also consistently ranks among the top institutions in industry-supported research and near the top 10 in the number of patents issued each year.

The university's nationally and internationally recognized faculty and motivated students are involved in more than 3,500 research projects in fields ranging from biotechnology to materials, from the environment and energy to food and health, and from transportation to computing information.

TECH AT A GLANCE

- Located at Blacksburg, Virginia
- Eight colleges and Graduate School
- 60 bachelor's degree programs
- Approximately 140 masters and doctoral degree programs
- About 28,000 students, mostly full-time
- 16:1 student-faculty ratio
- Main campus includes more than 100 buildings, 2,600 acres, and an airport
- Computing and communications complex for worldwide information access
- Ranked 55th in university research in the United States
- Has adjacent Corporate Research Center

Engagement

As part of our outreach mission and in adherence to our motto, we serve and engage the citizens of the commonwealth, the nation, and the world. Virginia Tech is involved in a multitude of economic and community development projects. These efforts focus on education and the dissemination of knowledge to the global society in which we live.

Professionals, organizations, and communities tap Virginia Tech's vast resources, expertise, and research results through hundreds of continuing and professional education programs and five campus centers.

Virginia Tech has a long history of providing innovative distance-learning techniques, such as satellite videoconferencing, multimedia, interactive video, interactive computer conferencing, and Web-based courses, to meet the various needs of working adults and other nontraditional students.

Virginia Tech manages more than \$30 million in funded economic development projects in 27 countries and encourages faculty members to develop global course content and study abroad opportunities for students. In 2005-06, about 1,870 students from 117 foreign countries studied at Tech, while more than 800 Virginia Tech students studied abroad.

Virginia Cooperative Extension, operated jointly in the commonwealth by Virginia Tech and Virginia State University, has been helping people improve their economic, cultural, and social well being for more than 90 years. With 107 city/county offices, tens of thousands of volunteers, and programs across the state, Extension reaches and teaches millions of Virginians annually.



ADMINISTRATION



Jim Weaver
Director of Athletics



Sharon McCloskey
Senior Associate
Director of Athletics



Tim East
Associate Director
of Athletics for
External Affairs



Tom Gabbard
Associate Director
of Athletics for
Internal Affairs



Jon Jaudon
Associate Director
of Athletics for
Administration



Randy Butt
Associate Director
of Athletics for
Financial Affairs



John Ballein
Associate Director
of Athletics for
Football Operations



Tim Parker
Assistant Director
of Athletics for
Compliance



Mike Gentry
Assistant Director
of Athletics for
Athletic Performance



Dave Smith
Assistant Director
of Athletics for
Media Relations



Sandy Smith
Assistant Director
of Athletics for
Ticketing Services

SPORTS MEDICINE

The Virginia Tech Sports Medicine Department is an ever-changing and developing unit that strives to provide the most current and comprehensive care to all Tech student-athletes.

The athletic training staff recently completed its fifth full year in the 4,300-square-foot Eddie Ferrell Memorial Training Room, a facility that gives the staff a centralized area to care for the needs of student-athletes. Virginia Tech has more than 10,000 square feet dedicated to sports medicine, placing it in the top five percent nationally. The Merryman Center, a state-of-the-art facility that includes 2,400 square feet of medical space, supplements the Ferrell training room.

The sports medicine staff takes great pride in treating the athletes year-round. Special attention is paid to off-season activity.

"We owe it to our athletes to provide them with the necessary resources to keep them actively participating," director of athletic training, Mike Goforth, said.

After the sports medicine staff diagnoses and treats an ill or injured athlete, the staff then starts collaborative work with the strength and conditioning staff to give the best injury prevention and performance enhancing programs possible. The training, medical, and strength and conditioning staffs each have a role in bringing the athlete back quickly and ready to play. After an injury, an athlete will go through rehabilitation and physical therapy. Athletes are then moved to weight training, as they become able. The strength and conditioning staff uses specific programs for each injury in an effort to get the athlete back quickly.

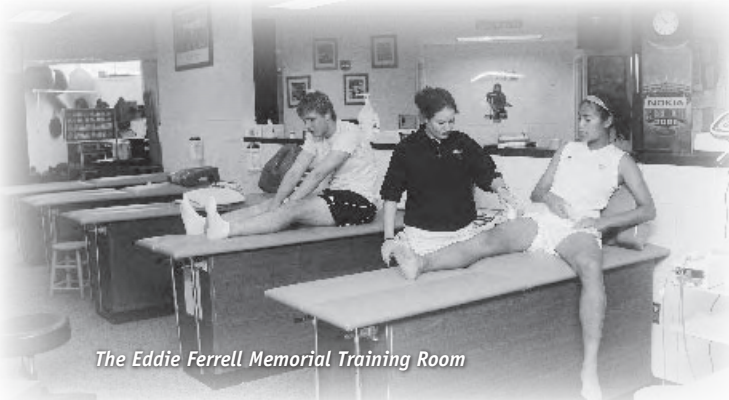
The range of benefits athletes have access to include custom orthotics, custom mouth guards, specialized DonJoy prophylactic bracing and many other options to help prevent or protect them from injuries. The sports medicine staff also takes great pride in treating the athlete year-round. Special attention is paid to off-season activity. During this time, the staff will analyze past injury data from each participant and construct

a preventative program for the athlete to follow. If physical therapy is needed, student-athletes can be seen by therapist Mark Piechoski in the Ferrell Training Room. Piechoski, who is a certified athletic trainer, physical therapist and strength and conditioning specialist, plays a large role in the overall program developed to return the injured athlete back to 100 percent. In addition, staff sport psychologist Gary Bennett is available to all student-athletes for personal and performance issues. Virginia Tech also has the services of Dr. Greg Tilley, team

chiropractor. Dr. Tilley provides Tech athletes with specialized treatment for spine related conditions and also plays a huge role in performance enhancement through various chiropractic techniques.

Tech also maintains a special relationship with Montgomery Regional Hospital. Montgomery Regional Hospital is the choice for state-of-the-art equipment to perform surgeries, diagnostic imaging and processing of laboratory requests.

Kathy Hickman is the trainer for the volleyball team this fall.



The Eddie Ferrell Memorial Training Room

STUDENT ATHLETE ACADEMIC SUPPORT SERVICES

The success of Virginia Tech's volleyball program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student Athlete Academic Support Services (SAASS).

The Virginia Tech graduation rate for student-athletes has risen significantly in recent years and was a school-best 74 percent for 2005. This marked the third time in the last four years that Virginia Tech's

student-athlete graduation rate has been 70 percent or better.

In addition to posting impressive graduation figures, Virginia Tech's student-athletes continue to excel in the classroom. For the 2005 calendar year, 376 3.0 GPA's were earned by student-athletes, student trainers, student managers, cheerleaders and HighTechs.

Student-athletes devote many hours to practice, conditioning and training that are not required of all students. Due to their time

commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which will allow them to maximize their academic potential.

The Virginia Tech Student Athlete Academic Support Services office is committed to providing fundamental and supplemental programming, consistent with University and NCAA policy, aimed at enhancing each student-athlete's educational experience.

During the summer, the SAASS office moved to the West Side of Lane Stadium. Here, student-athletes have access to state-of-the-art technology, quiet study facilities, individualized tutorial rooms and direct access to the SAASS staff. This complex is a focal point for the Athletics Department, both aesthetically and pragmatically, and provides a centralized place for student-athlete services.

The new facility features more than 18,000 square feet of space, 10 staff offices, 18 private tutor rooms, a state-of-the-art classroom,

a 45-station computer lab, three reading/study rooms, a conference room and reference library.

Together, these spaces provide the student-athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes, after practice or in the evenings, with flexible hours tailored to make the most of a student-athlete's limited time.

Chris Helms, in his eighth year at Tech, is the director and is responsible for the development and leadership of the Student Athlete Academic Support Services office.

Drew Scales begins his fifth year with Student Athlete Academic Support Services as an assistant director. Scales provides academic support for student-athletes in lacrosse, volleyball, men's and women's soccer and wrestling, in addition to overseeing the mentor program.

Terrie Repass begins her 32nd year of service at Virginia Tech. She serves as the office secretary and "first contact" person for the SAASS.

SAASS AT A GLANCE

Stakeholders of the office's mission include student-athletes and their families, the university community, coaches and athletics administrators. SAASS seeks to develop relationships with its stakeholders that are founded on trust and respect, and provides the following services to accommodate their needs:

- *University and NCAA information*
- *Orientation*
- *Academic assessment*
- *The development of an effective student life program*
- *Appropriate referrals*
- *Monitored study environments*
- *Tutorial programs*
- *State of the art technological learning assistance*
- *Student Athlete academic performance evaluations*

OFFICE OF STUDENT LIFE

The Athletics Office of Student Life at Virginia Tech is committed to developing the total student-athlete. Director Megan Armbruster is dedicated to enhancing the quality of the student-athlete experience through various programs.

Virginia Tech student-athletes obtain personal development education through workshops and mandatory speakers. Presentation topics include gambling, alcohol abuse, sexual violence and healthy relationships, media relations, and manners and etiquette dinners.

Community Outreach

The Athletics Office of Student Life community outreach program is "Hokies with Heart". Student-athletes are encouraged to volunteer throughout their college experience. In 2004, the student-athletes volunteered with the Montgomery County Public Schools System, the

Montgomery County Christmas Store, Virginia Tech White Ribbon Campaign and Hokies United Tsunami Relief Campaign.

The volleyball team has a partnership with Kipps Elementary School.

Career Development

In close collaboration with the Virginia Tech Career Services Center, career development programs are designed specifically for student-athletes. Resume design, career fair etiquette, mock interviews, interview attire and mini-career fairs are just a few examples of workshops hosted by the Athletics Office of Student Life. Student-athletes are encouraged to participate in on-campus interviewing and eRecruiting along with securing internships and coops during their college careers. In 2005-2006, both Cintas Corporation and NVR Inc. hosted workshops providing student-

athletes the opportunity to hear job search strategies directly from employers.

Academic Excellence

The Virginia Tech Athletics Office of Student Life is responsible for nominating student-athletes for academic honors and awards. Athletes are nominated for on-campus, Atlantic Coast Conference and national awards. Student-athletes with a 3.0 GPA are rewarded each semester by being honored on the Athletic Director's Honor Roll. The 2005 calendar year listed 377 student-athletes with this honor.

Several athletes from the Virginia Tech volleyball team have received various academic awards. Melissa Markowski, Allie Kupec and Jen Albrecht were named to the 2005 ACC All-Academic Team. Melissa Markowski and Jen Albrecht were also named to the All-District/Region team.

Athletic Excellence

The Virginia Tech Student Athlete Advisory Committee (SAAC) promotes effective communication between athletic administration and student-athletes. SAAC is comprised of two representatives from each sport. These representatives meet twice a month to discuss issues and concerns regarding their sports, department of athletics, ACC and NCAA legislation. The student-athletes encourage their teammates to get involved both on campus and in the community. Each year SAAC sponsors a canned food drive during the basketball season. The volleyball team representatives are Cathy Jansen and Allison Kupec.

Armbruster says, "The goal of our office is to provide students with the total college experience. When athletes graduate, I want them to look back and believe they had full access to a variety of opportunities while at Virginia Tech."

ATHLETIC PERFORMANCE

Thanks to the direction of Assistant Athletics Director for Athletic Performance Mike Gentry, the Virginia Tech strength and conditioning program is among the best in the nation.

The volleyball team trains in the beautiful 17,000-square foot training center on the first level of the Merryman Athletic Center.

The weight room facility features new free-weight equipment, a full line of Hammer Strength equipment, 12 platforms and a 6,000-square foot state-of-the-art speed and agility room.

Tech also has the use of a 10-by-40-yard sand pit located outdoors and adjacent to the weight room. This pit is used for resistive running drills to improve speed.

Tech volleyball players used to train in the Jim "Bulldog" Haren Weight Room. Located in Jamerson Athletic Center, the 5,000-square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie football player and long-time supporter of the Virginia Tech Athletics Department.

With the two facilities, the Hokies have over 22,000-square feet of strength and conditioning training space.

Dr. Gentry is in his 20th season as the Hokies' director of strength and conditioning.

As assistant athletics director for athletic performance, his duties include overseeing the strength and conditioning training of athletes in all 21 varsity sports at Virginia Tech.

A native of Durham, N.C., he received his bachelor's degree in physical education from Western Carolina University in 1979 and received his master's from the University of North Carolina at Chapel Hill in 1981. He received his doctorate in curriculum and instruction, with an emphasis in motor behavior, from Tech in 1999.

Gentry worked as an assistant strength coach at UNC and as the head strength coach at East Carolina University prior to coming to Virginia Tech in 1987.

In 1995 and 1996, Gentry was recognized by the National Strength and Conditioning Association as a finalist for the National Strength and Conditioning Professional of the Year.

Assisting Gentry in the weight room this year are four full-time assistant strength and conditioning coaches — Terry Mitchell, assistant director of strength and conditioning, Jarrett Ferguson and Keith Short, coordinators of strength and conditioning, and Jamie Meyer, coordinator of strength and conditioning for Olympic sports.

Sports Nutrition

Eating healthy and choosing nutritious diets are important aspects of a Virginia Tech student-athlete's life. In July 2002, the athletics department implemented the sports nutrition program. Amy Freel serves as the director.

Freel works individually with student-athletes to provide them with information they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and eating choices to improve performance.

"It is extremely beneficial for our student-athletes to have nutrition education and counseling available to them in order for them to remain successful in their sports and outside of athletics," Freel said. "The individualized nutrition education allows me and the athletes to get very specific on their nutritional, personal and sport-specific goals."

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

Also in July 2002, the Virginia Tech Athletics Department purchased the BOD POD body composition system. Tech is one of a handful of college athletic departments using this type of technology. It accurately measures body composition (percent of body fat, lean muscle mass and fat mass) through air displacement within five minutes. Research has shown that an increase in lean muscle mass will increase athletic performance.

Sport Psychology

Virginia Tech offers another important service to all its student-athletes — sport psychology. Dr. Gary Bennett coordinates the sport psychology department, which offers psychological and performance enhancement services for student-athletes. Bennett also works closely with the Cook Counseling Center.

Bennett meets with student-athletes on an individual basis for personal counseling and to discuss the mental aspects of the game. He also works on team building, communication and performance enhancement.

"We try to address all the various factors that affect student-athletes' performance on and off the field," Bennett says. "We believe we can help athletes perform better by addressing those concerns."

The sport psychology department also offers an injury group to afford injured athletes the opportunity to meet with other injured athletes and talk about their recovery process. Injured athletes may also meet individually with the sport psychologists if they do not feel comfortable in the group or cannot make the sessions. On average, the psychologists conduct 20 individual sessions per week and also meet weekly with teams as the need arises.

A new addition to the sport psychology resources is the Dynavision 2000, a unique conditioning and training program designed to increase focus and concentration, improve coordination and visuomotor reactions, and increase peripheral awareness. Virginia Tech is privileged to be one of only a handful of schools with this cutting-edge technology.

The sport psychology office reaches out to athletes who may not have considered going to the counseling service that is offered to all students at Virginia Tech.

"It is a great resource for our coaches and our athletes," Gentry says. "We've improved a lot in areas of strength and conditioning, nutrition and in sport psychology. It's all about becoming a well-rounded athletic program and helping student-athletes. We want to give them all the resources we can, to put them in a position to be successful."



The Virginia Tech volleyball team is one of the teams that trains in the Merryman Center weight room. The facility, which is also used by the Tech football team, is one of the finest around.

ATLANTIC COAST CONFERENCE

The Tradition

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 54th year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 100 national championships, including 52 in women's competition and 48 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 130 times in men's competition and 71 times in women's action.

The Championships

The conference will conduct championship competition in 25 sports during the 2006-07 academic year — 12 for men and 13 for women.

The first ACC championship was held in swimming on Feb. 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 12 sports for men include football, cross country, soccer, basketball, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf and lacrosse. Fencing, which was started in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest University.

Championships for women are currently conducted in cross country, volleyball, field hockey, soccer, basketball, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing.



A History

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members — Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest — drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern

Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid South, Mid Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first, and only, withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation.

The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of Florida State University.

The conference expanded to 11 members on July 1, 2004, with the addition of the University of Miami and Virginia Tech. On October 17, 2003, Boston College accepted an invitation to become the league's 12th member starting July 1, 2005.

Just what is a Hokie, anyway?

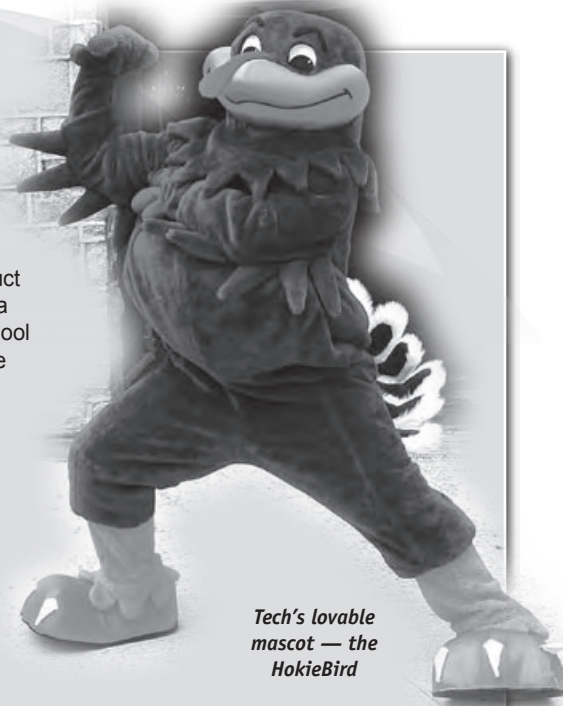
That's the most often-asked question in Virginia Tech athletics. The answer leads all the way back to 1896 when Virginia Agricultural and Mechanical College changed its name to Virginia Polytechnic Institute. With the change came the necessity for writing a new cheer and a contest for such a purpose was held by the student body. Senior O.M. Stull won first prize for his "Hokie" yell which still is used today. Later, when asked if "Hokie" had any special meaning, Stull explained the word was solely the product of his imagination and was used only as an attention-getter for his yell. It soon became a nickname for all Tech teams and for those people loyal to Tech athletics. The official school colors — Chicago maroon and burnt orange — also were introduced in 1896. They were chosen because they made a "unique combination" not worn elsewhere at the time.

The Hokie Stone Story

Most of the buildings on the beautiful Tech campus are constructed using Hokie Stone. This natural rock is 475-million-year-old dolomite limestone, some of which is mined from a quarry located not far from from Cassell Coliseum.

In constructing the buildings at Tech, a stone mason shapes individual stones, arranges them and cements them together with mortar to create walls of great strength and durability.

An image of Hokie Stone is used on the covers of this guide, as well as the background of each individual page.



Tech's lovable mascot — the HokieBird



Virginia Tech

Invent the Future™



BLACKSBURG, VA.



One of America's best college towns, Blacksburg is a perfect setting for Virginia Tech.

Located in Southwest Virginia on a plateau between the Blue Ridge and Alleghany Mountains, Blacksburg combines the laid-back lifestyle of a small town with the amenities one would expect to find in a major center of higher education. Together, the town and university have worked hard to create a progressive community that ranks among the nation's elite living environments.

Virginia Tech and the Town of Blacksburg gained national and international attention by creating the world's first "electronic village." Businesses and industries have been drawn by the potential of the quaint town.

Established in 1798 by John and William Black, the town is surrounded by scenic mountain views that accentuate the area. Since its founding, Blacksburg has grown to become the largest town in Virginia.

The nearly 42,000 residents (including students) enjoy close proximity to a variety of recreation areas such as the Blue Ridge Parkway, Appalachian Trail, Claytor Lake and the New River. The region features a moderate climate and four distinct seasons. Blacksburg's location (adjacent to major interstate highways) provides convenient access to most points in the southern and eastern parts of the country.

More information on Blacksburg can be found on the web site of the Blacksburg Electronic Village, www.bev.net or the town's web site, www.blacksburg.va.us.

From peaceful outings at the nearby Cascades, to thrilling football games at Lane Stadium, to a stroll through campus, Virginia Tech and the Blacksburg area have a lot to offer.

