



# Virginia Tech

12 National Champions | 160 All-Americans | 27 Conference Championships | 430 Individual Conference Champions

## Hokie Invitational January 25-26, 2013

Rector Field House  
Blacksburg, Va.

Live Results: [http://www.flashresults.com/2013\\_Meets/indoor/01-25-Hokie/](http://www.flashresults.com/2013_Meets/indoor/01-25-Hokie/)

### Previewing the meet

- Eleven schools will be represented this weekend at the Hokie Invitational, the second of six meets at Rector Field House this season. Friday's competition is set to start 5 p.m., with Saturday's to begin at 11 a.m.
- Charlotte, NC State, Norfolk State, North Carolina, South Carolina UNC-Greensboro, Virginia Tech and Wake Forest will be fielding entrants in both the men's and women's fields. James Madison and UCF will have teams in the women's field while Concord will have one entrant in the women's field.
- The Virginia Tech and NC State men's teams are currently ranked No. 15 and No. 19, respectively, while the UCF and South Carolina women are ranked No. 10 and No. 20.
- Tech heptathlete Scott Campbell will be competing this weekend at the Penn State National in University Park, Pa.

### Last time out

- The Hokies captured five titles last weekend at the VT Invitational.
- Wins on day one came from Michael Hammond (100m), Jonathan McCants (300m), Will Mulherin (mile) and Leah Nugent (60m hurdles). Competing unattached, Grace Giampietro won the unseeded pole vault while Ciara Simms posted the top time of the night in the 60m prelims.
- McCants and Jeff Artis-Gray (60m hurdles) each re-broke their school records which they set a season ago.
- In their wins, Giampietro and Hammond each set new personal best, while Nugent tied her career best.
- Tech's lone win on day two came from Martina Schultze who's winning mark of 4.26m in the pole vault is currently the third best mark recorded this season.

### Returning All-Americans

- Back this season are 2012 two-time All-Americans Martina Schultze (pole vault), Alexander Ziegler (weight throw/hammer throw) and Ronnie Black (high jump).
- After becoming a two-time national champion last spring in the hammer throw, Ziegler will finish up his eligibility during the indoor season as he seeks to earn his first national title in the weight throw after two second place finishes and a third at NAAs during the previous three seasons.
- Frances Dowd returns this winter after earning All-America honors in the 800m during the 2011 indoor season.
- Joining Black, Ziegler and Schultze during the indoor season after earning All-America honors last spring are Jeff Artis-Gray, Michael Hammond, Jonathan McCants and Darrell Wesh.
- After redshirting the indoor season in 2012, Hammond returns to the track this winter to complete his eligibility as a Hokie looking to pick up where he left off in 2011 after earning All-America honors in the mile.
- The last returning All-American is Matthias Treff who will finish up his Hokie career during the outdoor season in the javelin.

### 2013 Indoor Schedule

Date	Meet
11/30-12/1	at Liberty Kickoff
<b>1/18-19</b>	<b>VT Invitational</b>
<b>1/25-26</b>	<b>Hokie Invitational</b>
2/8-9	VT Elite Meet
2/15-16	VT Challenge
<b>2/21-23</b>	<b>ACC Indoor Championships</b>
3/1-2	at Notre Dame Alex Wilson Invitational
<b>3/2</b>	<b>VT Final Qualifier</b>
3/8-9	at NCAA Indoor Championship (Host: Arkansas; Fayetteville, Ark.)

### 2013 Outdoor Schedule

Date	Meet
3/15-16	at Miami Invitational
3/22-23	at Florida State Relays
3/30-31	at Yellow Jacket Invitational
3/30-31	at Raleigh Relays
4/5-6	at Florida Relays
4/5-6	at Colonial Relays
4/12-13	at Sea Ray Relays
4/18-20	at ACC Outdoor Championships (Host: NC State; Raleigh, N.C.)
4/25-27	at Penn Relays
4/26-27	at Cal Brutus Hamilton Invitational
4/28	at Peyton Jordan Invitational
5/1	at Liberty Twilight
5/5	at Duke Twilight
5/10	at Roanoke/VT Twilight Qualifier
5/10-11	at Clemson Tiger Qualifier
5/10-11	at Virginia Challenge
5/12	at Aggie Classic
5/12	at Wolfpack Last Chance
5/23-25	at NCAA East Preliminaries (Host: North Carolina A&T; Greensboro, N.C.)
6/5-8	at NCAA Outdoor Championships (Host: Oregon; Eugene, Ore.)

**Bold** -- denotes home indoor meet held at Rector Field House on campus

### MEDIA INFORMATION

Track & Field/Cross Country Contact	
.....	Josh Mitchell
Email .....	jjmitch@vt.edu
Office .....	540-231-6892
Cell .....	815-762-5756
Website .....	
.....	www.hokiesports.com
Twitter .....	
.....	www.twitter.com/VT_Track

## Virginia Tech Quick Facts

### GENERAL

Location .....	Blacksburg, Va.
Enrollment .....	31,000
Founded .....	1872
Colors.....	Chicago maroon and burnt orange
Nickname .....	Hokies
Conference .....	Atlantic Coast
President .....	Charles W. Steger
Director of Athletics .....	Jim Weaver
Home Facilities .....	Rector Field House (Indoor) Johnson-Miller Track Complex (Outdoor)
Athletics Website .....	www.hokiesports.com
Track & Field Website .....	www.hokiesports.com/track
Track & Field Twitter.....	www.twitter.com/VT_Track
Athletics Facebook .....	www.facebook.com/hokiesports

### COACHING STAFF

Director of Track & Field/XC.....	Dave Cianelli
Alma Mater, Yr. ....	Bowling Green, 1977
Overall Year .....	27th
Year at Virginia Tech.....	11th
Cianelli Office Phone.....	(540) 231-3094
Cianelli E-mail.....	dcianell@vt.edu
Associate Head Coach/Throws .....	Greg Jack
Head XC/Distance.....	Ben Thomas
Sprints/Jumps/Hurdles.....	Charles Foster
Pole Vault .....	Bob Phillips
Assistant Distance .....	Natalie Hall
Volunteer Coaches .....	Eric Johannigmeier, Distance Joe Davis, Hunter Hall and Kelly Phillips, Pole Vault Allison Randall, Throws
Technical Director .....	Stacey Vidt

### HISTORY

Men's ACC Indoor Titles .....	1 (2011)
Men's NCAA Indoor Best Finish.....	T-8th, 2012
Women's ACC Indoor Titles .....	2 (2007-08)
Women's NCAA Indoor Times Placed .....	7
Women's NCAA Indoor Best Finish.....	T-10th, 2008
Men's ACC Outdoor Titles .....	1 (2012)
Men's NCAA Outdoor Best Finish.....	5th, 2011 & 2012
Women's ACC Outdoor Titles .....	2 (2007-08)
Women's NCAA Outdoor Best Finish.....	5th, 2010
Individual National Champions .....	12

### 2012 REVIEW

Men's ACC Finish (Indoor/Outdoor) .....	2nd/1st
Women's ACC Finish (Indoor/Outdoor) .....	5th/T-4th
Men's NCAA Finish (Indoor/Outdoor).....	T-8th/5th
Women's NCAA Finish (Indoor/Outdoor).....	54th/NTS
ACC Champions Returning .....	6 (4 Men, 2 Women)
All-Americans Returning .....	9 (7 Men, 2 Women)

## Hokies in the Rankings

### Hokies on the NCAA performance list as of Jan. 21

Jeff Artis-Gray	60m Hurdles .....	6th .....	7.79
Scott Campbell	Heptathlon.....	20th .....	4,984 points
Leah Nugent	60m Hurdles .....	37th .....	8.49
Martina Schultze	Pole Vault.....	3rd .....	13-11.75, 4.26m
Chris Uhle	Pole Vault.....	31st .....	16-9.5, 5.12m

### Men's NCAA Rankings (USTFCCCA) as of Jan. 22

1. Arkansas	16. Kansas State
2. Texas A&M	17. BYU
3. Florida	18. Stanford
4. Arizona State	19. NC State
5. Oregon	20. UCLA
6. LSU	21. Florida State
7. Indiana	22. Northern Arizona
8. Minnesota	23. Mississippi
9. Auburn	24. UT Arlington
10. Wisconsin	25. Pittsburgh
11. Texas	
12. Penn State	
13. Arizona	
14. Mississippi State	
<b>15. Virginia Tech</b>	

### Women's NCAA Rankings (USTFCCCA) as of Jan. 22

1. Clemson	16. Georgia
2. Kansas	17. Baylor
3. Oregon	18. Wisconsin
4. Texas A&M	19. Indiana State
5. Arkansas	20. South Carolina
6. LSU	21. Michigan
7. Florida	22. San Diego State
8. Washington	23. Nebraska
9. Iowa State	24. Michigan State
10. UCF	25. Auburn
11. California	
12. Arizona	
13. Texas	
14. Stanford	
15. Dartmouth	



## Hokie Notes

### ACC Sportsmanship Awareness week

• This week is the Atlantic Coast Conference Sportsmanship Awareness week, a campaign to emphasize and promote sportsmanship as it relates to the teams, the conference and the fans. As part of this initiative, we encourage all athletes to please shake hands with your competitors and wish them well either before or after your competition. Thank you for your cooperation and participation in the ACC's Sportsmanship Awareness campaign.

### Record-breaking start

• Seniors Jeff Artis-Gray and Jonathan McCants opened up their seasons at VT Invitational by topping their already school record marks in the 60m hurdles and 300m.

• After finishing his prelim in the 60m hurdles in 7.87, Artis-Gray shaved a tenth of a second off of his time in the finals to come in at 7.77, 0.04 seconds faster than the school record he set at the VT Elite Meet in 2012. His time is currently the sixth fastest time recorded in the event this season.

• Jonathan McCants capped off night one of the VT Invitational by clocking a time of 33.58 in the 300m, nearly five tenths of second faster than his previous school record of 34.05 which he set at the Hokie Invitational in 2012.

### Vaulting up the national rankings

• Two-time All-American Martina Schultze claimed her first pole vault title of the season at the VT Invitational with a mark of 13-11.75 (4.26m). The sophomore's vault currently ranks as the third best in the country.

### Bowerman watch

• After finishing last season as a semifinalist for the prestigious Bowerman Award, Tech thrower Alexander Ziegler was named to the Preseason Watch List prior to the 2013 season.

• The senior from Dischingen, Germany has been piling up accolades since setting foot on campus in 2010, earning All-America honors and medaling in all six seasons while becoming the second athlete in Tech history to win back-to-back NCAA titles in the hammer throw, and the fourth Tech athlete to earn multiple national championships.

### Last hurrah

• Jason Cusack, Eric Hoepker, Michael Hammond, Will Mulherin and Alexander Ziegler's clocks are ticking on the collegiate careers. The quintet have just under two months remaining their eligibility up after the indoor season.

### Separating from the pack

• Seniors Jeff Artis-Gray and Michael Hammond have the opportunity to separate themselves from all others in the Tech record book as both are currently tied with former Hokies Gary Cobb, Keith Ricks and Ryan Witt for holding the most records in the men's program.

• Hammond has only the indoor season to separate himself from the pack, while Artis-Gray has both indoors and outdoors.

### German connection

• Currently, the Hokies have seven athletes from Germany competing in four different events. Matthias Treff and transfer Sabine Kopplin in the javelin, Alexander Ziegler and Annjolie Vester in the weight throw/hammer throw, Stephan Munz and Martina Schultze in the pole vault, and Benny Unger in the hurdles.

### Elite level

• Redshirt junior Frances Dowd won the NCAA Elite 89 Award last season, an honor presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA Championships. She finished 15th in the 800m (2:09.38) at the 2012 NCAA Indoor Championships.

### Back in Blacksburg

• After winning the pole vault at the 2011 ACC Indoor Championships in his first-ever event for the Hokies, Stephan Munz was back in Germany last year to complete his undergraduate degree. The Goepfingen native is now back at Tech as a graduate student this year while he continues his Hokie career.

### High-flying German

• In her first year at Tech, pole vaulter Martina Schultze made an immediate impact as she earned All-America honors during both seasons and went one-two at the indoor and outdoor ACC Championships with teammate Victoria von Eynatten. Schultze claimed gold at outdoors with Von Eynatten coming out on top at indoors.

### A small world

• Associate head coach and throws coach Greg Jack is looking to strike gold for a second time in Nitra, a city 4,700 miles away from Blacksburg, this time in hammer thrower Tomas Kruzliak. The Slovakian hails from the same city as former Hokie and two-time national champion Marcel Lomnický.

### Running into the record books

• Before the indoor season even kicks off, senior Will Mulherin has already supplanted himself as one of the top distance runners in Tech history. During the fall, he became the first two-time All-American cross country runner in Tech history while leading his team to the program's first ACC Championship as he won the individual crown.

• Last year, he became the first runner in ACC history to win three championships in the 5,000 meters at the ACC Outdoor Championships.

### Summer success in Mexico

• Junior sprinter Darrell Wesh earned a gold medal last summer at the NA-CAC Under-23 Championships in Guanajuato, Mexico as he teamed with Charles Silmon, Marcus Rowland and Keenan Brock in the 4x100m relay. Wesh ran the lead leg for the group that ran a time of 38.94, besting teams from the Bahamas (39.65) and Jamaica (39.67).

### Seeing double

• When you hear or see the name Degfae, know that it could be either Leoule or Tihut. Since Leoule joined his brother at Tech after transferring from Tennessee after one year, the two have competed together during only two seasons at Tech, once on the cross country team in 2011 and the other was the 2012 outdoor season.

• Leoule redshirted the entire 2011 season after joining the Hokies and Tihut redshirted the 2011 indoor season.



## Hokie Notes

### Two-sport Bahamian

- For the second year, Demitri Knowles will join the track team for the indoor season. The speedy sophomore from the Bahamas was a spark for the for the Hokie football team during the fall after redshirting a season ago.
- Knowles was raised in Freeport, Grand Bahama and grew up competing in track and swimming. After realizing he wanted to pursue a football career, he moved to Lynchburg, Va., where he was an all-state performer in football and track for two years at Liberty Christian Academy.

### Sticking to the East

- With only two trips to the West Coast on their travel schedule this year, the makeup of this year's Hokies show that the team tends to remain east of the Mississippi. The furthest athlete west of Blacksburg is from Huntsville, Ala., and 59 of the team's 93 athletes are from the state of Virginia.

### Current school record holders

Here's a look at current members of the Tech track & field squad who are school record holders:

#### Men

Jeff Artis-Gray		
Indoor 60m Hurdles .....	7.77.....	2013
Outdoor 4x100 relay .....	39.62.....	2012
Outdoor 4x400 relay .....	3:09.95.....	2012
Outdoor Long Jump .....	24-11.25, 7.60m .....	2012
Ronnie Black		
Indoor High Jump .....	7-3.25, 2.22m .....	2012
Outdoor High Jump .....	7-3, 2.21m .....	2012
Jason Cusack		
Outdoor 3000m SC.....	8:47.29.....	2011
Tihut Degfae		
Outdoor 4x800 relay .....	7:21.28.....	2011
Eric Hoepker		
Outdoor 4x400m .....	3:09.95.....	2012
Jonathan McCants		
Indoor 300m.....	33.58.....	2013
Outdoor 4x100 relay .....	39.62.....	2012
Outdoor 4x400 relay .....	3:09.95.....	2012
Michael Hammond		
Indoor Mile.....	3:58.41.....	2011
Outdoor 1500m.....	3:39.22.....	2012
Outdoor Mile.....	3:58.91.....	2012
Outdoor 4x800 relay .....	7:21.28.....	2011
Will Mulherin		
Indoor 3000m.....	7:56.58.....	2011
Outdoor 5000m.....	13:41.06.....	2012
Matthias Treff		
Outdoor Javelin.....	255-6, 77.88m .....	2011
Darrell Wesh		
Outdoor 100m.....	10.15.....	2012
Outdoor 4x100 relay .....	39.62.....	2012

#### Women

Yvonne Amegashie		
Indoor 4x400m .....	3:38.16.....	2011
Sammy Dow		
Outdoor 3000m SC.....	10:03.37.....	2012
Frances Dowd		
Indoor 600m.....	1:30.99.....	2012
Indoor 800m.....	2:05.18.....	2012
Outdoor 4x800 relay .....	8:47.76.....	2012
Paige Kwartunas		
Outdoor 4x800 relay .....	8:47.76.....	2012
Martina Schultze		
Outdoor Pole Vault .....	14-1.25, 4.30m .....	2012
Katarina Smiljanec		
Outdoor 4x800 relay .....	8:47.76.....	2012
Amanda Smith		
Outdoor 4x800 relay .....	8:47.76.....	2012
Natalie Woodford		
Indoor 4x400m .....	3:38.16.....	2011





## Dave Cianelli, Director of Track & Field and Cross Country



### THE CIANELLI FILE

#### Virginia Tech (2001-Present)

- 12 NCAA individual champions, the first in Virginia Tech history
- 125 All-Americans
- Two NCAA East Region team championships
- Seven ACC team championships
- 98 ACC individual champions
- 12 BIG EAST Conference champions
- Had 19 athletes earn 24 All-America honors in 2012, the most in his coaching tenure
- 2012 USTFCAA Men's Indoor and Outdoor Southeast Region Coach of the Year
- 2012 ACC Men's Outdoor Coach of the Year
- Seven-time ACC Coach of the Year
- 10-time USTFCCCA Southeast Region Coach of the Year

#### Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 1995 men's and women's Southwest Conference cross country champions
- Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

#### Cal-Poly San Luis Obispo (1985-1988)

- 1985-87 NCAA Division II women's cross country champion
- 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- 1985-88 CCAA women's outdoor track conference champion
- Individual achievements include one NCAA Division II Champion and 13 All-Americans

#### By The Numbers

260 All-Americans • 191 Conference champions • 98 Percent graduation rate at Virginia Tech • 39 NCAA champions • 80 School records at Virginia Tech • 24 Olympic and World championship qualifiers • 17 Top-10 women's NCAA finishes • 11 Top-10 men's NCAA finishes • 3 NCAA Division II cross country national championships • 3 NCAA Division II outdoor track runners-up

Entering his 12th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 12 NCAA individual titles, 125 NCAA All-America performances and 110 individual conference titles. In addition, Hokie teams have finished in the national top-10 seven times and the national top-20 18 times since 2005.

#### NCAA, REGIONAL AND ACC SUCCESS

The 2012 Hokies continued to demonstrate why they are one of the nation's elite track and field programs. The men's team finished fifth place at the 2012 NCAA Outdoor Championships equaling their program-best finish from 2011. The men also finished a program best tied for eighth at the NCAA Indoor Championships. In addition, the men won their first ever ACC Outdoor Team Championship in 2012 to go along with ACC Indoor Championship they won in 2011. Marcel Lomnický (35 lb. weight throw at indoors) and Alexander Ziegler (hammer throw at outdoors) both won NCAA National Championships in 2012. Other top finishes at the NCAA Championships included Hasheem Halim in the triple jump (3rd indoors, 4th outdoors), Darrell Wesh (4th in the 100 meters at outdoors), Matthias Treff (3rd in the javelin at outdoors), Michael Hammond (4th in the 1500 meters at outdoors) and Ziegler (3rd in the 35 lb. weight throw at indoors). The women finished a solid fourth at the ACC Outdoor Championship and the team produced five NCAA All-Americans with freshman Martina Schultze leading the way with All-American honors both indoor and outdoor in the pole vault.

#### USA AND INTERNATIONAL SUCCESS

2012 brought another outstanding year for the Hokies at the U.S. Olympic Trials and international competitions. Virginia Tech had three individuals at the U.S. Olympic Trials in Eugene, Ore. Darrell Wesh in the 100 meters, Keith Ricks in the 200 meters and Ronnie Black in the high jump. In addition, Wesh and Ricks were both selected to represent the USA at the North American, Central American and Caribbean Championships in Mexico. Wesh brought home the gold medal as a member of the 4x100 meter relay and Ricks won the bronze medal in the 200 meters. In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Bimbo Coles who represented the United States in basketball in 1988.

#### COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. For the 2012 season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Outdoor Coach of the Year for leading the Hokies to their first-ever ACC Outdoor title. He has been selected as the ACC Coach of the Year seven times and the USTFCCCA Region Coach of the Year 10 times.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack has produced nine NCAA individual national championships with his throwers. Jack has multiple Men's Indoor and Outdoor Southeast Region Assistant Coach of the Year honors to his credit and was named National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 14 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former Hokie Natalie Hall. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

#### ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Frances Dowd won the NCAA Elite 89 Award in 2012 for the indoor season, honoring the student-athlete with the highest GPA at the NCAA Championships. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

#### PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



## Men's Roster

Name	Class	Events	Hometown	High School/Other
Jared Allison	Fr.	Pole Vault	Seven Valleys, Pa.	Dallastown
Jeff Artis-Gray	Sr.	Sprints/Jumps/Hurdles	Chesapeake, Va.	Western Branch
Darren Barlow	So.	Distance	Midlothian, Va.	Midlothian
Jared Berman	r-So.	Distance	Fairfax, Va.	James W. Robinson
Ronnie Black	Sr.	High Jump	Newport News, Va.	Menchville
Brayden Burleigh	So.	Distance	Midlothian, Va.	Midlothian
Scott Campbell	So.	Multi-Events	Salem, Va.	Salem
Juan Campos	r-Fr.	Distance	Sterling, Va.	Potomac Falls
George Carter	r-Fr.	Distance	Blacksburg, Va.	Blacksburg
Travis Correra	Fr.	Mid-Distance	Bellport, N.Y.	Bellport
Thomas Curtin	So.	Distance	Leesburg, Va.	Loudoun County
Jason Cusack	r-Sr.	Distance	Griswold, Conn.	Griswold
Martin Dally	r-So.	Mid-Distance	Bethesda, Md.	Walter Johnson
Leoule Degfae	r-Jr.	Distance	Alexandria, Va.	Thomas A. Edison
Tihut Degfae	r-Jr.	Mid-Distance	Alexandria, Va.	Thomas A. Edison
Kevin DeWillie	So.	Mid-Distance	Hummelstown, Pa.	Hershey
Kevin Dowd	r-So.	Distance	Fairfax, Va.	Fairfax
Armando Drain	Fr.	Sprints/Hurdles	Reston, Va.	South Lakes
James Ertel	Fr.	Mid-Distance	Rockville, Md.	Thomas S. Wooton
Corey Fuller	Sr.	Sprints/Jumps	Baltimore, Md.	Woodlawn
Ryan Hagen	Sr.	Mid-Distance	Sterling, Va.	Potomac Falls
Michael Hammond	r-Sr.	Mid-Distance	Midlothian, Va.	Midlothian
Eric Hoepker	Sr.	Sprints	Haymarket, Va.	Battlefield
Matt Hoogland	r-So.	Pole Vault	Springfield, Va.	Lake Braddock Secondary
Brad Johnson	Fr.	Pole Vault	Virginia Beach, Va.	Kellam
Demitri Knowles	So.	Sprints	Lynchburg, Va.	Liberty Christian Academy
Tomas Kruzliak	Fr.	Throws	Nitra, Slovakia	Sportove Gymnazium
Ryan Kuhns	r-Fr.	Distance	Fredericksburg, Va.	Riverbend
Matt Little	Fr.	Distance	Huntsville, Ala.	Huntsville
Denis Mahmic	Sr.	Throws	Zagreb, Croatia	Railway Technical School
Jonathan McCants	Sr.	Sprints	Alexandria, Va.	West Potomac
Michael McNamee	Fr.	Mid-Distance	Oakton, Va.	Oakton
Will Mulherin	r-Sr.	Distance	Yorktown, Va.	Tabb
Jaka Muhar	Fr.	Throws	Jesinice, Slovenia	Gimnazija Jesenice
Stephan Munz	Sr.	Pole Vault	Goeppingen, Germany	Werner-Heisenber Gymnasium
Tadashi Pinder	Fr.	Sprints	Locust Grove, Ga.	Luella
Grant Pollock	r-So.	Distance	Richmond, Va.	Mills Godwin
Stuart Robertson	Fr.	Distance	Huddleston, Va.	Staunton River
Garrett Smith	Fr.	Sprints/Jumps	Bristow, Va.	Osborn Park
Matthias Treff	r-Sr.	Throws	Burghann, Germany	Sportgymnasium Halle
Chris Uhle	So.	Pole Vault	Powell, Ohio	Olentangy Liberty
Benny Unger	Sr.	Hurdles	Tettang, Germany	Monfort Gymnasium Tettang
Brian Welch	r-Jr.	Distance	Richmond, Va.	Mills Godwin
Darrell Wesh	Jr.	Sprints	Virginia Beach, Va.	Landstown
Patrick Woodford	Fr.	Distance	Roanoke, Va.	Patrick Henry
Alexander Ziegler	Sr.	Throws	Dischingen, Germany	Schiller Gym Heidenheim

### Breakdown by state/country

Alabama: 1	Croatia: 1
Connecticut: 1	Germany: 4
Georgia: 1	Slovakia: 1
Maryland: 3	Slovenia: 1
New York: 1	
Pennsylvania: 2	
Ohio: 1	
Virginia: 29	



## Women's Roster

Name	Class	Events	Hometown	High School/Other
Leigh Allin	r-Jr.	Pole Vault	Lexington, Ky.	Henry Clay
Yvonne Amegashie	Sr.	Sprints/Hurdles	Woodbridge, Va.	Potomac Senior
Yeni Aromolaran	Fr.	Sprints/Jumps	Frederick, Va.	Governor Thomas Johnson
Kaila Blackburn	Fr.	Distance	Richmond, Va.	Monacan
Camille Bouvet	So.	Distance	Bethesda, Md.	Walter Johnson
Taylor Crosson	r-So.	Distance	Fairfax Station, Va.	James W. Robinson
Jameice DeCoster	Sr.	Sprints	Glenn Dale, Md.	Elizabeth Seton
Courtney Dobbs	r-So.	Distance	Glen Allen, Va.	Deep Run
Johnna Dominick	Fr.	Jumps	Haymarket, Va.	Battlefield
Sammy Dow	r-Sr.	Distance	Midlothian, Va.	Midlothian
Frances Dowd	r-Jr.	Distance	Fairfax, Va.	Fairfax
Grace Giampietro	Fr.	Pole Vault	Phoenixville, Pa.	Villa Maria Academy
Hannah Gray	Fr.	Distance	Chesapeake, Va.	Grassfield
Jenna Hadley	Fr.	Distance	Clinton, N.J.	North Hunterdon
Shanice Hairston	So.	Throws	Martinsville, Va.	Magna Vista
Ashley Hayes	Fr.	Distance	Severna Park, Md.	Severna Park
Lauren Jaeger	Fr.	Distance	Blacksburg, Va.	Blacksburg
Erin Jankowski	Fr.	Distance	Newton, N.J.	Pope John XXIII
Alyson Jones	r-Fr.	Distance	Herndon, Va.	Oakton
Ginny Jones	So.	Distance	Chalfont, Pa.	Central Bucks East
Tazmin Kaiser	Fr.	Distance	Blacksburg, Va.	Blacksburg
Sabine Kopplin	So.	Throws	Filderstadt, Germany	Sportgymnasium Jena
Ally Kuehm	Fr.	Distance	Barryville, Va.	Clake County
Paige Kwartunas	Jr.	Distance	Springfield, Va.	West Springfield
Shaquera Leach	Fr.	Sprints/Hurdles/Jumps	Ashburn, Va.	Briar Woods
Shalonda Mitchell	So.	Mid-Distance	Richmond, Va.	Varina
Colleen Moore	Fr.	Distance	Perkiomenville, Pa.	Boyertown
Shannon Morton	Fr.	Mid-Distance	Chesapeake, Va.	Indian River
Britani Myers	Fr.	Mid-Distance	Winchester, Va.	John Handley
Rachel Nichols	Fr.	Distance	Cape Elizabeth, Maine	Cape Elizabeth
Madalyn Nuckols	Jr.	Distance	Glen Allen, Va.	Deep Run
Leah Nugent	So.	Sprints/Hurdles	Abington, Pa.	Abington Senior
Elizabeth Powell	r-So.	Pole Vault	Richmond, Va.	Patrick Henry
Amanda Presler	Fr.	Distance	Broadlands, Va.	Briar Woods
Sarah Rapp	So.	Distance	Raleigh, N.C.	Cardinal Gibbons
Lyndsey Saunders	r-So.	Pole Vault	Herndon, Va.	Chantilly
Erinn Schaal	r-Fr.	Pole Vault	Fairfax, Va.	Paul VI
Martina Schultze	So.	Pole Vault	Uhingen, Germany	University of Stuttgart
Katherine Sheridan	Fr.	Distance	Vienna, Va.	Thomas Jefferson
Oshin Shukla	Fr.	Distance	Herndon, Va.	Oakton
Ciara Simms	So.	Sprints	Stockbridge, Ga.	Dutchtown
Katarina Smiljanec	So.	Mid Distance	Karlovac, Croatia	Karlovac General Secondary
Amanda Smith	So.	Mid-Distance	Chesapeake, Va.	Grassfield
Leigh Ann Soistmann	Fr.	Mid-Distance	Yorktown, Va.	Tabb
Annjulie Vester	r-Fr.	Throws	Homburg, Germany	Gymnasium Johanneum
Alex Watt	Jr.	Distance	Springfield, Va.	West Springfield
Natalie Woodford	Sr.	Sprints	Roanoke, Va.	Patrick Henry

### Breakdown by state/country

Kentucky: 1      Croatia: 1  
 Georgia: 1      Germany: 3  
 Maine: 1  
 Maryland: 3  
 New Jersey: 2  
 North Carolina: 1  
 Pennsylvania: 4  
 Virginia: 30





## ACC Indoor Track & Field Leaders



### Men

Event	Name, School	Performance
60m	Dentarius Locke (Florida State)	6.67
200m	Tevin Hester (Clemson)	21.40
400m	Brunson Miller (Clemson)	47.34
800m	Darrian Gibson (Florida State)	1:51.90
Mile	Shawn Roberts (Georgia Tech)	4:07.40
3,000m	James Kostelnik (Duke)	7:43.08
5,000m	Ryan Hill (NC State)	13:43.5
60m H	Spencer Adams (Clemson)	7.62
4x400m	North Carolina	3:13.65
DMR	North Carolina	10:06.27
HJ	Torian Ware (Clemson)	7-5 (2.26m)
PV	Chris Uhle (Virginia Tech)	16-9.5 (5.12m)
LJ	Phillip Young (Florida State)	23-6 (7.16m)
TJ	Shai Carpenter (Clemson)	49-11.25 (15.22m)
SP	Isaiah Simmons (Miami)	59-7.5 (18.17m)
WT	Arthur Hicks (North Carolina)	59-8.25 (18.19m)
Hep	Ian Rocke (Duke)	5,170

\* indicates returning athlete

### Women

Event	Name, School	Performance
60m	Dezerea Bryant (Clemson)	7.19
200m	Dezerea Bryant (Clemson)	23.66
400m	Keisha Richburg (Clemson)	55.27
800m	Jillian King (Boston College)	2:06.70
Mile	Juliet Bottorff (Duke)	4:51.30
3,000m	Amanda Winslow (Florida State)	9:18.5
5,000m	Joanna Thompson (NC State)	16:54.2
60m H	Brianna Rollins (Clemson)	7.78
4x400m	Clemson	3:40.14
DMR	North Carolina	11:39.92
HJ	Mimi Land (Clemson)	5-11.5 (1.82m)
PV	Martina Schultze (Virginia Tech)	13-11.75 (4.26m)
LJ	Chrishawn Williams (North Carolina)	20-1.5 (6.13m)
TJ	Julienne McKee (Georgia Tech)	42-5.5 (12.95m)
SP	Chelsea Whalen (Florida State)	51-1 (15.57m)
WT	Brittney Waller (Clemson)	68-10.75 (21.00m)
Pen	Whitney Fountain (Clemson)	4,020

\* indicates returning athlete





# 2013 Virginia Tech Men's Indoor Track & Field Season-Best Performance List



## 60m (School Record: 6.61, Keith Ricks, 2012)

Athlete	Year	Time	Meet	Meet Date
Tadashi Pinder	Fr.	6.96	VT Invitational	1/18/2013
Scott Campbell	So.	7.21	VT Invitational	1/18/2013

## 200m (School Record: 21.16, Andre Davis, 2000)

Athlete	Year	Time	Meet	Meet Date
Tadashi Pinder	Fr.	21.91	VT Invitational	1/19/2013
Garrett Smith	Fr.	23.01	VT Invitational	1/19/2013

## 300m (School Record: 33.58, Jonathan McCants, 2013)

Athlete	Year	Time	Meet	Meet Date
Jonathan McCants	Sr.	33.58	VT Invitational	1/18/2013
Tadashi Pinder	Fr.	35.56	VT Invitational	1/18/2013
Garrett Smith	Fr.	35.97	VT Invitational	1/18/2013

## 400m (School Record: 47.91, Jordan Price, 2006)

Athlete	Year	Time	Meet	Meet Date
Armando Drain	Fr.	52.11	VT Invitational	1/19/2013

## 500m (School Record: 1:03.32, Adam Jury, 2004)

Athlete	Year	Time	Meet	Meet Date
Eric Hoepker	Sr.	1:05.25	VT Invitational	1/18/2013
Benny Unger	Fr.	1:08.16	VT Invitational	1/18/2013
Armando Drain	Fr.	1:08.46	VT Invitational	1/18/2013

## 600m (School Record: 1:19.24, Ryan Witt, 2012)

Athlete	Year	Time	Meet	Meet Date

## 800m (School Record: 1:48.76, Ryan Witt, 2012)

Athlete	Year	Time	Meet	Meet Date

## 1,000m (School Record: 2:21.92, Gary Cobb, 1987)

Athlete	Year	Time	Meet	Meet Date
Michael Hammond	r-Sr.	2:25.35	VT Invitational	1/18/2013
Ryan Hagen	Sr.	2:26.55	VT Invitational	1/18/2013
Tihut Degfae	r-Jr.	2:27.85	VT Invitational	1/18/2013
Martin Dally	r-So.	2:28.21	VT Invitational	1/18/2013

## 1 Mile (School Record: 3:58.41, Michael Hammond, 2011)

Athlete	Year	Time	Meet	Meet Date
Will Mulherin	r-Sr.	4:13.36	VT Invitational	1/18/2013
Jason Cusack	r-Sr.	4:14.25	VT Invitational	1/18/2013
Leoule Degfae	r-Jr.	4:16.68	VT Invitational	1/18/2013
Ryan Kuhns	r-Fr.	4:16.86	VT Invitational	1/18/2013
George Carter	r-Fr.	4:17.30	VT Invitational	1/18/2013
Brian Welch	r-Jr.	4:18.64	VT Invitational	1/18/2013
Juan Campos	r-Fr.	4:27.62	VT Invitational	1/18/2013

## 3,000m (School Record: 7:56.58, Will Mulherin, 2011)

Athlete	Year	Time	Meet	Meet Date

## 5,000m (School Record: 14:02.0, Tim Covington, 1989)

Athlete	Year	Time	Meet	Meet Date

## 60m Hurdles (School Record: 7.77, Jeff Artis-Gray, 2013)

Athlete	Year	Time	Meet	Meet Date
Jeff Artis-Gray	Sr.	7.77	VT Invitational	1/18/2013

## 4x400m (School Record: 3:11.50, Stith, Walker, Sangbana, Davis, 1999)

Time	Athletes	Meet	Meet Date
3:16.72	McCants, Unger Hoepker, Artis-Gray	VT Invitational	1/19/2013

**4,000m Distance Medley (School Record: 9:30.24, Judge, Vaughn, Witt, Berlin, 2009)**

Time	Athletes	Meet	Meet Date
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**High Jump (School Record: 7'3.25", 2.22m, Ronnie Black, 2012)**

Athlete	Year	English	Metric	Meet	Meet Date
Ronnie Black	Sr.	6-6.75	2.00m	VT Invitational	1/19/2013

**Pole Vault (School Record: 18'2.5", 5.55m, Yavgeniy Olhovskiy, 2009)**

Athlete	Year	English	Metric	Meet	Meet Date
Chris Uhle	So.	16-9.5	5.12m	VT Invitational	1/19/2013
Jared Allison	So.		4.60m	VT Invitational	1/18/2013

**Long Jump (School Record: 25'3", 7.70m, Ken Stewart, 1984)**

Athlete	Year	English	Metric	Meet	Meet Date
Scott Campbell	Jr.	22-11.75	7.00m	VT Invitational	1/19/2013
Garrett Smith	Fr.	20-3	6.17m	VT Invitational	1/19/2013

**Triple Jump (School Record: 53'6.5", 16.32m, Hasheem Halim, 2012)**

Athlete	Year	English	Metric	Meet	Meet Date
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**Shot Put (School Record: 62'11.25", 19.18m, Justin Clickett, 2007)**

Athlete	Year	English	Metric	Meet	Meet Date
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**Weight Throw (School Record: 77'10.25", 23.73m, Spyridon Jullien, 2006)**

Athlete	Year	English	Metric	Meet	Meet Date
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**Heptathlon (School Record: 5,282 points, Rene Stauss, 2011)**

Athlete	Year	Points	Meet	Meet Date
Scott Campbell	JR-3	4,959	Liberty Kickoff	11/30/12-12/1/12

**Unattached Season-Best Performances***(will not count towards official school records or all-time performance lists)***400m**

Athlete	Year	Time	Meet	Meet Date
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**500m**

Athlete	Year	Time	Meet	Meet Date
Travis Correa	Fr.	1:06.03	VT Invitational	1/18/2013
Kevin DeWillie	So.	1:06.06	VT Invitational	1/18/2013
Michael McNamee	Fr.	1:06.32	VT Invitational	1/18/2013

**600m**

Athlete	Year	Time	Meet	Meet Date
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**800m**

Athlete	Year	Time	Meet	Meet Date
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**1,000m**

Athlete	Year	Time	Meet	Meet Date
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**1 Mile**

Athlete	Year	Time	Meet	Meet Date
Kevin DeWillie	So.	4:18.64	VT Invitational	1/18/2013
Thomas Curtin	So.	4:21.24	VT Invitational	1/18/2013
Darren Barlow	So.	4:21.91	VT Invitational	1/18/2013
Stuart Robertson	Fr.	4:24.50	VT Invitational	1/18/2013
Brayden Burleigh	So.	4:26.00	VT Invitational	1/18/2013
Travis Correa	Fr.	4:28.20	VT Invitational	1/18/2013
Michael McNamee	Fr.	4:28.84	VT Invitational	1/18/2013

**3,000m**

Athlete	Year	Time	Meet	Meet Date
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**5,000m**

Athlete	Year	Time	Meet	Meet Date
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**Pole Vault**

Athlete  
*Brad Johnson*

Year  
*Fr.*

English

Metric  
*4.85m*

Meet  
VT Invitational

Meet Date  
1/18/2013

# 2013 Virginia Tech Women's Indoor Track & Field Season-Best Performance List



## 60m (School Record: 7.26, Funmi Alabi, 2011)

Athlete	Year	Time	Meet	Meet Date
Adeyeni Aromolaran	2013	7.80	VT Invitational	1/18/2013

## 200m (School Record: 23.62, Britni Spruill, 2008)

Athlete	Year	Time	Meet	Meet Date
Jameice DeCoster	Sr.	24.95	VT Invitational	1/19/2013
Adeyeni Aromolaran	Fr.	25.56	VT Invitational	1/19/2013
Johnna Dominick	Fr.	28.30	VT Invitational	1/19/2013

## 300m (School Record: 37.93, Britni Spruill, 2008)

Athlete	Year	Time	Meet	Meet Date
Jameice DeCoster	Sr.	39.30	VT Invitational	1/18/2013
Adeyeni Aromolaran	Fr.	40.94	VT Invitational	1/18/2013

## 400m (School Record: 53.06, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date
Natalie Woodford	Sr.	57.28	VT Invitational	1/19/2013

## 500m (School Record: 1:11.49, Asia Washington, 2010)

Athlete	Year	Time	Meet	Meet Date
Natalie Woodford	Sr.	1:14.48	VT Invitational	1/18/2013
Yvonne Amegashie	Sr.	1:15.66	VT Invitational	1/18/2013
Katarina Smiljanec	So.	1:16.85	VT Invitational	1/18/2013
Leah Nugent	So.	1:17.95	VT Invitational	1/18/2013
Shaquera Leach	Fr.	1:21.74	VT Invitational	1/18/2013
Leigh Ann Soistmann	Fr.	1:22.07	VT Invitational	1/18/2013

## 600m (School Record: 1:30.99, Frances Dowd, 2012)

Athlete	Year	Time	Meet	Meet Date

## 800m (School Record: 2:05.18, Frances Dowd, 2012)

Athlete	Year	Time	Meet	Meet Date

## 1,000m (School Record: 2:47.07, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date
Sammy Dow	r-Sr.	2:54.35	VT Invitational	1/18/2013

## 1 Mile (School Record: 4:40.31, Natalie Sherbak, 2009)

Athlete	Year	Time	Meet	Meet Date
Sarah Rapp	So.	4:57.65	VT Invitational	1/18/2013
Shalonda Mitchell	So.	5:18.91	VT Invitational	1/18/2013
Leigh Ann Soistmann	Fr.	5:46.73	VT Invitational	1/18/2013

## 3,000m (School Record: 9:01.57, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date

## 5,000m (School Record: 16:23.51, Natalie Sherbak, 2009)

Athlete	Year	Time	Meet	Meet Date

## 60m Hurdles (School Record: 7.94, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date
Leah Nugent	2013	8.49	VT Invitational	1/18/2013

## 4x400m (School Record: 3:38.16, Washington, Boone, Woodford, Amegashie, 2011)

Time	Athletes	Meet	Meet Date
3:48.34	Amegashie, Nugent Leach, Woodford	VT Invitational	1/19/2013

## 4,000m Distance Medley (School Record: 11:10.84, J. Fanning, S. Green, Washington, T. Fanning, 2007)

Time	Athletes	Meet	Meet Date

## High Jump (School Record: 6'0", 1.83m, Katie Ollendick, 1998)

Athlete	Year	English	Metric	Meet	Meet Date

Johnna Dominick	Fr.	5-5	1.65m	VT Invitational	1/19/2013
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**Pole Vault (School Record: 14'4", 4.37m, Victoria von Eynatten, 2012)**

Athlete	Year	English	Metric	Meet	Meet Date
Leigh Allin	JR-3	12'1.5"	3.70m	Liberty Kickoff	12/1/12
Elizabeth Powell	SO-2	11'3.75"	3.45m	Liberty Kickoff	12/1/12
Lyndsey Saunders	SO-2	11'3.75"	3.45m	Liberty Kickoff	12/1/12

**Shot Put (School Record: 54'9.5", 16.70m, Brittany Pryor, 2008)**

Athlete	Year	English	Metric	Meet	Meet Date
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**Unattached Season-Best Performances**

*(will not count towards official school records or all-time performance lists)*

**60m**

Athlete	Year	Time	Meet	Meet Date
<i>Ciara Simms</i>	<i>So.</i>	<i>7.45</i>	<i>VT Invitational</i>	<i>1/18/2013</i>

**200m**

Athlete	Year	Time	Meet	Meet Date
<i>Ciara Simms</i>	<i>So.</i>	<i>24.57</i>	<i>VT Invitational</i>	<i>1/18/2013</i>

**500m**

Athlete	Year	Time	Meet	Meet Date
Katarina Smiljanec	So.	1:16.85		

**600m**

Athlete	Year	Time	Meet	Meet Date
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**800m**

Athlete	Year	Time	Meet	Meet Date
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**1000m**

Athlete	Year	Time	Meet	Meet Date
<i>Frances Dowd</i>	<i>r-Jr.</i>	<i>2:58.86</i>	<i>VT Invitational</i>	<i>1/18/2013</i>
<i>Paige Kvartunas</i>	<i>Jr.</i>	<i>2:59.75</i>	<i>VT Invitational</i>	<i>1/18/2013</i>

**1 Mile**

Athlete	Year	Time	Meet	Meet Date
Katarina Smiljanec	So.	5:13.59	VT Invitational	1/18/2013

**3,000m**

Athlete	Year	Time	Meet	Meet Date
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**Pole Vault**

Athlete	Year	English	Metric	Meet	Meet Date
Grace Giampietro	Fr.	11'5.75"	3.50m	VT Invitational	1/18/2013

**Shot Put**

Athlete	Year	English	Metric	Meet	Meet Date
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