#### 2013 Track & Field Meet Notes

# Virginia Tech

12 National Champions

160 All-Americans

VT Invitational January 18-19, 2013

**Rector Field House** 

Blacksburg, Va.

Live Results: http://www.flashresults.com/2013\_Meets/indoor/01-18-VTInvite/

#### **PREVIEWING THE MEET**

• After the pole vaulters and heptathletes opened up the 2012-13 indoor season at the end of November, the rest of the Hokies will get their season underway this weekend as 15 teams from four states will send athletes to Blacksburg for the VT Invitational.

• Teams with entries in the field are Charlotte, Coastal Carolina, Concord, Davidson, Duke, East Carolina, High Point, Liberty, North Carolina A&T, North Carolina Central, Radford, Richmond, Tennessee and Virginia Tech.

• Friday's action will start off at 5 p.m., with women's triple jump, unseeded pole vault, and the men's weight throw. Saturday will begin at 11 a.m., with the men's high jump and women's seeded pole vault.

#### LAST TIME OUT

• Hokie heptathletes and pole vaulters opened up the indoor season on Nov. 30 at the Liberty Kickoff at the Tolsma Indoor Track Center in Lynchburg, Va. Scott Campbell won the heptathlon with 4,959 points. Leigh Allin won the women's pole vault with a mark of 12-1 (3.70m) while Lyndsey Saunders and Grace Giampietro tied for third at 11-3.75 (3.45m). On the men's side, Chris Uhle and Brad Johnson each cleared marks of 15-9 (4.80m), the second best of the competition.

#### **RETURNING ALL-AMERICANS**

• Back this season are 2012 two-time All-Americans Martina Schultze (pole vault),

Alexander Ziegler (weight throw/hammer throw) and Ronnie Black (high jump).

• After becoming a two-time national champion last spring in the hammer throw, Ziegler will finish up his eligibility during the indoor season as he seeks to earn his first national title in the weight throw after two second place finishes and a third at NCAAs during the previous three seasons.

• Frances Dowd returns this winter after earning All-America honors in the 800m during the 2011 indoor season.

• Joining Black, Ziegler and Schultze during the indoor season after earning All-America honors last spring are Jeff Artis-Gray, Michael Hammond, Jonathan McCants and Darrell Wesh.

• After redshirting the indoor season in 2012, Hammond returns to the track this winter to complete his eligibility as a Hokie looking to pick up where he left off in 2011 after earning All-America honors in the mile.

• The last returning All-American is Matthias Treff who will finish up his Hokie career during the outdoor season in the javelin.

#### CURRENT SCHOOL RECORD HOLDERS

• Here's a look at current members of the Tech track & field squad who are school record holders (indoors only):

#### Men

Jonathan McCants, 300m, 34.05, 2012 Michael Hammond, Mile, 3:58.41, 2011 Will Mulherin, 3000m, 7:56.58, 2011 Jeff Artis-Gray, 60m Hurdles, 7.81, 2012 Ronnie Black, High Jump, 7'3.25", 2012 Women

Frances Dowd, 600m, 1:30.99, 2012 Frances Dowd, 800m, 2:05.18, 2012 Natalie Woodford, 4x400m, 3:38.16, 2011 Yvonne Amegashie, 4x400m, 3:38.16, 2011

#### 2013 Indoor Schedule

27 Conference Championships | 430 Individual Conference Champions

Date	Meet
11/30-12/1	at Liberty Kickoff
1/18-19	VT Invitational
1/25-26	Hokie Invitational
2/8-9	VT Elite Meet
2/15-16	VT Challenge
2/21-23	ACC Indoor Championships
3/1-2	at Notre Dame Alex Wilson Invitational
3/2	VT Final Qualifier
3/8-9	at NCAA Indoor Championship
	(Host: Arkansas; Fayetteville, Ark.)

#### 2013 Outdoor Schedule

Date	Meet
3/15-16	at Miami Invitational
3/22-23	at Florida State Relays
3/30-31	at Yellow Jacket Invitational
3/30-31	at Raleigh Relays
4/5-6	at Florida Relays
4/5-6	at Colonial Relays
4/12-13	at Sea Ray Relays
4/18-20	at ACC Outdoor Championships
	(Host: NC State; Raleigh, N.C.)
4/25-27	at Penn Relays
4/26-27	at Cal Brutus Hamilton Invitational
4/28	at Peyton Jordan Invitational
5/1	at Liberty Twilight
5/5	at Duke Twilight
5/10	at Roanoke/VT Twilight Qualifier
5/10-11	at Clemson Tiger Qualifier
5/10-11	at Virginia Challenge
5/12	at Aggie Classic
5/12	at Wolfpack Last Chance
5/23-25	at NCAA East Preliminaries
	(Host: North Carolina A&T Greensboro, N.C.)
6/5-8	at NCAA Outdoor Championships
	(Host: Oregon; Eugene, Ore.)

**Bold** -- denotes home indoor meet held at Rector Field House on campus

#### MEDIA INFORMATION

Track & Field/Cross Country Contact

	Josh Mitchell
	jjmitch@vt.edu
Office	
Cell	
Website	www.hokiesports.com
Twitter	

### **Virginia Tech Quick Facts**

#### GENERAL

Enrollment	Location	Blacksburg, Va.
ColorsChicago maroon and burnt orange NicknameHokies ConferenceAtlantic Coast PresidentCharles W. Steger Director of Athletics	Enrollment	
NicknameHokies ConferenceHokies PresidentCharles W. Steger Director of AthleticsJim Weaver Home FacilitiesRector Field House (Indoor) Johnson-Miller Track Complex (Outdoor) Athletics Website	Founded	
Conference	Colors	Chicago maroon and burnt orange
President	Nickname	
Director of Athletics	Conference	Atlantic Coast
Home Facilities	President	Charles W. Steger
Johnson-Miller Track Complex (Outdoor) Athletics Website	Director of Athletics	Jim Weaver
Athletics Website	Home Facilities	
Track & Field Website		Johnson-Miller Track Complex (Outdoor)
Track & Field TwitterVT_Track	Athletics Website	
—	Track & Field Website	www.hokiesports.com/track
Athletics Facebook www.facebook.com/hokiesports	Track & Field Twitter	www.twitter.com/VT_Track
	Athletics Facebook	www.facebook.com/hokiesports

#### **COACHING STAFF**

Director of Track & Field/XC	Dave Cianelli
Alma Mater, Yr	Bowling Green, 1977
Overall Year	
Year at Virginia Tech	
Cianelli Office Phone	
Cianelli E-mail	dcianell@vt.edu
Associate Head Coach/Throws	Greg Jack
Head XC/Distance	Ben Thomas
Sprints/Jumps/Hurdles	Charles Foster
Pole Vault	
Assistant Distance	Natalie Hall
Volunteer Coaches	
H	Eric Johannigmeier, Distance
Joe Davis, Hunter Hall a	and Kelly Phillips, Pole Vault
-	Allison Randall, Throws

Technical Director ...... Stacey Vidt

#### HISTORY

Men's ACC Indoor Titles	
Men's NCAA Indoor Best Finish	T-8th, 2012
Women's ACC Indoor Titles	
Women's NCAA Indoor Times Placed	7
Women's NCAA Indoor Best Finish	T-10th, 2008
Men's ACC Outdoor Titles	
Men's NCAA Outdoor Best Finish	
Women's ACC Outdoor Titles	
Women's NCAA Outdoor Best Finish	5th, 2010
Individual National Champions	

#### **2012 REVIEW**

Men's ACC Finish (Indoor/Outdoor)	2nd/1st
Women's ACC Finish (Indoor/Outdoor)	5th/T-4th
Men's NCAA Finish (Indoor/Outdoor)	T-8th/5th
Women's NCAA Finish (Indoor/Outdoor)	
ACC Champions Returning	6 (4 Men, 2 Women)
All-Americans Returning	9 (7 Men, 2 Women)

### Hokies in the Rankings

#### Hokies on the NCAA performance list

Scott Campbell

Heptathlon...... 11th ...... 4,984 points

16. Florida State

17. NC State

18. Penn State 19. UCLA

20. Mississippi State 21. Northern Arizona

22. Kansas State 23. Mississippi

24. Oklahoma 25. Pittsburgh

#### Men's NCAA Rankings (USTFCCCA) as of Jan. 8 Preseason

1. Arkansas
2. Florida
3. Texas
4. Texas A&M
5. Oregon
6. Arizona State
7. Indiana
8. Minnesota
9. Arizona
10. LSU
11. Auburn
12. Wisconsin
13. BYU

14. Virginia Tech 15. Stanford

### Women's NCAA Rankings (USTFCCCA) as of Jan. 8

#### Preseason

- 1. Clemson 2. Kansas 3. Oregon 4. LSU 5. Florida 6. Texas A&M 7. Arkansas 8. Iowa State 9. California 10. Washington 11. UCF 12. Arizona 13. Stanford 14. Texas 15. Baylor
- 16. Wisconsin 17. Georgia 18. Indiana State 19. Michigan 20. San Diego State 21. Nebraska 22. Illinois 23. Michigan State 24. Auburn 25. Illinois State



### **Hokie Notes**

#### **Bowerman watch**

• After finishing last season as a semifinalist for the prestigious Bowerman Award, Tech thrower Alexander Ziegler was named to the Preseason Watch List prior to the 2013 season.

• The senior from Dischingen, Germany has been piling up accolades since setting foot on campus in 2010, earning All-America honors and medaling in all six seasons while becoming the second athlete in Tech history to win back-to-back NCAA titles in the hammer throw, and the fourth Tech athlete to earn multiple national championships.

#### Last hurrah

• Jason Cusack, Eric Hoepker, Michael Hammond, Will Mulherin and Alexander Ziegler's clocks are ticking on the collegiate careers. The quintet have just under two months remaining their eligibility up after the indoor season.

#### Separating from the pack

• Seniors Jeff Artis-Gray and Michael Hammond have the opportunity to separate themselves from all others in the Tech record book as both are currently tied with former Hokies Gary Cobb, Keith Ricks and Ryan Witt for holding the most records in the men's program.

• Hammond has only the indoor season to separate himself from the pack, while Artis-Gray has both indoors and outdoors.

#### **Elite level**

• Redshirt junior Frances Dowd won the NCAA Elite 89 Award last season, an honor presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA Championships. She finished 15th in the 800m (2:09.38) at the 2012 NCAA Indoor Championships.

#### German connection

• Currently, the Hokies have seven athletes from Germany competing in four different events. Matthias Treff and transfer Sabine Kopplin in the javelina, Alexander Ziegler and Annjulie Vester in the weight throw/hammer throw, Stephan Munz and Martina Schultze in the pole vault, and Benny Unger in the hurdles.

#### **Back in Blacksburg**

• After winning the pole vault at the 2011 ACC Indoor Championships in his first-ever event for the Hokies, Stephan Munz was back in Germany last year to complete his undergraduate degree. The Goeppingen native is now back at Tech as a graduate student this year while he continues his Hokie career.

• On a similar path, the women's team will be without the services of 2012 All-American Victoria Von Eynatten for 2013 as she has retuned to Germany to finish her undergraduate studies before returning to Blacksburg next year.

#### **High-flying German**

• In her first year at Tech, pole vaulter Martina Schultze made an immediate impact as she earned All-America honors during both seasons and went one-two at the indoor and outdoor ACC Championships with teammate Victoria von Eynatten. Schultze claimed gold at outdoors with Von Eynatten coming out on top at indoors.

### A small world

• Associate head coach and throws coach Greg Jack is looking to strike gold for a second time in Nitra, a city 4,700 miles away from Blacksburg, this time in hammer thrower Tomas Kruzliak. The Slovakian hails from the same city as former Hokie and two-time national champion Marcel Lomnicky.

#### Running into the record books

• Before the indoor season even kicks off, senior Will Mulherin has already supplanted himself as one of the top distance runners in Tech history. During the fall, he became the first two-time All-American cross country runner in Tech history while leading his team to the program's first ACC Championship as he won the individual crown.

• Last year, he became the first runner in ACC history to win three champions in the 5,000 meters at the ACC Outdoor Championships.

#### Summer success in Mexico

• Junior sprinter Darrell Wesh earned a gold medal last summer at the NA-CAC Under-23 Championships in Guanajuato, Mexico as he teamed with Charles Silmon, Marcus Rowland and Keenan Brock in the 4x100m relay. Wesh ran the lead leg for the group that ran a time of 38.94, besting teams from the Bahamas (39.65) and Jamaica (39.67).

#### Seeing double

• When you hear or see the name Degfae, know that it could be either Leoule or Tihut. Since Leoule joined his brother at Tech after transferring from Tennessee after one year, the two have competed together during only two seasons at Tech, once on the cross country team in 2011 and the other was the 2012 outdoor season.

• Leoule redshirted the entire 2011 season after joining the Hokies and Tihut redshirted the 2011 indoor season.

#### **Two-sport Bahamian**

For the second year, Demitri Knowles will join the track team for the indoor season. The speedy sophomore from the Bahamas was a spark for the for the Hokie football team during the fall after redshirting a season ago.
Knowles was raised in Freeport, Grand Bahama and grew up competing in track and swimming. After realizing he wanted to pursue a football career, he moved to Lynchburg, Va., where he was an all-state performer in football and track for two years at Liberty Christian Academy.

#### Sticking to the East

• With only two trips to the West Coast on their travel schedule this year, the makeup of this year's Hokies show that the team tends to remain east of the Mississippi. The furthest athlete west of Blacksburg is from Huntsville, Ala., and 59 of the team's 93 athletes are from the state of Virginia.



# Dave Cianelli, Director of Track & Field and Cross Country

### THE CIANELLI FILE

#### Virginia Tech (2001-Present)

· 12 NCAA individual champions, the first in Virginia Tech history

· 125 All-Americans

· Two NCAA East Region team

championships

- Seven ACC team championships
- · 98 ACC individual champions
- · 12 BIG EAST Conference champions

· Had 19 athletes earn 24 All-America

honors in 2012, the most in his coaching tenure

2012 USTFCAA Men's Indoor and Outdoor Southeast Region Coach of the Year · 2012 ACC Men's Outoor Coach of the Year

· Seven-time ACC Coach of the Year

· 10-time USTFCCCA Southeast Region Coach of the Year

#### Southern Methodist University (1988-2001)

· Eight top-10 finishes at the women's NCAA Track & Field Championships · Seven top-10 finishes at the men's NCAA Track & Field Championships · 1995 men's and women's Southwest Conference cross country champions · Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-

Americans, 95 conference champions

#### Cal-Poly San Luis Obispo (1985-1988)

· 1985-87 NCAA Division II women's cross country champion

· 1985-87 NCAA Division II women's

outdoor track runner-up

· 1985-87 CCAA women's cross country conference champion

· 1985-88 CCAA women's outdoor track conference champion

· Individual achievements include one NCAA Division II Champion and 13 All-Americans

#### By The Numbers

260 All-Americans · 191 Conference champions · 98 Percent graduation rate at Virginia Tech · 39 NCAA champions · 80 School records at Virginia Tech · 24 Olympic and World championship qualifiers · 17 Top-10 women's NCAA finishes · 11 Top-10 men's NCAA finishes · 3 NCAA Division II cross country national championships · 3 NCAA Division II outdoor track runners-up

Entering his 12th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 12 NCAA individual titles, 125 NCAA All-America performances and 110 individual conference titles. In addition, Hokie teams have finished in the national top-10 seven times and the national top-20 18 times since 2005.

NCAA, REGIONAL AND ACC SUCCESS The 2012 Hokies continued to demonstrate why they are one of the nation's elite track and field programs. The men's team finished fifth place at the 2012 NCAA Outdoor Championships equal-ing their program-best finish from 2011. The men also finished a program best tied for eighth at ing their program-best finish from 2011. The men also finished a program best tied for eighth at the NCAA Indoor Championships. In addition, the men won their first ever ACC Outdoor Team Championship in 2012 to go along with ACC Indoor Championship they won in 2011. Marcel Lomnicky (35 lb. weight throw at indoors) and Alexander Ziegler (hammer throw at outdoors) both won NCAA National Championships in 2012. Other top finishes at the NCAA Champion-ships included Hasheem Halim in the triple jump (3rd indoors, 4th outdoors), Michael Hammond (4th in the 100 meters at outdoors), Matthias Treff (3rd in the javelin at outdoors), Michael Hammond (4th in the 100 meters at outdoors).



(4th in the 1500 meters at outdoors) and Ziegler (3rd in the 35 lb. weight throw at indoors). The women finished a sold fourth at the ACC Outdoor Championship and the team produced five NCAA All-Americans with freshman Martina Schultze leading the way with All-American honors both indoor and outdoor in the pole vault.

#### USA AND INTERNATIONAL SUCCESS

USA AND INTERNATIONAL SUCCESS 2012 brought another outstanding year for the Hokies at the U.S. Olympic Trials and international competitions. Virginia Tech had three individuals at the U.S. Olympic Trials in Eugene, Ore. Darrell Wesh in the 100 meters, Keith Ricks in the 200 meters and Ronnie Black in the high jump. In addition, Wesh and Ricks were both selected to represent the USA at the North American, Central American and Caribbean Championships in Mexico. Wesh brought home the gold medal as a member of the 4x100 meter relay and Ricks won the bronze medal in the 200 meters. In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the fi-nal of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and bried meters finds to 6 5000 meters the USA herite Champion River Find Championships. 2010 Luced Research and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Bimbo Coles who represented the United States in basketball in 1988.

#### COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. For the 2012 season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Outdoor Coach of the Year for leading the Hokies to their first-ever ACC Outdoor title. He has been selected as the ACC Coach of the Year seven times and the USTFCCCA Region Coach of the year 10 times.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack has produced nine NCAA individual national championships with his throwers. Jack has multiple Men's Indoor and Outdoor Southeast Region Assistant Coach of the Year honors to his credit and was named National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 14 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former Hokie Natalie Hall. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 Revenue day and the coaching the part of the article and the coaching the coaching the part of in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

#### ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Frances Dowd won the NCAA Elite 89 Award in 20012 for the indoor season, honoring the student-athlete with the highest GPA at the NCAA Championships. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

**PREVIOUS COACHING EXPERIENCE** Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dal-las, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



### **Men's Roster**

Name Jared Allison Jeff Artis-Gray Darren Barlow Jared Berman Ronnie Black Brayden Burleigh Scott Campbell Juan Campos George Carter Travis Correra Thomas Curtin Jason Cusack Martin Dally Leoule Degfae Tihut Degfae Kevin DeWillie Kevin Dowd Armando Drain James Ertel Corey Fuller Ryan Hagen Michael Hammond Eric Hoepker Matt Hoogland Brad Johnson Demitri Knowles Tomas Kruzliak

Ryan Kuhns

Denis Mahmic

Will Mulherin

Stephan Munz

Tadashi Pinder

Grant Pollock

Garrett Smith

Matthias Treff

Benny Unger

Brian Welch

Darrell Wesh

Patrick Woodford

Alexander Ziegler

Chris Uhle

Stuart Robertson

Jaka Muhar

Jonathan McCants

Michael McNamee

Matt Little

Class **Events** Fr. Sr. Distance So. r-So. Distance Sr. Distance Fr. So. r-Fr. Distance Distance r-Fr. Fr. Fr. Distance r-Sr. Distance r-So. Distance r-Jr. r-Jr. So. r-So. Distance Fr. Fr. Sr. Sr. r-Sr. Sr. Sprints r-So. Fr. So. Sprints Fr. Throws Distance r-Fr. Distance Fr. Throws Sr. Sprints Sr. Fr. r-Sr. Distance Fr. Throws Sr. Fr. **Sprints** r-So. Distance Fr. Distance Fr. r-Sr. Throws So. Sr. Hurdles r-Jr. Distance Sprints Ir. Fr. Distance Sr. Throws

#### Breakdown by state/country

Alabama: 1Croatia: 1Connecticut: 1Germany: 4Georgia: 1Slovakia: 1Maryland: 3Slovenia: 1New York: 1Pennsylvania: 2Ohio: 1Virginia: 29

Pole Vault Sprints/Jumps/Hurdles High Jump Multi-Events Mid-Distance Mid-Distance Mid-Distance Mid-Distance Sprints/Hurdles Mid-Distance Sprints/Jumps Mid-Distance Mid-Distance Pole Vault Pole Vault Mid-Distance Pole Vault Sprints/Jumps Pole Vault

Hometown Seven Valleys, Pa. Chesapeake, Va. Midlothian, Va. Fairfax, Va. Newport News, Va. Midlothian, Va. Salem, Va. Sterling, Va. Blacksburg, Va. Bellport, N.Y. Leesburg, Va. Griswold, Conn. Bethesda, Md. Alexandria, Va. Alexandria, Va. Hummelstown, Pa. Fairfax, Va. Reston, Va. Rockville, Md. Baltimore, Md. Sterling, Va. Midlothian, Va. Haymarket, Va. Springfield, Va. Virginia Beach, Va. Lynchburg. Va. Nitra, Slovakia Fredericksburg, Va. Huntsville, Ala. Zagreb, Croatia Alexandria, Va. Oakton, Va. Yorktown, Va. Jesinice, Slovenia Goeppingen, Germany Locust Grove, Ga. Richmond, Va. Huddleston, Va. Bristow, Va. Burgthann, Germany Powell, Ohio Tettnang, Germany Richmond, Va. Virginia Beach, Va. Roanoke, Va. Dischingen, Germany

**High School/Other** Dallastown Western Branch Midlothian James W. Robinson Menchville Midlothian Salem Potomac Falls Blacksburg Bellport Loudoun County Griswold Walter Johnson Thomas A. Edison Thomas A. Edison Hershev Fairfax South Lakes Thomas S. Wooton Woodlawn Potomac Falls Midlothian Battlefield Lake Braddock Secondary Kellam Liberty Christian Academy Sportove Gymnazium Riverbend Huntsville Railway Technical School West Potomac Oakton Tabb Gimnazija Jesenice Werner-Heisenber Gymnasium Luella Mills Godwin Staunton River Osbourn Park Sportgymnasium Halle **Olentangy** Liberty Monfort Gymnasium Tettnang Mills Godwin Landstown Patrick Henry Schiller Gym Heidenheim



### Women's Roster

#### Name

Class

Leigh Allin r-Jr. Yvonne Amegashie Sr. Yeni Aromolaran Fr. Kaila Blackburn Fr. Camille Bouvet Fr. Taylor Crosson So. Jameice DeCoster Sr. Courtney Dobbs r-So. Johnna Dominick Fr. Sammy Dow r-Sr. Frances Dowd r-Jr. Grace Giampietro Fr. Hannah Gray Fr. Jenna Hadley Fr. Shanice Hairston So. Ashley Hayes Fr. Lauren Jaeger Fr. Erin Jankowski Fr. Alyson Jones r-Fr. Ginny Jones So. Tazmin Kaiser Fr. Sabine Kopplin So. Ally Kuehm Fr. Paige Kvartunas Jr. Shaquera Leach Fr. Shalonda Mitchell So. Colleen Moore Fr. Shannon Morton Fr. Britani Myers Fr. Rachel Nichols Fr. Madalyn Nuckols Jr. Leah Nugent So. Elizabeth Powell r-So. Amanda Presler Fr. Sarah Rapp So. Lyndsey Saunders r-So. Erinn Schaal r-Fr. Martina Schultze So. Katherine Sheridan Fr. Oshin Shukla Fr. Ciara Simms So. Katarina Smiljanec So. Amanda Smith So. Leigh Ann Soistmann Fr. Annjulie Vester r-Fr. Alex Watt Jr. Natalie Woodford Sr.

**Events** Pole Vault Sprints/Hurdles Sprints/Jumps Distance Distance Distance Sprints Distance Jumps Distance Distance Pole Vault Distance Distance Throws Distance Distance Distance Distance Distance Distance Throws Distance Distance Sprints/Hurdles/Jumps Mid-Distance Distance Mid-Distance Mid-Distance Distance Distance Sprints/Hurdles Pole Vault Distance Distance Pole Vault Pole Vault Pole Vault Distance Distance Sprints Mid Distance Mid-Distance Mid-Distance Throws Distance Sprints

Hometown Lexington, Ky. Woodbridge, Va. Frederick, Va. Richmond, Va. Bethesda, Md. Fairfax Station, Va. Glenn Dale, Md. Glen Allen, Va. Havmarket, Va. Midlothian, Va. Fairfax, Va. Phoenixville, Pa. Chesapeak, Va. Clinton, N.J. Martinsville, Va. Severna Park, Md. Blacksburg, Va. Newton, N.J. Herndon, Va. Chalfont, Pa. Blacksburg, Va. Filderstadt, Germany Barryville, Va. Springfield, Va. Ashburn, Va. Richmond, Va. Perkiomenville, Pa. Chesapeake, Va. Winchester, Va. Cape Elizabeth, Maine Glen Allen, Va. Abington, Pa. Richmond, Va. Broadlands, Va. Raleigh, N.C. Herndon, Va. Fairfax, Va. Uhingen, Germany Vienna, Va. Herndon, Va. Stockbridge, Ga. Karlovac, Coatia Chesapeake, Va. Yorktown, Va. Homburg, Germany Springfield, Va. Roanoke, Va.

**High School/Other** Henry Clay Potomac Senior Govenor Thomas Johnson Monacan Walter Johnson James W. Robinson Elizabeth Seton Deep Run Battlefield Midlothian Fairfax Villa Maria Academy Grassfield North Hunterdon Magna Vista Severna Park Blacksburg Pope John XXIII Oakton Central Bucks East Blacksburg Sportgymnasium Jena Clake County West Springfield Briar Woods Varina Boyertown Indian River John Handley Cape Elizabeth Deep Run Abington Senior Patrick Henry Briar Woods Cardinal Gibbons Chantilly Paul VI University of Stuttgart Thomas Jefferson Oakton Dutchtown Karlovac General Secondary Grassfield Tabb Gymnasium Johanneum West Springfield Patrick Henry

. . . . . . . . . . . . . . . .

#### Breakdown by state/country

Kentucky: 1 Croatia: 1 Georgia: 1 Germany: 3 Maine: 1 Maryland: 3 New Jersey: 2 North Carolina: 1 Pennsylvania: 4 Virginia: 30



2013 Virginia Tech Track & Field • Meet Notes • VT Invitational • 1/18-19/12



. . . . . . . . . . . . . . . . . .

## ACC Indoor Track & Field Leaders (2012 Final)

I



### Men

### Women

EventName, SchoolI60mKemar Hyman (Florida State)	Performance	EventName, SchoolPerformance60mStormy Kendrick (Clemson)*7.22
200m Maurice Mitchell (Florida State)		200m Dezerea Bryant (Clemson)* 23.26
400m Stephen Newbold (Florida State)*		400m Marlena Wesh (Clemson)*
800m Ryan Witt (Virginia Tech)	1:48.76	800m Tasha Stanley (North Carolina)
Mile Ryan Hill (NC State)*	3:58.33	Mile Morgane Gay (Virginia) 4:34.38
3,000m Ryan Hill (NC State)*		3,000m Amanda Winslow (Florida State)* 9:09.83
5,000m Mark Amirault (Virginia)*	14:03.01	5,000m Carly Seymour (Duke)* 16:21.42
60m H Devon Hill (Miami)	7.55	60m H Brianna Rollins (Clemson)*
4x400m Florida State	3:10.37	4x400m North Carolina
DMR Virginia		DMR Florida State
HJ Kris Kornegay-Gober (NC State)*	7-3.75 (2.23m)	HJAmina Smith (Maryland)*5-11.25 (1.81m)
PV Parker Smith (North Carolina)	· · ·	PVVictoria von Eynatten (Virginia Tech)14-4 (4.37m)
LJ Paul Madzivire (Florida State)*	· · ·	LJAmy Harris (Florida State)
TJ Marcus Robinson (Virginia)	```	TJ Michelle Jenije (Florida State)
SP Michael Putnam (Florida State)	63-0	SP Michelle Aumba (Duke)*
WT Marcel Lomnicky (Virginia Tech)		WTBrittney Waller (Clemson)*
Hep Curtis Beach (Duke)*	(23.05m) 6,138	Pen
* indicates returning athlete		* indicates returning athlete



### 2013 Virginia Tech Men's Indoor Track & Field Season-Best Performance List



<b>60m (School Record: 6.61, Ke</b> Athlete	e <b>ith Ricks, 2</b> 0 Year	<b>012)</b> Time	Meet		Meet Date
200m (School Record: 21.16, Athlete	<b>Andre Davi</b> Year	<b>s, 2000)</b> Time	Meet		Meet Date
300m (School Record: 34.05, Athlete	<b>Jonathan N</b> Year	<b>lcCants, 2012</b> ) Time	Meet		Meet Date
400m (School Record: 47.91, Athlete	<b>Jordan Pric</b> Year	<b>e, 2006)</b> Time	Meet		Meet Date
600m (School Record: 1:19.2 Athlete	<b>4, Ryan Wit</b> t Year	t <b>, 2012)</b> Time	Meet		Meet Date
800m (School Record: 1:48.7 Athlete	<b>6, Ryan Wit</b> t Year	t <b>, 2012;)</b> Time	Meet		Meet Date
1,000m (School Record: 2:21 Athlete	<b>.92, Gary Co</b> Year	<b>bbb, 1987)</b> Time	Meet		Meet Date
1 Mile (School Record: 3:58.4 Athlete	<b>1, Michael I</b> Year	<b>Hammond, 20</b> Time	<b>11;</b> Meet		Meet Date
3,000m (School Record: 7:56 Athlete	<b>.58, Will Mu</b> Year	<b>lherin, 2011)</b> Time	Meet		Meet Date
5,000m (School Record: 14:0 Athlete	<b>2.0, Tim Cov</b> Year	<b>rington, 1989</b> ) Time	Meet		Meet Date
60m Hurdles (School Record: Athlete	<b>: 7.81, Jeff A</b> Year	<b>rtis-Gray, 201</b> Time	<b>2)</b> Meet		Meet Date
<b>4x400m (School Record: 3:11</b> Time	I <b>.50, Stith, V</b> Athletes	Valker, Sangba	<b>ana, Davis,</b> 1 Meet	1999	Meet Date
4,000m Distance Medley (Scl Time	h <b>ool Record</b> Athletes	: 9:30.24, Jude	<b>ge, Vaughn,</b> Meet	Witt, Berlin, 2009)	Meet Date
High Jump (School Record: 7 Athlete	<b>'3.25", 2.22ı</b> Year		<b>:k, 2012)</b> Metric	Meet	Meet Date
<b>Pole Vault (School Record: 18</b> Athlete Chris Uhle	<b>3'2.5", 5.55n</b> Year SO-2	<b>n, Yavgeniy Ol</b> English 15'9″	<b>hovsky, 200</b> Metric 4.80m	<b>9)</b> Meet Liberty Kickoff	Meet Date 11/30/12-12/1/12
Long Jump (School Record: 2 Athlete	2 <b>5'3", 7.70m</b> Year	<b>, Ken Stewart,</b> English	<b>1984)</b> Metric	Meet	Meet Date
Triple Jump (School Record: Athlete	<b>53'6.5", 16.</b> 3 Year	<b>32m, Hasheem</b> English	Halim, 201 Metric	2) Meet	Meet Date
Shot Put (School Record: 62' Athlete	1 <b>1.25", 19.1</b> Year	<b>8m, Justin Clic</b> English	<b>kett, 2007)</b> Metric	Meet	Meet Date
Weight Throw (School Record Athlete	<b>d: 77'10.25"</b> Year	, <b>23.73m, Spyr</b> English	<b>idon Jullier</b> Metric	<b>n, 2006)</b> Meet	Meet Date
Heptathlon (School Record: S Athlete Scott Campbell	<b>5,282 points</b> Year JR-3	<b>5, Rene Stauss</b> , Points 4,959	, <b>2011)</b> Meet Liberty Kic	koff	Meet Date 11/30/12-12/1/12

(will not count towards official school records or all-time performance lists) <b>400m</b>						
Athlete	Year	Time	Meet		Meet Date	
<b>500m</b> Athlete	Year	Time	Meet		Meet Date	
<b>600m</b> Athlete	Year	Time	Meet		Meet Date	
<b>800m</b> Athlete	Year	Time	Meet		Meet Date	
<b>1,000m</b> Athlete	Year	Time	Meet		Meet Date	
<b>1 Mile</b> Athlete	Year	Time	Meet		Meet Date	
<b>3,000m</b> Athlete	Year	Time	Meet		Meet Date	
<b>5,000m</b> Athlete	Year	Time	Meet		Meet Date	
<b>Pole Vault</b> Athlete <i>Brad Johnson</i>	Year FR-1	English 15'9″	Metric 4.80m	Meet Liberty Kickoff	Meet Date 11/30/12-12/1	/12

### 2013 Virginia Tech Women's Indoor Track & Field Season-Best Performance List



5						
60m (School Record: 7.26, Fu Athlete	<b>nmi Alabi, 2</b> Year	<b>2011)</b> Time	Meet		Meet Date	
200m (School Record: 23.62, Athlete	<b>Britni Spru</b> i Year	<b>ill, 2008)</b> Time	Meet		Meet Date	
300m (School Record: 37.93, Athlete	<b>Britni Spru</b> i Year	<b>ill, 2008)</b> Time	Meet		Meet Date	
400m (School Record: 53.06, Athlete	<b>Queen Harı</b> Year	<b>rison, 2010)</b> Time	Meet		Meet Date	
500m (School Record: 1:11.49 Athlete	<b>9, Asia Wasł</b> Year	<b>nington, 2010</b> ) Time	Meet		Meet Date	
600m (School Record: 1:30.9) Athlete	<b>9, Frances D</b> Year	<b>lowd, 2012)</b> Time	Meet		Meet Date	
800m (School Record: 2:05.1) Athlete	<b>8, Frances D</b> Year	<b>lowd, 2012)</b> Time	Meet		Meet Date	
1,000m (School Record: 2:47. Athlete	. <b>07, Tasmin</b> Year	Fanning, 2008 Time	<b>3)</b> Meet		Meet Date	
1 Mile (School Record: 4:40.3 Athlete	<b>1, Natalie S</b> Year	<b>herbak, 2009)</b> Time	Meet		Meet Date	
<b>3,000m (School Record: 9:01</b> . Athlete	. <b>57, Tasmin</b> Year	Fanning, 2008 Time	<b>3)</b> Meet		Meet Date	
5,000m (School Record: 16:2: Athlete	<b>3.51, Natali</b> Year	<b>e Sherbak, 200</b> Time	<b>)9)</b> Meet		Meet Date	
60m Hurdles (School Record: Athlete	<b>7.94, Quee</b> Year	<b>n Harrison, 20</b> Time	<b>10)</b> Meet		Meet Date	
<b>4x400m (School Record: 3:38</b> Time	<b>3.16, Washin</b> Athletes	igton, Boone, <sup>v</sup>	<b>Woodford,</b> Meet	Amegashie, 2011)	Meet Date	
4 000m Distance Medley (Sch	and Pacard	. 11.10 0/   E	anning C (	Green, Washington, T. Fanning, 200	17)	
Time	Athletes		Meet		Meet Date	
Pole Vault (School Record: 14	4″, 4.37m, `	Victoria von Ey	ynatten, 20	12)		
Athlete	Year	English	Metric	Meet	Meet Date	
Leigh Allin	JR-3	12'1.5″	3.70m	Liberty Kickoff	11/30/12-12/1/12	
Elizabeth Powell	SO-2	11'3.75″	3.45m	Liberty Kickoff	11/30/12-12/1/12	
Lyndsey Saunders	SO-2	11'3.75″	3.45m	Liberty Kickoff	11/30/12-12/1/12	
Shot Put (School Record: 54'9	9.5″, 16.70m		or, 2008)			
Athlete	Year	English	Metric	Meet	Meet Date	
<b>Unattached Season-Best Performances</b> (will not count towards official school records or all-time performance lists) <b>600m</b>						
Athlete	Year	Time	Meet		Meet Date	
000						
<b>800m</b> Athlete	Year	Time	Meet		Meet Date	
<b>1000m</b> Athlete	Year	Time	Meet		Meet Date	

Athlete	Year	Time	Meet		Meet Date
<b>3,000m</b> Athlete	Year	Time	Meet		Meet Date
Pole Vault Athlete Grace Giampietro	Year FR-1	English <i>11′3.75″</i>	Metric 3.45m	Meet Liberty Kickoff	Meet Date 11/30/12-12/1/12
Shot Put Athlete	Year	English	Metric	Meet	Meet Date