2012 Virginia Tech Track & Field

Meet Notes #11



2012 NCAA Men's and Women's Outdoor Track & Field Championships

Meet Information:

June 6-9 • Drake Stadium • Des Moines, Iowa • Host: Drake

Live Results: http://flashresults.com/

TV: ESPN3.com (Thursday, Friday, Saturday) • ESPNU (Saturday, 12 noon CDT)

Live Streaming: http://www.ncaa.com/liveschedule (all days)

Meet Coverage: http://www.godrakebulldogs.com/ • www.flotrack.org • http://www.ncaa.com/sports/trackfield-outdoor-men/d1

2012 Indoor Schedule

Date Meet at Liberty Kickoff 12/2-3 1/13-14 **VT Invite** 1/20-21 **Hokie Invite VT Elite Meet** 2/3-4 at SPIRE Division I Collegiate Invite 2/10-11 (Geneva, Ohio) 2/17-18 **VT Challenge** 2/23-25 at ACC Indoor Championship

(Host: Boston College; Boston, Mass.)

3/3 **VT Final Oualifier**

3/3 at Notre Dame Alex Wilson Invite 3/9-10 at NCAA Indoor Championship (Host: Boise State; Nampa, Idaho)

2012 Outdoor Schedule

l	20	12 Outdoor Strieddie
	Date	Meet
	3/16-17	at Miami Hurricane Invite
	3/23-24	at Central Florida Invite
	3/30-31	at Georgia Tech Yellow Jacket Invite
	3/30-31	at NC State Raleigh Relays
	3/31	at Texas Relays
	4/6-7	at Florida Relays
	4/6-7	at William & Mary Colonial Relays
	4/12-14	at Tennessee Sea Ray Relays
	4/14	at Furman Invitational
	4/19-21	at ACC Outdoor Championship
		(Host: Virginia; Charlottesville, Va.)
	4/26-28	at Penn Relays
	4/27-28	at Radford Highlander Invite
	4/28	at Cal Brutus Hamilton Invite
	4/29	at Stanford Payton Jordan Invite
	5/5	at Clemson Bob Pollock Invite
L	5/6	at Duke Twilight
	5/10	at Roanoke Twilight
	5/11-12	at Clemson Tiger Qualifier
	5/13	at NC State Wolfpack Last Chance
L	5/13	at NC A&T Aggie Classic
	5/24-26	at NCAA East Preliminary Round (Host: North Florida; Jacksonville, Fla.
	6/6-9	at NCAA Outdoor Championship (Host: Drake; Des Moines, Iowa)

Bold -- denotes home indoor meet held at Rector Field House on campus

PREVIEWING THE NCAA CHAMPIONSHIP ...

• 16 Virginia Tech student-athletes will represent the Hokies at the 2012 NCAA Outdoor Track & Field Championship at Drake University in Des Moines, Iowa from June 6-9. 13 men and three women will represent the Hokies on the national stage. Tech's 14 total entries (including relays) on the men's side ranks second most in the field, behind only LSU (17). The Hokie men enter the NCAA Championship ranked No. 8 in the latest USTFCCCA computer rankings. Tech's men finished a program-best tied for eighth at this year's NCAA Indoor Championship and placed a program-best fifth at last year's outdoor championship.

RECAPPING THE NCAA EAST PRELIMS ...

• The Hokies enjoyed a successful weekend at the NCAA East Preliminary Round in Jacksonville as 16 individuals qualified for the NCAA Outdoor Track & Field Championship. 15 individuals will compete in 16 events as Keith Ricks (100 meters and 200 meters) is the lone Hokie to qualify in multiple individual events. The men also qualified the 4x100 meter relay to nationals as three members of that quartet - Darrell Wesh (100 meters), Jeff Artis-Gray (long jump) and Ricks will also participate in individual

• Wesh (100 meters), Ricks (200 meters), Artis-Gray (long jump) and Sammy Dow (3000 meter steeplechase) all set school records. Artis-Gray broke the longest standing school record in Tech's record books as he leaped 24-11.25 (7.60m) in the long jump to better Jerry Gaines' record of 24-10 (7.57m) that was set in 1971. Ronnie Black (high jump) and Hunter Hall (pole vault) both earned first place finishes for the Hokies at the East Prelims.

SCHOOL RECORDS ...

• Here's a look members of the Tech track & field team who have broken school records in 2012 (outdoors only):

Men

Darrell Wesh, 100m, 10.18 Keith Ricks, 200m, 20.45 Michael Hammond, 1500m, 3:39.22 Michael Hammond, Mile, 3:58.91 Will Mulherin, 5000m, 13:41.06 Ronnie Black, HJ, 7-3 (2.21m) Jeff Artis-Gray, LJ, 24-11.25 (7.60m) 4x100m: Jeff Artis-Gray, Darrell Wesh, Jonathan McCants, Keith Ricks, 39.95 4x400m: Jonathan McCants, Jeff Artis-Gray, Eric Hoepker, Keith Ricks, 3:09.95

Women

Sammy Dow, 3000m SC, 10:03.37 Martina Schultze, PV, 14-1.25 (4.30m) 4x800m: Katarina Smiljanec, Amanda Smith, Frances Dowd, Paige Kvartunas, 8:47.76

MEDIA INFORMATION

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Virginia Tech Quick Facts

GENERAL

Location	Blacksburg, Va.
Enrollment	31,000
Founded	1872
Colors	Chicago maroon and burnt orange
Nickname	Hokies
Conference	Atlantic Coast
President	Charles W. Steger
Director of Athletics	Jim Weaver
Home Facilities	Rector Field House (Indoor)
	Johnson-Miller Track Complex (Outdoor)
Athletics Website	www.hokiesports.com
Track & Field Website	ewww.hokiesports.com/track
Track & Field Twitter	www.twitter.com/VT_Track
Athletics Facebook	www.facebook.com/hokiesports

COACHING STAFF

Director of Track & Field and Cross Country	Dave Cianelli
Alma Mater, YearBowling Green State	University, 1977
Overall Year	27th
Year at Virginia Tech	11th
Cianelli Office Phone	(540) 231-3094
Cianelli E-mail	dcianell@vt.edu
Associate Head Coach/Throws	Greg Jack
Head XC/Distance	Ben Thomas
Sprints/Jumps/Hurdles	Charles Foster
Pole Vault	Bob Phillips
Assistant XC/DistanceJ	en McGranahan
Technical Director	Stacey Vidt

HISTORY

Men's ACC Indoor Titles	1 (2011)
Men's NCAA Indoor Times Placed	, ,
Men's NCAA Indoor Best Finish	
Women's ACC Indoor Titles	
Women's NCAA Indoor Times Placed	8
Women's NCAA Indoor Best Finish	10th, 2010
Men's ACC Outdoor Titles	1 (2012)
Men's NCAA Outdoor Times Placed	14
Men's NCAA Outdoor Best Finish	5th, 2011
Women's ACC Outdoor Titles	2 (2007-08)
Women's NCAA Outdoor Times Placed	11
Women's NCAA Outdoor Best Finish	5th, 2010
Individual National Champions	11

TEAM REVIEW

2012 Men's ACC Finish (Indoor/Outdoor)	2nd/1st
2012 Women's ACC Finish (Indoor/Outdoor)	.5th/t-4th
2012 Men's NCAA Finish (Indoor/Outdoor)	t-8th/-
2012 Women's NCAA Finish (Indoor/Outdoor)	54th/-

Tech's NCAA Championship Qualifiers

Men

Name, Event	East Prelim Performance	e Season Best
Keith Ricks, 100m	10.23	10.21
Darrell Wesh, 100m	10.18	10.18
Keith Ricks, 200m	20.45	20.45
Michael Hammond, 1500m	3:46.31	3:39.22
Will Mulherin, 5000m	14:17.45	13:41.06
Ronnie Black, High Jump	7-2.25 (2.19m)	7-3 (2.21m)
Hunter Hall, Pole Vault	17-5.5 (5.32m)	17-8.5 (5.40m)
Joe Davis, Pole Vault	17-5.5 (5.32m)	17-5.5 (5.32m)
Jeff Artis-Gray, Long Jump	24-11.25 (7.60m)	24-11.25 (7.60m)
Hasheem Halim, Triple Jump.	51-3.5 (15.63m)	53-1 (16.18m)
Alexander Ziegler, Hammer T	hrow. 230-1 (70.13m)	240-1 (73.17m)
Denis Mahmic, Hammer Thro	w 207-3 (63.17m)	208-0 (63.39m)
Matthias Treff, Javelin Throw.	240-10 (73.41m)	245-0 (74.68m)
Jeff Artis-Gray, Darrell Wesh,	Jonathan McCants, Keith R	ticks
4x100m Relay	40.07	39.95

Women

Name, Event	East Prelim Performance .	Season Best
Sammy Dow, 3000m SC	10:03.37	10:03.37
Martina Schultze, Pole Vault	13-5.25 (4.10m)	14-1.25 (4.30m)
Valentina Muzaric, Shot Put	53-7 (16.33m)	.55-2.25 (16.82m)

RECAPPING THE ACC CHAMPIONSHIPS...

- The men held off seven-time defending champion Florida State to win their first ever ACC Outdoor title, while the women tied for fourth at the ACC Outdoor Championships at Lannigan Field in Charlottesville, Va. on April 19-21.
- The Hokie men scored 153.5 points, bettering FSU by 4.5 points. The women had 74 points and tied for fourth with Duke, just one point out of third.
- Seven Hokies five men and two women won ACC individual titles. Will Mulherin (5000 meters), Jason Cusack (3000 meter steeplechase), Hunter Hall (pole vault), Alexander Ziegler (hammer throw) and Matthias Treff (javelin) were the men's winners, while Annjulie Vester (hammer throw) and Martina Schultze (pole vault) were victorious for the women. Treff and Mulherin became three-time ACC Outdoor champions in their event and Treff set an ACC meet record.
- The men's pole vault crew swept the podium with Hunter Hall, Joe Davis and Mike Miller going 1-2-3. Chris Uhle also scored for the Hokies, with his seventh place finish. The event was a turning point in the meet as Tech out-scored Florida State, 26-3, and obtained a lead they would not relinquish.
- Dave Cianelli was named the ACC Men's Outdoor Track & Field Coach of the Year, the seventh time in his career he has won a conference coaching award.
- In addition to the seven ACC champs, All-ACC (top-3) performances were turned in by Darrell Wesh (100 meters), Keith Ricks (200 meters), Michael Hammond (1500 meters), Chris Walizer (1500 meters), Joe Davis (pole vault), Mike Miller (pole vault), Jeff Artis-Gray (long jump), Hasheem Halim (triple jump), Denis Mahmic (hammer throw), Yvonne Amegashie (400 meters), Victoria von Eynatten (pole vault) and Valentina Muzaric (shot put).

2012 Virginia Tech Track & Field • Meet Notes #11 at NCAA Outdoor Championship • 6/6-9/12

Director of Track & Field and Cross Country Dave Cianelli

THE CIANELLI FILE

Virginia Tech (2001-Present)

- · 11 NCAA individual champions, the first in Virginia Tech history
- · 109 All-Americans
- · Two NCAA East Region team championships
- · Five ACC team championships
- · 90 ACC individual champions
- · Twelve BIG EAST conference champions
- · 2010 Bowerman Award winner, Queen Harrison
- Had 20 athletes earn All-America performances in 2011, the most in his coaching tenure
- · 2012 USTFCCCA Men's Indoor Southeast Region Coach of the Year
- · 2011 USTFCCCA Men's Indoor and Outdoor Southeast Region Coach of the Year
- · 2011 ACC Men's Indoor Coach of the Year
- · 2010 ACC Men's Outdoor Coach of the Year
- · 2007 and 2008 ACC Women's Indoor, Outdoor and East Region Coach of the Year

Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 1995 men's and women's Southwest Conference cross country champions
- · Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

Cal-Poly San Luis Obispo (1985-1988)

- · 1985-87 NCAA Division II women's cross country champion
- · 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- · 1985-88 CCAA women's outdoor track conference champion
- · Individual achievements include one NCAA Division II Champion and 13 All-Americans

By The Numbers (Career)

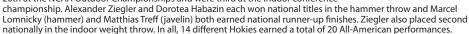
245 All-Americans · 187 Conference champions · 98 Percent graduation rate at Virginia Tech · 39 NCAA champions · 149 School records at Virginia Tech · 23 Olympic and World championship qualifiers · 20 Top-10 women's NCAA finishes · 15 Top-10 men's NCAA finishes · 3 NCAA Division II cross country national championships · 3 NCAA Division II outdoor track runners-up

Note: Numbers correct prior to 2012 outdoor track & field season

In his 11th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 11 NCAA individual titles, 109 NCAA All-America performances and 90 conference titles. In addition, Hokie teams have finished in the national top-10 six times and the national top-20 18 times since 2005.

NCAA, REGIONAL AND ACC SUCCESS

The 2011 Hokies continued to demonstrate why they are one of the nation's elite track & field programs. The men's team fifth-place finish at the NCAA Outdoor Championships was the highest in program history and matched the finish of the 2010 women's outdoor squad. The men also placed 15th at the NCAA Indoor Championships, won their first-ever ACC Indoor crown and placed second in the conference outdoors. The women finished 20th at the NCAA Outdoor Championships and were third at the indoor conference



USA AND INTERNATIONAL SUCCESS

In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Bimbo Coles who represented the United States in basketball in 1988.

COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. This past season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Indoor Coach of the Year for leading the Hokies to their first-ever ACC Indoor title.

Last year, he was named the 2010 ACC Men's Outdoor Coach of the Year. In 2008, he won the ACC Women's Indoor, ACC Women's Outdoor and East Region Women's Coach of the Year honors for the second straight year. Cianelli also won his second consecutive USTFCCCA Women's Indoor Southeast Region Coach of the Year honor in 2008.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack was named the USTFCCCA's Men's Outdoor Regional Coach of the Year for the second year in a row in 2011. Jack was also named Men's Indoor Regional Coach of the Year in 2010 and National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 10 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former All-SEC runner Jen McGranahan. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.





Virginia Tech's NCAA Championship Roster

Men				
Name	Class	Events	Hometown	High School/Other
Jeff Artis-Gray	Jr.	Long Jump; 4x100m Relay	Chesapeake, Va.	Western Branch
Ronnie Black	Jr.	High Jump	Newport News, Va.	Menchville
Joe Davis	r-Sr.	Pole Vault	Sarasota, Fla.	Riverview
Hasheem Halim	Sr.	Triple Jump	Lilburn, Ga.	Berkmar
Hunter Hall	r-Sr.	Pole Vault	Fort Wayne, Ind.	Homestead
Michael Hammond	Sr.	1500m	Midlothian, Va.	Midlothian
Denis Mahmic	Jr.	Hammer Throw	Zagreb, Croatia	Railway Technical School
Jonathan McCants	Jr.	4x100m	Alexandria, Va.	West Potomac
Will Mulherin	Sr.	5000m	Yorktown, Va.	Tabb
Keith Ricks	Sr.	100m; 200m; 4x100m Relay	Suffolk, Va.	King's Fork
Matthias Treff	r-Jr.	Javelin Throw	Burgthann, Germany	Sportgymnasium Halle
Darrell Wesh	So.	100m; 4x100m Relay	Virginia Beach, Va.	Landstown
Alexander Ziegler	Jr.	Hammer Throw	Dischingen, Germany	Schiller Gym Heidenheim

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Name	ame Class Events		Hometown	High School/Other	
Sammy Dow	r-Jr.	3000m Steeplechase	Midlothian, Va.	Midlothian	
Valentina Muzaric	Fr.	Shot Put	Velika Gorica, Croatia	Gimnazija Zagreb	
Martina Schultze	Fr.	Pole Vault	Uhingen, Germany	University of Stuttgart	

Pronunciation guide:

HASHEEM HALIM: Ha-she-eem Ha-leem Denis MAHMIC: Mah-mitch Will MULHERIN: Mull-hair-in Valentina MUZARIC: Mu-zar-itch Martina SCHULTZE: Schult-zay

MATTHIAS Treff: Ma-T-us

Coaching Staff (Men's and Women's)

Director of Track & Field and Cross Country: Dave Cianelli Associate Head Men's Track & Field Coach/Throws Coach: Greg Jack

Sprints, Hurdles & Jumps Coach: Charles Foster Head Cross Country/Distance Coach: Ben Thomas

Assistant Cross Country/Distance Coach: Jennifer McGranahan

Pole Vault Coach: Bob Phillips Technical Director: Stacey Vidt

Breakdown of the Hokies Qualifiers:

Men: 13 Women: 3 All-Americans: 10

Previous NCAA Outdoor Qualifiers: 12

Individual Events:

Men: 13 Women: 3

Relays:

Men: 1

By Class (includes redshirts):

Freshmen: 2 Sophomores: 1 Juniors: 7 Seniors: 6

By Event Group:

Sprints/Hurdles: 3 Jumps: 3 Mid-Distance: 1 Distance: 2 Throws: 4 Pole Vault: 3

By Home State/Country:

United States (11): Florida: 1 Georgia: 1 Indiana: 1 Virginia: 8

International (5): Germany: 3 Croatia: 2



Virginia Tech's NCAA Championship Qualifiers

Jeff Artis-Gray Long Jump; 4x100m relay Junior Chesapeake, Va. Western Branch

2012 ACC Outdoor runner-up (LJ) 2011 NCAA Outdoor: 18th place (LJ) 3x All-ACC performer (LJ)

2012 Outdoor: Qualified for the NCAA

Championship in the long jump with a school record mark of 24-11.25 (7.60m) at the NCAA East Prelims ... Bettered Jerry Gaines' long jump record that was set in 1971 and thus broke the longest standing record in the Tech record books ... Also competed in the 110 meter hurdles at the East Prelims and ran a wind-aided personal best 13.83 in the first round, while also qualifying for nationals as the led off leg of the 4x100 meter relay (40.07) ... Notched a legal PR of 14.00 in the 110 meter hurdles at the NC A&T Aggie Classic ... Led off the second place and school record setting 4x100 meter relay (39.95) at the ACC Championship ... Earned All-ACC honors in the long jump with a runnerup finish (24-8.5, 7.53m) ... Ran the second leg on the school record setting 4x400 meter relay (3:09.95) at the Florida Relays ... Won the university section of the long jump at the Florida Relays (24-9, 7.54m).

Artis-Gray's Collegiate Track & Field Bests

Indoor

60m H: 7.81-SR 110m H: 14.00 (13.83w) LJ: 24-9 (7.54m) LJ: 24-11.25 (7.60m) - SR

w - denotes wind aided

Ronnie Black

High Jump Junior Newport News, Va. Menchville.

2x All-American 2012 NCAA Indoor: 13th place 2011 NCAA Outdoor: 7th place 2x All-ACC

2012 Outdoor: Won the high jump at the NCAA East Prelims with a mark of 7-2.25 (2.19m) ... Reset his own school record in the high jump with a winning mark of 7-3 (2.21m) at the NC A&T Aggie Classic ... Won the high jump in his season debut at the Yellow Jacket Invitational (6-11, 2.11m) ... Cleared 6-11.5 (2.12m) at the Penn Relays and 6-8.75 (2.05m) at the ACC Championship.

Black's Collegiate Track & Field Bests

Indoor Outdoor HJ: 7-3.25 (2.22m)-SR HJ: 7-3 (2.21m)-SR



Joe Davis Pole Vault r-Senior Sarasota, Fla. Riverview

2011 and 2012 ACC Outdoor runner-up 2011 Outdoor All-American: 8th place

2012 Outdoor: Notched an outdoor personal best mark of 17-5.5 (5.32m) at the NCAA East

Prelims to tie for sixth place ... Finished runner-up in the pole vault at the ACC Championships with a mark of 17-4.5 (5.30m), helping the Hokies sweep the podium in the event ... Won the pole vault at the NC A&T Aggie Classic (16-8, 5.08m) ... Runner-up at Clemson's Bob Pollock Invite (17-3, 5.26m) ... Cleared 17-4.5 (5.30m) to finish eighth at the Texas Relays ... Placed fifth at Tennessee's Sea Ray Relays (17-0.75, 5.20m).

Davis' Collegiate Track & Field Bests

PV: 17-7 (5.36m) PV: 17-5.5 (5.32m)



3000m steeplechase Midlothian, Va.

2011 NCAA Championship qualifier (3000m SC)

2012 Outdoor: Has reset her own school record in the 3000 meter steeplechase on three occasions during the season ... Most recently reset her own record as she qualified for the NCAA Championship in the steeplechase at the NCAA East Prelims (10:03.37), after finishing second in her heat and fifth overall ... Finished fourth in the 3000 meter steeplechase at the ACC Championship with a then school record 10:07.99 ... Initially reset her own school record in the steeplechase with a runner-up finish at the Colonial Relays (10:15.91) ... Opened her season with a personal best in the 5000 meters at the Raleigh Relays (16:17.43) ... Notched a personal best 1500 meter time of 4:24.50 at Stanford's Payton Jordan Invite ... Was fourth at NC State's Wolfpack Last Chance in the 800 meters in a personal best 2:06.87 ... Won the 1500 meters at the Roanoke Twilight (4:25.34).

Dow's Collegiate Track & Field Bests

Indoor Outdoor 800m: 2:11.52 800m: 2:06.87 1500m: 4:24.50 Mile: 4:51.73 3000m: 9:40.65 3000m SC: 10:03.37-SR

5000m: 16:17.43





Virginia Tech's NCAA East Preliminary Qualifiers

Hasheem Halim

Triple Jump Senior Lilburn, Ga. Berkmar

Triple Jump: 3x All-American

2012 NCAA Indoor: 3rd place 2011 NCAA Outdoor: 4th place 2011 NCAA Indoor: 15th place 2010 NCAA Indoor: 10th place 2011 ACC Outdoor Champion 6x All-ACC; 3x ACC Indoor runner-up



2012 Outdoor: Earned All-ACC honors in the triple jump with a third place finish at the ACC Championship (53-1, 16.18m) ... Also turned in a fifth place showing in the long jump at the ACC Meet (24-4.25, 7.42m) ... Notched a mark of 51-3.5 (15.63m) in the triple jump at the NCAA East Prelims to place eighth and qualify for nationals ... Won the triple jump at the NC A&T Aggie Classic (51-6.5, 15.71m) ... Took fifth in the triple jump at the Florida Relays (51-10, 15.80m) ... Won the long jump with a personal best leap of 24-5 (7.44m) and led off the then school record setting 4x100 meter relay (40.11) at the UCF Invitational.

Halim's Collegiate Track & Field Bests

Outdoor LJ: 23-11 (7.29m) LJ: 24-5 (7.44m) TJ: 53-6.5 (16.32m)-SR TJ: 53-3.75 (16.25m)

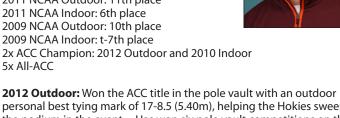
Hunter Hall

Pole Vault r-Senior Fort Wayne, Ind. Homestead

4x All-American 2011 NCAA Outdoor: 11th place

2009 NCAA Outdoor: 10th place 2009 NCAA Indoor: t-7th place

2x ACC Champion: 2012 Outdoor and 2010 Indoor



personal best tying mark of 17-8.5 (5.40m), helping the Hokies sweep the podium in the event ... Has won six pole vault competitions on the season, including the NCAA East Preliminary (17-5.5, 5.32m), where he tied for top honors ... Also won at the UCF Invite (17-4.5, 5.30m), Radford Invite (16-6.75, 5.05m), Clemson's Bob Pollock Invite (17-3, 5.26m) and Clemson's Tiger Qualifier (16-8.75, 5.10m) ... Runner-up at Tennessee's Sea Ray Relays (17-4.5, 5.30m) and sixth at the Texas Relays (17-4.5, 5.30m).

Hall's Collegiate Track & Field Bests

Indoor Outdoor PV: 17-9.25 (5.42m) PV: 17-8.5 (5.40m)



1500 meters Senior Midlothian, Va. Midlothian

2x All-American; 5x All-ACC (track); 1x All-ACC (XC) 2011 NCAA Outdoor: 14th place (1500m) 2011 NCAA Indoor: 7th place (mile) 2010 and 2011 ACC Indoor Champion (mile)



2012 Outdoor: Set the school record in the 1500 meters at the Payton Jordan Invitational (3:39.22) ... Bettered Gary Cobb's record (3:39.35) that had stood since 1987 ... Set the Tech record in the mile at the Roanoke Twilight (3:58.91), thus becoming the first man in Tech history to go under four minutes outdoors ... Runner-up in the 1500 meters at the ACC Championship (3:41.50) ... Qualified for the NCAA Championship in the 1500 meters with a time of 3:46.31 at the NCAA East Prelims ... Won the 800 meters at NC State's Wolfpack Last Chance with a season best 1:49.67 ... Finished fourth in the 5000 meters at the Raleigh Relays with a personal best 13:58.75 ... Runner-up in the 1500 meters at the Colonial Relays (3:45.33), while anchoring the winning 4x800 meter relay (7:32.42).

Hammond's Collegiate Track & Field Bests

Indoor Outdoor 800m: 1:49.07 800m: 1:51.34 1500m: 3:39.22-SR Mile: 3:58.41-SR 3000m: 8:07.35 Mile: 3:58.91-SR 5000m: 13:58.75

Denis Mahmic

Hammer Throw Junior Zagreb, Croatia Railway Technical School

2012 ACC runner-up (hammer) 2011 Outdoor All-American: 14th place 3x ACC third place: 2011 and 2012 weight, 2011 hammer 4x All-ACC



2012 Outdoor: Runner-up in the hammer throw at the ACC Championship (208-0, 63.39m) ... Qualified for the NCAA Championship with a mark of 207-3 (63.17m) on his final toss at the NCAA East Prelims to finish 11th... Placed third at Clemson's Tiger Qualifier (199-7, 60.84m) and at the UCF Invite (199-4, 60.75m) ... Seventh at the Florida Relays (203-9, 62.10m).

Mahmic's Collegiate Track & Field Bests

Indoor Outdoor WT: 67-5.25 (20.55m) HT: 208-4 (63.51m)



Virginia Tech's NCAA Championship Qualifiers

Jonathan McCants

4x100m relay Junior Alexandria, Va. West Potomac

School record holder: Indoor 300m, Outdoor 4x100m and 4x400m relays

2012 Outdoor: Ran on the NCAA qualifying 4x100 meter relay at the East Prelims (40.07) ...

Also competed in the 200 meters (21.45) at the East Prelims ... Ran the third leg on the second place and school record setting 4x100 meter relay (39.95) at the ACC Championship ... Led off the school record setting 4x400 meter relay (3:09.95) at the Florida Relays ... Runnerup in the 200 meters at the Aggie Classic in a personal best 21.07 ... Took seventh in the 200 meters at the ACC Championship (21.90) after running 21.41 in the prelims ... Clocked a season best in the 400 meters (49.35) at the Miami Hurricane Invite.

McCants' Collegiate Track & Field Bests

Indoor Outdoor 200m: 21.40 200m: 21.07 300m: 34.05-SR 400m: 48.24

400m: 48.50



Valentina Muzaric

Shot Put Freshman Velika Gorica, Croatia Gimnazija Zagreb

2012 ACC Outdoor third place

2012 Outdoor: Earned All-ACC honors with a third place finish in the shot put at the ACC Championship (52-11, 16.13m) ... Qualified for

the NCAA Championship with a sixth place finish at the NCAA East Prelims (53-7, 16.33m) ... Won the shot put at the Florida Relays with a season best effort of 55-2.25 (16.82m) ... Runner-up at Clemson's Tiger Qualifier (53-6.5, 16.32m) ... Took third at the UCF Invite (53-8.25, 16.36m) in her Virginia Tech debut after redshirting the indoor

Muzaric's Collegiate Track & Field Bests

Outdoor

SP: 55-2.25 (16.82m)

Will Mulherin

5000 meters Senior Yorktown, Va. Tabb

2x All-American 2011 NCAA XC: 30th place 2010 Outdoor NCAA: 5th place (5000m) 3x ACC Champion (Outdoor 5000m) 5x All-ACC (track); 2x All-ACC (XC)



2012 Outdoor: Won his third ACC championship in the 5000 meters (14:03.26), thus becoming the first man in ACC history accomplish that feat outdoors ... Was named the Atlantic Coast Conference Men's Performer of the Week on April 3 after winning the 5000 meters at the Raleigh Relays, resetting his own school record with a time of 13:49.95 ... Reset his school record in the 5k again at the Payton Jordan Invitational (13:41.06) ... Won his heat of the 5000 meters at the NCAA East Prelims (14:17.45) ... Turned in a 4:00.52 mile at the Roanoke Twilight to place third ... Ran the 1600m leg on the winning distance medley relay at the Colonial Relays (9:52.46) ... Was also seventh in the 1500 meters at Colonial (3:47.36).

Mulherin's Collegiate Track & Field Bests

Indoor Outdoor
Mile: 4:03.43 Mile: 4:00.52
3000m: 7:56.58-SR 5000m: 13:41.06-SR

Keith Ricks

100m; 200m; 4x100m relay Senior Suffolk, Va. King's Fork

2012 Indoor All-American: 12th place (60m) 3x All-ACC

2012 Outdoor: Reset his own school record twice in as many days in the 200 meters at the

NCAA East Prelims, running 20.46 in the first round then 20.45 in the quarterfinals ... Also qualified for nationals in the 100 meters (10.23) and as the anchor of the 4x100m relay (40.07) at the East Prelims ... Ran a then school record in the 100 meters (10.21) in the prelims at the ACC Championship, before finishing fourth in the final (10.29) ... Anchored the school record setting and second place 4x100 meter relay (39.95) at the ACC Championship, while also earning All-ACC honors in the 200 meters with a third place finish (20.82) ... Named the ACC Men's Track & Field Performer of the Week on March 27 after setting three school records (at the time) at the UCF Invite on March 24 - in the 100 meters (10.22), 200 meters (20.75) and as the anchor of the 4x100 meter relay (40.11) ... Broke André Davis' records in the 100 and 200 meters set in 1999 at the UCF Invite ... Anchored the school record setting 4x400 meter relay (3:09.95) at the Florida Relays.



Indoor Outdoor 60m: 6.61-SR 100m: 10.21 200m: 21.26 200m: 20.45-SR



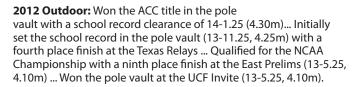


Virginia Tech's NCAA Championship Qualifiers

Martina Schultze

Pole Vault Freshman Uhingen, Germany University of Stuttgart

2012 ACC Outdoor Champion 2012 Indoor All-American: 7th place 2012 ACC Indoor runner-up



Schultze's Collegiate Track & Field Bests

Indoor Outdoor PV: 14-1.75 (4.31m) PV: 14-1.25 (4.30m)-SR



100m; 4x100m relay Virginia Beach, Va.

2012 ACC Outdoor third place (100m)

2012 Outdoor: Set the school record in the 100 meters (10.18) at the NCAA East Prelims en route to qualifying for the NCAA

Championship ... Also ran on the NCAA qualifying 4x100 meter relay (40.07) and competed in the 200 meters at the East Prelims ... Ran the second leg on the second place and school record setting 4x100 meter relay (39.95) at the ACC Championship ... Earned All-ACC honors in the 100 meters with a third place finish (10.27) ... Also took sixth in the 200 meters (21.49) at the ACC Meet, after running 21.26 in the prelims ... Notched a season best in the 200 meters with a runner-up finish at Georgia Tech's Yellow Jacket Invite (21.14) ... Was sixth in the 100 meters at the Florida Relays (10.31) and fifth at NC A&T's Aggie Classic (10.28).

Wesh's Collegiate Track & Field Bests

Indoor Outdoor

60m: 6.71 100m: 10.18-SR 200m: 21.87 200m: 21.14

Matthias Treff Javelin Throw

r-Junior Burgthann, Germany Sportgymnasium Halle

2011 NCAA runner-up ACC meet and all-time record holder 3x ACC Champion



title in the javelin throw on his sixth and final attempt with an ACC Championship meet record mark of 245-0 (74.68m) ... Qualified for the NCAA Championship with a runner-up finish at the East Prelims (240-10, 73.41m) ... Won the javelin at Clemson's Bob Pollock Invitational (242-10, 74.02m).

Treff's Collegiate Track & Field Bests

JT: 255-6 (77.88m)-SR



Alexander Ziegler

Hammer Throw Junior Dischingen, Germany Schiller Gym Heidenheim

2011 NCAA Champion (hammer throw) 5x All-American

2x NCAA runner-up: 2010 hammer, 2011 weight 2x NCAA third place: 2010 and 2012 weight

3x ACC Champion: 2012 hammer, 2010 and 2011 weight 5x All-ACC

2012 Outdoor: Won his first ACC title in the hammer throw with a mark of 229-11 (70.09m) ... Placed second at the NCAA East Prelims (230-1, 70.13m) ... Won the hammer at Clemson's Bob Pollock Invite with a season best mark of 240-1 (73.17m) ... Runner-up at the Florida Relays (235-10, 71.88m) and at Clemson's Tiger Qualifier (225-9, 68.81m) ... Named Capital One Academic All-District by CoSIDA.

Ziegler's Collegiate Track & Field Bests

Indoor Outdoor

WT: 75-7.25 (23.04m) HT: 241-9 (73.68m)



2012 Virginia Tech Men's Outdoor Track & Field Season-Best Performance List

100m (Cabaal Basanda 10.1	O Downell W	h 2012\			
100m (School Record: 10.1 Athlete	8, Darrell We Year	esn, 2012) Time	Meet	Meet Date	Wind (m/s)
Wesh, Darrell	SO-2	10.18	NCAA East Prelims	05/24/12	1.3
Ricks, Keith	SR-4	10.18	ACC Outdoor Championships	04/19/12	1.2
Campbell, Scott	SO-2	11.01	ACC Outdoor Championships ACC Outdoor Championships	04/19/12	0.8
200m (School Record: 20.4			ACC Outdoor Championships	04/19/12	0.6
Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Ricks, Keith	SR-4	20.45	NCAA East Prelims	05/24/12	1.0
McCants, Jonathan	JR-3	21.07	Aggie Classic	05/13/12	-1.8
Wesh, Darrell	SO-2	21.14	Yellow Jacket Invitational	03/30/12	1.1
400m (School Record: 46.7			renow suchec invitational	03/30/12	
Athlete	Year	Time	Meet	Meet Date	
Hoepker, Eric	JR-3	48.01	Yellow Jacket Invitational	03/30/12	
Artis-Gray, Jeff	JR-3	48.11	Miami Hurricane Invitational	03/16/12	
Dally, Martin	SO-2	49.22	Raleigh Relays	03/30/12	
McCants, Jonathan	JR-3	49.35	Miami Hurricane Invitational	03/16/12	
Wesh, Darrell	SO-2	49.70	Miami Hurricane Invitational	03/16/12	
Campbell, Scott	SO-2	50.20	Miami Hurricane Invitational	03/16/12	
Lee, Kieran	SR-4	51.19	Furman Invitational	04/14/12	
800m (School Record: 1:48	.5, Tim Cross	sin, 1982)			
Athlete	Year	Time	Meet	Meet Date	
Hammond, Michael	JR-3	1:49.61	Wolfpack Last Chance	05/13/12	
Degfae, Tihut	JR-3	1:49.67	NCAA East Prelims	05/24/12	
Dally, Martin	SO-2	1:50.16	Wolfpack Last Chance	05/13/12	
Walizer, Chris	SR-4	1:51.89	2012 Colonial Relays	04/05/12	
Lee, Kieran	SR-4	1:52.32	Roanoke College Twilight	05/10/12	
DeWillie, Kevin	FR-1	1:52.67	Roanoke College Twilight	05/10/12	
Hagen, Ryan	JR-3	1:52.67	2012 Brutus Hamilton Invitational	04/28/12	
Judge, Eddie	SR-4	1:52.67	2012 Brutus Hamilton Invitational	04/28/12	
Mulherin, William	JR-3	1:53.04	Wolfpack Last Chance	05/13/12	
Campos, Juan	FR-1	1:53.48	Wolfpack Last Chance	05/13/12	
Dowd, Kevin	SO-2	1:53.53	2012 Brutus Hamilton Invitational	04/28/12	
Burleigh, Brayden	FR-1	1:55.22	Radford Highlander Invitational	04/27/12	
Carter, George	FR-1	1:56.52	Radford Highlander Invitational	04/27/12	
Hoepker, Eric	JR-3	1:58.06	Aggie Classic	05/13/12	
Kuhns, Ryan	FR-1	1:59.56	Radford Highlander Invitational	04/27/12	
Welch, Brian	JR-3	2:00.79	Radford Highlander Invitational	04/27/12	
Murray, Joseph	JR-3	2:02.81	Radford Highlander Invitational	04/27/12	
1,500m (School Record: 3:3				Most Data	
Athlete	Year	Time	Meet	Meet Date	
Hammond, Michael Walizer, Chris	JR-3 SR-4	3:39.22 3:42.61	Payton Jordan Cardinal Invitational Payton Jordan Cardinal Invitational	04/29/12	
Mulherin, William	JR-3	3:42.70(1)	Roanoke College Twilight	04/29/12 05/10/12	
Pollock, Grant	SO-2	3:44.79	2012 Colonial Relays	04/05/12	
Dowd, Kevin	SO-2	3:45.79	Wolfpack Last Chance	05/13/12	
Degfae, Leoule	SO-2	3:47.01(1)	2012 Brutus Hamilton Invitational	04/28/12	
Hagen, Ryan	JR-3	3:47.42	Wolfpack Last Chance	05/13/12	
Burleigh, Brayden	FR-1	3:50.94	Radford Highlander Invitational	04/27/12	
Degfae, Tihut	JR-3	3:51.65	Raleigh Relays	03/30/12	
Cusack, Jason	SR-4	3:52.44(1)	Roanoke College Twilight	05/10/12	
Carter, George	FR-1	3:52.62	Roanoke College Twilight	05/10/12	
Kuhns, Ryan	FR-1	3:52.69	Raleigh Relays	03/30/12	
Curtin, Thomas	FR-1	3:52.98	Roanoke College Twilight	05/10/12	
Lee, Kieran	SR-4	3:54.81	Raleigh Relays	03/30/12	
Judge, Eddie	SR-4	3:56.97	ACC Outdoor Track & Field Championships	04/19/12	
Campos, Juan	FR-1	4:00.10	2012 Colonial Relays	04/05/12	
Welch, Brian	JR-3	4:03.03	Radford Highlander Invitational	04/27/12	
DeWillie, Kevin	FR-1	4:03.06	Radford Highlander Invitational	04/27/12	
Murray, Joseph	JR-3	4:04.67	Radford Highlander Invitational	04/27/12	
Campbell, Scott	SO-2	4:47.81	Miami Hurricane Invitational	03/16/12	
Mile (School Record: 3:58.9	1, Michael H	lammond, 201	2)		
Athlete	Year	Time	Meet	Meet Date	
Hammond, Michael	JR-3	3:58.91	Roanoke College Twilight	05/10/12	
Mulherin, William	JR-3	4:00.52	Roanoke College Twilight	05/10/12	

Degfae, Leoule	SO-2	4:05.17	2012 Brutus Hamilton Invitational	04/28/12	
Walizer, Chris	SR-4	4:05.24	Roanoke College Twilight	05/10/12	
Cusack, Jason	SR-4	4:11.04	Roanoke College Twilight	05/10/12	
3,000m (School Recor	r a: 8:03.41, Steve Year	Time	Meet	Meet Date	
Burleigh, Brayden	FR-1	8:24.60	2012 Colonial Relays	04/05/12	
5,000m (School Reco				0 1/ 03/ 12	
Athlete	Year	Time	Meet	Meet Date	
Mulherin, William	JR-3	13:41.06	Payton Jordan Cardinal Invitational	04/29/12	
Hammond, Michael	JR-3	13:58.75	Raleigh Relays	03/30/12	
Curtin, Thomas	FR-1	14:02.86	Wolfpack Last Chance	05/13/12	
Degfae, Leoule	SO-2	14:25.95	Raleigh Relays	03/30/12	
Cusack, Jason	SR-4	14:27.41	Raleigh Relays	03/30/12	
Pollock, Grant Kuhns, Ryan	SO-2 FR-1	14:34.06 14:37.22	Raleigh Relays 2012 Colonial Relays	03/30/12 04/05/12	
Murray, Joseph	JR-3	14.57.22	Raleigh Relays	03/30/12	
Judge, Eddie	SR-4	14:52.19	Raleigh Relays	03/30/12	
Welch, Brian	JR-3	14:54.49	Wolfpack Last Chance	05/13/12	
Dowd, Kevin	SO-2	14:58.65	2012 Colonial Relays	04/05/12	
10,000m (School Reco	ord: 28:45.97, Mar	k Stickley, 19	82)		
Athlete	Year	Time	Meet	Meet Date	
Degfae, Leoule	SO-2	29:46.10	Roanoke College Twilight	05/10/12	
Burleigh, Brayden	FR-1	30:00.72	Roanoke College Twilight	05/10/12	
Murray, Joseph	JR-3	32:55.17	Roanoke College Twilight	05/10/12	
110m Hurdles (Schoo Athlete	Year	Time	Meet	Meet Date	Wind
Artis-Gray, Jeff	JR-3	14.00	Aggie Classic	05/13/12	2.7
Campbell, Scott	SO-2	15.81	ACC Outdoor Championships	04/19/12	-0.4
Wind-aided (above +3.0			, tee cutures enamplement	0 ., ,	• • • • • • • • • • • • • • • • • • • •
Artis-Gray, Jeff	JR-3	13.83w	NCAA East Prelims	05/24/12	3.5
Campbell, Scott	SO-2	15.65w	Miami Hurricane Invitational	03/16/12	3.3
400m Hurdles (Schoo	l Record: 51.28, Jι	ıstin Davis, 19	999)		
Athlete	Year	Time	Meet	Meet Date	
Artis-Gray, Jeff	JR-3	53.70	Yellow Jacket Invitational	03/30/12	
3,000m Steeplechase					
Athlete				Moot Data	
Athlete Cusack Jason	Year	Time	Meet	Meet Date 04/19/12	
Cusack, Jason	Year SR-4	Time 8:55.36	Meet ACC Outdoor Championships	Meet Date 04/19/12	
	Year SR-4	Time 8:55.36	Meet ACC Outdoor Championships		
Cusack, Jason 4x100m (School Reco	Year SR-4 rd: 39.95, Artis-G ı	Time 8:55.36	Meet ACC Outdoor Championships Cants, Ricks, 2012)	04/19/12	
Cusack, Jason 4x100m (School Reco Time 39.95	Year SR-4 rd: 39.95, Artis-Gı Athletes Artis-Gray, Wesh, McCants, Ricks	Time 8:55.36	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships	04/19/12 Meet Date 04/19/12	
Cusack, Jason 4x100m (School Reco Time	Year SR-4 rd: 39.95, Artis-G Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh,	Time 8:55.36	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet	04/19/12 Meet Date	
Cusack, Jason 4x100m (School Reco Time 39.95	Year SR-4 rd: 39.95, Artis-GI Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks	Time 8:55.36	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims	04/19/12 Meet Date 04/19/12 05/24/12	
Cusack, Jason 4x100m (School Reco Time 39.95	Year SR-4 rd: 39.95, Artis-GI Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh,	Time 8:55.36	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships	04/19/12 Meet Date 04/19/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07	Year SR-4 rd: 39.95, Artis-GI Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks	Time 8:55.36 r ay, Wesh, Mc o	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12	
Cusack, Jason 4x100m (School Reco Time 39.95	Year SR-4 rd: 39.95, Artis-GI Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh,	Time 8:55.36 r ay, Wesh, Mc o	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims	04/19/12 Meet Date 04/19/12 05/24/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks	Time 8:55.36 r ay, Wesh, Mc o	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07	Year SR-4 rd: 39.95, Artis-GI Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh,	Time 8:55.36 r ay, Wesh, Mc o	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh,	Time 8:55.36 r ay, Wesh, Mc o	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks	Time 8:55.36 Fay, Wesh, McG	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks	Time 8:55.36 Fay, Wesh, McG	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012)	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh,	Time 8:55.36 ray, Wesh, McG	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks	Time 8:55.36 ray, Wesh, McG	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012)	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95	Year SR-4 rd: 39.95, Artis-Gr Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks rd: 3:09.95, McCan Athletes McCants, Artis-Gr Hoepker, Ricks	Time 8:55.36 ray, Wesh, McG nts, Artis-Gray	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Athletes McCants, Artis-Gr Hoepker, Ricks McCants, Artis-Gr	Time 8:55.36 ray, Wesh, McG nts, Artis-Gray	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95 3:10.74	Year SR-4 rd: 39.95, Artis-Gr Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Athletes McCants, Artis-Gr Hoepker, Ricks	Time 8:55.36 ray, Wesh, McG nts, Artis-Gray ay,	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays Yellow Jacket Invitational	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12 03/30/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95	Year SR-4 rd: 39.95, Artis-Gi Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Athletes McCants, Artis-Gr Hoepker, Ricks McCants, Artis-Gr	Time 8:55.36 ray, Wesh, McG nts, Artis-Gray ay,	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95 3:10.74	Year SR-4 rd: 39.95, Artis-GI Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Artis-Gray, Wesh, McCants, Artis-Gray, Ricks McCants, Artis-Gray, Wesh, McCants, Artis-Gray, Ricks McCants, Artis-Gray, Ricks McCants, Artis-Gray, Wesh, McCants, Artis-Gray, Wesh, McCants, Artis-Gray, Ricks McCants, Artis-Gray, Wesh, McCants, Artis-Gray, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks M	Time 8:55.36 ray, Wesh, McG nts, Artis-Gray ay,	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays Yellow Jacket Invitational	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12 03/30/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95 3:10.74 3:12.70	Year SR-4 rd: 39.95, Artis-Gr Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCants, Rick	Time 8:55.36 ray, Wesh, McG nts, Artis-Gray ay,	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays Yellow Jacket Invitational ACC Outdoor Championships Wolfpack Last Chance	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12 03/30/12 04/19/12 05/13/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95 3:10.74 3:12.70	Year SR-4 rd: 39.95, Artis-Gr Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCants, Ricks McCants, Ricks McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCa	Time 8:55.36 ray, Wesh, McG ray, ay, ray, ray,	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays Yellow Jacket Invitational ACC Outdoor Championships	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12 03/30/12 04/19/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95 3:10.74 3:12.70 3:23.30 3:23.73	Year SR-4 rd: 39.95, Artis-Gr Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Tricks McCants, Artis-Gr Hoepker, Ricks McCants, Artis-Gr Hoepker, Ricks McCants, Artis-Gr Hoepker, Ricks Dally, DeWillie, Lee, Campos Dally, Hagen, DeWillie, Hammo	Time 8:55.36 ray, Wesh, McG ray, ay, ray, ray,	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays Yellow Jacket Invitational ACC Outdoor Championships Wolfpack Last Chance Roanoke College Twilight	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12 03/30/12 04/19/12 05/13/12	
Cusack, Jason 4x100m (School Reco Time 39.95 40.07 40.11 40.68 40.80 41.59 4x400m (School Reco Time 3:09.95 3:10.74 3:12.70 3:23.30	Year SR-4 rd: 39.95, Artis-Gr Athletes Artis-Gray, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks Halim, Wesh, McCants, Ricks Artis-Gray, Wesh, McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCants, Ricks McCants, Ricks McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCants, Artis-Gray, Wesh, McCants, Ricks McCa	Time 8:55.36 ray, Wesh, McG ray, ay, ray, ray,	Meet ACC Outdoor Championships Cants, Ricks, 2012) Meet ACC Outdoor Championships NCAA East Prelims UCF Invitational Penn Relays Penn Relays Miami Hurricane Invitational y, Hoepker, Ricks, 2012) Meet 2012 Pepsi Florida Relays Yellow Jacket Invitational ACC Outdoor Championships Wolfpack Last Chance	04/19/12 Meet Date 04/19/12 05/24/12 03/23/12 04/26/12 04/26/12 03/16/12 Meet Date 04/06/12 03/30/12 04/19/12 05/13/12	

4x800m (School Reco	rd: 7:21.28, McLau	ıghlin, T. Degf	ae, Hammoı	nd, Witt, 2011)		
Time	Athletes		Meet		Meet Date	
7:31.55	Walizer, DeWillie, Dowd, T. Degfae		Raleigh Re	elays	03/30/12	
7:32.42	Hagen, T. Degfae, Pollock, Hammon	d	2012 Colo	onial Relays	04/05/12	
7:43.43	Lee, Cusack,	G.	2012 Colo	onial Relays	04/05/12	
7:48.36	Carter, Campos Kuhns, Carter,		Raleigh Re	elays	03/30/12	
	Curtin, Campos					
4,000m Distance Med	•	d: 9:40.31, Voi	ght, Oustric	h, Reed, Cobb, 1987)		
Time	Athletes		Meet		Meet Date	
9:52.46	Walizer, Dally, DeWillie, Mulherir	า	2012 Colo	onial Relays	04/05/12	
High Jump (School Re	cord: 7'3", 2.21m,	Ronnie Black,	2012)			
Athlete	Year	English	Metric	Meet	Meet Date	
Black, Ronnie	JR-3	7′3″	2.21m	Aggie Classic	05/13/12	
Campbell, Scott	SO-2	5' 8.75"	1.75m	Miami Hurricane Invitational	03/16/12	
Pole Vault (School Re	cord: 18′1.75″, 5.5	3m, Brian Mor	ndschein, 20	006)		
Athlete	Year	English	Metric	Meet	Meet Date	
Hall, Hunter	SR-4	17' 8.5"	5.40m	ACC Outdoor Championships	04/19/12	
Davis, Joe	SR-4	17′ 5.5″	5.32m	NCAA East Prelims	05/24/12	
Miller, Michael	JR-3	17′ 4.5″	5.30m	ACC Outdoor Championships	04/19/12	
Uhle, Chris	FR-1	16' 8.75"	5.10m	ACC Outdoor Championships	04/19/12	
Hoogland, Matt	SO-2	15′ 9″	4.80m	Clemson Tiger Qualifier	05/11/12	
Shank, Corey	SO-2	15′9″	4.80m	2012 Pepsi Florida Relays	04/06/12	
Campbell, Scott	SO-2	12'7.25"	3.84m	Miami Hurricane Invitational	03/16/12	
Long Jump (School Re	cord: 24′11.25″, 7	.60m, Jeff Arti	s-Gray, 2012	2)		
Athlete	Year	English	Metric	Meet	Meet Date	Wind
Artis-Gray, Jeff	JR-3	24′11.25″	7.60m	NCAA East Prelims	05/24/12	0.2
Halim, Hasheem	SR-4	24′5″	7.44m	UCF Invitational	03/23/12	1.5
Campbell, Scott	SO-2	22' 9.75"	6.95m	Yellow Jacket Invitational	03/30/12	2.0
Triple Jump (School R	ecord: 53′4.5″, 16.	27m, Phil Sau	nders, 1986)		
Athlete	Year	English	Metric	Meet	Meet Date	Wind
Halim, Hasheem	SR-4	53′1″	16.18m	ACC Outdoor Championships	04/19/12	1.4
Shot Put (School Reco	rd: 62′10.5″, 19.16	m, Sven Hahn	, 2005)			
Athlete	Year	English	Metric	Meet	Meet Date	
Mustafic, Luka	FR-1	57′ 11.75″	17.67m	ACC Outdoor Championships	04/19/12	
Campbell, Scott	SO-2	31′11.25″	9.73m	Miami Hurricane Invitational	03/16/12	
Discus Throw (School	Record: 189'6", 57	.76m, Sven Ha	ahn, 2005)			
Athlete	Year	English	Metric	Meet	Meet Date	
Mustafic, Luka	FR-1	146′2″	44.55m	ACC Outdoor Championships	04/19/12	
Campbell, Scott	SO-2	105'6"	32.15m	ACC Outdoor Championships	04/19/12	
Hammer Throw (Scho	ol Record: 248′10′	, 75.84m, Mar	cel Lomnick	y, 2011)		
Athlete	Year	English	Metric	Meet	Meet Date	
Ziegler, Alexander	JR-3	240′1″	73.17m	Bob Pollock Invitational	05/05/12	
Mahmic, Denis	JR-3	208'0"	63.39m	ACC Outdoor Championships	04/19/12	
Javelin Throw (School	Record: 255'6", 77	7.88m, Matthia	as Treff, 201	1)		
Athlete	Year	English	Metric	Meet	Meet Date	
Treff, Matthias	JR-3	245'0"	74.68m	ACC Outdoor Championships	04/19/12	
Campbell, Scott	SO-2	136′9″	41.69m	Miami Hurricane Invitational	03/16/12	
Decathlon (School Re	cord: 6,951 points	, Ed Nuttycom	be, 1976)			
Athlete	Year	Pts.	Meet		Meet Date	
Campbell, Scott	SO-2	6,268	ACC Outd	oor Championships	04/19/12	

w - denotes wind-aided performance; (1) - denotes converted from mile time Note: Virginia Tech school records recognize wind readings of <3.0m/s.

Unattached Season-Best Performances

(will not count towards official school records or all-time performance lists)

800m

Athlete	Year	Time	Meet	Meet Date
Link, Zach	FR-1	2:04.77	Radford Highlander Invitational	04/27/12
Woodford, Patrick	FR-1	2:08.73	Radford Highlander Invitational	04/27/12
1500m				
Athlete	Year	Time	Meet	Meet Date
Woodford, Patrick	FR-1	4:09.89	Radford Highlander Invitational	04/27/12
10000m			-	
Athlete	Year	Time	Meet	Meet Date
Woodford, Patrick	FR-1	33:29.26	Roanoke College Twilight	05/10/12

2012 Virginia Tech Women's Outdoor Track & Field Season-Best Performance List

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100m (School Bosord: 11 40	Patrica Pat	ts 2007)			
100m (School Record: 11.40, Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Simms, Ciara	FR-1	11.61	Aggie Classic	05/13/12	2.3
Nwaneri, Ogechi	SR-4	11.78	Aggie Classic Aggie Classic	05/13/12	0.7
Wind-aided (above +3.0m/s):	3N-4	11.70	Aggie Classic	03/13/12	0.7
	FR-1	11.56w	UCF Invitational	03/23/12	3.4
Simms, Ciara 200m (School Record: 23.17,			OCF INVItational	03/23/12	3.4
Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Nwaneri, Ogechi	SR-4	23.51	Aggie Classic	05/13/12	0.1
Simms, Ciara	FR-1	23.83	Aggie Classic Aggie Classic	05/13/12	-1.2
Amegashie, Yvonne	JR-3	24.37	Yellow Jacket Invitational	03/30/12	0.0
Boone, Aunye	SR-4	24.57	Miami Hurricane Invitational	03/30/12	0.4
DeCoster, Jameice	JR-3	24.80	Miami Hurricane Invitational	03/16/12	0.4
Nugent, Leah	FR-1	25.02	Miami Hurricane Invitational	03/16/12	0.2
Woodford, Natalie	JR-3	26.26	Miami Hurricane Invitational	03/16/12	0.2
400m (School Record: 52.88,			ivilatiii Hufficarie iffvitational	03/10/12	0.2
Athlete	Year	Time	Meet	Meet Date	
Amegashie, Yvonne	JR-3	53.25	ACC Outdoor Championships	04/19/12	
DeCoster, Jameice	JR-3	55.23	ACC Outdoor Championships	04/19/12	
Boone, Aunye	SR-4	55.78	UCF Invitational	03/23/12	
Woodford, Natalie	JR-3	55.84	Yellow Jacket Invitational	03/30/12	
Dowd, Frances	JR-3	56.11	Raleigh Relays	03/30/12	
Smith, Amanda	FR-1	57.40	2012 Brutus Hamilton Invitational	04/28/12	
Weidman, Erika	JR-3	1:01.03	Raleigh Relays	03/30/12	
800m (School Record: 2:06.6			=	03/30/12	
Athlete	Year	Time	Meet	Meet Date	
Dow, Samantha	JR-3	2:06.87	Wolfpack Last Chance	05/13/12	
Dowd, Frances	JR-3	2:09.33	2012 Colonial Relays	04/05/12	
Smith, Amanda	FR-1	2:09.85	Payton Jordan Cardinal Invitational	04/29/12	
Kvartunas, Paige	SO-2	2:13.54	2012 Brutus Hamilton Invitational	04/28/12	
Smiljanec, Katarina	FR-1	2:14.80	2012 Colonial Relays	04/05/12	
Weidman, Erika	JR-3	2:18.81	Radford Highlander Invitational	04/27/12	
Rapp, Sarah	FR-1	2:21.08	Radford Highlander Invitational	04/27/12	
Sawyer, Samantha	SO-2	2:21.56	Wolfpack Last Chance	05/13/12	
Crosson, Taylor	SO-2	2:28.59	Radford Highlander Invitational	04/27/12	
Cario, Stephanie	SO-2	2:30.14	Radford Highlander Invitational	04/27/12	
1,500m (School Record: 4:17	.79, Tasmin	Fanning, 2007			
Athlete	Year	Time	Meet	Meet Date	
Dow, Samantha	JR-3	4:24.50	Payton Jordan Cardinal Invitational	04/29/12	
Kvartunas, Paige	SO-2	4:30.47	ACC Outdoor Track & Field Championships	04/19/12	
Rapp, Sarah	FR-1	4:30.97	Raleigh Relays	03/30/12	
Smiljanec, Katarina	FR-1	4:41.27	Raleigh Relays	03/30/12	
Watt, Alexandra	SO-2	4:42.33	Raleigh Relays	03/30/12	
Smith, Amanda	FR-1	4:43.97	Raleigh Relays	03/30/12	
Sawyer, Samantha	SO-2	4:46.33	Raleigh Relays	03/30/12	
Weidman, Erika	JR-3	4:52.60	Radford Highlander Invitational	04/27/12	
Crosson, Taylor	SO-2	4:53.79	Radford Highlander Invitational	04/27/12	
Cario, Stephanie	SO-2	5:00.38	Radford Highlander Invitational	04/27/12	
5,000m (School Record: 15:3	7.73, Tasmi	n Fanning, 200			
Athlete	Year	Time	Meet	Meet Date	
Dow, Samantha	JR-3	16:17.43	Raleigh Relays	03/30/12	
Rapp, Sarah	FR-1	16:37.76	Wolfpack Last Chance (College)	05/13/12	
Kvartunas, Paige	SO-2	17:12.38	Raleigh Relays	03/30/12	
Crosson, Taylor	SO-2	17:22.28	Raleigh Relays	03/30/12	
Cario, Stephanie	SO-2	17:26.54	2012 Colonial Relays	04/05/12	
Watt, Alexandra	SO-2	17:51.70	2012 Colonial Relays	04/05/12	
10,000m (School Record: 33:		_			
Athlete	Year	Time	Meet	Meet Date	
Cario, Stephanie	SO-2	36:41.55	ACC Outdoor Championships	04/19/12	
100m Hurdles (School Record					140 17 73
Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Nugent, Leah	FR-1	13.72	Aggie Classic	05/13/12	0.9
Wind-aided (above +3.0m/s):	ED 4	12.65	NGAA E D. I'	05/24/42	2.1
Nugent, Leah	FR-1	13.65w	NCAA East Prelims	05/24/12	3.1

400m Hurdles (School	Record: 54.55, Qu	ieen Harrison	, 2010)			
Athlete	Year	Time	Meet		Meet Date	
Nugent, Leah	FR-1	59.68	2012 Peps	i Florida Relays	04/06/12	
3,000m Steeplechase	(School Record: 10	0:03.37, Samn				
Athlete	Year	Time	Meet		Meet Date	
Dow, Samantha	JR-3	10:03.37	NCAA East	t Prelims	05/24/12	
4x100m (School Reco	rd: 44.33, Green, P	otts, Castlin, S	Spruill, 2007	")		
Time	Athletes		Meet		Meet Date	
45.32	DeCoster, Simms,		NCAA East	t Prelims	05/24/12	
	Boone, Nwaneri					
45.33	DeCoster, Simms,		2012 Peps	i Florida Relays	04/06/12	
	Boone, Nwaneri					
45.50	DeCoster, Simms,		ACC Outdo	oor Championships	04/19/12	
	Boone, Nwaneri					
45.57	Simms, DeCoster,		Yellow Jac	ket Invitational	03/30/12	
	Boone, Nwaneri					
45.71	Simms, DeCoster,		UCF Invita	tional	03/23/12	
45.74	Boone, Nwaneri		D D I		04/26/12	
45.74	Simms, DeCoster,		Penn Relay	ys	04/26/12	
45.01	Boone, Nwaneri		A4:: 11:		02/16/12	
45.81	Simms, DeCoster,		Miami Hur	ricane Invitational	03/16/12	
46.10	Nugent, Nwaneri		D D-I		04/26/12	
46.12	DeCoster, Simms,		Penn Relay	ys	04/26/12	
4x400m (School Reco	Boone, Nwaneri	on Washingto	n Groon Sr	wwill 2008)		
Time	Athletes	on, wasningto	Meet	Ji uiii, 2008)	Meet Date	
3:38.86	Amegashie, Boon	2		i Florida Relays	04/06/12	
3.30.00	DeCoster, Woodfo		2012 1 603	Triorida Nelays	0-7/00/12	
3:40.10	Amegashie, DeCo		Penn Relay	WS	04/26/12	
5.10.10	Nugent, Boone	3001,	i cilii itela	,,,	0 1/ 20/ 12	
3:41.20	Amegashie, Boon	۵	Yellow Jac	ket Invitational	03/30/12	
311120	DeCoster, Woodfo				00,00,	
3:41.28	Amegashie, Boon		ACC Outdo	oor Championships	04/19/12	
	DeCoster, Woodfo					
3:41.69	Amegashie, Boon		Penn Relay	ys	04/26/12	
	DeCoster, Woodfo		·			
3:44.92	Amegashie, Boon	e,	Aggie Clas	ssic	05/13/12	
	Woodford, DeCos	ter				
3:57.51	Smiljanec, Smith,		Roanoke C	College Twilight	05/10/12	
	Kvartunas, Dow					
4x800m (School Reco	•	nec, Smith, Do	owd, Kvartui	nas, 2012)		
Time	Athletes		Meet		Meet Date	
8:47.76	Smiljanec, Smith,		2012 Colo	nial Relays	04/05/12	
	Dowd, Kvartunas					
8:54.59	Smiljanec, Smith,		Raleigh Re	elays	03/30/12	
	Rapp, Dowd			- >		
Pole Vault (School Rec		-	-		M . D .	
Athlete	Year	English	Metric	Meet	Meet Date	
Schultze, Martina	FR-1	14′ 1.25″	4.30m	ACC Outdoor Championships	04/19/12	
von Eynatten, Victoria		13' 8.25"	4.17m	Clemson Tiger Qualifier	05/11/12	
Allin, Leigh	JR-3 FR-1	12′ 8.25″ 11′ 11.75″	3.87m 3.65m	Clemson Tiger Qualifier	05/11/12	
Saunders, Lyndsey				ACC Outdoor Championships	04/19/12	
Powell, Elizabeth Long Jump (School Re	SO-2 scord: 20'1 5" 6 13	10'6" m April Byrd	3.20m	UCF Invitational	03/23/12	
Athlete	Year	English	Metric	Meet	Meet Date	Wind (m/s)
von Eynatten, Victoria		19'6"	5.94m	UCF Invitational	03/23/12	0.0
Shot Put (School Reco				OCI IIIVILALIOIIAI	03/23/12	0.0
Athlete	Year	English	Metric	Meet	Meet Date	
Muzaric, Valentina	FR-1	55' 2.25"	16.82m	2012 Pepsi Florida Relays	04/06/12	
Hammer Throw (School					0 ., 00/ 12	
Athlete	Year	English	Metric	Meet	Meet Date	
Vester, Annjulie	FR-1	198′ 10″	60.61m	Clemson Tiger Qualifier	05/11/12	
				.		



Des Moines, Iowa – Drake University

Schedule of Events

Day 1 - Wednesday, June 6

Discus	2:30 PM	Men	Trials/Final
Javelin	2:40 PM	Women	Trials/Final
Long Jump	5:30 PM	Men	Trials/Final
Pole Vault	5:30 PM	Women	Final
Discus	5:30 PM	Women	Trials/Final
4x100 Relay	5:30 PM	Men	Semifinal
4x100 Relay	5:45 PM	Women	Semifinal
400 Meters	6:00 PM	Men	Decathlon
800 Meters	6:15 PM	Men	Semifinal
800 Meters	6:30 PM	Women	Semifinal
400 Meters	6:45 PM	Men	Semifinal
400 Meters	7:00 PM	Women	Semifinal
100 Meters	7:15 PM	Men	Semifinal
100 Meters	7:30 PM	Women	Semifinal
3000 Steeplechase	7:45 PM	Women	Semifinal
400 Hurdles	8:15 PM	Men	Semifinal
400 Hurdles	8:30 PM	Women	Semifinal
10,000 Meters	8:45 PM	Men	Final

Combined Event

100 Meters	12:00 PM	Decathlon
Long Jump	12:45 PM	Decathlon
Shot Put	2:00 PM	Decathlon
High Jump	3:15 PM	Decathlon
400 Meters	6:00 PM	Decathlon

^{*}Schedule is subject to change Local times listed (Central time)



Des Moines, Iowa – Drake University

Schedule of Events

Day 2 - Thursday, June 7

Javelin	2:30 PM	Men	Trials/Final
Hammer	3:00 PM	Women	Trials/Final
High Jump	5:30 PM	Men	Final
Long Jump	5:30 PM	Women	Trials/Final
200 Meters	5:30 PM	Men	Semifinal
200 Meters	5:45 PM	Women	Semifinal
200 Meters	6:00 PM	Women	Heptathlon
1500 Meters	6:15 PM	Men	Semifinal
1500 Meters	6:30 PM	Women	Semifinal
110 Hurdles	6:50 PM	Men	Semifinal
100 Hurdles	7:10 PM	Women	Semifinal
3000 Steeplechase	7:25 PM	Men	Semifinal
1500 Meters	7:50 PM	Men	Decathlon
4x400 Relay	8:05 PM	Men	Semifinal
4x400 Relay	8:25 PM	Women	Semifinal
10,000 Meters	8:45 PM	Women	Final

Combined Event

110 Hurdles	11:30 AM	Decathlon
Discus	12:30 PM	Decathlon
Pole Vault	2:30 PM	Decathlon
Javelin	5:30 PM	Decathlon
1500 Meters	7:50 PM	Decathlon
100 Hurdles	1:00 PM	Heptathlon
High Jump	2:00 PM	Heptathlon
Shot Put	4:30 PM	Heptathlon
200 Meters	6:00 PM	Heptathlon

^{*}Schedule is subject to change Local times listed (Central time)



Des Moines, Iowa – Drake University

Schedule of Events

Day 3 - Friday, June 8

Hammer	2:00 PM	Men	Trials/Final
High Jump	4:30 PM	Women	Final
Pole Vault	4:30 PM	Men	Final
Triple Jump	4:30 PM	Men	Trials/Final
Shot Put	5:00 PM	Women	Trials/Final
400 Hurdles	5:35 PM	Men	Final
400 Hurdles	5:45 PM	Women	Final
100 Meters	5:55 PM	Men	Final
100 Meters	6:02 PM	Women	Final
800 Meters	6:10 PM	Men	Final
800 Meters	6:20 PM	Women	Final
3000 Steeplechase	6:30 PM	Women	Final
800 Meters	6:45 PM	Women	Heptathlon
400 Meters	6:55 PM	Men	Final
400 Meters	7:02 PM	Women	Final
5000 Meters	7:10 PM	Men	Final

Combined Event

Long Jump	3:00 PM	Heptathlon
Javelin	4:15 PM	Heptathlon
800 Meters	6:45 PM	Heptathlon

^{*}Schedule is subject to change Local times listed (Central time)



Des Moines, Iowa - Drake University

Schedule of Events

Day 4 - Saturday, June 9

Shot Put	10:00 AM	Men	Trials/Final
Triple Jump	10:00 AM	Women	Trials/Final
4x100 Relay	11:03 AM	Men	Final
4x100 Relay	11:10 AM	Women	Final
1500 Meters	11:17 AM	Men	Final
1500 Meters	11:28 AM	Women	Final
200 Meters	11:39 AM	Men	Final
200 Meters	11:47 AM	Women	Final
3000 Steeplechase	11:52 AM	Men	Final
110 Hurdles	12:07 PM	Men	Final
100 Hurdles	12:14 PM	Women	Final
5000 Meters	12:19 PM	Women	Final
4x400 Relay	12:40 PM	Men	Final
4x400 Relay	12:50 PM	Women	Final

^{*}Schedule is subject to change Local times listed (Central time)