

# 2012 Virginia Tech Track & Field



## Meet Notes #3

### Yellow Jacket Invite

(Host: Georgia Tech)

March 30-31, 2012

George C. Griffin Track & Field Facility  
Atlanta, Ga.

Live Results: <http://www.deltatiming.com/>

### Raleigh Relays

(Host: NC State)

March 30-31, 2012

Paul H. Derr Track  
Raleigh, N.C.

Live Results: <http://flashresults.com/>

### 85th Clyde Littlefield Texas Relays

(Host: Texas)

March 31, 2012

Mike A. Myers Stadium  
Austin, Texas

Live Results: <http://www.texasports.com/>

### 2012 Indoor Schedule

| Date           | Meet  |
|----------------|---|
| 12/2-3         | at Liberty Kickoff  |
| <b>1/13-14</b> | <b>VT Invite</b>  |
| <b>1/20-21</b> | <b>Hokie Invite</b>   |
| <b>2/3-4</b>   | <b>VT Elite Meet</b>  |
| 2/10-11        | at SPIRE Division I Collegiate Invite<br>(Geneva, Ohio)             |
| <b>2/17-18</b> | <b>VT Challenge</b>   |
| 2/23-25        | at ACC Indoor Championship<br>(Host: Boston College; Boston, Mass.) |
| <b>3/3</b>     | <b>VT Final Qualifier</b>   |
| 3/9-10         | at NCAA Indoor Championship<br>(Host: Boise State; Nampa, Idaho)    |

### 2012 Outdoor Schedule

| Date    | Meet  |
|---------|---|
| 3/16-17 | at Miami Hurricane Invite   |
| 3/23-24 | at Central Florida Invite   |
| 3/30-31 | at Georgia Tech Yellow Jacket Invite  |
| 3/30-31 | at NC State Raleigh Relays  |
| 4/6-7   | at Florida Relays   |
| 4/6-7   | at William & Mary Colonial Relays   |
| 4/6-7   | at Stanford Invite  |
| 4/13-14 | at Tennessee Sea Ray Relays   |
| 4/19-21 | at ACC Outdoor Championship<br>(Host: Virginia; Charlottesville, Va.)           |
| 4/26-28 | at Penn Relays  |
| 4/27-28 | at Cal Brutus Hamilton Invite   |
| 4/29    | at Stanford Payton Jordan Invite  |
| 5/3     | at Liberty Twilight   |
| 5/10    | at Roanoke Distance Classic   |
| 5/11-12 | at Georgia Tech Invite  |
| 5/11-12 | at Clemson Tiger Invite   |
| 5/13    | at NC State Invite  |
| 5/24-26 | at NCAA East Regional Championship<br>(Host: North Florida; Jacksonville, Fla.) |
| 6/6-9   | at NCAA Outdoor Championship<br>(Host: Drake; Des Moines, Iowa)                 |

**Bold** -- denotes home indoor meet held at Rector Field House on campus

### PREVIEWING THE WEEKEND ...

• The Virginia Tech men's and women's track & field teams will split between three meets this weekend: Georgia Tech's Yellow Jacket Invitational in Atlanta, Ga., NC State's Raleigh Relays in Raleigh, N.C., and the 85th Clyde Littlefield Texas Relays in Austin, Texas. The Hokie sprinters and jumpers will compete at Georgia Tech, while the distance group will travel to Raleigh and pole vaulters Joe Davis, Hunter Hall, Martina Schultze and Victoria von Eynatten will compete at Texas on Saturday. The Tech men are ranked No. 10 in the USTFCCA's preseason outdoor computer ratings.

### LAST TIME OUT ...

• Keith Ricks set school records in the 100 meters, the 200 meters and as part of the 4x100 meter relay team at the Central Florida Invitational Saturday. Ricks finished second in the 100 in 10.22 and fifth in the 200 meters in 20.72, breaking the records held by André Davis since 1999. He also combined with Hasheem Halim, Darrell Wesh and Jonathan McCants to finish second in 40.11 in the 4x100 meter relay.

• On Friday, Halim (long jump), Martina Schultze (pole vault) and Hunter Hall (pole vault) all earned wins. Schultze and Victoria von Eynatten each set the UCF facility record in the women's pole vault (13-5.25, 4.10m) and Schultze earned the win on misses.

### CURRENT SCHOOL RECORD HOLDERS ...

• Here's are the current members of the Tech track & field squad who are school record holders (outdoors only):

#### Men

Keith Ricks, 100m, 10.22, 2012  
Keith Ricks, 200m, 20.75, 2012  
Will Mulherin, Mile, 4:00.93, 2010  
Will Mulherin, 5000m, 13:50.76, 2010  
Jason Cusack, 3000m SC, 8:47.29, 2011  
Keith Ricks, 4x100m, 40.11, 2012  
Hasheem Halim, 4x100m, 40.11, 2012  
Jonathan McCants, 4x100m, 40.11, 2012  
Darrell Wesh, 4x100m, 40.11, 2012  
Tihut Degfae, 4x800m, 7:21.28, 2011  
Michael Hammond, 4x800m, 7:21.28, 2011  
Ronnie Black, HJ, 7-1.5 (2.17m), 2011  
Matthias Treff, JT, 255-6 (77.88m), 2011

#### Women

Sammy Dow, 3000m SC, 10:16.15, 2011  
Aunye Boone, 4x200m, 1:36.23, 2009  
Ogechi Nwaneri, 4x200m, 1:36.23, 2009

### MEDIA INFORMATION

Men's & Women's Track & Field/Cross Country Contact.....Jim Rodriguez  
Office Phone.....(540) 231-6892  
Cell Phone.....(440) 623-2970  
E-Mail.....jmrodrig@vt.edu



## Virginia Tech Quick Facts

### GENERAL

Location.....Blacksburg, Va.  
 Enrollment..... 31,000  
 Founded..... 1872  
 Colors.....Chicago maroon and burnt orange  
 Nickname.....Hokies  
 Conference.....Atlantic Coast  
 President.....Charles W. Steger  
 Director of Athletics.....Jim Weaver  
 Home Facilities.....Rector Field House (Indoor)  
                                   Johnson-Miller Track Complex (Outdoor)  
 Athletics Website.....www.hokiesports.com  
 Track & Field Website..... www.hokiesports.com/track  
 Track & Field Twitter..... www.twitter.com/VT\_Track  
 Athletics Facebook..... www.facebook.com/hokiesports

### COACHING STAFF

Director of Track & Field and Cross Country.....Dave Cianelli  
 Alma Mater, Year.....Bowling Green State University, 1977  
 Overall Year..... 27th  
 Year at Virginia Tech..... 11th  
 Cianelli Office Phone.....(540) 231-3094  
 Cianelli E-mail.....dcianell@vt.edu  
 Associate Head Coach/Throws.....Greg Jack  
 Head XC/Distance.....Ben Thomas  
 Sprints/Jumps/Hurdles.....Charles Foster  
 Pole Vault.....Bob Phillips  
 Assistant Distance.....Jen McGranahan  
 Technical Director.....Stacey Vidt

### HISTORY

Men's ACC Indoor Titles..... 1 (2011)  
 Men's NCAA Indoor Times Placed..... 13  
 Men's NCAA Indoor Best Finish..... t-8th, 2012  
 Women's ACC Indoor Titles.....2 (2007-08)  
 Women's NCAA Indoor Times Placed.....8  
 Women's NCAA Indoor Best Finish..... 10th, 2010  
 Men's ACC Outdoor Titles.....n/a  
 Men's NCAA Outdoor Times Placed..... 14  
 Men's NCAA Outdoor Best Finish.....5th, 2011  
 Women's ACC Outdoor Titles.....2 (2007-08)  
 Women's NCAA Outdoor Times Placed..... 11  
 Women's NCAA Outdoor Best Finish.....5th, 2010  
 Individual National Champions..... 11

### TEAM REVIEW

2012 Men's ACC Finish (Indoor/Outdoor).....2nd/-  
 2012 Women's ACC Finish (Indoor/Outdoor)..... 5th/-  
 2012 Men's NCAA Finish (Indoor/Outdoor).....t-8th/-  
 2012 Women's NCAA Finish (Indoor/Outdoor)..... 54th/-

## Hokies in the Rankings

### NCAA Performance List-Men

| Name, Event                 | East Regional/National Rank | Performance      |
|-----------------------------|-----------------------------|------------------|
| Keith Ricks, 100m           | 2/4                         | 10.22            |
| Keith Ricks, 200m           | 2/t-8                       | 20.75            |
| Darrell Wesh, 100m          | t-8/t-14                    | 10.35            |
| Jonathan McCants, 200m      | t-40/t-77                   | 21.56            |
| Jeff Artis-Gray, 400m       | 30/58                       | 48.11            |
| Hunter Hall, Pole Vault     | t-2/t-7                     | 17-4.5 (5.30m)   |
| Joe Davis, Pole Vault       | t-31/t-55                   | 16-2.75 (4.95m)  |
| Chris Uhle, Pole Vault      | t-41/t-81                   | 15-9 (4.80m)     |
| Mike Miller, Pole Vault     | t-41/t-81                   | 19-5 (4.80m)     |
| Hasheem Halim, Long Jump    | 7/15                        | 24-5 (7.44m)     |
| Luka Mustafic, Shot Put     | 18/t-42                     | 54-7.25 (16.64m) |
| Denis Mahmic, Hammer Throw  | 8/18                        | 199-4 (60.75m)   |
| Halim, Wesh, McCants, Ricks |                             |                  |
| 4x100m                      | 4/9                         | 40.11            |
| Scott Campbell, Decathlon   | 7/20                        | 6,261 pts.       |

### NCAA Performance List-Women

| Name, Event                       | East Regional/National Rank | Performance      |
|-----------------------------------|-----------------------------|------------------|
| Ciara Simms, 100m                 | t-5/t-11                    | 11.56            |
| Ciara Simms, 200m                 | 8/26                        | 23.85            |
| Ogechi Nwaneri, 100m              | t-21/t-49                   | 11.81            |
| Ogechi Nwaneri, 200m              | 32/72                       | 24.39            |
| Yvonne Amegashie, 400m            | 11/20                       | 54.52            |
| Aunye Boone, 400m                 | 44/t-76                     | 55.78            |
| Leah Nugent, 100m Hurdles         | 24/41                       | 13.92            |
| Leah Nugent, 400m Hurdles         | 32/58                       | 1:01.45          |
| Martina Schultze, Pole Vault      | t-6/t-9                     | 13-5.25 (4.10m)  |
| Victoria von Eynatten, Pole Vault | t-6/t-9                     | 13-5.25 (4.10m)  |
| Victoria von Eynatten, Long Jump  | 12/22                       | 19-6 (5.94m)     |
| Leigh Allin, Pole Vault           | t-40/t-88                   | 11-11.75 (3.65m) |
| Valentina Muzaric, Shot Put       | 4/8                         | 53-8.25 (16.36m) |
| Anj Julie Vester, Hammer Throw    | 7/19                        | 187-11 (57.27m)  |
| Simms, DeCoster, Nugent, Nwaneri  |                             |                  |
| 4x100m                            | 11/21                       | 45.71            |

*Note: performance list according to TFRRS, wind readings of <4.0m/s are accepted as qualifying times.*



## Director of Track & Field and Cross Country Dave Cianelli

### THE CIANELLI FILE

#### Virginia Tech (2001-Present)

- 11 NCAA individual champions, the first in Virginia Tech history
- 109 All-Americans
- Two NCAA East Region team championships
- Five ACC team championships
- 90 ACC individual champions
- Twelve BIG EAST conference champions
- 2010 Bowerman Award winner, Queen Harrison
- Had 20 athletes earn All-America performances in 2011, the most in his coaching tenure
- 2012 USTFCCCA Men's Indoor Southeast Region Coach of the Year
- 2011 USTFCCCA Men's Indoor and Outdoor Southeast Region Coach of the Year
- 2011 ACC Men's Indoor Coach of the Year
- 2010 ACC Men's Outdoor Coach of the Year
- 2007 and 2008 ACC Women's Indoor, Outdoor and East Region Coach of the Year

#### Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 1995 men's and women's Southwest Conference cross country champions
- Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

#### Cal-Poly San Luis Obispo (1985-1988)

- 1985-87 NCAA Division II women's cross country champion
- 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- 1985-88 CCAA women's outdoor track conference champion
- Individual achievements include one NCAA Division II Champion and 13 All-Americans

#### By The Numbers (Career)

245 All-Americans • 187 Conference champions • 98 Percent graduation rate at Virginia Tech • 39 NCAA champions • 149 School records at Virginia Tech • 23 Olympic and World Championship qualifiers • 20 Top-10 women's NCAA finishes • 15 Top-10 men's NCAA finishes • 3 NCAA Division II cross country national championships • 3 NCAA Division II outdoor track runners-up

*Note: Numbers correct prior to 2012 outdoor track & field season*

In his 11th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 11 NCAA individual titles, 109 NCAA All-America performances and 90 conference titles. In addition, Hokie teams have finished in the national top-10 six times and the national top-20 18 times since 2005.

#### NCAA, REGIONAL AND ACC SUCCESS

The 2011 Hokies continued to demonstrate why they are one of the nation's elite track & field programs. The men's team fifth-place finish at the NCAA Outdoor Championships was the highest in program history and matched the finish of the 2010 women's outdoor squad. The men also placed 15th at the NCAA Indoor Championships, won their first-ever ACC Indoor crown and placed second in the conference outdoors. The women finished 20th at the NCAA Outdoor Championships and were third at the indoor conference championship. Alexander Ziegler and Dorotea Habazin each won national titles in the hammer throw and Marcel Lomnický (hammer) and Matthias Treff (javelin) both earned national runner-up finishes. Ziegler also placed second nationally in the indoor weight throw. In all, 14 different Hokies earned a total of 20 All-American performances.

#### USA AND INTERNATIONAL SUCCESS

In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Binbo Coles who represented the United States in basketball in 1988.

#### COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. This past season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Indoor Coach of the Year for leading the Hokies to their first-ever ACC Indoor title.

Last year, he was named the 2010 ACC Men's Outdoor Coach of the Year. In 2008, he won the ACC Women's Indoor, ACC Women's Outdoor and East Region Women's Coach of the Year honors for the second straight year. Cianelli also won his second consecutive USTFCCCA Women's Indoor Southeast Region Coach of the Year honor in 2008.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack was named the USTFCCCA's Men's Outdoor Regional Coach of the Year for the second year in a row in 2011. Jack was also named Men's Indoor Regional Coach of the Year in 2010 and National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 10 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former All-SEC runner Jen McGranahan. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

#### ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

#### PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



## Women's Roster

| Name                   | Class | Events             | Hometown               | High School/Other       |
|------------------------|-------|--------------------|------------------------|-------------------------|
| Leigh Allin            | r-So. | Pole Vault         | Lexington, Ky.         | Henry Clay              |
| Yvonne Amegashie       | Jr.   | Sprints/Hurdles    | Woodbridge, Va.        | Potomac Senior          |
| Hayley Billingsley     | Fr.   | Distance           | Monterey, Va.          | Highland                |
| Aunye Boone            | Sr.   | Sprints            | St. Leonard, Md.       | Calvert                 |
| Camille Bouvet         | Fr.   | Distance           | Bethesda, Md.          | Walter Johnson          |
| Kristen Brown          | So.   | Hurdles/Pole Vault | Owings Mills, Md.      | McDonogh School         |
| Stephanie Cario        | So.   | Distance           | Mechanicsville, Va.    | Lee Davis               |
| Taylor Crosson         | So.   | Distance           | Fairfax Station, Va.   | James W. Robinson       |
| Jameice DeCoster       | Jr.   | Sprints            | Glenn Dale, Md.        | Elizabeth Seton         |
| Courtney Dobbs         | So.   | Distance           | Glen Allen, Va.        | Deep Run                |
| Sammy Dow              | Jr.   | Distance           | Midlothian, Va.        | Midlothian              |
| Frances Dowd           | Jr.   | Mid-Distance       | Fairfax, Va.           | Fairfax                 |
| Shanice Hairston       | r-Fr. | Throws             | Martinsville, Va.      | Magna Vista             |
| Alyson Jones           | Fr.   | Distance           | Herndon, Va.           | Oakton                  |
| Ginny Jones            | Fr.   | Distance           | Chalfont, Pa.          | Central Bucks East      |
| Paige Kvartunas        | So.   | Distance           | Springfield, Va.       | West Springfield        |
| Ally Masoero           | Fr.   | Distance           | Marlton, N.J.          | Cherokee                |
| Valentina Muzaric      | Fr.   | Throws             | Velika Gorica, Croatia | Gimnazija Zagreb        |
| Madalyn Nuckols        | So.   | Distance           | Glen Allen, Va.        | Deep Run                |
| Leah Nugent            | Fr.   | Sprints/Hurdles    | Abington, Pa.          | Abington Senior         |
| Ogechi Nwaneri         | Sr.   | Sprints            | Maplewood, N.J.        | Chatham                 |
| Elizabeth Powell       | r-Fr. | Pole Vault         | Richmond, Va.          | Patrick Henry           |
| Sarah Rapp             | Fr.   | Distance           | Raleigh, N.C.          | Cardinal Gibbons        |
| Lyndsey Saunders       | r-Fr. | Pole Vault         | Herndon, Va.           | Chantilly               |
| Samantha Sawyer        | r-Fr. | Distance           | Indian Trail, N.C.     | Sun Valley              |
| Martina Schultze       | Fr.   | Pole Vault         | Uhingen, Germany       | University of Stuttgart |
| Oshin Shukla           | Fr.   | Distance           | Herndon, Va.           | Oakton                  |
| Ciara Simms            | Fr.   | Sprints            | Stockbridge, Ga.       | Dutchtown               |
| Lindsay Skolrood       | r-Fr. | Distance           | Roanoke, Va.           | Hidden Valley           |
| Katarina Smiljanec     | Fr.   | Mid-Distance       | Karlovac, Croatia      | General Secondary       |
| Amanda Smith           | Fr.   | Mid-Distance       | Chesapeake, Va.        | Grassfield              |
| Corene Steinert        | r-Fr. | Distance           | Morrison Plains, N.J.  | Morristown              |
| Deanna Teter           | Fr.   | Distance           | Luray, Va.             | Luray                   |
| Colleen Thom           | r-Fr. | Distance           | Yorktown, Va.          | Peninsula Catholic      |
| Jennifer Van Der Sloom | Jr.   | Distance           | Morgantown, W. Va.     | University              |
| Annjulie Vester        | Fr.   | Throws             | Homburg, Germany       | Gymnasium Johanneum     |
| Victoria von Eynatten  | Fr.   | Pole Vault         | Leinfelden, Germany    | University of Tubingen  |
| Alex Watt              | So.   | Distance           | Springfield, Va.       | West Springfield        |
| Erika Weidman          | Jr.   | Mid-Distance       | Alexandria, Va.        | T.C. Williams           |
| Natalie Woodford       | Jr.   | Sprints            | Roanoke, Va.           | Patrick Henry           |



## Men's Roster

| Name                         | Class | Events                | Hometown            | High School/Other          |
|------------------------------|-------|-----------------------|---------------------|----------------------------|
| Derek Aegerter               | So.   | High Jump             | Humble, Texas       | Kingwood                   |
| Jeff Artis-Gray              | Jr.   | Sprints/Jumps/Hurdles | Chesapeake, Va.     | Western Branch             |
| Darren Barlow                | Fr.   | Distance              | Midlothian, Va.     | Midlothian                 |
| Jared Berman                 | Jr.   | Distance              | Fairfax, Va.        | James W. Robinson          |
| Ronnie Black                 | Jr.   | High Jump             | Newport News, Va.   | Menchville                 |
| Brayden Burleigh             | Fr.   | Distance              | Midlothian, Va.     | Midlothian                 |
| Scott Campbell               | So.   | Multi-Events          | Salem, Va.          | Salem                      |
| Juan Campos                  | Fr.   | Distance              | Sterling, Va.       | Potomac Falls              |
| George Carter                | Fr.   | Distance              | Blacksburg, Va.     | Blacksburg                 |
| Thomas Curtin                | Fr.   | Distance              | Leesburg, Va.       | Loudoun County             |
| Jason Cusack                 | Jr.   | Distance              | Griswold, Conn.     | Griswold                   |
| Martin Dally                 | r-Fr. | Mid-Distance          | Bethesda, Md.       | Walter Johnson             |
| Joe Davis                    | r-Sr. | Pole Vault            | Sarasota, Fla.      | Riverview                  |
| Leoule Degfae                | r-So. | Distance              | Alexandria, Va.     | Thomas A. Edison           |
| Tihut Degfae                 | Jr.   | Mid-Distance          | Alexandria, Va.     | Thomas A. Edison           |
| Kevin DeWillie               | Fr.   | Mid-Distance          | Hummelstown, Pa.    | Hershey                    |
| Kevin Dowd                   | r-Fr. | Distance              | Fairfax, Va.        | Fairfax                    |
| Corey Fuller                 | Jr.   | Sprints/Jumps         | Baltimore, Md.      | Woodlawn                   |
| Ryan Hagen                   | Jr.   | Mid-Distance          | Sterling, Va.       | Potomac Falls              |
| Hasheem Halim                | Sr.   | Jumps                 | Lilburn, Ga.        | Berkmar                    |
| Hunter Hall °                | r-Sr. | Pole Vault            | Fort Wayne, Ind.    | Homestead                  |
| Michael Hammond              | Sr.   | Mid-Distance          | Midlothian, Va.     | Midlothian                 |
| Eric Hoepker                 | Sr.   | Sprints               | Haymarket, Va.      | Battlefield                |
| Matt Hoogland                | r-Fr. | Pole Vault            | Springfield, Va.    | Lake Braddock Secondary    |
| Eddie Judge                  | r-Sr. | Mid-Distance          | Virginia Beach, Va. | F.W. Cox                   |
| Demitri Knowles              | Fr.   | Sprints               | Lynchburg, Va.      | Liberty Christian Academy  |
| Ryan Kuhns                   | Fr.   | Distance              | Fredericksburg, Va. | Riverbend                  |
| Kieran Lee °                 | Sr.   | Mid-Distance          | Glen Allen, Va.     | Hermitage                  |
| Zach Link                    | Fr.   | Distance              | Blacksburg, Va.     | Blacksburg                 |
| Marcel Lomnický <sup>i</sup> | Sr.   | Throws                | Nitra, Slovakia     | Sport Grammar School Nitra |
| Denis Mahmic                 | Jr.   | Throws                | Zagreb, Croatia     | Railway Technical School   |
| Jonathan McCants             | Jr.   | Sprints               | Alexandria, Va.     | West Potomac               |
| Daniel McFadden              | Fr.   | Sprints/Hurdles       | Newport News, Va.   | Heritage                   |
| Mike Miller                  | Sr.   | Pole Vault            | Keezletown, Va.     | Broadway                   |
| Will Mulherin                | Sr.   | Distance              | Yorktown, Va.       | Tabb                       |
| Joseph Murray                | Jr.   | Distance              | Fredericksburg, Va. | Stafford                   |
| Luka Mustafic                | Fr.   | Throws                | Rakitje, Croatia    | Gimnasium Samobor          |
| Grant Pollock                | r-Fr. | Distance              | Richmond, Va.       | Mills Godwin               |
| Keith Ricks                  | Sr.   | Sprints               | Suffolk, Va.        | King's Fork                |
| Corey Shank                  | So.   | Pole Vault            | Fort Wayne, Ind.    | Northrop                   |
| Matthias Treff °             | r-Jr. | Throws                | Burgthann, Germany  | Sportgymnasium Halle       |
| Shaowei Tu                   | So.   | Mid-Distance          | Mechanicsville, Va. | Atlee                      |
| Chris Uhle                   | Fr.   | Pole Vault            | Powell, Ohio        | Olentangy Liberty          |
| Chris Walizer                | Sr.   | Mid-Distance          | Hershey, Pa.        | Hershey                    |
| Brian Welch                  | r-Jr. | Distance              | Richmond, Va.       | Mills Godwin               |
| Darrell Wesh                 | So.   | Sprints               | Virginia Beach, Va. | Landstown                  |
| Connor Wilson                | Fr.   | Distance              | Sterling, Va.       | Potomac Falls              |
| Ryan Witt <sup>i</sup>       | r-Sr. | Distance              | Winchester, Va.     | Sherando                   |
| Pat Woodford                 | Fr.   | Distance              | Roanoke, Va.        | Patrick Henry              |
| Alexander Ziegler            | Jr.   | Throws                | Dischingen, Germany | Schiller Gym Heidenheim    |

<sup>i</sup>-- will compete indoors only

° -- will compete outdoors only





## ACC Outdoor Track & Field Leaders (as of 3/27/12)



### Men

| Event     | Name, School                                      | Performance        |
|-----------|---|--------------------|
| 100m      | Keith Ricks, Virginia Tech                        | 10.22              |
| 200m      | Keith Ricks, Virginia Tech                        | 20.75              |
| 400m      | Sean Sutton, North Carolina                       | 47.59              |
| 800m      | Lance Roller, Virginia                            | 1:48.78            |
| 1,500m    | Anthony Kostelac, Virginia                        | 3:45.34            |
| 5,000m    | Ty McCormack, Clemson                             | 14:28.67           |
| 10,000m   | Sean Quinn, Florida State                         | 32:21.46           |
| 110m H    | Gonzalo Barroilhet, Florida State                 | 14.04              |
| 400m H    | Javonte Lipsey, North Carolina                    | 52.18              |
| 3,000m SC | Eric Powers, Georgia Tech                         | 9:10.55            |
| 4x100m    | Virginia Tech                                     | 40.11              |
| 4x400m    | Florida State                                     | 3:08.90            |
| HJ        | K. Kornegay-Gober, NC State/T. Anderson, Duke     | 7-0.5<br>(2.15m)   |
| PV        | N. Kirillov, Georgia Tech/ H. Hall, Virginia Tech | 17-4.5<br>(5.30m)  |
| LJ        | Hasheem Halim, Virginia Tech                      | 24-5<br>(7.44m)    |
| TJ        | Carl Marant, NC State                             | 49-8.5<br>(15.15m) |
| SP        | Michael Barbas, Duke                              | 55-7.5<br>(16.95m) |
| DT        | Nathaniel Williams, NC State                      | 172-4<br>(52.52m)  |
| HT        | Vincenzo Chiariello, Virginia                     | 201-8<br>(61.46m)  |
| JT        | Andy Fahringer, Virginia                          | 236-6<br>(72.10m)  |
| Dec       | Scott Campbell, Virginia Tech                     | 6,261 pts.         |

### Women

| Event     | Name, School                              | Performance         |
|-----------|---|---------------------|
| 100m      | Ciara Simms, Virginia Tech                | 11.56               |
| 200m      | Bridgette Owens, Clemson                  | 23.73               |
| 400m      | Marlena Wesh, Clemson                     | 52.60               |
| 800m      | Molly Binder, Virginia                    | 2:10.57             |
| 1,500m    | Natalie Anthony, Clemson                  | 4:29.17             |
| 5,000m    | Katie Townsend, Georgia Tech              | 17:29.51            |
| 10,000m   | n/a                                       |                     |
| 100m H    | Monique Gracia, Clemson                   | 13.36               |
| 400m H    | Jasmine Isley, Georgia Tech               | 1:00.40             |
| 3,000m SC | Bridget Dahlberg, Boston College          | 10:55.39            |
| 4x100m    | Clemson                                   | 43.50               |
| 4x400m    | Clemson                                   | 3:36.06             |
| HJ        | T. LaFond, Maryland/A. Melville, Maryland | 5-8<br>(1.73m)      |
| PV        | Amy Fryt, Duke                            | 13-7.25<br>(4.15m)  |
| LJ        | Amy Harris, Florida State                 | 21-0<br>(6.40m)     |
| TJ        | April Sinkler, Clemson                    | 43-0.5<br>(13.12m)  |
| SP        | Valentina Muzaric, Virginia Tech          | 53-8.25<br>(16.36m) |
| DT        | Tremanisha Taylor, NC State               | 170-6<br>(51.97m)   |
| HT        | Anj Julie Vester, Virginia Tech           | 187-11<br>(57.27m)  |
| JT        | Chelsea Whalen, Florida State             | 154-0<br>(46.94m)   |
| Hep       | Rachel Dupree, Miami                      | 4,294 pts.          |



# 2012 Virginia Tech Men's Outdoor Track & Field Season-Best Performance List



## 100m (School Record: 10.22, Keith Ricks, 2012)

| Athlete         | Year | Time  | Meet                         | Meet Date | Wind (m/s) |
|-----------------|------|-------|------------------------------|-----------|------------|
| Ricks, Keith    | SR-4 | 10.22 | UCF Invitational             | 03/23/12  | 2.3        |
| Wesh, Darrell   | SO-2 | 10.35 | UCF Invitational             | 03/23/12  | 2.3        |
| Campbell, Scott | SO-2 | 11.32 | Miami Hurricane Invitational | 03/16/12  | 0.8        |

## 200m (School Record: 20.75, Keith Ricks, 2012)

| Athlete           | Year | Time  | Meet             | Meet Date | Wind (m/s) |
|-------------------|------|-------|------------------|-----------|------------|
| Ricks, Keith      | SR-4 | 20.75 | UCF Invitational | 03/23/12  | 2.3        |
| McCants, Jonathan | JR-3 | 21.56 | UCF Invitational | 03/23/12  | 1.9        |

## 400m (School Record: 46.73, Hilliard Sumner, 1996)

| Athlete           | Year | Time  | Meet                         | Meet Date |
|-------------------|------|-------|------------------------------|-----------|
| Artis-Gray, Jeff  | JR-3 | 48.11 | Miami Hurricane Invitational | 03/16/12  |
| Hoepker, Eric     | JR-3 | 48.46 | Miami Hurricane Invitational | 03/16/12  |
| McCants, Jonathan | JR-3 | 49.35 | Miami Hurricane Invitational | 03/16/12  |
| Wesh, Darrell     | SO-2 | 49.70 | Miami Hurricane Invitational | 03/16/12  |
| Campbell, Scott   | SO-2 | 50.20 | Miami Hurricane Invitational | 03/16/12  |

## 1,500m (School Record: 3:39.35, Gary Cobb, 1987)

| Athlete         | Year | Time    | Meet                         | Meet Date |
|-----------------|------|---------|------------------------------|-----------|
| Campbell, Scott | SO-2 | 4:47.81 | Miami Hurricane Invitational | 03/16/12  |

## 110m Hurdles (School Record: 13.89, Chris Stokes, 1999)

| Athlete                            | Year | Time   | Meet                         | Meet Date | Wind |
|------------------------------------|------|--------|------------------------------|-----------|------|
| <i>Wind-aided (above +3.0m/s):</i> |      |        |                              |           |      |
| Campbell, Scott                    | SO-2 | 15.65w | Miami Hurricane Invitational | 03/16/12  | 3.3  |

## 4x100m (School Record: 40.11, Halim, Wesh, McCants, Ricks, 2012)

| Time  | Athletes                            | Meet                         | Meet Date |
|-------|-------------------------------------|------------------------------|-----------|
| 40.11 | Halim, Wesh,<br>McCants, Ricks      | UCF Invitational             | 03/23/12  |
| 41.59 | Artis-Gray, Wesh,<br>McCants, Ricks | Miami Hurricane Invitational | 03/16/12  |

## High Jump (School Record: 7'1.5", 2.17m, Ronnie Black, 2011)

| Athlete         | Year | English | Metric | Meet                         | Meet Date |
|-----------------|------|---------|--------|------------------------------|-----------|
| Campbell, Scott | SO-2 | 5'8.75" | 1.75m  | Miami Hurricane Invitational | 03/16/12  |

## Pole Vault (School Record: 18'1.75", 5.53m, Brian Mondschein, 2006)

| Athlete         | Year | English  | Metric | Meet                         | Meet Date |
|-----------------|------|----------|--------|------------------------------|-----------|
| Hall, Hunter    | SR-4 | 17'4.5"  | 5.30m  | UCF Invitational             | 03/23/12  |
| Davis, Joe      | SR-4 | 16'2.75" | 4.95m  | UCF Invitational             | 03/23/12  |
| Miller, Michael | JR-3 | 15'9"    | 4.80m  | UCF Invitational             | 03/23/12  |
| Uhle, Chris     | FR-1 | 15'9"    | 4.80m  | UCF Invitational             | 03/23/12  |
| Campbell, Scott | SO-2 | 12'7.25" | 3.84m  | Miami Hurricane Invitational | 03/16/12  |

## Long Jump (School Record: 24'10", 7.57m, Jerry Gaines, 1971)

| Athlete         | Year | English  | Metric | Meet                         | Meet Date | Wind |
|-----------------|------|----------|--------|------------------------------|-----------|------|
| Halim, Hasheem  | SR-4 | 24'5"    | 7.44m  | UCF Invitational             | 03/23/12  | 1.5  |
| Campbell, Scott | SO-2 | 21'1.25" | 6.43m  | Miami Hurricane Invitational | 03/16/12  | 1.5  |

## Shot Put (School Record: 62'10.5", 19.16m, Sven Hahn, 2005)

| Athlete         | Year | English   | Metric | Meet                         | Meet Date |
|-----------------|------|-----------|--------|------------------------------|-----------|
| Mustafic, Luka  | FR-1 | 54'7.25"  | 16.64m | UCF Invitational             | 03/23/12  |
| Campbell, Scott | SO-2 | 31'11.25" | 9.73m  | Miami Hurricane Invitational | 03/16/12  |

## Discus Throw (School Record: 189'6", 57.76m, Sven Hahn, 2005)

| Athlete         | Year | English | Metric | Meet                         | Meet Date |
|-----------------|------|---------|--------|------------------------------|-----------|
| Campbell, Scott | SO-2 | 101'8"  | 30.98m | Miami Hurricane Invitational | 03/16/12  |

## Hammer Throw (School Record: 248'10", 75.84m, Marcel Lomnický, 2011)

| Athlete       | Year | English | Metric | Meet             | Meet Date |
|---------------|------|---------|--------|------------------|-----------|
| Mahmic, Denis | JR-3 | 199'4"  | 60.75m | UCF Invitational | 03/23/12  |

## Javelin Throw (School Record: 255'6", 77.88m, Matthias Treff, 2011)

| Athlete         | Year | English | Metric | Meet                         | Meet Date |
|-----------------|------|---------|--------|------------------------------|-----------|
| Campbell, Scott | SO-2 | 136'9"  | 41.69m | Miami Hurricane Invitational | 03/16/12  |

## Decathlon (School Record: 6,951 points, Ed Nuttycombe, 1976)

| Athlete         | Year | Pts.  | Meet                         | Meet Date |
|-----------------|------|-------|------------------------------|-----------|
| Campbell, Scott | SO-2 | 6,261 | Miami Hurricane Invitational | 03/16/12  |

w - denotes wind-aided performance

Note: No conversions are applied. Virginia Tech school records recognize wind readings of <3.0m/s.

# 2012 Virginia Tech Women's Outdoor Track & Field Season-Best Performance List



## 100m (School Record: 11.40, Patrice Potts, 2007)

| Athlete         | Year | Time  | Meet                         | Meet Date | Wind (m/s) |
|-----------------|------|-------|------------------------------|-----------|------------|
| Simms, Ciara    | FR-1 | 11.68 | Miami Hurricane Invitational | 03/16/12  | 1.1        |
| Nwaneri, Ogechi | SR-4 | 11.81 | Miami Hurricane Invitational | 03/16/12  | 1.1        |

*Wind-aided (above +3.0m/s):*

|              |      |        |                  |          |     |
|--------------|------|--------|------------------|----------|-----|
| Simms, Ciara | FR-1 | 11.56w | UCF Invitational | 03/23/12 | 3.4 |
|--------------|------|--------|------------------|----------|-----|

## 200m (School Record: 23.17, Britni Spruill, 2007)

| Athlete           | Year | Time  | Meet                         | Meet Date | Wind (m/s) |
|-------------------|------|-------|------------------------------|-----------|------------|
| Simms, Ciara      | FR-1 | 23.85 | UCF Invitational             | 03/23/12  | 0.7        |
| Nwaneri, Ogechi   | SR-4 | 24.39 | UCF Invitational             | 03/23/12  | 0.7        |
| Boone, Aunye      | SR-4 | 24.65 | Miami Hurricane Invitational | 03/16/12  | 0.4        |
| DeCoster, Jameice | JR-3 | 24.80 | Miami Hurricane Invitational | 03/16/12  | 0.4        |
| Nugent, Leah      | FR-1 | 25.02 | Miami Hurricane Invitational | 03/16/12  | 0.2        |
| Woodford, Natalie | JR-3 | 26.26 | Miami Hurricane Invitational | 03/16/12  | 0.2        |

## 400m (School Record: 52.88, Queen Harrison, 2008)

| Athlete           | Year | Time  | Meet                         | Meet Date |
|-------------------|------|-------|------------------------------|-----------|
| Amegashie, Yvonne | JR-3 | 54.52 | UCF Invitational             | 03/23/12  |
| Boone, Aunye      | SR-4 | 55.78 | UCF Invitational             | 03/23/12  |
| DeCoster, Jameice | JR-3 | 56.99 | Miami Hurricane Invitational | 03/16/12  |
| Woodford, Natalie | JR-3 | 57.26 | UCF Invitational             | 03/23/12  |

## 100m Hurdles (12.46, Queen Harrison, 2010)

| Athlete      | Year | Time  | Meet             | Meet Date | Wind (m/s) |
|--------------|------|-------|------------------|-----------|------------|
| Nugent, Leah | FR-1 | 13.92 | UCF Invitational | 03/23/12  | 1.5        |

## 400m Hurdles (School Record: 54.55, Queen Harrison, 2010)

| Athlete      | Year | Time    | Meet             | Meet Date |
|--------------|------|---------|------------------|-----------|
| Nugent, Leah | FR-1 | 1:01.45 | UCF Invitational | 03/23/12  |

## 4x100m (School Record: 44.33, Green, Potts, Castlin, Spruill, 2007)

| Time  | Athletes                            | Meet                         | Meet Date |
|-------|-------------------------------------|------------------------------|-----------|
| 45.71 | Simms, DeCoster,<br>Boone, Nwaneri  | UCF Invitational             | 03/23/12  |
| 45.81 | Simms, DeCoster,<br>Nugent, Nwaneri | Miami Hurricane Invitational | 03/16/12  |

## Pole Vault (School Record: 13'5.75", 4.11m, Ashley Early, 2007)

| Athlete                | Year | English    | Metric | Meet             | Meet Date |
|------------------------|------|------------|--------|------------------|-----------|
| Schultze, Martina      | FR-1 | 13' 5.25"  | 4.10m  | UCF Invitational | 03/23/12  |
| von Eynatten, Victoria | FR-1 | 13' 5.25"  | 4.10m  | UCF Invitational | 03/23/12  |
| Allin, Leigh           | JR-3 | 11' 11.75" | 3.65m  | UCF Invitational | 03/23/12  |
| Powell, Elizabeth      | SO-2 | 10' 6"     | 3.20m  | UCF Invitational | 03/23/12  |

## Long Jump (School Record: 20'1.5", 6.13m, April Byrd, 2000)

| Athlete                | Year | English | Metric | Meet             | Meet Date | Wind (m/s) |
|------------------------|------|---------|--------|------------------|-----------|------------|
| von Eynatten, Victoria | FR-1 | 19' 6"  | 5.94m  | UCF Invitational | 03/23/12  | 0.0        |

## Shot Put (School Record: 56'1", 17.09m, Samira Burkhardt, 2011)

| Athlete            | Year | English   | Metric | Meet             | Meet Date |
|--------------------|------|-----------|--------|------------------|-----------|
| Muzaric, Valentina | FR-1 | 53' 8.25" | 16.36m | UCF Invitational | 03/23/12  |

## Hammer Throw (School Record: 224'3", 68.36m, Dorotea Habazin, 2011)

| Athlete          | Year | English  | Metric | Meet                         | Meet Date |
|------------------|------|----------|--------|------------------------------|-----------|
| Vester, Annjulie | FR-1 | 187' 11" | 57.27m | Miami Hurricane Invitational | 03/16/12  |

*w - denotes wind-aided performance*

*Note: No conversions are applied. Virginia Tech school records recognize wind readings of <3.0m/s.*



**adidas RALEIGH RELAYS**  
**FRIDAY, MARCH 30th, 2012 - FINAL**



**TRACK EVENTS**

| <i>TIME</i> | <i>EVENT</i>       | <i>SECTION</i>     | <i>CLASSIFICATION</i> | <i>STANDARD</i> |
|-------------|--------------------|--------------------|-----------------------|-----------------|
| 9:45 AM     | 5000m              | Section 5          | Women                 | Seeded          |
| 10:10 AM    | 5000m              | Section 4          | Women                 | Seeded          |
| 10:30 AM    | 5000m              | Section 3          | Women                 | Seeded          |
| 10:50 AM    | 5000m              | Section 6          | Men                   | Seeded          |
| 11:10 AM    | 5000m              | Section 5          | Men                   | Seeded          |
| 11:27 AM    | 5000m              | Section 4          | Men                   | Seeded          |
| 11:45 AM    | 1500m              | Section 5          | Women                 | Seeded          |
| 11:52 AM    | 1500m              | Section 6          | Women                 | Seeded          |
| 11:58 AM    | 1500m              | Section 7          | Women                 | Seeded          |
| 12:03 PM    | 1500m              | Section 8          | Women                 | Seeded          |
| 12:08 PM    | 1500m              | Section 5          | Men                   | Seeded          |
| 12:13 PM    | 1500m              | Section 6          | Men                   | Seeded          |
| 12:18 PM    | 1500m              | Section 7          | Men                   | Seeded          |
| 12:23 PM    | 1500m              | Section 8          | Men                   | Seeded          |
| 12:33 PM    | 110m HH            | Times to Final     | Men                   | Trials          |
| 1:00 PM     | 100m HH            | Times to Final     | Women                 | Trials          |
| 1:35 PM     | 100m               | Times to Final     | Men                   | Trials          |
| 2:00 PM     | 100m               | Times to Final     | Women                 | Trials          |
| 2:25 PM     | 400m               | Sections as Needed | Men                   | Final           |
| 3:25 PM     | 400m               | Sections as Needed | Women                 | Final           |
| 4:20 PM     | Sprint Medley      | Sections as Needed | Men                   | Final           |
| 4:40 PM     | Sprint Medley      | Sections as Needed | Women                 | Final           |
| 5:15 PM     | 3000m Steeplechase | Section 2          | Women                 | Seeded          |
| 5:30 PM     | 3000m Steeplechase | Section 1          | Women                 | Seeded          |
| 5:45 PM     | 3000m Steeplechase | Section 2          | Men                   | Seeded          |
| 5:55 PM     | 3000m Steeplechase | Section 1          | Men                   | Seeded          |
| 6:10 PM     | 1500m              | Section 4          | Women                 | Seeded          |
| 6:15 PM     | 1500m              | Section 3          | Women                 | Seeded          |
| 6:20 PM     | 1500m              | Section 2          | Women                 | Seeded          |
| 6:25 PM     | 1500m              | Section 4          | Men                   | Seeded          |
| 6:30 PM     | 1500m              | Section 3          | Men                   | Seeded          |
| 6:35 PM     | 1500m              | Section 2          | Men                   | Seeded          |
| 6:40 PM     | 1500m              | Section 1          | Women                 | Seeded          |
| 6:45 PM     | 1500m              | Section 1          | Men                   | Seeded          |
| 6:50 PM     | 3200m-High School  | Final              | Girls                 | Seeded          |
| 7:05 PM     | 3200m-High School  | Final              | Boys                  | Seeded          |
| 7:17 PM     | 5000m              | Section 3          | Men                   | Seeded          |
| 7:34 PM     | 5000m              | Section 2          | Women                 | Seeded          |
| 7:52 PM     | 5000m              | Section 2          | Men                   | Seeded          |
| 8:08 PM     | 5000m              | Section 1          | Women                 | Seeded          |
| 8:25 PM     | 5000m              | Section 1          | Men                   | Seeded          |
| 8:40 PM     | 10,000m            | Section 1          | Women                 | Seeded          |
| 9:20 PM     | 10,000m            | Section 1          | Men                   | Seeded          |
| 9:55 PM     | 10,000m            | Section 2          | Women                 | Seeded          |

**FIELD EVENTS**

| <i>TIME</i> | <i>EVENT</i> | <i>SECTION</i>        | <i>CLASSIFICATION</i> | <i>MINIMUM MARK MEASURED</i> |                         |
|-------------|--------------|-----------------------|-----------------------|------------------------------|-------------------------|
| 10:00 AM    | Discus       | Final                 | Men                   | 44.20m                       | 145' 0"                 |
| 10:00 AM    | Shot Put     | Final                 | Women                 | 12.19m                       | 40' 0"                  |
| 11:00 AM    | High Jump    | Section 1             | Women                 | 1.65m                        | 5'4 1/2" Top 15 Entries |
|             | High Jump    | Section 2 - To Follow | Women                 | 1.60m                        | 5'2 1/2"                |
| 11:00 AM    | Long Jump    | Section 2             | Men                   | 6.70m                        | 21' 11 1/4"             |
| 11:00 AM    | Long Jump    | Section 2             | Women                 | 5.35m                        | 17'6 3/4"               |
| 11:00 AM    | Pole Vault   | Section 1             | Men                   | 4.45m                        | 14'7 1/4"               |
| 2:00 PM     | Discus       | Final                 | Women                 | 39.63m                       | 130' 0"                 |
| 2:00 PM     | Shot Put     | Final                 | Men                   | 14.63m                       | 48' 0"                  |
| 2:00 PM     | High Jump    | Section 1             | Men                   | 2.00m                        | 6'6 3/4" Top 15 Entries |
|             | High Jump    | Section 2 - To Follow | Men                   | 1.95m                        | 6'4 3/4"                |
| 2:00 PM     | Long Jump    | Section 1             | Men                   | 6.85m                        | 22'5 3/4"               |
| 2:00 PM     | Long Jump    | Section 1             | Women                 | 5.50m                        | 18'0 1/2"               |

**IMPLEMENT WEIGH-IN**

|               |                |                             |                 |                 |          |
|---------------|----------------|-----------------------------|-----------------|-----------------|----------|
| <b>Friday</b> | Discus - Men   | 8:30 AM                     | <b>Saturday</b> | Javelin - Men   | 8:30 AM  |
|               | Shot - Women   | 8:30 AM                     |                 | Javelin - Women | 12:00 PM |
|               | Discus - Women | 12:00 PM                    |                 |                 |          |
|               | Shot - Men     | 12:00 PM                    |                 |                 |          |
|               | Hammer - Women | 1:00:00 PM (then impounded) |                 |                 |          |
|               | Hammer - Men   | 1:00:00 PM (then impounded) |                 |                 |          |

**adidas RALEIGH RELAYS**  
**SATURDAY, MARCH 31st, 2012 - FINAL**  
**TRACK EVENTS**



| <u>TIME</u> | <u>EVENT</u>          | <u>SECTION</u>                 | <u>CLASSIFICATION</u> | <u>STANDARD</u> |
|-------------|-----------------------|--------------------------------|-----------------------|-----------------|
| 9:30 AM     | 3000m Race Walk       | 1 Section                      | Men & Women           | Final           |
| 10:15 AM    | 4 X 1500 Top 24 teams | 1 Section                      | Men                   | Final           |
| 10:35 AM    | 4 X 1500 Top 24 teams | 1 Section                      | Women                 | Final           |
| 12:00 PM    | 100m H                | 2 Section Final – top 16       | Women                 | Final           |
| 12:05 PM    | 110m HH               | 2 Section Final – top 16       | Men                   | Final           |
| 12:10 PM    | 100m                  | 2 Section Final – top 16       | Women                 | Final           |
| 12:15 PM    | 100m                  | 2 Section Final – top 16       | Men                   | Final           |
| 12:25 PM    | 400m IH               | Sections as Needed             | Men                   | Final           |
| 1:00 PM     | 400m IH               | Sections as Needed             | Women                 | Final           |
| 1:30 PM     | 4 x 100m              | Sections as Needed             | Men                   | Final           |
| 1:45 PM     | 4 X 100m              | Sections as Needed             | Women                 | Final           |
| 2:05 PM     | 800m-Invitational     | 2 Sections – College Ath. Only | Men                   | Final           |
| 2:15 PM     | 800m-Invitational     | 2 Sections – College Ath. Only | Women                 | Final           |
| 2:25 PM     | 4 X 200m              | Sections as Needed             | Men                   | Final           |
| 2:45 PM     | 4 X 200m              | Sections as Needed             | Women                 | Final           |
| 3:05 PM     | 4 X 800m              | 2 Sections                     | Men                   | Final           |
| 3:20 PM     | 4 X 800m              | 2 Sections                     | Women                 | Final           |
| 3:45 PM     | 200m-Invitational     | 2 Sections – College Ath. Only | Men                   | Final           |
| 3:55 PM     | 200m-Invitational     | 2 Sections – College Ath. Only | Women                 | Final           |
| 4:10 PM     | 4 X 400m              | Sections as Needed             | Men                   | Final           |
| 4:35 PM     | 4 X 400m              | Sections as Needed             | Women                 | Final           |

**FIELD EVENTS**

| <u>TIME</u> | <u>EVENT</u> | <u>SECTION</u>      | <u>CLASSIFICATION</u> | <u>MINIMUM MARK MEASURED</u> |           |
|-------------|--------------|---------------------|-----------------------|------------------------------|-----------|
| 10:00 AM    | Hammer       | Final               | Men                   | 45.73.m                      | 150'      |
| 11:00 AM    | Pole Vault   | Section 1           | Women                 | 3.35m                        | 10' 11 ¾" |
| 11:00 AM    | Javelin      | Final               | Men                   | 51.83.m                      | 170'0"    |
| 11:00 AM    | Triple Jump  | Section 1           | Men                   | 14.00m                       | 45' 11 ¼" |
|             |              | Section 2 To Follow | Men                   |                              |           |
| 1:00 PM     | Hammer       | Final               | Women                 | 44.21m                       | 145' 0"   |
| 2:00 PM     | Javelin      | Final               | Women                 | 36.59m                       | 120' 0"   |
| 2:00 PM     | Triple Jump  | Section 1           | Women                 | 11.10m                       | 36'6"     |
|             | Triple Jump  | Section 2 To Follow | Women                 |                              |           |

**YELLOW JACKET INVITATIONAL**  
**GEORGE C. GRIFFIN TRACK – GEORGIA TECH**  
**ATLANTA, GEORGIA**  
**FRIDAY-SATURDAY, MARCH 30-31, 2012**

**Schedule of Events**

**FRIDAY**

|         |              |                 |
|---------|--------------|-----------------|
| 6:00 pm | Hammer Throw | (W/M to follow) |
| 9:00 pm | 5000m        | (W/M to follow) |

**SATURDAY**

**Field Events**

|          |             |                 |
|----------|-------------|-----------------|
| 10:30 am | Shot Put    | (W/M to follow) |
|          | Javelin     | (W/M to follow) |
| 12:30 pm | Pole Vault  | (M/W to follow) |
|          | Long Jump   | (M – South Pit) |
|          | Long Jump   | (W – North Pit) |
| 2:00 pm  | Discus      | (W/M to follow) |
| 2:30 pm  | High Jump   | (W/M to follow) |
| 3:00 pm  | Triple Jump | (W – South Pit) |
|          | Triple Jump | (M – North Pit) |

\*\* In ALL running events, women will go first followed by the men \*\*

**Running Events**

|          |                  |
|----------|------------------|
| 12:30 pm | 4 x 100m Relay   |
| 12:40 pm | 1500m            |
| 1:15 pm  | 100m H / 110m HH |
| 1:40 pm  | 400m             |
| 2:00 pm  | 100m             |
| 2:25 pm  | 800m             |
| 2:55 pm  | 400m IH          |
| 3:20 pm  | 200m             |
| 4:00 pm  | 3000m SC         |
| 4:30 pm  | 4 x 400m Relay   |

## **2012 85th Clyde Littlefield Texas Relays Presented by State Farm Schedule**

### **Wednesday March 28, 2012**

11:30 a.m.                Heptathlon - University/College Women

- 100 Meter Hurdles
- High Jump
- Shot Put
- 200 Meter Dash

Noon                      Decathlon - University/College Men

- 100 Meters
- Long Jump
- Shot Put
- High Jump
- 400 Meters

### **Thursday March 29, 2012**

11:00 a.m.                Decathlon - University/College Men

- 110 Meter Hurdles
- Discus
- Pole Vault
- Javelin
- 1,500 Meters

Noon                      Heptathlon - University/College Women

- Long Jump
- Javelin
- 800 Meters

### **Running Events (Afternoon Session)**

4:30 p.m.                400 Meter Hurdles - University/College Women (Prelims)

5:00 p.m.                400 Meter Hurdles - College Men (Prelims)

400 Meter Hurdles - University Men (Prelims)

5:35 p.m.                4 x 800 Meter Relay - University/College Women

5:50 p.m.                4 x 800 Meter Relay - University Men

### **Field Events (Prelims and Finals)**

|            |  |
|------------|--|
| 12:30 p.m. | Hammer - University/College Women - Outside Throwing Area  |
| 3:30 p.m.  | Javelin - University/College Men (Section B)*or 30 minutes following the Hep. Javelin<br>Pole Vault - University/College Men (Section B) |
| 3:30 p.m.  | Hammer - University/College Men - Outside Throwing Area  |
| 6:30 p.m.  | Javelin - University/College Women (Section B)*or 30 minutes following the Dec. Javelin  |

### **Running Events (Evening Session)**

|           |   |
|-----------|---|
| 7:15 p.m. | 800 Meters - Invitational Men                       |
| 7:30 p.m. | 1500 Meters - Univ/College Women (Section B)        |
| 7:40 p.m. | 1500 Meters - University Men (Section B)            |
| 7:50 p.m. | 1500 Meters - University Men (Section A)            |
| 8:00 p.m. | 2,000 Meter Steeplechase - High School Girls        |
| 8:15 p.m. | 3,000 Meter Steeplechase - University/College Women |
| 8:35 p.m. | 2,000 Meter Steeplechase - High School Boys         |
| 8:45 p.m. | 3,000 Meter Steeplechase - University Men           |
| 9:00 p.m. | 5,000 Meters - University/College Women             |
| 9:30 p.m. | 5,000 Meters - University Men                       |

### **Friday March 30, 2012 (Morning Session)**

#### **Running Events (Prelims)**

|           |   |
|-----------|---|
| 9:30 a.m. | 4 x 100 Meter Relay - University/College Women<br>Clyde Littlefield 4 x 100 Meter Relay - University Men<br>* 100 Meter Hurdles - University/College Women (West)<br>* 110 Meter Hurdles - College Men (East)<br>* 110 Meter Hurdles - University Men (East)<br>* 100 Meters - University/College Women (West)<br>* 100 Meters - College Men (East)<br>* 100 Meters - University Men (East)<br>* 4 x 400 Meter Relay - University/College Women<br>* 4 x 400 Meter Relay - University Men |
|-----------|---|

\* Special Note: In the University/College Men's and Women's 100/110 Hurdles and 100 Meter Dash, we will run the Men and Women SIMULTANEOUSLY. The Women will use the West Straight, and Men Will use the East Straight. The College Men will precede the University Men. We will alternate races back and forth between straights, so please have your athletes ready to compete. All finals will be held on the East Straight. We will prepare a time schedule for preliminary events after scratches have been received. You are responsible for knowing the time schedule. It is a guideline only. We do this to help keep the schedule on time.

### **Field Events (Prelims and Finals)**

|            |   |
|------------|---|
| 9:30 a.m.  | Javelin - University/College Women (Section A)    |
| 10:00 a.m. | Long Jump - University/College Men (Section B)    |
|            | Long Jump - University/College Women (Section B)  |
|            | High Jump - University/College Women (Section B)  |
|            | Pole Vault - University/College Women (Section B) |
|            | Shot Put - University/College Women (Section B)   |
|            | Shot Put - University/College Men (Section B)     |
| 11:30 a.m. | Javelin - University/College Men (Section A)      |

### **Friday March 30, 2012 (Afternoon Session)**

#### **Field Events (Prelims and Finals)**

|            |  |
|------------|--|
| 12:30 p.m. | Triple Jump - University/College Men (Section B)   |
|            | Triple Jump - University/College Women (Section B) |
| 1:00 p.m.  | Discus - University/College Men (Section B)        |
|            | High Jump - University/College Men (Section B)     |
| 1:30 p.m.  | Pole Vault - High School Boys (Section B)          |
|            | Discus - High School Girls - Outside Throwing Area |
| 2:00 p.m.  | Triple Jump - University/College Men (Section A)   |
|            | Triple Jump - University/College Women (Section A) |
| 3:00 p.m.  | High Jump - High School Boys                       |
| 4:00 p.m.  | Discus - University/College Women (Section A)      |
|            | Pole Vault - High School Girls (Section A)         |
| 4:30 p.m.  | Discus - High School Boys - Outside Throwing Area  |

#### **Running Events (Prelims)**

|           |   |
|-----------|---|
| 2:30 p.m. | * 100 Meter Hurdles - Division I & II High School Girls (West)    |
|           | * 110 Meter Hurdles - Division I & II High School Boys (East)     |
|           | * 100 Meters - Division I & II High School Girls (West)           |
|           | * 100 Meters - Division I & II High School Boys (East)            |
|           | * 4 x 200 Meter Relay - Division I High School Girls (NO BLOCKS)  |
|           | * 4 x 200 Meter Relay - Division I High School Boys (NO BLOCKS)   |
|           | * 4 x 200 Meter Relay - Division II High School Girls (NO BLOCKS) |
|           | * 4 x 200 Meter Relay - Division II High School Boys (NO BLOCKS)  |

\* Special Note: In the High School Boys and Girls 100/110 Hurdles and 100 Meter Dash, we will run Boys and Girls SIMULTANEOUSLY. The Girls will use the West Straight, and the Boys will use the East Straight. Division I will precede Division II. We will alternate races back and forth between straights, so please have your athletes ready to compete. All finals will be held on the East Straight. We will prepare a time schedule for preliminary events after scratches have been received. You are responsible for knowing the time schedule. It is a guideline only. We do this to help keep the schedule on time.

## **Friday March 30, 2012 (Evening Session)**

### **Field Events (Prelims and Finals)**

- 6:00 p.m. High Jump - High School Girls  
7:00 p.m. Pole Vault - High School Boys (Section A)
- 7:30 p.m. Long Jump - High School Girls  
Long Jump - High School Boys

### **Running Events (Prelims and Selected Finals)**

- 5:50 p.m. Sprint Medley Relay - High School Girls  
Sprint Medley Relay - High School Boys  
Invitational Sprint Medley Relay - College Men  
Invitational Sprint Medley Relay - University/College Women  
Invitational Sprint Medley Relay - University Men  
4 x 1500 Meter Relay - University Men
- 7:00 p.m. Distance Medley Relay - High School Girls  
7:15 p.m. Distance Medley Relay - High School Boys
- 7:30 p.m. 4 x 400 Meter Relay - Division I High School Girls (NO BLOCKS)  
4 x 400 Meter Relay - Division II High School Girls (NO BLOCKS)  
4 x 400 Meter Relay - Division I High School Boys (NO BLOCKS)  
4 x 400 Meter Relay - Division II High School Boys (NO BLOCKS)

## **Saturday March 31, 2012 (Morning Session)**

### **Field Events (Prelims and Finals)**

- 9:00 a.m. Pole Vault - High School Girls (Section B)  
Triple Jump - High School Girls  
Triple Jump - High School Boys
- 10:00 a.m. Discus - University/College Women (Section B)  
11:00 a.m. High Jump - University/College Men (Section A)  
Shot Put - High School Boys

### **Running Events (Prelims and Selected Finals)**

- 8:15 a.m. 3200 Meters - High School Girls  
8:35 a.m. 3200 Meters High School Boys
- 9:00 a.m. 4 x 800 Meter Relay - High School Girls (Final)  
4 x 800 Meter Relay - High School Boys (Final)

9:30 a.m.                    4 x 100 Meter Relay - Division I High School Girls  
4 x 100 Meter Relay - Division II High School Girls  
4 x 100 Meter Relay - Division I High School Boys  
4 x 100 Meter Relay - Division II High School Boys

**Saturday March 31, 2012 (Afternoon Session)**

**Field Events (Prelims and Finals)**

Noon                            Pole Vault - University/College Women (Section A)  
12:30 p.m.                    Shot Put - High School Girls  
1:30 p.m.                      Discus- University/College Men (Section A)  
2:00 p.m.                      High Jump - University/College Women (Section A)  
3:00 p.m.                      Pole Vault - University/College Men (Section A)  
3:30 p.m.                      Shot Put - University/College Men (Section A)  
Shot Put - University/College Women (Section A)  
Long Jump - University/College Women (Section A)  
Long Jump - University/College Men (Section A)

**Running Events (Finals)**

12:15 p.m.                    400 Meter Hurdles - University/College Women  
400 Meter Hurdles - Invitational Women  
400 Meter Hurdles - College Men  
400 Meter Hurdles - University Men  
400 Meter Hurdles - Invitational Men  
  
12:35 p.m.                    Invitational 4 x 200 Meter Relay - University Men  
Invitational 4 x 200 Meter Relay - University/College Women  
4 x 200 Meter Relay - Division I High School Girls  
4 x 200 Meter Relay - Division II High School Girls  
4 x 200 Meter Relay - Division I High School Boys  
4 x 200 Meter Relay - Division II High School Boys  
  
1:10 p.m.                      Distance Medley Relay - University/College Women  
Distance Medley Relay - University Men  
  
1:40 p.m.                      Awards Presentation and Opening Ceremonies



2:05 p.m. Clyde Littlefield 4 x 100 Meter Relay - University Men  
4 x 100 Meter Relay - University/College Women  
4 x 100 Meter Relay - College Men  
4 x 100 Meter Relay - Division I High School Girls  
4 x 100 Meter Relay - Division II High School Girls  
4 x 100 Meter Relay - Division I High School Boys  
4 x 100 Meter Relay - Division II High School Boys  
4 x 100 Meter Relay - Invitational Women  
4 x 100 Meter Relay - Invitational Men

2:50 p.m. 100 Meter Hurdles - Division I High School Girls  
100 Meter Hurdles - Division II High School Girls  
100 Meter Hurdles - University/College Women  
100 Meter Hurdles - Invitational Women  
110 Meter Hurdles - Division I High School Boys  
110 Meter Hurdles - Division II High School Boys  
110 Meter Hurdles - College Men  
110 Meter Hurdles - University Men  
110 Meter Hurdles - Invitational Men

3:45 p.m. 1600 Meters - High School Girls  
1600 Meters - High School Boys

4:00 p.m. 100 Meters - Division I High School Girls  
100 Meters - Division II High School Girls  
100 Meters - Division I High School Boys  
100 Meters - Division II High School Boys  
100 Meters - University/College Women  
100 Meters - Invitational Women  
100 Meters - College Men  
100 Meters - University Men  
100 Meters - Invitational Men

4:55 p.m. 1,500 Meters - University/College Women (Section A)  
Jerry Thompson Mile - Invitational Men

5:10 p.m. 4 x 400 Meter Relay - Invitational Women  
4 x 400 Meter Relay - Invitational Men  
4 x 400 Meter Relay - Division I High School Girls  
4 x 400 Meter Relay - Division II High School Girls  
4 x 400 Meter Relay - Division I High School Boys  
4 x 400 Meter Relay - College Men  
4 x 400 Meter Relay - Division II High School Boys  
4 x 400 Meter Relay - University Men  
4 x 400 Meter Relay - University/College Women  
Cleburne Price, Jr. 4 x 400 Meter Relay - University Men (Invitational)