

2012 Virginia Tech Track & Field Meet Notes #2



Virginia Tech at the University of Central Florida Invitational March 23-24, 2012 UCF Track and Field Complex Orlando, Fla.

Meet Website: <http://www.ucfathletics.com/>

2012 Indoor Schedule

Date	Meet
12/2-3	at Liberty Kickoff
1/13-14	VT Invite
1/20-21	Hokie Invite
2/3-4	VT Elite Meet
2/10-11	at SPIRE Division I Collegiate Invite (Geneva, Ohio)
2/17-18	VT Challenge
2/23-25	at ACC Indoor Championship (Host: Boston College; Boston, Mass.)
3/3	VT Final Qualifier
3/9-10	at NCAA Indoor Championship (Host: Boise State; Nampa, Idaho)

2012 Outdoor Schedule

Date	Meet
3/16-17	at Miami Hurricane Invite
3/23-24	at Central Florida Invite
3/30-31	at Georgia Tech Yellow Jacket Invite
3/30-31	at NC State Raleigh Relays
4/6-7	at Florida Relays
4/6-7	at William & Mary Colonial Relays
4/6-7	at Stanford Invite
4/13-14	at Tennessee Sea Ray Relays
4/19-21	at ACC Outdoor Championship (Host: Virginia; Charlottesville, Va.)
4/26-28	at Penn Relays
4/27-28	at Cal Brutus Hamilton Invite
4/29	at Stanford Peyton Jordan Invite
5/3	at Liberty Twilight
5/10	at Roanoke Distance Classic
5/11-12	at Georgia Tech Invite
5/11-12	at Clemson Tiger Invite
5/13	at NC State Invite
5/24-26	at NCAA East Regional Championship (Host: North Florida; Jacksonville, Fla.)
6/6-9	at NCAA Outdoor Championship (Host: Drake; Des Moines, Iowa)

Bold -- denotes home indoor meet held at Rector Field House on campus

PREVIEWING THE MEET ...

• The Virginia Tech men's and women's track & field teams travel to the Sunshine State for the second straight weekend as the Hokies will compete in the University of Central Florida Invitational in Orlando, Florida on Friday and Saturday. Field events begin on Friday with the women's javelin at 12 noon, while running events begin at 7 p.m. with the women's 3000 meter steeplechase. On Saturday, field events start at 9 a.m. with the women's discus. Running events begin Saturday at 12:30 p.m. with the 4x100 meter relays. The Tech men are ranked No. 10 in the USTFCCCA's preseason outdoor computer ratings.

LAST TIME OUT ...

• The Hokies opened the outdoor season at the Miami Hurricane Invitational last weekend where five individuals and two relays earned titles. Sophomore Scott Campbell (decathlon), freshman Leah Nugent (100 meter hurdles), senior All-American Keith Ricks (100 meters), freshman Ciara Simms (100 meters) and freshman Annjulie Vester (hammer throw), along with the men's and women's 4x100 meter relay teams all were victorious.

• Ricks carried over his strong form from the indoor season as he won the 100 meters in a personal best tying 10.33 and Simms backed up her win the 100 meters (11.68) with a runner-up showing in the 200 meters (23.96). She was named the ACC Women's Track & Performer of the Week on Tuesday for her efforts. Campbell set seven PRs in en route to winning the decathlon with a personal best score of 6,261 points.

CURRENT SCHOOL RECORD HOLDERS ...

• Here's are the current members of the Tech track & field squad who are school record holders (outdoors only):

Men

Will Mulherin, Mile, 4:00.93, 2010
Will Mulherin, 5000m, 13:50.76, 2010
Jason Cusack, 3000m SC, 8:47.29, 2011
Keith Ricks, 4x100m, 40.56, 2010
Tihut Degfae, 4x800m, 7:21.28, 2011
Michael Hammond, 4x800m, 7:21.28, 2011
Ronnie Black, HJ, 7-1.5 (2.17m), 2011
Matthias Treff, JT, 255-6 (77.88m), 2011

Women

Sammy Dow, 3000m SC, 10:16.15, 2011
Aunye Boone, 4x200m, 1:36.23, 2009
Ogechi Nwaneri, 4x200m, 1:36.23, 2009

MEDIA INFORMATION

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Director of Track & Field and Cross Country Dave Cianelli

THE CIANELLI FILE

Virginia Tech (2001-Present)

- 11 NCAA individual champions, the first in Virginia Tech history
- 109 All-Americans
- Two NCAA East Region team championships
- Five ACC team championships
- 90 ACC individual champions
- Twelve BIG EAST conference champions
- 2010 Bowerman Award winner, Queen Harrison
- Had 20 athletes earn All-America performances in 2011, the most in his coaching tenure
- 2012 USTFCCA Men's Indoor Southeast Region Coach of the Year
- 2011 USTFCCA Men's Indoor and Outdoor Southeast Region Coach of the Year
- 2011 ACC Men's Indoor Coach of the Year
- 2010 ACC Men's Outdoor Coach of the Year
- 2007 and 2008 ACC Women's Indoor, Outdoor and East Region Coach of the Year

Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 1995 men's and women's Southwest Conference cross country champions
- Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

Cal-Poly San Luis Obispo (1985-1988)

- 1985-87 NCAA Division II women's cross country champion
- 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- 1985-88 CCAA women's outdoor track conference champion
- Individual achievements include one NCAA Division II Champion and 13 All-Americans

By The Numbers (Career)

245 All-Americans • 187 Conference champions • 98 Percent graduation rate at Virginia Tech • 39 NCAA champions • 149 School records at Virginia Tech • 23 Olympic and World Championship qualifiers • 20 Top-10 women's NCAA finishes • 15 Top-10 men's NCAA finishes • 3 NCAA Division II cross country national championships • 3 NCAA Division II outdoor track runners-up

Note: Numbers correct prior to 2012 outdoor track & field season

In his 11th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 11 NCAA individual titles, 109 NCAA All-America performances and 90 conference titles. In addition, Hokie teams have finished in the national top-10 six times and the national top-20 18 times since 2005.

NCAA, REGIONAL AND ACC SUCCESS

The 2011 Hokies continued to demonstrate why they are one of the nation's elite track & field programs. The men's team fifth-place finish at the NCAA Outdoor Championships was the highest in program history and matched the finish of the 2010 women's outdoor squad. The men also placed 15th at the NCAA Indoor Championships, won their first-ever ACC Indoor crown and placed second in the conference outdoors. The women finished 20th at the NCAA Outdoor Championships and were third at the indoor conference championship. Alexander Ziegler and Dorotea Habazin each won national titles in the hammer throw and Marcel Lomnický (hammer) and Matthias Treff (javelin) both earned national runner-up finishes. Ziegler also placed second nationally in the indoor weight throw. In all, 14 different Hokies earned a total of 20 All-American performances.

USA AND INTERNATIONAL SUCCESS

In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Binbo Coles who represented the United States in basketball in 1988.

COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. This past season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCA. Cianelli was also named the Men's ACC Indoor Coach of the Year for leading the Hokies to their first-ever ACC Indoor title.

Last year, he was named the 2010 ACC Men's Outdoor Coach of the Year. In 2008, he won the ACC Women's Indoor, ACC Women's Outdoor and East Region Women's Coach of the Year honors for the second straight year. Cianelli also won his second consecutive USTFCCA Women's Indoor Southeast Region Coach of the Year honor in 2008.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack was named the USTFCCA's Men's Outdoor Regional Coach of the Year for the second year in a row in 2011. Jack was also named Men's Indoor Regional Coach of the Year in 2010 and National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 10 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former All-SEC runner Jen McGranahan. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCA as Men's National Coach of the Year for sprints and hurdles.

ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



Women's Roster

Name	Class	Events	Hometown	High School/Other
Leigh Allin	r-So.	Pole Vault	Lexington, Ky.	Henry Clay
Yvonne Amegashie	Jr.	Sprints/Hurdles	Woodbridge, Va.	Potomac Senior
Hayley Billingsley	Fr.	Distance	Monterey, Va.	Highland
Aunye Boone	Sr.	Sprints	St. Leonard, Md.	Calvert
Camille Bouvet	Fr.	Distance	Bethesda, Md.	Walter Johnson
Kristen Brown	So.	Hurdles/Pole Vault	Owings Mills, Md.	McDonogh School
Stephanie Cario	So.	Distance	Mechanicsville, Va.	Lee Davis
Taylor Crosson	So.	Distance	Fairfax Station, Va.	James W. Robinson
Jameice DeCoster	Jr.	Sprints	Glenn Dale, Md.	Elizabeth Seton
Courtney Dobbs	So.	Distance	Glen Allen, Va.	Deep Run
Sammy Dow	Jr.	Distance	Midlothian, Va.	Midlothian
Frances Dowd	Jr.	Mid-Distance	Fairfax, Va.	Fairfax
Shanice Hairston	r-Fr.	Throws	Martinsville, Va.	Magna Vista
Alyson Jones	Fr.	Distance	Herndon, Va.	Oakton
Ginny Jones	Fr.	Distance	Chalfont, Pa.	Central Bucks East
Paige Kvartunas	So.	Distance	Springfield, Va.	West Springfield
Ally Masoero	Fr.	Distance	Marlton, N.J.	Cherokee
Valentina Muzaric	Fr.	Throws	Velika Gorica, Croatia	Gimnazija Zagreb
Madalyn Nuckols	So.	Distance	Glen Allen, Va.	Deep Run
Leah Nugent	Fr.	Sprints/Hurdles	Abington, Pa.	Abington Senior
Ogechi Nwaneri	Sr.	Sprints	Maplewood, N.J.	Chatham
Elizabeth Powell	r-Fr.	Pole Vault	Richmond, Va.	Patrick Henry
Sarah Rapp	Fr.	Distance	Raleigh, N.C.	Cardinal Gibbons
Lyndsey Saunders	r-Fr.	Pole Vault	Herndon, Va.	Chantilly
Samantha Sawyer	r-Fr.	Distance	Indian Trail, N.C.	Sun Valley
Martina Schultze	Fr.	Pole Vault	Uhingen, Germany	University of Stuttgart
Oshin Shukla	Fr.	Distance	Herndon, Va.	Oakton
Ciara Simms	Fr.	Sprints	Stockbridge, Ga.	Dutchtown
Lindsay Skolrood	r-Fr.	Distance	Roanoke, Va.	Hidden Valley
Katarina Smiljanec	Fr.	Mid-Distance	Karlovac, Croatia	General Secondary
Amanda Smith	Fr.	Mid-Distance	Chesapeake, Va.	Grassfield
Corene Steinert	r-Fr.	Distance	Morrison Plains, N.J.	Morristown
Deanna Teter	Fr.	Distance	Luray, Va.	Luray
Colleen Thom	r-Fr.	Distance	Yorktown, Va.	Peninsula Catholic
Jennifer Van Der Sloom	Jr.	Distance	Morgantown, W. Va.	University
Annjulie Vester	Fr.	Throws	Homburg, Germany	Gymnasium Johanneum
Victoria von Eynatten	Fr.	Pole Vault	Leinfelden, Germany	University of Tubingen
Alex Watt	So.	Distance	Springfield, Va.	West Springfield
Erika Weidman	Jr.	Mid-Distance	Alexandria, Va.	T.C. Williams
Natalie Woodford	Jr.	Sprints	Roanoke, Va.	Patrick Henry



Men's Roster

Name	Class	Events	Hometown	High School/Other
Derek Aegerter	So.	High Jump	Humble, Texas	Kingwood
Jeff Artis-Gray	Jr.	Sprints/Jumps/Hurdles	Chesapeake, Va.	Western Branch
Darren Barlow	Fr.	Distance	Midlothian, Va.	Midlothian
Jared Berman	Jr.	Distance	Fairfax, Va.	James W. Robinson
Ronnie Black	Jr.	High Jump	Newport News, Va.	Menchville
Brayden Burleigh	Fr.	Distance	Midlothian, Va.	Midlothian
Scott Campbell	So.	Multi-Events	Salem, Va.	Salem
Juan Campos	Fr.	Distance	Sterling, Va.	Potomac Falls
George Carter	Fr.	Distance	Blacksburg, Va.	Blacksburg
Thomas Curtin	Fr.	Distance	Leesburg, Va.	Loudoun County
Jason Cusack	Jr.	Distance	Griswold, Conn.	Griswold
Martin Dally	r-Fr.	Mid-Distance	Bethesda, Md.	Walter Johnson
Joe Davis	r-Sr.	Pole Vault	Sarasota, Fla.	Riverview
Leoule Degfae	r-So.	Distance	Alexandria, Va.	Thomas A. Edison
Tihut Degfae	Jr.	Mid-Distance	Alexandria, Va.	Thomas A. Edison
Kevin DeWillie	Fr.	Mid-Distance	Hummelstown, Pa.	Hershey
Kevin Dowd	r-Fr.	Distance	Fairfax, Va.	Fairfax
Corey Fuller	Jr.	Sprints/Jumps	Baltimore, Md.	Woodlawn
Ryan Hagen	Jr.	Mid-Distance	Sterling, Va.	Potomac Falls
Hasheem Halim	Sr.	Jumps	Lilburn, Ga.	Berkmar
Hunter Hall °	r-Sr.	Pole Vault	Fort Wayne, Ind.	Homestead
Michael Hammond	Sr.	Mid-Distance	Midlothian, Va.	Midlothian
Eric Hoepker	Sr.	Sprints	Haymarket, Va.	Battlefield
Matt Hoogland	r-Fr.	Pole Vault	Springfield, Va.	Lake Braddock Secondary
Eddie Judge	r-Sr.	Mid-Distance	Virginia Beach, Va.	F.W. Cox
Demitri Knowles	Fr.	Sprints	Lynchburg, Va.	Liberty Christian Academy
Ryan Kuhns	Fr.	Distance	Fredericksburg, Va.	Riverbend
Kieran Lee °	Sr.	Mid-Distance	Glen Allen, Va.	Hermitage
Zach Link	Fr.	Distance	Blacksburg, Va.	Blacksburg
Marcel Lomnický ⁱ	Sr.	Throws	Nitra, Slovakia	Sport Grammar School Nitra
Denis Mahmic	Jr.	Throws	Zagreb, Croatia	Railway Technical School
Jonathan McCants	Jr.	Sprints	Alexandria, Va.	West Potomac
Daniel McFadden	Fr.	Sprints/Hurdles	Newport News, Va.	Heritage
Mike Miller	Sr.	Pole Vault	Keezletown, Va.	Broadway
Will Mulherin	Sr.	Distance	Yorktown, Va.	Tabb
Joseph Murray	Jr.	Distance	Fredericksburg, Va.	Stafford
Luka Mustafic	Fr.	Throws	Rakitje, Croatia	Gimnasium Samobor
Grant Pollock	r-Fr.	Distance	Richmond, Va.	Mills Godwin
Keith Ricks	Sr.	Sprints	Suffolk, Va.	King's Fork
Corey Shank	So.	Pole Vault	Fort Wayne, Ind.	Northrop
Matthias Treff °	r-Jr.	Throws	Burgthann, Germany	Sportgymnasium Halle
Shaowei Tu	So.	Mid-Distance	Mechanicsville, Va.	Atlee
Chris Uhle	Fr.	Pole Vault	Powell, Ohio	Olentangy Liberty
Chris Walizer	Sr.	Mid-Distance	Hershey, Pa.	Hershey
Brian Welch	r-Jr.	Distance	Richmond, Va.	Mills Godwin
Darrell Wesh	So.	Sprints	Virginia Beach, Va.	Landstown
Connor Wilson	Fr.	Distance	Sterling, Va.	Potomac Falls
Ryan Witt ⁱ	r-Sr.	Distance	Winchester, Va.	Sherando
Pat Woodford	Fr.	Distance	Roanoke, Va.	Patrick Henry
Alexander Ziegler	Jr.	Throws	Dischingen, Germany	Schiller Gym Heidenheim

ⁱ-- will compete indoors only

° -- will compete outdoors only





ACC Outdoor Track & Field Leaders (as of 3/20/12)



Men

Event	Name, School	Performance
100m	Keith Ricks, Virginia Tech	10.33
200m	Antonio McKay, Georgia Tech	21.24
400m	Sean Sutton, North Carolina	47.59
800m	Chris Slate, Clemson	1:51.69
1,500m	Shawn Roberts, Georgia Tech	3:46.52
5,000m	Ty McCormack, Clemson	14:28.67
10,000m	n/a	
110m H	Malcolm Nunley, Wake Forest	14.56
400m H	Javonte Lipsey, North Carolina	52.18
3,000m SC	n/a	
4x100m	Florida State	40.90
4x400m	North Carolina	3:10.42
HJ	Kris Kornegay-Gober, NC State	7-0.5 (2.15m)
PV	Nikita Kirillov, Georgia Tech	17-3.5 (5.27m)
LJ	Innocent Jacob, Miami	23-1.25 (7.04m)
TJ	Carl Marant, NC State	49-8.5 (15.15m)
SP	Marcus Brown, Clemson	51-0.75 (15.56m)
DT	Nathaniel Williams, NC State	172-4 (52.52m)
HT	Trevor Andrews, Florida State	178-11 (54.54m)
JT	Ben Lincoln, Georgia Tech	234-3 (71.41m)
Dec	Scott Campbell, Virginia Tech	6,261 pts.

Women

Event	Name, School	Performance
100m	Ciara Simms, Virginia Tech	11.68
200m	Ciara Simms, Virginia Tech	23.96
400m	Elizabeth Ichite, Florida State	53.91
800m	Brianna Blanton, Clemson	2:12.16
1,500m	Natalie Anthony, Clemson	4:29.17
5,000m	Katie Townsend, Georgia Tech	17:29.51
10,000m	n/a	
100m H	Melanie Akwule, Georgia Tech	13.58
400m H	Jasmine Isley, Georgia Tech	1:00.40
3,000m SC	n/a	
4x100m	Virginia Tech	45.81
4x400m	Georgia Tech	3:47.68
HJ	D. Adams, NC State/L. Shuman, NC State	5-7 (1.70m)
PV	Amy Fryt, Duke	12-11.5 (3.95m)
LJ	Julienne McKee, Georgia Tech	20-2.25 (6.15m)
TJ	Julienne McKee, Georgia Tech	42-9.75 (13.05m)
SP	Tremanisha Taylor, NC State	48-7.25 (14.81m)
DT	Tremanisha Taylor, NC State	161-3 (49.15m)
HT	Annjulie Vester, Virginia Tech	187-11 (57.27m)
JT	Chelsea Whalen, Florida State	154-0 (46.93m)
Hep	Rachel Dupree, Miami	4,294 pts.



2012 Virginia Tech Men's Outdoor Track & Field Season-Best Performance List



100m (School Record: 10.24, Andre Davis, 1999)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Ricks, Keith	SR-4	10.33	Miami Hurricane Invitational	03/16/12	0.5
Campbell, Scott	SO-2	11.32	Miami Hurricane Invitational	03/16/12	0.8

200m (School Record: 20.78, Andre Davis, 1999)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
McCants, Jonathan	JR-3	21.69	Miami Hurricane Invitational	03/16/12	-1.1

400m (School Record: 46.73, Hilliard Sumner, 1996)

Athlete	Year	Time	Meet	Meet Date
Artis-Gray, Jeff	JR-3	48.11	Miami Hurricane Invitational	03/16/12
Hoepker, Eric	JR-3	48.46	Miami Hurricane Invitational	03/16/12
McCants, Jonathan	JR-3	49.35	Miami Hurricane Invitational	03/16/12
Wesh, Darrell	SO-2	49.70	Miami Hurricane Invitational	03/16/12
Campbell, Scott	SO-2	50.20	Miami Hurricane Invitational	03/16/12

1,500m (School Record: 3:39.35, Gary Cobb, 1987)

Athlete	Year	Time	Meet	Meet Date
Campbell, Scott	SO-2	4:47.81	Miami Hurricane Invitational	03/16/12

110m Hurdles (School Record: 13.89, Chris Stokes, 1999)

Athlete	Year	Time	Meet	Meet Date	Wind
Campbell, Scott	SO-2	15.65w	Miami Hurricane Invitational	03/16/12	3.3

4x100m (School Record: 40.56, K. Smith, Ricks, Wilson, Amegashie, 2010)

Time	Athletes	Meet	Meet Date
41.59	Artis-Gray, Wesh, McCants, Ricks	Miami Hurricane Invitational	03/16/12

High Jump (School Record: 7'1.5", 2.17m, Ronnie Black, 2011)

Athlete	Year	English	Metric	Meet	Meet Date
Campbell, Scott	SO-2	5'8.75"	1.75m	Miami Hurricane Invitational	03/16/12

Pole Vault (School Record: 18'1.75", 5.53m, Brian Mondschein, 2006)

Athlete	Year	English	Metric	Meet	Meet Date
Campbell, Scott	SO-2	12'7.25"	3.84m	Miami Hurricane Invitational	03/16/12

Long Jump (School Record: 24'10", 7.57m, Jerry Gaines, 1971)

Athlete	Year	English	Metric	Meet	Meet Date	Wind
Campbell, Scott	SO-2	21'1.25"	6.43m	Miami Hurricane Invitational	03/16/12	1.5

Shot Put (School Record: 62'10.5", 19.16m, Sven Hahn, 2005)

Athlete	Year	English	Metric	Meet	Meet Date
Campbell, Scott	SO-2	31'11.25"	9.73m	Miami Hurricane Invitational	03/16/12

Discus Throw (School Record: 189'6", 57.76m, Sven Hahn, 2005)

Athlete	Year	English	Metric	Meet	Meet Date
Campbell, Scott	SO-2	101'8"	30.98m	Miami Hurricane Invitational	03/16/12

Javelin Throw (School Record: 255'6", 77.88m, Matthias Treff, 2011)

Athlete	Year	English	Metric	Meet	Meet Date
Campbell, Scott	SO-2	136'9"	41.69m	Miami Hurricane Invitational	03/16/12

Decathlon (School Record: 6,951 points, Ed Nuttycombe, 1976)

Athlete	Year	Pts.	Meet	Meet Date
Campbell, Scott	SO-2	6,261	Miami Hurricane Invitational	03/16/12

w - denotes wind-aided performance

Note: No conversions are applied. Virginia Tech school records recognize wind readings of <3.0m/s.

2012 Virginia Tech Women's Outdoor Track & Field Season-Best Performance List



100m (School Record: 11.40, Patrice Potts, 2007)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Simms, Ciara	FR-1	11.68	Miami Hurricane Invitational	03/16/12	1.1
Nwaneri, Ogechi	SR-4	11.81	Miami Hurricane Invitational	03/16/12	1.1

200m (School Record: 23.17, Britni Spruill, 2007)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Simms, Ciara	FR-1	23.96	Miami Hurricane Invitational	03/16/12	0.4
Boone, Aunye	SR-4	24.65	Miami Hurricane Invitational	03/16/12	0.4
DeCoster, Jameice	JR-3	24.80	Miami Hurricane Invitational	03/16/12	0.4
Nugent, Leah	FR-1	25.02	Miami Hurricane Invitational	03/16/12	0.2
Woodford, Natalie	JR-3	26.26	Miami Hurricane Invitational	03/16/12	0.2

400m (School Record: 52.88, Queen Harrison, 2008)

Athlete	Year	Time	Meet	Meet Date
Amegashie, Yvonne	JR-3	54.74	Miami Hurricane Invitational	03/16/12
DeCoster, Jameice	JR-3	56.99	Miami Hurricane Invitational	03/16/12
Woodford, Natalie	JR-3	58.33	Miami Hurricane Invitational	03/16/12

100m Hurdles (12.46, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)
Nugent, Leah	FR-1	14.33	Miami Hurricane Invitational	03/16/12	-0.5

4x100m (School Record: 44.33, Green, Potts, Castlin, Spruill, 2007)

Time	Athletes	Meet	Meet Date
45.81	Simms, DeCoster, Nugent, Nwaneri	Miami Hurricane Invitational	03/16/12

Hammer Throw (School Record: 224'3", 68.36m, Dorotea Habazin, 2011)

Athlete	Year	English	Metric	Meet	Meet Date
Vester, Annjulie	FR-1	187' 11"	57.27m	Miami Hurricane Invitational	03/16/12

w - denotes wind-aided performance

Note: No conversions are applied. Virginia Tech school records recognize wind readings of <3.0m/s.

UCF INVITATIONAL

Friday & Saturday, March 23-24, 2012

Final SCHEDULE

FRIDAY, March 23, 2011

12:00pm	Javelin-Women
2:00pm	Javelin- Men
2:00pm	Pole Vault- women followed by Men
3:30pm	Hammer- Women
3:30pm	Long Jump- Women followed by Men
5:30pm	Hammer- Men
7:00 pm	3000m Steeple Women
7:15 pm	3000m Steeple Men
7:35 pm	10,000m Women
8:20 pm	10,000m Men

SATURDAY, March 24, 2011

9:00 am	Discus- Women
11:00 am	Discus -Men
10:00 am	High Jump- Women followed by Men
1:00 pm	Shot Put-Women followed by Men
	Triple Jump- Women followed by Men
12:30 pm	4x100M Relay Women Final
12:40 pm	4x100M Relay Men Final
12:45 pm	1500m Women - Heats by time
1:00 pm	1500m Men - Heats by time
1:15 pm	100m Hurdles Women Heats by time
1:35pm	110m Hurdles Men Heats by time
1:50 pm	400m Women Heats by time
2:10 pm	400m Men Heats by time
2:25 pm	100m Women Heats by time
2:35 pm	100m Men Heats by time
2:45 pm	800m Women Heats by time
3:00 pm	800m Men Heats by time
3:20 pm	400m Hurdles Women Heats by time
3:35 pm	400m Hurdles Men Heats by time
3:45 pm	200m Women - Heats by time
4:10 pm	200m Men - Heats by time
4:30 pm	5000m Women
4:55 pm	5000m Men
5:15 pm	4x400 Relay Women Heats by time
5:30 pm	4x400 Relay Men Heats by time

~Revised as of 03/20/2012~