

2012 Virginia Tech Track & Field

Meet Notes #6



Virginia Tech at the 2012 ACC Indoor Championship
February 23-25, 2012
Reggie Lewis Track Center
Boston, Mass.



Meet Website: <http://www.theacc.com/championships/12-indoor-track-field-championship.html>

2012 Indoor Schedule

Date	Meet
12/2-3	at Liberty Kickoff
1/13-14	VT Invite
1/20-21	Hokie Invite
2/3-4	VT Elite Meet
2/10-11	at SPIRE Division I Collegiate Invite (Geneva, Ohio)
2/17-18	VT Challenge
2/23-25	at ACC Indoor Championship (Host: Boston College; Boston, Mass.)
3/3	VT Final Qualifier
3/9-10	at NCAA Indoor Championship (Host: Boise State; Nampa, Idaho)

2012 Outdoor Schedule

Date	Meet
3/17	at Miami Invite
3/23-24	at Central Florida Invite
3/30-31	at Georgia Tech Yellow Jacket Invite
3/30-31	at NC State Raleigh Relays
4/6-7	at Florida Relays
4/6-7	at William & Mary Colonial Relays
4/6-7	at Stanford Invite
4/13-14	at Tennessee Sea Ray Relays
4/19-21	at ACC Outdoor Championship (Host: Virginia; Charlottesville, Va.)
4/26-28	at Penn Relays
4/27-28	at Cal Brutus Hamilton Invite
4/29	at Stanford Peyton Jordan Invite
5/3	at Liberty Twilight
5/10	at Roanoke Distance Classic
5/11-12	at Georgia Tech Invite
5/11-12	at Clemson Tiger Invite
5/13	at NC State Invite
5/24-26	at NCAA East Preliminaries (Host: North Florida; Jacksonville, Fla.)
6/6-9	at NCAA Outdoor Championship (Host: Drake; Des Moines, Iowa)

Bold -- denotes home indoor meet held at Rector Field House on campus

PREVIEWING THE MEET ...

• The Virginia Tech men's and women's track & field teams travel to Boston, Mass., for the 2012 Atlantic Coast Conference Indoor Track & Field Championship on February 23-25, at the Reggie Lewis Track Center. Combined events begin on Thursday at noon. On Friday, combined events continue at 11 a.m., with field events starting at noon and running events at 1:30 p.m. Action on Saturday opens with field events at 11 a.m. and running events at noon. The Hokie men are the defending ACC Indoor Champions and enter the meet ranked No. 9 in the latest USTFCCA indoor poll. The Tech women were fourth at last year's indoor conference meet, contested at Rector Field House in Blacksburg. In fact, this year marks the first time since 2008 that the indoor ACC Meet has been at a site other than Blacksburg.

LAST TIME OUT ...

• The Hokie women's pole vault crew enjoyed a strong weekend at the VT Challenge as Victoria von Eynatten won the pole vault with an indoor personal best and NCAA automatic qualifying height of 14 feet, four inches (4.37m). In addition, Martina Schultze, Kristen Brown, Leigh Allin, and Lyndsey Saunders all set indoor PRs in the event. von Eynatten's mark also reset her own school record, set earlier this season, and ranks tied for third in the NCAA. She is the third Hokie to qualify for the NCAA Indoor Championship this season, joining All-American men's weight throwers Marcel Lomnický and Alexander Ziegler. Five other Hokies, Frances Dowd (1000 meters), Ryan Witt (1000 meters), All American Denis Mahmic (weight throw), Brown (unseeded pole vault) and Madalyn Nuckols (mile) also earned victories. von Eynatten was named the ACC Women's Track & Field Performer of the Week on Tuesday.

CURRENT SCHOOL RECORD HOLDERS ...

• Here's a look at current members of the Tech track & field squad who are school record holders (indoors only):

Men

Keith Ricks, 60m, 6.61, 2012
 Jonathan McCants, 300m, 34.05, 2012
 Ryan Witt, 600m, 1:19.24, 2012
 Tihut Degfae, 800m, 1:48.90, 2011
 Michael Hammond, Mile, 3:58.41, 2011
 Will Mulherin, 3000m, 7:56.58, 2011
 Jeff Artis-Gray, 60m H, 7.81, 2012
 Eddie Judge, DMR, 9:30.24, 2009
 Ryan Witt, DMR, 9:30.24, 2009
 Ronnie Black, HJ, 7'3.25" (2.22m), 2012
 Hasheem Halim, TJ, 52'8.75" (16.07m), 2012

Women

Frances Dowd, 600m, 1:30.99, 2012
 Frances Dowd, 800m, 2:07.22, 2012
 Aunye Boone, 4x400m, 3:38.16, 2011
 Natalie Woodford, 4x400m, 3:38.16, 2011
 Yvonne Amegashie, 4x400m, 3:38.16, 2011
 Victoria von Eynatten, PV, 14-4 (4.37m), 2012

MEDIA INFORMATION

Men's & Women's Track & Field/Cross Country Contact.....Jim Rodriguez
 Office Phone.....(540) 231-6892
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 E-Mail.....jmrodrig@vt.edu



Virginia Tech Quick Facts

GENERAL

Location.....Blacksburg, Va.
 Enrollment..... 31,000
 Founded.....1872
 Colors.....Chicago maroon and burnt orange
 Nickname.....Hokies
 Conference.....Atlantic Coast
 President.....Charles W. Steger
 Director of Athletics.....Jim Weaver
 Home Facilities.....Rector Field House (Indoor)
 Johnson-Miller Track Complex (Outdoor)
 Athletics Website.....www.hokiesports.com
 Track & Field Website.....www.hokiesports.com/track
 Track & Field Twitter.....www.twitter.com/VT_Track
 Athletics Facebook.....www.facebook.com/hokiesports

COACHING STAFF

Director of Track & Field/XC.....Dave Cianelli
 Alma Mater, Year.....Bowling Green State University, 1977
 Overall Year.....27th
 Year at Virginia Tech.....11th
 Cianelli Office Phone.....(540) 231-3094
 Cianelli E-mail.....dcianell@vt.edu
 Associate Head Coach/Throws.....Greg Jack
 Head XC/Distance.....Ben Thomas
 Sprints/Jumps/Hurdles.....Charles Foster
 Pole Vault.....Bob Phillips
 Assistant Distance.....Jen McGranahan
 Technical Director.....Stacey Vidt

HISTORY

Men's ACC Indoor Titles.....1 (2011)
 Men's NCAA Indoor Times Placed.....11
 Men's NCAA Indoor Best Finish.....14th, 2006
 Women's ACC Indoor Titles.....2 (2007-08)
 Women's NCAA Indoor Times Placed.....7
 Women's NCAA Indoor Best Finish.....T10th, 2008
 Men's ACC Outdoor Titles.....n/a
 Men's NCAA Outdoor Times Placed.....13
 Men's NCAA Outdoor Best Finish.....5th, 2011
 Women's ACC Outdoor Titles.....2 (2007-08)
 Women's NCAA Outdoor Times Placed.....10
 Women's NCAA Outdoor Best Finish.....5th, 2010
 Individual National Champions.....10

2011 REVIEW

Men's ACC Finish (Indoor/Outdoor).....1st/2nd
 Women's ACC Finish (Indoor/Outdoor).....4th/7th
 Men's NCAA Finish (Indoor/Outdoor).....15th/5th
 Women's NCAA Finish (Indoor/Outdoor).....NTS/T20th
 ACC Champions Returning.....8 (8 Men, 0 Women)
 All-Americans Returning.....10 (10 Men, 0 Women)

Hokies in the Rankings

Hokies on the NCAA Performance List-Men (Top 25)

Keith Ricks
 60m.....7th.....6.61
 Jeff Artis-Gray
 60m Hurdles.....T-21st.....7.81
 Ronnie Black
 High Jump.....T-11th.....7-3.25 (2.22m)
 Joe Davis
 Pole Vault.....T-17th.....17-7 (5.36m)
 Hasheem Halim
 Triple Jump.....5th.....52-8.75 (16.07m)
 Marcel Lomnický
 Weight Throw.....2nd.....75-7.5 (23.05m)*
 Alexander Zielger
 Weight Throw.....3rd.....75-7.25 (23.04m)*

Hokies on the NCAA Performance List-Women (Top 25)

Ogechi Nwaneri
 60m.....T-17th.....7.36
 Victoria von Eynatten
 Pole Vault.....T-3rd.....14-4 (4.37m)*
 Martina Schultze
 Pole Vault.....T-10th.....13-10.5 (4.23m)

* -- denotes NCAA automatic standard; performance list according to TFRRS

Men's NCAA Rankings (USTFCCCA) as of Feb. 21

Week 5 Indoor

- | | |
|-----------------------|-------------------|
| 1. Arkansas | 11. Indiana |
| 2. Florida | 12. Stanford |
| 3. Texas A&M | 13. Ohio State |
| 4. LSU | 14. Kansas State |
| 5. Texas | 15. Nebraska |
| 6. Arizona | 16. BYU |
| 7. Arizona State | 17. Auburn |
| 8. Minnesota | 18. Penn State |
| 9. Virginia Tech | 19. Oregon |
| 10. Mississippi State | 20. Florida State |

Women's NCAA Rankings (USTFCCCA) as of Feb. 21

Week 5 Indoor

- | | |
|----------------------|---------------------|
| 1. Oregon | 11. Texas |
| 2. LSU | 12. Texas Tech |
| 3. Clemson | 13. Iowa State |
| 4. Arkansas | 14. BYU |
| 5. Texas A&M | 15. Central Florida |
| 6. Florida | 16. Arizona |
| 7. Kansas | 17. Wisconsin |
| 8. Tennessee | 18. Stanford |
| 9. Southern Illinois | 19. California |
| 10. Ohio State | 20. Georgetown |



Director of Track & Field and Cross Country Dave Cianelli

THE CIANELLI FILE

Virginia Tech (2001-Present)

- 10 NCAA individual champions, the first in Virginia Tech history
- 101 All-Americans
- Two NCAA East Region team championships
- Five ACC team championships
- Eighty-seven ACC individual champions
- Twelve BIG EAST Conference champions
- 2010 Bowerman Award winner, Queen Harrison
- Had 20 athletes earn All-America performances in 2011, the most in his coaching tenure
- 2011 USTFCCCA Men's Indoor and Outdoor Southeast Region Coach of the Year
- 2011 ACC Men's Indoor Coach of the Year
- 2010 ACC Men's Outdoor Coach of the Year
- 2007 and 2008 ACC Women's Indoor, Outdoor and East Region Coach of the Year

Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 1995 men's and women's Southwest Conference cross country champions
- Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

Cal-Poly San Luis Obispo (1985-1988)

- 1985-87 NCAA Division II women's cross country champion
- 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- 1985-88 CCAA women's outdoor track conference champion
- Individual achievements include one NCAA Division II Champion and 13 All-Americans

By The Numbers (Career)

237 All-Americans • 184 Conference champions • 98 Percent graduation rate at Virginia Tech • 38 NCAA champions • 139 School records at Virginia Tech • 23 Olympic and World championship qualifiers • 20 Top-10 women's NCAA finishes • 14 Top-10 men's NCAA finishes • 3 NCAA Division II cross country national championships • 3 NCAA Division II outdoor track runners-up

Note: Numbers correct prior to 2012 indoor track & field season

Entering his 11th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 10 NCAA individual titles, 101 NCAA All-America performances and 89 conference titles. In addition, Hokie teams have finished in the national top-10 five times and the national top-20 17 times since 2005.

NCAA, REGIONAL AND ACC SUCCESS

The 2011 Hokies continued to demonstrate why they are one of the nation's elite track & field programs. The men's team fifth-place finish at the NCAA Outdoor Championships was the highest in program history and matched the finish of the 2010 women's outdoor squad. The men also placed 15th at the NCAA Indoor Championships, won their first-ever ACC Indoor crown and placed second in the conference outdoors. The women finished 20th at the NCAA Outdoor Championships and were third at the indoor conference championship. Alexander Ziegler and Dorotea Habazin each won national titles in the hammer throw and Marcel Lomnický (hammer) and Matthias Treff (javelin) both earned national runner-up finishes. Ziegler also placed second nationally in the indoor weight throw. In all, 14 different Hokies earned a total of 20 All-American performances.

USA AND INTERNATIONAL SUCCESS

In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Binbo Coles who represented the United States in basketball in 1988.

COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. This past season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Indoor Coach of the Year for leading the Hokies to their first-ever ACC Indoor title.

Last year, he was named the 2010 ACC Men's Outdoor Coach of the Year. In 2008, he won the ACC Women's Indoor, ACC Women's Outdoor and East Region Women's Coach of the Year honors for the second straight year. Cianelli also won his second consecutive USTFCCCA Women's Indoor Southeast Region Coach of the Year honor in 2008.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack was named the USTFCCCA's Men's Outdoor Regional Coach of the Year for the second year in a row in 2011. Jack was also named Men's Indoor Regional Coach of the Year in 2010 and National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 10 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former All-SEC runner Jen McGranahan. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

ACADEMIC EXCELLENCE

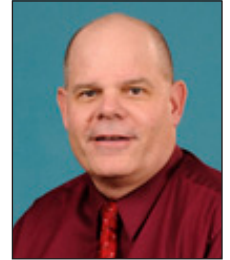
The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



Women's Roster

Name	Class	Events	Hometown	High School/Other
Leigh Allin	r-So.	Pole Vault	Lexington, Ky.	Henry Clay
Yvonne Amegashie	Jr.	Sprints/Hurdles	Woodbridge, Va.	Potomac Senior
Hayley Billingsley	Fr.	Distance	Monterey, Va.	Highland
Aunye Boone	Sr.	Sprints	St. Leonard, Md.	Calvert
Camille Bouvet	Fr.	Distance	Bethesda, Md.	Walter Johnson
Kristen Brown	So.	Sprints/Hurdles/PV	Owings Mills, Md.	McDonogh School
Stephanie Cario	So.	Distance	Mechanicsville, Va.	Lee Davis
Taylor Crosson	So.	Distance	Fairfax Station, Va.	James W. Robinson
Jameice DeCoster	Jr.	Sprints	Glenn Dale, Md.	Elizabeth Seton
Emma DeJarnette	Jr.	Pole Vault	Mechanicsville, Va.	Atlee
Courtney Dobbs	So.	Distance	Glen Allen, Va.	Deep Run
Sammy Dow	Jr.	Distance	Midlothian, Va.	Midlothian
Frances Dowd	So.	Distance	Fairfax, Va.	Fairfax
Casey Gresham	r-So.	Distance	Chesapeake, Va.	Western Branch
Shanice Hairston	r-Fr.	Throws	Martinsville, Va.	Magna Vista
Alyson Jones	Fr.	Distance	Herndon, Va.	Oakton
Ginny Jones	Fr.	Distance	Chalfont, Pa.	Central Bucks East
Paige Kwartunas	So.	Distance	Springfield, Va.	West Springfield
Ally Masoero	Fr.	Distance	Marlton, N.J.	Cherokee
Valentina Muzaric	Fr.	Throws	Velika Gorica, Croatia	Gimnazija Zagreb
Madalyn Nuckols	So.	Distance	Glen Allen, Va.	Deep Run
Leah Nugent	Fr.	Sprints/Hurdles	Abington, Pa.	Abington Senior
Ogechi Nwaneri	Sr.	Sprints	Maplewood, N.J.	Chatham
Elizabeth Powell	r-Fr.	Pole Vault	Richmond, Va.	Patrick Henry
Sarah Rapp	Fr.	Distance	Raleigh, N.C.	Cardinal Gibbons
Lyndsey Saunders	r-Fr.	Pole Vault	Herndon, Va.	Chantilly
Samantha Sawyer	r-Fr.	Distance	Indian Trail, N.C.	Sun Valley
Erinn Schaal	Fr.	Pole Vault	Fairfax, Va.	Paul VI
Martina Schultze	Fr.	Pole Vault	Uhingen, Germany	University of Stuttgart
Ebony Scott	So.	Sprints	Raleigh, N.C.	Southeast Raleigh Magnet
Oshin Shukla	Fr.	Distance	Herndon, Va.	Oakton
Ciara Simms	Fr.	Sprints	Stockbridge, Ga.	Dutchtown
Lindsay Skolrood	r-Fr.	Distance	Roanoke, Va.	Hidden Valley
Katarina Smiljanec	Fr.	Mid-Distance	Karlovac, Croatia	General Secondary
Amanda Smith	Fr.	Mid-Distance	Chesapeake, Va.	Grassfield
Mary Catherine Sowder	So.	Distance	Roanoke, Va.	Hidden Valley
Corene Steinert	r-Fr.	Distance	Morrison Plains, N.J.	Morristown
Deanna Teter	Fr.	Distance	Luray, Va.	Luray
Colleen Thom	r-Fr.	Distance	Yorktown, Va.	Peninsula Catholic
Zakiya Tyson	So.	Sprints	Durham, N.C.	C.E. Jordan
Jennifer Van Der Sloot	Jr.	Distance	Morgantown, W. Va.	University
Victoria von Eynatten	Fr.	Pole Vault	Leinfelden, Germany	University of Tubingen
Annjolie Vester	Fr.	Throws	Homburg, Germany	Gymnasium Johanneum
Victoria Waschenko	Fr.	Distance	Ambler, Pa.	Gwynedd Mercy Academy
Alex Watt	So.	Distance	Springfield, Va.	West Springfield
Erika Weidman	Jr.	Mid-Distance	Alexandria, Va.	T.C. Williams
Taylor Williams	Sr.	Sprints/Hurdles	Hampton, Va.	Bethel
Natalie Woodford	Jr.	Sprints	Roanoke, Va.	Patrick Henry



Men's Roster

Name	Class	Events	Hometown	High School/Other
Derek Aegerter	So.	High Jump	Humble, Texas	Kingwood
Jeff Artis-Gray	Jr.	Sprints/Jumps/Hurdles	Chesapeake, Va.	Western Branch
Darren Barlow	Fr.	Distance	Midlothian, Va.	Midlothian
Jared Berman	Jr.	Distance	Fairfax, Va.	James W. Robinson
Ronnie Black	Jr.	High Jump	Newport News, Va.	Menchville
Brayden Burleigh	Fr.	Distance	Midlothian, Va.	Midlothian
Scott Campbell	So.	Multi-Events	Salem, Va.	Salem
Juan Campos	Fr.	Distance	Sterling, Va.	Potomac Falls
George Carter	Fr.	Distance	Blacksburg, Va.	Blacksburg
Thomas Curtin	Fr.	Distance	Leesburg, Va.	Loudoun County
Jason Cusack	Jr.	Distance	Griswold, Conn.	Griswold
Martin Dally	r-Fr.	Mid-Distance	Bethesda, Md.	Walter Johnson
Joe Davis	r-Sr.	Pole Vault	Sarasota, Fla.	Riverview
Leoule Degfae	r-So.	Distance	Alexandria, Va.	Thomas A. Edison
Tihut Degfae	Jr.	Mid-Distance	Alexandria, Va.	Thomas A. Edison
Kevin DeWillie	Fr.	Mid-Distance	Hummelstown, Pa.	Hershey
Kevin Dowd	r-Fr.	Distance	Fairfax, Va.	Fairfax
Corey Fuller	Jr.	Sprints/Jumps	Baltimore, Md.	Woodlawn
Ryan Hagen	Jr.	Mid-Distance	Sterling, Va.	Potomac Falls
Hasheem Halim	Sr.	Jumps	Lilburn, Ga.	Berkmar
Hunter Hall	r-Sr.	Pole Vault	Fort Wayne, Ind.	Homestead
Michael Hammond	Sr.	Mid-Distance	Midlothian, Va.	Midlothian
Eric Hoepker	Sr.	Sprints	Haymarket, Va.	Battlefield
Matt Hoogland	r-Fr.	Pole Vault	Springfield, Va.	Lake Braddock Secondary
Eddie Judge	r-Sr.	Mid-Distance	Virginia Beach, Va.	F.W. Cox
Demitri Knowles	Fr.	Sprints	Lynchburg, Va.	Liberty Christian Academy
Ryan Kuhns	Fr.	Distance	Fredericksburg, Va.	Riverbend
Kieran Lee	Sr.	Mid-Distance	Glen Allen, Va.	Hermitage
Zach Link	Fr.	Distance	Blacksburg, Va.	Blacksburg
Marcel Lomnický	Sr.	Throws	Nitra, Slovakia	Sport Grammar School Nitra
Denis Mahmic	Jr.	Throws	Zagreb, Croatia	Railway Technical School
Jonathan McCants	Jr.	Sprints	Alexandria, Va.	West Potomac
Daniel McFadden	Fr.	Sprints/Hurdles	Newport News, Va.	Heritage
Mike Miller	Sr.	Pole Vault	Keezletown, Va.	Broadway
Walter Mitchell	Fr.	Sprints	Virginia Beach, Va.	Salem
Will Mulherin	Sr.	Distance	Yorktown, Va.	Tabb
Joseph Murray	Jr.	Distance	Fredericksburg, Va.	Stafford
Luka Mustafic	Fr.	Throws	Rakitje, Croatia	Gimnasium Samobor
Grant Pollock	r-Fr.	Distance	Richmond, Va.	Mills Godwin
Keith Ricks	Sr.	Sprints	Suffolk, Va.	King's Fork
Corey Shank	So.	Pole Vault	Fort Wayne, Ind.	Northrop
Matthias Treff	r-Jr.	Throws	Burgthann, Germany	Sportgymnasium Halle
Shaowei Tu	So.	Mid-Distance	Mechanicsville, Va.	Atlee
Chris Uhle	Fr.	Pole Vault	Powell, Ohio	Olentangy Liberty
Chris Walizer	Sr.	Mid-Distance	Hershey, Pa.	Hershey
Brian Welch	r-Jr.	Distance	Richmond, Va.	Mills Godwin
Darrell Wesh	So.	Sprints	Virginia Beach, Va.	Landstown
Connor Wilson	Fr.	Distance	Sterling, Va.	Potomac Falls
Ryan Witt	r-Sr.	Distance	Winchester, Va.	Sherando
Pat Woodford	Fr.	Distance	Roanoke, Va.	Patrick Henry
Alexander Ziegler	Jr.	Throws	Dischingen, Germany	Schiller Gym Heidenheim





ACC Indoor Track & Field Leaders (as of 2/21/12)



Men

Event	Name, School	Performance
60m.....	Kemar Hyman, Florida State	6.56
200m	Horatio Williams, Florida State	21.02
400m	Stephan Newbold, Florida State.....	47.34
800m	Darrin Gibson, Florida State.....	1:48.78
Mile.....	Ryan Hill, NC State	3:58.33
3,000m.....	Ryan Hill, NC State	7:43.08
5,000m.....	Christopher Foley, Virginia	14:03.67
60m H	Spencer Adams, Clemson	7.66
4x400m	Florida State.....	3:10.37
DMR.....	Virginia.....	9:42.97
HJ.....	Ronnie Black, Virginia Tech.....	7-3.25 (2.22m)
PV	Parker Smith, North Carolina	17-7.75 (5.38m)
LJ	Paul Madzivire, Florida State.....	24-8.5 (7.53m)
TJ.....	Marcus Robinson, Virginia	54-6.75 (16.63m)
SP.....	Nick Vena, Virginia	60-6.5 (18.45m)
WT.....	Marcel Lomnicky, Virginia Tech.....	75-7.5 (23.05m)
Hep	Chad Pierce, North Carolina.....	4,834 pts.

Women

Event	Name, School	Performance
60m.....	Stormy Kendrick, Clemson	7.22
200m	D. Bryant, Clemson/M. Wesh, Clemson	23.51
400m	Marlena Wesh, Clemson	52.21
800m	Tasha Stanley, North Carolina	2:04.70
Mile.....	Morgane Gay, Virginia	4:34.38
3,000m.....	Amanda Winslow, Florida State	9:09.83
5,000m.....	Carly Seymour, Duke	16:24.74
60m H	B. Rollins, Clemson/ B. Owens, Clemson.....	7.97
4x400m	Clemson	3:34.97
DMR.....	North Carolina	11:21.26
HJ.....	Amina Smith, Maryland.....	5-11.25 (1.81m)
PV	Victoria von Eynatten, Virginia Tech.....	14-4 (4.37m)
LJ	Amy Harris, Florida State.....	20-10.5 (6.36m)
TJ.....	Michelle Jenije, Florida State	43-1.75 (13.15m)
SP.....	Michelle Anumba, Duke.....	53-8.5 (16.37m)
WT.....	Brittney Waller, Clemson	66-0.5 (20.13m)
Pen	Karli Johonnot, Duke	3,802 pts.



2012 Virginia Tech Men's Indoor Track & Field Season-Best Performance List



60m (School Record: 6.61, Keith Ricks, 2012; NCAA Auto: 6.60)

Athlete	Year	Time	Meet	Meet Date
Ricks, Keith	SR-4	6.61	VT Elite Meet	02/03/12
Wesh, Darrell	SO-2	6.73	Hokie Invitational	01/20/12
Knowles, Demitri	FR-1	6.90	VT Challenge	02/17/12
Mitchell, Walter	FR-1	7.06	Hokie Invitational	01/20/12
Shank, Corey	JR-3	7.11	Liberty Kick Off	12/02/11
Campbell, Scott	SO-2	7.16	SPIRE Division I Invitational	02/10/12

200m (School Record: 21.16, Andre Davis, 2000; NCAA Auto: 20.73)

Athlete	Year	Time	Meet	Meet Date
Ricks, Keith	SR-4	21.27	VT Elite Meet	02/03/12
McCants, Jonathan	JR-3	21.55	Hokie Invitational	01/20/12
Wesh, Darrell	SO-2	21.87	Hokie Invitational	01/20/12
Mitchell, Walter	FR-1	22.64	Hokie Invitational	01/20/12

300m (School Record: 34.05, Jonathan McCants, 2012)

Athlete	Year	Time	Meet	Meet Date
McCants, Jonathan	JR-3	34.05	Hokie Invitational	01/20/12
Mitchell, Walter	FR-1	35.33	Hokie Invitational	01/20/12
Campbell, Scott	SO-2	35.58	Hokie Invitational	01/20/12

400m (School Record: 47.91, Jordan Price, 2006; NCAA Auto: 46.00)

Athlete	Year	Time	Meet	Meet Date
McCants, Jonathan	JR-3	48.50	SPIRE Division I Invitational	02/10/12
Hoepker, Eric	SR-4	49.35	SPIRE Division I Invitational	02/10/12
Mitchell, Walter	FR-1	49.51	SPIRE Division I Invitational	02/10/12
Campbell, Scott	SO-2	50.87	VT Invitational	01/13/12

600m (School Record: 1:19.24, Ryan Witt, 2012)

Athlete	Year	Time	Meet	Meet Date
Witt, Ryan	SR-4	1:19.24	SPIRE Division I Invitational	02/10/12
Tu, Shaowei	SO-2	1:20.97	VT Challenge	02/17/12
Hagen, Ryan	JR-3	1:25.26	SPIRE Division I Invitational	02/10/12

800m (School Record: 1:48.90, Tihut Degfae, 2011; NCAA Auto: 1:47.30)

Athlete	Year	Time	Meet	Meet Date
Witt, Ryan	SR-4	1:49.79	SPIRE Division I Invitational	02/10/12
Judge, Eddie	SR-4	1:53.81	SPIRE Division I Invitational	02/10/12
DeWillie, Kevin	FR-1	1:54.62	SPIRE Division I Invitational	02/10/12
Tu, Shaowei	SO-2	1:54.65	SPIRE Division I Invitational	02/10/12

1,000m (School Record: 2:21.92, Gary Cobb, 1987)

Athlete	Year	Time	Meet	Meet Date
Witt, Ryan	SR-4	2:23.70	VT Challenge	02/17/12
Walizer, Chris	SR-4	2:24.68	SPIRE Division I Invitational	02/10/12
Hagen, Ryan	JR-3	2:24.70	VT Challenge	02/17/12
Pollock, Grant	FR-1	2:26.19	SPIRE Division I Invitational	02/10/12
Judge, Eddie	SR-4	2:26.94	SPIRE Division I Invitational	02/10/12
DeWillie, Kevin	FR-1	2:28.25	SPIRE Division I Invitational	02/10/12
Campbell, Scott	SO-2	2:48.42	VT Challenge	02/17/12

1 Mile (School Record: 3:58.41, Michael Hammond, 2011; NCAA Auto: 3:57.90)

Athlete	Year	Time	Meet	Meet Date
Hagen, Ryan	JR-3	4:04.18	VT Elite Meet	02/03/12
Berman, Jared	SO-2	4:07.44	VT Elite Meet	02/03/12
Burleigh, Brayden	FR-1	4:07.79	VT Elite Meet	02/03/12
Walizer, Chris	SR-4	4:08.47	VT Challenge	02/17/12
Dowd, Kevin	FR-1	4:09.63	VT Challenge	02/17/12
Pollock, Grant	FR-1	4:09.90	VT Challenge	02/17/12
Judge, Eddie	SR-4	4:10.33	VT Challenge	02/17/12
Barlow, Darren	FR-1	4:10.35	VT Challenge	02/17/12
Degfae, Leoule	SO-2	4:10.99	VT Elite Meet	02/03/12
Witt, Ryan	SR-4	4:15.26	Hokie Invitational	01/20/12
Curtin, Thomas	FR-1	4:16.28	VT Challenge	02/17/12

Welch, Brian	JR-3	4:36.78	VT Invitational	01/13/12
3,000m (School Record: 7:56.58, Will Mulherin, 2011; NCAA Auto: 7:52.30)				
Athlete	Year	Time	Meet	Meet Date
Burleigh, Brayden	FR-1	8:08.91	SPIRE Division I Invitational	02/10/12
Curtin, Thomas	FR-1	8:09.37	SPIRE Division I Invitational	02/10/12
Degfae, Leoule	SO-2	8:10.20	SPIRE Division I Invitational	02/10/12
Berman, Jared	SO-2	8:12.56	SPIRE Division I Invitational	02/10/12
Dowd, Kevin	FR-1	8:14.16	SPIRE Division I Invitational	02/10/12
Barlow, Darren	FR-1	8:24.40	SPIRE Division I Invitational	02/10/12
Judge, Eddie	SR-4	8:45.45	VT Elite Meet	02/03/12
Welch, Brian	JR-3	8:57.36	VT Elite Meet	02/03/12

60m Hurdles (School Record: 7.81, Jeff Artis-Gray, 2012; NCAA Auto: 7.70)

Athlete	Year	Time	Meet	Meet Date
Artis-Gray, Jeff	JR-3	7.81	VT Elite Meet	02/03/12
Campbell, Scott	SO-2	8.63	VT Challenge	02/17/12

4x400m (School Record: 3:11.50, Stith, Walker, Sangbana, Davis, 1999; NCAA Auto: 3:06.50)

Time	Athletes	Meet	Meet Date
3:13.93	Artis-Gray, Wesh, Ricks, McCants	VT Invitational	01/13/12
3:16.90	McCants, Wesh, Mitchell, Hoepker	SPIRE Division I Invitational	02/10/12

High Jump (School Record: 7'3.25", 2.22m, Ronnie Black, 2012; NCAA Auto: 7'4.25", 2.24m)

Athlete	Year	English	Metric	Meet	Meet Date
Black, Ronnie	JR-3	7'3.25"	2.22m	VT Invitational	01/13/12
Campbell, Scott	SO-2	5'8.5"	1.74m	SPIRE Division I Invitational	02/10/12

Pole Vault (School Record: 18'2.5", 5.55m, Yavgeniy Olhovskiy, 2009; NCAA Auto: 18'0.5", 5.50m)

Athlete	Year	English	Metric	Meet	Meet Date
Davis, Joe	SR-4	17'7"	5.36m	Hokie Invitational	01/20/12
Uhle, Chris	FR-1	16'8.25"	5.09m	VT Challenge	02/17/12
Miller, Michael	SR-4	15'7.25"	4.76m	Hokie Invitational	01/20/12
Hoogland, Matt	FR-1	15'3"	4.65m	VT Elite Meet	02/03/12
Shank, Corey	JR-3	15'3"	4.65m	Liberty Kick Off	12/02/11

Long Jump (School Record: 25'3", 7.70m, Ken Stewart, 1984; NCAA Auto: 26'3", 8.00m)

Athlete	Year	English	Metric	Meet	Meet Date
Artis-Gray, Jeff	JR-3	24'5.5"	7.45m	VT Elite Meet	02/03/12
Halim, Hasheem	SR-4	23'11"	7.29m	VT Invitational	01/13/12
Campbell, Scott	SO-2	22'7.25"	6.89m	VT Elite Meet	02/03/12
Miller, Michael	SR-4	19'11"	6.07m	VT Challenge	02/17/12
Hoogland, Matt	FR-1	19'8.75"	6.01m	VT Challenge	02/17/12

Triple Jump (School Record: 52'8.75", 16.07m, Hasheem Halim, 2012; NCAA Auto: 53'5.75", 16.30m)

Athlete	Year	English	Metric	Meet	Meet Date
Halim, Hasheem	SR-4	52'8.75"	16.07m	Hokie Invitational	01/20/12
Fuller, Corey	JR-3	50'8.75"	15.46m	VT Elite Meet	02/03/12

Shot Put (School Record: 62'11.25", 19.18m, Justin Clickett, 2007; NCAA Auto: 63'6", 19.35m)

Athlete	Year	English	Metric	Meet	Meet Date
Mustafic, Luka	FR-1	56'6.75"	17.24m	VT Challenge	02/17/12
Campbell, Scott	SO-2	31'9.5"	9.69m	SPIRE Division I Invitational	02/10/12

Weight Throw (School Record: 77'10.25", 23.73m, Spyridon Jullien, 2006; NCAA Auto: 70'6.5", 21.50m)

Athlete	Year	English	Metric	Meet	Meet Date
Lomnicky, Marcel*	SR-4	75'7.5"	23.05m	VT Elite Meet	02/03/12
Ziegler, Alexander*	JR-3	75'7.25"	23.04m	VT Elite Meet	02/03/12
Mahmic, Denis	JR-3	65'8.75"	20.03m	Hokie Invitational	01/20/12

* - denotes NCAA automatic qualifying standard

Unattached Season-Best Performances

(will not count towards official school records or all-time performance lists)

400m

Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	49.76	VT Elite Meet	02/03/12

500m

Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	1:06.57	VT Invitational	01/13/12

600m

Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	1:20.63	Hokie Invitational	01/20/12
DeWillie, Kevin	FR-1	1:24.01	Hokie Invitational	01/20/12
Wilson, Connor	FR-1	1:28.50	Hokie Invitational	01/20/12

800m

Athlete	Year	Time	Meet	Meet Date
Degfae, Tihut	JR-3	1:52.90	VT Elite Meet	02/03/12
Hoepker, Eric	SR-4	1:55.19	VT Elite Meet	02/03/12
DeWillie, Kevin	FR-1	1:55.56	VT Elite Meet	02/03/12
Tu, Shaowei	SO-2	1:55.69	VT Elite Meet	02/03/12
Wilson, Connor	FR-1	1:59.02	VT Elite Meet	02/03/12

1,000m

Athlete	Year	Time	Meet	Meet Date
DeWillie, Kevin	FR-1	2:35.99	VT Invitational	01/13/12
Tu, Shaowei	SO-2	2:36.70	VT Invitational	01/13/12
Wilson, Connor	FR-1	2:41.45	VT Invitational	01/13/12

1 Mile

Athlete	Year	Time	Meet	Meet Date
Barlow, Darren	FR-1	4:09.38	VT Elite Meet	02/03/12
Curtin, Thomas	FR-1	4:11.11	VT Elite Meet	02/03/12
Hagen, Ryan	JR-3	4:15.15	VT Invitational	01/13/12
Link, Zach	RS/Una	4:16.97	VT Elite Meet	02/03/12
Campos, Juan	FR-1	4:20.79	VT Elite Meet	02/03/12
Burleigh, Brayden	FR-1	4:20.92	VT Invitational	01/13/12
Kuhns, Ryan	FR-1	4:22.52	VT Challenge	02/17/12
Cusack, Jason	SR-4	4:23.48	Hokie Invitational	01/20/12
Mulherin, William	SR-4	4:23.38	Hokie Invitational	01/20/12
Berman, Jared	SO-2	4:23.94	Hokie Invitational	01/20/12
Degfae, Tihut	JR-3	4:28.91	Hokie Invitational	01/20/12
Carter, George	FR-1	4:33.92	VT Elite Meet	02/03/12
Wilson, Connor	FR-1	4:37.45	VT Challenge	02/17/12
Woodford, Pat	FR-1	4:39.70	VT Invitational	01/13/12

3,000m

Athlete	Year	Time	Meet	Meet Date
Mulherin, William	SR-4	8:21.58	VT Elite Meet	02/03/12
Cusack, Jason	SR-4	8:23.14	VT Elite Meet	02/03/12
Murray, Joseph	RS/Una	8:26.78	VT Challenge	02/17/12
Burleigh, Brayden	FR-1	8:31.30	Hokie Invitational	01/20/12
Hagen, Ryan	JR-3	8:31.62	Hokie Invitational	01/20/12
Kuhns, Ryan	FR-1	8:41.88	VT Elite Meet	02/03/12
Barlow, Darren	FR-1	8:43.91	Hokie Invitational	01/20/12
Woodford, Patrick	FR-1	8:48.51	VT Elite Meet	02/03/12
Link, Zach	RS/Una	8:49.45	VT Challenge	02/17/12
Carter, George	FR-1	8:52.17	Hokie Invitational	01/20/12

Pole Vault

Athlete	Year	English	Metric	Meet	Meet Date
Hall, Hunter	RS/Una	17'4.25"	5.29m	VT Challenge	02/17/12

2012 Virginia Tech Women's Indoor Track & Field Season-Best Performance List



60m (School Record: 7.26, Funmi Alabi, 2011; NCAA Auto: 7.23)

Athlete	Year	Time	Meet	Meet Date
Nwaneri, Ogechi	SR-4	7.36	VT Elite Meet	02/03/12
Simms, Ciara	FR-1	7.42	VT Elite Meet	02/03/12
Scott, Ebony	SO-2	7.57	Hokie Invitational	01/20/12
DeCoster, Jameice	JR-3	7.69	VT Elite Meet	02/03/12
Tyson, Zakiya	SO-2	7.70	VT Elite Meet	02/03/12

200m (School Record: 23.62, Britni Spruill, 2008; NCAA Auto: 23.12)

Athlete	Year	Time	Meet	Meet Date
Tyson, Zakiya	SO-2	24.00	VT Elite Meet	02/03/12
Nwaneri, Ogechi	SR-4	24.20	VT Invitational	01/13/12
Boone, Aunye	SR-4	24.31	VT Invitational	01/13/12
Simms, Ciara	FR-1	24.41	VT Elite Meet	02/03/12
DeCoster, Jameice	JR-3	24.65	Hokie Invitational	01/20/12
Scott, Ebony	SO-2	24.90	Hokie Invitational	01/20/12

300m (School Record: 37.93, Britni Spruill, 2008)

Athlete	Year	Time	Meet	Meet Date
DeCoster, Jameice	JR-3	39.71	VT Invitational	01/13/12
Simms, Ciara	FR-1	40.27	VT Invitational	01/13/12
Scott, Ebony	SO-2	40.87	VT Invitational	01/13/12
Nugent, Leah	FR-1	41.53	Hokie Invitational	01/20/12

400m (School Record: 53.06, Queen Harrison, 2010; NCAA Auto: 52.60)

Athlete	Year	Time	Meet	Meet Date
Boone, Aunye	SR-4	54.76	VT Elite Meet	02/03/12
Amegashie, Yvonne	JR-3	55.09	SPIRE Division I Invitational	02/10/12
Woodford, Natalie	JR-3	56.59	Hokie Invitational	01/20/12
Nugent, Leah	FR-1	57.17	VT Invitational	01/13/12

500m (School Record: 1:11.49, Asia Washington, 2010)

Athlete	Year	Time	Meet	Meet Date
Woodford, Natalie	JR-3	1:14.27	VT Invitational	01/13/12
Nugent, Leah	FR-1	1:21.43	VT Invitational	01/13/12

600m (School Record: 1:30.99, Frances Dowd, 2012)

Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	1:30.99	SPIRE Division I Invitational	02/10/12
Smith, Amanda	FR-1	1:32.64	SPIRE Division I Invitational	02/10/12
Woodford, Natalie	JR-3	1:33.01	Hokie Invitational	01/20/12
Smiljanec, Katarina	FR-1	1:35.06	VT Challenge	02/17/12
Kvartunas, Paige	SO-2	1:35.14	SPIRE Division I Invitational	02/10/12

800m (School Record: 2:07.22, Frances Dowd, 2012; NCAA Auto: 2:04.50)

Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	2:07.22	SPIRE Division I Invitational	02/10/12
Smith, Amanda	FR-1	2:08.88	SPIRE Division I Invitational	02/10/12
Smiljanec, Katarina	FR-1	2:15.68	SPIRE Division I Invitational	02/10/12

1,000m (School Record: 2:47.07, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	2:48.58	VT Challenge	02/17/12
Kvartunas, Paige	SO-2	2:50.52	VT Challenge	02/17/12
Dow, Samantha	JR-3	2:50.67	VT Challenge	02/17/12
Smith, Amanda	FR-1	2:53.80	VT Challenge	02/17/12
Watt, Alexandra	FR-1	2:56.37	VT Challenge	02/17/12
Bouvet, Camille	FR-1	3:05.92	VT Invitational	01/13/12

1 Mile (School Record: 4:40.31, Natalie Sherbak, 2009; NCAA Auto: 4:37.00)

Athlete	Year	Time	Meet	Meet Date
Kvartunas, Paige	SO-2	4:50.42	SPIRE Division I Invitational	02/10/12
Rapp, Sarah	FR-1	4:56.16	VT Elite Meet	02/03/12
Watt, Alexandra	FR-1	4:59.92	VT Elite Meet	02/03/12
Nuckols, Madalyn	SO-2	5:02.49	VT Challenge	02/17/12
Dow, Samantha	JR-3	5:09.94	VT Elite Meet	02/03/12

Bouvet, Camille	FR-1	5:13.85	VT Elite Meet	02/03/12
Cario, Stephanie	SO-2	5:31.05	VT Invitational	01/13/12

3,000m (School Record: 9:01.57, Tasmin Fanning, 2008; NCAA Auto: 9:10.00)

Athlete	Year	Time	Meet	Meet Date
Dow, Samantha	JR-3	9:40.65	SPIRE Division I Invitational	02/10/12
Rapp, Sarah	FR-1	9:43.05	SPIRE Division I Invitational	02/10/12
Nuckols, Madalyn	SO-2	9:57.71	SPIRE Division I Invitational	02/10/12
Kvartunas, Paige	SO-2	10:05.47	Hokie Invitational	01/20/12
Crosson, Taylor	FR-1	10:08.77	VT Challenge	02/17/12
Watt, Alexandra	FR-1	10:09.11	SPIRE Division I Invitational	02/10/12
Cario, Stephanie	SO-2	10:23.34	VT Challenge	02/17/12
Jones, Ginny	FR-1	10:34.59	VT Elite Meet	02/03/12

60m Hurdles (School Record: 7.94, Queen Harrison, 2010; NCAA Auto: 8.10)

Athlete	Year	Time	Meet	Meet Date
Brown, Kristen	SO-2	8.42	Hokie Invitational	01/20/12
Nugent, Leah	FR-1	8.51	VT Elite Meet	02/03/12

4x400m (School Record: 3:38.16, Washington, Boone, Woodford, Amegashie, 2011; NCAA Auto: 3:34.00)

Time	Athletes	Meet	Meet Date
3:43.60	DeCoster, Amegashie, Woodford, Boone	VT Invitational	01/13/12
3:44.48	Amegashie, Woodford, Nugent, Boone	VT Elite Meet	02/03/12

Pole Vault (School Record: 14'4", 4.37m, Victoria von Eynatten, 2012; NCAA Auto: 14'3.25", 4.35m)

Athlete	Year	English	Metric	Meet	Meet Date
von Eynatten, Victoria*	FR-1	14' 4"	4.37m	VT Challenge	02/17/12
Schultze, Martina	FR-1	13' 10.5"	4.23m	VT Challenge	02/17/12
Brown, Kristen	SO-2	13' 1.5"	4.00m	VT Challenge	02/17/12
Allin, Leigh	SO-2	12' 8"	3.86m	VT Challenge	02/17/12
Saunders, Lyndsey	FR-1	12' 1.5"	3.70m	VT Challenge	02/17/12
Powell, Elizabeth	FR-1	11' 5.75"	3.50m	VT Invitational	01/13/12

Shot Put (School Record: 54'9.5", 16.70m, Brittany Pryor, 2008; NCAA Auto: 56'5.25", 17.20m)

Hairston, Shanice	FR-1	40' 1.25"	12.22m	VT Challenge	02/17/12
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* - denotes NCAA automatic qualifying standard

Unattached Season-Best Performances

(will not count towards official school records or all-time performance lists)

600m

Athlete	Year	Time	Meet	Meet Date
Sawyer, Samantha	FR-1	1:44.21	Hokie Invitational	01/20/12

800m

Athlete	Year	Time	Meet	Meet Date
Sawyer, Samantha	FR-1	2:23.35	VT Elite Meet	02/03/12

1000m

Athlete	Year	Time	Meet	Meet Date
Sawyer, Samantha	FR-1	3:02.24	VT Challenge	02/17/12
Shukla, Oshin	FR-1	3:29.38	VT Challenge	02/17/12

1 Mile

Athlete	Year	Time	Meet	Meet Date
Rapp, Sarah	FR-1	5:14.10	VT Invitational	01/13/12
Jones, Ginny	FR-1	5:21.80	Hokie Invitational	01/20/12
Shukla, Oshin	FR-1	5:54.12	Hokie Invitational	01/20/12
Billingsley, Hayley	FR-1	6:09.25	Hokie Invitational	01/20/12

3,000m

Athlete	Year	Time	Meet	Meet Date
Rapp, Sarah	FR-1	10:13.27	Hokie Invitational	01/20/12

Pole Vault

Athlete	Year	English	Metric	Meet	Meet Date
von Eynatten, Victoria	FR-1	14'1.75"	4.31m	Hokie Invitational	01/20/12
Schultze, Martina	FR-1	13'9.75"	4.21m	Hokie Invitational	01/20/12

Shot Put

Athlete	Year	English	Metric	Meet	Meet Date
<i>Muzaric, Valentina</i>	<i>FR-1</i>	<i>53'8.5"</i>	<i>16.37m</i>	<i>VT Elite Meet</i>	<i>02/03/12</i>

SCHEDULE OF EVENTS

WEDNESDAY, FEBRUARY 22, 2012

12:00-5:00 p.m.	Facility Available for Practice
6:00 p.m.	Coaches Meeting - Reggie Lewis Track Center Room 222

THURSDAY, FEBRUARY 23, 2012

8:00 a.m. - 11:00 a.m.	Facility Available for Practice
12:00 Noon	Womens Pentathlon- 60mH, HJ, SP, LJ, 800m
12:20 p.m.	Mens Heptathlon- 60m, LJ, SP, HJ
6 p.m. (or after multis) until 9:00 p.m.	Facility Available for Practice

FRIDAY, FEBRUARY 24, 2012

8:00 a.m. - 10 a.m.	Facility Available for Practice
11:00 a.m.	Heptathlon 60mH
1:15 p.m. (approx)	Heptathlon PV
3:40 p.m. (approx)	Heptathlon 1000m

Running Events

1:30 PM- Mile Men-Q
1:50 PM- Mile Women-Q
2:15 PM- 60m Hurdles Men-Q
2:35 PM- 60m Hurdles Women-Q
3:00 PM- 400m Men-Q
3:20 PM- 400m Women-Q
3:40 PM- Heptathlon 1000 m
3:50 PM- 60m Men-Q
4:05 PM- 60m Women-Q
4:20 PM- 800m Men-Q
4:40 PM- 800m Women-Q
5:00 PM- 200m Men-Q
5:20 PM- 200m Women-Q
5:40 PM- 5000m Men Unseeded Section-FINAL
6:05 PM- 5000m Men Seeded Section-FINAL
6:30 PM- 5000m Women Unseeded Section-FINAL
6:55 PM- 5000m Women Seeded Section-FINAL
7:20 PM- MENS DISTANCE MEDLEY RELAY- FINAL
7:35 PM- WOMENS DISTANCE MEDLEY RELAY- FINAL

Field Events

12:00 PM – High Jump Women-FINAL
1:00 PM- Long Jump Men-FINAL
1:00 PM- Weight Throw Men-FINAL
4:00 PM- Weight Throw Women-FINAL
4:30 PM- Long Jump Women-FINAL
5:30 PM- Pole Vault Women-FINAL
5:30 PM- High Jump Men-FINAL

SCHEDULE OF EVENTS

SATURDAY, FEBRUARY 25, 2012

8:00 -9:30 a.m.

Facility Available for Practice

Running Events

12:00 Noon- Mile Men- FINAL
12:10 PM- Mile Women- FINAL
12:40 PM- 60m Hurdles Men- FINAL
12:50 PM- 60m Hurdles Women- FINAL
1:00 PM- 400m Men- FINAL
1:10 PM- 400m Women- FINAL
1:20 PM- 60m Men- FINAL
1:30 PM- 60m Women- FINAL
1:40 PM- 800m Men- FINAL
1:50 PM- 800m Women- FINAL
2:00 PM- 200m Men- FINAL
2:10 PM- 200m Women- FINAL
2:20 PM- 3000m Men- unseeded section-FINAL
2:35 PM- 3000m Men- seeded section-FINAL
2:55 PM- 3000m Women- unseeded section-FINAL
3:10 PM- 3000m Women- seeded section-FINAL
3:25 PM- 4 x 400m Relay Men- FINAL
3:40 PM- 4 x 400m Relay Women- FINAL

Field Events

11:00 AM- Shot Put Men-FINAL
11:00 AM- Triple Jump Men-FINAL
12:00 Noon- Pole Vault Men-FINAL
1:30 PM- Shot Put Women-FINAL
1:30 PM- Triple Jump Women-FINAL