# 2012 Virginia Tech Track & Field Meet Notes #5



# Virginia Tech HOSTS the VT Challenge February 17-18, 2012 Rector Field House

Blacksburg, Va.

Live Results: http://www.flashresults.com/2012\_Meets/indoor/02-17-VTChallenge/realtime/

2012 Indoor Schedule		
Date	Meet	
12/2-3	at Liberty Kickoff	
1/13-14	VT Invite	
1/20-21	Hokie Invite	
2/3-4	VT Elite Meet	
2/10-11	at SPIRE Division I Collegiate Invite	
	(Geneva, Ohio)	
2/17-18	VT Challenge	
2/23-25	at ACC Indoor Championship	
	(Host: Boston College; Boston, Mass.)	
3/3	VT Final Qualifier	
3/9-10	at NCAA Indoor Championship	
	(Host: Boise State; Nampa, Idaho)	

## 2012 Outdoor Schedule

### Date Meet

3/17	at Miami Invite
3/23-24	at Central Florida Invite
3/30-31	at Georgia Tech Yellow Jacket Invite
3/30-31	at NC State Raleigh Relays
4/6-7	at Florida Relays
4/6-7	at William & Mary Colonial Relays
4/6-7	at Stanford Invite
4/13-14	at Tennessee Sea Ray Relays
4/19-21	at ACC Outdoor Championship
	(Host: Virginia; Charlottesville, Va.)
4/26-28	at Penn Relays
4/27-28	at Cal Brutus Hamilton Invite
4/29	at Stanford Peyton Jordan Invite
5/3	at Liberty Twilight
5/10	at Roanoke Distance Classic
5/11-12	at Georgia Tech Invite
5/11-12	at Clemson Tiger Invite
5/13	at NC State Invite
5/24-26	at NCAA East Preliminaries
	(Host: North Florida; Jacksonville, Fla.)
6/6-9	at NCAA Outdoor Championship
	(Host: Drake; Des Moines, Iowa)

**Bold** -- denotes home indoor meet held at Rector Field House on campus

### **PREVIEWING THE MEET ...**

• The Virginia Tech men's and women's track & field teams will host the fourth of five home indoor meets in 2012 as they host the VT Challenge on February 17-18, 2012 at Rector Field House in Blacksburg. Events begin on Friday afternoon at 5 p.m. and continue at 11 a.m. Saturday morning. 15 men's and 17 women's teams are slated to compete, including Tech's Atlantic Coast Conference foes Duke and Wake Forest. This is the final tune-up for the Hokies prior to next week's ACC Indoor Championships at the Reggie Lewis Center in Boston, Mass. The Hokie men are ranked No. 8 in the lastest USTFCCCA indoor poll.

### LAST TIME OUT ...

• Frances Dowd set two Tech records last weekend at the SPIRE Division I Collegiate Invitational in Geneva, Ohio as she won the 600 meters in a time of 1:30.99 on Friday and then finished fourth in the 800 meters on Saturday in 2:07.22. In addition, Ryan Witt set the school record and won the 600 meters (1:19.24), while Victoria von Eynatten won her second straight pole vault competition (13-10, 4.22m) and set the SPIRE facility record. The Hokies also earned runner-up finishes from Martina Schultze (pole vault), Ronnie Black (high jump), Hasheem Halim (triple jump), Jeff Artis-Gray (60 meter hurdles), Kristen Brown (60 meter hurdles), and Ciara Simms (60 meters).

### **CURRENT SCHOOL RECORD HOLDERS ...**

• Here's a look at current members of the Tech track & field squad who are school record holders (indoors only):

#### Men

Keith Ricks, 60m, 6.61, 2012 Jonathan McCants, 300m, 34.05, 2012 Ryan Witt, 600m, 1:19.24, 2012 Tihut Degfae, 800m, 1:48.90, 2011 Michael Hammond, Mile, 3:58.41, 2011 Will Mulherin, 3000m, 7:56.58, 2011 Jeff Artis-Gray, 60m H, 7.81, 2012 Eddie Judge, DMR, 9:30.24, 2009 Ryan Witt, DMR, 9:30.24, 2009 Ronnie Black, HJ, 7'3.25" (2.22m), 2012 Hasheem Halim, TJ, 52'8.75" (16.07m), 2012

#### Women

Frances Dowd, 600m, 1:30.99, 2012 Frances Dowd, 800m, 2:07.22, 2012 Aunye Boone, 4x400m, 3:38.16, 2011 Natalie Woodford, 4x400m, 3:38.16, 2011 Yvonne Amegashie, 4x400m, 3:38.16, 2011 Victoria von Eynatten, PV, 14-2.5 (4.33m), 2012

### **MEDIA INFORMATION**

Men's & Women's Track & Field/Cross Country Contact	Jim Rodriguez
Office Phone	(540) 231-6892
Cell Phone	
E-Mail	
	, je



#### www.hokiesports.com/track

# **Virginia Tech Quick Facts**

#### GENERAL

Location	Blacksburg, Va.
Enrollment	
Founded	
Colors	Chicago maroon and burnt orange
Nickname	Hokies
Conference	Atlantic Coast
President	Charles W. Steger
Director of Athletics	sJim Weaver
Home Facilities	Rector Field House (Indoor)
	Johnson-Miller Track Complex (Outdoor)
Athletics Website	www.hokiesports.com
Track & Field Websit	tewww.hokiesports.com/track
Track & Field Twitte	rwww.twitter.com/VT_Track
Athletics Facebook	www.facebook.com/hokiesports

#### **COACHING STAFF**

Director of Track & Field/XC	Dave Cianelli
Alma Mater, YearBowling Green St	tate University, 1977
Overall Year	27th
Year at Virginia Tech	11th
Cianelli Office Phone	(540) 231-3094
Cianelli E-mail	dcianell@vt.edu
Associate Head Coach/Throws	Greg Jack
Head XC/Distance	Ben Thomas
Sprints/Jumps/Hurdles	Charles Foster
Pole Vault	Bob Phillips
Assistant Distance	Jen McGranahan
Technical Director	Stacey Vidt

#### **HISTORY**

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### 2011 REVIEW

Men's ACC Finish (Indoor/Outdoor)	1st/2nd
Women's ACC Finish (Indoor/Outdoor)	4th/7th
Men's NCAA Finish (Indoor/Outdoor)	15th/5th
Women's NCAA Finish (Indoor/Outdoor)	NTS/T20th
ACC Champions Returning8	(8 Men, 0 Women)
All-Americans Returning10 (	10 Men, 0 Women)

# **Hokies in the Rankings**

# Hokies on the NCAA Performance List-Men (Top 25)

Keith Ricks		
60m	7th	6.61
Jeff Artis-Gray		
60m Hurdles	T-20th	7.81
Ronnie Black		
High Jump	T-11th	7-3.25 (2.22m)
Joe Davis		
Pole Vault	T-15th	17-7 (5.36m)
Hasheem Halim		
Triple Jump	5th	52-8.75 (16.07m)
Marcel Lomnicky		
Weight Throw	2nd	75-7.5 (23.05m)*
Alexander Zielger		
Weight Throw	3rd	75-7.25 (23.04m)*
Denis Mahmic		
Weight Throw	23rd	65-8.75 (20.03m)

## Hokies on the NCAA Performance List-Women (Top 25)

Ogechi Nwaneri		
60m	T-15th	7.36
Victoria von Eynatten		
Pole Vault	5th	14-2.5 (4.33m)
Martina Schultze		
Pole Vault	14th	13-8.5 (4.18m)

\* -- denotes NCAA automatic standard; performance list according to TFRRS

#### Men's NCAA Rankings (USTFCCCA) as of Feb. 14 Week 4 Indoor

11. Minnesota
12. Stanford
13. Kansas State
14. BYU
15. Nebraska
16. Auburn
17. Penn State
18. Georgia
19. Ohio State
20. Oregon

### Women's NCAA Rankings (USTFCCCA) as of Feb. 14 Week 4 Indoor

 1. Oregon
 11.

 2. Clemson
 12.

 3. LSU
 13.

 4. Arkansas
 14.

 5. Texas A&M
 15.

 6. Kansas
 16.

 7. Florida
 17.

 8. Tennessee
 18.

 9. Texas Tech
 19.

 10. Southern Illinois
 20.

Central Florida
 Texas
 Iowa State
 BYU
 Arizona
 Wisconsin
 Stanford
 Ohio State
 California
 Georgetown



# **Director of Track & Field and Cross Country Dave Cianelli**

# THE CIANELLI FILE

#### Virginia Tech (2001-Present)

 10 NCAA individual champions, the first in Virginia Tech history

- 101 All-Americans
- Two NCAA East Region team
- championships
- · Five ACC team championships
- $\cdot$  Eighty-seven ACC individual champions
- Twelve BIG EAST Conference champions
   2010 Bowerman Award winner, Queen
- Harrison

• Had 20 athletes earn All-America performances in 2011, the most in his coaching tenure

· 2011 USTFCCCA Men's Indoor and Outdoor Southeast Region Coach of the Year

 $\cdot\,$  2011 ACC Men's Indoor Coach of the Year

 $\cdot\,$  2010 ACC Men's Outdoor Coach of the Year

2007 and 2008 ACC Women's Indoor,
 Outdoor and East Region Coach of the Year

#### Southern Methodist University (1988-2001)

• Eight top-10 finishes at the women's NCAA Track & Field Championships

• Seven top-10 finishes at the men's NCAA Track & Field Championships

· 1995 men's and women's Southwest

Conference cross country champions

• Individual achievements included 19 Olympic and World Championships

competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

#### Cal-Poly San Luis Obispo (1985-1988)

• 1985-87 NCAA Division II women's cross country champion

- · 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country

conference champion

• 1985-88 CCAA women's outdoor track conference champion

· Individual achievements include one NCAA Division II Champion and 13 All-Americans

#### By The Numbers (Career)

237 All-Americans · 184 Conference champions · 98 Percent graduation rate at Virginia Tech · 38 NCAA champions · 139 School records at Virginia Tech · 23 Olympic and World championship qualifiers · 20 Top-10 women's NCAA finishes · 14 Top-10 men's NCAA finishes · 3 NCAA Division II cross country national championships · 3 NCAA Division II outdoor track runners-up

Note: Numbers correct prior to 2012 indoor track & field season

Entering his 11th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 10 NCAA individual titles, 101 NCAA All-America performances and 89 conference titles. In addition, Hokie teams have finished in the national top-10 five times and the national top-20 17 times since 2005.

#### NCAA, REGIONAL AND ACC SUCCESS

The 2011 Hokies continued to demonstrate why they are one of the nation's elite track & field programs. The men's team fifth-place finish at the NCAA Outdoor Championships was the highest in program history and matched the finish of the 2010 women's outdoor squad. The men also placed 15th at the NCAA Indoor Championships, won their first-ever ACC Indoor crown and placed second in the conference outdoors. The women finished 20th at the NCAA Outdoor Championships and were third at the indoor conference



championship. Alexander Ziegler and Dorotea Habazin each won national titles in the hammer throw and Marcel Lomnicky (hammer) and Matthias Treff (javelin) both earned national runner-up finishes. Ziegler also placed second nationally in the indoor weight throw. In all, 14 different Hokies earned a total of 20 All-American performances.

#### USA AND INTERNATIONAL SUCCESS

In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Bimbo Coles who represented the United States in basketball in 1988.

#### COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. This past season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Indoor Coach of the Year for leading the Hokies to their first-ever ACC Indoor title.

Last year, he was named the 2010 ACC Men's Outdoor Coach of the Year. In 2008, he won the ACC Women's Indoor, ACC Women's Outdoor and East Region Women's Coach of the Year honors for the second straight year. Cianelli also won his second consecutive USTFCCCA Women's Indoor Southeast Region Coach of the Year honor in 2008.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack was named the USTFCCCA's Men's Outdoor Regional Coach of the Year for the second year in a row in 2011. Jack was also named Men's Indoor Regional Coach of the Year in 2010 and National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 10 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former All-SEC runner Jen McGranahan. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

#### ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

#### PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



### 2012 Virginia Tech Track & Field • Meet Notes #5 HOST VT Challenge • 2/17-18/12

# **Women's Roster**

Hometown

Lexington, Ky.

Name	Class
Leigh Allin	r-So.
Yvonne Amegashie	Jr.
Hayley Billingsley	Fr.
Aunye Boone	Sr.
Camille Bouvet	Fr.
Kristen Brown	So.
Stephanie Cario	So.
Taylor Crosson	So.
Jameice DeCoster	Jr.
Emma DeJarnette	Jr.
Courtney Dobbs	So.
Sammy Dow	Jr.
Frances Dowd	So.
Casey Gresham	r-So.
Shanice Hairston	r-Fr.
Alyson Jones	Fr.
Ginny Jones	Fr.
Paige Kvartunas	So.
Ally Masoero	Fr.
Valentina Muzaric	Fr.
Madalyn Nuckols	So.
Leah Nugent	Fr.
Ogechi Nwaneri	Sr.
Elizabeth Powell	r-Fr.
Sarah Rapp	Fr.
Lyndsey Saunders	r-Fr.
Samantha Sawyer	r-Fr.
Erinn Schaal	Fr.
Martina Schultze	Fr.
Ebony Scott	So.
Oshin Shukla	Fr.
Ciara Simms	Fr.
Lindsay Skolrood	r-Fr.
Katarina Smiljanec	Fr.
Amanda Smith	Fr.
Mary Catherine Sowder	So.
Corene Steinert	r-Fr.
Deanna Teter	Fr.
Colleen Thom	r-Fr.
Zakiya Tyson	So.
Jennifer Van Der Sloot	Jr.
Victoria von Eynatten	Fr.
Annjulie Vester	Fr.
Victoria Waschenko	Fr.
Alex Watt	So.
Erika Weidman	Jr.
Taylore Williams	Sr.
Natalie Woodford	Jr.
	51.

Class

Events Pole Vault Sprints/Hurdles Distance Sprints Distance Sprints/Hurdles/PV Distance Distance Sprints Pole Vault Distance Distance Distance Distance Throws Distance Distance Distance Distance Throws Distance Sprints/Hurdles Sprints Pole Vault Distance Pole Vault Distance Pole Vault Pole Vault Sprints Distance Sprints Distance Mid-Distance Mid-Distance Distance Distance Distance Distance Sprints Distance Pole Vault Throws Distance Distance Mid-Distance Sprints/Hurdles Sprints

Woodbridge, Va. Monterey, Va. St. Leonard, Md. Bethesda, Md. Owings Mills, Md. Mechanicsville, Va. Fairfax Station, Va. Glenn Dale, Md. Mechanicsville, Va. Glen Allen, Va. Midlothian, Va. Fairfax, Va. Chesapeake, Va. Martinsville, Va. Herndon, Va. Chalfont, Pa. Springfield, Va. Marlton, N.J. Velika Gorica, Croatia Glen Allen, Va. Abington, Pa. Maplewood, N.J. Richmond, Va. Raleigh, N.C. Herndon, Va. Indian Trail, N.C. Fairfax, Va. Uhingen, Germany Raleigh, N.C. Herndon, Va. Stockbridge, Ga. Roanoke, Va. Karlovac, Croatia Chesapeake, Va. Roanoke, Va. Morrison Plains, N.J. Luray, Va. Yorktown, Va. Durham, N.C. Morgantown, W. Va. Leinfelden, Germany Homburg, Germany Ambler, Pa. Springfield, Va. Alexandria, Va. Hampton, Va. Roanoke, Va.

**High School/Other** Henry Clay **Potomac Senior** Highland Calvert Walter Johnson McDonogh School Lee Davis James W. Robinson **Elizabeth Seton** Atlee Deep Run Midlothian Fairfax Western Branch Magna Vista Oakton Central Bucks East West Springfield Cherokee Gimnazija Zagreb Deep Run Abington Senior Chatham Patrick Henry **Cardinal Gibbons** Chantilly Sun Valley Paul VI University of Stuttgart Southeast Raleigh Magnet Oakton Dutchtown **Hidden Valley** General Secondary Grassfield **Hidden Valley** Morristown Luray Peninsula Catholic C.E. Jordan Universitv University of Tubingen Gymnasium Johanneum Gwynedd Mercy Academy West Springfield T.C. Williams Bethel Patrick Henry

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### 2012 Virginia Tech Track & Field • Meet Notes #5 HOST VT Challenge • 2/17-18/12

# **Men's Roster**

Name Class **Derek Aegerter** So. Jeff Artis-Gray Jr. **Darren Barlow** Fr. Jared Berman Jr. **Ronnie Black** Jr. Brayden Burleigh Fr. Scott Campbell So Juan Campos Fr. George Carter Fr. **Thomas Curtin** Fr. Jason Cusack Jr. Martin Dally r-Fr. Joe Davis r-Sr. Leoule Degfae r-So. Tihut Degfae Jr. Kevin DeWillie Fr. Kevin Dowd r-Fr. Corey Fuller Jr. Ryan Hagen Jr. Hasheem Halim Sr. Hunter Hall r-Sr. **Michael Hammond** Sr. Eric Hoepker Sr. Matt Hoogland r-Fr. Eddie Judge r-Sr. Demitri Knowles Fr. **Ryan Kuhns** Fr. **Kieran** Lee Sr. Zach Link Fr. Marcel Lomnicky Sr. **Denis Mahmic** Jr. Jonathan McCants Jr. Daniel McFadden Fr. Mike Miller Sr. Walter Mitchell Fr. Will Mulherin Sr. Joseph Murray Jr. Luka Mustafic Fr. Grant Pollock r-Fr. **Keith Ricks** Sr. Corey Shank So. Matthias Treff r-Jr. Shaowei Tu So. Chris Uhle Fr. **Chris Walizer** Sr. Brian Welch r-Jr. Darrell Wesh So. **Connor Wilson** Fr. **Rvan Witt** r-Sr. Pat Woodford Fr. Alexander Ziegler Jr.

**Events** High Jump Sprints/Jumps/Hurdles Distance Distance **High Jump** Distance **Multi-Events** Distance Distance Distance Distance Mid-Distance Pole Vault Distance Mid-Distance Mid-Distance Distance Sprints/Jumps Mid-Distance Jumps Pole Vault Mid-Distance Sprints **Pole Vault** Mid-Distance Sprints Distance Mid-Distance Distance Throws Throws Sprints Sprints/Hurdles Pole Vault Sprints Distance Distance Throws Distance Sprints **Pole Vault** Throws Mid-Distance Pole Vault Mid-Distance Distance Sprints Distance Distance Distance Throws

Hometown Humble, Texas Chesapeake, Va. Midlothian, Va. Fairfax, Va. Newport News, Va. Midlothian, Va. Salem, Va. Sterling, Va. Blacksburg, Va. Leesburg, Va. Griswold, Conn. Bethesda, Md. Sarasota, Fla. Alexandria, Va. Alexandria, Va. Hummelstown, Pa. Fairfax, Va. Baltimore, Md. Sterling, Va. Lilburn, Ga. Fort Wayne, Ind. Midlothian, Va. Haymarket, Va. Springfield, Va. Virginia Beach, Va. Lynchburg, Va. Fredericksburg, Va. Glen Allen, Va. Blacksburg, Va. Nitra, Slovakia Zagreb, Croatia Alexandria, Va. Newport News, Va. Keezletown, Va. Virginia Beach, Va. Yorktown, Va. Fredericksburg, Va. Rakitje, Croatia Richmond, Va. Suffolk, Va. Fort Wayne, Ind. Burgthann, Germany Mechanicsville, Va. Powell, Ohio Hershey, Pa. Richmond, Va. Virginia Beach, Va. Sterling, Va. Winchester, Va. Roanoke, Va. Dischingen, Germany **High School/Other** Kingwood Western Branch Midlothian James W. Robinson Menchville Midlothian Salem **Potomac Falls** Blacksburg Loudoun County Griswold Walter Johnson Riverview Thomas A. Edison Thomas A. Edison Hershey Fairfax Woodlawn Potomac Falls Berkmar Homestead Midlothian Battlefield Lake Braddock Secondary F.W. Cox Liberty Christian Academy Riverbend Hermitage Blacksburg Sport Grammar School Nitra **Railway Technical School** West Potomac Heritage Broadway Salem Tabb Stafford Gimnasium Samobor Mills Godwin King's Fork Northrop Sportgymnasium Halle Atlee **Olentangy Liberty** Hershey Mills Godwin Landstown Potomac Falls Sherando Patrick Henry Schiller Gym Heidenheim



# 2012 Virginia Tech Track & Field • Meet Notes #5 HOST VT Challenge • 2/17-18/12



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# ACC Indoor Track & Field Leaders (as of 2/15/12)



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# Men

<b>Event</b> 60m	<b>Name, School</b> . Kemar Hyman, Florida State	<b>Performance</b> 
200m	. Horatio Williams, Florida State	
400m	. Stephan Newbold, Florida State	
800m	. Darrin Gibson, Florida State	1:48.78
Mile	.Ryan Hill, NC State	3:58.33
3,000m	. Ryan Hill, NC State	7:43.08
5,000m	. Christopher Foley, Virginia	14:03.67
60m H	. Spencer Adams, Clemson	7.66
4x400m	. Florida State	3:10.37
DMR	.Virginia	9:42.97
HJ	. Ronnie Black, Virginia Tech	7-3.25 (2.22m)
PV	. Joe Davis, Virginia Tech	17-7 (5.36m)
U	. Paul Madzivire, Florida State	24-8.5 (7.53m)
TJ	. Marcus Robinson, Virginia	54-6.75 (16.63m)
SP	. Nick Vena, Virginia	60-6.5 (18.45m)
WT	. Marcel Lomnicky, Virginia Tech	75-7.5 (23.05m)
Нер	. Chad Pierce, North Carolina	4,834 pts.

# Women

<b>Event</b> 60m	Name, School Stormy Kendrick, Clemson	Performance 7.22
200m	D. Bryant, Clemson/M. Wesh, Clem	ison 23.51
400m	Marlena Wesh, Clemson	
800m	Tasha Stanley, North Carolina	2:04.70
Mile	Morgane Gay, Virginia	4:34.38
3,000m	Amanda Winslow, Florida State	9:09.83
5,000m	Carly Seymour, Duke	
60m H	B. Rollins, Clemson/ B. Owens, Clei	mson7.97
4x400m	Clemson	3:34.97
DMR	North Carolina	11:21.26
HJ	Amina Smith, Maryland	5-11.25 (1.81m)
PV	Victoria von Eynatten, Virginia Tec	h14-2.5 (4.33m)
LJ	Amy Harris, Florida State	20-10.5 (6.36m)
TJ	Michelle Jenije, Florida State	43-1.75 (13.15m)
SP	Michelle Anumba, Duke	52-10.25 (16.11m)
WT	Brittney Waller, Clemson	66-0.5 (20.13m)
Pen	Karli Johonnot, Duke	



# 2012 Virginia Tech Men's Indoor Track & Field Season-Best Performance List



60m (School Record: 6	61 Keith Rid	rks 2012. NC	CAA Auto: 6 60)	
Athlete	Year	Time	Meet	Meet Date
Ricks, Keith	SR-4	6.61	VT Elite Meet	02/03/12
Wesh, Darrell	SO-2	6.73	Hokie Invitational	01/20/12
Knowles, Demitri	50-2 FR-1	6.98	SPIRE Division I Invitational	02/10/12
Mitchell, Walter	FR-1	7.06	Hokie Invitational	01/20/12
	JR-3	7.00		12/02/11
Shank, Corey	SO-2	7.16	Liberty Kick Off	
Campbell, Scott			SPIRE Division I Invitational	02/10/12
200m (School Record: 2				Mast Data
Athlete	Year	Time	Meet	Meet Date
Ricks, Keith	SR-4	21.27	VT Elite Meet	02/03/12
McCants, Jonathan	JR-3	21.55	Hokie Invitational	01/20/12
Wesh, Darrell	SO-2	21.87	Hokie Invitational	01/20/12
Mitchell, Walter	FR-1	22.64	Hokie Invitational	01/20/12
300m (School Record:				
Athlete	Year	Time	Meet	Meet Date
McCants, Jonathan	JR-3	34.05	Hokie Invitational	01/20/12
Mitchell, Walter	FR-1	35.33	Hokie Invitational	01/20/12
Campbell, Scott	SO-2	35.58	Hokie Invitational	01/20/12
400m (School Record:				
Athlete	Year	Time	Meet	Meet Date
McCants, Jonathan	JR-3	48.50	SPIRE Division I Invitational	02/10/12
Hoepker, Eric	SR-4	49.35	SPIRE Division I Invitational	02/10/12
Mitchell, Walter	FR-1	49.51	SPIRE Division I Invitational	02/10/12
Campbell, Scott	SO-2	50.87	VT Invitational	01/13/12
600m (School Record:	1:19.24, Rya	n Witt, 2012)		
Athlete	Year	Time	Meet	Meet Date
Witt, Ryan	SR-4	1:19.24	SPIRE Division I Invitational	02/10/12
Tu, Shaowei	SO-2	1:21.22	SPIRE Division I Invitational	02/10/12
Hagen, Ryan	JR-3	1:25.26	SPIRE Division I Invitational	02/10/12
	1:48.90, Tihu	ıt Degfae, 20	)11; NCAA Auto: 1:47.30)	
Athlete	Year	Time	Meet	Meet Date
Witt, Ryan	SR-4	1:49.79	SPIRE Division I Invitational	02/10/12
Judge, Eddie	SR-4	1:53.81	SPIRE Division I Invitational	02/10/12
DeWillie, Kevin	FR-1	1:54.62	SPIRE Division I Invitational	02/10/12
Tu, Shaowei	SO-2	1:54.65	SPIRE Division I Invitational	02/10/12
1,000m (School Record				
Athlete	Year	Time	Meet	Meet Date
Walizer, Chris	SR-4	2:24.68	SPIRE Division I Invitational	02/10/12
Pollock, Grant	FR-1	2:26.19	SPIRE Division I Invitational	02/10/12
Judge, Eddie	SR-4	2:26.94	SPIRE Division I Invitational	02/10/12
DeWillie, Kevin	FR-1	2:28.25	SPIRE Division I Invitational	02/10/12
,			ond, 2011; NCAA Auto: 3:57.90)	0_,.0,
Athlete	Year	Time	Meet	Meet Date
Hagen, Ryan	JR-3	4:04.18	VT Elite Meet	02/03/12
Berman, Jared	SO-2	4:07.44	VT Elite Meet	02/03/12
Burleigh, Brayden	FR-1	4:07.79	VT Elite Meet	02/03/12
Degfae, Leoule	SO-2	4:10.99	VT Elite Meet	02/03/12
Walizer, Chris	SR-4	4:12.12	VT Elite Meet	02/03/12
	SR-4			
Witt, Ryan Judgo, Eddio	SR-4 SR-4	4:15.26	Hokie Invitational	01/20/12
Judge, Eddie Dowd Kovin		4:28.92	Hokie Invitational	01/20/12
Dowd, Kevin	FR-1	4:33.05	VT Invitational	01/13/12
Welch, Brian	JR-3	4:36.78	VT Invitational	01/13/12
			2011; NCAA Auto: 7:52.30)	Maat Dat-
Athlete Burleigh Brouden	Year	Time	Meet SPIRE Division Linvitational	Meet Date
Burleigh, Brayden	FR-1	8:08.91	SPIRE Division I Invitational	02/10/12
Curtin, Thomas	FR-1	8:09.37	SPIRE Division I Invitational	02/10/12
Degfae, Leoule	SO-2	8:10.20	SPIRE Division I Invitational	02/10/12

Berman, Jared	SO-2	8:12.56		rision l Invitational	02/10/12	
Dowd, Kevin	FR-1	8:12.30		rision I Invitational	02/10/12	
Barlow, Darren	FR-1	8:24.40		rision I Invitational	02/10/12	
	SR-4				02/03/12	
Judge, Eddie	JR-3	8:45.45 8:57.36	VT Elite N VT Elite N		02/03/12	
Welch, Brian					02/05/12	
60m Hurdles (Schoo				.AA Auto: 7.70)	Maat Data	
Athlete	Year	Time	Meet	A	Meet Date	
Artis-Gray, Jeff	JR-3	7.81	VT Elite N		02/03/12	
Campbell, Scott	SO-2	8.70	VT Elite N		02/03/12	
		th, Walker, S	-	Davis, 1999; NCAA Auto: 3:06.5		
Time	Athletes		Meet		Meet Date	
3:13.93	Artis-Gray, Wesh Ricks, McCants	1	VT Invitat	tional	01/13/12	
3:16.90	McCants, Wesh,		SPIRE Div	ision l Invitational	02/10/12	
5.10.90	Mitchell, Hoepke	٥r	SI INE DIV		02/10/12	
High Jump (School			ie Black, 20	)12; NCAA Auto: 7′4.25″, 2.24m	1)	
Athlete	Year	English	Metric	Meet	Meet Date	
Black, Ronnie	JR-3	7' 3.25"	2.22m	VT Invitational	01/13/12	
Campbell, Scott	SO-2	5'8.5"	1.74m	SPIRE Division I Invitational	02/10/12	
Pole Vault (School Record: 18'2.5", 5.55m, Yavgeniy Olhovsky, 2009; NCAA Auto: 18'0.5", 5.50m)						
Athlete	Year	English	Metric	Meet	Meet Date	
Davis, Joe	SR-4	17'7"	5.36m	Hokie Invitational	01/20/12	
Uhle, Chris	FR-1	16'7.5″	5.07m	VT Invitational	01/13/12	
Miller, Michael	SR-4	15'7.25"	4.76m	Hokie Invitational	01/20/12	
Hoogland, Matt	FR-1	15'3"	4.65m	VT Elite Meet	02/03/12	
Shank, Corey	JR-3	15'3"	4.65m	Liberty Kick Off	12/02/11	
				4; NCAA Auto: 26'3", 8.00m)	12/02/11	
Athlete	Year	English	Metric	Meet	Meet Date	
Artis-Gray, Jeff	JR-3	24' 5.5"	7.45m	VT Elite Meet	02/03/12	
Halim, Hasheem	SR-4	23'11"	7.29m	VT Invitational	01/13/12	
Campbell, Scott	SO-2	22'7.25"	6.89m	VT Elite Meet	02/03/12	
				lim, 2012; NCAA Auto: 53'5.75		
Athlete	Year	English	Metric	Meet	Meet Date	
Halim, Hasheem	SR-4	52'8.75"	16.07m	Hokie Invitational	01/20/12	
Fuller, Corey	JR-3	52'0.75" 50'8.75"	15.46m	VT Elite Meet	02/03/12	
				2007; NCAA Auto: 63'6", 19.35		
Athlete	Year	English	Metric	Meet	Meet Date	
Mustafic, Luka	FR-1	53'9.75"	16.40m	VT Elite Meet	02/03/12	
Campbell, Scott	SO-2	31'9.5"	9.69m	SPIRE Division I Invitational	02/10/12	
•				Jullien, 2006; NCAA Auto: 70'		
Athlete	Year	English	Metric	Meet	Meet Date	
Lomnicky, Marcel*	SR-4	75'7.5"	23.05m	VT Elite Meet	02/03/12	
Ziegler, Alexander*	JR-3	75'7.25″	23.05m 23.04m	VT Elite Meet	02/03/12	
Mahmic, Denis	JR-3	65'8.75″	20.03m	Hokie Invitational	01/20/12	
Marinic, Denis	211-2	05 0.75	20.0511		01/20/12	

\* - denotes NCAA automatic qualifying standard

#### Unattached Season-Best Performances

(will not count towards official school records or all-time performance lists) 400m

Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	49.76	VT Elite Meet	02/03/12
500m				
Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	1:06.57	VT Invitational	01/13/12
600m				
Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	1:20.63	Hokie Invitational	01/20/12
DeWillie, Kevin	FR-1	1:24.01	Hokie Invitational	01/20/12
Wilson, Connor	FR-1	1:28.50	Hokie Invitational	01/20/12

800m				
Athlete	Year	Time	Meet	Meet Date
Degfae, Tihut	JR-3	1:52.90	VT Elite Meet	02/03/12
Hoepker, Eric	SR-4	1:55.19	VT Elite Meet	02/03/12
DeWillie, Kevin	FR-1	1:55.56	VT Elite Meet	02/03/12
Tu, Shaowei	SO-2	1:55.69	VT Elite Meet	02/03/12
Wilson, Connor	FR-1	1:59.02	VT Elite Meet	02/03/12
1,000m				
Athlete	Year	Time	Meet	Meet Date
DeWillie, Kevin	FR-1	2:35.99	VT Invitational	01/13/12
Tu, Shaowei	SO-2	2:36.70	VT Invitational	01/13/12
Wilson, Connor	FR-1	2:41.45	VT Invitational	01/13/12
1 Mile				
Athlete	Year	Time	Meet	Meet Date
Barlow, Darren	FR-1	4:09.38	VT Elite Meet	02/03/12
Curtin, Thomas	FR-1	4:11.11	VT Elite Meet	02/03/12
Hagen, Ryan	JR-3	4:15.15	VT Invitational	01/13/12
Link, Zach	RS/Una	4:16.97	VT Elite Meet	02/03/12
Campos, Juan	FR-1	4:20.79	VT Elite Meet	02/03/12
Burleigh, Brayden	FR-1	4:20.92	VT Invitational	01/13/12
Cusack, Jason	SR-4	4:23.48	Hokie Invitational	01/20/12
Mulherin, William	SR-4	4:23.38	Hokie Invitational	01/20/12
Berman, Jared	SO-2	4:23.94	Hokie Invitational	01/20/12
Degfae, Tihut	JR-3	4:28.91	Hokie Invitational	01/20/12
Carter, George	FR-1	4:33.92	VT Elite Meet	02/03/12
Kuhns, Ryan	FR-1	4:36.66	VT Invitational	01/13/12
Woodford, Pat	FR-1	4:39.70	VT Invitational	01/13/12
3,000m				
Athlete	Year	Time	Meet	Meet Date
Mulherin, William	SR-4	8:21.58	VT Elite Meet	02/03/12
Cusack, Jason	SR-4	8:23.14	VT Elite Meet	02/03/12
Burleigh, Brayden	FR-1	8:31.30	Hokie Invitational	01/20/12
Hagen, Ryan	JR-3	8:31.62	Hokie Invitational	01/20/12
Murray, Joseph	RS/Una	8:33.56	VT Elite Meet	02/03/12
Kuhns, Ryan	FR-1	8:41.88	VT Elite Meet	02/03/12
Barlow, Darren	FR-1	8:43.91	Hokie Invitational	01/20/12
Woodford, Patrick	FR-1	8:48.51	VT Elite Meet	02/03/12
Link, Zach	RS/Una	8:50.80	Hokie Invitational	01/20/12
Carter, George	FR-1	8:52.17	Hokie Invitational	01/20/12
Pole Vault				
Athlete	Year	English	Metric Meet	Meet Date
Hall, Hunter	RS/Una	17′2.75″	5.25m VT Elite Meet	02/03/12

# 2012 Virginia Tech Women's Indoor Track & Field Season-Best Performance List



60m (School Record: 7.26, Funmi Alabi, 2011; NCAA Auto: 7.23)				
Athlete	Year	Time	Meet	Meet Date
Nwaneri, Ogechi	SR-4	7.36	VT Elite Meet	02/03/12
Simms, Ciara	FR-1	7.42	VT Elite Meet	02/03/12
Scott, Ebony	SO-2	7.57	Hokie Invitational	01/20/12
DeCoster, Jameice	JR-3	7.69	VT Elite Meet	02/03/12
Tyson, Zakiya	SO-2	7.70	VT Elite Meet	02/03/12
200m (School Record: 23.				0_,00,
Athlete	Year	Time	Meet	Meet Date
Tyson, Zakiya	SO-2	24.00	VT Elite Meet	02/03/12
Nwaneri, Ogechi	SR-4	24.20	VT Invitational	01/13/12
Boone, Aunye	SR-4	24.31	VT Invitational	01/13/12
Simms, Ciara	FR-1	24.41	VT Elite Meet	02/03/12
DeCoster, Jameice	JR-3	24.65	Hokie Invitational	01/20/12
Scott, Ebony	SO-2	24.90	Hokie Invitational	01/20/12
300m (School Record: 37.				0.7207.2
Athlete	Year	Time	Meet	Meet Date
DeCoster, Jameice	JR-3	39.71	VT Invitational	01/13/12
Simms, Ciara	FR-1	40.27	VT Invitational	01/13/12
Scott, Ebony	SO-2	40.87	VT Invitational	01/13/12
Nugent, Leah	FR-1	41.53	Hokie Invitational	01/20/12
400m (School Record: 53.				01/20/12
Athlete	Year	Time	Meet	Meet Date
Boone, Aunye	SR-4	54.76	VT Elite Meet	02/03/12
Amegashie, Yvonne	JR-3	55.09	SPIRE Division I Invitational	02/10/12
Woodford, Natalie	JR-3	56.59	Hokie Invitational	01/20/12
Nugent, Leah	FR-1	57.17	VT Invitational	01/13/12
500m (School Record: 1:1				01,10,12
Athlete	Year	Time	Meet	Meet Date
Woodford, Natalie	JR-3	1:14.27	VT Invitational	01/13/12
Nugent, Leah	FR-1	1:21.43	VT Invitational	01/13/12
600m (School Record: 1:3				01,10,12
Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	1:30.99	SPIRE Division I Invitational	02/10/12
Smith, Amanda	FR-1	1:32.64	SPIRE Division I Invitational	02/10/12
Woodford, Natalie	JR-3	1:33.01	Hokie Invitational	01/20/12
Kvartunas, Paige	SO-2	1:35.14	SPIRE Division I Invitational	02/10/12
Smiljanec, Katarina	FR-1	1:35.39	SPIRE Division I Invitational	02/10/12
800m (School Record: 2:0				02,10,12
Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	2:07.22	SPIRE Division I Invitational	02/10/12
Smith, Amanda	FR-1	2:08.88	SPIRE Division I Invitational	02/10/12
Smiljanec, Katarina	FR-1	2:15.68	SPIRE Division I Invitational	02/10/12
1,000m (School Record: 2				0_,.0,
Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	2:58.71	VT Invitational	01/13/12
Smith, Amanda	FR-1	3:05.37	VT Invitational	01/13/12
Bouvet, Camille	FR-1	3:05.92	VT Invitational	01/13/12
			2009; NCAA Auto: 4:37.00)	01,10,12
Athlete	Year	Time	Meet	Meet Date
Kvartunas, Paige	SO-2	4:50.42	SPIRE Division I Invitational	02/10/12
Rapp, Sarah	FR-1	4:56.16	VT Elite Meet	02/03/12
Watt, Alexandra	FR-1	4:59.92	VT Elite Meet	02/03/12
Dow, Samantha	JR-3	5:09.94	VT Elite Meet	02/03/12
Bouvet, Camille	FR-1	5:13.85	VT Elite Meet	02/03/12
Nuckols, Madalyn	SO-2	5:14.46	VT Invitational	01/13/12
Cario, Stephanie	SO-2	5:31.05	VT Invitational	01/13/12
carlo, orepriarile	JU 2	5.51.05		51,15,12

3,000m (School Record: 9:01.57, Tasmin Fanning, 2008; NCAA Auto: 9:10.00)						
Athlete	Year	Time	Meet		Meet Date	
Dow, Samantha	JR-3	9:40.65	SPIRE Div	ision l Invitational	02/10/12	
Rapp, Sarah	FR-1	9:43.05	SPIRE Div	ision l Invitational	02/10/12	
Nuckols, Madalyn	SO-2	9:57.71	SPIRE Div	ision l Invitational	02/10/12	
Kvartunas, Paige	SO-2	10:05.47	Hokie Inv	itational	01/20/12	
Watt, Alexandra	FR-1	10:09.11	SPIRE Div	ision l Invitational	02/10/12	
Crosson, Taylor	FR-1	10:28.55	VT Elite N	leet	02/03/12	
Cario, Stephanie	SO-2	10:29.78	VT Elite N	leet	02/03/12	
Jones, Ginny	FR-1	10:34.59	VT Elite N	leet	02/03/12	
60m Hurdles (School Reco	ord: 7.94, Q	ueen Harrisc	on, 2010; N	ICAA Auto: 8.10)		
Athlete	Year	Time	Meet		Meet Date	
Brown, Kristen	SO-2	8.42	Hokie Inv	itational	01/20/12	
Nugent, Leah	FR-1	8.51	VT Elite N	VT Elite Meet		
4x400m (School Record: 3	4x400m (School Record: 3:38.16, Washington, Boone, Woodford, Amegashie, 2011; NCAA Auto: 3:34.00)					
Time	Athletes		Meet		Meet Date	
3:43.60		<b>3</b>		01/13/12		
	Woodford, Boone					
3:44.48	-	ie, Woodford,	VT Elite N	leet	02/03/12	
	Nugent, E					
	: 14′2.5″, 4			tten, 2012; NCAA Auto: 14′3.2		
Athlete	Year	English	Metric	Meet	Meet Date	
von Eynatten, Victoria	FR-1	14'2.5″	4.33m	VT Elite Meet	02/03/12	
Schultze, Martina	FR-1	13'8.5″	4.18m	VT Elite Meet	02/03/12	
Brown, Kristen	SO-2	13′0.25″	3.97m	SPIRE Division I Invitational	02/10/12	
Allin, Leigh	SO-2	12'5.5"	3.80m	VT Elite Meet	02/03/12	
Saunders, Lyndsey	FR-1	11′6.5″	3.52m	SPIRE Division I Invitational	02/10/12	
Powell, Elizabeth	FR-1	11'5.75"	3.50m	VT Invitational	01/13/12	

\* - denotes NCAA automatic qualifying standard

#### Unattached Season-Best Performances

### (will not count towards official school records or all-time performance lists)

(Will not could towards o	inclui Scho	011000103010	in this peri	onnunce nsts,	
600m					
Athlete	Year	Time	Meet		Meet Date
Sawyer, Samantha	FR-1	1:44.21	Hokie Inv	itational	01/20/12
800m					
Athlete	Year	Time	Meet		Meet Date
Sawyer, Samantha	FR-1	2:23.35	VT Elite N	leet	02/03/12
1 Mile					
Athlete	Year	Time	Meet		Meet Date
Rapp, Sarah	FR-1	5:14.10	VT Invitat	tional	01/13/12
Jones, Ginny	FR-1	5:21.80	Hokie Inv	itational	01/20/12
Shukla, Oshin	FR-1	5:54.12	Hokie Inv	itational	01/20/12
Billingsley, Hayley	FR-1	6:09.25	Hokie Inv	itational	01/20/12
3,000m					
Athlete	Year	Time	Meet		Meet Date
Rapp, Sarah	FR-1	10:13.27	Hokie Invitational		01/20/12
Pole Vault					
Athlete	Year	English	Metric	Meet	Meet Date
von Eynatten, Victoria	FR-1	14′1.75″	4.31m	Hokie Invitational	01/20/12
Schultze, Martina	FR-1	13′9.75″	4.21m	Hokie Invitational	01/20/12
Shot Put					
Athlete	Year	English	Metric	Meet	Meet Date
Muzaric, Valentina	FR-1	53'8.5"	16.37m	VT Elite Meet	02/03/12

# Virginia Tech Challenge February 17-18, 2012 <u>FINAL</u> SCHEDULE

### Friday, February 17, 2012

5:00pmWomenLong Jump5:00pmMenLong Jump5:00pmWomenPole Vault – Unseeded Section5:00pmMenWeight Throw7:00pmWomenWeight Throw7:00pmMenPole Vault – Unseeded SectionStartRunning Events5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen600 Dash-Prelim6:10pmMen6:20pmWomen800m Run6:30pmMen6:40pmMen6:40pmMen6:40pmMen6:55pmMen6:55pmMen6:55pmMen6:50pmWomen6:55pmMen6:50pmWomen6:55pmMen6:50pmWomen6:55pmMen7:05pmWomen7:05pmWomen7:25pmMen7:45pmWomen200m Dash7:55pmMen200m Dash	Start		Field Event
5:00pmWomenPole Vault – Unseeded Section5:00pmMenWeight Throw7:00pmWomenWeight Throw7:00pmMenPole Vault – Unseeded SectionStartRunning Events5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60pmWomen60pmWomen60pmWomen610pmMen620pmWomen610pmMen620pmWomen610pmMen620pmWomen610pmMen620pmWomen610pmMen620pmWomen6140pmMen6140pmMen6150pmWomen60 Dash-Final6155pmMen610 Dash-Final7:05pmWomen7:05pmWomen7:25pmMen7:45pmWomen200m Dash	5:00pm	Women	Long Jump
5:00pmMenWeight Throw7:00pmWomenWeight Throw7:00pmMenPole Vault – Unseeded SectionStartRunning Events5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60 Dash-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:55pmMen60m Hurdles-Final6:55pmMen60 Dash-Final6:55pmMen60 Dash-Final6:55pmMen5000m Run7:05pmWomen5000m Run7:25pmMen200m Dash	5:00pm	Men	Long Jump
7:00pmWomenWeight Throw7:00pmMenPole Vault – Unseeded SectionStartRunning Events5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:55pmMen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen60 Dash-Final7:25pmMen5000m Run7:25pmMen200m Dash	5:00pm	Women	Pole Vault – Unseeded Section
7:00pmMenPole Vault – Unseeded SectionStartRunning Events5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Bash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	5:00pm	Men	Weight Throw
StartRunning Events5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:00pmMen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:55pmMen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	7:00pm	Women	Weight Throw
5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:10pmMen800m Run6:20pmWomen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:55pmMen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	7:00pm	Men	Pole Vault – Unseeded Section
5:00pmWomenDistance Medley Relay5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen60m Hurdles-Final6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:55pmMen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash			
5:15pmMenDistance Medley Relay5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:20pmWomen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:50pmWomen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	Start		Running Events
5:40pmWomen60m Hurdles-Prelim5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:50pmWomen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen200m Dash	5:00pm	Women	Distance Medley Relay
5:50pmMen60m Hurdles-Prelim6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:55pmWomen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	5:15pm	Men	Distance Medley Relay
6:00pmWomen60 Dash-Prelim6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen800m Run6:30pmMen60m Hurdles-Final6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:50pmWomen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	5:40pm	Women	60m Hurdles-Prelim
6:10pmMen60 Dash-Prelim6:20pmWomen800m Run6:30pmMen800m Run6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:50pmWomen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	5:50pm	Men	60m Hurdles-Prelim
6:20pmWomen800m Run6:30pmMen800m Run6:40pmMen60m Hurdles-Final6:45pmWomen60m Hurdles-Final6:50pmWomen60 Dash-Final6:55pmMen60 Dash-Final7:05pmWomen5000m Run7:25pmMen5000m Run7:45pmWomen200m Dash	6:00pm	Women	60 Dash-Prelim
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7:25pmMen5000m Run7:45pmWomen200m Dash	6:55pm	Men	60 Dash-Final
7:45pm Women 200m Dash	7:05pm	Women	5000m Run
1	7:25pm	Men	5000m Run
7:55pm Men 200m Dash	7:45pm	Women	200m Dash
	7:55pm	Men	200m Dash

### Saturday, February 18, 2012

Saturuay, re	01 uary 10, 2012	
Start	-	Field Events
11:00am	Women (Men to follow)	High Jump
11:00am	Women	Pole Vault – Seeded Section
12:00noon	Men	Shot Put
12:00noon	Women	Triple Jump
12:00noon	Men	Triple Jump
2:00pm	Women	Shot Put
2:00pm	Men	Pole Vault – Seeded Section

Start		Running Events
1:00pm	Women	3000m Run
1:25pm	Men	3000m Run
1:45pm	Women	400m Dash
1:55pm	Men	400m Dash
2:05pm	Women	1000m Run
2:15pm	Men	1000m Run
2:25pm	Women	600m Run
2:30pm	Men	600m Run
2:35pm	Women	Mile Run
2:50pm	Men	Mile Run
3:10pm	Women	4 x 400m Relay
3:25pm	Men	4 x 400m Relay