

2012 Virginia Tech Track & Field Meet Notes #3



**Virginia Tech HOSTS The VT Elite Meet
February 3-4, 2012
Rector Field House
Blacksburg, Va.**

Live Results: <http://flashresults.com/>

2012 Indoor Schedule

Date	Meet
12/2-3	at Liberty Kickoff
1/13-14	VT Invite
1/20-21	Hokie Invite
2/3-4	VT Elite Meet
2/10-11	at SPIRE Division I Collegiate Invite (Geneva, Ohio)
2/17-18	VT Challenge
2/23-25	at ACC Indoor Championship (Host: Boston College; Boston, Mass.)
3/3	VT Final Qualifier
3/9-10	at NCAA Indoor Championship (Host: Boise State; Nampa, Idaho)

2012 Outdoor Schedule

Date	Meet
3/17	at Miami Invite
3/23-24	at Central Florida Invite
3/30-31	at Georgia Tech Yellow Jacket Invite
3/30-31	at NC State Raleigh Relays
4/6-7	at Florida Relays
4/6-7	at William & Mary Colonial Relays
4/6-7	at Stanford Invite
4/13-14	at Tennessee Sea Ray Relays
4/19-21	at ACC Outdoor Championship (Host: Virginia; Charlottesville, Va.)
4/26-28	at Penn Relays
4/27-28	at Cal Brutus Hamilton Invite
4/29	at Stanford Peyton Jordan Invite
5/3	at Liberty Twilight
5/10	at Roanoke Distance Classic
5/11-12	at Georgia Tech Invite
5/11-12	at Clemson Tiger Invite
5/13	at NC State Invite
5/24-26	at NCAA East Preliminaries (Host: North Florida; Jacksonville, Fla.)
6/6-9	at NCAA Outdoor Championship (Host: Drake; Des Moines, Iowa)

Bold -- denotes home indoor meet held at Rector Field House on campus

PREVIEWING THE MEET ...

• The Virginia Tech men's and women's track & field teams will host the third of five home indoor meets in 2012 as they host the fifth annual VT Elite Meet on February 3-4, 2012 at Rector Field House in Blacksburg. Events begin on Friday afternoon at 5 p.m. and continue at 11 a.m. Saturday morning. 10 men's and women's teams are slated to compete, including Tech's Atlantic Coast Conference foes Georgia Tech, Maryland, Miami, NC State, Virginia and Wake Forest as well as Auburn, Florida and Georgia from the Southeastern Conference and Louisville from the BIG EAST Conference. A total of five top-25 ranked teams (four men's, one women's) will participate.

LAST TIME OUT ...

• Tech last competed two weeks ago at the Hokie Invitational and earned eight individual victories. Alexander Ziegler hit the NCAA automatic standard in the weight throw, while Hasheem Halim (triple jump) and Jonathan McCants (300 meters) each set school records to lead Tech. In addition to Ziegler, Halim and McCants, Darrell Wesh (60 meters), Ogechi Nwaneri (60 meters), Kristen Brown (60 meter hurdles), Keith Ricks (200 meters) and Joe Davis (pole vault) were all winners.

ZIEGLER QUALIFIES FOR NCAA's ...

• All-American Alexander Ziegler became the first Hokie to qualify for the 2012 NCAA Indoor Track & Field Championship, as he won the weight throw with an NCAA automatic qualifying mark of 72 feet, five inches (22.07m) at the Hokie Invitational two weeks ago. Last year, Ziegler was the NCAA runner-up in the weight throw and national champion in the hammer throw.

CURRENT SCHOOL RECORD HOLDERS ...

• Here's a look at current members of the Tech track & field squad who are school record holders (indoors only):

Men

Keith Ricks, 60m, 6.64, 2012
Jonathan McCants, 300m, 34.05, 2012
Tihut Degfae, 800m, 1:48.90, 2011
Michael Hammond, Mile, 3:58.41, 2011
Will Mulherin, 3000m, 7:56.58, 2011
Eddie Judge, DMR, 9:30.24, 2009
Ryan Witt, DMR, 9:30.24, 2009
Ronnie Black, HJ, 7'3.25" (2.22m), 2012
Hasheem Halim, TJ, 52'8.75" (16.07m), 2012

Women

Aunye Boone, 4x400m, 3:38.16, 2011
Natalie Woodford, 4x400m, 3:38.16, 2011
Yvonne Amegashie, 4x400m, 3:38.16, 2011

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Director of Track & Field and Cross Country Dave Cianelli

THE CIANELLI FILE

Virginia Tech (2001-Present)

- 10 NCAA individual champions, the first in Virginia Tech history
- 101 All-Americans
- Two NCAA East Region team championships
- Five ACC team championships
- Eighty-seven ACC individual champions
- Twelve BIG EAST Conference champions
- 2010 Bowerman Award winner, Queen Harrison
- Had 20 athletes earn All-America performances in 2011, the most in his coaching tenure
- 2011 USTFCCCA Men's Indoor and Outdoor Southeast Region Coach of the Year
- 2011 ACC Men's Indoor Coach of the Year
- 2010 ACC Men's Outdoor Coach of the Year
- 2007 and 2008 ACC Women's Indoor, Outdoor and East Region Coach of the Year

Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 1995 men's and women's Southwest Conference cross country champions
- Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

Cal-Poly San Luis Obispo (1985-1988)

- 1985-87 NCAA Division II women's cross country champion
- 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- 1985-88 CCAA women's outdoor track conference champion
- Individual achievements include one NCAA Division II Champion and 13 All-Americans

By The Numbers (Career)

237 All-Americans • 184 Conference champions • 98 Percent graduation rate at Virginia Tech • 38 NCAA champions • 139 School records at Virginia Tech • 23 Olympic and World championship qualifiers • 20 Top-10 women's NCAA finishes • 14 Top-10 men's NCAA finishes • 3 NCAA Division II cross country national championships • 3 NCAA Division II outdoor track runners-up

Note: Numbers correct prior to 2012 indoor track & field season

Entering his 11th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 10 NCAA individual titles, 101 NCAA All-America performances and 89 conference titles. In addition, Hokie teams have finished in the national top-10 five times and the national top-20 17 times since 2005.

NCAA, REGIONAL AND ACC SUCCESS

The 2011 Hokies continued to demonstrate why they are one of the nation's elite track & field programs. The men's team fifth-place finish at the NCAA Outdoor Championships was the highest in program history and matched the finish of the 2010 women's outdoor squad. The men also placed 15th at the NCAA Indoor Championships, won their first-ever ACC Indoor crown and placed second in the conference outdoors. The women finished 20th at the NCAA Outdoor Championships and were third at the indoor conference championship. Alexander Ziegler and Dorotea Habazin each won national titles in the hammer throw and Marcel Lomnický (hammer) and Matthias Treff (javelin) both earned national runner-up finishes. Ziegler also placed second nationally in the indoor weight throw. In all, 14 different Hokies earned a total of 20 All-American performances.

USA AND INTERNATIONAL SUCCESS

In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Binbo Coles who represented the United States in basketball in 1988.

COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. This past season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Indoor Coach of the Year for leading the Hokies to their first-ever ACC Indoor title.

Last year, he was named the 2010 ACC Men's Outdoor Coach of the Year. In 2008, he won the ACC Women's Indoor, ACC Women's Outdoor and East Region Women's Coach of the Year honors for the second straight year. Cianelli also won his second consecutive USTFCCCA Women's Indoor Southeast Region Coach of the Year honor in 2008.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack was named the USTFCCCA's Men's Outdoor Regional Coach of the Year for the second year in a row in 2011. Jack was also named Men's Indoor Regional Coach of the Year in 2010 and National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 10 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former All-SEC runner Jen McGranahan. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



Women's Roster

Name	Class	Events	Hometown	High School/Other
Leigh Allin	r-So.	Pole Vault	Lexington, Ky.	Henry Clay
Yvonne Amegashie	Jr.	Sprints/Hurdles	Woodbridge, Va.	Potomac Senior
Hayley Billingsley	Fr.	Distance	Monterey, Va.	Highland
Aunye Boone	Sr.	Sprints	St. Leonard, Md.	Calvert
Camille Bouvet	Fr.	Distance	Bethesda, Md.	Walter Johnson
Kristen Brown	So.	Sprints/Hurdles/PV	Owings Mills, Md.	McDonogh School
Stephanie Cario	So.	Distance	Mechanicsville, Va.	Lee Davis
Taylor Crosson	So.	Distance	Fairfax Station, Va.	James W. Robinson
Jameice DeCoster	Jr.	Sprints	Glenn Dale, Md.	Elizabeth Seton
Emma DeJarnette	Jr.	Pole Vault	Mechanicsville, Va.	Atlee
Courtney Dobbs	So.	Distance	Glen Allen, Va.	Deep Run
Sammy Dow	Jr.	Distance	Midlothian, Va.	Midlothian
Frances Dowd	So.	Distance	Fairfax, Va.	Fairfax
Casey Gresham	r-So.	Distance	Chesapeake, Va.	Western Branch
Shanice Hairston	r-Fr.	Throws	Martinsville, Va.	Magna Vista
Alyson Jones	Fr.	Distance	Herndon, Va.	Oakton
Ginny Jones	Fr.	Distance	Chalfont, Pa.	Central Bucks East
Paige Kwartunas	So.	Distance	Springfield, Va.	West Springfield
Ally Masoero	Fr.	Distance	Marlton, N.J.	Cherokee
Valentina Muzaric	Fr.	Throws	Velika Gorica, Croatia	Gimnazija Zagreb
Madalyn Nuckols	So.	Distance	Glen Allen, Va.	Deep Run
Leah Nugent	Fr.	Sprints/Hurdles	Abington, Pa.	Abington Senior
Ogechi Nwaneri	Sr.	Sprints	Maplewood, N.J.	Chatham
Elizabeth Powell	r-Fr.	Pole Vault	Richmond, Va.	Patrick Henry
Sarah Rapp	Fr.	Distance	Raleigh, N.C.	Cardinal Gibbons
Lyndsey Saunders	r-Fr.	Pole Vault	Herndon, Va.	Chantilly
Samantha Sawyer	r-Fr.	Distance	Indian Trail, N.C.	Sun Valley
Erinn Schaal	Fr.	Pole Vault	Fairfax, Va.	Paul VI
Martina Schultze	Fr.	Pole Vault	Uhingen, Germany	University of Stuttgart
Ebony Scott	So.	Sprints	Raleigh, N.C.	Southeast Raleigh Magnet
Oshin Shukla	Fr.	Distance	Herndon, Va.	Oakton
Ciara Simms	Fr.	Sprints	Stockbridge, Ga.	Dutchtown
Lindsay Skolrood	r-Fr.	Distance	Roanoke, Va.	Hidden Valley
Katarina Smiljanec	Fr.	Mid-Distance	Karlovac, Croatia	General Secondary
Amanda Smith	Fr.	Mid-Distance	Chesapeake, Va.	Grassfield
Mary Catherine Sowder	So.	Distance	Roanoke, Va.	Hidden Valley
Corene Steinert	r-Fr.	Distance	Morrison Plains, N.J.	Morristown
Deanna Teter	Fr.	Distance	Luray, Va.	Luray
Colleen Thom	r-Fr.	Distance	Yorktown, Va.	Peninsula Catholic
Zakiya Tyson	So.	Sprints	Durham, N.C.	C.E. Jordan
Jennifer Van Der Sloot	Jr.	Distance	Morgantown, W. Va.	University
Victoria von Eynatten	Fr.	Pole Vault	Leinfelden, Germany	University of Tubingen
Annjulie Vester	Fr.	Throws	Homburg, Germany	Gymnasium Johanneum
Victoria Waschenko	Fr.	Distance	Ambler, Pa.	Gwynedd Mercy Academy
Alex Watt	So.	Distance	Springfield, Va.	West Springfield
Erika Weidman	Jr.	Mid-Distance	Alexandria, Va.	T.C. Williams
Taylor Williams	Sr.	Sprints/Hurdles	Hampton, Va.	Bethel
Natalie Woodford	Jr.	Sprints	Roanoke, Va.	Patrick Henry



Men's Roster

Name	Class	Events	Hometown	High School/Other
Derek Aegerter	So.	High Jump	Humble, Texas	Kingwood
Jeff Artis-Gray	Jr.	Sprints/Jumps/Hurdles	Chesapeake, Va.	Western Branch
Darren Barlow	Fr.	Distance	Midlothian, Va.	Midlothian
Jared Berman	Jr.	Distance	Fairfax, Va.	James W. Robinson
Ronnie Black	Jr.	High Jump	Newport News, Va.	Menchville
Brayden Burleigh	Fr.	Distance	Midlothian, Va.	Midlothian
Scott Campbell	So.	Multi-Events	Salem, Va.	Salem
Juan Campos	Fr.	Distance	Sterling, Va.	Potomac Falls
George Carter	Fr.	Distance	Blacksburg, Va.	Blacksburg
Thomas Curtin	Fr.	Distance	Leesburg, Va.	Loudoun County
Jason Cusack	Jr.	Distance	Griswold, Conn.	Griswold
Martin Dally	r-Fr.	Mid-Distance	Bethesda, Md.	Walter Johnson
Joe Davis	r-Sr.	Pole Vault	Sarasota, Fla.	Riverview
Leoule Degfae	r-So.	Distance	Alexandria, Va.	Thomas A. Edison
Tihut Degfae	Jr.	Mid-Distance	Alexandria, Va.	Thomas A. Edison
Kevin DeWillie	Fr.	Mid-Distance	Hummelstown, Pa.	Hershey
Kevin Dowd	r-Fr.	Distance	Fairfax, Va.	Fairfax
Corey Fuller	Jr.	Sprints/Jumps	Baltimore, Md.	Woodlawn
Ryan Hagen	Jr.	Mid-Distance	Sterling, Va.	Potomac Falls
Hasheem Halim	Sr.	Jumps	Lilburn, Ga.	Berkmar
Hunter Hall	r-Sr.	Pole Vault	Fort Wayne, Ind.	Homestead
Michael Hammond	Sr.	Mid-Distance	Midlothian, Va.	Midlothian
Eric Hoepker	Sr.	Sprints	Haymarket, Va.	Battlefield
Matt Hoogland	r-Fr.	Pole Vault	Springfield, Va.	Lake Braddock Secondary
Eddie Judge	r-Sr.	Mid-Distance	Virginia Beach, Va.	F.W. Cox
Demitri Knowles	Fr.	Sprints	Lynchburg, Va.	Liberty Christian Academy
Ryan Kuhns	Fr.	Distance	Fredericksburg, Va.	Riverbend
Kieran Lee	Sr.	Mid-Distance	Glen Allen, Va.	Hermitage
Zach Link	Fr.	Distance	Blacksburg, Va.	Blacksburg
Marcel Lomnický	Sr.	Throws	Nitra, Slovakia	Sport Grammar School Nitra
Denis Mahmic	Jr.	Throws	Zagreb, Croatia	Railway Technical School
Jonathan McCants	Jr.	Sprints	Alexandria, Va.	West Potomac
Daniel McFadden	Fr.	Sprints/Hurdles	Newport News, Va.	Heritage
Mike Miller	Sr.	Pole Vault	Keezletown, Va.	Broadway
Walter Mitchell	Fr.	Sprints	Virginia Beach, Va.	Salem
Will Mulherin	Sr.	Distance	Yorktown, Va.	Tabb
Joseph Murray	Jr.	Distance	Fredericksburg, Va.	Stafford
Luka Mustafic	Fr.	Throws	Rakitje, Croatia	Gimnasium Samobor
Grant Pollock	r-Fr.	Distance	Richmond, Va.	Mills Godwin
Keith Ricks	Sr.	Sprints	Suffolk, Va.	King's Fork
Corey Shank	So.	Pole Vault	Fort Wayne, Ind.	Northrop
Matthias Treff	r-Jr.	Throws	Burgthann, Germany	Sportgymnasium Halle
Shaowei Tu	So.	Mid-Distance	Mechanicsville, Va.	Atlee
Chris Uhle	Fr.	Pole Vault	Powell, Ohio	Olentangy Liberty
Chris Walizer	Sr.	Mid-Distance	Hershey, Pa.	Hershey
Brian Welch	r-Jr.	Distance	Richmond, Va.	Mills Godwin
Darrell Wesh	So.	Sprints	Virginia Beach, Va.	Landstown
Connor Wilson	Fr.	Distance	Sterling, Va.	Potomac Falls
Ryan Witt	r-Sr.	Distance	Winchester, Va.	Sherando
Pat Woodford	Fr.	Distance	Roanoke, Va.	Patrick Henry
Alexander Ziegler	Jr.	Throws	Dischingen, Germany	Schiller Gym Heidenheim





ACC Indoor Track & Field Leaders (as of 2/1/12)



Men

Event	Name, School	Performance
60m	Kemar Hyman, Florida State	6.56
200m	Horatio Williams, Florida State	21.44
400m	Clayton Parros, North Carolina	47.56
800m	Darrin Gibson, Florida State	1:48.78
Mile	Anthony Kostelac, Virginia	4:05.12
3,000m	David Forrester, Florida State	8:02.79
5,000m	Brian Atkinson, Duke	14:30.77
60m H	Spencer Adams, Clemson	7.68
4x400m	North Carolina	3:11.08
DMR	Virginia	9:42.97
HJ	Ronnie Black, Virginia Tech	7-3.25 (2.22m)
PV	Joe Davis, Virginia Tech	17-7 (5.36m)
LJ	Paul Madzivire, Florida State	24-8.5 (7.53m)
TJ	Marcus Robinson, Virginia	53-5.75 (16.30m)
SP	Michael Putnam, Florida State	59-11.75 (18.28m)
WT	Alexander Ziegler, Virginia Tech	72-5 (22.07m)
Hep	Ian Rock, Duke	4,659 pts.

Women

Event	Name, School	Performance
60m	Dezerea Bryant, Clemson	7.25
200m	D. Bryant, Clemson/M. Wesh, Clemson	23.51
400m	Danielle Brock, North Carolina	54.89
800m	Violah Lagat, Florida State	2:08.41
Mile	Amanda Winslow, Florida State	4:37.30
3,000m	Jillian King, Boston College	9:12.51
5,000m	Bridget Nolan, Maryland	19:11.26
60m H	Brianna Rollins, Clemson	8.07
4x400m	Clemson	3:34.97
DMR	Virginia	11:34.34
HJ	Amina Smith, Maryland	5-9.25 (1.76m)
PV	Sandi Morris, North Carolina	13-7.25 (4.15m)
LJ	Amy Harris, Florida State	20-10.5 (6.36m)
TJ	Michelle Jenije, Florida State	43-1.75 (13.15m)
SP	Michelle Anumba, Duke	51-1.75 (15.59m)
WT	Brittney Waller, Clemson	64-0.25 (19.51m)
Pen	Karli Johonnot, Duke	3,802 pts.



2012 Virginia Tech Men's Indoor Track & Field Season-Best Performance List



60m (School Record: 6.64, Keith Ricks, 2012; NCAA Auto: 6.60)

Athlete	Year	Time	Meet	Meet Date
Ricks, Keith	SR-4	6.64	VT Invitational	01/13/12
Wesh, Darrell	SO-2	6.73	Hokie Invitational	01/20/12
Mitchell, Walter	FR-1	7.06	Hokie Invitational	01/20/12
Shank, Corey	JR-3	7.11	Liberty Kick Off	12/02/11

200m (School Record: 21.16, Andre Davis, 2000; NCAA Auto: 20.73)

Athlete	Year	Time	Meet	Meet Date
Ricks, Keith	SR-4	21.46	Hokie Invitational	01/20/12
McCants, Jonathan	JR-3	21.55	Hokie Invitational	01/20/12
Wesh, Darrell	SO-2	21.87	Hokie Invitational	01/20/12
Mitchell, Walter	FR-1	22.64	Hokie Invitational	01/20/12

300m (School Record: 34.05, Jonathan McCants, 2012)

Athlete	Year	Time	Meet	Meet Date
McCants, Jonathan	JR-3	34.05	Hokie Invitational	01/20/12
Mitchell, Walter	FR-1	35.33	Hokie Invitational	01/20/12
Campbell, Scott	SO-2	35.58	Hokie Invitational	01/20/12

400m (School Record: 47.91, Jordan Price, 2006; NCAA Auto: 46.00)

Athlete	Year	Time	Meet	Meet Date
McCants, Jonathan	JR-3	48.50	VT Invitational	01/13/12
Campbell, Scott	SO-2	50.87	VT Invitational	01/13/12

1 Mile (School Record: 3:58.41, Michael Hammond, 2011; NCAA Auto: 3:57.90)

Athlete	Year	Time	Meet	Meet Date
Witt, Ryan	SR-4	4:15.26	Hokie Invitational	01/20/12
Walizer, Chris	SR-4	4:23.38	Hokie Invitational	01/20/12
Judge, Eddie	SR-4	4:28.92	Hokie Invitational	01/20/12
Degfae, Leoule	SO-2	4:33.03	VT Invitational	01/13/12
Dowd, Kevin	FR-1	4:33.05	VT Invitational	01/13/12
Welch, Brian	JR-3	4:36.78	VT Invitational	01/13/12

3,000m (School Record: 7:56.58, Will Mulherin, 2011; NCAA Auto: 7:52.30)

Athlete	Year	Time	Meet	Meet Date
Degfae, Leoule	SO-2	8:31.61	Hokie Invitational	01/20/12
Dowd, Kevin	FR-1	8:38.54	Hokie Invitational	01/20/12

60m Hurdles (School Record: 7.82, Chris Stokes, 1999; NCAA Auto: 7.70)

Athlete	Year	Time	Meet	Meet Date
Artis-Gray, Jeff	JR-3	7.88	Hokie Invitational	01/20/12
Campbell, Scott	SO-2	8.86	VT Invitational	01/13/12

4x400m (School Record: 3:11.50, Stith, Walker, Sangbana, Davis, 1999; NCAA Auto: 3:06.50)

Time	Athletes	Meet	Meet Date
3:13.93	Artis-Gray, Wesh, Ricks, McCants	VT Invitational	01/13/12

High Jump (School Record: 7'3.25", 2.22m, Ronnie Black, 2012; NCAA Auto: 7'4.25", 2.24m)

Athlete	Year	English	Metric	Meet	Meet Date
Black, Ronnie	JR-3	7'3.25"	2.22m	VT Invitational	01/13/12

Pole Vault (School Record: 18'2.5", 5.55m, Yavgeniy Olhovsky, 2009; NCAA Auto: 18'0.5", 5.50m)

Athlete	Year	English	Metric	Meet	Meet Date
Davis, Joe	SR-4	17'7"	5.36m	Hokie Invitational	01/20/12
Uhle, Chris	FR-1	16'7.5"	5.07m	VT Invitational	01/13/12
Miller, Michael	SR-4	15'7.25"	4.76m	Hokie Invitational	01/20/12
Shank, Corey	JR-3	15'3"	4.65m	Liberty Kick Off	12/02/11
Hoogland, Matt	FR-1	15'1.75"	4.62m	VT Invitational	01/13/12

Long Jump (School Record: 25'3", 7.70m, Ken Stewart, 1984; NCAA Auto: 26'3", 8.00m)

Athlete	Year	English	Metric	Meet	Meet Date
Artis-Gray, Jeff	JR-3	24'4.5"	7.43m	Hokie Invitational	01/20/12
Halim, Hasheem	SR-4	23'11"	7.29m	VT Invitational	01/13/12
Campbell, Scott	SO-2	21'0.5"	6.41m	Hokie Invitational	01/20/12

Triple Jump (School Record: 52'8.75", 16.07m, Hasheem Halim, 2012; NCAA Auto: 53'5.75", 16.30m)

Athlete	Year	English	Metric	Meet	Meet Date
Halim, Hasheem	SR-4	52'8.75"	16.07m	Hokie Invitational	01/20/12

Weight Throw (School Record: 77'10.25", 23.73m, Spyridon Jullien, 2006; NCAA Auto: 70'6.5", 21.50m)

Athlete	Year	English	Metric	Meet	Meet Date
Ziegler, Alexander	JR-3	72'5"*	22.07m	Hokie Invitational	01/20/12
Mahmic, Denis	JR-3	65'8.75"	20.03m	Hokie Invitational	01/20/12

* - denotes NCAA automatic qualifying standard

Unattached Season-Best Performances

(will not count towards official school records or all-time performance lists)

500m

Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	1:06.57	VT Invitational	01/13/12

600m

Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	1:20.63	Hokie Invitational	01/20/12
DeWillie, Kevin	FR-1	1:24.01	Hokie Invitational	01/20/12
Wilson, Connor	FR-1	1:28.50	Hokie Invitational	01/20/12

1,000m

Athlete	Year	Time	Meet	Meet Date
DeWillie, Kevin	FR-1	2:35.99	VT Invitational	01/13/12
Tu, Shaowei	SO-2	2:36.70	VT Invitational	01/13/12
Wilson, Connor	FR-1	2:41.45	VT Invitational	01/13/12

1 Mile

Athlete	Year	Time	Meet	Meet Date
Hagen, Ryan	JR-3	4:15.15	VT Invitational	01/13/12
Burleigh, Brayden	FR-1	4:20.92	VT Invitational	01/13/12
Cusack, Jason	SR-4	4:23.48	Hokie Invitational	01/20/12
Mulherin, William	SR-4	4:23.38	Hokie Invitational	01/20/12
Berman, Jared	SO-2	4:23.94	Hokie Invitational	01/20/12
Curtin, Thomas	FR-1	4:24.18	Hokie Invitational	01/20/12
Degfae, Tihut	JR-3	4:28.91	Hokie Invitational	01/20/12
Carter, George	FR-1	4:34.69	VT Invitational	01/13/12
Barlow, Darren	RS/Una	4:34.85	VT Invitational	01/13/12
Campos, Juan	FR-1	4:35.89	Hokie Invitational	01/20/12
Link, Zach	RS/Una	4:35.94	VT Invitational	01/13/12
Kuhns, Ryan	FR-1	4:36.66	VT Invitational	01/13/12
Woodford, Pat	FR-1	4:39.70	VT Invitational	01/13/12

3,000m

Athlete	Year	Time	Meet	Meet Date
Burleigh, Brayden	FR-1	8:31.30	Hokie Invitational	01/20/12
Hagen, Ryan	JR-3	8:31.62	Hokie Invitational	01/20/12
Barlow, Darren	RS/Una	8:43.91	Hokie Invitational	01/20/12
Kuhns, Ryan	FR-1	8:48.73	Hokie Invitational	01/20/12
Link, Zach	RS/Una	8:50.80	Hokie Invitational	01/20/12
Carter, George	FR-1	8:52.17	Hokie Invitational	01/20/12
Woodford, Patrick	FR-1	8:53.47	Hokie Invitational	01/20/12

Pole Vault

Athlete	Year	English	Metric	Meet	Meet Date
Hall, Hunter	RS/Una	17'1.5"	5.22m	VT Invitational	01/13/12

2012 Virginia Tech Women's Indoor Track & Field Season-Best Performance List



60m (School Record: 7.26, Funmi Alabi, 2011; NCAA Auto: 7.23)

Athlete	Year	Time	Meet	Meet Date
Nwaneri, Ogechi	SR-4	7.40	Hokie Invitational	01/20/12
Simms, Ciara	FR-1	7.50	Hokie Invitational	01/20/12
Scott, Ebony	SO-2	7.57	Hokie Invitational	01/20/12
Tyson, Zakiya	SO-2	7.82	VT Invitational	01/13/12

200m (School Record: 23.62, Britni Spruill, 2008; NCAA Auto: 23.12)

Athlete	Year	Time	Meet	Meet Date
Nwaneri, Ogechi	SR-4	24.20	VT Invitational	01/13/12
Boone, Aunye	SR-4	24.31	VT Invitational	01/13/12
DeCoster, Jameice	JR-3	24.65	Hokie Invitational	01/20/12
Simms, Ciara	FR-1	24.68	VT Invitational	01/13/12
Scott, Ebony	SO-2	24.90	Hokie Invitational	01/20/12

300m (School Record: 37.93, Britni Spruill, 2008)

Athlete	Year	Time	Meet	Meet Date
DeCoster, Jameice	JR-3	39.71	VT Invitational	01/13/12
Simms, Ciara	FR-1	40.27	VT Invitational	01/13/12
Scott, Ebony	SO-2	40.87	VT Invitational	01/13/12
Nugent, Leah	FR-1	41.53	Hokie Invitational	01/20/12

400m (School Record: 53.06, Queen Harrison, 2010; NCAA Auto: 52.60)

Athlete	Year	Time	Meet	Meet Date
Amegashie, Yvonne	JR-3	55.74	Hokie Invitational	01/20/12
Woodford, Natalie	JR-3	56.59	Hokie Invitational	01/20/12
Nugent, Leah	FR-1	57.17	VT Invitational	01/13/12

500m (School Record: 1:11.49, Asia Washington, 2010)

Athlete	Year	Time	Meet	Meet Date
Woodford, Natalie	JR-3	1:14.27	VT Invitational	01/13/12
Nugent, Leah	FR-1	1:21.43	VT Invitational	01/13/12

600m (School Record: 1:31.84, Asia Washington, 2009)

Athlete	Year	Time	Meet	Meet Date
Woodford, Natalie	JR-3	1:33.01	Hokie Invitational	01/20/12
Dowd, Frances	SO-2	1:33.59	Hokie Invitational	01/20/12
Smith, Amanda	FR-1	1:35.55	Hokie Invitational	01/20/12

1,000m (School Record: 2:47.07, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	2:58.71	VT Invitational	01/13/12
Smith, Amanda	FR-1	3:05.37	VT Invitational	01/13/12
Bouvet, Camille	FR-1	3:05.92	VT Invitational	01/13/12

1 Mile (School Record: 4:40.31, Natalie Sherbak, 2009; NCAA Auto: 4:37.00)

Athlete	Year	Time	Meet	Meet Date
Kvartunas, Paige	SO-2	5:10.81	VT Invitational	01/13/12
Dow, Samantha	JR-3	5:11.26	VT Invitational	01/13/12
Watt, Alexandra	FR-1	5:13.99	VT Invitational	01/13/12
Nuckols, Madalyn	SO-2	5:14.46	VT Invitational	01/13/12
Cario, Stephanie	SO-2	5:31.05	VT Invitational	01/13/12
Bouvet, Camille	FR-1	5:32.80	Hokie Invitational	01/20/12

3,000m (School Record: 9:01.57, Tasmin Fanning, 2008; NCAA Auto: 9:10.00)

Athlete	Year	Time	Meet	Meet Date
Kvartunas, Paige	SO-2	10:05.47	Hokie Invitational	01/20/12
Watt, Alexandra	FR-1	10:16.81	Hokie Invitational	01/20/12
Cario, Stephanie	SO-2	10:38.20	Hokie Invitational	01/20/12

60m Hurdles (School Record: 7.94, Queen Harrison, 2010; NCAA Auto: 8.10)

Athlete	Year	Time	Meet	Meet Date
Brown, Kristen	SO-2	8.42	Hokie Invitational	01/20/12
Nugent, Leah	FR-1	8.81	VT Invitational	01/13/12

4x400m (School Record: 3:38.16, Washington, Boone, Woodford, Amegashie, 2011; NCAA Auto: 3:34.00)

Time	Athletes	Meet	Meet Date
3:43.60	DeCoster, Amegashie Woodford, Boone	VT Invitational	01/13/12

Pole Vault (School Record: 14'1.25", 4.30m, Kelly Phillips, 2011; NCAA Auto: 14'3.25", 4.35m)

Athlete	Year	English	Metric	Meet	Meet Date
Brown, Kristen	SO-2	12'9.5"	3.90m	VT Invitational	01/13/12
Allin, Leigh	SO-2	12'3.5"	3.75m	VT Invitational	01/13/12
Powell, Elizabeth	FR-1	11'5.75"	3.50m	VT Invitational	01/13/12
Saunders, Lyndsey	FR-1	11'5.75"	3.50m	Hokie Invitational	01/20/12

* - denotes NCAA automatic qualifying standard

Unattached Season-Best Performances

(will not count towards official school records or all-time performance lists)

600m

Athlete	Year	Time	Meet	Meet Date
<i>Sawyer, Samantha</i>	<i>FR-1</i>	<i>1:44.21</i>	<i>Hokie Invitational</i>	<i>01/20/12</i>

800m

Athlete	Year	Time	Meet	Meet Date
<i>Sawyer, Samantha</i>	<i>FR-1</i>	<i>2:25.89</i>	<i>VT Invitational</i>	<i>01/13/12</i>

1 Mile

Athlete	Year	Time	Meet	Meet Date
<i>Rapp, Sarah</i>	<i>FR-1</i>	<i>5:14.10</i>	<i>VT Invitational</i>	<i>01/13/12</i>
<i>Jones, Ginny</i>	<i>FR-1</i>	<i>5:21.80</i>	<i>Hokie Invitational</i>	<i>01/20/12</i>
<i>Shukla, Oshin</i>	<i>FR-1</i>	<i>5:54.12</i>	<i>Hokie Invitational</i>	<i>01/20/12</i>
<i>Billingsley, Hayley</i>	<i>FR-1</i>	<i>6:09.25</i>	<i>Hokie Invitational</i>	<i>01/20/12</i>

3,000m

Athlete	Year	Time	Meet	Meet Date
<i>Rapp, Sarah</i>	<i>FR-1</i>	<i>10:13.27</i>	<i>Hokie Invitational</i>	<i>01/20/12</i>

Pole Vault

Athlete	Year	English	Metric	Meet	Meet Date
<i>von Eynatten, Victoria</i>	<i>FR-1</i>	<i>14'1.75"</i>	<i>4.31m</i>	<i>Hokie Invitational</i>	<i>01/20/12</i>
<i>Schultze, Martina</i>	<i>FR-1</i>	<i>13'9.75"</i>	<i>4.21m</i>	<i>Hokie Invitational</i>	<i>01/20/12</i>

Virginia Tech Elite Meet
February 3-4, 2012
FINAL SCHEDULE

Friday, February 3, 2012

Start Time		Field Events
5:00pm	Women	Long Jump
5:00pm	Men	Long Jump
5:00pm	Women	Weight Throw
5:00pm	Women	Pole Vault – UNSEEDED
7:00pm	Men	Weight Throw

Start Time		Running Events
5:00pm	Women	Mile Run
5:15pm	Men	Mile Run
5:40pm	Women	60m Hurdles Qual. Heats
5:55pm	Men	60m Hurdles Qual. Heats
6:05pm	Women	60m Dash Qual. Heats
6:15pm	Men	60m Dash Qual. Heats
6:30pm	Women	800m Run
6:40pm	Men	800m Run
6:55pm	Women	3000m Run
7:20pm	Men	3000m Run
7:35pm	Men	60m Hurdles Final
7:40pm	Women	60m Hurdles Final
7:45pm	Women	60m Dash Final
7:50pm	Men	60m Dash Final
8:00pm	Women	400m-Invitational Section
8:10pm	Men	400m-Invitational Section
8:15pm	Women	200m Dash-Open Section
8:30pm	Men	200m Dash-Open Section

Saturday, February 4, 2012

Start Time		Field Events
11:00am	Women	High Jump
11:00am	Women	Pole Vault – SEEDED
12:00noon	Men	Shot Put
12:00noon	Women	Triple Jump
12:00noon	Men	Triple Jump
1:30pm	Men	Pole Vault – SEEDED
2:00pm	Women	Shot Put
2:00pm	Men	High Jump

Start Time		Running Events
1:00pm	Women	Distance Medley Relay
1:15pm	Men	Distance Medley Relay
1:30pm	Women	400m Dash-Open Section
1:45pm	Men	400m Dash-Open Section
2:00pm	Women	200m Dash-Invitational Section
2:10pm	Men	200m Dash-Invitational Section
BREAK		
2:45pm	Men	5000m Run
3:05pm	Women	4 x 400m Relay-Open Section
3:10pm	Women	4 x 400m Relay-Invitational Section
3:15pm	Men	4 x 400m Relay-Open Section
3:20pm	Men	4 x 400m Relay-Invitational Section