

2012 Virginia Tech Track & Field Meet Notes #2



Virginia Tech HOSTS The Hokie Invitational January 20-21, 2012 Rector Field House Blacksburg, Va.

Live Results: <http://flashresults.com/>

2012 Indoor Schedule

Date	Meet
12/2-3	at Liberty Kickoff
1/13-14	VT Invite
1/20-21	Hokie Invite
2/3-4	VT Elite Meet
2/10-11	at Spire Collegiate Invite (Geneva, Ohio)
2/17-18	VT Challenge
2/23-25	at ACC Indoor Championship (Host: Boston College; Boston, Mass.)
3/3	VT Final Qualifier
3/9-10	at NCAA Indoor Championship (Host: Boise State; Boise, Idaho)

2012 Outdoor Schedule

Date	Meet
3/17	at Miami Invite
3/23-24	at Central Florida Invite
3/30-31	at Georgia Tech Yellow Jacket Invite
3/30-31	at NC State Raleigh Relays
4/6-7	at Florida Relays
4/6-7	at William & Mary Colonial Relays
4/6-7	at Stanford Invite
4/13-14	at Tennessee Sea Ray Relays
4/19-21	at ACC Outdoor Championship (Host: Virginia; Charlottesville, Va.)
4/26-28	at Penn Relays
4/27-28	at Cal Brutus Hamilton Invite
4/29	at Stanford Peyton Jordan Invite
5/3	at Liberty Twilight
5/10	at Roanoke Distance Classic
5/11-12	at Georgia Tech Invite
5/11-12	at Clemson Tiger Invite
5/13	at NC State Invite
5/24-26	at NCAA East Preliminaries (Host: North Florida; Jacksonville, Fla.)
6/6-9	at NCAA Outdoor Championship (Host: Drake; Des Moines, Iowa)

Bold -- denotes home indoor meet held at Rector Field House on campus

PREVIEWING THE MEET ...

• The Virginia Tech men's and women's track & field teams will host the second of five home indoor meets in 2012 as they host the Hokie Invitational on January 20-21, 2012 at Rector Field House in Blacksburg. Events begin on Friday afternoon at 5 p.m. and at 11 a.m. Saturday morning. 16 men's teams and 16 women's teams are slated to compete, including Tech's Atlantic Coast Conference foes Duke, North Carolina, Virginia, NC State and Wake Forest.

LAST TIME OUT ...

• Junior All-American Ronnie Black and senior Keith Ricks opened the 2012 indoor track & field season in top form as both men set school records while winning their respective events at the VT Invitational last weekend. Black set the Tech record in the high jump with a personal best mark of 7-3.25 (2.22m). In the process, he beat one of the oldest records in Tech track history as Steve Whaley's mark of 7-1 (2.16m) was set in 1983. Ricks ran a school record and personal best 6.64 to win the 60-meter dash, bettering his own school record from 2010 by one-tenth of a second.

BLACK NAMED ACC PERFORMER OF THE WEEK ...

• For his school record breaking performance in the high jump last Saturday at the VT Invitational, Ronnie Black was named the first Atlantic Coast Conference Men's Track & Field Performer of the Week for the 2012 season. It marked the first time in his career that the Newport News, Va. native has earned the weekly honor from the conference.

CURRENT SCHOOL RECORD HOLDERS ...

• Here's a look at current members of the Tech track & field squad who are school record holders (indoors only):

Men

Keith Ricks, 60m, 6.64, 2012
Tihut Degfae, 800m, 1:48.90, 2011
Michael Hammond, Mile, 3:58.41, 2011
Will Mulherin, 3000m, 7:56.58, 2011
Eddie Judge, DMR, 9:30.24, 2009
Ryan Witt, DMR, 9:30.24, 2009
Ronnie Black, HJ, 7'3.25" (2.22m), 2012
Hasheem Halim, TJ, 52'8.25" (16.06m), 2010

Women

Aunye Boone, 4x400m, 3:38.16, 2011
Natalie Woodford, 4x400m, 3:38.16, 2011
Yvonne Amegashie, 4x400m, 3:38.16, 2011

MEDIA INFORMATION

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E-Mail.....jmrodrig@vt.edu



Virginia Tech Quick Facts

GENERAL

Location.....Blacksburg, Va.
 Enrollment..... 31,000
 Founded..... 1872
 Colors.....Chicago maroon and burnt orange
 Nickname.....Hokies
 Conference.....Atlantic Coast
 President.....Charles W. Steger
 Director of Athletics.....Jim Weaver
 Home Facilities.....Rector Field House (Indoor)
 Johnson-Miller Track Complex (Outdoor)
 Athletics Website.....www.hokiesports.com
 Track & Field Website..... www.hokiesports.com/track
 Track & Field Twitter..... www.twitter.com/VT_Track
 Athletics Facebook..... www.facebook.com/hokiesports

COACHING STAFF

Director of Track & Field/XC.....Dave Cianelli
 Alma Mater, Yr..... Bowling Green, 1977
 Overall Year..... 27th
 Year at Virginia Tech..... 11th
 Cianelli Office Phone..... (540) 231-3094
 Cianelli E-mail.....dcianell@vt.edu
 Associate Head Coach/Throws.....Greg Jack
 Head XC/Distance.....Ben Thomas
 Sprints/Jumps/Hurdles.....Charles Foster
 Pole Vault.....Bob Phillips
 Assistant Distance.....Jen McGranahan
 Technical Director.....Stacey Vidt

HISTORY

Men's ACC Indoor Titles..... 1 (2011)
 Men's NCAA Indoor Times Placed..... 11
 Men's NCAA Indoor Best Finish..... 14th, 2006
 Women's ACC Indoor Titles.....2 (2007-08)
 Women's NCAA Indoor Times Placed.....7
 Women's NCAA Indoor Best Finish..... T10th, 2008
 Men's ACC Outdoor Titles.....n/a
 Men's NCAA Outdoor Times Placed..... 13
 Men's NCAA Outdoor Best Finish.....5th, 2011
 Women's ACC Outdoor Titles.....2 (2007-08)
 Women's NCAA Outdoor Times Placed..... 10
 Women's NCAA Outdoor Best Finish.....5th, 2010
 Individual National Champions..... 10

2011 REVIEW

Men's ACC Finish (Indoor/Outdoor)..... 1st/2nd
 Women's ACC Finish (Indoor/Outdoor)..... 4th/7th
 Men's NCAA Finish (Indoor/Outdoor)..... 15th/5th
 Women's NCAA Finish (Indoor/Outdoor)..... NTS/T20th
 ACC Champions Returning.....8 (8 Men, 0 Women)
 All-Americans Returning..... 10 (10 Men, 0 Women)

Hokies in the Rankings

Hokies on the NCAA Performance List-Men

Keith Ricks
 60m.....T2nd.....6.64
 Jonathan McCants
 400m.....46th.....48.50
 Artis-Gray, Wesh, Ricks, McCants
 4x400m Relay.....23rd.....3:13.93
 Ronnie Black
 High Jump.....T5th.....7'3.25" (2.22m)
 Joe Davis
 Pole Vault.....T10th.....17'1.5" (5.22m)
 Chris Uhle
 Pole Vault.....T33rd.....16'7.5" (5.07m)
 Hasheem Halim
 Long Jump.....31st.....23'11" (7.29m)

Hokies on the NCAA Performance List-Women

Ogechi Nwaneri
 200m.....23rd.....24.20
 Aunye Boone
 200m.....T33rd.....24.31
 Yvonne Amegashie
 400m.....40th.....55.89
 DeCoster, Amegashie, Woodford, Boone
 4x400m Relay.....24th.....3:43.60
 Kristen Brown
 Pole Vault.....T25th.....12'9.5" (3.90m)
 Leigh Allin
 Pole Vault.....T49th.....11'9.75" (3.60m)

Men's NCAA Rankings (USTFCCCA) as of Jan. 10

Preseason

- | | |
|------------------|--------------------------|
| 1. Florida | 11. Kansas State |
| 2. Arkansas | 12. Texas A&M |
| 3. LSU | 13. Wisconsin |
| 4. Ohio State | 14. BYU |
| 5. Nebraska | 15. Minnesota |
| 6. Florida State | 16. Iowa |
| 7. Stanford | 17. Oregon |
| 8. Indiana | 18. Virginia Tech |
| 9. Arizona | 19. Mississippi |
| 10. Texas | 20. Mississippi State |

Women's NCAA Rankings (USTFCCCA) as of Jan. 10

Preseason

- | | |
|--------------------|-----------------------|
| 1. Oregon | 11. Ohio State |
| 2. LSU | 12. Southern Illinois |
| 3. Arkansas | 13. Southern Miss |
| 4. Texas | 14. Georgia |
| 5. Clemson | 15. Stony Brook |
| 6. Central Florida | 16. Arizona State |
| 7. BYU | 17. Texas A&M |
| 8. Texas Tech | 18. Baylor |
| 9. Florida State | 19. Michigan |
| 10. Arizona | 20. Connecticut |



Director of Track & Field and Cross Country Dave Cianelli



THE CIANELLI FILE

Virginia Tech (2001-Present)

- 10 NCAA individual champions, the first in Virginia Tech history
- 101 All-Americans
- Two NCAA East Region team championships
- Five ACC team championships
- Eighty-seven ACC individual champions
- Twelve BIG EAST Conference champions
- 2010 Bowerman Award winner, Queen Harrison
- Had 20 athletes earn All-America performances in 2011, the most in his coaching tenure
- 2011 USTFCCCA Men's Indoor and Outdoor Southeast Region Coach of the Year
- 2011 ACC Men's Indoor Coach of the Year
- 2010 ACC Men's Outdoor Coach of the Year
- 2007 and 2008 ACC Women's Indoor, Outdoor and East Region Coach of the Year

Southern Methodist University (1988-2001)

- Eight top-10 finishes at the women's NCAA Track & Field Championships
- Seven top-10 finishes at the men's NCAA Track & Field Championships
- 1995 men's and women's Southwest Conference cross country champions
- Individual achievements included 19 Olympic and World Championships competitors, 27 NCAA champions, 123 All-Americans, 95 conference champions

Cal-Poly San Luis Obispo (1985-1988)

- 1985-87 NCAA Division II women's cross country champion
- 1985-87 NCAA Division II women's outdoor track runner-up
- 1985-87 CCAA women's cross country conference champion
- 1985-88 CCAA women's outdoor track conference champion
- Individual achievements include one NCAA Division II Champion and 13 All-Americans

By The Numbers

237 All-Americans • 184 Conference champions • 98 Percent graduation rate at Virginia Tech • 38 NCAA champions • 139 School records at Virginia Tech • 23 Olympic and World championship qualifiers • 20 Top-10 women's NCAA finishes • 14 Top-10 men's NCAA finishes • 3 NCAA Division II cross country national championships • 3 NCAA Division II outdoor track runners-up

Entering his 11th year as Director of Virginia Tech Track & Field and Cross Country, Dave Cianelli has built the Hokie program into one of the elite programs in the Atlantic Coast Conference and the nation. Since Cianelli's arrival in the fall of 2001, Virginia Tech athletes have produced 10 NCAA individual titles, 100 NCAA All-America performances and 89 conference titles. In addition, Hokie teams have finished in the national top-10 five times and the national top-20 17 times since 2005.

NCAA, REGIONAL AND ACC SUCCESS

The 2011 Hokies continued to demonstrate why they are one of the nation's elite track & field programs. The men's team fifth-place finish at the NCAA Outdoor Championships was the highest in program history and matched the finish of the 2010 women's outdoor squad. The men also placed 15th at the NCAA Indoor Championships, won their first-ever ACC Indoor crown and placed second in the conference outdoors. The women finished 20th at the NCAA Outdoor Championships and were third at the indoor conference championship. Alexander Ziegler and Dorotea Habazin each won national titles in the hammer throw and Marcel Lomnický (hammer) and Matthias Treff (javelin) both earned national runner-up finishes. Ziegler also placed second nationally in the indoor weight throw. In all, 14 different Hokies earned a total of 20 All-American performances.

USA AND INTERNATIONAL SUCCESS

In the summer of 2011, the Hokies were well represented at the United States Senior and Junior Outdoor Track & Field National Championships. Michael Hammond qualified for the final of the senior 1,500-meter run and finished 13th, while teammates Taylor Crosson and Courtney Dobbs finished second and third, respectively in the 5,000-meters at the USA Junior Outdoor Track & Field Championships. In 2010, Jared Berman placed second in the 3,000-meter steeplechase at the USA Junior Championships and advanced to the IAAF World Junior Championships and where he made the final, placing ninth.

In 2008, Queen Harrison made history when she earned a spot on the U.S. Olympic team, by finishing second in the 400-meter hurdles at the U.S. Olympic Trials to qualify in the event. Harrison was the first Tech track and field athlete to represent any country in the Olympics and only the second Hokie to become an American Olympian in any sport, following Binbo Coles who represented the United States in basketball in 1988.

COACH OF THE YEAR HONORS

Cianelli's illustrious career is proven by the awards he has collected throughout his career. This past season, he was awarded both the Men's Indoor and Outdoor Southeast Region Coach of the Year award by the USTFCCCA. Cianelli was also named the Men's ACC Indoor Coach of the Year for leading the Hokies to their first-ever ACC Indoor title.

Last year, he was named the 2010 ACC Men's Outdoor Coach of the Year. In 2008, he won the ACC Women's Indoor, ACC Women's Outdoor and East Region Women's Coach of the Year honors for the second straight year. Cianelli also won his second consecutive USTFCCCA Women's Indoor Southeast Region Coach of the Year honor in 2008.

Cianelli has assembled one of the most accomplished coaching staffs in America. Associate head men's and women's track & field coach Greg Jack was named the USTFCCCA's Men's Outdoor Regional Coach of the Year for the second year in a row in 2011. Jack was also named Men's Indoor Regional Coach of the Year in 2010 and National Throws Coach of the Year in 2006. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is the cross country coach and distance coach and has produced 10 All-Americans in cross country and track during his tenure at Tech. Thomas is assisted by former All-SEC runner Jen McGranahan. Long-time assistant Bob Phillips, a former All-American for the Hokies, coaches the pole vaulters. Phillips earned recognition in 2011 as the USTFCCCA's Men's Indoor Regional Assistant Coach of the Year. Tech introduced Charles Foster as the sprints, hurdles and jumps coach in the fall of 2009. Foster quickly made a reputation for himself, earning USTFCCCA Regional Coach of the Year honors for the women's sprints and hurdles. Foster is a former world record holder in the 110-meter hurdles and a U.S. Olympian in 1976. Under Foster's coaching, Queen Harrison won three NCAA national titles in the hurdles in 2010 and was selected by Track and Field News as the collegiate athlete of the year and received the 2010 Bowerman Award as the most outstanding female collegiate track and field athlete. Foster was honored in 2008 by the USTFCCCA as Men's National Coach of the Year for sprints and hurdles.

ACADEMIC EXCELLENCE

The Virginia Tech track & field and cross country programs continue to achieve at a high level in the classroom. Kelly Phillips became a two-time Capital One Academic All-American in 2011 with her selection to the first team. She also won the NCAA Elite 88 Award, which recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. For the 2011 track season, 16 total individuals were named to the All-ACC Academic team. In addition, the women's cross country team earned USTFCCCA All-Academic accolades for the seventh season in a row. In 2010, both Matej Muza and Kristi Castlin were honored as the ACC scholar-athletes of the year for track and field.

PREVIOUS COACHING EXPERIENCE

Prior to Tech, Cianelli gained plenty of experience in 13 seasons as an assistant coach at Southern Methodist University in Dallas, Texas. With the Mustangs, Cianelli worked with 19 Olympic and World Championship competitors, 27 NCAA individual champions, 123 All-Americans and 95 individual conference champions. Cameron Taylor of New Zealand was a quarterfinalist in the 200m at the 1992 Olympics, and Tytti Reho won the 2000 NCAA championship in the 800m. In cross country, both the men's and women's teams captured the 1995 Southwest Conference titles and earned a spot in the NCAA Championships. During 13 years at SMU, the track & field teams finished in the top-10 nationally 15 separate times.

Cianelli served as the assistant women's track & field and cross country coach at Cal Poly-San Luis Obispo from 1985-88, where he helped the cross country team to the NCAA Division II National Championship three consecutive seasons; and the outdoor track & field teams finished as the runner-up at the NCAA Division II Championships three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli started his coaching career at San Marcos High School in Santa Barbara, Calif., as the head track & field coach from 1982-84. In three seasons, he coached seven junior national qualifiers in the heptathlon and decathlon.



Women's Roster

Name	Class	Events	Hometown	High School/Other
Leigh Allin	r-So.	Pole Vault	Lexington, Ky.	Henry Clay
Yvonne Amegashie	Jr.	Sprints/Hurdles	Woodbridge, Va.	Potomac Senior
Hayley Billingsley	Fr.	Distance	Monterey, Va.	Highland
Aunye Boone	Sr.	Sprints	St. Leonard, Md.	Calvert
Camille Bouvet	Fr.	Distance	Bethesda, Md.	Walter Johnson
Kristen Brown	So.	Sprints/Hurdles/PV	Owings Mills, Md.	McDonogh School
Stephanie Cario	So.	Distance	Mechanicsville, Va.	Lee Davis
Taylor Crosson	So.	Distance	Fairfax Station, Va.	James W. Robinson
Jameice DeCoster	Jr.	Sprints	Glenn Dale, Md.	Elizabeth Seton
Emma DeJarnette	Jr.	Pole Vault	Mechanicsville, Va.	Atlee
Courtney Dobbs	So.	Distance	Glen Allen, Va.	Deep Run
Sammy Dow	Jr.	Distance	Midlothian, Va.	Midlothian
Frances Dowd	So.	Distance	Fairfax, Va.	Fairfax
Casey Gresham	r-So.	Distance	Chesapeake, Va.	Western Branch
Shanice Hairston	r-Fr.	Throws	Martinsville, Va.	Magna Vista
Alyson Jones	Fr.	Distance	Herndon, Va.	Oakton
Ginny Jones	Fr.	Distance	Chalfont, Pa.	Central Bucks East
Paige Kwartunas	So.	Distance	Springfield, Va.	West Springfield
Ally Masoero	Fr.	Distance	Marlton, N.J.	Cherokee
Valentina Muzaric	Fr.	Throws	Velika Gorica, Croatia	Gimnazija Zagreb
Madalyn Nuckols	So.	Distance	Glen Allen, Va.	Deep Run
Leah Nugent	Fr.	Sprints/Hurdles	Abington, Pa.	Abington Senior
Ogechi Nwaneri	Sr.	Sprints	Maplewood, N.J.	Chatham
Elizabeth Powell	r-Fr.	Pole Vault	Richmond, Va.	Patrick Henry
Sarah Rapp	Fr.	Distance	Raleigh, N.C.	Cardinal Gibbons
Lyndsey Saunders	r-Fr.	Pole Vault	Herndon, Va.	Chantilly
Samantha Sawyer	r-Fr.	Distance	Indian Trail, N.C.	Sun Valley
Erinn Schaal	Fr.	Pole Vault	Fairfax, Va.	Paul VI
Ebony Scott	So.	Sprints	Raleigh, N.C.	Southeast Raleigh Magnet
Oshin Shukla	Fr.	Distance	Herndon, Va.	Oakton
Ciara Simms	Fr.	Sprints	Stockbridge, Ga.	Dutchtown
Lindsay Skolrood	r-Fr.	Distance	Roanoke, Va.	Hidden Valley
Katarina Smiljanec	Fr.	Mid-Distance	Karlovac, Croatia	General Secondary
Amanda Smith	Fr.	Mid-Distance	Chesapeake, Va.	Grassfield
Mary Catherine Sowder	So.	Distance	Roanoke, Va.	Hidden Valley
Corene Steinert	r-Fr.	Distance	Morrison Plains, N.J.	Morristown
Deanna Teter	Fr.	Distance	Luray, Va.	Luray
Colleen Thom	r-Fr.	Distance	Yorktown, Va.	Peninsula Catholic
Zakiya Tyson	So.	Sprints	Durham, N.C.	C.E. Jordan
Jennifer Van Der Sloot	Jr.	Distance	Morgantown, W. Va.	University
Annjulie Vester	Fr.	Throws	Homburg, Germany	Gymnasium Johanneum
Victoria Waschenko	Fr.	Distance	Ambler, Pa.	Gwynedd Mercy Academy
Alex Watt	So.	Distance	Springfield, Va.	West Springfield
Erika Weidman	Jr.	Mid-Distance	Alexandria, Va.	T.C. Williams
Taylor Williams	Sr.	Sprints/Hurdles	Hampton, Va.	Bethel
Natalie Woodford	Jr.	Sprints	Roanoke, Va.	Patrick Henry



Men's Roster

Name	Class	Events	Hometown	High School/Other
Derek Aegerter	So.	High Jump	Humble, Texas	Kingwood
Jeff Artis-Gray	Jr.	Sprints/Jumps/Hurdles	Chesapeake, Va.	Western Branch
Darren Barlow	Fr.	Distance	Midlothian, Va.	Midlothian
Jared Berman	Jr.	Distance	Fairfax, Va.	James W. Robinson
Ronnie Black	Jr.	High Jump	Newport News, Va.	Menchville
Brayden Burleigh	Fr.	Distance	Midlothian, Va.	Midlothian
Scott Campbell	So.	Multi-Events	Salem, Va.	Salem
Juan Campos	Fr.	Distance	Sterling, Va.	Potomac Falls
George Carter	Fr.	Distance	Blacksburg, Va.	Blacksburg
Thomas Curtin	Fr.	Distance	Leesburg, Va.	Loudoun County
Jason Cusack	Jr.	Distance	Griswold, Conn.	Griswold
Martin Dally	r-Fr.	Mid-Distance	Bethesda, Md.	Walter Johnson
Joe Davis	r-Sr.	Pole Vault	Sarasota, Fla.	Riverview
Leoule Degfae	r-So.	Distance	Alexandria, Va.	Thomas A. Edison
Tihut Degfae	Jr.	Mid-Distance	Alexandria, Va.	Thomas A. Edison
Kevin DeWillie	Fr.	Mid-Distance	Hummelstown, Pa.	Hershey
Kevin Dowd	r-Fr.	Distance	Fairfax, Va.	Fairfax
Ryan Hagen	Jr.	Mid-Distance	Sterling, Va.	Potomac Falls
Hasheem Halim	Sr.	Jumps	Lilburn, Ga.	Berkmar
Hunter Hall	r-Sr.	Pole Vault	Fort Wayne, Ind.	Homestead
Michael Hammond	Sr.	Mid-Distance	Midlothian, Va.	Midlothian
Eric Hoepker	Sr.	Sprints	Haymarket, Va.	Battlefield
Matt Hoogland	r-Fr.	Pole Vault	Springfield, Va.	Lake Braddock Secondary
Eddie Judge	r-Sr.	Mid-Distance	Virginia Beach, Va.	F.W. Cox
Ryan Kuhns	Fr.	Distance	Fredericksburg, Va.	Riverbend
Kieran Lee	Sr.	Mid-Distance	Glen Allen, Va.	Hermitage
Zach Link	Fr.	Distance	Blacksburg, Va.	Blacksburg
Marcel Lomnický	Sr.	Throws	Nitra, Slovakia	Sport Grammar School Nitra
Denis Mahmic	Jr.	Throws	Zagreb, Croatia	Railway Technical School
Jonathan McCants	Jr.	Sprints	Alexandria, Va.	West Potomac
Daniel McFadden	Fr.	Sprints/Hurdles	Newport News, Va.	Heritage
Mike Miller	Sr.	Pole Vault	Keezletown, Va.	Broadway
Walter Mitchell	Fr.	Sprints	Virginia Beach, Va.	Salem
Will Mulherin	Sr.	Distance	Yorktown, Va.	Tabb
Joseph Murray	Jr.	Distance	Fredericksburg, Va.	Stafford
Luka Mustafic	Fr.	Throws	Rakitje, Croatia	Gimnasium Samobor
Grant Pollock	r-Fr.	Distance	Richmond, Va.	Mills Godwin
Keith Ricks	Sr.	Sprints	Suffolk, Va.	King's Fork
Corey Shank	So.	Pole Vault	Fort Wayne, Ind.	Northrop
Matthias Treff	r-Jr.	Throws	Burgthann, Germany	Sportgymnasium Halle
Shaowei Tu	So.	Mid-Distance	Mechanicsville, Va.	Atlee
Chris Uhle	Fr.	Pole Vault	Powell, Ohio	Olentangy Liberty
Chris Walizer	Sr.	Mid-Distance	Hershey, Pa.	Hershey
Brian Welch	r-Jr.	Distance	Richmond, Va.	Mills Godwin
Darrell Wesh	So.	Sprints	Virginia Beach, Va.	Landstown
Connor Wilson	Fr.	Distance	Sterling, Va.	Potomac Falls
Ryan Witt	r-Sr.	Distance	Winchester, Va.	Sherando
Pat Woodford	Fr.	Distance	Roanoke, Va.	Patrick Henry
Alexander Ziegler	Jr.	Throws	Dischingen, Germany	Schiller Gym Heidenheim





**ACC Indoor Track & Field
Leaders
(as of 1/17/12)**



Men

Event	Name, School	Performance
60m.....	Keith Ricks, Virginia Tech	6.64
200m	Perron Jones, Georgia Tech	21.84
400m	Jonathan McCants, Virginia Tech.....	48.50
800m	Chris Slate, Clemson	1:53.76
Mile.....	Louis Serafini, Boston College.....	4:10.75
3,000m.....	Shawn Roberts, Georgia Tech.....	8:20.53
5,000m.....	Shaun Thompson, Duke	15:31.64
60m H	Devon Hill, Miami	7.80
4x400m	Clemson	3:13.10
DMR.....	Clemson	10:10.96
HJ.....	Ronnie Black, Virginia Tech.....	7-3.25 (2.22m)
PV	Joe Davis, Virginia Tech	17-1.5 (5.22m)
LJ	Hasheem Halim, Virginia Tech.....	23-11 (7.29m)
TJ.....	Reuben Malone, NC State	50-11 (15.52m)
SP.....	Marcus Brown, Clemson.....	55-7 (16.94m)
WT.....	Thomas Fuson, Virginia.....	59-7.75 (18.18m)
Hep	Alex Hill, Wake Forest	4,636 pts.

Women

Event	Name, School	Performance
60m.....	Tarika Williams, Miami.....	7.30
200m	Ogechi Nwaneri, Virginia Tech	24.20
400m	Danielle Brock, North Carolina.....	55.47
800m	Ashley Cromartie, Maryland	2:14.20
Mile.....	Kimberly Ruck, Clemson	4:57.28
3,000m.....	Heather Garcia, Boston College.....	10:05.92
5,000m.....	n/a	
60m H	Brianna Rollins, Clemson.....	8.07
4x400m	Clemson	3:37.58
DMR.....	Clemson	11:44.33
HJ.....	Amina Smith, Maryland.....	5-9.25 (1.76m)
PV	Sandi Morris, North Carolina	13-1.5 (4.00m)
LJ	Jacinda Evans, North Carolina.....	19-7.5 (5.98m)
TJ.....	Michelle Jenije, Florida State	42-1.25 (12.83m)
SP.....	Tremanisha Taylor, North Carolina.....	48-9 (14.86m)
WT.....	Brittney Waller, Clemson	62-5 (19.02m)
Pen	Erika Martin, Wake Forest.....	3,076 pts.



2012 Virginia Tech Men's Indoor Track & Field Season-Best Performance List



60m (School Record: 6.64, Keith Ricks, 2012; NCAA Auto: 6.60)

Athlete	Year	Time	Meet	Meet Date
Ricks, Keith	SR-4	6.64	VT Invitational	01/13/12
Shank, Corey	JR-3	7.11	Liberty Kick Off	12/02/11

200m (School Record: 21.16, Andre Davis, 2000; NCAA Auto: 20.73)

Athlete	Year	Time	Meet	Meet Date
Mitchell, Walter	FR-1	22.64	VT Invitational	01/13/12

300m

Athlete	Year	Time	Meet	Meet Date
Mitchell, Walter	FR-1	35.43	VT Invitational	01/13/12

400m (School Record: 47.91, Jordan Price, 2006; NCAA Auto: 46.00)

Athlete	Year	Time	Meet	Meet Date
McCants, Jonathan	JR-3	48.50	VT Invitational	01/13/12
Campbell, Scott	SO-2	50.87	VT Invitational	01/13/12

500m (School Record: 1:03.32, Adam Jury, 2004)

Athlete	Year	Time	Meet	Meet Date
Hoepker, Eric	SR-4	1:06.57	VT Invitational	01/13/12

1,000m (School Record: 2:21.92, Gary Cobb, 1987)

Athlete	Year	Time	Meet	Meet Date
DeWillie, Kevin	FR-1	2:35.99	VT Invitational	01/13/12
Tu, Shaowei	SO-2	2:36.70	VT Invitational	01/13/12
Wilson, Connor	FR-1	2:41.45	VT Invitational	01/13/12

1 Mile (School Record: 3:58.41, Michael Hammond, 2011; NCAA Auto: 3:57.90)

Athlete	Year	Time	Meet	Meet Date
Hagen, Ryan	JR-3	4:15.15	VT Invitational	01/13/12
Burleigh, Brayden	FR-1	4:20.92	VT Invitational	01/13/12
Witt, Ryan	SR-4	4:21.97	VT Invitational	01/13/12
Degfae, Leoule	SO-2	4:33.03	VT Invitational	01/13/12
Dowd, Kevin	FR-1	4:33.05	VT Invitational	01/13/12
Carter, George	FR-1	4:34.69	VT Invitational	01/13/12
Barlow, Darren	FR-1	4:34.85	VT Invitational	01/13/12
Link, Zach	FR-1	4:35.94	VT Invitational	01/13/12
Kuhns, Ryan	FR-1	4:36.66	VT Invitational	01/13/12
Welch, Brian	JR-3	4:36.78	VT Invitational	01/13/12
Woodford, Pat	FR-1	4:39.70	VT Invitational	01/13/12

60m Hurdles (School Record: 7.82, Chris Stokes, 1999; NCAA Auto: 7.70)

Athlete	Year	Time	Meet	Meet Date
Campbell, Scott	SO-2	8.86	VT Invitational	01/13/12

4x400m (School Record: 3:11.50, Stith, Walker, Sangbana, Davis, 1999; NCAA Auto: 3:06.50)

Time	Athletes	Meet	Meet Date
3:13.93	Artis-Gray, Wesh, Ricks, McCants	VT Invitational	01/13/12

High Jump (School Record: 7'3.25", 2.22m, Ronnie Black, 2012; NCAA Auto: 7'4.25", 2.24m)

Athlete	Year	English	Metric	Meet	Meet Date
Black, Ronnie	JR-3	7'3.25"	2.22m	VT Invitational	01/13/12

Pole Vault (School Record: 18'2.5", 5.55m, Yavgeniy Olhovsky, 2009; NCAA Auto: 18'0.5", 5.50m)

Athlete	Year	English	Metric	Meet	Meet Date
Hall, Hunter	SR-4	17'1.5"	5.22m	VT Invitational	01/13/12
Davis, Joe	SR-4	17'1.5"	5.22m	VT Invitational	01/13/12
Uhle, Chris	FR-1	16'7.5"	5.07m	VT Invitational	01/13/12
Shank, Corey	JR-3	15'3"	4.65m	Liberty Kick Off	12/02/11
Hoogland, Matt	FR-1	15'1.75"	4.62m	VT Invitational	01/13/12
Miller, Michael	SR-4	15'1.75"	4.62m	VT Invitational	01/13/12

Long Jump (School Record: 25'3", 7.70m, Ken Stewart, 1984; NCAA Auto: 26'3", 8.00m)

Athlete	Year	English	Metric	Meet	Meet Date
Halim, Hasheem	SR-4	23'11"	7.29m	VT Invitational	01/13/12

2012 Virginia Tech Women's Indoor Track & Field Season-Best Performance List



60m (School Record: 7.26, Funmi Alabi, 2011; NCAA Auto: 7.23)

Athlete	Year	Time	Meet	Meet Date
Simms, Ciara	FR-1	7.61	VT Invitational	01/13/12
Scott, Ebony	SO-2	7.65	VT Invitational	01/13/12
Tyson, Zakiya	SO-2	7.82	VT Invitational	01/13/12

200m (School Record: 23.62, Britni Spruill, 2008; NCAA Auto: 23.12)

Athlete	Year	Time	Meet	Meet Date
Nwaneri, Ogechi	SR-4	24.20	VT Invitational	01/13/12
Boone, Aunye	SR-4	24.31	VT Invitational	01/13/12
Simms, Ciara	FR-1	24.68	VT Invitational	01/13/12
Scott, Ebony	SO-2	25.01	VT Invitational	01/13/12

300m (School Record: 37.93, Britni Spruill, 2008)

Athlete	Year	Time	Meet	Meet Date
DeCoster, Jameice	JR-3	39.71	VT Invitational	01/13/12
Simms, Ciara	FR-1	40.27	VT Invitational	01/13/12
Scott, Ebony	SO-2	40.87	VT Invitational	01/13/12

400m (School Record: 53.06, Queen Harrison, 2010; NCAA Auto: 52.60)

Athlete	Year	Time	Meet	Meet Date
Amegashie, Yvonne	JR-3	55.89	VT Invitational	01/13/12
Nugent, Leah	FR-1	57.17	VT Invitational	01/13/12

500m (School Record: 1:11.49, Asia Washington, 2010)

Athlete	Year	Time	Meet	Meet Date
Woodford, Natalie	JR-3	1:14.27	VT Invitational	01/13/12
Nugent, Leah	FR-1	1:21.43	VT Invitational	01/13/12

800m (School Record: 2:07.88, Asia Washington, 2008; NCAA Auto: 2:04.50)

Athlete	Year	Time	Meet	Meet Date
<i>Sawyer, Samantha</i>	<i>FR-1</i>	<i>2:25.89</i>	<i>VT Invitational</i>	<i>01/13/12</i>

1,000m (School Record: 2:47.07, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date
Dowd, Frances	SO-2	2:58.71	VT Invitational	01/13/12
Smith, Amanda	FR-1	3:05.37	VT Invitational	01/13/12
Bouvet, Camille	FR-1	3:05.92	VT Invitational	01/13/12

1 Mile (School Record: 4:40.31, Natalie Sherbak, 2009; NCAA Auto: 4:37.00)

Athlete	Year	Time	Meet	Meet Date
Kvartunas, Paige	SO-2	5:10.81	VT Invitational	01/13/12
Dow, Samantha	JR-3	5:11.26	VT Invitational	01/13/12
Watt, Alexandra	FR-1	5:13.99	VT Invitational	01/13/12
<i>Rapp, Sarah</i>	<i>FR-1</i>	<i>5:14.10</i>	<i>VT Invitational</i>	<i>01/13/12</i>
Nuckols, Madalyn	SO-2	5:14.46	VT Invitational	01/13/12
Cario, Stephanie	SO-2	5:31.05	VT Invitational	01/13/12

60m Hurdles (School Record: 7.94, Queen Harrison, 2010; NCAA Auto: 8.10)

Athlete	Year	Time	Meet	Meet Date
Nugent, Leah	FR-1	8.81	VT Invitational	01/13/12

Pole Vault (School Record: 14'1.25", 4.30m, Kelly Phillips, 2011; NCAA Auto: 14'3.25", 4.35m)

Athlete	Year	English	Metric	Meet	Meet Date
Brown, Kristen	SO-2	12'9.5"	3.90m	VT Invitational	01/13/12
Allin, Leigh	SO-2	12'3.5"	3.75m	VT Invitational	01/13/12
Powell, Elizabeth	FR-1	11'5.75"	3.50m	VT Invitational	01/13/12
Saunders, Lyndsey	FR-1	10'4"	3.15m	Liberty Kick Off	12/02/11

4x400m (School Record: 3:38.16, Washington, Boone, Woodford, Amegashie, 2011; NCAA Auto: 3:34.00)

Time	Athletes	Meet	Meet Date
3:43.60	DeCoster, Amegashie Woodford, Boone	VT Invitational	01/13/12

italics denoted unattached performance

* - denotes NCAA automatic qualifying standard

**Hokie Invitational
January 20-21, 2012
FINAL SCHEDULE**

Friday, January 20, 2012

Start		Field Event
5:00pm	Women	Triple Jump
5:00pm	Men	Triple Jump
5:00pm	Women (unseeded section)	Pole Vault
5:00pm	Men	Weight Throw
7:00pm	Women	Weight Throw
7:30pm	Men (unseeded section)	Pole Vault

Start		Running Events
5:00pm	Women	3000m Run
5:30pm	Men	3000m Run
6:10pm	Women	60m Hurdles-Prelim
6:25pm	Men	60m Hurdles-Prelim
6:40pm	Women	60m Dash-Prelim
6:55pm	Men	60m Dash-Prelim
7:05pm	Women	600m Run
7:15pm	Men	600m Run
7:35pm	Men	60m Hurdles- Final
7:40pm	Women	60m Hurdles- Final
7:45pm	Women	60m Dash- Final
7:50pm	Men	60m Dash- Final
8:00pm	Women	Mile Run
8:15pm	Men	Mile Run
8:30pm	Women	4 x 800m Relay
8:40pm	Men	4 x 800m Relay
8:55pm	Women	300m Run
9:10pm	Men	300m Run

Saturday, January 21, 2012

Start		Field Events
11:00am	Women	High Jump (Men to Follow)
11:00am	Women (seeded section)	Pole Vault
12:00noon	Men	Shot Put
12:00noon	Women	Long Jump
12:00noon	Men	Long Jump
2:00pm	Men (seeded section)	Pole Vault
2:00pm	Women	Shot Put

Start		Running Events
12:00noon	Women	5000m Run
12:25pm	Men	5000m Run
12:45pm	Women	400m Run
1:00pm	Men	400m Run
1:20pm	Women	800m Run
1:25pm	Men	800m Run
1:35pm	Women	200m Run
1:50pm	Men	200m Run
2:05pm	Women	1000m Run
2:15pm	Men	1000m Run
2:25pm	Women	Distance Medley Relay
2:40pm	Men	Distance Medley Relay
2:55pm	Women	4 x 400m Relay
3:20pm	Men	4 x 400m Relay