

# Virginia Tech Track & Field



## This Week: Hurricane Invitational

### March 19

### Coral Gables, Fla.

### Cobb Stadium

[www.hokiesports.com/track/](http://www.hokiesports.com/track/)  
Twitter: [www.twitter.com/VT\\_Track](https://twitter.com/VT_Track)  
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Media Contact: Nathan Sheehan  
[nsheehan@vt.edu](mailto:nsheehan@vt.edu) 540-231-6892

#### THIS WEEK

Virginia Tech opens its 2011 outdoor season, sending competitors to the Hurricane Invitational in Coral Gables, Fla., on Saturday, March 19.

#### EIGHT HOKIES EARN USTFCCCA ALL-AMERICA HONORS

Following their performances in last weekend's NCAA Championships, eight Virginia Tech track and field student-athletes have earned USTFCCCA All-America honors. Hunter Hall, Michael Hammond, Yavgeniy Olhovskiy and Alexander Ziegler were named to the first team, while Samira Burkhardt, Hasheem Halim, Marcel Lomnický and Kelly Phillips were named to the second team. Funmi Alabi and Dorotea Habazin were given honorable mention as well.

These eight All-Americans consist of four automatic qualifiers, seven All-ACC performers, including four ACC champions, and three school-record holders, two of which were set this season.

Tech's first-team honorees all finished in the top eight in their respective events. Hall and Olhovskiy paired up for sixth and eighth-place finishes in the pole vault, each hitting 17-6.5 (5.35m). Hammond advanced past Friday's prelims in the mile run with the fourth-best time (4:01.11) and placed seventh in Saturday's finals (4:01.80). Ziegler earned his third-consecutive All-America honor, taking second in the weight throw at 69-9.5 (21.27m).

ACC Champion Phillips finished just shy of earning points for the women's team, placing ninth in the pole vault at 13-5.25 (4.10m). Freshman Samira Burkhardt, who led the ACC all season, took 12th in Saturday's shot put (54-3.25, 16.54m). All-ACC performer Marcel Lomnický placed 14th in the weight throw (64-7.25, 19.69m). Halim, who was a late addition to the national field, took 15th in the triple jump (49-7.75, 15.13m).

## NCAA Championships Top Ten

#### Men's

1. Florida
2. Texas A&M
3. BYU
4. LSU
5. Florida State
- T-6. Indiana
- T-6. Minnesota
- T-8. Iowa
- T-8. Stanford
10. Texas

#### Women's

1. Oregon
2. Texas
3. LSU
4. Arkansas
5. Texas A&M
6. Oklahoma
- T-7. Arizona
- T-7. Tennessee
9. Florida State
10. Baylor

## 2011 Indoor Schedule

Date	Meet	Location
Dec. 4	Appalachian Collegiate Indoor	Boone, N.C.
Dec. 4	Liberty Kickoff	Lynchburg, Va.
Jan. 14-15	Virginia Tech Invitational	Blacksburg, Va.
Jan. 21-22	Hokie Invitational	Blacksburg, Va.
Jan. 28-29	Penn State National	University Park, Pa.
Feb. 4-5	VT Elite Meet	Blacksburg, Va.
Feb. 18-19	Virginia Tech Challenge	Blacksburg, Va.
Feb. 24-26	ACC Indoor Championships	Blacksburg, Va.
Mar. 5	Virginia Tech Final Qualifier	Blacksburg, Va.
Mar. 11-12	NCAA Indoor Championships	College Station, Texas

## 2011 Outdoor Schedule

Date	Meet	Location
<b>Mar. 19</b>	<b>Hurricane Invitational</b>	<b>Coral Gables, Fla.</b>
Mar. 25	Concord Invitational	Athens, W. Va.
Mar. 25-26	Yellow Jacket Invitational	Atlanta, Ga.
Apr. 1-2	Colonial Relays	Williamsburg, Va.
Apr. 1-2	Florida Relays	Gainesville, Fla.
Apr. 8-9	Sun Angel Classic	Tempe, Ariz.
Apr. 15-16	Sea Ray Relays	Knoxville, Tenn.
Apr. 16	High Point Vertklasse	High Point, N.C.
Apr. 21-23	ACC Outdoor Championships	Durham, N.C.
Apr. 29-30	Highlander Invitational	Radford, Va.
Apr. 29-30	Penn Relays	Philadelphia, Pa.
May 5	Liberty Twilight	Lynchburg, Va.
May 12	Distance Classic	Roanoke, Va.
May 13-14	Clemson Tiger Qualifier	Clemson, S.C.
May 13-14	Carolina Qualifier	Chapel Hill, N.C.
May 26-28	NCAA Regionals	Bloomington, Ind.
Jun. 9-11	NCAA Outdoor Championships	Des Moines, Iowa
Jun. 23-26	USA Championships	Eugene, Ore.

### Quick Facts

Location ..... Blacksburg, Va.  
 Founded ..... 1872  
 Enrollment ..... 31,000  
 Colors ..... Chicago Maroon  
 ..... Burnt Orange  
 Nickname ..... Hokies  
 Conference ..... Atlantic Coast

T+F Director ..... Dave Cianelli  
 Associate Head Coach (Throws)  
 ..... Greg Jack  
 Sprints, Hurdles, Jumps  
 ..... Charles Foster  
 Distance ..... Ben Thomas  
 Assistant Distance  
 ..... Jennifer McGranahan  
 Pole Vault ..... Bob Phillips  
 Technical Director ..... Stacey Vidt

ACC Championships  
 2011 Indoor (m/w) ..... 1st/4th  
 2010 Outdoor (m/w) ..... 2nd/6th

All-ACC Performers Returning/Lost  
 Men's Indoor - 8/1  
 Women's Indoor - 3/2  
 Men's Outdoor - 8/2  
 Women's Outdoor - 1/4



### Our Name, Please

When referring to Virginia Tech, we ask that you please leave it at that - Virginia Tech ... Virginia Tech University is not now and never has been a name for the school ... The official name of the university is Virginia Polytechnic Institute and State University ... "VahTech", VPI, VPI&SU, VPI and SU and Va. Tech are also not recognized names and should not be used ... VT is acceptable as a shortended, agate form ...

When referring to the school by its nickname, please use "Hokies" ...

Your help in these matters is appreciated.

## OLHOVSKY TIES ALL-TIME TECH RECORD

Yavgeniy Olhovsky's eighth-place finish in the pole vault at the NCAA Championships earned the senior his seventh career All-America honor, which ties him for the all-time record at Virginia Tech with fellow seven-time All-American Spyridon Jullien. Jullien earned his seven from 2003-2006 in the weight throw and hammer throw. They are the only two Hokie men who have accumulated more than three All-America honors, with three Hokies sitting at three all-time, including current Tech thrower Marcel Lomnicky. Kristi Castlin also earned seven All-America honors for the women's team from 2007-2010.

## HOKIES HAVE A FIELD DAY

In the final ACC indoor performance list, five Hokies were at the top in their respective field events, the most of any ACC school. Tech swept the pole vault (Yavgeniy Olhovsky and Kelly Phillips) and the weight throw (Alexander Ziegler and Dorotea Habazin) with Samira Burkhardt in the shot put as the fifth Hokie. All five represented Virginia Tech at the NCAA Championships, with Olhovsky and Ziegler as All-Americans. Michael Hammond was also the top conference performer in the mile run, earning All-America honors at the national meet.

## PHILLIPS EARNS NCAA ELITE 88 AWARD

Senior pole vaulter Kelly Phillips was presented with the NCAA's Elite 88 Award this past Thursday, at a banquet during the NCAA Track and Field Championships in College Station, Texas.

The Elite 88, an award founded by the NCAA, recognizes the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. The Elite 88 is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's 88 championships.

## CONFERENCE THREE-PEAT

Three Hokies will be able to earn their third consecutive outdoor conference title with a victory this season. Marcel Lomnicky will be looking for his third straight title in the hammer throw, along with Will Mulherin in the 5,000 meters and Yavgeniy Olhovsky in the pole vault. Dorotea Habazin can win her third career conference title, as she won consecutive titles in 2008 and 2009.

## OUTDOOR ACC CHAMPIONSHIPS

This year's outdoor conference meet will be hosted by Duke University in Durham, N.C. Three days of events begin on Thursday, April 21 with the heptathlon, decathlon and the men's and women's discus, javelin and 10,000 meters. Admission is free throughout the championships and fans are asked to enter and exit through the east gate of Wallace Wade Stadium.

## **Final Indoor National Rankings (Top 20)**

<b>Men's</b>		
<b>Event</b>	<b>Name</b>	<b>Rank (Mark)</b>
Mile Run	Michael Hammond@	11 (3:58.41)
Weight	Alexander Ziegler@	6 (21.54m)
	Marcel Lomnicky	11 (21.03m)
	Yavgeniy Olhovsky	3 (5.47m)
Pole Vault	Stephan Munz	5 (5.41m)
	Hunter Hall	10 (5.38m)
	Joe Davis	20 (5.30m)
Triple Jump	Hasheem Halim	16 (15.94m)
<b>Women's</b>		
<b>Event</b>	<b>Name</b>	<b>Rank (Mark)</b>
60m Dash	Funmi Alabi @	11 (7.26)
Pole Vault	Kelly Phillips@	7 (4.30m)
Shot Put	Samira Burkhardt	13 (16.69m)
Weight	Dorotea Habazin	7 (20.81m)

@ = NCAA Automatic Qualifier

*Up Next: Concord Invite / Yellow Jacket Invite - March 25-26 - Athens, W. Va. / Atlanta, Ga.*

## 2011 Indoor ACC Championship Final Team Standings

### MEN'S

1. Virginia Tech (140)
2. Florida State (98)
3. NC State (83.5)
4. Virginia (77)
5. Clemson (73)
6. North Carolina (67.5)
7. Duke (47)
8. Maryland (22)
9. Wake Forest (20)
10. Miami (17)
11. Georgia Tech (12)
12. Boston College (2)

### WOMEN'S

1. Clemson (152)
2. Florida State (100.5)
3. North Carolina (69)
4. Virginia Tech (65.5)
5. Miami (65)
- T-6. Duke (45)
- T-6. Virginia (45)
8. NC State (31)
9. Maryland (28)
10. Boston College (23)
11. Wake Forest (20)
12. Georgia Tech (19)

## Current Hokie Outdoor Conference Champions

Dorotea Habazin.....	2008 ....	Hammer Throw
	2009 ....	Hammer Throw
Marcel Lomnicky .....	2009 ....	Hammer Throw
	2010 ....	Hammer Throw
Will Mulherin.....	2009 .....	5,000 Meters
	2010 .....	5,000 Meters
Yavgeniy Olhovskiy .....	2009 .....	Pole Vault
	2010 .....	Pole Vault
Matthias Treff .....	2009 .....	Javelin
Ryan Witt .....	2009 .....	800 Meters

### NCAA CHAMPIONSHIP QUICK NUMBERS

- 10 participants (6 men, 4 women)
- 8 USTFCCA All-Americans
- 4 First Team All-Americans
- 4 Second Team All-Americans

## Current Hokie All-Americans

### Hunter Hall

- 2009..... Indoor ..... Pole Vault (7th)  
 2009..... Outdoor ..... Pole Vault (10th)  
**2011..... Indoor ..... Pole Vault (6th)**

### Dorotea Habazin

- 2009..... Outdoor ..... Hammer Throw (4th)  
 2010..... Outdoor ..... Hammer Throw (2nd)

### Michael Hammond

- 2011..... Indoor ..... Mile Run (7th)**

### Jared Jodon

- 2010..... Outdoor ..... Pole Vault (8th)

### Marcel Lomnicky

- 2009..... Indoor ..... Weight Throw (8th)  
 2009..... Outdoor ..... Hammer Throw (1st)  
 2010..... Outdoor ..... Hammer Throw (3rd)

### Will Mulherin

- 2010..... Outdoor ..... 5,000 Meters (5th)

### Yavgeniy Olhovskiy

- 2008..... Indoor ..... Pole Vault (5th)  
 2008..... Outdoor ..... Pole Vault (2nd)  
 2009..... Indoor ..... Pole Vault (2nd)  
 2009..... Outdoor ..... Pole Vault (T-4th)  
 2010..... Indoor ..... Pole Vault (T-4th)  
 2010..... Outdoor ..... Pole Vault (8th)  
**2011..... Indoor ..... Pole Vault (8th)**

### Kelly Phillips

- 2008..... Outdoor ..... Pole Vault (6th)

### Asia Washington

- 2007..... Indoor ..... Distance Medley (4th)  
 2009..... Outdoor ..... 400m Hurdles (4th)

### Alexander Ziegler

- 2010..... Indoor ..... Weight Throw (3rd)  
**2011..... Indoor ..... Weight Throw (2nd)**

## NCAA CHAMPIONS IN THE ACC

Women's 60-meter Hurdles: Brianna Rollins (Clemson) - 7.96  
 Women's Triple Jump - Kimberly Williams (Florida State) - 45-9.75, 13.96m  
 Men's Long Jump - Ngonidzashe Mukasha (Florida State) - 26-8.5, 8.14m  
 Men's Heptathlon - Miller Moss (Clemson) - 5,986 points

## FINAL TOP INDOOR CONFERENCE PERFORMANCES

### MEN'S

Event	Name	School	Mark
60m	Maurice Mitchell	Florida State	6.55@
200m	Maurice Mitchell	Florida State	20.41@
400m	Charles Cox	North Carolina	46.36
<b>800m</b>	<b>Tihut Degfae</b>	<b>Virginia Tech</b>	<b>1:48.90</b>
<b>Mile</b>	<b>Michael Hammond</b>	<b>Virginia Tech</b>	<b>3:58.41@</b>
3,000m	Ryan Hill	NC State	7:50.78@
5,000m	Michael Fout	Florida State	13:56.52
60m H	Devon Hill	Miami	7.67@
4x400m Relay		Florida State	3:07.26
Distance Medley Relay		Virginia	9:34.38
HJ	Dwight Barbiasz	Maryland	2.22m
<b>PV</b>	<b>Yavgeniy Olhovsky</b>	<b>Virginia Tech</b>	<b>5.47m</b>
LJ	Ngonidzashe Makusha	FSU	8.15m@
TJ	Marcus Robinson	Virginia	16.05m
SP	Michael Putman	Florida State	18.23m
<b>WT</b>	<b>Alexander Ziegler</b>	<b>Virginia Tech</b>	<b>21.54m@</b>
Hept	Miller Moss	Clemson	5,986@

### WOMEN'S

Event	Name	School	Mark
60m	Stormy Kendrick	Clemson	7.22@
200m	Tarika Williams	Miami	23.27
400m	Marlena Wesh	Clemson	52.88
800m	Tasha Stanley	North Carolina	2:06.01
Mile	Kate Van Buskirk	Duke	4:33.71@
3,000m	Anna Nosenko	Wake Forest	9:11.02@
5,000m	Pasca Cheruiyot	Florida State	16:05.36@
60m H	Brianna Rollins	Clemson	7.96@
4x400m Relay		North Carolina	3:35.68
Distance Medley Relay		Virginia	10:59.33@
HJ	Patience Coleman	North Carolina	1.82m
PV	<b>K. Phillips</b> / J. Wright	<b>VT</b> / <b>GT</b>	4.30m@
LJ	Kimberly Williams	Florida State	6.55m@
TJ	Kimberly Williams	Florida State	13.96m@
<b>SP</b>	<b>Samira Burkhardt</b>	<b>Virginia Tech</b>	<b>16.69m</b>
<b>WT</b>	<b>Dorotea Habazin</b>	<b>Virginia Tech</b>	<b>20.81m</b>
Pent	Kiani Profit	Maryland	4,396@

# Men's All-Time Outdoor Performers

## 100 Meters

André Davis .....	10.24	1999
<b>Keith Ricks</b> .....	<b>10.38</b>	<b>2010</b>
Dennis Scott .....	10.42	1980
David Read .....	10.43	1980
Jevon Jenkins .....	10.52	2001
Darryl McCoy .....	10.64	1999

## 100 Yards

André Releford .....	9.4	1974
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## 200 Meters

André Davis .....	20.78	1999
<b>Keith Ricks</b> .....	<b>20.86</b>	<b>2010</b>
Robert Nash .....	21.10	1984
David Read .....	21.10	1980
Dennis Scott .....	21.20	1980
Nick Vaughn .....	21.40	2009

## 220 Yards

Mac Banks .....	20.8	1971
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## 400 Meters

Hilliard Sumner .....	46.73	1996
Robert Nash .....	47.20	1984
Nick Vaughn .....	47.34	2009
Detrick Stith .....	47.48	1998
Buck Grant .....	47.72	2003
Justin Davis .....	47.75	1999

## 440 Yards

Mac Banks .....	46.7	1971
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## 800 Meters

Tim Crossin .....	1:48.5	1982
Ray Ackenbom .....	1:49.06	1979
Billy Berlin .....	1:49.51	2007
Ali Najjar .....	1:49.91	2000
Brett Matthews .....	1:50.0	1994
<b>Ryan Witt</b> .....	<b>1:50.06</b>	<b>2010</b>
Eric Necciai .....	1:50.25	2002

## 1,500 Meters

Gary Cobb .....	3:39.35	1987
Billy Berlin .....	3:41.88	2007
<b>Michael Hammond</b> .....	<b>3:42.17</b>	<b>2010</b>
Ray McDaniels .....	3:45.2	1982
Chris Walizer .....	3:45.30	2010
James Scheiner .....	3:46.41	2007
Steve Taylor .....	3:46.6	1987
Michael Burns .....	3:46.68	1979
<b>Ryan Witt</b> .....	<b>3:46.78</b>	<b>2009</b>

## MILE

<b>Will Mulherin</b> .....	<b>4:00.93</b>	<b>2010</b>
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## 5,000 Meters

<b>Will Mulherin</b> .....	<b>13:50.76</b>	<b>2010</b>
Steve Taylor .....	13:52.0	1987
Mark Stickley .....	14:03.4	1983
Dave Atkiss .....	14:07.27	2006
Steven Pinard .....	14:08.0	1983

## 10,000 Meters

Mark Stickley .....	28:45.97	1985
Steve Taylor .....	28:54.1	1987
Tony Williams .....	28:55.4	1987
Howard Nippert .....	29:15.0	1986
Chris Seaton .....	29:27.04	2001

## 110-Meter Hurdles

Chris Stokes .....	13.89	1999
Kevin Walker .....	13.91	2001
Kenny Lewis .....	14.08	1980
<b>E. Amegashie</b> .....	<b>14.17</b>	<b>2009</b>

## 400-Meter Hurdles

Justin Davis .....	51.28	1999
Kevin Walker .....	51.47	2000
Robert Chase .....	52.06	1982
Jason Fullmer .....	52.46	1996
<b>E. Amegashie</b> .....	<b>52.83</b>	<b>2010</b>

## 3,000-Meter Steeplechase

Gene Crane .....	8:47.2	1978
Robert Herndon .....	8:54.6	1984
Merle Valetto .....	8:55.1	1971
<b>Jared Berman</b> .....	<b>8:55.33</b>	<b>2010</b>
Tim Covington .....	9:02.1	1989
David Peterson .....	9:03.5	1983
Rider Claus .....	9:05.55	2007

## 4x100-Meter Relay

<b>Smith, Ricks</b> .....	40.56	2010
<b>Wilson, Amegashie</b> .....		
<b>Smith, Vaughn</b> .....	40.84	2009
<b>Amegashie, Ricks</b> .....		

## 4x110-Yard Relay

Fallen, Read, .....	40.7	1980
Lewis, Scott		

## 4x200-Meter Relay

Renninger, Fludd .....	1:26.55	2005
Price, Jenkins		

## 4x400-Meter Relay

Walker, Sangbana, ..	3:10.48	1999
Davis, Stith		
Edwards, Walker, ..	3:11.51	1999
Sangbana, Davis		
Jury, Cook, .....	3:11.56	2002
Necciai, DiPadova		

## 4x440-Yard Relay

Chase, Watson, .....	3:10.2	1982
Nash, Crossin		

## 4x800-Meter Relay

<b>Walizer, Hammond</b> .....	<b>7:22.19</b>	<b>2010</b>
<b>Witt, McLaughlin</b> .....		
<b>Judge, Berlin</b> .....	7:26.98	2009
<b>J. Miller, Witt</b> .....		
Jury, D. Vick, .....	7:30.12	2004
Johnson, Grant		
McDaniels, Crossin, ..	7:32.2	1982
Porr, Watson		

## 4x1,500-Meter Relay

Scheiner, <b>Cornwall</b> .....	15:41.32	2007
Clauss, Berlin		
C. Padilla, <b>Judge</b> .....	15:54.60	2008
<b>Walizer, Clauss</b> .....		
Hayes, Rhue, .....	15:54.70	2001
Seaton, Oliver		
Johnson, D. Vick, .....	16:05.12	2005
Markley, Berlin		
Necciai, Snead, .....	16:05.61	2002
Atkiss, Lawson		

## Distance Medley Relay

Voight, Oustrich, .....	9:40.31	1987
Reed, Cobb		

## Long Jump

Jerry Gaines .....	24'10"	(7.57m)	1971
Darryl McCoy .....	24'5"	(7.44m)	2000
James Curd .....	24'3.75"	(7.41m)	1988
Mike Donahue .....	24'3.50"	(7.40m)	1999
Mike Halim .....	23'11.75"	(7.31m)	1981

## Triple Jump

Phil Saunders .....	53'4.5"	(16.27m)	1986
<b>David Wilson</b> .....	<b>51'5.5"</b>	<b>(15.68m)</b>	<b>2010</b>
<b>Hasheem Halim</b> .....	<b>51'5"</b>	<b>(15.67m)</b>	<b>2010</b>
Jason Fludd .....	50'11.5"	(15.53m)	2004
Idikoro Eradiri .....	50'0.75"	(15.26m)	2005

## High Jump

Steve Whaley .....	7'1"	(2.16m)	1983
Jake Howitt .....	7'0"	(2.13m)	1985
Hank Bradley .....	7'0"	(2.13m)	1976
Genesis Ridley .....	6'9"	(2.06m)	2000
Brian Hunter .....	6'9"	(2.06m)	2000
Brian Drennen .....	6'9"	(2.06m)	1994

## Pole Vault

B. Mondschein .....	18'1.75"	(5.53m)	2006
B. Hunter .....	18'1.25"	(5.52m)	2000
<b>Y. Olhovsky</b> .....	<b>18'0.5"</b>	<b>(5.50m)</b>	<b>2010</b>
<b>J. Jodon</b> .....	<b>17'6.50"</b>	<b>(5.35m)</b>	<b>2010</b>
T. Mueller .....	17'5.75"	(5.33m)	2007
J. Samaniuk .....	17'5.50"	(5.32m)	2007
<b>H. Hall</b> .....	<b>17'2.75"</b>	<b>(5.25m)</b>	<b>2010</b>
B. Phillips .....	17'0.50"	(5.20m)	1980
A. Bingaman .....	16'10.75"	(5.15m)	2007

## Shot Put

S. Hahn .....	62'10.5"	(19.16m)	2005
J. Clickett .....	62'8.5"	(19.11m)	2007
R. Norwood .....	60'10.5"	(18.55m)	2004
I. Misljenovic .....	60'4"	(18.39m)	2010
S. Huntzinger .....	56'10"	(17.32m)	2006
J. Fallone .....	56'2"	(17.12m)	2003

## Hammer Throw

<b>M. Lomnicky</b> .....	<b>245'6"</b>	<b>(74.83m)</b>	<b>2010</b>
<b>A. Ziegler</b> .....	<b>241'9"</b>	<b>(73.68m)</b>	<b>2010</b>
S. Jullien .....	238'5"	(72.68m)	2005
M. Anani .....	231'5"	(70.55m)	2006
M. Muza .....	229'1"	(69.84m)	2008
E. Kingston .....	221'11"	(67.64m)	1999
M. Sergent .....	210'1"	(64.04m)	1992
<b>D. Mahmic</b> .....	<b>203'6"</b>	<b>(62.03m)</b>	<b>2010</b>

## Discus

S. Hahn .....	189'6"	(57.76m)	2005
I. Misljenovic .....	187'3"	(57.08m)	2009
S. Mehr .....	178'6"	(54.42m)	1983
M. Sergent .....	175'5"	(53.48m)	1992
E. Boes .....	173'9"	(52.96m)	2000
J. Clickett .....	172'3"	(52.50m)	2007

## Javelin

J. Smit .....	242'9"	(74.00m)	2005
M. Treff .....	239'10"	(73.10m)	2009
K. Moore .....	220'8"	(67.25m)	2007
B. Patrowicz .....	219'3"	(66.84m)	1989
C. Sieben .....	205'8"	(62.70m)	1994
A. Arad .....	205'0"	(62.48m)	2007

## Old Javelin

David Sage .....	227-10	(69.44m)	1977
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## Decathlon

Ed Nuttycombe .....	6,951 points	1976
John Dyer .....	6,939 points	1981
Danny Thompson .....	6,796 points	1983

# Women's All-Time Outdoor Performers

## 55 Meters

Patrice Potts .....	6.85	2007
Britni Spruill .....	6.96	2008
Sherlenia Green .....	7.02	2007
Kristi Castlin .....	7.04	2008
Rashida Dodson .....	7.11	1997
Damali Hay .....	7.17	2000
Jennifer Cook .....	7.17	1997

## 60 Meters

Patrice Potts .....	7.33	2008
<b>Funmi Alabi .....</b>	<b>7.37</b>	<b>2010</b>
<b>Ogechi Nwaneri .....</b>	<b>7.39</b>	<b>2010</b>
Britni Spruill .....	7.42	2008
Kristi Castlin .....	7.47	2008
Damali Hay .....	7.61	2002

## 200 Meters

Britni Spruill .....	23.62	2008
Patrice Potts .....	23.67	2007
<b>Aunye Boone .....</b>	<b>23.87</b>	<b>2009</b>
<b>Ogechi Nwaneri .....</b>	<b>24.00</b>	<b>2010</b>
Damali Hay .....	24.16	2002
Sherlenia Green .....	24.20	2006
Kristi Castlin .....	24.26	2010

## 300 Meters

Britni Spruill .....	37.93	2008
Sherlenia Green .....	38.47	2007
Asia Washington .....	38.48	2010
Aunye Boone .....	38.64	2009
Patrice Potts .....	39.21	2008
<b>Funmi Alabi .....</b>	<b>39.30</b>	<b>2010</b>
<b>Yvonne Amegashie .....</b>	<b>39.51</b>	<b>2010</b>

## 400 Meters

Queen Harrison .....	53.06	2010
Asia Washington .....	53.66	2009
Sherlenia Green .....	53.79	2006
<b>Yvonne Amegashie .....</b>	<b>54.87</b>	<b>2010</b>
Shakirra Pinnock .....	55.20	2007
Marie Giles .....	55.26	2005

## 500 Meters

Asia Washington .....	1:11.49	2010
Queen Harrison .....	1:12.75	2008
Sherlenia Green .....	1:13.77	2006
Marie Giles .....	1:14.27	2003
Danya Gordon .....	1:15.05	1997
<b>Aunye Boone .....</b>	<b>1:15.33</b>	<b>2009</b>
Julie Reeser .....	1:15.81	1997

## 800 Meters

Asia Washington .....	2:07.88	2008
Meredith Brooks .....	2:10.17	2006
Kristin Price .....	2:10.85	2001
Cas Sadosky .....	2:12.25	2001
Heather Mullis .....	2:12.31	2006
<b>Lauren Lemieux .....</b>	<b>2:13.37</b>	<b>2009</b>

## 1,000 Meters

Tasmin Fanning .....	2:47.07	2008
Marlies Overbeeke .....	2:47.66	2004
Natalie Sherbak .....	2:47.81	2009
<b>Lauren Pinkston .....</b>	<b>2:53.50</b>	<b>2010</b>
Chelsea Alverson .....	2:54.56	2000

## Mile

Natalie Sherbak .....	4:40.31	2009
Marlies Overbeeke .....	4:40.46	2004
Tasmin Fanning .....	4:40.66	2007
Kristin Price .....	4:48.48	2001
Jessica Fanning .....	4:50.26	2007
<b>Sammy Dow .....</b>	<b>4:53.59</b>	<b>2010</b>

## 3,000 Meters

Tasmin Fanning .....	9:01.57	2008
Natalie Sherbak .....	9:18.02	2009
Kristin Price .....	9:18.77	2001
Marlies Overbeeke .....	9:36.58	2003
Jessica Fanning .....	9:39.35	2007
Linda King .....	9:40.50	1985

## 5,000 Meters

Natalie Sherbak .....	16:23.51	2009
Heidi Allen .....	16:48.30	1992
Erin Reddan .....	17:08.23	2009
Kelly Clark .....	17:25.61	2007
Jennifer Conner .....	17:31.68	1997
Stacey Vidt .....	17:34.08	2001

## 55-Meter Hurdles

Kristi Castlin .....	7.59	2008
Queen Harrison .....	7.77	2008
Jennifer Cook .....	8.06	1999
Keosha Sanders .....	8.20	2003
Melanie Burgess .....	8.21	1997
Gunild Krebs .....	8.28	2007

## 60-Meter Hurdles

Queen Harrison .....	7.94	2010
Kristi Castlin .....	8.01	2010
Leslie Aririguzo .....	8.34	2009
Asia Washington .....	8.56	2009
Keosha Sanders .....	8.59	2004
Jennifer Cook .....	8.61	1999

## 4x400-Meter Relay

Harrison, Spruill .....	3:38.62	2008
Washington, Pinnock .....		
Harrison, Washington .....	3:38.74	2009
Castlin, <b>Boone</b> .....		
Harrison, <b>Amegashie</b> .....	3:38.96	2010
<b>Alabi, Boone</b> .....		
S. Green, Potts, .....	3:39.20	2007
Harrison, Washington .....		
Washington, Spruill .....	3:41.18	2007
Potts, S. Green, .....		
Harrison, Spruill .....	3:41.27	2008
Pinnock, Washington .....		
Washington, Potts .....	3:41.28	2007
Harrison, S. Green .....		

## 4x800-Meter Relay

Morris, Alverson, .....	9:01.69	2002
Friedman, Vidt .....		
Netzer, Sadosky, .....	9:03.66	1998
Scherrens, Gibbs .....		
J. Fanning, Clark .....	9:06.44	2007
T. Fanning, Sherbak .....		
Morris, Mullis, .....	9:06.68	2004

## Distance Medley Relay

J. Fanning, S. Green, .....	11:10.84	2007
Washington, T. Fanning .....		
Sherbak, Harrison .....	11:14.67	2008
Washington, T. Fanning .....		
J. Fanning, Pinnock, .....	11:20.41	2007
Sherbak, T. Fanning .....		
J. Fanning, Pinnock, .....	11:25.27	2008
Washington, T. Fanning .....		
J. Fanning, Harrison .....	11:26.25	2007
Gentles, T. Fanning .....		
Price, Hopkins, .....	11:34.78	2001
Sadosky, Vidt .....		

## Long Jump

A. Byrd .....	19'9"	(6.02m)	2000
M. Barnes .....	19'7.75"	(5.99m)	1998
B. Smith .....	19'3.5"	(5.88m)	1998
S. Triesscheijn .....	19'0.5"	(5.80m)	2006
Q. Harrison .....	18'7.25"	(5.67m)	2007
M. Nowden .....	18'4.75"	(5.61m)	2004
G. Krebs .....	18'2.25"	(5.54m)	2006

## Triple Jump

A. Byrd .....	41'4.25"	(12.60m)	2000
D. Edmunds .....	39'11.50"	(12.18m)	1995

## High Jump

Katie Ollendick .....	6'0"	(1.83m)	1998
Donna Girtler .....	5'10"	(1.78m)	1984
Saskia Triesscheijn .....	5'7"	(1.70m)	2006
Gunild Krebs .....	5'5"	(1.65m)	2005

## Pole Vault

A. Schaffer .....	13'7.75"	(4.16m)	2009
A. Early .....	13'7.25"	(4.15m)	2007
<b>K. Phillips .....</b>	<b>13'6.5"</b>	<b>(4.13m)</b>	<b>2008</b>
E. Mahony .....	13'1.75"	(4.01m)	2006
A. McGrath .....	13'0.25"	(3.97m)	2007
E. Birnbaum .....	12'11.5"	(3.95m)	2009
<b>C. Thornley .....</b>	<b>12'8.25"</b>	<b>(3.87m)</b>	<b>2009</b>
<b>E. DeJarnette .....</b>	<b>12'3.5"</b>	<b>(3.75m)</b>	<b>2010</b>

## Shot Put

B. Pryor .....	54'9.50"	(16.70m)	2008
C. Ayangbile .....	53'8.25"	(16.36m)	2007
P. Allan .....	49'10.50"	(15.20m)	1999
E. Schroeder .....	49'8.50"	(15.15m)	2009
J. Williams .....	49'2.25"	(14.99m)	2003
T. Toon .....	48'1"	(14.65m)	1983
T. Burns .....	45'10.50"	(13.98m)	2005
D. Smith .....	45'9.75"	(13.96m)	1983

## Weight Throw

T. Burns .....	73'3.25"	(22.33m)	2005
K. Callan .....	67'4"	(20.52m)	2008
B. Pryor .....	65'11.50"	(20.10)	2008
<b>D. Habazin .....</b>	<b>65'3.50"</b>	<b>(19.90)</b>	<b>2009</b>
M. Newby .....	52'4.50"	(15.96m)	1996
R. Martin .....	52'4.50"	(15.96m)	2002
P. Allan .....	52'1.75"	(15.89m)	2000

## Pentathlon

Saskia Triesscheijn .....	4,224 points	2005
Gunild Krebs .....	4,009 points	2006
Katie Ollendick .....	3,941 points	1998
Brandi Smith .....	3,494 points	1997

## 2011 Men's Roster

Name	Class	Event	Hometown	High School/Other
Derek Aegerter	So.	High Jump	Humble, Texas	Kingwood H.S.
Ebenezer Amegashie	Sr.	Sprints/Hurdles	Dumfries, Va.	Potomac H.S.
Jeff Artis-Gray	So.	Sprints/Hurdles/Jumps	Chesapeake, Va.	Western Branch
Jared Berman	So.	Distance	Fairfax, Va.	James Robinson
Ronnie Black	Jr.	High Jump	Newport News, Va.	Menchville
Garrett Bradley	So.	Mid-Distance	Charlottesville, Va.	Albemarle
Scott Campbell	Fr.	Multi Events	Salem, Va.	Salem
Devin Cornwall	Sr.	Distance	Culpepper, Va.	Culpepper County
Jason Cusack	Jr.	Distance	Griswold, Conn.	Griswold
Martin Dally	Fr.	Mid-Distance	Bethesda, Md.	Walter Johnson
Joe Davis	Sr.	Pole Vault	Sarasota, Fla.	Riverview
Leoule Degfae	So.	Distance	Yirgalem, Ethiopia	Thomas A. Edison
Tihut Degfae	So.	Distance	Yirgalem, Ethiopia	Thomas A. Edison
Kevin Dowd	Fr.	Distance	Fairfax, Va.	Fairfax
Ryan Hagen	So.	Distance	Sterling, Va.	Potomac Falls
Hasheem Halim	Jr.	Jumps	Lilburn, Ga.	Berkmar
Hunter Hall	Sr.	Pole Vault	Fort Wayne, Ind.	Homestead
Michael Hammond	Jr.	Mid-Distance	Midlothian, Va.	Midlothian
Eric Hoepker	Jr.	Distance	Haymarket, Va.	Battlefield
Matt Hoogland	Fr.	Pole Vault	Springfield, Va.	Lake Braddock
Jordan Horton-Williams	Fr.	Sprints	Virginia Beach, Va.	Ocean Lakes
Jared Jodon	r-Sr.	Pole Vault	Uniontown, Pa.	Laurel Highlands
Eddie Judge	Sr.	Mid-Distance	Virginia Beach, Va.	F.W. Cox
Kieran Lee	Jr.	Mid-Distance	Glen Allen, Va.	Hermitage
Marcel Lomnický	Jr.	Throws	Nitra, Slovakia	Sport Grammar School Nitra
Sherrod Long	Fr.	Sprints	Charlotte, N.C.	Phillip O. Berry
Denis Mahmic	So.	Throws	Zagreb, Croatia	Railway Technical
Jonathan McCants	So.	Sprints	Alexandria, Va.	West Potomac
Nick McLaughlin	Sr.	Distance	Leesburg, Va.	Heritage
Jeff Miller	Sr.	Mid-Distance	Lorton, Va.	South County
Will Mulherin	So.	Distance	Yorktown, Va.	Tabb
Stephan Munz	So.	Pole Vault	Goppingen, Germany	University of Stuttgart
Yavgeniy Olhovskiy	r-Sr.	Pole Vault	Petah-tivka, Israel	Ort Technnickum Givatium
Grant Pollock	Fr.	Distance	Richmond, Va.	Mills Godwin
Keith Ricks	Jr.	Sprints	Suffolk, Va.	King's Fork
Matt Satterwhite	Sr.	Distance	Charlottesville, Va.	Western Albermarle
Justin Sinclair	Jr.	Sprints	Maplewood, N.J.	The Peddie School
Keare Smith	Jr.	Sprints/Hurdles	Garner, N.C.	Southeast Raleigh Magnet
Rene Stauss	So.	High Jump	Winterlingen, Germany	University of Stuttgart
Matthias Treff	Jr.	Throws	Burgthann, Germany	Sportgymnasium Halle
Chris Walizer	Sr.	Mid-Distance	Hershey, Pa.	Hershey
Brian Welch	Jr.	Distance	Richmond, Va.	Mills Godwin
Darrell Wesh	Fr.	Sprints	Virginia Beach, Va.	Landstown
David Wilson	So.	Sprints/Jumps	Danville, Va.	George Washington
Ryan Witt	Sr.	Distance	Winchester, Va.	Sherando
Alexander Ziegler	So.	Throws	Dischingen, Germany	Schiller Gym Heidenheim
Yazid Zouaimia	Fr.	Distance	Clifton, Va.	Centreville



## 2011 Women's Roster

Name	Class	Event	Hometown	High School/Other
Funmi Alabi	So.	Sprints	Elkridge, Md.	Long Reach
Leigh Allin	So.	Pole Vault	Lexington, Ky.	Henry Clay
Yvonne Amegashie	So.	Sprints/Hurdles	Woodbridge, Va.	Potomac Senior
Julianne Bigler	Fr.	Distance	Alexandria, Va.	West Potomac
Elizabeth Blackwell	Jr.	Mid-Distance	Harrisonburg, Va.	Harrisonburg, Va.
Aunye Boone	Jr.	Sprints	St. Leonard, Md.	Calvert
Kristen Brown	Fr.	Sprints/Hurdles	Owings Mill, Md.	McDonogh School
Samira Burkhardt	Fr.	Throws	Stuttgart, Germany	Johann Friedrich Von Cotta
Stephanie Cario	Fr.	Distance	Mechanicsville, Va.	Lee Davis
Margaret Castelvechi	Fr.	Distance	Montpelier, Va.	Patrick Henry
Taylor Crosson	Fr.	Distance	Fairfax Station, Va.	James W. Robinson
Emma DeJarnette	So.	Pole Vault	Mechanicsville, Va.	Atlee
Drew Dillon	Fr.	Distance	Roanoke, Va.	Hidden Valley
Courtney Dobbs	Fr.	Distance	Glen Allen, Va.	Deep Run
Sonia Doulamis	Fr.	Distance	Lowell, Mass.	Academy of Notre Dame
Sammy Dow	r-So.	Distance	Midlothian, Va.	Midlothian
Frances Dowd	So.	Distance	Fairfax, Va.	Fairfax
Casey Gresham	So.	Distance	Chesapeake, Va.	Western Branch
Dorotea Habazin	Sr.	Throws	Zagreb, Croatia	Sportska Gimnazija
Shanice Hairston	Fr.	Throws	Martinsville, Va.	Magna Vista
Kaitlyn Hunter	Fr.	Distance	Sterling, Va.	Potomac Falls
Paige Kwartunas	Fr.	Distance	Springfield, Va.	West Springfield
Lauren Lemieux	Jr.	Mid-Distance	Huntsville, Ala.	Virgil I. Grissom
Jackie Merrick	Sr.	Mid-Distance	West Chester, Pa.	Henderson
Madalyn Nuckols	Fr.	Distance	Glen Allen, Va.	Deep Run
Ogechi Nwaneri	Jr.	Sprints	Maplewood, N.J.	Chatham
Katelyn Oldham	So.	Distance	Wilmington, Del.	The Tatnall School
Kelly Phillips	r-Sr.	Pole Vault	Blacksburg, Va.	Blacksburg
Lauren Pinkston	r-So.	Distance	Herndon, Va.	Herndon
Elizabeth Powell	Fr.	Pole Vault	Richmond, Va.	Patrick Henry
Lyndsey Saunders	Fr.	Pole Vault	Herndon, Va.	Chantilly
Samantha Sawyer	Fr.	Distance	Indian Trail, N.C.	Sun Valley
Taryn Schrader	r-Fr.	Distance	Virginia Beach, Va.	Bishop Sullivan Catholic
Ebony Scott	Fr.	Sprints	Raleigh, N.C.	Southeast Raleigh Magnet
Lindsay Skolrood	Fr.	Distance	Roanoke, Va.	Hidden Valley
Mary Catherine Sowder	Fr.	Distance	Roanoke, Va.	Hidden Valley
Erin Stehle	r-So.	Distance	Midlothian, Va.	Midlothian
Corene Steinert	Fr.	Distance	Morris Plains, N.J.	Morristown
Colleen Thom	Fr.	Distance	Yorktown, Va.	Peninsula Catholic
Caitlin Thornley	r-Sr.	Pole Vault	Greensboro, N.C.	Ragsdale
Jessica Trapeni	Sr.	Distance	Fairfax, Va.	Fairfax
Zakiya Tyson	Fr.	Sprints	Durham, N.C.	C.E. Jordan
Jennifer Van Der Sloot	So.	Distance	Morgantown, W. Va.	University
Asia Washington	r-Sr.	Sprints/Hurdles	Piscataway, N.J.	Piscataway
Alex Watt	Fr.	Distance	Springfield, Va.	West Springfield
Erika Weidman	So.	Distance	Alexandria, Va.	T.C. Williams
Taylor Williams	Jr.	Sprints/Hurdles	Hampton, Va.	Bethel
Natalie Woodford	So.	Distance	Roanoke, Va.	Patrick Henry



# HURRICANE INVITATIONAL

March 18-19, 2011

University of Miami- Coral Gables, FL

## FRIDAY, MARCH 19

### *Field Events*

2:00 PM Javelin (m) women follow immediately  
 3:00 PM Hammer (w) men follow immediately  
           High Jump (m) women follow immediately  
  
 4:30 PM Pole Vault (w) men follow immediately

### *Running Events*

6:30 PM 3000 steeplechase (m)  
 6:45 PM 3000 steeplechase (w)  
 7:00 PM 5000 (m)  
 7:20 PM 5000 (w)

## SATURDAY, MARCH 20

### *Field Events*

1:00 PM Shot Put (w)  
           Discus (m)  
 2:00 PM Long Jump (m)  
           Long Jump (w)  
 3:00 PM Discus (w)  
           Shot Put (m)  
 4:00 PM Triple Jump (m)  
           Triple Jump (w)

1:00 PM 4 x 100 Meter Relay (m)  
 1:10 PM 4 x 100 Meter Relay (w)  
 1:20 PM 1,500 Meter Run (m)  
 1:30 PM 1,500 Meter Run (w)  
 1:45 PM 110 Meter High Hurdles (m)  
 2:00 PM 100 Meter Hurdles (w)  
 2:15 PM 400 Meter Dash (m)  
 2:30 PM 400 Meter Dash (w)  
 2:45 PM 100 Meter Dash (m)  
 2:55 PM 100 Meter Dash (w)  
 3:10 PM 800 Meter Run (m)  
 3:20 PM 800 Meter Run (w)  
 3:40 PM 400 Meter Int. Hurdles (m)  
 3:50 PM 400 Meter Int. Hurdles (w)  
 4:00 PM 200 Meter Dash (m)\*  
 4:15 PM 200 Meter Dash (w)\*  
 4:25 PM 3000 Meter Run (m)  
 4:40 PM 3000 Meter Run (w)  
 4:55 PM 4 x 400 Meter Relay (m)  
 5:05 PM 4 x 400 Meter Relay (w)

### *Running Events*

**\* All athletes in the 200 meter dash must check in by 3:15 pm. The race will be seeded at time of check-in. \***

## SCHEDULE

### *FRIDAY - March 18*

<u>Decathlon- 10:00 AM</u>	<u>Heptathlon- 9:30 AM</u>
*100 meters	*100m Hurdles
*Long Jump	*High Jump
*Shot Put	*Shot Put
*High Jump	*200 meters
*400 meters	

### *SATURDAY- March 19*

<u>Decathlon- 10:00am</u>	<u>Heptathlon- 9:30 AM</u>
*110m High Hurdles	*Long Jump
*Discus	*Javelin
*Pole Vault	*800 meters
*Javelin	
*1500 meters	

*After the first event of each day, start times will be assigned upon completion of the previous events. 30 minutes minimum will occur between events with longer if need be based on facility consideration and event preparation.*