

VIRGINIA TECH

2001
Track & Field



Stormin' into
the



VIRGINIA POLYTECHNIC INSTITUTE
AND STATE UNIVERSITY

Virginia Tech Men's Track and Field

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Media Guide Credits

The 2001 Virginia Tech men's track and field media guide is a publication of the Virginia Tech Sports Information Office, written to assist the working media and designed to aid media members in their coverage of Virginia Tech men's track and field. The guide was written by sports information graduate student assistant Jason Dowdy and was edited by Dowdy and associate SID Anne Panella. Design and layout out were done by Dowdy and Panella. Action shots were provided by David Knachel and Woody Veasey; head shots by Knachel. Other contributions were made by Bryan Johnston. This guide was printed by Southern Printing Company of Blacksburg, Va. Special thanks go to the Tech track and field staff for its assistance.

On the Covers

Featured on the front cover (clockwise from top left) are Ali Najjar, Adam Bowser, Chris Seaton, Kevin Walker and Darryl McCoy (center) each of whom won conference championships last year.

On the back cover is Paul Hayes winning the conference title in the 1,500-meter run. The background is a montage of images depicting the excitement of Virginia Tech sports.



Giff Hummel is the veteran thrower on a young Hokie throws squad.

HOKIE QUICK FACTS

UNIVERSITY INFORMATION

Location	Blacksburg, Va.
Founded	1872
Enrollment	25,000
Conference	BIG EAST
Nickname	Hokies
Colors	Chicago maroon, burnt orange
President	Charles Steger
Director of Athletics	Jim Weaver
Senior Associate Athletics Director	Sharon McCloskey
Track and Field Administrator	Tom Gabbard

TRACK & FIELD INFORMATION

Men's Track Coach	Russ Whitenack
Men's Cross Country/Distance Coach	Steve Taylor
Men's Assistant Coach - Throws	David Dumble
Men's Assistant Coach - Pole Vault	Bob Phillips
Meet Managers	Joyce Wynn, Howard Nippert
Secretary	Diane Price
Men's Track Office	(540) 231-5037

2001 Schedule

Indoor Schedule

DATE	MEET	SITE	HOST
Jan. 13	New Year's Invitational	Blacksburg, Va.	Virginia Tech
19-20	Kroger Invitational	Blacksburg, Va.	Virginia Tech
26-27	US Airways Invitational	Johnson City, Tenn.	East Tennessee
Feb. 2	VT Pentathlon Invitational	Blacksburg, Va.	Virginia Tech
3	Virginia Tech Challenge	Blacksburg, Va.	Virginia Tech
9-10	Pepsi Valentine's Invitational	Blacksburg, Va.	Virginia Tech
16-17	BIG EAST Championships	Syracuse, N.Y.	Syracuse
23-24	Last Chance Invitational	Blacksburg, Va.	Virginia Tech
March 2-4	IC4A Championships	Boston, Mass.	Boston University
8-10	NCAA Championships	Fayetteville, Ark.	Arkansas

Outdoor Schedule

DATE	MEET	SITE	HOST
March 30-31	Raleigh Relays	Raleigh, N.C.	N.C. State
April 7	Gatorade Meet	Knoxville, Tenn.	Tennessee
14	Charlotte Invitational	Charlotte, N.C.	UNC Charlotte
21	Spring Gobbler Invitational	Blacksburg, Va.	Virginia Tech
25-28	Penn Relays	Philadelphia, Pa.	Pennsylvania
May 4-6	BIG EAST Championships	Piscataway, N.J.	Rutgers
12	JMU Invitational	Harrisonburg, Va.	James Madison
18-20	IC4A Championships	Princeton, N.J.	Princeton
June 1-2	NCAA Championships	Eugene, Ore.	Oregon

Home Meets in Bold

Media Outlets

A news release will be sent to the following media outlets which cover Virginia Tech track and field. Results will be posted on hokiesportsinfo.com after each event.

Outlet	Phone	Fax
The Associated Press, Richmond	(804) 643-6646	(804) 643-6223
Roanoke Times	(540) 981-3221	(540) 981-3392
Richmond Times-Dispatch	(804) 649-6554	(804) 775-8085
Bristol Herald-Courier	(540) 669-2181	(540) 669-3696
Blacksburg Sentinel	(540) 382-6171	(540) 382-3009
The News Messenger, Christiansburg ...	(540) 382-6171	(540) 382-3009
Collegiate Times, Blacksburg	(540) 231-9867	(540) 231-5057
The News & Advance, Lynchburg	(804) 385-5554	(804) 385-5538
Bluefield Daily Telegraph	(304) 327-2811	(304) 327-6179
Virginian Pilot, Norfolk	(800) 446-2012	(804) 533-9004
Daily Press, Newport News	(804) 247-4600	(804) 247-9420
WDBJ-TV, Roanoke	(540) 985-3623	(540) 343-7269
WSLS-TV, Roanoke	(540) 981-9126	(540) 343-2059
WSET-TV, Lynchburg	(804) 528-1315	(804) 847-8800



Clinton Edwards sprints for the finish line in the 400-meter dash.

Media Information

Please schedule all interviews through the Virginia Tech Sports Information Office.

For interviews with head coaches or any of the Hokie track athletes, contact Jason Dowdy at the Sports Information Office (540) 231-2228, at home (540) 961-1274 or by email jadowdy@vt.edu.



TRACK & FIELD CONTACT

Jason Dowdy,
Graduate Student Assistant

MAILING ADDRESS

460 Jamerson Athletic Center
Blacksburg, VA 24061-0502

Season Outlook

Tech Enters Millennium in a New Conference With Hopes of Continued Success

After dominating the Atlantic 10 Conference for four years the Virginia Tech track and field team is ready for a new and greater challenge. The Hokies need look no further because in the 2001 season they will begin a new era in the prestigious BIG EAST Conference. Tech hopes to add its name to the list of track and field national powerhouses and will get started on that journey this season.

"We've never faced this kind of competition before," said head coach Russ Whitenack. "It will elevate our level of competition because we will have to. I think our athletes will rise to that level because they have before."

The new season also marks somewhat of a rebuilding year for Tech. After the graduation of five senior throwers, the Hokies will have to look elsewhere for those much needed points. The sprinters, jumpers and distance crew return everyone from last year and will be asked to step into the leading role. If Tech hopes to make an impact in its first year as a BIG EAST squad, it will take top efforts from each individual and the Hokies plan to do just that.

"This is a year that is going to challenge us more than ever," Whitenack said. "We are moving to a new conference and that makes this a real rebuilding year."



Senior Kevin Walker leads the track team into the BIG EAST after an outstanding 2000 season.

Sprinters & Hurdlers

Once again Coach Whitenack will look to the football team for much of this group and **André Davis** leads the list. **Davis** is a multi-time conference and IC4A champion and will be joined by **Larry Austin** and **Lee Suggs** to create a powerful sprint group. The quarter-milers are led by sophomore **Buck Grant** and junior **Clinton Edwards**. These two have big meet experience and will be asked to guide transfer **Frank DiPadova** and freshmen **Anthony Jenkins** and **Jemmel Pursoo** in their quest for respect.

Kevin Walker is the top man in the hurdles and will strive for the same role in the new conference after dominating the hurdle events

in the A-10 last year. He is joined by freshman **Jason Williams**.

Middle Distance

Probably the deepest group on this year's team, the middle distance runners include some of the best young talent on the team. **Paul Hayes**, **Matt Taylor** and **Ali Najjar** each won conference titles last year and will lead the way again this year. **Todd Grignon** and **Brian Coffield** bring added depth to the 800 and the relays. Last year's top miler **Kevin Rhue** returns for his second season and is joined by newcomer **Josiah Oliver**.

Distance

The distance runners will face the toughest challenge from the conference rivals but redshirt juniors **Chris Seaton** and **Ben Dowdy** are up for the challenge. **Seaton** has won the past two conference indoor 5,000-meter titles and will bid for a third in February. **Jason Hettenbaugh** is the best steeplechaser Tech has seen in several years and has plans to become much better. **Pete Lindner**, **Jason Griscom** and newcomers **Josh Davis** and **Casey Frazier** make up the rest of the distance runners to keep an eye on.

Jumpers & Vaulters

This high-flying group has talent in every event. **Darryl McCoy** and **Mike Donahue** are both past conference

champions in the long jump. **Donahue**, who comes from football, will bring with him two other conference champion football players. **Ernest Wilford** and **Jarrett Ferguson** are impressive athletes who should impress the BIG EAST. Freshman **Jason Fludd** will also be a contributor in his first season.

In the pole vault **Marcus Tepaske's** hard work has put him in the top spot in this event. **Nathan Bath** is another veteran of the event and will be asked to guide redshirt freshman **John Majeski** and newcomers **Jimmy Tran** and **David Fritz** in their first seasons.

Genesis Ridley leads the way in the high jump once again for the Hokies.

Throwers

After losing five seniors from this group the throwing corps is on the rebound. However, new throws coach Dave Dumble has plans to return this group to prominence very soon. **Giff Hummel** is the only one back from last season and is the top man in the javelin. **Matt Maynard** and **Eric Hessler** redshirted their first seasons at Tech but come into the BIG EAST as promising young competitors in the shot put, hammer and weight events. Adding to the mix is **Matt Sielski** as he enters his first season at Tech.

Multi-events

This group of work horses is led by conference champion **Adam Bowser** who should also play into the mix of the BIG EAST's best. Joining him is newcomer **Robbie Hearn**.

Meet the Coaches

RUSS WHITENACK • Head Coach



It is an exciting time to be a part of Virginia Tech athletics today. There have been many positive changes including entry into the BIG EAST and the construction of two relatively new state-of-the-art track facilities. With all the changes taking place, there has been one constant – and that is the man in charge of Tech track and field.

For 28 years, Russ Whitenack has held the reins of the men's track program, guiding it to conference titles and national recognition.

Since taking over in 1974, Whitenack has built the Tech program into a competitive one through his leadership and perseverance.

The 2001 season will mark Whitenack's 30th year with the Hokie men's team. He served two years as an assistant coach before being elevated to the head job prior to the 1974 season. In addition to being the men's coach, he also guided the women's team for 10 years prior to the arrival of former women's coach Lori Taylor.

A 1969 graduate of the University of Tennessee, Whitenack was a member of the Volunteers' All-America 440-yard relay team. UT won three Southeastern Conference team championships during his four years on the squad. He served for one season as a graduate assistant at Tennessee and three years as

coach at Palmetto Junior High in Miami before coming to Tech in 1972.

During Whitenack's tenure, the Tech program has produced 20 All-Americans,

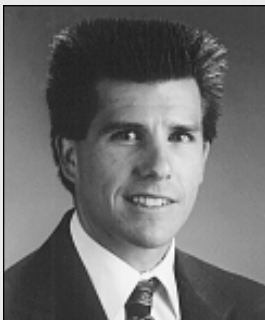


Russ Whitenack (right) was presented his eighth straight A-10 Coach of the Year honor at the outdoor championships last season.

including current coach Steve Taylor and recent graduate Erick Kingston. He led the Hokies to two Metro Conference indoor championships, one in 1993 and one in 1994, and he was chosen by his peers as Metro Coach of the Year during the 1992 outdoor season and again following Tech's 1993 indoor championship. For the past four years, the Hokies dominated the Atlantic 10 Conference, capturing both the indoor and outdoor titles each year. Whitenack was named the A-10 indoor and outdoor coach of the year for each of those victories. He also received the Walt Comrack Award for excellence in coaching from the Virginia Military Institute in 1997.

Whitenack and his wife, Judy, have one son, Jon, who is 20 years old and a sophomore at Tech. In his spare time, Whitenack enjoys outdoor activities, especially kayaking, boating and jet-skiing.

STEVE TAYLOR • Men's Cross Country Coach



After a successful five years in the Atlantic 10, Steve Taylor is ready to move to the BIG EAST Conference. During just a handful of seasons in the conference, his Hokies earned two league cross country titles and two individual champions were crowned. The Tech coach

also cornered the market on A-10 Coach of the Year honors, winning two.

Taylor's distance runners had their way with the conference foes during the track seasons. In just four years the distance crew picked up eight victories in the 5,000 and 10,000 at the conference championships. In addition to several more all-conference performers at the middle distance ranks, Taylor's men led the track teams to an undefeated 8-0 record at A-10 track and field championships.

Taylor was an All-American in both cross country and track while an

undergraduate at Tech. He paced the 1987 cross country team to a fourth-place finish at the NCAA Championships, placing ninth in the individual competition. Taylor was inducted into the Virginia Tech Sports Hall of Fame in 1999 for his accomplishments as an athlete.

Taylor also was involved in professional road racing. He participated in the 1991 World Championship marathon in Tokyo and the 1995 World Marathon Cup in Athens, Greece. He was named an alternate to the 1992 U.S. Olympic team after placing sixth at the '92 Olympic Trials.

In 1988, Taylor graduated from Virginia Tech with a degree in education with a sport management option. He coached at Cave Spring High School in Roanoke for two years and at Lord Botetourt High School in nearby Daleville for one year before returning to Blacksburg in 1991.

A native of St. Mary's, W.Va., Taylor was West Virginia's Track Athlete of the Year for three consecutive seasons during his high school days. He is married to Lori McKee Taylor, the head coach of the women's cross country team. In his spare time, he enjoys hunting, fishing and mountain biking.

Track and Field Support Staff

DAVID DUMBLE • Assistant Coach – Throws



David Dumble joins the Virginia Tech coaching staff as a first-year assistant for throws. This marks his first year of coaching, but what he lacks in coaching experience, he makes up for with competition experience.

Prior to coming to Tech, the Bakersfield, Calif., native competed for Reebok for three years. His

accomplishments include a trip to the 2000 Olympic trials for the discus. Dumble also competed at USA Nationals two times and has a personal record of 207'00" in the discus.

Dumble received his bachelor's from UCLA in environmental studies. While at UCLA he placed third at NCAAAs in the discus. Prior to his tenure at UCLA Dumble

was enrolled in junior college at Bakersfield College where he was the junior college state champion in the discus.

This is the first time in four seasons the men's team has had a throws coach. Dumble's goal is to develop the throwers' work ethic and offer them the opportunity to learn everything they can about their sport and events.

BOB PHILLIPS • Volunteer Coach – Pole Vault



Bob Phillips, a native of Baltimore, Md, is a Hokie in the truest sense of the word. He received three degrees from Virginia Tech, was a member of the track and field team and now coaches the athletes competing in the pole vault event.

Phillips received his bachelor's in physical

education at Tech and then went on to receive his master's and Ph.D., in accounting.

Phillips, a 1980 All-American in the pole vault, will continue his tenure as a Hokie this season. In the fall of 1999 Phillips was honored at a ceremony for his induction to the Virginia Tech Hall of Fame.

He joins Keith Neff as Tech's two outstanding pole vaulters in the Hall of Fame.

Last season Phillips guided Brian Hunter to All-America honors and two new school records. This season Phillips will face the challenge of molding a young vault squad into high-level competitors.

HEATHER SLIVKA • Trainer

Heather Slivka is in her fifth season and her third full-time as the track and field program's trainer. Slivka plays a vital "behind the scenes" role, keeping the athletes out of the training room and on the track. Her duties include injury prevention, treatment and rehabilitation.

Slivka became a Hokie after receiving her undergraduate degree in exercise physiology with a specialization in athletic training from West Virginia in 1996. She received her



master's in community health education from Tech in 1997 and is currently working on a Ph.D., in curriculum and instruction specializing in health. She received her

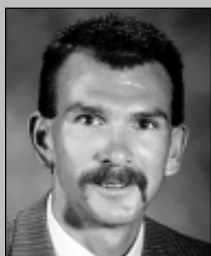


official certification as an athletic trainer in 1996. Slivka and her staff of student trainers are located in the training room inside of Rector Field House. The facility

provides a more convenient location for the track team by having the training staff and the state-of-the-art equipment in the same building where the team meets for practice.



Tom Gabbard
Associate Athletics Director
(Track Administrator)



Howard Nippert
Meet Manager



Joyce Wynn
Meet Manager



Diane Price
Track Secretary



Denny Marie
Facilities Manager
(Rector Field House)

The Roster

NAME	CL.	EVENT(S)	HOMETOWN	NAME	CL.	EVENT(S)	HOMETOWN
Larry Austin	Sr.	Sprints	Norfolk, Va.	Robbie Hearn	Fr.	Multi-Events	Staunton, Va.
Wes Barger	Fr.	Middle Distance	Catawba, Va.	Joe Hembrook	So.	Middle Distance	Leesburg, Va.
Nathan Bath	Sr.	Pole Vault	York, Pa.	Eric Hessler	r-Fr.	Throws	Montvale, N.J.
Adam Bowser	Jr.	Multi-Events	Scotch Plains, N.J.	Jason Hettenbaugh	So.	Distance	Lima, N.Y.
Adam Breslin	So.	Hurdles	West Chester, Pa.	Phillip Hicks	Jr.	Hurdles	Chesapeake, Va.
Duane Caines	So.	Sprints	Great Falls, Va.	Giff Hummel	Jr.	Throws	Lewisburg, Pa.
Eric Callender	Fr.	Middle Distance	Springfield, Va.	Anthony Jenkins	Fr.	Sprints	Baltimore, Md.
Brian Coffield	So.	Distance	Norcross, Ga.	Peter Lindner	So.	Distance	Williston Park, N.Y.
Ryan Crabbe	Fr.	Sprints	Chantilly, Va.	Darryl McCoy	Jr.	Jumps/Sprints	Roanoke, Va.
André Davis	Sr.	Sprints	Niskayuna, N.Y.	John Majeski	So.	Pole Vault	Middletown, N.J.
Josh Davis	Fr.	Distance	Chambersburg, Pa.	Matt Maynard	r-Fr.	Throws	Pawcatuck, Conn.
Frank DiPadova	Jr.	Sprints	Point Pleasant, N.J.	Ali Najjar	So.	Middle Distance	Hyattsville, Md.
Mike Donahue	r-Jr.	Long Jump	Barrington, R.I.	Eric Necciai	Jr.	Middle Distance	Mt. Airy, Md.
Ben Dowdy	r-Jr.	Distance	Roanoke, Va.	Josiah Oliver	Fr.	Distance	Richmond, Va.
Clinton Edwards	Jr.	Sprints	Richmond, Va.	Jemmel Pursoo	Fr.	Sprints	Barboursville, W.Va.
Chris Eicholtz	So.	Sprints	Centreville, Va.	Kevin Rhue	So.	Middle Distance	Virginia Beach, Va.
Jarrett Ferguson	r-Jr.	Jumps	Goodview, Va.	Genesis Ridley	Jr.	High Jump	Petersburg, Va.
Liam Fleming	Fr.	Middle Distance	Richmond Hills, N.Y.	Chris Seaton	Sr.	Distance	Richmond, Va.
Jason Fludd	Fr.	Jumps	Stafford, Va.	Matt Sielski	Fr.	Throws	Millersville, Pa.
Casey Frazier	Fr.	Distance	Woodbridge, Va.	John Spivey	So.	Hurdles	Raleigh, N.C.
David Fritz	Fr.	Pole Vault	Conesus, N.Y.	Matt Taylor	Sr.	Middle Distance	Colonial Heights, Va.
Larry Gooss	Fr.	Distance	Glen Allen, Va.	Marcus Tepaske	Jr.	Pole Vault	Freehold, N.J.
Buck Grant	So.	Sprints	Centerville, Va.	Matthew Thomas	So.	Distance	Sewickley, Pa.
Todd Grignon	Sr.	Middle Distance	Burke, Va.	Jimmy Tran	Fr.	Pole Vault	Great Bridge, Va.
Jason Griscom	So.	Distance	Swedesboro, N.J.	Kevin Walker	r-Sr.	Hurdles	Pamplin, Va.
Paul Hayes	Jr.	Middle Distance	Dillsburg, Pa.	Ernest Wilford	So.	Jumps	Richmond, Va.
				Jason Williams	Fr.	Hurdles	Annandale, Va.



The Hokies paused for a team picture after taking the Atlantic 10 indoor title in record fashion at Rhode Island.

Tech celebrated its final Atlantic 10 championship last May, making it a perfect eight for eight at A-10 Conference meets.



Meet the Hokies



Adam Bowser
Junior
Fanwood H.S.
Scotch Plains, N.J.

Personal Bests:
Pentathlon – 3,683 points
Decathlon – 6,305 points

Conference Champion – Decathlon

Will be counted on to provide depth in numerous events including his specialty, the decathlon.

1999-2000: Broke the five-year old school record in the pentathlon during indoor on his way to finishing fourth at the IC4A championships ... Also took second in the long jump and fifth in the high jump at the indoor conference championships ... Took first in the decathlon at A-10s and eighth at IC4As in outdoor ... Finished third in the long jump, sixth in the high jump and eighth in the 110 hurdles at the outdoor A-10s in addition to his decathlon victory.

1998-99: A jack-of-all-trades who proved himself by qualifying for IC4As in the decathlon and pentathlon ... Took fourth at A-10s and third at Lynchburg College in the decathlon ... Scored a second-place finish in the high jump, fifth in the long jump and sixth in the discus and 110 hurdles at Christopher Newport.

High School/Other:
Fanwood High School team captain for coach Rich McGriff ... All-area performer with personal records of 6'2" in the high jump 21'9" in the long

jump and 2:00.03 in the 800 ... Enrolled in computer engineering.



André Davis
Senior
Niskayuna H.S.
Niskayuna, N.Y.

Personal Bests:
60 – 6.72, 100 – 10.24
200 – 20.78

12-Time Conference Champion

Led the BIG EAST in punt returns during football and will strive to lead the conference as a sprinter.

1999-2000: Continued to grow into one of the nation's top sprinters ... Captured the sprint double at the IC4A championships, winning both the 60- and 200-meter dashes ... Set school records and qualified for NCAAs during the indoor season in both the 60 (6.72) and 200 (21.16) ... Ended the indoor season as the 24th-ranked 60 runner in the nation ... Also won the sprint double at the Atlantic 10 indoor and outdoor conference championships ... Repeated in the 100, 200 and 4x100 at the outdoor competition ... Named Performer of the Meet during A-10s indoor.

1998-99: Displayed his outstanding speed while proving a valuable asset to the track and field program ... Named the Atlantic 10 Outdoor Championships Performer of the Meet for his A-10 record-setting wins in the 100 and 200 in times of 10.24 and 21.02 respectively



Mike Donahue

... Provisionally qualified for NCAAs in the 100 (10.24) and 200 (20.78) outdoors ... Winner of the IC4A titles in the 100 and 200 at the outdoor championships ... Picked up victories in the 55 in 6.35 and 200 in 21.58 at the indoor A-10 Championships.

1997-98: Set the indoor school record in the 200-meter dash with a clocking of 21.43 ... Finished second in the 55-meter dash and third in the 200 at the Atlantic 10 Indoor Championships ... Won A-10 Rookie of the Year honors outdoors after finishing first in the 100- and 200-meter dashes and running a leg on the winning 4x100 relay team ... Time in the 200 was the second-fastest in the world for juniors (18 and under) prior to Junior Nationals ... Finished in sixth-place in the 200 and eighth-place in the 100 at the Junior National Championships.

High School/Other:
Played soccer, football and ran track at Niskayuna High School ... State champion in the 200 ... Majoring in computer science.



Mike Donahue
Senior
Barrington H.S.
Barrington, R.I.

Personal Bests:
Long Jump – 24'03.5"/7.40

Conference Champion – LJ

Joins the track team after completing his tenure on Tech's football team.

1999-2000: Redshirted the track and field seasons ... Contributed to the nationally renowned special teams in football.

1998-99: Set an A-10 record while winning the outdoor long jump title with a

Continued

Donahue

Continued from page 7
leap of 24'03.5" ... Runner up at the indoor conference championships in the long jump ... Qualified for IC4As in outdoor in the long jump.

1997-98: Runner up in the long jump at A-10s during indoor with a leap of 22'10.5" ... Also claimed second in the long jump at the conference championships in outdoor.

High School/Other:

First team all-state and all-New England in the long jump in 1997 ... Four-time letter winner for coaches John Signore and Ralph Caruso while at Barrington High School ... All-division first team long and triple jumper and second team in the 200 ... Top high school marks include a 11.0 in the 100 and a 23'6" in the long jump ... Enrolled in finance.



Ben Dowdy

Senior - Junior
Cave Spring H.S.
Roanoke, Va.

Personal Bests:

3,000 – 8:30.09
5,000 – 15:04.14
10,000 – 31:28.73

Three-Time Conference Medalist

Is a fourth-year distance runner with a lot of experience.

1999-2000: Placed third in the 5,000 at A-10s indoor ... Nearly qualified for IC4As with a seventh-place 8:30.09 finish at the Last Chance Meet ... Redshirted the outdoor season ... Took second at the Alumni Meet in cross country with a time of 20:06 for the four mile distance ... Ended the fall season as Tech's number two runner at the district meet, finishing 46th overall with a

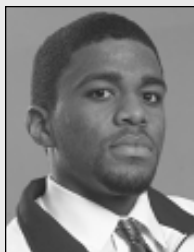
10k time of 31:36 ... Enters the season with personal records of 31:25 for 10k and 25:00 for 8k after a strong summer 2000 on the roads.

1998-99: Earned a bronze medal at the Atlantic 10 Championships indoors in the 5,000 ... Was one of the conference's top 10,000 runners in outdoor with a time of 31:28.73 ... Placed seventh at the outdoor conference championships in the 10k event.

1997-98: Earned a third-place finish at the Atlantic 10 Outdoor Championships in the 10,000-meter race with a time of 32:12.10 ... Ran well as a freshman for Steve Taylor's cross country team ... Posted four top 20 finishes as a freshman ... Named the team's Rookie of the Year.

High School/Other:

Earned All-Northwest Region and All-State honors and was a district champ as a junior and senior at Cave Spring High School ... Broke a 14-year-old 1,600-meter record at the Cosmopolitan Track Meet as a senior ... Majoring in finance.



Clinton Edwards

Junior
Monacan H.S.
Richmond, Va.

Personal Bests:

400 – 48.88
200 – 21.56

All-Conference – 400

Is one of the leaders of the team as a veteran 400-meter runner.

1999-2000: Atlantic 10 champion in the 400 and fifth in the 200 during the indoor season ... Qualified for IC4As in the 400 during indoor and the 200 outdoors ... Ran a personal record in the 200 while placing sixth at the Spring Gobbler Invitational ...

Placed sixth in the 200 during A-10s outdoors.

1998-99: Ran a leg on the Outdoor Atlantic 10 champion 4x400 relay team ... Took fourth-place in the 400 at the Spring Gobbler Invitational as well as the 400 and 200 at Christopher Newport ... Ran a personal-record 49.48 in the 400m at JMU.

High School/Other:

Was a member of the district and regional champion 4x100-meter relay team while attending Monacan High School ... Earned the Dominion District runner-up honor in the 200 in outdoor track ... Majoring in family financial management.



Buck Grant

Sophomore
Centreville H.S.
Centreville, Va.

Personal Bests:

400 – 47.95

IC4A Qualifier – 400

Will be counted on to continue to improve after a solid freshman season.

1999-2000: Stepped into the role of a top quarter-miler as a freshman ... Took fourth at the conference championships in the 400 with a time of 47.95 during outdoor ... Qualified for IC4As during the indoor and outdoor seasons in the 400 ... Earned top honors at the Spring Gobbler Invitational in the 400 ... Also was a key contributor on Tech's 4x400-relay.

High School/Other: An All-American as a member of the Centreville H.S. 4x400-relay ... All-district, all-region and all-state team member ... Part of the second place 4x400 at the national championships ... Also played soccer ... Enrolled in geophysics.



Ben Dowdy



Todd Grignon



Todd Grignon
Senior
James Robinson H.S.
Burke, Va.

Personal Bests:
800 – 1:53.33
1,000 – 2:29.57

IC4A Qualifier – 800 & 1,000

Has been a staple in the middle distance events and will be asked to continue that role in his senior year.

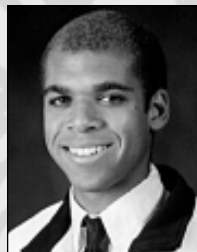
1999-2000: Qualified for IC4As in the 800, 1,000 and 4x800 during indoor and the 4x800 during outdoor ... Named to the A-10 academic all-conference team ... Took eighth in the 800 at the conference championships in outdoor and fifth during indoor ... Was fifth at the Spring Gobbler Invitational in the 800.

1998-99: Ran the second leg of the all-conference 4x800 relay ... Took fourth at outdoor A-10s in the 800 and fifth indoors in the same event ... Had team's third best 1,000 time of the season ... Was a member of Tech's top three 4x800-relays in both indoor and outdoor ... IC4A qualifier in the 4x800.

1997-98: Claimed fourth at the April Fools Invitational in the 800.

High School/Other:

Earned five letters for coach Jeremy Workman at Robinson H.S. ... Was a National Scholastic All-American in the 4x800 ... Two-time state top three performer on the 4x800 ... Enrolled in management science.



Paul Hayes
Junior
Northern H.S.
Dillsburg, Pa.

Personal Bests:
800 – 1:53.23, 1,000 – 2:25.09
1,500 – 3:54.22

Three-time conference champion

Will be counted on to help carry the team into the BIG EAST Championships as a seasoned junior.

1999-2000: Proved to be one of Tech's top middle distance runners last year ...

Enjoyed his best indoor track season by winning the conference title in the 1,000 and running on the victorious 4x800-relay ... Also placed fourth in the 1,000 (2:25.09) at IC4As to help Tech to a second-place finish ... Took second in the 1,000 at the Kroger Invitational ... Ran a 3:54.22 at the Duke Invitational before redshirting the outdoor season ... Earned all-conference honors in cross country after a 10th-place finish at the A-10 championships.

1998-99: Had an outstanding track season highlighted by a win in the 1,500 at the outdoor conference championships with a time of 3:54.29 ... Placed third in the 1,000 meters at the A-10 indoor championships and eighth in the IC4A finals ... Posted the team's top time in the 1,000 and 1,500 ... Anchored the indoor conference champion 4x800 relay team.

High School/Other: Mid-Penn Conference champion in the 800 in outdoor track while at Northern High School ... Earned 10 letters in 10 seasons including two as a member of the soccer team ... Named *Carlisle Sentinal* Runner of the Year ... Majoring in finance.



Jason Hettenbaugh
Sophomore
Honeoye Falls-Lima H.S.
Lima, N.Y.

Personal Bests:
3,000 SC – 9:16.00
1,000 – 2:29.25
1,500 – 3:57.99

IC4A Qualifier – 3,000 S.C.

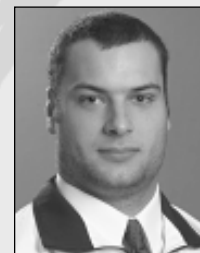
Will certainly be one of Tech's young runners to keep

an eye on during the 2001 season.

1999-2000: Proved his ability during the outdoor season by placing second at the A-10 championships in the steeplechase (9:16.00) and qualifying for IC4As at the same time ... Qualified for IC4As indoor in the 1,000 with a 2:29.25 performance ... Held times in the team's top three in the steeplechase, mile, 1,500 and 1,000.

High School/Other:

Qualified for Junior Nationals with a 9:39 in 1998 ... Two-time section V champion in the 1,600 and 3,000 steeple ... Earned three letters at Honeoye Falls-Lima High School under Coach Bernie Gardner ... Competed in Nordic skiing, also known as cross country skiing ... Finished fourth at the New York state meet his senior year ... Competed for Mid-Atlantic Junior National Ski Team in Alaska in 1999 ... New York state meet runner-up in 1998 in cross country ... Majoring in education.



Giff Hummel
Junior
Lewisburg Area H.S.
Lewisburg, Pa.

Personal Bests:
Javelin – 189'00"/57.60
Weight Throw – 47'04.25"/14.43

Will now be looked to as the veteran thrower on a young Hokie throwing corps.

1999-2000: Captured third in the javelin and eighth in the hammer at the Spring Gobbler Invitational ... Earned sixth-place honors in the javelin at the A-10 outdoor championships ... Took eighth in the javelin at the Sea Ray

Continued

Hummel

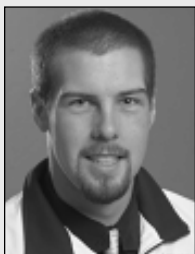
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Invitational with a 177'06" effort ... Redshirted the indoor season.

1998-99: Won the javelin at the Spring Gobbler Invitational ... Took fifth in the javelin at the outdoor Atlantic 10 Championships with a 181'03" throw ... Captured fifth at the April Fools Invitational in the javelin.

High School/Other:

Earned four letters for Mark Sundberg while attending Lewisburg Area H.S. ... Personal record of 189' in the javelin ... Enrolled in marketing.



Matt Maynard

r-Freshman
Stonington H.S.
Pawcatuck, Conn.

Personal Bests:

Hammer Throw – 171'00"/52.12

Steps into the role as Tech's top hammer thrower with hopes of following the path of All-Americans Erick Kingston and Mike Sergent.

1999-2000: Redshirted his first season at Tech ... Best mark of the year came at the Hammerama where he threw 171'00".

High School/Other:

Was a four-time letter winner for coaches Ryan Palmer and Debra Maynard while at Stonington High School ... Two-time all-ECC and three-time all-state hammer thrower ... Captain of the state championship team twice ... Best throw was 188'2.5" in the hammer ... Lettered in football four years ... Enrolled in management science and finance.



Darryl McCoy

Junior
William Fleming H.S.
Roanoke, Va.

Personal Bests:

Long Jump – 24'05"/7.44
100m – 10.64

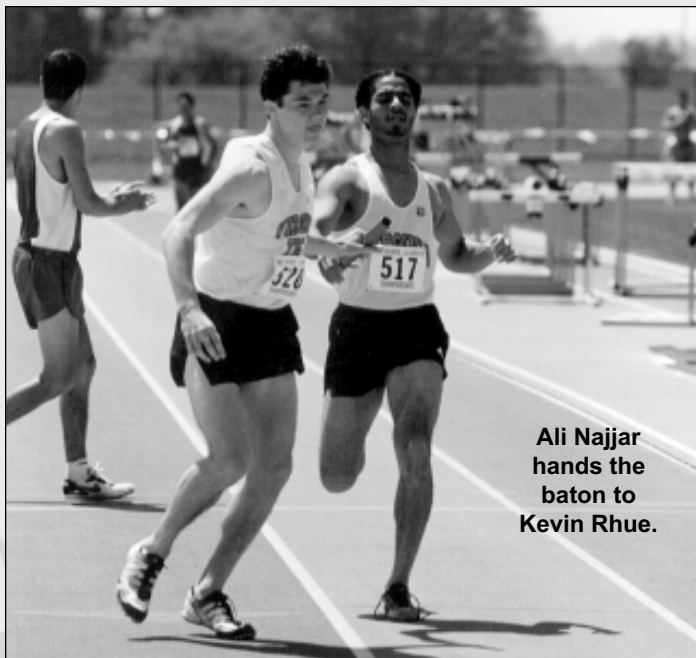
Two-Time All-Conference – LJ

Is a talented jumper with the potential to go much further.

1999-2000: Atlantic 10 Champion in the long jump during both the indoor and outdoor seasons ... Nailed a 24'05" long jump at the JMU Invitational to set a personal record and nearly a new school record ... Qualified for IC4As in the long jump during both seasons ... Ran a leg on the first-place 4x100 relay at the A-10s ... Took third in the long jump and fourth in the 100 at the Virginia Tech Indoor Invitational.

1998-99: Contributed heavily as one of Tech's top jumpers ... Claimed first at Christopher Newport in the long jump ... Brought home A-10 bronze indoors and A-10 silver outdoors in the long jump ... Qualified for outdoor IC4As in the long jump with a 23'10" and 100m in 10.64 ... Was a member of the conference champion 4x100-meter relay team.

High School/Other: All-district in long jump, high jump and 4x400 while competing for coach Rudy Dillard at William Fleming High School ... All-state and fifth in the 4x100 relay at the National Scholastic Outdoor Championships in addition to finishing 10th in the long jump ... Enrolled in graphic art.



Ali Najjar hands the baton to Kevin Rhue.



Ali Najjar

Sophomore
Northwestern H.S.
Hyattsville, Md.

Personal Bests:

800 – 1:49.91
500 – 1:03.58

A-10 Rookie of the Year – 2000

Brings talent and speed to the Tech squad as one of the team's most promising young runners.

1999-2000: Had an outstanding track season as one of the Hokies' top middle distance runners ... Season highlight came at the Atlantic 10 championships in outdoor where he went wire to wire winning the 800 in 1:49.91 and as a result was named the meets Outstanding Rookie Performer ... Competed at Junior Nationals in the 800 in June placing fifth ... Set a new school indoor record in the 500 running 1:03.58 ... Claimed second in the 500 at

the A-10 indoor championships ... Ran a 1:51.60 in the 800 at the Last Chance Meet ... Was the team's top 800 runner indoors and outdoors and the top 500 runner indoors.

High School/Other: A team captain for two years for Roberta Leopold while attending Northwestern High School ... A member of the 4x400-meter relay team that won the Penn Relays, the national championships and set a new state record at 3:12 ... Enrolled in fisheries.



Kevin Rhue

Sophomore
Princess Anne H.S.
Virginia Beach, Va.

Personal Bests:

Mile – 4:12.38
1,500 – 3:57.44

IC4A Qualifier – Mile & 1,000

Returns as Tech's top miler for the 2001 season.

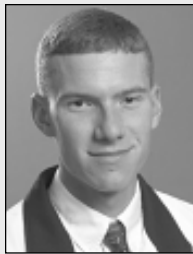
1999-2000: Had a

breakthrough race in the mile at the A-10 championships indoors by taking third with a 4:12.38 and qualifying for IC4As ... Was the team's top miler and second best 1,500 and 1,000 runner during the track seasons ... Was seventh at the USA Junior Nationals in the 1,500 ... Captured third at the Spring Gobbler Invitational in the 1,500 ... Won the first track race of his collegiate career in the mile at the Virginia Tech Invitational ... Earned A-10 cross country rookie of the week honors after taking third at the Ohio Invitational in a personal best time of 25:33.

High School/Other: A three-year letterwinner, three-time team MVP and three-time captain for Coach Joseph Panchik at Princess Anne H.S. ... Was district and regional champion and state runner-up in the 1,000 with a personal best of 2:29.89 ... Two-time state runner-up in the 1,600 recording a personal best of 4:14 ... Named 1999 Virginia Beach Sports Club Athlete of the Year ... Won the 1998-99 Orval Auhl Memorial Award for excellence in athletics and contributions to the community ... Enrolled in finance.



Nathan Bath will vault for new heights in 2001.



Chris Seaton
Senior
Thomas Jefferson
Governor's School
Richmond, Va.

Personal Bests:
3,000 – 8:20.27
5,000 – 14:40.18
10,000 – 30:29.50

**Three-Time Conference
Champion**

Is ready to make his mark on Tech history in his senior year.

1999-2000: During the indoor track season Seaton won the A-10 5,000-meter title and was second in the 3,000 ... Took fourth in the 3,000 at the IC4A championships indoor ... Also won the 5,000-meter races at both of Tech's larger indoor invitationals ... Was named A-10 Student Athlete of the year for indoor track ... Was the team's top runner in the 3,000 and 5,000 during indoor ... Redshirted the outdoor season ... Claimed the Atlantic 10 individual title at last year's cross country championships with a run of 25:01 ... Earned a spot on the all-district team with a 17th-place finish at the District III championships (30:54).

1998-99: Winner of the 5,000-meter title at the Atlantic 10 indoor championships with a 14:54.13 ... Placed third in the 10,000 at the outdoor conference championships ... Finished second at both the Kroger Invitational in the 5,000 indoors and the Spring Gobbler Invitational in the



Chris Seaton

3,000 outdoors ... Was Tech's fastest runner in the 3,000 (8:29.04) and 5,000 (14:43.34) indoors and the 10,000 (30:49.10) outdoors.

1997-98: Finished second with a time of 8:38.4 in the 3,000-meter race at the Virginia Tech Last Chance Meet ... Finished first in the 1,500 at the Virginia Tech Open ... Placed fifth in the 5,000 at the Atlantic 10 outdoor championships ... Ran a season-best time of 26:54.2 to place 23rd at the Virginia Tech Invitational in cross country.

High School/Other: Named to the all-city as well as the all-Colonial District teams ... Ran a personal best 9:15 at the Virginia State Championships in the 3,200 ... Holds two school records in the 1,600-meter events at Thomas Jefferson ... Majoring in architecture.



Matt Taylor
Junior
Thomas Dale H.S.
Colonial Heights, Va.

Personal Bests:
800 – 1:52.90
1000 – 2:28.15

All-Conference – 800, 4x800

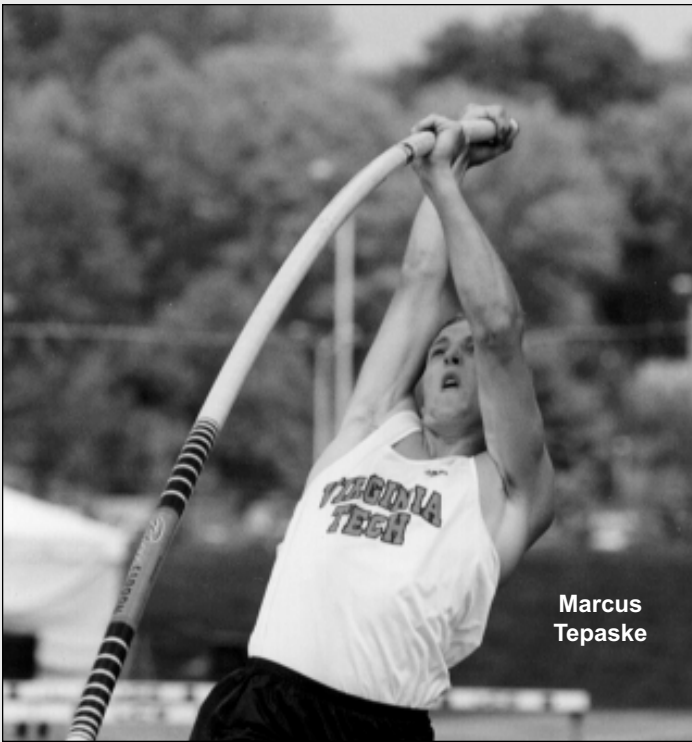
Is another talented runner in the deep middle distance group.

1999-2000: Displayed his impressive finishing kick at the A-10 indoor championships by winning the 800 and anchoring the victorious 4x800-relay ... Ran a leg on the 4x800-relay that took third at IC4As during indoor ... Captured fifth in the 800 at the Virginia Tech Invitational ... Redshirted the outdoor season.

1998-99: Showed substantial improvement in the middle distances last season ... Grabbed second at the Atlantic 10 indoor championships in the 1,000 ... Qualified for IC4As in the same event with a 2:28.15 ... Earned a bronze in the 800 at the conference championships outdoor ... A member of Tech's conference winning 4x800 relay team indoors.

1997-98: Had a 2:29.35 performance in the 1,000 to win Tech's Last Chance Meet ... Placed fifth at the A-10 indoor championships in the 800.

High School/Other: Won the Johnson Miller mile, the first race on Tech's new outdoor track, while redshirting his first season ... All-state in outdoor while at Thomas Dale High School ... Majoring in finance.



Marcus Tepaske



Marcus Tepaske

Junior
Freehold H.S.
Freehold, N.J.

Personal Bests:
Pole Vault – 15'09"/4.80

Conference runner-up – Pole Vault

Steps into the role of Tech's top pole vaulter this season.

1999-2000: Earned a silver medal at the A-10 outdoor championships in the pole vault with a 15'03" leap ... Took third at the Spring Gobbler Invitational in the vault ... Season best of 15'03.5" came during an 18th-place finish at the Sea Ray Invitational.

1998-99: Took third place in the pole vault at the outdoor Atlantic 10 Championships.

High School/Other: A three-time all district

performer in the pole vault while at Freehold H.S. ... Set the school and district record at 14'1" in the vault ... Took third at the Meet of Champions in the pole vault ... Enrolled in mechanical engineering.



Kevin Walker

r-Senior
Appomattox H.S.
Pamplin, Va.

Personal Bests:
60H – 7.94, 110H – 13.97
400H – 51.47

NCAA Qualifier – 110 Hurdles

Is the veteran of the team with potential to reach the NCAA level.

1999-2000: Had an outstanding track season highlighted by outstanding performer honors at the outdoor conference

championships ... Won the 110 hurdles in an NCAA qualifying time of 13.97 and took the 400 hurdles in a meet record of 51.47 at A-10s ... Also won the 55 hurdles and was fifth in the 55 dash at A-10s indoors ... Semifinalist in the 60 hurdles at IC4As during indoor, in addition to qualifying for both hurdle events during the outdoor season ... Won the 60 hurdles at the Virginia Tech Invitational to help lift the Hokies to a victory.

1998-99: Proved his hurdling capabilities with silver medal performances in the 55H hurdles with a 7.43 at the Atlantic 10 Indoor Championships as well as the 110H with a 14.08 and 400H with a 51.76 at the outdoor conference meet ... Took fifth in the 55 hurdles at IC4As indoor and fourth in the 110 hurdles IC4As outdoors ... Was a key member of Tech's outstanding 4x400 meter relay team that went 3:11.50 for an indoor school record ... Claimed first at Christopher Newport in the 400 hurdles.

1997-98: Set a school record in the 60H with a second-place finish at Tech's Last Chance Invitational ... Came in second in the 55H at the indoor A-10 championships ... Set a school record in the 110H at the outdoor Atlantic 10 championships with a first-place finish.

High School/Other: Was a district, regional and state champion four years under coach David Read at

Appomattox High School ... Won the 110H race in the 1996 and 1997 Commonwealth Games ... Majoring in human foods and nutrition exercise.



Ernest Wilford

Sophomore
Armstrong/Franklin H.S.
Richmond, Va.

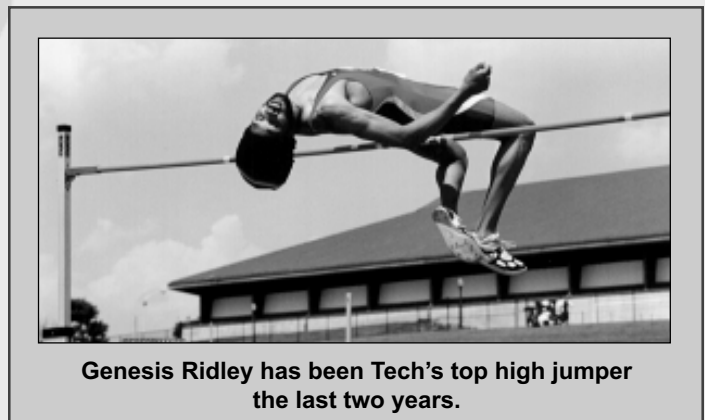
Personal Bests:
Triple Jump – 50'07.5"/15.43

Two-Time All-Conference – TJ

Doubles as a wide receiver for the football team in the fall.

1999-2000: Made quite an impact on the team and the conference last season in the triple jump ... Set the Atlantic 10 and track record at the outdoor championships in the triple jump with a 48'02" leap ... Also won the A-10 title in the triple during indoor in addition to taking third in the long jump ... Captured sixth at the IC4A Championships indoors in the triple jump with a leap of 50'04.75".

High School/Other: Competed at Armstrong/Franklin High School ... Took second in the triple jump at the state championships ... Enrolled in university studies.



Genesis Ridley has been Tech's top high jumper the last two years.

School Records

INDOOR TRACK

55	5.9	David Read, 80
55H	7.1	Kenny Lewis, 78
60	6.72	André Davis, 00
60H	7.82	Chris Stokes, 99
200	21.16	André Davis, 00
400	48.19	Ahmed Sangbana, 99
500	1:03.58	Ali Najjar, 00
600	1:20.1	Brett Matthews, 94
800	1:49.96	Justin Davis, 99
1,000	2:21.92	Gary Cobb, 87
1,500	3:45.0	Gary Cobb, 87
Mile	4:09.3	Tim Covington, 89
2,000	5:24.1	Mike Cox, 94
3,000	8:03.41	Steve Taylor, 87
5,000	14:02.0	Tim Covington, 89
4x100	43.7	Maurice Ashford/Kenny Lewis/ Larry Fallen/Dennis Scott, 78
4x400	3:11.50	Dettrick Stith/Kevin Walker/ Ahmed Sangbana/Justin Davis, 99
4x800	7:29.2	Ray Ackenbom/ Mike Burns/ Ray McDaniels/Bruce Merritt, 80
DMR	9:54.08	Jason Dowdy/Dettrick Stith/ Bill Showers/Jay Johns, 98
SMR	3:35.9	Vinnie Peters/Jon Nelson/ Dave Hannett/Eric Parlette, 93
Pentathlon	3,683	Adam Bowser, 00
High Jump	7-1/2.16	Steve Whaley, 83
Long Jump	25-3/7.70	Ken Stewart, 84
Pole Vault	18-0.5/5.50	Brian Hunter, 00
Shot Put	56-8.5/17.28	Barry White, 73
Triple Jump	51-9.75/15.79	Phil Saunders, 86
35-lb Weight	65-0/19.81	Erick Kingston, 00

-All times prior to 1991 are not fully automated



Adam Bowser erased the five-year-old Tech record in the pentathlon last season.



Ali Najjar set a new school record in the 500 in just his first season.

OUTDOOR TRACK

100yd	9.4	André Releford, 74
100m	10.24	André Davis, 99
110H	13.89	Chris Stokes, 99
200	20.78	André Davis, 99
400	46.73	Hilliard Sumner, 96
400H	51.28	Justin Davis, 99
800	1:48.5	Tim Crossin, 82
1,500	3:39.35	Gary Cobb, 87
3,000	8:03.41	Steve Taylor, 87
3,000 SC	8:47.2	Gene Crane, 78
5,000	13:52.0	Steve Taylor, 87
10,000	28:45.97	Mark Stickley, 82
4X100	40.7	Larry Fallen/David Read/ Kenny Lewis/Dennis Scott, 80
4X400	3:10.2	Robert Chase/Nuzelle Watson/ Robert Nash/Tim Crossin, 82
4X800	7:32.2	Ray McDaniels/Tim Crossin/ Bill Porr/Nuzelle Watson, 82
4X1,500	16.06.80	Mark King/Mark Rumble/ Gerard Lang-X/Matt Yost, 97
DMR	9:46.2	Robert Nash/Nuzelle Watson/ Tim Crossin/Ray McDaniels, 82
SMR	3:20.7	Robert Chase/David Read/ Michael Cooper/Tim Crossin, 83
High Jump	7-0.5/2.15	Steve Whaley, 81
Pole Vault	18-1.25/5.52	Brian Hunter, 00
Long Jump	24-10/7.57	Jerry Gaines, 71
Triple Jump	53-4.5/16.27	Phil Saunders, 86
Shot Put	55-8/16.97	Barry White, 72
Discus	178-6/54.40	Steve Mehr, 83
Hammer	221-11/67.46	Erick Kingston, 99
Javelin	219-3/66.82	Bill Patrowicz, 89
Decathlon	6,951	Ed Nuttycombe, 76

2000 Indoor Season Review

Hokies End Remarkable Season With 24th Place Finish at NCAAs

It was a season unlike any other for the Virginia Tech track and field team. In what could be called the most successful indoor track and field season in Virginia Tech history the Hokies won the conference title, beat nationally ranked teams, had its highest finish at the IC4A championships and had an All-American athlete. Head coach Russ Whitenack now has the first-class facilities and is working to build his team into a great one. Last indoor season is proof that the track and field program at Tech is moving in the right direction.

The Tech men captured their fourth straight indoor Atlantic 10 Conference title in record fashion on February 19. The team eclipsed West Virginia's meet scoring record by 21 points, posting 246 over the course of the day. Tech won 11 of the 19 events as 12 Hokies were named to the all-conference team. André Davis earned Performer of the Meet honors for his wins in the 55- and 200-meter dashes. Russ Whitenack claimed his fourth consecutive Coach of the Year honor after his team outdistanced second-place by 120 points. The other event winners for Tech were Clinton Edwards in the 400, Matt Taylor in the 800, Paul Hayes in the 1,000, Chris Seaton in the 5,000, Kevin Walker in the 55 hurdles, Ernest Wilford in the triple jump, Daryl McCoy in the long jump, Eddie Boes in the weight throw and the team of Hayes, Taylor, Brian Coffield and Todd Grignon in the 4x800-relay.



Darryl McCoy (above) and Ernest Wilford have become one of Tech's best long jump/triple jump duos ever.



Virginia Tech also hosted several top quality meets over the course of the indoor season. On February 5, the Hokies beat nationally ranked South Carolina and traditionally strong Georgetown and William and Mary to win their first scored meet of the season. The 13 points Dan McGrath and Mike Leslie earned in the final event were enough to claim victory over *Trackwire's* No. 14 ranked South Carolina by two points.

The meet proved to be one of the best overall performances of the season for the men. Eddie Boes, Kevin Walker and freshman Kevin Rhue each won events, while Edwards, Ali Najjar, Taylor, Tim Ralph, Seaton, Kingston, Wilford, the 4x400-meter relay team and the distance medley relay team joined Boes and Walker as IC4A qualifiers. Rhue was the winner in the mile, Walker took the 60-meter hurdles and

Boes had a big personal record to win the weight throw with a 62'09.25" toss, nearly missing the NCAA qualifying mark. As a team Tech has performed well, however, there are several individuals who stood out above the rest.

Pole vaulter, Brian Hunter cleared a height of 18'00.5" in the pole vault to break the school record, automatically qualify for NCAAs and earn A-10 Athlete of the Week honors at the Kroger Invitational. He then went on to the NCAA Championships and took third-place to earn All-America honors. As a result of Hunter's third place finish Tech actually placed 24th at NCAAs, which was higher than all other BIG EAST teams.

Hunter also won the Reno Classic pole vault competition, which featured many of the nation's best vaulters. Erick Kingston joined Hunter at NCAAs after he threw 65'00" at the IC4A championships. Eddie Boes

also qualified for NCAAs in the weight throw with his conference winning toss of 64'10.5", but missed the cut for NCAAs by one spot.

Undoubtedly the best meet of the season for the Hokies was the IC4A championships. For the second year in a row Tech could call itself the second best track and field team in the Northeast. The Hokies compiled 67 points to finish just 12 behind Georgetown.

Davis was a double winner, taking the 60 and 200 in NCAA qualifying times. His 6.72 in the 60 was a new school record and was just one one-hundredth off the meet record. Davis also ran a 21.22 in the 200-meter dash. Tech's other event winner was Hunter, who took the pole vault with a 17'04.5" performance. Kingston claimed second in the weight throw and broke the school record while Boes took fourth in the same event. Wilford scored points for Tech in the triple jump with a 50'04.75" leap, which was good for sixth place.

Hayes, Bowser and Seaton all took fourth place in their events. Hayes went 2:25.09 in the 1,000, Bowser scored a school record 3,683 points in the pentathlon and Chris Seaton finished the 3,000 in 8:23.58. The 4x800-meter relay team of Taylor, Grignon, Hayes and Rhue took third in the finals with a 7:34.12 performance. Najjar broke the school record in the 500 trials with a 1:03.58 but pulled his hamstring in the finals, where he was seeded first.

The 2000 indoor season was a special one for Tech. Six school records were broken during the season, numerous titles were won and the men's track team was left with a true feeling of accomplishment when the season ended.

Top Marks of Indoor 2000

55-Meter Dash

André Davis	6.30	2/19/00	(1st A-10)
Darryl McCoy	6.58	2/19/00	(prelim A-10)
Kevin Walker	6.60	2/19/00	(prelim A-10)

55-Meter Hurdles

Kevin Walker	7.52	2/19/00	(1st A-10)
Adam Bowser	8.44	1/21/00	(30th Pepsi)

60-Meter Dash

André Davis	6.72	3/5/00	(1st IC4A)
Darryl McCoy	7.06	2/5/00	(4th VT)
Kevin Walker	7.13	2/5/00	(36th Kroger)

60-Meter Hurdles

Kevin Walker	7.94	2/25/00	(prelim LC)
Adam Bowser	8.97	1/21/00	(30th Pepsi)

200-Meter Dash

André Davis	21.16	2/26/00	(1st LC)
Clinton Edwards	22.36	2/26/00	(17th LC)
Brian Hunter	22.50	2/19/00	(6th A-10)

400-Meter Dash

Clinton Edwards	48.96	2/5/00	(5th VT)
Buck Grant	49.10	3/4/00	(19th IC4A)
Ali Najjar	50.10	1/22/00	(29th Pepsi)

500-Meter Dash

Ali Najjar	1:03.58	3/4/00	(prelim IC4A)
Adam Bowser	1:05.05	2/12/00	(5th Kroger)
Erik Necciai	1:06.07	2/12/00	(8th Kroger)

800-Meter Run

Ali Najjar	1:51.60	2/26/00	(8th LC)
Todd Grignon	1:53.80	3/4/00	(20th IC4A)
Matt Taylor	1:54.44	2/5/00	(5th VT)

1,000-Meter Run

Paul Hayes	2:25.09	3/5/00	(4th IC4A)
Kevin Rhue	2:28.59	2/12/00	(3rd Kroger)
Jason Hettenbaugh	2:29.25	2/25/00	(2nd LC)

One Mile Run

Kevin Rhue	4:12.38	2/19/00	(3rd A-10)
Chris Seaton	4:12.94	2/26/00	(13th LC)
Jason Hettenbaugh	4:18.63	2/19/00	(7th A-10)

3,000-Meter Run

Chris Seaton	8:20.27	3/4/00	(prelim IC4A)
Ben Dowdy	8:30.09	2/26/00	(7th LC)
Matt Krycinski	8:45.35	2/19/00	(6th A-10)

5,000-Meter Run

Chris Seaton	14:40.18	2/12/00	(1st Kroger)
Ben Dowdy	15:11.88	2/19/00	(4th A-10)

4x400-Meter Relay

Walker, Clinton,	3:16.38	2/26/00	(5th LC)
Grant, Bowser			
Walker, Edwards,	3:17.24	3/4/00	(13th IC4A)
Grant, Bowser			
Edwards, Grant,	3:17.55	2/12/00	(8th Kroger)
Walker, Bowser			



Paul Hayes led the Hokies and the competition all season long in the 1,000-meter run.

4x800-Meter Relay

Hayes, Grignon,	7:34.12	3/5/00	(3rd IC4A)
Taylor, Rhue			
Najjar, Grignon,	7:37.80	3/4/00	(prelim IC4A)
Hayes, Taylor			
Coffield, Grignon,	7:44.63	2/19/00	(1st A-10)
Najjar, Taylor			

Distance Medley Relay

Hayes, Najjar,	9:55.36	2/11/00	(7th Kroger)
Taylor, Rhue			
Hayes, Najjar,	10:02.24	2/26/00	(7th LC)
Taylor, Seaton			
Hayes, Najjar,	10:12.74	1/21/00	(5th Pepsi)
Taylor, Rhue			

Long Jump

Darryl McCoy	23'08.25"	2/25/00	(7th LC)
Paul Strano	23'02.00"	1/15/00	(5th VT)
Adam Bowser	22'05.75"	1/22/00	(14th Pepsi)

Triple Jump

Ernest Wilford	50'07.50"	2/26/00	(6th LC)
Rashad Jenkins	45'11.25"	2/11/00	(17th Kroger)

High Jump

Genesis Ridley	6'07.00"	2/26/00	(2nd LC)
Adam Bowser	6'06.25"	3/4/00	(pent IC4A)

Pole Vault

Brian Hunter	18'00.50"	2/12/00	(3rd Kroger)
Marcus Tepaske	14'03.25"	2/26/00	(11th LC)

Shot Put

Mike Leslie	50'06.00"	3/4/00	(22nd IC4A)
Tim Ralph	50'02.75"	2/26/00	(6th LC)
Dan McGrath	49'07.75"	2/26/00	(7th LC)

35lb. Weight Throw

Erick Kingston	65'00.00"	3/4/00	(2nd IC4A)
Eddie Boes	64'10.50"	2/19/00	(1st A-10)
Tim Ralph	60'00.50"	2/11/00	(8th Kroger)

Pentathlon

Adam Bowser	3,683 pts.	3/4/00	(4th IC4A)
Justin Griffiee	3,411 pts.	2/4/00	(9th VT)

INDOOR TRACK RECORDS

60	6.56	Shawn Crawford	Clemson	(2/18/00)	4x400	3:07.08	Baylor	(2/5/99)
60H	7.53	Terrence Trammell	South Carolina	(2/12/99)	4x800	7:37.76	North Carolina	(2/12/00)
200	20.43	Shawn Crawford	Clemson	(2/19/00)	DMR	9:33.73	Arkansas	(2/12/99)
400	46.01	Angelo Taylor	Georgia Tech	(2/23/98)	Long Jump	8.03	Roland McGhee	Unattached (2/14/98)
500	1:02.05	Marvin Watts	South Carolina	(1/17/98)	Triple Jump	16.78	Levar Anderson	LSU (2/5/99)
800	1:47.49	Anders Christiansen	William & Mary	(2/26/99)	High Jump	2.28	David Furman	Florida (2/14/98)
1,000	2:25.04	Jason Long	JMU	(2/12/00)	Pole Vault	5.75	Larwence Johnson	Adidas (2/26/00)
1 mile	4:00.69	Mike Ryan	Reebok Enclave	(2/26/00)	20lb Wt.	20.60	Ryan Harrison	South Carolina (1/22/99)
3,000	7:53.26	Tim Broe	Alabama	(1/22/99)	Shot Put	20.41	Andy Bloom	Nike (2/7/98)
5,000	14:10.59	Chris Mutai	Jacksonville St.	(2/26/99)				

2000 Outdoor Season Review

Tech Ends Millennium With Conference Blowout

In its eighth and final Atlantic 10 championship, the Tech men left no doubt who the best team in the conference was, winning by over 100 points. The victory marked an end of an era of domination by the Hokie squad, which was unlike any other the conference had seen. When it was all said and done, Tech had taken 12 of the 21 spots on the all-conference team, brought home another outstanding performer and top rookie performer award and head coach Russ Whitenack received his fourth outdoor coach of the year award in as many seasons.

Kevin Walker led the way on Tech's home track by winning the 110 hurdles and 400 hurdles on his way to the A-10 outstanding performer award. Ali Najjar was named outstanding rookie performer after setting a new track and A-10 record in the 800. Brian Hunter set a new conference record while winning the pole vault. Erick Kingston repeated as hammer throw champion. André Davis repeated as a double winner in the sprint events and combined with teammates Larry Austin, Rashad Jenkins and long jump champion Darryl McCoy for the 4x100-relay's top spot. Ernest Wilford's victory in the long jump and Adam Bowser's first-place in the decathlon rounded out the Tech victories at A-10s.

The greatest individual accomplishment of the season came at the NCAA Championships, which was the final competition of

Kingston's collegiate career. The fifth-year senior qualified for finals in the eighth position and improved on each of his final three throws, ending with a 221'08" effort, to capture sixth and with that his second All-America honor. Hunter joined Kingston as the only other Hokie at NCAAs but failed to clear a height in the competition.

Although Hunter had a disappointing close to the season, he did set a new school record with an amazing 18'01.5" clearance in the pole vault at the Spring Gobbler Invitational. Other outstanding marks of the season included Walker's 13.97 in the 110 hurdles, which provisionally qualified him for NCAAs, McCoy's 24'05" near miss of

the long jump school record and Eddie Boes' 195'09" hammer throw, which left him only a few feet short of an NCAA berth.

Tech also had two athletes compete in the Olympic Trials. A competition that takes place only once every four years was an outstanding opportunity for Kingston and Hunter, who are up and coming national level competitors. Kingston competed in the hammer throw and Hunter made his bid in the pole vault.

At the IC4A Championships unfortunate circumstances left the Hokies with only a 17th-place. Kingston took second in the hammer and Najjar claimed fifth in the 800 to highlight the event for Tech.

The Hokies began their season at the Raleigh Relays where Kingston won the hammer and Boes took second in the discus to get things started well for the throwers. The 4x800-relay also amassed an early season IC4A qualifier with a 10th-place finish.

Tech then traveled to Duke for a look at the host site of the NCAA Championships. Paul Hayes and Najjar set personal records in the 1,500 and 800, respectively. Nathan Bath took third in the pole vault, and Kingston captured second in the hammer throw while qualifying for NCAAs.

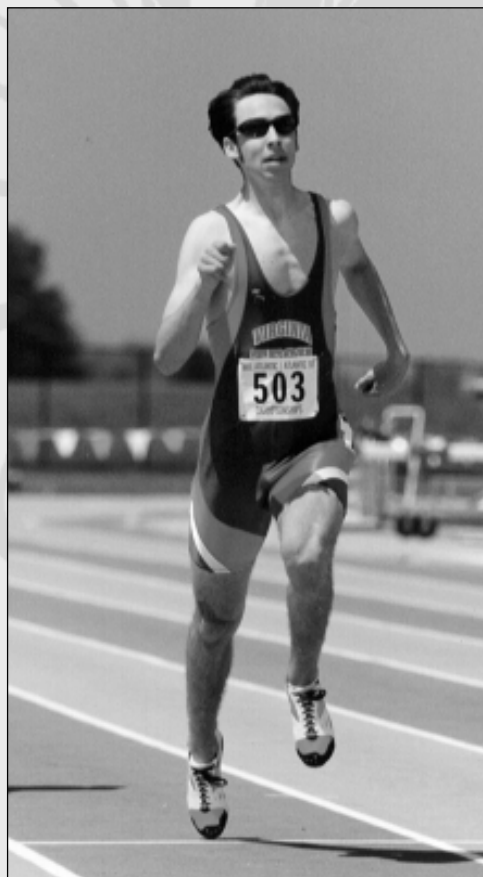
The Sea Ray Invitational was the next stop on the Tech schedule as Hunter made his first outdoor appearance in the pole vault this season with an NCAA qualifying leap of 17'07", which was good for fourth. Boes came up

big in the open section of the hammer throw, winning the event with a toss of 191'10". The 4x800-meter relay team also bettered its time with a fifth place, 7:34.54 performance. Freshman Jason Hettenbaugh took sixth place in the 3,000-meter steeplechase in 9:24.61 and Walker earned eighth in the 400 hurdles with a time of 51.92.

Tech then remained home for the Spring Gobbler Invitational where Hunter and Kingston highlighted the men's performances. Hunter cleared a personal record of 18'01.25" and virtually assured himself a spot at NCAAs. Kingston remained consistent with a 216'03" winning mark in the hammer throw. He was followed by teammate Boes who threw a personal record of 195'09" in the same event. Freshman Buck Grant claimed victory in the 400 with an IC4A qualifier of 48.27 and Boes took home a win in the discus with a 158'03" throw. Other IC4A qualifiers were Clinton Edwards who went 21.56 in the 200 and Walker who improved his previous mark with a 14.21 in the 110 hurdles. Chris Seaton, who was redshirting the season, also won the 3,000.

The JMU Invitational fell in May as a tune up for IC4As and marked the final opportunity for qualifying marks for some. McCoy had the best leap of his career in the long jump, over-coming the 24-foot barrier with a 24'05" effort. Kingston picked up another victory in the hammer throw, while Najjar's ninth in the 400 and Hettenbaugh's eighth in the 3,000 rounded out Tech's top 10 finishers.

The outdoor season had many highlights which added to the tradition of outstanding track and field that is growing in Blacksburg, Va.



Buck Grant was the top quarter-miler for the Hokies during the 2000 outdoor season.

Top Marks of Outdoor 2000

100-Meter Dash

André Davis	10.42	5/06/00	(1st A-10)
Darryl McCoy	11.28	4/08/00	(8th-h Duke)
Adam Bowser	11.52	4/07/00	(Deca. LC)

110-Meter Hurdles

Kevin Walker	13.97	5/07/00	(1st A-10)
Adam Bowser	16.45	5/20/00	(Deca. IC4A)

200-Meter Dash

André Davis	20.95	5/07/00	(1st A-10)
Clinton Edwards	21.56	4/22/00	(6th VT)
Kevin Walker	22.12	4/22/00	(13th VT)

400-Meter Dash

Buck Grant	47.95	5/07/00	(4th A-10)
Clinton Edwards	48.88	5/07/00	(10th A-10)
Kevin Walker	49.10	3/31/00	(38th Raleigh)

400-Meter Hurdles

Kevin Walker	51.47	5/07/00	(1st A-10)
Adam Breslin	56.73	3/31/00	(39th Raleigh)

800-Meter Run

Ali Najjar	1:49.91	5/07/00	(1st A-10)
Todd Grignon	1:53.33	5/07/00	(8th A-10)
Erik Necciai	1:54.04	5/07/00	(10th A-10)

1,500-Meter Run

Paul Hayes	3:54.22	4/08/00	(28th Duke)
Kevin Rhue	3:57.44	4/22/00	(3rd VT)
J. Hettenbaugh	3:57.99	4/01/00	(37th Raleigh)

3,000-Meter Run

Pete Lindner	8:48.43	4/22/00	(3rd VT)
J. Hettenbaugh	8:55.48	4/22/00	(5th VT)

3,000-Meter Steeplechase

J. Hettenbaugh	9:16.00	5/06/00	(2nd A-10)
Matt Krycinski	9:52.04	4/14/00	(14th S.R.)

5,000-Meter Run

Pete Lindner	16:00.61	4/13/00	(27th S.R.)
Jason Griscom	16:23.57	4/22/00	(6th VT)
Brent Carter	16:30.56	4/22/00	(7th VT)

10,000-Meter Run

Pete Lindner	33:47.43	5/06/00	(6th A-10)
Jason Griscom	34:42.38	5/06/00	(8th A-10)

4x100-Meter Relay

Austin, McCoy,	41.16	5/7/00	(1st A-10)
Jenkins, Davis			
Edwards, McCoy,	42.75	4/22/00	(4th VT)
Walker, Eicholtz			

4x200-Meter Relay

Walker, Edwards,	1:27.45	4/15/00	(12th S.R.)
McCoy, Grant			

4x400-Meter Relay

Edwards, Breslin,	3:16.90	5/07/00	(5th A-10)
Bowser, Grant			

4x800-Meter Relay

Hayes, Grignon,	7:34.54	4/15/00	(5th S.R.)
Taylor, Rhue			
Taylor, Necciai,	7:40.27	4/01/00	(10th Raleigh)
Grignon, Coffield			
Grignon, Necciai,	7:41.24	5/20/00	(16th IC4A)
Rhue, Coffield			

4x1,500-Meter Relay

Hayes, Krycinski,	16:11.07	3/31/00	(13th Raleigh)
Hettenbaugh, Lindner			

Long Jump

Darryl McCoy	24'05.00"	5/13/00	(4th JMU)
Adam Bowser	22'04.25"	4/07/00	(Deca. LC)

Triple Jump

Ernest Wilford	48'02.00"	5/07/00	(1st A-10)
Rashad Jenkins	45'07.25"	5/07/00	(2nd A-10)
Adam Breslin	42'01.25"	5/07/00	(5th A-10)

High Jump

Genesis Ridley	6'09.00"	5/07/00	(1st A-10)
Brian Hunter	6'0900"	5/07/00	(2nd A-10)
Adam Bowser	6'06.00"	5/06/00	(Deca A-10)



Jason Hettenbaugh clears the water barrier on his way to the team's top time in the steeplechase.

Pole Vault

Brian Hunter	18'01.25"	4/22/00	(1st VT)
Nathan Bath	15'05.00"	4/08/00	(3rd Duke)
Marcus Tepaske	15'03.00"	4/22/00	(3rd VT)

Shot Put

Mike Leslie	50'08.00"	5/07/00	(3rd A-10)
Dan McGrath	48'08.00"	4/07/00	(12th Duke)
Tim Ralph	48'06.75"	5/07/00	(6th A-10)

Hammer Throw

Erick Kingston	221'08.00"	6/02/00	(6th NCAAs)
Eddie Boes	195'09.00"	5/06/00	(2nd A-10)
Tim Ralph	189'04.00"	5/06/00	(3rd A-10)

Discus

Eddie Boes	173'09.00"	3/31/00	(2nd Raleigh)
Marvin Urquhart	143'10.00"	5/07/00	(4th A-10)

Javelin

Giff Hummel	177'06.00"	4/15/00	(8th Sea Ray)
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Decathlon

Adam Bowser	6,275 pts	4/08/00	(6th Liberty)
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JOHNSON-MILLER TRACK RECORDS

100	10.19	Anthony Jones	Ascis	(4/17/99)	4x100	41.03	UNC Charlotte	(4/22/00)
110H	13.89	Chris Stokes	Virginia Tech	(5/2/99)	4x400	3:10.43	Temple	(5/3/98)
200	20.76	Anthony Jones	Asics	(4/17/99)	4x800	7:30.24	La Salle	(5/3/98)
400	46.29	Michael Decker	Liberty	(4/03/99)	Long Jump	7.40	Mike Donahue	Virginia Tech (5/1/99)
400H	50.09	James Carter	MD Elite	(4/22/00)	Triple Jump	14.68	Ernest Wilford	Virginia Tech (5/7/00)
800	1:49.91	Ali Najjar	Virginia Tech	(5/7/00)	High Jump	2.14	Jason Farr	ETSU (4/3/99)
1,500	3:53.26	Karl Savage	St. Joseph's	(5/7/00)	Discus	55.62	Vic Morency	UMass (5/7/00)
3,000	8:24.05	Stephen Githuka	Liberty	(4/3/99)	Hammer	67.64	Erick Kingston	Virginia Tech (5/1/99)
3,000SC	9:12.08	Casey Batey	Unattached	(4/22/00)	Javelin	69.98	Vic Morency	UMass (5/1/99)
5,000	14:51.81	Ryan Carrara	UMass	(5/3/98)	Pole Vault	5.52	Brian Hunter	Virginia Tech (4/22/00)
10,000	31:43.70	Mike Cox	Virginia Tech	(5/3/98)	Shot Put	16.93	Glen Thompson	L&S Throwers (4/3/99)

Awards and Honors

A-10 INDOOR

Conference Champions

The Virginia Tech Hokies

Coach of the Year

Russ Whitenack

Outstanding Performer

André Davis

All-Conference

Eddie Boes — Weight Throw
Brian Coffield — 4x800
André Davis — 55, 200
Clinton Edwards — 400
Todd Grignon — 4x800
Paul Hayes — 1,000, 4x800
Darryl McCoy — Long Jump
Ali Najjar — 4x800
Chris Seaton — 5,000
Matt Taylor — 800, 4x800
Kevin Walker — 55 Hurdles
Ernest Wilford — Triple Jump

Academic All-Conference

Todd Grignon
Erick Kingston
Chris Seaton
Matt Taylor

Student Athlete of the Year

Chris Seaton

Team Awards

Rookie of the Year

Ernest Wilford

Coach's Award

Brian Hunter

Outstanding Performer

Erick Kingston

Strength and Conditioning Athlete of the Year

Erick Kingston

A-10 OUTDOOR

Conference Champions

The Virginia Tech Hokies

Coach of the Year

Russ Whitenack

Outstanding Performer

Kevin Walker

Rookie of the Year

Ali Najjar

All-Conference

Larry Austin — 4x100
Adam Bowser — Decathlon
André Davis — 100, 200, 4x100
Brian Hunter — Pole Vault
Rashad Jenkins — 4x100
Erick Kingston — Hammer Throw
Darryl McCoy — Long Jump, 4x100
Ali Najjar — 800
Chris Stokes — 110 Hurdles
Kevin Walker — 110 Hurdles, 400 Hurdles
Ernest Wilford — Triple Jump

Team Awards

Rookie of the Year

Buck Grant

Coach's Award

Kevin Walker

Outstanding Performer

Ali Najjar

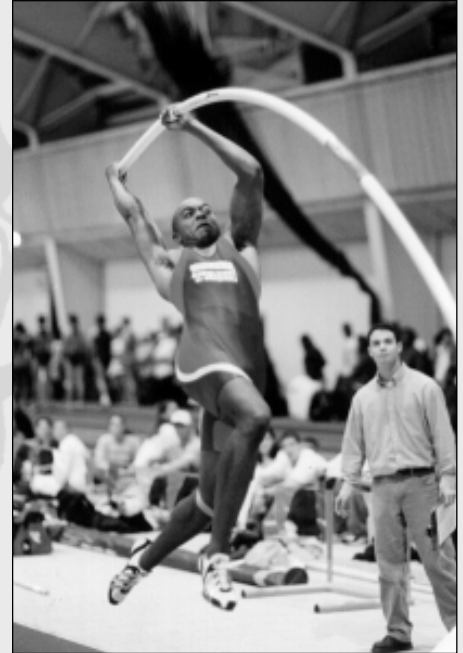
Blacksburg Sports Club Outstanding Senior

Erick Kingston

TECH'S A-10 TROPHIES

The Tech men have won the last four indoor and outdoor Atlantic 10 titles. The 2000 victories were so profound, Tech nearly doubled second-place point totals. With the addition of the cross country team's victories in 1996 and 1997, the Hokies captured back-to-back Triple Crowns in each of those seasons. As Tech moves into the BIG EAST, the competition will be tough, but the men's track team will no doubt be prepared.

NCAA ALL-AMERICANS



Brian Hunter placed third in the pole vault at the indoor NCAA Championships in Arkansas. That equaled the highest finish for a Tech athlete at NCAAs.



Erick Kingston took sixth at the outdoor NCAA Championships after putting together the best throwing series of his career. He is the only track and field athlete at Tech to earn All-America honors in the same event twice.

The History of Track and Field

Tech Has Created a Tradition of Success in Track and Field That Will Expand in the BIG EAST

Virginia Tech, established in 1872, is a university steeped in tradition, and athletics always has been a major part of the unfolding story.

As of the 2000-01 season the Hokies are members of the BIG EAST Conference for most sports, one of those being track and field. Among bowl games, conference championships and All-American athletes, Tech's track and field teams have set a standard of success since the introduction of the sport at Virginia Tech.

Track and field made its debut as a Tech sport in the early 1900s. The team, made up only of men at the time, competed in outdoor competitions. Indoor track and field was incorporated into Tech's program in the late 1950s, and the women's track and field team was added in the 1970s.

A host of coaches contributed to the Hokies' success over the years. Coaches like D.J. Woods (1905-06), Doug Divers (1958-

64) and H. Richard Redding laid a foundation for the success of Tech's tracksters.

The Hokies' first taste of championship victory came in 1956, when Redding led Tech to its first Southern Conference title.

Martin Pushkin coached Tech to indoor and outdoor state championships in 1969 and 1970. Pushkin also led Tech to the NCAA championships during his decade of coaching beginning in 1964.

In 1974, Russ Whitenack took over the reins as Tech's head coach and began what would be an era of victory for the Hokies. The men's team captured indoor and outdoor state championship titles in 1977-78 under Whitenack.

The team continued its success by earning Metro Conference wins in 1987, 1993 and 1994, and dominating the Atlantic 10 Conference in 1997, 1998 and 1999.

The late 1970s marked the start of a string of Tech All-Americans. Keith Neff, a

native of Portsmouth, Va., became Tech's first All-American in 1976. In January of that year, he had become the first Virginian ever to pole vault 17 feet, clearing that in the Pitt Invitational Indoor Meet.

Erick Kingston and Brian Hunter were the most recent Hokies to garner the honor of All-America. Hunter captured third-place at the NCAA Indoor Championships with an outstanding 18'00.5" school record-setting effort in the pole vault. During last outdoor season Kingston had a career day to take sixth with a toss of 221'08" in the hammer throw at the NCAA Championships.

Building on their recent success, the Hokies are preparing for a new era. This season, Tech welcomes a host of new talent to compete on its state-of-the-art track and field facilities.

Tech purchased an

eight-lane Mondo indoor track for the 1996-97 season, and built a new outdoor Mondo track during the 1997-98 academic year. Each is equipped with dash lanes, jump and pole vault pits, areas for the throw events and a high-tech timing system. These world-class facilities give the Hokies places to train and compete that are as good as anywhere in the nation.

Since the beginning of track and field at Virginia Tech, athletes and coaches alike have been dedicated to the pursuit of excellence. The success of the Hokies' track and field teams has become a tradition that will continue to grow and prosper in coming years.



Gary Cobb (left) was a two-time All-American during his sophomore year. Hilliard Sumner (above, left) and Jason Fullmer led Tech to its first of four outdoor A-10 conference titles.

TECH'S ALL-AMERICANS

Name	Event	Year
Keith Neff	Pole vault	1976
Dennis Scott	60-yard dash	1978
Ray Ackenbom	Two-mile relay	1980
Mike Burns	Two-mile relay	1980
John Dyer	Decathlon	1980
Kenny Lewis	55m high hurdles	1980
Ray McDaniels	Two-mile relay	1980
Bruce Merritt	Two-mile relay	1980
Bob Phillips	Pole vault	1980
Paul Sulik	Hammer throw	1981
Steve Hetherington	Cross country	1982
Phil Saunders	Triple jump	1984
Mark Stickley	10,000-meters	1985
Gary Cobb	1,000-meters, 1,500-meters	1987
Steve Taylor	10,000-meters, cross country	1987
Tony Williams	10,000-meters, cross country	1987
Brian Walter	Cross country	1989
Mike Sergent	Hammer throw	1992
Erick Kingston	Hammer throw	1998
Brian Hunter	Pole Vault	2000
Erick Kingston	Hammer Throw	2000

Qualifying Standards

NCAA Division I Indoor

Event	AUTO	PROV
	FAT	FAT
55-Meters	6.16	6.26
60-Meters	6.62	6.72
55-Meter Hurdles	7.23	7.39
60-Meter Hurdles	7.74	7.90
200-Meters	20.90	21.25
400-Meters	46.32	47.05
800-Meters	1:48.30	1:50.20
Mile*	4:01.00	4:05.20
3,000-Meters*	7:58.70	8:10.70
5,000-Meters*	13:58.15	14:18.15
1,600-Meter Relay	3:06.90	3:10.40
DMR*	9:37.75	9:45.75

Standards are according to Virginia Tech's banked 200-meter Mondo track and vary depending on track size and specifications.

	Meters	Meters
High Jump	2.25	2.16
Pole Vault	5.50	5.25
Long Jump	7.85	7.55
Triple Jump	16.20	15.60
Shot Put	19.00	17.50
35-lb. Weight	21.35	19.00

* Altitude adjustment available.

IC4A Indoor

Event	FAT
55-Meters	6.47
60-Meters	6.97
200-Meters	22.25
400-Meters	49.20
500-Meters	1:05.20
800-Meters	1:54.50
1,000-Meters	2:30.00
Mile	4:14.00
3,000-Meters	8:29.80
5,000-Meters	14:50.30
55-Meter Hurdles	7.70
60-Meter Hurdles	8.20
4x400 Relay	3:21.00
4x800 Relay	7:52.00
DMR	10:19.70

	Meters	Feet
High Jump	2.06	6'9"
Shot Put	15.40	50'6.25"
Pole Vault	4.80	15'9"
Weight Throw	16.80	55'1.5"
Long Jump	7.07	23'2.5"
Triple Jump	14.30	46'11"
Pentathlon	3,575 points	

NCAA Division I Outdoor

Event	AUTO	PROV
	FAT	FAT
100-Meters	10.16	10.34
200-Meters	20.50	20.85
400-Meters	45.40	46.20
800-Meters	1:47.50	1:49.00
1,500-Meters*	3:41.50	3:45.00
Mile*	3:59.20	
3,000-Meter SC*	8:43.00	8:54.00
5,000-Meters*	13:46.00	14:07.00
10,000-Meters*	29:00.00	29:45.00
110-Meter Hurdles	13.72	13.90
400-Meter Hurdles	50.10	51.20
400-Meter Relay	39.20	40.00
440-Yard Relay	39.40	40.20
1,600-Meter Relay	3:04.00	3:07.00
Mile Relay	3:05.20	3:08.20

	Meters	Meters
High Jump	2.25	2.18
Pole Vault	5.55	5.30
Long Jump	7.95	7.65
Triple Jump	16.30	15.70
Shot Put	19.20	17.80
Discus	60.00	56.00
Javelin	72.00	67.30
Hammer	68.00	61.00
Decathlon	7,500 points	7,150 points

* Altitude adjustment available.



André Davis qualified for NCAAs in both the 60 and 200 last season.

IC4A Outdoor

Event	FAT
100-Meters	10.81
200-Meters	21.70
400-Meters	48.15
800-Meters	1:51.40
1,500-Meters	3:50.80
5,000-Meters	14:38.0
10,000-Meters	31:00.0
110-Meter Hurdles	14.74
400-Meter Hurdles	53.50
3,000-Meter Steeplechase	9:16.0
4x100 Relay	43.00
4x400 Relay	3:17.00
4x800 Relay	7:43.50

	Meters	Feet
High Jump	2.06	6'9"
Shot Put	15.50	50'10.25"
Pole Vault	4.80	15'9"
Discus	46.40	152'3"
Long Jump	7.21	23'8"
Hammer	52.50	172'3"
Triple Jump	14.50	47'7"
Javelin	57.50	188'8"
Decathlon	6,130 points	

FAT — Fully automated time



Matt Taylor has earned three trips to the IC4A meet and hopes to earn one again this year.

Track and Field Facilities

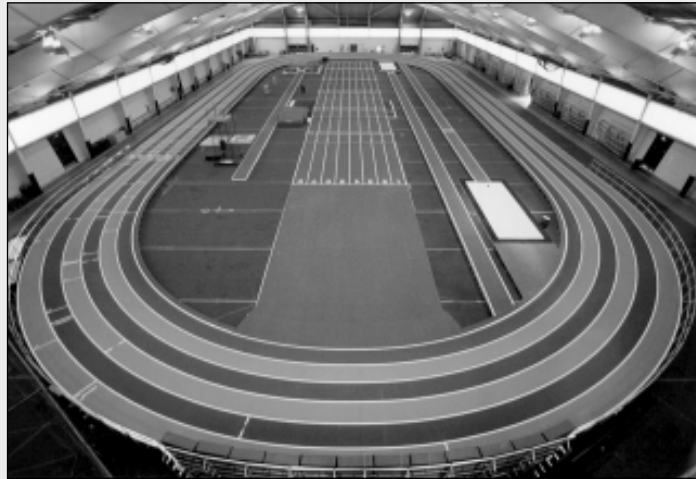
Tech's Track Combo Is Among the Nation's Best

The Hokies' indoor and outdoor track facilities are among the nation's best.

The latest addition is the Johnson-Miller Outdoor Track Complex. The outdoor oval track has eight 42-inch lanes and is identical to the track at the Atlanta stadium on which Olympic athletes competed in 1996. Tech's school colors, burnt orange and Chicago maroon, are featured on alternating lanes.

The complex includes a pole vault pit, long and triple jump areas, steeplechase lanes and areas for shot put, discus, hammer throw, javelin and high jump events. For sprints, 10 lanes have been placed in one stretch at the south side of the track. In addition, Tech uses the state-of-the-art Finish Lynx timing system for quick and accurate results.

A nine-foot berm at the south end of the track ultimately will be terraced to provide six rows of seating.



The outdoor track, coupled with a similar indoor track, gives Tech what many believe is the finest track complex in America. The indoor track, one of only several of its kind in the U.S., was installed in the Rector Field House and used for the first time during the 1996-97 season.

The indoor track has been host to several of the East Coast's top invitationals,

attracting many of the nation's best teams. Tech has also brought in some of the nation's finest athletes. Over 30 Olympians competed in Rector Field House last year, including Sydney Olympic silver medalist pole vaulter Lawrence Johnson, 1999 U.S. 1,500-meter champion Seneca Lassiter and two-time NCAA champion and 2000 Olympian shot putter Andy Bloom.

The Johnson-Miller Outdoor Track Complex was dedicated in honor of Stuart Johnson and Jack William Miller, Jr., two former Hokie track stars from Richmond, Va., whose loyalty and support made possible the construction of the new track.

Johnson, Tech's Mr. Track in 1952, was the first man elected to the Virginia Tech Hall of Fame solely on his records in track and field. Miller was co-captain of the 1953 track team. Johnson ran the 440, 220 and mile relay. Miller competed in a number of events, but his specialty was the mile run.

"Thanks to these gentlemen, we've got the biggest commitment to track and field in the country," said head men's track coach Russ Whitenack.

"In the past we've had great teams, but when I look to our future I see even better things," Whitenack said.



The Administration

CHARLES STEGER • University President

Item: Virginia Tech applications up 15 percent. Entering students have highest SAT average ever. Virginia Tech competes for national championship in football. University announces two new mega bio-tech programs. Things are looking pretty rosy for Virginia Tech, right?

Enter Charles W. Steger. His assessment? "We have to rev the engines even higher. If you're not moving quickly forward, you might as



well be standing still," says the energetic 53-year-old president.

Appointed president by the university board effective January 7, 2000, Steger possesses the

breadth and depth of experience to lead Virginia Tech at the point when higher education must learn to cope with major technology changes permeating education.

Steger has lofty goals for Virginia's leading research

university. "I would like to see us ranked among the nation's top 30 universities before the end of the decade," says Steger.

A registered architect and former dean of Tech's college of architecture and urban studies, Steger was the architect of a different sort as the leader of the university's successful fund raising campaign. Under his leadership as vice president for development and university relations, the Campaign for Virginia Tech, which concluded in 1998, raised \$337 million, \$87

million over its goal.

Steger's ties to Virginia Tech span four decades as a student, professor, dean, vice president, and now president. While on the faculty, he twice won teaching excellence awards. When he became dean of the college in 1981, he was the youngest architecture dean in the nation at 33 years of age.

Steger received his Bachelor and Master's of Architecture and a Ph.D. in Environmental Science and Engineering from Virginia Tech. He and his wife, Janet, have two sons — David and Christopher.

JIM WEAVER • Director of Athletics

James C. Weaver, whose innovative ideas and work as a reformer have made him one of college athletics' most popular administrators, is the director of athletics at Virginia Tech.

Weaver, 55, was appointed on September 24, 1997 and has been a tireless leader in behalf of Tech athletics. In his three years on the job at Tech, Weaver has taken steps to place increased emphasis on projects benefiting student-athletes. He created a comprehensive awards program for letterwinners and has initiated and funded an annual awards banquet.

Weaver's biggest accomplishment thus far has been getting Tech admitted into an all-sports conference. Tech enters competition in the BIG EAST Conference for most sports during the 2000-2001 season.

A top personal priority for Weaver is the area of



facilities, where he has major plans for the expansion of Lane Stadium/Worsham Field.

Already complete is the expansion of the North end zone, which added over

5,000 permanent seats. South end zone bleachers will be replaced by permanent double-deck stands with seating for

approximately 12,000 fans.

Weaver is overseeing the construction of new athletic fields in 2000-2001, while video boards for both Lane Stadium and Cassell Coliseum have already been installed.

A native of Harrisburg, Pa., Weaver came to Tech from Western Michigan University where he was director of athletics from January, 1996 until he came to Blacksburg. Prior to that,

he was AD for three and a half years at UNLV, where he reconstructed a troubled athletic department.

Prior to landing the athletic director's job at UNLV, Weaver spent nine years at the University of Florida. He was a strong force at Florida in the field of compliance and concluded his time there as associate athletic director.

Weaver and his wife Traci have four sons — Josh, Paul, Cole and Craig James.

ATHLETICS ADMINISTRATORS



Sharon McCloskey
Senior Associate
Director of Athletics



David Chambers
Associate AD for
External Affairs



Tom Gabbard
Associate AD for
Internal Affairs



Jon Jaudon
Associate AD for
Administration



John Ballein
Associate AD for
Football Operations

Academic Enrichment

The success of Virginia Tech's track program rests largely on the academic progress of each student athlete. The academic performance of Tech student athletes has improved each year due in part to the Student-Athlete Office of Academic Enrichment Programs (SAOAEP).

Student athletes are the most visible student component of a university. They delight and entertain thousands of fans, students and alumni. Their athletic ability and achievement is the primary focus for national media attention. Student athletes devote many hours to practice, conditioning and training that are not required of all students.

Due to their time commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which will allow them to maximize their academic potential. The ultimate goal is for all student athletes to successfully complete their degree.

Tech has made tremendous strides in recent years. The 1999 NCAA Division I Graduation Report states that for student athletes who have exhausted their eligibility at Tech, 81 percent have graduated. Last spring, the Athletic Director's Honors Breakfast paid tribute to a record 358 student-athletes, student trainers, student managers, cheerleaders and HighTechs who posted 3.0 or greater QCAs in the 1999 calendar year.

The Student Athlete Office of Academic Enrichment Programs provides programming for student athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic

recognition and eligibility education.

Academic facilities for student athletes include the Monogram Room, a large room used as a study hall area adjacent to the SAOAEP office in Cassell Coliseum. The HEAT (Hokies Engaging in Advanced Technology) Lab houses over 20 computers on the second floor of Cassell Coliseum. Room 160 in Cassell Coliseum provides an area for private quiet study for the athletes' convenience. Additionally, student athletes can use the Center for Academic Enrichment and Excellence site offices located in Hillcrest and Femoyer Halls.

Together, these spaces provide the student athlete with a variety of study environments conducive to their success. Athletes can use these facilities between classes, after practice, or in the evenings, with flexible hours tailored to make the most of a student athlete's limited time. The Student

Athlete Office of Academic Enrichment Programs is comprised of a coordinator, an associate coordinator, three assistant coordinators and a secretary forming a group of professionals serving the needs of all student athletes.

The coordinator, Chris Helms, is responsible for the development and leadership of SAOAEP. Helms, in his second year at Tech, is responsible for the wrestling team. Helms comes to Tech from Michigan State University where he served as the assistant director of the Student Athlete Support Services office. Prior to MSU, Helms served as the coordinator of academic affairs for the Florida State University football program.

Lois Berg is in her 11th year at Tech. She is also in charge of developing the freshman orientation program,



Chris Helms

which ensures the student athlete a smooth transition from high school to the university.

Colin Howlett enters his third year with SAOAEP and is administratively responsible for the

tutorial program that includes hiring, training and assigning of approximately 60 tutors each semester.

Katie Ammons, a former Hokie swimmer, is charged with the operation of the HEAT lab and other computing resources available for student athletes.

Terrie Repass begins her 25th year of service at Virginia Tech. She serves as the office receptionist and "first contact" person for the SAOAEP. She is responsible for organizing special events and meetings for the office. Repass prepares all accounting, purchasing and travel transactions for the office.

Strength and Conditioning

For the Virginia Tech track teams, the strength and conditioning program, under the direction of Assistant Athletic Director for Athletic Performance Mike Gentry, plays a very important role.

A Durham, N.C., native, Gentry received a bachelor's in physical education from Western Carolina University in 1979. Gentry received his master's degree from the University of North Carolina at Chapel Hill in 1981 where he worked as an assistant strength coach. He then went to East Carolina University and was elevated



Mike Gentry, Ed.D.
Assistant Director
of Athletics for
Athletic Performance

to head strength coach there in 1982. He worked at ECU until he came to Virginia Tech in 1987.

Gentry obtained his doctorate in curriculum and instruction, with an emphasis in motor behavior, from Virginia Tech in 1999.

Assisting Gentry this year are three full-time assistant strength and conditioning coaches: Sonny Sano, director of strength and conditioning, Jay Johnson, strength and conditioning coordinator of men's Olympic sports and

Michelle Boswell, strength and conditioning coordinator for women's Olympic sports.

Sano is in his fourth season at Tech after serving as a graduate assistant at ECU. Boswell, in her first year in Blacksburg, handles strength and conditioning for many of Tech's women's sports.

Johnson handles the strength and conditioning program for the track teams. He received his B.A., in physical education from Emory & Henry, where he played football, in 1995 and his master's in physical education from Radford in 1998. A native of Radford, Va., Johnson is working toward his doctorate in health promotions at Tech.



The BIG EAST Conference

The BIG EAST entered the 2000-01 academic year with a new full conference member and a new sport. That's hardly unusual for the league. Moving forward and exploring new horizons has been the norm rather than the exception for the conference that opened its doors in 1979.

The conference welcomed Virginia Tech as its 14th member. In the spring of 2001, the BIG EAST will add women's lacrosse to its growing list of sports.

When the 1990s began, The BIG EAST Conference had just completed its eighth season with nine members.

The '90s was a decade of enormous change in college athletics with conferences adding new members and new leagues beginning. The BIG EAST was no different than most groups. The league has had four separate expansions in the past 10 years. The BIG EAST Football Conference, with eight members, became a major player in college football immediately after its inception in 1991.

One constant is that The BIG EAST Conference has enjoyed tremendous success in the classroom and in the athletic arena. It has built a long list of accomplishments.

The BIG EAST became a

reality on May 31, 1979, following a meeting of athletic directors from Providence College, St. John's, Georgetown and Syracuse Universities. Seton Hall, Connecticut and Boston College completed the original seven-school alliance.

After one season, Villanova was added and began play in 1980-81. Two seasons later, Pittsburgh joined the group and started competition in '82-83.

Miami was admitted in 1990 and began BIG EAST competition in '91-92. Rutgers, West Virginia and Notre Dame joined in '94 in two separate expansions and began play in 1995-96.

In 1999, Virginia Tech became the league's 14th member. It began competing in the BIG EAST in 2000-01.

For three of the last six years a BIG EAST student-athlete has won the Honda-Broderick Cup as Collegiate Woman of the Year. Notre Dame soccer player Cindy Daws won in 1997-98. She followed Connecticut basketball players Rebecca Lobo ('94-95) and Jennifer Rizzotti ('95-96).

In addition to Connecticut winning its second NCAA women's basketball title, five individuals captured NCAA

championship crowns last year. Miami had the male and female national champions in platform diving. Tyce Rouston took the men's title and Jenny Keim was the women's champion. At the NCAA women's indoor track & field championship, Villanova's Carmen Douma and Carrie Tollefson each won titles. Tollefson grabbed her second straight NCAA crown in the 3,000 meters. Douma was the champion in the mile. Pittsburgh's Chantee Earl took the 800-meter title.

While the membership has increased, the focus of the BIG EAST remains unchanged. It is a group that reflects a tradition of broad-based programs, led by administrators and coaches who place a constant emphasis on academic integrity. The BIG EAST Conference has enjoyed a leadership role nationally. Its student-athletes own significantly high graduation rates and their record of scholastic achievement notably reflect a balance between intercollegiate athletics and academics.

Any successful consortium enjoys outstanding leadership. Michael Tranghese, the league's first full-time employee, and for 11

years the associate of Dave Gavitt, took over the Commissioner's reins in June, 1990. The expansion in membership is only a portion of Tranghese's achievements. In his first year at the helm, he administered the formation of The BIG EAST Football Conference in addition to coordinating the four expansions.

BIG EAST sports attract the interest of followers in the nation's largest media markets including New York, Chicago, Philadelphia, Boston, Washington, D.C., Miami, Pittsburgh and Hartford.

More than 400 BIG EAST athletes have earned All-America recognition and dozens have won individual NCAA national championships. The BIG EAST has been well-represented in U.S. or foreign national and Olympic teams, with several athletes earning gold medals in the summer Olympiads in Atlanta in '96, Barcelona in '92, Seoul in '88 and Los Angeles in '84. Several BIG EAST coaches and athletes competed in Sydney in 2000.

The BIG EAST has its headquarters in Providence where the conference administers to more than 5,000 athletes in 21 sports.

The IC4A Conference

Virginia Tech is proud to have membership in prestigious athletic conferences such as the BIG EAST Conference for most of its sports. Tech's membership in yet another conference adds to the level of competition for the men's track team.

The Intercollegiate Association of Amateur Athletes of America (IC4A) was founded in 1876. This postseason competition, which was traditionally a men's division, hosts 101 schools on

the Eastern Seaboard in addition to Notre Dame, who was a member dating back to when the program was nationwide.

The Hokies had yet another successful indoor postseason competition, with the men finishing in second place for the second consecutive year at the IC4A Championships. The Hokies finished just 12 points behind the traditionally strong Georgetown squad. André Davis was selected to be

featured on the cover of the program and lived up to his billing by winning the 60 and 200 titles. Brian Hunter also claimed victory for Tech in the pole vault. The real story came from the solid team effort that the Hokies put together scoring points in several other events ranging from the triple jump to the 3,000 to the weight throw. It was this impressive team showing that gave Tech a shot at the title.

In the outdoor competition

the Hokies only managed 17th-place with Erick Kingston leading the team with a second-place result in the hammer throw.

The Hokies' success in the postseason was impressive. Following Atlantic 10 victories in both the indoor and outdoor seasons, Tech recorded its best finish ever at the indoor IC4A championships. The Hokies certainly made their mark in 2000 and plan on continuing that hot streak into the next millennium.

The Excitement of Virginia Tech Athletics

