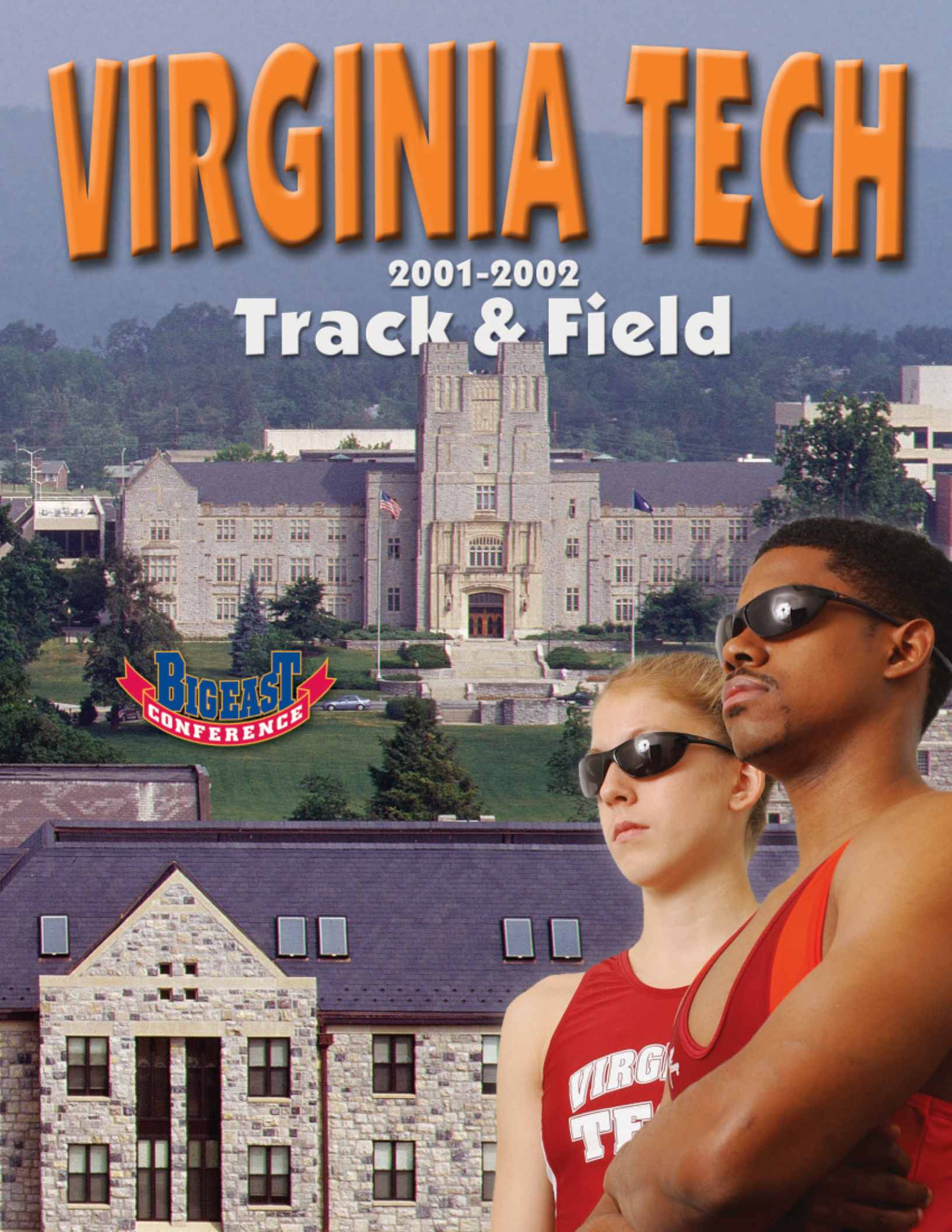


VIRGINIA TECH

2001-2002

Track & Field



Virginia Tech

Since its founding in 1872, Virginia Polytechnic Institute and State University, commonly known as Virginia Tech, has grown to become the state's largest university and its top research institution. It has evolved into a comprehensive university of national and international prominence.

Recognizing that higher education is a key force behind the quality of American life, its economic competitiveness, and our democratic form of government, President Charles W. Steger has now challenged the university to become one of the nation's top 30 research schools by the end of the decade.

The university is organized into eight colleges: Agriculture and Life Sciences, Architecture and Urban Studies, Arts and Sciences, Pamplin College of Business, Engineering, Human Resources and Education, Natural Resources, and Virginia-Maryland Regional College of Veterinary Medicine. Together, they offer about 170 bachelor's, master's, and doctoral degree programs.

Many of Virginia Tech's traditions and strengths are rooted in the university's motto, Ut Prosim: "That I May Serve," and its land-grant missions of instruction, research, and solving the problems of society through public service and outreach activities. Through the generation of new knowledge and the outreach mandate, Virginia Tech disseminates practical knowledge through the classroom and to society as a whole. It is a university that puts knowledge to work.

Visit the university on the Internet at
www.vt.edu



Blacksburg, Virginia

One of America's best college towns, Blacksburg is a perfect setting for Virginia Tech. The town is located 2,100 feet above sea level on a plateau between the Blue Ridge and Alleghany Mountains in Southwest Virginia. It features a laid-back lifestyle of a small town while still offering the amenities one would expect to find around a major center of higher education.

Virginia Tech and Blacksburg are nearly indistinguishable, but the town and university really come together to support their beloved Hokies.



VIRGINIA TECH

2002 Track & Field

HOKIE QUICK FACTS

University Information

Location Blacksburg, Va.
 Founded 1872
 Enrollment 25,000
 Colors Chicago maroon & burnt orange
 Nickname Hokies
 Conference BIG EAST
 President Dr. Charles Steger
 Director of Athletics Jim Weaver
 Associate A.D./Track Administrator Tom Gabbard

STAFF DIRECTORY

Track and Field Information

Director of Track and Field Dave Cianelli
 Sprinters, hurdlers and jumpers coach Terry Winston
 Throws Coach Greg Jack
 Distance Coach Ben Thomas
 Distance Assistant Coach Mary Jayne Harrelson
 Secretary Diane Price
 Track and Field Office Phone (540) 231-5037
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TABLE OF CONTENTS

The University	2-3
Schedule	4
Director of Track and Field Dave Cianelli	5
Sprints Coach Terry Winston	6
Throws Coach Greg Jack	6
Cross Country/Distance Coach Ben Thomas	7
Assistant Coach Mary Jayne Harrelson	7
Volunteer Coaches and Support Staff	8
Academic Enrichment and Student Life	9
Athletic Performance	10
Athletic Administration and the BIG EAST	11
Men's Outlook	12
Men's Roster	13
Men's Profiles	14-20
Women's Outlook	21
Women's Roster	22
Women's Profiles	23-31
This Is Tech Track and Field	32-33
Blacksburg, Virginia	34-35
2001 Awards and Honors	36
History of Track and Field	37
All-Americans and Conference Champions	38-39
Facilities and Track Records	40-41
School Records	42-43
Top Five of All-Time	44-47
BIG EAST and NCAA Qualifying Standards	48

On The Covers

Virginia Tech track and field athletes Stacey Vidt and Darryl McCoy (front cover) look to duplicate the 2001 success of Lynette Hopkins and Kevin Walker. The background shows the scenic Virginia Tech campus nestled in the Blue Ridge Mountains.

Media Guide Credits

The 2002 Virginia Tech track and field media guide is a publication of the Virginia Tech Sports Information Office, written and designed to aid members of the media in their coverage of Virginia Tech track and field.

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Design and Composition
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Photography
 David Knachel, DP Photo of East Orange, N.J., Virginia Tech
 Visual Communications Photo Lab

Printed by
 Southern Printing Company of Blacksburg, Va.

VIRGINIA TECH

University adapts to challenges of the future



Since its founding in 1872, Virginia Polytechnic Institute and State University, commonly known as Virginia Tech, has grown to become the state's largest university and its top research institution. It has evolved into a comprehensive university of national and international prominence.

Recognizing that higher education is a key force behind the quality of American life, its economic competitiveness, and our democratic form of government, President Charles W. Steger has now challenged the university to

become one of the nation's top 30 research schools by the end of the decade. Even before Steger's challenge, Tech was making sure it wasn't standing still.

Among recent innovations, Tech teamed with the University of Virginia and Carilion Health System to form the Carilion Biomedical Institute to improve health care worldwide and to increase economic development opportunities in Southwest Virginia. The Virginia Bioinformatics Institute is leading the way in helping scientists merge computers and biotechnology to sort

through complicated genetic material to speed research. And Torgersen Hall brings together campus organizations devoted to developing and applying instructional, communication, and information technologies.

Virginia Tech was established as an all-male military school dedicated to the original land-grant mission of teaching agriculture and engineering. Today it is a co-educational, top-50 research institution with recognized programs in music, business, architecture, and the humanities, as well as its traditional strengths in the

sciences, engineering, and technology.

While participation in the Virginia Tech Corps of Cadets is no longer mandatory, the corps remains a proud tradition of the university with some 700 cadets. Virginia Tech and Texas A&M are the only two schools in the nation with a military component inside a larger civilian population.

The university is organized into eight colleges: Agriculture and Life Sciences, Architecture and Urban Studies, Arts and Sciences, Pamplin College of Business, Engineering, Human

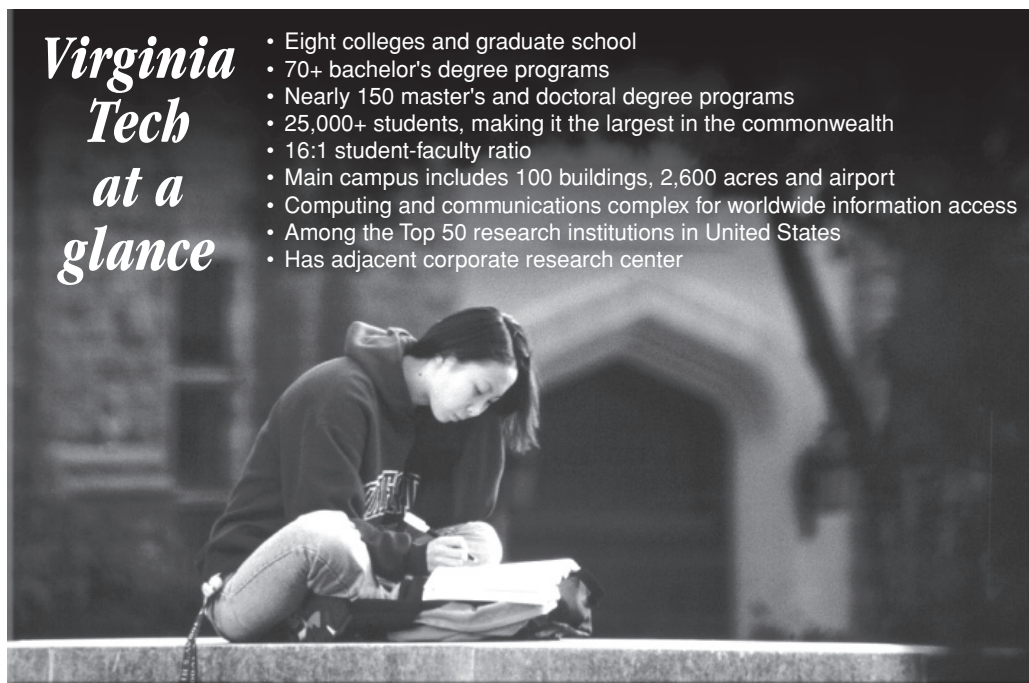
Resources and Education, Natural Resources, and Virginia-Maryland Regional College of Veterinary Medicine. Together, they offer about 170 bachelor's, master's, and doctoral degree programs.

The university's 2,600-acre main campus has more than 100 campus buildings, hundreds of research laboratories, the Donaldson Brown Hotel and Conference Center, and an airport. Next to campus is the 120-acre Corporate Research Center, home to more than 100 companies. Within five miles of campus is a 1,700-acre research farm.

Many of Virginia Tech's traditions and strengths are rooted in the university's motto, *Ut Prosim*: "That I May Serve," and its land-grant missions of instruction, research, and solving the problems of society through public service and outreach activities. Through the generation of new knowledge and the outreach mandate, Virginia Tech disseminates practical knowledge through the classroom and to society as a whole. It is a university that puts knowledge to work.

Instruction

Eight colleges offer more degree programs than any other university in the state, with 60 undergraduate and about 110 graduate programs. In addition, Virginia Tech is one of the nation's leaders in integrating



Virginia Tech at a glance

- Eight colleges and graduate school
- 70+ bachelor's degree programs
- Nearly 150 master's and doctoral degree programs
- 25,000+ students, making it the largest in the commonwealth
- 16:1 student-faculty ratio
- Main campus includes 100 buildings, 2,600 acres and airport
- Computing and communications complex for worldwide information access
- Among the Top 50 research institutions in United States
- Has adjacent corporate research center

instructional technology into the curriculum through its nationally recognized Faculty Development Institute. The university's effort to restructure the teaching of core mathematics courses has been hailed as an innovative way to break the credit-for-contact model of classroom instruction.

Research

With annual research expenditures of about \$192.7 million, Virginia Tech consistently ranks among the top 50 research universities in the United States. With more than 100 research centers, the university also consistently ranks among the top institutions in industry-

supported research and in the top 10 in the number of patents issued each year.

The university's faculty and students are involved in more than 3,700 research projects in fields ranging from biotechnology to materials, from the environment and energy to food and health, and from transportation to computing information.

Public Service

As part of its public service mission, Virginia Tech is involved in a multitude of outreach projects. For example, it spawns economic development, helps global marketing efforts, investigates better uses for strip-mined land, helps clean the

Chesapeake Bay and other state waterways, and directs reforestation in Senegal.

University scientists developed the vaccine that is the standard for preventing brucellosis in cattle around the world.

Outreach efforts also focus on education and distance learning techniques — satellite videoconferencing, multimedia, interactive video, interactive computer conferencing, web-based courses, etc. — to meet the various needs of working adults and other nontraditional students. Professionals, organizations, and communities also tap Virginia Tech's vast resources, expertise, and research results through the Division of Continuing Education, which offers hundreds of programs annually.

The Cooperative Extension Service, operated jointly in the commonwealth by Virginia Tech and Virginia State University, has been helping people improve their economic, cultural, and social well-being for more than 85 years. With 107 city/county offices and more than 44,000 volunteers and 160 programs, Extension has more than 4.6 million participants annually.

FUN FACTS

- Just how big is Virginia Tech? There are 334 buildings consisting of 8,041,248 square feet under 100 acres of roof.

- The next time you think you have a large lawn to mow, compare it to Virginia Tech's 2,000 acres of maintained grounds, and your job will seem smaller.

- Ten miles of electric cable keep the lights on and the computers humming.

- With 8,681 students housed in 36 residence halls, Tech has the 14th largest housing program in the country.

- Creating a true global village, voice, video and high-speed Ethernet service is delivered to each room.

- Tech has the 11th largest dining program in the country, serving 17,000 students, faculty and staff 3.6 million meals per year.

- It takes \$34 million and 1,540 employees to house and feed Virginia Tech students. Compared to other area universities and colleges, housing and dining are competitively priced and rank among the lowest in the state.

2002 Schedules

INDOOR

Date	Event	Host	Site
Jan. 12	George Mason Invitational	George Mason	Fairfax, Va.
18-19	KROGER INVITATIONAL	VIRGINIA TECH	BLACKSBURG, VA.
25-26	Blue Heaven Classic	North Carolina	Chapel Hill, N.C.
Feb. 2	Rod McCravy Memorial	Kentucky	Lexington, Ky.
9	VIRGINIA TECH CHALLENGE	VIRGINIA TECH	BLACKSBURG, VA.
15-17	BIG EAST Championships	Syracuse	Syracuse, N.Y.
23	LAST CHANCE INVITATIONAL	VIRGINIA TECH	BLACKSBURG, VA.
27	North Carolina Last Chance	North Carolina	Chapel Hill, N.C.
March 8-9	NCAA Championships	Arkansas	Fayetteville, Ark.

OUTDOOR

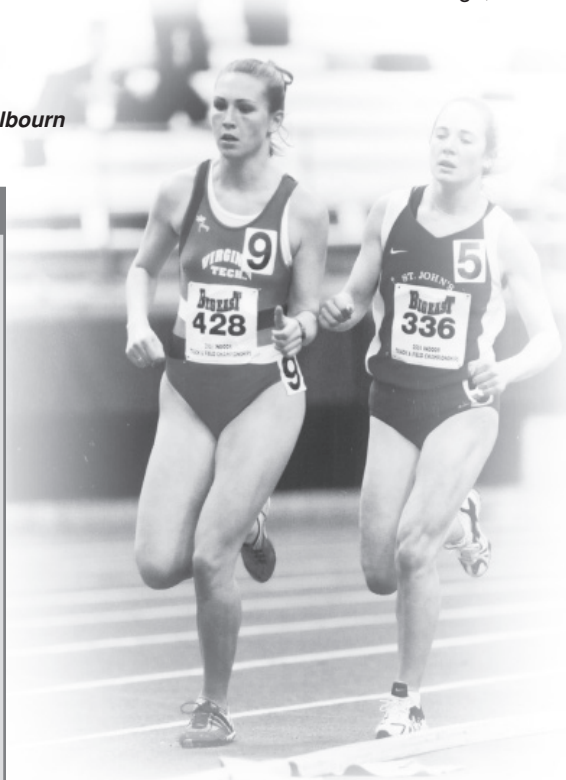
Date	Event	Host	Site
March 23	South Carolina Invitational	South Carolina	Columbia, S.C.
29-30	Raleigh Relays	N.C. State	Raleigh, N.C.
April 6	USTCA Collegiate Series	Clemson	Clemson, S.C.
12-13	Sea Ray Relays	Tennessee	Knoxville, Tenn.
20	GOBBLER INVITATIONAL	VIRGINIA TECH	BLACKSBURG, VA.
19-21	Mt. SAC Relays	Mt. San Antonio College	Walnut, Calif.
May 3-5	BIG EAST Championships	Connecticut	Storrs, Conn.
18	Last Chance Qualifier	TBA	TBA
May 29 - June 1	NCAA Championships	Louisiana State	Baton Rouge, La.

Kim Milbourn

MEDIA OUTLETS & INFO

A news release will be sent to the following media outlets which cover Virginia Tech track and field. Results will be posted on hokiesportsinfo.com after each event.

Outlet	Phone	Fax
The Associated Press, Richmond	(804) 643-6646	(804) 643-6223
Roanoke Times	(540) 981-3221	(540) 981-3392
Richmond Times-Dispatch	(804) 649-6554	(804) 775-8085
Bristol Herald-Courier	(540) 669-2181	(540) 669-3696
Blacksburg Sentinel	(540) 382-6171	(540) 382-3009
The News Messenger, Christiansburg ...	(540) 382-6171	(540) 382-3009
Collegiate Times, Blacksburg	(540) 231-9867	(540) 231-5057
The News & Advance, Lynchburg	(804) 385-5554	(804) 385-5538
Bluefield Daily Telegraph	(304) 327-2811	(304) 327-6179
Virginian Pilot, Norfolk	(800) 446-2012	(804) 533-9004
Daily Press, Newport News	(804) 247-4600	(804) 247-9420
WDBJ-TV, Roanoke	(540) 985-3623	(540) 343-7269
WSLS-TV, Roanoke	(540) 981-9126	(540) 343-2059
WSET-TV, Lynchburg	(804) 528-1315	(804) 847-8800



THE COACHING STAFF

Dave Cianelli



Virginia Tech athletics took a landmark step in 2000-2001 by entering the BIG EAST Conference

for competition in all sports. Membership in such a major conference brings with it a new level of potential for performance and recruiting. The athletic department felt that to maximize this potential in the areas of track and field and cross country, one person should oversee all aspects of the programs. This led to the hiring of the Hokies' first director of track and field and cross country, Dave Cianelli.

"We have one goal, and that is to be the best in the BIG EAST," Cianelli said. "The fact that our conference is one of the nation's strongest will automatically put us at a top level if we achieve our goal. We plan to accomplish this goal through recruiting and by developing better and better talent."

An entirely new coaching staff has been brought in to help Cianelli achieve this goal. Former South Carolina hurdler Terry Winston will be the sprints coach and Greg Jack was brought in from the University of Pittsburgh to serve as the throws coach. Former Hokie and NAIA Region XII Coach of the Year Ben Thomas is now the cross country coach and his assistant is six-time All-American Mary Jayne Harrelson. Cianelli will coach the multi-event performers in addition to his duties as director.

Cianelli comes to Tech after serving as the women's cross country and distance coach for the last five years at Southern Methodist University in Dallas, Texas. He maintained the program's records, assisted with meet management and administrative duties, and annually served as the SMU Cross Country Invitational meet director.

While at SMU, Cianelli worked with several Olympic and World Championship competitors. Among these standout athletes were 1992 Olympic 200-meter quarterfinalist Cameron Taylor of New Zealand and 2000 NCAA 800-meter champion Tytti Reho. During his tenure, the men's and women's track and field teams finished in the top 10 nationally 15 different times.

A native of Bethesda, Md., Cianelli competed in sprints, the decathlon, and the long jump at Bowling Green University. He graduated with a B.S. degree in health and physical education in 1977.

Prior to his tenure at SMU, Cianelli was the assistant women's track and field and cross country coach at Cal Poly-SLO from 1985-88. The cross country teams won the NCAA Division II National Championship three consecutive seasons and the outdoor track teams finished as the runner-up at the Division II Championship three years in a row. Individual honors during his four years included 13 All-Americans and one NCAA champion.

Cianelli's coaching campaign started at San Marcos High School in Santa Barbara, Calif., where he was the head track



Dave Cianelli with his wife Ellen, son Sebastian, and daughter Mariah.

and field coach from 1982-84. During those three years, he coached seven junior national qualifiers in the heptathlon and decathlon. One of those individuals, Dori Tressler, was a two-time Mt. SAC relays champion in the heptathlon and still holds the prep meet record for the event with a score of 4,917 points.

Cianelli is married to the former Ellen Lawrence. They have a daughter Mariah, who is six, and a son Sebastian, who is two.

"What attracted me to Blacksburg and Virginia Tech was the tremendous amount of support that runs between the community and the university – support that runs both ways," Cianelli said.



Terry Winston

SPRINTS COACH

Terry Winston enters his first season with the Hokie track and field program as the new sprints coach for both the men and women. He brings with him a combined six years of collegiate coaching experience. Winston will also work with the hurdlers and jumpers.

"We are extremely happy to have someone of Terry's caliber join our coaching staff here at Virginia Tech," said Director of Track and Field Dave Cianelli. "He will be an integral part of our quest to be the best in the BIG EAST."

Winston joins the Tech staff after four successful years as the men's and women's assistant track coach at Southwest Missouri State. While at SMS, he helped guide the women's 4x400 relay team to All-American honors in 1999. His women's teams also captured three indoor conference titles and one outdoor conference title, in addition to the three medals they won at the Central American and Caribbean Championships in 1999.

Prior to his tenure at SMS, Winston served as the men's and women's assistant track coach at Marshall University from 1996-97. His men's team won the Southern Conference Championship in 1997, led by Minnesota Vikings star receiver Randy Moss.

A native of Alton, Ill., Winston received his B.S. in criminal justice from the University of South Carolina in 1995. He competed for the Gamecocks from 1992-94 and was the Southeastern Conference runner-up in the 55- and 110-meter hurdles in 1994. His career began at Barton County Community College, where he was a six-time junior college All-American.

"I am really excited about joining the staff here at Virginia Tech," Winston said. "We have an opportunity to do some exciting things here."

Winston's Accomplishments

Coaching

- Four-time Missouri Valley Conference Champion
- Won three medals at the Central American and Caribbean Championships
- 1999 All-American in the 4x400 relay
- 1997 Southern Conference Team Champion

Competition

- 1994 Southeastern Conference runner-up in 55- and 110-meter hurdles
- Six-time junior college All-American
- Three-time national qualifier in the 55- and 110m hurdles



Greg Jack

THROWS COACH

The new throws coach for Virginia Tech's track and field program is Greg Jack. Throwing events include the discus, hammer, javelin, shot put and weight throw. Jack joins the Hokies staff after serving as the throws coach and the assistant strength and conditioning coach at the University of Pittsburgh.

"What Greg accomplished at Pittsburgh was phenomenal," said Director of Track and Field Dave Cianelli. "In only two years he built their throws program into the top program in the BIG EAST, and I feel he will do the same with our program here at Tech. Greg is one of the brightest throws coaches that I have ever met and I feel very fortunate to have him join our staff."

Jack achieved remarkable success at Pittsburgh in his first coaching position. Under his direction, Pittsburgh athletes broke six school records in throwing events. The program produced a women's NCAA and ECAC javelin qualifier as well as an Olympic Trials javelin qualifier. Jack also coached the men's BIG EAST shot put champion, who was also named the BIG EAST Most Outstanding Indoor Field Athlete.

A native of Ottawa, Canada, the 26-year old Jack graduated from Florida State with a B.S. in physical education. He was an

eight-time all-ACC selection while competing for the Seminoles and was the 1997 conference champion in the shot put. He also had the honor of representing Canada in the discus and javelin at the Canada vs. USA Dual Meet.

"I think Virginia Tech offers a great opportunity for athletes in the throwing events," said Jack. "The facilities here are the best in the conference and Coach Cianelli is aggressively moving the program towards our goal of being the best in the BIG EAST."

Jack's Accomplishments

Coaching

- His athletes broke six school throwing records
- Produced an Olympic Trials and NCAA javelin qualifier
- Coached BIG EAST shot put champion
- Coached BIG EAST Most Outstanding Indoor Field Athlete

Competition

- Eight-time all-Atlantic Coast Conference team member
- 1997 Atlantic Coast Conference shot put champion
- Represented Canada in the discus and javelin at the Canada vs. USA Dual Meet



Ben Thomas

CROSS COUNTRY/DISTANCE COACH

Former Hokie Ben Thomas returns to Blacksburg as the new cross country and distance coach for the men and women. Thomas ran both cross country and middle distance for Tech in the early '90s.

"I'm ecstatic," said Director of Track and Field Dave Cianelli. "Ben represents one of the best young coaches in the country and he has proven his ability to develop athletes. The fact that he is also a Virginia Tech alumnus and a native of Southwest Virginia makes Ben a perfect fit for our program."

Thomas brings with him a combined seven years of collegiate coaching experience. Before coming back to Tech, he served as the men's and women's distance coach at the University of Georgia for six months. Prior to this, he was the head track and cross country coach at Brevard College in North Carolina for a year and a half. While at Brevard, Thomas was named 1999 NAIA Region XII Coach of the Year after leading the men's cross country team to the NAIA Region XII title. He also coached four All-Americans, including three-time NAIA national champion Alexis Sharangabo. In 2000, Thomas coached the fastest collegiate male and female milers in the nation – Sharangabo and Mary Jayne Harrelson, who has joined the Tech coaching staff as the assistant distance coach.

Before his tenure at Brevard, Thomas was the women's

cross country coach and assistant track coach at Appalachian State University from 1995-1999. There he coached several all-conference performers including Harrelson, the 1999 and 2001 NCAA 1,500-meter champion. The ASU women were Southern Conference champions in 1996 and North Carolina Collegiate champions in 1996 and 1998.

A native of Lynchburg, Va., Thomas earned his B.S. in English and communication studies from Tech in 1992. He was an all-conference performer in the 800 in 1992. He earned his M.S. in education from Lynchburg College in 1999.

"This is a dream come true," Thomas said. "This is where I wanted to coach so it's a real blessing to be back in Blacksburg."

Thomas' Accomplishments

- Coached two-time NCAA Champion
- Coached three-time NAIA National Champion
- Coached Cross Country World Championships Qualifier
- 1999 NAIA Region XII Coach of the Year
- 1999 NAIA Region XII Team Champion
- 1996, 1998 & 1999 N.C. Collegiate Team Champions
- 1996 Southern Conference Team Champion
- 1996 Southern Conference Coach of the Year



Mary Jayne Harrelson

ASSISTANT CROSS COUNTRY/DISTANCE COACH

Joining the Virginia Tech track and field staff as the assistant cross country coach this season will be

Mary Jayne Harrelson. This will be her first season as a full-time distance coach, though she knows the trade well. She had a banner career at Appalachian State University, where she was coached by current Tech cross country coach Ben Thomas.

"She will bring high energy and enthusiasm to the team," Thomas said. "She is all about the team and has been at the top level."

Harrelson joins the Tech program after serving as a volunteer assistant for Thomas at the University of Georgia. She was a six-time All-American and won two NCAA 1,500-meter titles at ASU. Furthermore, she was named 2001 NCAA Woman of the Year for the state of North Carolina and made the finals in two events at the U.S. Olympic Trials. She was also named the Southern Conference Female Athlete of the Year in 1999 and 2001 on top of winning 23 conference championships.

A native of North Carolina, Harrelson graduated from Appalachian State in 2001 with a B.S. in criminal justice. Her personal goals include a spot on the 2004 Olympic team at either the 1,500 or 5,000-meter distance.

Harrelson's Highlights

- Fastest U.S. collegian at 800-meters in 2001
- Third-fastest collegian ever at 1,500
- 2000 Olympic Trials: 5th in 1,500; 6th in 800
- 2000-01 NCAA Woman of the Year for North Carolina
- NCAA champion in the 1,500-meters, 1999 and 2001
- NCAA runner-up in the 800, 2001
- NCAA runner-up in the mile, 1999
- 4th-place at World University Games 1,500 in 2001
- Two-time Southern Conference Female Athlete of the Year
- Four-time NCAA All-American as a junior
- 2000 World Cross Country Championships qualifier, 4k
- 800-meter personal record: 2:02.35
- 1,500-meter personal record: 4:07.33

Volunteer Coaches



Bob Phillips

Pole Vault

Bob Phillips returns to the track and field program as the only holdover from last season's coaching staff. A native of Baltimore, Md., Phillips is a former member of the track and field team and has received three degrees from Virginia Tech. He earned his bachelor's in physical education and then went on to earn his master's and Ph.D. in accounting.

During his track and field days at Tech, Phillips broke the school record in both the indoor and outdoor pole vault. He was named an All-American in 1980 and was inducted into the Virginia Tech Hall of Fame in 1999. Two seasons ago, Phillips guided Brian Hunter to All-America status and two new school records.



Melinda Sallins

Sprints/Hurdles

Melinda Sallins joins the Tech coaching staff after serving as a volunteer assistant at Southwest Missouri State. She graduated from SMS in 1997 with a degree in computer information systems and many honors from her track accomplishments.

Sallins was a three-time Missouri Valley Conference champion in the 400 hurdles and a two-time conference champion in the 100 hurdles. Furthermore, she was a two-time All-American and has been ranked in the top ten in the USA in the 400 hurdles for the past five years.



Brandi Smith

Sprints/Hurdles

An All-BIG EAST selection in 2001, Brandi Smith enters the coaching world after a successful five year career at Tech. She graduated last year with a degree in interdisciplinary studies.

Smith was a 2001 all-BIG EAST selection for both the 100 hurdles and the 400 hurdles. Prior to that, she was a two-time Atlantic 10 champion in the 400 hurdles. She holds three individual school records and ran a leg on three relay teams that broke school records.



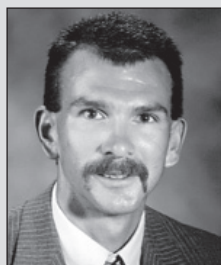
Kevin Walker

Hurdles

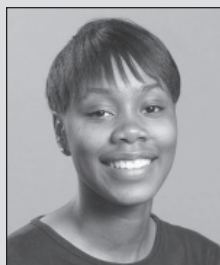
2001 BIG EAST 110 hurdles champion Kevin Walker joins the Hokie coaching staff after a stellar career at Tech. He graduated last year with a degree in human nutrition, foods and exercise, and is working on a master's in education/health promotion.

On top of his BIG EAST title, Walker was a six-time Atlantic 10 champion. He was a two-time 110 hurdles champ, a two-time 400 hurdles champion, and a 55 hurdles champion. In 2000, he was named the Outstanding Performer of the indoor meet.

SUPPORT STAFF



Howard Nippert
Meet Manager



Ashley Marshall
Graduate Assistant



Katie Hocter
Trainer



Diane Price
Secretary



Denie Marie
Facilities Manager
(Field House)

Support Services

STUDENT-ATHLETE ACADEMIC SUPPORT SERVICES

The success of Virginia Tech's athletic program rests largely on the academic progress of each student-athlete. The academic performance of Tech student-athletes has improved each year due in part to the Student-Athlete Academic Support Services (SAASS).

Chris Helms, in his third year at Tech, is the director and is responsible for the development and leadership of the SAASS office. Helms oversees an office comprised of associate directors Lois Berg and Colin Howlett, assistant directors Katie Ammons, Renie Edwards and Becky Kolenbrander, and secretary Terrie Repass. Ammons oversees the coordination for the track and field teams.

Student-athletes devote

many hours to practice, conditioning and training that are not required of all students. Due to their time commitment and their high visibility, it is an obligation and in the best interest of the university to supply these students with services which will allow them to maximize their academic potential.

SAASS provides programming for all student-athletes from their freshman year through graduation. This includes a comprehensive orientation to Tech, study hall, mentoring, tutoring, academic monitoring, academic recognition and eligibility education. Additionally, student-athletes are referred to and encouraged to take advantage of other campus agencies charged with helping

students in their academic pursuits.

Academic facilities for student-athletes include the Monogram Room, a large room used as a study hall area adjacent to the SAASS office in Cassell Coliseum. The HEAT Lab (Hokies Engaging in Advanced Technology) houses over 26 computers on the second floor of Cassell Coliseum and laptop computers are also available for Tech athletes to use when traveling to away contests. The athletic department also provides areas for private, quiet study for the athletes' convenience.

Additionally, student-athletes can use the Center for Academic Enrichment and Excellence site offices,



Chris Helms



Katie Ammons

located in Hillcrest and Femoyer Halls.

With the help of these resources, the Virginia Tech graduation rate for student-athletes has risen significantly in recent years and reached 67 percent in 2001 as compared to the national average of 58 percent. The projected 2002 student-athlete graduation rate is over 70 percent, which will mark the fourth time in the last nine years that Tech has reached that level.

OFFICE OF STUDENT LIFE

The Office of Student Life at Virginia Tech provides assistance to student-athletes in a number of areas. This office, run

by director of student life Jermaine Holmes, and coordinator of student life Amy Freel, is dedicated to enhancing the quality of the student-athlete experience through many programs it implements.



Jermaine Holmes



Amy Freel

Holmes is in his third year as the director of student life. He oversees the day to day operation of the office of

student life, directs the HiTOPS CHAMPS/Life Skills Program and serves on various student-related committees on campus.

He earned his bachelor's degree in marketing management in 1996 and his master's in consumer studies in 1998, both from Virginia Tech.

Freel is in her third year as the coordinator of student life at Virginia Tech. Freel serves as the community service coordinator and assists with the development and implementation of alcohol, tobacco, and drug awareness programs.

Freel graduated from Ball State University in Muncie, Ind., with her bachelor's in dietetics in 1996 and received her master's in the same field from Ball State in 1998.

Some of the programs the Office of Student Life sponsors are:

HiTOPS CHAMPS/Life Skills

HiTOPS (Hokies Turning Opportunities Into Personal Success) provides a well-rounded program for student-athletes to develop the individual skills necessary to lead successful and productive lives.

This program's goal is to enhance five areas of commitments that are vital to personal growth of student-athletes. Those areas are service; academic excellence; career development; athletic excellence; and personal development.

Hokies With Heart

Hokies With Heart is a program of the Office of Student Life which promotes involvement of student-athletes in community service activities. In the past year, Virginia Tech athletes were involved in over 45 community service projects.

VT-SAAC

Virginia Tech Student-Athlete Advisory Committee (VT-SAAC) promotes effective communication between athletic administration and student-athletes to better serve their needs. The program is completely run by student-athletes and each team has two representatives.

This program also encourages involvement of student-athletes on campus and in the community. The student-athletes help to design and provide programs that encourage academic success, health promotion, social responsibility and general awareness.

Outstanding Student-Athletes

Each month, the Office of Student Life awards recognition to a student-athlete for their participation in community service projects and their dedication to the "Hokies with Heart" program.

ATHLETIC PERFORMANCE/STRENGTH & CONDITIONING

Under the direction of Assistant Athletic Director for Athletic Performance Mike Gentry, Ed.D., the Virginia Tech strength and conditioning program is among the best in the nation.

Gentry is in his 14th year as the Hokies' director of strength and conditioning. His duties include overseeing the strength and conditioning training of athletes in all 21 varsity sports at Virginia Tech. A native of Durham, N.C., Gentry received his bachelor's degree in physical education from Western Carolina University in 1979 and his master's from the University of North Carolina at Chapel Hill in 1981. He received his doctorate in curriculum and instruction, with an emphasis in motor behavior, from Virginia Tech in 1999. In 1995 and 1996, Gentry was recognized by the National Strength and Conditioning Association as a finalist for the National Strength and Conditioning Professional of the Year.

The track and field teams train in the Jim "Bulldog" Haren

Weight Room. Located in Jamerson Athletic Center, the 5,000 square foot weight room was officially dedicated in September 1985 to Haren, a former Hokie player and long-time supporter of the Virginia Tech Athletics Department.

Assisting Gentry in the weight room this year are three full-time assistant strength and conditioning coaches: Jay Johnson, assistant director of strength and conditioning, Terry Mitchell, strength and conditioning coordinator of men's Olympic sports and Emily Chones, strength and conditioning coordinator for women's Olympic sports. Chones is responsible for working with the track and field teams.

Gentry will also have the services of three graduate assistants – Erin O'Neil, Tim Ralph and Shannon Turly.

There's much more to athletic performance than

weight training. Always striving to stay on the cutting edge, Virginia Tech has added two more services for its student-athletes in the past couple of years. At Tech, sports psychology and nutrition are also a part of the student-athlete's preparation – not just for game day, but also for life after college.

The Training Edge

In addition to her responsibilities as coordinator of student life, Amy Freel is the athletics department's sports nutritionist.

Freel works one-on-one with student-athletes to provide them with information that they need on their diet. She also provides individual players with diet counseling on issues such as gaining lean muscle mass, losing body fat, and how to eat to improve performance.

The sports nutritionist works with the "Training Edge," a dining option for health-conscious students and athletes, to design menus for training tables and daily menu selections.

Sports Psychology

A new addition to the athletics department as of August 2000 is sports psychology. The licensed psychologists, Dr. Brenna Chirby, Dr. Gary Bennett, and Dr. Robert Miller, associate director of the Thomas E. Cook Counseling Center, counsel student-athletes either individually or as a team.

"I've always felt that (sports psychology) was an important element. We want to be a holistic model of an athletics department and we wanted to and needed to include sports psychology in that model," Gentry said.

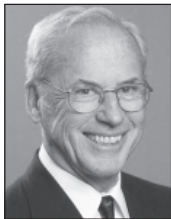
"These are great resources for our coaches and our athletes," Gentry added. "We've improved a lot in areas of strength and conditioning, nutrition and in sports psychology. It's all about becoming a well-rounded athletic program and helping student-athletes. We want to give them all the resources we can to put them in a position to be successful."



Emily Chones

SPORTS MEDICINE DEPARTMENT

The Virginia Tech Sports Medicine Department, under the leadership of Dr. Duane Lagan, director of sports medicine, and Mike Goforth, director of athletic training, is constantly evolving to incorporate new ideas and state-of-the-art resources for



Dr. Duane Lagan



Mike Goforth

the betterment of student-athletes. A staff including general practitioners, orthopedic surgeons,

certified athletic trainers, physical therapists, chiropractors, massage therapists, sports psychologists, nutritionists and orthotists, are available to manage the health care of athletes.

As part of the evolution, the department is completing the first year of development and data collection for a strategic health care planning grant. This grant, awarded last fall, is titled "The Center for Performance and Sports Medicine Excellence," and was initiated by Dr. Charles Baffi, Dr. Kerry Redican, Dr. Mike Gentry and Goforth. The purpose is to develop a multidisciplinary model for Division I health care.

"Our goal with this program is to formally provide our athletes with the most effective

and efficient health care delivery system possible," Goforth said. "This grant will serve as a framework for universities across the country to provide high-level health care services for their athletes, and at the same time, creates the first collaboration between academic research and athletics here at Virginia Tech."

Another aspect of this constantly evolving department is a new athletic training room in the Jamerson Athletic Center. When completed, the 4,300 square foot Eddie Ferrell Memorial Training Room will consolidate existing training rooms in the Merryman Center and Cassell Coliseum. The new facility gives the training staff a centralized area to care for the needs of all Virginia Tech student-athletes.

The new room, which will

nearly double the size of the current Merryman Center facility, will also allow that training room to be used for physical therapy, chiropractic care and massage therapy. When completed, Virginia Tech will have more than 10,000 square feet dedicated to sports medicine, placing Tech in the top five percent nationally.

The range of benefits athletes have access to include custom orthotics, custom mouth guards, specialized prophylactic bracing and many other options to help prevent or protect them from injuries. The sports medicine staff also takes great pride in treating the athlete year-round.

"Our goal is to provide the same high level of health care that professional and Olympic athletes receive," Goforth said.



Jim Weaver

DIRECTOR OF ATHLETICS

James C. Weaver, whose innovative ideas and work as a reformer have made him one of college athletics' most popular administrators, is the director of athletics at Virginia Tech.

Weaver, 56, was appointed on September 24, 1997 and has been a tireless leader on behalf of Tech athletics. In his four years on the job at Tech, Weaver has taken steps to place increased emphasis on projects benefiting student-athletes. He created a comprehensive awards program for letterwinners and has initiated and funded an annual awards banquet.

Weaver's biggest accomplishment thus far has been getting Tech admitted into an all-sports conference. Tech entered competition in the BIG EAST Conference for most sports during the 2000-2001 season.

A top personal priority for Weaver is the area of facilities. A major expansion of Lane Stadium/Worsham Field is underway, as is an athletic training facility on the first floor

of Jamerson Athletic Center. Virginia Tech contracted with GreenTech, Inc., of Richmond, Va., to install its highly innovative, ITM natural grass sports field system in Lane Stadium/Worsham Field for the 2001

season. Under Weaver's direction, lighted football practice fields — conveniently located in the center of the athletics complex — were completed during the spring.

With the football team moving to the new practice complex, the former football practice field is being used by the Tech men's and women's soccer teams and the women's lacrosse team.

"Jim Weaver was the unanimous choice of our search committee," retired Tech President

Paul Torgersen said at a Blacksburg news conference when the new AD was introduced. "The committee was searching for someone with extensive Division I experience, a commitment to compliance, a

commitment to gender equity, a commitment to all 21 varsity sports and a vision for conference alignment."

Weaver and his wife Traci have four sons — Josh, Paul, Cole and Craig.

ATHLETIC ADMINISTRATORS



Sharon McCloskey
Senior Associate
Director of Athletics



David Chambers
Senior Associate AD
for External Affairs



Tom Gabbard
Associate AD for
Internal Affairs
(Track Administrator)



Jon Jaudon
Associate AD for
Administration



John Ballein
Associate AD for
Football Operations



Tim East
Assistant AD for
Marketing & Promotions



Tim Parker
Assistant AD for
Compliance



Mike Gentry
Assistant AD for
Athletic Performance

The BIG EAST™ Conference

Virginia Tech became the 14th full member of the BIG EAST Conference in 2000-01.

The BIG EAST became a reality on May 31, 1979, following a meeting of athletic directors from Providence College, St. John's, Georgetown and Syracuse Universities. Seton Hall, Connecticut and Boston College completed the original seven-school alliance.

After one season, Villanova was added and began play in

1980-81. Two seasons later, Pittsburgh joined the group and started competition in '82-83.

Miami was admitted in 1990 and began BIG EAST competition in '91-92. Rutgers, West Virginia and Notre Dame joined in '94 and began play in 1995-96.

While the membership has increased, the focus of the BIG EAST remains unchanged. It is a group that reflects a tradition of broad-based programs, led

by administrators and coaches who place a constant emphasis on academic integrity.

BIG EAST sports attract the interest of followers in the nation's largest media markets including New York, Chicago, Philadelphia, Boston, Washington, D.C., Miami, Pittsburgh and Hartford. The league has long been considered a leader in innovative concepts in promotion and publicity,

particularly regarding television. Those efforts have resulted in unparalleled visibility for BIG EAST student-athletes.

More than 450 BIG EAST athletes have earned All-America recognition and dozens have won individual NCAA national championships.

The BIG EAST has its headquarters in Providence, R.I., where the conference administrators to more than 5,000 athletes in 21 sports.

2002 Men's Outlook

Men hope to turn a blend of experienced veterans and talented youth into a BIG EAST title

Any time a university enters a new conference, new expectations are placed on its athletic program. In the track and field program's case, an entirely new coaching staff has been brought in to carry out these new expectations. Director of Track and Field Dave Cianelli has a core group of returners and a talented group of newcomers on the men's side that should make the Hokies' second season in the BIG EAST very exciting.

Sprints/Hurdles

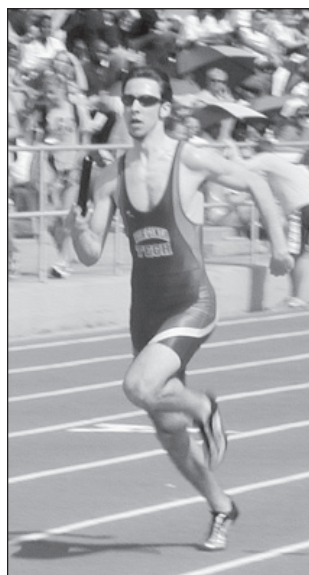
Coach Terry Winston will have a nice mixture of both veteran and young talent to work with in his first season at Tech. Sophomore **Jevon Jenkins** leads the way after winning the BIG EAST title in the 100 (10.52) in his first season of collegiate competition. Junior **Buck**

Grant broke the school record in the 400 last season and will contend for all-conference honors. He placed fourth at the BIG EAST meet in the 400 with a time of 48.12. Seniors **Clinton Edwards** and **Frank DiPadova** return as the veteran leaders of this group and to anchor the relay teams. Edwards is a former conference champion in the 400.

The Hokies will turn to newcomer **James Williams** as their top hurdler going into this season. Kevin Walker returns to the program as a volunteer coach to help with the hurdlers.

Middle Distance/Distance

This should be the deepest and most experienced aspect of this year's team. Distance coach Ben Thomas has some key



Buck Grant

returnees that will battle for all-conference honors. Senior **Eric Necciai** and junior **Kevin Rhue** figure to be the leaders of the middle distance events. Rhue had the fastest 1,500 time on the team last season and ran a

leg on the school record setting 4x1,500 relay team. Look for Buck Grant to be a big contributor as well.

Casey Frazier returns for his sophomore season as the Hokie's top performer in the 3,000 and in the steeplechase. He will be pushed by freshman **L.A. Snead**, who the coaches believe will be a valuable contributor and one to keep an eye on in his first season. **David Atkiss**, another freshman, led the team at districts during cross country and should be a solid long distance performer.

Jumps/Pole Vault

Senior **Darryl McCoy** is a past conference champion in the long jump and will again be the leader in this event.

Jason Fludd is the top returner in the triple jump.

Senior **Marcus Tepaske** is the top returner in the pole vault. He posted the top vaults for the Hokies last year and will be counted on for senior leadership.

Freshman **Brian Mondschein** has been impressive early on and could be a key contributor in the vault.

Throws

Giff Hummel returns for his senior season as the clear leader of this group. He posted the top marks for Tech in the javelin, weight throw, and shot put last season. He will be pushed by freshman **Ryan Norwood**, who will be expected to contribute right away for coach Greg Jack and the Hokie throwers.



Giff Hummel

The Men's Roster

Name	Cl.	Hometown	H.S./College	Event
Edward Altman III	Fr.	Midlothian, Va.	Clover Hill	Distance
David Atkiss	Fr.	Hatfield, Pa.	North Penn	Distance
Nathan Bath	Sr.	York, Pa.	York	Pole Vault
Patrick Bringardner	Fr.	Gettysburg, Pa.	Gettysburg Area	Distance
Duane Caines	r-Jr.	Great Falls, Va.	Langley	Sprints
Eric Callendar	So.	Springfield, Va.	West Springfield	Distance
David Cook	Fr.	Pataskala, Ohio	St. Charles Prep	Sprints
Josh Davis	So.	Chambersburg, Pa.	Chambersburg Area	Distance
Victor Davis	Fr.	Richmond, Va.	Monacan	Hurdles
Larry Dowdy	Fr.	Tazewell, Va.	Tazewell	Throws
Frank DiPadova	Sr.	Point Pleasant, N.J.	Point Pleasant Borough	Sprints
Clinton Edwards	Sr.	Richmond, Va.	Monacan	Sprints
Jason Fludd	r-Fr.	Stafford, Va.	Brooke Point	Jumps
Casey Frazier	So.	Woodbridge, Va.	Woodbridge	Distance
David Fritz	So.	Conesus, N.Y.	Livonia	Pole Vault
Larry Gooss	r-Fr.	Glen Allen, Va.	Hermitage	Distance
Buck Grant	Jr.	Centreville, Va.	Centreville	Sprints
Jason Hettenbaugh	r-So.	Lima, N.Y.	Honeoye Falls - Lima	Distance
Giff Hummel	Sr.	Lewisburg, Pa.	Lewisburg Area	Throws
Anthony Jenkins	So.	Baltimore, Md.	Woodlawn	Middle Distance
Jevon Jenkins	So.	Portsmouth, Va.	Nansemond-Suffolk Academy	Sprints
Kevin Jones	Fr.	Chester, Pa.	Cardinal O'Hara	Sprints
Adam Jury	So.	Catskill, N.Y.	Rondout Valley	Sprints
Michael Lawson	Fr.	Foster, R.I.	Ponaganset	Distance
Jeremy Lowery	Jr.	North Canton, Ohio	Ashland University	Distance
Andrew Mandiville	Fr.	Cumberland, R.I.	Cumberland	Distance
Mark Manny	Sr.	Chesapeake, Va.	Western Branch	Distance
Darryl McCoy	Jr.	Roanoke, Va.	William Fleming	Jumps/Sprints
Brian Mondschein	Fr.	Hummelstown, Pa.	Hershey	Pole Vault
Eric Necciai	Sr.	Mt. Airy, Md.	Linganore	Middle Distance
Ryan Norwood	Fr.	Cheyenne, Wyo.	East	Throws
Josiah Oliver	So.	Richmond, Va.	Governor's School	Distance
Kevin Rhue	Jr.	Virginia Beach, Va.	Princess Anne	Middle Distance
Justin Skaare	Fr.	Mechanicsburg, Pa.	Cumberland Valley	Distance
L.A. Snead	Fr.	Burke, Va.	James W. Robinson	Distance
Marcus Tepaske	Sr.	Freehold, N.J.	Freehold	Pole Vault
Matt Thomas	r-So.	Sewickley, Pa.	Quaker Valley	Distance
Ernest Wilford	So.	Richmond, Va.	Armstrong/Franklin	Sprints/Jumps
James Williams	Fr.	Camden, N.J.	Camden	Hurdles
Jason Williams	r-Fr.	Annandale, Va.	Annandale	Hurdles

Men's Profiles



Duane Caines

r-Junior - Sprints
Langley H.S.
Great Falls, Va.

2000-2001: Member of the 4x100 relay team that took 13th place at the Raleigh Relays with a time of 41.96 ... Captured fourth place in the 100 (11.04) and sixth place in the 200 (22.61) at the Gatorade Meet in Tennessee, both season-best performances ... Had a top 25 finish at the BIG EAST outdoor conference championships, finishing 22nd in the 100.

High School/Other: Competed in the 100, 200, and 400 en route to earning two track letters for coach Mike Megan at Langley ... Was an all-state wide receiver in football ... Also played guard on the basketball team ... Son of George and Sadie Caines ... Enrolled in marketing.

FOLLOW THE HOKIES!

hokiesportsinfo.com

is the best online source for fast, accurate coverage of all Hokie sports teams and events. It provides results, press releases and event stories for track and field and all of Tech's 21 varsity sports.

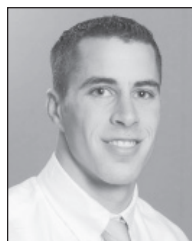


Josh Davis

Sophomore - Distance
Chambersburg Area H.S.
Chambersburg, Pa.

2000-2001: Ran a 15:21.23 in the 5,000 while redshirting for the indoor season ... Redshirted the outdoor season as well ... Stepped up quickly in his first season and earned cross country rookie of the year honors ... Proved his consistency by placing in the top five for Tech in every race of the season ... Best finish came at the Virginia Tech Invitational where he was fifth ... Set a personal record of 25:15 at the Disney Classic ... Finished in the top 50 at both the BIG EAST and IC4A championships.

High School/Other: A three-time state medalist and letterwinner in track ... Took ninth in the 3,000 at the Penn Relays ... School record holder in the 3,000 with a time of 8:47 ... Competed in cross country for only one year and managed to place 14th in the state and get named to the Chambersburg Cross Country Hall of Fame ... Earned one varsity letter for coach John Ambrosio after playing soccer his sophomore and junior years of high school ... Enrolled in engineering.



Frank DiPadova

Senior - Sprints
Point Pleasant Borough H.S.
Point Pleasant, N.J.

2000-2001: Earned rookie of the year honors for the indoor season ... A consistent performer throughout both seasons for the Hokies ... A member of the top scoring 4x100, 4x200, and 4x400 relay teams ... The 4x400 relay team finished fourth at the BIG EAST outdoor championships in an IC4A qualifying time of 3:14.07 ... Took fifth place in the 200 with a season-best time of 22.52 at Tennessee on top of an eighth-place finish in the 400 ... Captured third in



Frank DiPadova

the 400 at the New Year's Invitational and at Christopher Newport ... Took 10th place in the 400 at the BIG EAST indoor championships ... Placed 14th in the 200 and 11th in the 400 at the Pepsi Invitational.

Monmouth University: Earned freshman performer of the year in 1999 ... All-conference in the 400 and as a member of the 4x400 relay team as a sophomore ... Member of the conference champion 4x100 relay team in 2000.



Clinton Edwards

Senior - Sprints
Monacan H.S.
Richmond, Va.

2000-2001: Won the 200 and was runner-up in the 400 at Christopher Newport ... Ran a season best and IC4A outdoor qualifying time of 21.45 in the 200 at the Yellow Jacket Invitational ... Qualified for the IC4A indoor 200 with a 22.16 mark at the New Year's Invitational ... A member of the top scoring 4x100, 4x200, and 4x400 relay teams ... The 4x400 relay team finished fourth at the BIG EAST outdoor conference championships in an IC4A qualifying time of 3:14.07 ... Finished sixth in the 200 at the outdoor

conference championships ... Took third in the 200 and fifth in the 400 at UNCC ... Captured fifth place in the 400 at JMU with a season-best time of 48.12 ... Garnered top ten finishes in both the 200 and 400 at Tennessee.

1999-2000: Atlantic-10 champion in the 400 and fifth in the 200 during the indoor season ... IC4A qualifier in the indoor 400 and the outdoor 200 ... Ran a personal best in the 200 while placing sixth at the Spring Gobbler Invitational ... Placed sixth in the 200 during the A-10 outdoor championships.

1998-1999: Ran a leg on the Atlantic-10 outdoor champion 4x400 relay team ... Took fourth place in the 400 at the Spring Gobbler Invitational ... Finished fourth in both the 400 and the 200 at Christopher Newport ... Ran a personal best 49.48 in the 400 at JMU.

High School/Other: A member of the district and regional champion 4x100 relay team while attending Monacan ... The Dominion District runner-up in the outdoor 200 ... Majoring in family financial management.



Casey Frazier

Sophomore - Distance
Woodbridge H.S.
Woodbridge, Va.

2000-2001: Held the fastest times for Tech in the 3,000 and 3,000 SC during the outdoor season ...

Claimed fifth at the CNU Invitational and 15th at the BIG EAST championships in the steeplechase ... Was one of just three members of the cross country team to complete all eight competitions during the season ... Recorded four top 15 finishes ... Best performance was an 8k personal record of 25:32 at the Disney Classic.

High School/Other: A four-year letterman in cross country and both indoor and outdoor track while at Woodbridge ... Earned all-state honors as a member of the 4x800 relay team for coach Jim Rodgers ... All-district and all-region in cross country, one mile and two mile events in both his junior and senior years ... Enrolled in architecture.



Buck Grant

Junior - Sprints
Centreville H.S.
Centreville, Va.

2000-2001: Broke the school record in the indoor 400 with a time of 47.96 at the Last Chance Invitational ... A member of the DMR that finished tenth at the NCAAs and broke the school record with a time of 9:37.98 ... Had the best time of the outdoor season in the 400 with an IC4A qualifying time of 47.71 at the Gobbler Invitational ... Finished fourth in the 400 at the BIG EAST outdoor conference championships ... Took seventh in the 200 with a season-best time of 22.21 and second in the 400 at UNCC ... Won the 400 at



Jason Hettenbaugh

Christopher Newport and finished fourth at Tennessee ... Had the best time of the season for the Hokies in the 500 with a 1:04.74 at the BIG EAST indoor preliminaries ... Key component of the 4x100, 4x200, 4x400, and distance medley relay teams.

1999-2000: Stepped right into action and was a top quarter-miler as a freshman ... Took fourth at the conference championships in the outdoor 400 with a time of 47.95 ... IC4A qualifier in the 400 during indoor and outdoor seasons ... Earned top honors at the Spring Gobbler Invitational in the 400 ... A key contributor on the 4x400 relay team.

High School/Other: An All-American as a member of the Centreville 4x400 relay team that took second place at the national championships ... Earned all-district, all-region, and all-state honors ... Played soccer as well ... Enrolled in geophysics.



Jason Hettenbaugh

r-Sophomore - Distance
Honeoye Falls-Lima H.S.
Lima, N.Y.

2000-2001: Took third place in the 1,000 at the Last Chance Invitational with an IC4A qualifying time of 2:29.08 ... Placed third in the steeplechase at UNCC and 19th at the BIG EAST championships ... Took fourth in the 3,000 at the Gobbler Invitational ... Competed in three meets during the cross country season after an early season injury ... Earned a spot in the top seven in his first race of the season with a 16th-place finish at the Hall of Fame Invitational ... Ran a season-best mark of 26:34 at the BIG EAST championships.

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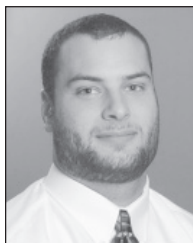
Hettenbaugh

Continued

1999-2000: Proved his ability during the outdoor season by placing second at the A-10 championships in the steeplechase (9:16.00) and qualifying for IC4As ... Qualified for the indoor IC4As in the 1,000 with a 2:29.25 performance ... Had top-three times in the steeplechase, mile, 1,500 and 1,000 for Tech's season ... Redshirted the cross country season.

High School/Other:

Named all-county three years and all-section for a second-place finish ... Earned three letters at Honeoye Falls-Lima under coach Bernie Gardner ... Competed in Nordic skiing, also known as cross country skiing ... Finished fourth at the New York state meet his senior year ... Competed for Mid-Atlantic Junior National Ski Team in Alaska in 1999 ... New York state meet runner-up in 1998 ... Qualified for Junior Nationals with a 9:39 in 1998 ... Two-time section five champion in the 1,600 and 3,000 steeple ... Majoring in education.



Giff Hummel

Senior - Throws
Lewisburg Area H.S.
Lewisburg, Pa.

2000-2001: Solidified his position as Tech's top performer in the throws ... Had season-best marks for the Hokies in the javelin,

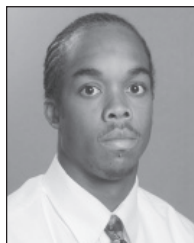
weight throw, and shot put ... Won the javelin at UNCC with a season-best throw of 180'09" and was fifth in the shot put ... Qualified for IC4As in the shot put at the Pepsi Invitational with a 51'02.25" mark ... Took seventh at the BIG EAST outdoor championships in the shot put ... Placed fourth in the shot put and seventh in the javelin at the Gatorade Meet in Tennessee.

1999-2000: Finished third in the javelin and eighth in the hammer throw at the Spring Gobbler Invitational ... Captured sixth place in the javelin at the A-10 outdoor championships ... Took eighth place in the javelin at the Sea Ray Invitational ... Redshirted the indoor season.

1998-1999: Won the javelin at the Spring Gobbler Invitational ... Took fifth in the javelin at the outdoor A-10 championships and at the April Fools Invitational.

High School/Other:

Earned four letters for coach Mark Sundberg while attending Lewisburg ... Enrolled in marketing.



Jevon Jenkins

Sophomore - Sprints
Nansemond - Suffolk Academy
Portsmouth, Va.

2000-2001: Had a solid freshman campaign highlighted by winning the 100 at the BIG EAST outdoor conference championships ... IC4A qualifier in the 100 for the

outdoor season ... Victorious in the 100 at Christopher Newport ... Ran a team season-best 6.98 in the 60 at the Pepsi Invitational ... Placed ninth in the triple jump and 15th in the 60 at the BIG EAST indoor championships.

High School/Other:

Tidewater Conference MVP in 1999 and 2000 ... 1998 private school state champ in the 100 ... Five-time team MVP ... Earned TCIS all-academic team honors ... Also played on the football team ... Son of John and Jill Jenkins ... Undecided on a college major.



Darryl McCoy

Junior - Jumps/Sprints
William Fleming H.S.
Roanoke, Va.

2000-2001: Had another solid season for Tech ... Ran a season-best 6.99 in the 60 at the Virginia Tech Challenge, good for second place ... IC4A qualifier in the long jump ... Finished 10th in the long jump and 16th in the 60 at the BIG EAST indoor championships ... Ran a season-best 11.16 in the 100 at the Raleigh Relays ... Took fifth place in the long jump at the Tech Challenge and at the New Year's Invitational.

1999-2000: Atlantic 10 champion in the long jump during both the indoor and outdoor season ... Nailed a 24'05" long jump at the JMU Invitational to set a personal record and nearly a new school record ... Qualified



Darryl McCoy

for IC4As in the long jump during both seasons ... Ran a leg on the first-place 4x100 relay at A-10s ... Took third in the long jump and fourth in the 100 at the Virginia Tech Indoor Invitational.

1998-1999: Contributed heavily as one of Tech's top jumpers ... Claimed first at Christopher Newport in the long jump ... Brought home A-10 indoor bronze and A-10 outdoor silver in the long jump ... Qualified for outdoor IC4As in the 100 and the long jump ... A member of the conference champion 4x100 relay team.

High School/Other:

All-district in long jump, high jump and 4x400 while competing for coach Rudy Dillard at William Fleming High School ... All-state and fifth in the 4x100 relay at the National Scholastic Outdoor Championships in addition to finishing 10th in the long jump ... Enrolled in university studies.



Eric Necciai

**Senior - Middle Distance
Linganore H.S.
Mt. Airy, Md.**

2000-2001: IC4A indoor qualifier in the 500 and 1,000 and outdoor in the 800 ... A member of the 4x800 relay team that finished third at the BIG EAST outdoor championships and fourth at the indoor championships ... Runner-up in the 1,000 at the Last Chance Invitational ... Took third place in the 800 at the Gobbler Invitational and at the Virginia Tech Challenge ... Ran a season-best 1:05.01 in the 500 at the Pepsi Invitational, good for a sixth place finish ... Finished eighth in the 800 at the BIG EAST indoor championships and 11th at the outdoor championships.

High School/Other:

Had a banner high school career ... Won a total of nine state championships ... State champ in the indoor 500 and 800 ... Named All-American after finishing fifth at the national meet in the 800 ... State champ in the outdoor 1,600 and a two-time state champ as a member of the outdoor 4x800 relay team ... Three-time state champ as a member of the indoor 4x800 relay team ... Named all-county, all-region, and all-state in cross country after leading Linganore to the 1997 state title ... Son of Dr. Julius and Kathy Necciai ... Majoring in biology with a chemistry minor.



Josiah Oliver

**Sophomore - Distance
Governor's School
Richmond, Va.**

2000-2001: Consistent performer in the steeplechase and 1,500 during his first collegiate track season ... Ran a leg on the 4x1,500 relay team that broke the school record at the Raleigh Relays ... Took fourth place in the steeplechase at Christopher Newport and at UNCC ... Had a solid showing at the Gobbler Invitational, finishing ninth in the 1,500 and seventh in the 3,000 ... Claimed 10th place in the 1,500 at the Gatorade Meet.

High School/Other:

Colonial District runner-up in the 800 and the 1,600 in 2000 ... Finished ninth at the state meet in the 1,600 ... Earned four track letters and three cross country letters for coach Jim Holdren ... Son of Marcus and Carol Oliver, both Tech graduates ... Enrolled in mechanical engineering.



Kevin Rhue

**Junior - Middle Distance
Princess Anne H.S.
Virginia Beach, Va.**

2000-2001: Posted the top 1,500 time of the season (3:50.80) for the Hokies at the Yellow Jacket Invitational ... Ran a leg on the 4x1,500 relay team that broke the

school record at the Raleigh Relays ... Member of the 4x800 team that finished third at the BIG EAST outdoor championships ... Took third place in the 1,500 at UNCC and at Tennessee ... Posted IC4A qualifying times in the 1,000 and in the mile at the Last Chance Invitational ... Placed sixth in the 1,000 at the Pepsi Invitational.

1999-2000: Had a breakthrough race in the mile at the A-10 indoor championships by taking third with a 4:12.38 mark ... Was the team's top miler and second-best 1,500 and

1,000 runner during the track seasons ... Was seventh at the USA Junior Nationals and third at the Spring Gobbler Invitational in the 1,500 ... Won the first track race of his collegiate career in the mile at the Virginia Tech Invitational ... Earned A-10 cross country rookie of the week honors after taking third at the Ohio Invitational in a personal best time of 25:33.

High School/Other: A three-year letterman, three-time team MVP and three-time captain for coach Joseph Panchik at Princess Anne H.S. ... Was district and regional champion and state runner-up in the 1,000 with a personal best of 2:29.89 ... Two-time state runner-up in the 1,600, recording a personal-best time of 4:14 ... Named 1999 Virginia Beach Sports Club Athlete of the Year ... Won the 1998-99 Orval Auhl Memorial Award for excellence in athletics and contributions to the community ... Enrolled in finance.



Marcus Tepaske

**Senior - Pole Vault
Freehold H.S.
Freehold, N.J.**

2000-2001: Won the pole vault at the JMU Invitational with an IC4A qualifying vault of 15'09" ... Victorious at UNCC in the vault ... Finished eighth at the BIG EAST indoor and outdoor championships in the vault ... Placed in the top five at

Continued on next page



Kevin Rhue

Tepaske

Continued

the Gobbler Invitational and at the New Year's Invitational.

1999-2000: Earned a silver medal at the A-10 outdoor championships in the pole vault with a leap of 15'03" ... Took third at the Spring Gobbler Invitational ... Season best vault of 15'03.5" came at the Sea Ray Invitational.

1998-1999: Captured third place in the pole vault at the A-10 outdoor championships.

High School/Other: A three-time all district performer in the pole vault at Freehold ... Set the school and district record with a vault of 14'1" ... Took third at the Meet of Champions ... Enrolled in mechanical engineering.



Matt Thomas

r-Sophomore - Distance
Quaker Valley H.S.
Sewickley, Pa.

2000-2001: Captured seventh at the Virginia Tech Invitational for his highest finish of the cross country season ... Ran in Tech's top seven in five of his six meets during the season ... Best time of 26:14 came at the Disney Classic ... Missed the 2001 track season while he worked in a cooperative education position.

1999-2000: Redshirted the season.

High School/Other: Ran only his senior season for coach Dave Noyes at Quaker Valley ... Finished ninth in the WPIAL championships ... Earned the scholar-athlete award during his senior year ... Also played soccer and basketball ... Enrolled in engineering.



Ernest Wilford

Sophomore - Sprints/Jumps
Armstrong/Franklin H.S.
Richmond, Va.

2000-2001: Did not compete following surgery for tendonitis in his right knee.

1999-2000: Set the Atlantic 10 triple jump record at the outdoor conference championships with a mark of 48'02" ... Won the A-10 triple jump indoor title and took third in the long jump ... Captured sixth place in the triple jump at the IC4A indoor championships with a leap of 50'04.75".

High School/Other: Earned all-state honors after taking second place in the triple jump at the state championships ... Named to the all-national team ... Doubles as a split end on the football team and earned Super Iron Hokie honors for his accomplishments in the strength and conditioning program ... Son of Ernest, Sr., and Janice Wilford ... Enrolled in sociology.

NEWCOMERS



David Atkiss

Freshman - Distance
North Penn H.S.
Hatfield, Pa.

High School/Other: Two-time third place finisher at the PIAA state cross country championships while attending North Penn ... Three-time letterwinner and senior captain for coach Ron Jaros ... Two-time North Penn booster club and *North Penn Reporter* MVP ... Has a 5k personal record of 15:36 and the Neshaminy H.S. course record of 15:39 ... First-team all-league

three consecutive years ... First in 4x800 at Nike National Championship and indoor state champion in 4x800 relay ... A 2001 All-American in the 4x800 ... League champion in the 3,200 ... Enrolled in management information systems.



Patrick Bringardner

Freshman - Distance
Gettysburg Area H.S.
Gettysburg, Pa.

High School/Other: Three-time state qualifier and an all-state performer in cross country ... Mid Penn Conference and District III champion ... Has a personal record of 15:56 ... Bull Run Invitational and State College Invitational winner ... Lettered four times in cross country and track for coach Jack Harbaugh ... Earned fifth place in the 1,600 at the state competition ... Holds the Gettysburg Area H.S. record in the 1,600 with a 4:18.4 ... Team MVP for three years in track and cross country ... Enrolled in university studies.



David Cook

Freshman - Sprints
St. Charles Prep
Pataskala, Ohio

High School/Other: All-league and all-district performer in the 200 and 400 ... Named MVP of track team ... Earned four letters for coach Al Hostetler at St. Charles Prep ... Named to the academic all-Ohio team ... Doubled as the captain of the basketball team ... Son of Peter and Dawn Gallen ... Majoring in business.



Victor Davis

**Freshman - Hurdles
Monacan H.S.
Richmond, Va.**

High School/Other:
2001 Dominion District runner of the year ... District champion in the 55 hurdles, 110 hurdles, and 300 hurdles his junior year ... Team captain and team MVP for coach Danny Parsons ... Two-time All-Academic Dominion District ... All-Metro performer in the 110 and 300 hurdles ... Recovered from a torn calf muscle that kept him out of action during indoor to place fifth at the state meet in the 300 hurdles during outdoor in his senior season ... Son of Dr. Victor and Rosa Davis ... Enrolled in human nutrition, foods and exercise.



Larry Dowdy

**Freshman - Throws
Tazewell H.S.
Tazewell, Va.**

High School/Other:
Three-time district champ in the discus event ... Named all-state both junior and senior year ... Took third place in the region ... Won three letters for coach Tommy Keene at Tazewell ... Also a member of the football team and the

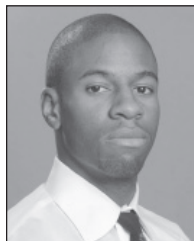
swimming team ... Named student of the year ... Son of Larry and Kathren Dowdy ... Undecided on a college major.



Jason Fludd

**r-Freshman - Jumps
Brooke Point H.S.
Stafford, Va.**

High School/Other:
Named to the Verizon USATF All-America team for the triple jump ... All-state and all-met performer for coach J.C. Hall ... 2000 state champion in the triple jump ... Named the Athlete of the Year for 2000 by the *Freelance Star* newspaper ... Son of Alphonzo and Valerie Fludd ... Enrolled in communication studies.

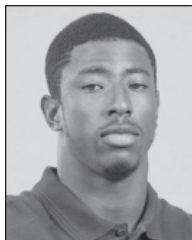


Anthony Jenkins

**Sophomore -
Middle Distance
Woodlawn H.S.
Baltimore, Md.**

High School/Other:
County and region champ in the 500 and 300 hurdles ... State runner-up in the 300 and as a member of the 4x400 relay team ... USATF national qualifier in the 400 hurdles ... Member of the 4x400 relay team that won the state title ... Earned three letters for coach

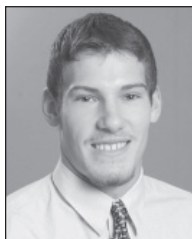
Michael Sye at Woodlawn ... Son of Ray and Rhonda Jenkins ... Majoring in electrical engineering.



Kevin Jones

**Freshman - Sprints
Cardinal O'Hara H.S.
Chester, Pa.**

High School/Other:
Ranks as a national-caliber sprinter ... Posted personal best times of 10.2 in the 100, 21.2 in the 200, and 6.7 in the 60 at Cardinal O'Hara ... Clocked at 4.26 in the 40 at Florida State's summer football camp ... Doubles as a running back on the football team and led the Hokies with 957 rushing yards ... Named 2001 BIG EAST Rookie of the Year ... Was the most highly-rated football recruit ever to sign with Tech ... Considered by many to be the top high school football player in 2000 ... Son of Thomas and Tracey Jones ... Interested in sports management.



Adam Jury

**Sophomore - Sprints
Rondout Valley H.S.
Catskill, N.Y.**

High School/Other:
Holds the school record in the 400 (49.80) at Rondout ... Earned four letters for coach Mike Oriner ... Finished seventh at the New York state meet two years in

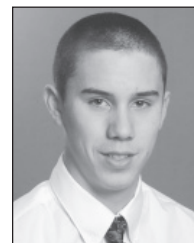
a row in the 200 ... Named Most Outstanding Performer three times ... Also played soccer ... Son of Robert and Elissa Jury ... Majoring in mechanical engineering.



Michael Lawson

**Freshman - Distance
Ponaganset H.S.
Foster, R.I.**

High School/Other: A first-team All-New England, all-state, all-class and all-division performer for coach Jim Caron ... Led Ponaganset to a third-place team finish with a fifth overall at the New England championships ... Earned four letters in cross country ... Rhode Island state indoor track champion in the 3,000 (8:50) ... Three-time state runner-up in the 3,000 during outdoor track ... School MVP in cross country and track ... Enrolled in engineering.



Brian Mondschein

**Freshman - Pole Vault
Hershey H.S.
Hummelstown, Pa.**

High School/Other:
2001 Pennsylvania state

Continued on next page

Mondschein

Continued

champion in the pole vault during both the indoor and outdoor seasons ... Penn Relays pole vault champion ... Two-time conference champion for coach Robert Watson at Hershey ... Holds conference record of 15'9" in the pole vault ... Son of Mark and Judy Mondschein ... Father is a former PIAA pole vault record holder and state champion and grandfather was an Olympian and NCAA high jump champion ... Enrolled in engineering.



Ryan Norwood

Freshman - Throws
East H.S.
Cheyenne, Wyo.

High School/Other:

Two-time all-state and all-conference performer in the shot put and discus ... Named athlete of the year two times at East ... Earned

four letters for coach Ellie Zuber ... Member of the National Honor Society and named Student Athlete of the Year ... Son of Charlie and Connie Norwood ... Majoring in computer science.



Justin Skaare

Freshman - Distance
Cumberland Valley H.S.
Mechanicsburg, Pa.

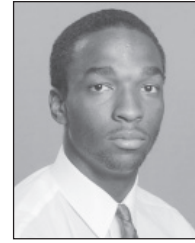
High School/Other: All-county team member and two-time letterman for coach Steve Koons in cross country ... District champion and sixth-place finisher at the state meet with a time of 4:18 in the 1,600 ... Anchored All-American DMR team ... A member of the Cumberland Valley 4x800 team that was state runner-up, district champion, sixth at Penn Relays and fifth in the nation with a time of 7:43 ... Two-time member of the *Sentinel* All-Track and Field Team ... Enrolled in psychology.



L.A. Snead

Freshman - Distance
James W. Robinson H.S.
Burke, Va.

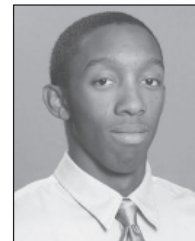
High School/Other: A three-time all-state cross country performer for coach Jeremy Workman at the well recognized J.W. Robinson program ... Two-time district champion and three-time letterwinner ... Helped team to a state title in 1999 with a 13th place finish ... *All-Met* second team during junior and senior years ... Was a seven-time all-state and six-time district champion performer during indoor and outdoor track ... Placed second in the 1,600 at the indoor state championships in 2000 ... Holds personal records of 4:13.72 for 1,600 and 9:23.91 for 3,200 ... Also competed in swimming two years and was his senior class vice president ... Enrolled in engineering.



James Williams

Freshman - Hurdles
Camden H.S.
Camden, N.J.

High School/Other: Two-time all-state selection for coach Martin Booker at Camden ... Member of the 4x800 relay team that won the AAU National Championship ... Finished sixth in the 400 hurdles at the AAU National Meet ... Two-time all-South Jersey performer ... Member of the 4x400 relay team that won the Penn Relays ... Won the coaches award for track and field ... Son of James Williams and Diane Evans ... Enrolled in psychology.



Jason Williams

r-Freshman - Hurdles
Annandale H.S.
Annandale, Va.

High School/Other: A six-time letterwinner and six-time team captain in track and field at Annandale ... Holds the district record in the 55-hurdles (7.72) ... Ran a leg on the district record-breaking 4x100-relay team ... Doubled as a wide receiver on the football team ... Son of Rosalind Williams ... Enrolled in psychology.

WHAT IS A HOKIE?

That's the most often-asked question in Virginia Tech athletics. The answer leads all the way back to 1896 when Virginia Agricultural and Mechanical College changed its name to Virginia Polytechnic Institute. With the change came the necessity for writing a new cheer and a contest for such a purpose was held by the student body. Senior O.M. Stull won first prize for his "Hokie" yell which still is used today. Later, when asked if "Hokie" had any special meaning, Stull explained the word was solely the product of his imagination and was used only as an attention-getter for his yell. It soon became a nickname for all Tech teams and for those people loyal to Tech athletics. The official school colors — Chicago maroon and burnt orange — also were introduced in 1896. They were chosen because they made a "unique combination" not worn elsewhere at the time.



2002 Women's Outlook

The Hokie women are excited about their sophomore campaign in the BIG EAST

The Virginia Tech women's track and field team head into their second season in the BIG EAST in the same situation as the men: with new coaches. This season, both the men and women will have the same coaching staff, where in the past they were separate. The year of experience gained in the BIG EAST last season, combined with an exceptional recruiting class, has Director of Track and Field Dave Cianelli very optimistic about the potential of the women's team in 2002.

Sprints/Hurdles

This is a deep and talented group that will be very competitive for coach Terry Winston. Senior **Damali Hay** heads the list of returnees as the school record holder in the 60, 100, and 200. She will definitely

look to add to her collection of awards and accomplishments and cement her name as one of the all-time best Hokie sprinters. Senior **Lynette Hopkins** and junior **Monique Vanloo** should also make serious runs at all-conference honors. Hopkins has been a part of three school record-breaking relay teams and is very solid in the 400. Vanloo is a former school record holder in the 200 and is an integral part of Tech's top relay teams. Freshmen **Candice Colon** and **Victoria Green** figure to contribute right away.

Sophomore **Danielle Gaddy** returns to lead the Hokie hurdlers. She is also a valuable member of the sprint relay teams. New for the 2002 season are freshmen **Haleemah Fisher** and **Shamane Onwudiachi**. They both have huge upsides and are expected to see extensive action in their first collegiate season.

Middle Distance/Distance

Distance coach Ben Thomas and his assistant, Mary Jayne Harrelson, have a lot to look forward to this season. Returning for the middle distance events are seniors **Chelsea Alverson**, **Dayna Friedman**, and **Catherine Sadosky**. Alverson holds the school record in the 1,000 and Sadosky has been a member of four different school record-

breaking relay teams. Friedman was a Division II All-American before transferring to Tech prior to the 2001 season. Sophomore **Kristin Reedy** looks to build on her solid 2001 freshman campaign.

Junior **Stacey Vidt** highlights the distance events. She broke the school record in the steeplechase last season and placed fifth at the conference championships with a time of 10:59.35 en route to qualifying for the NCAAs. Vidt has also been a member of three different relay teams that broke school records. **Jessica Morris** is expected to have a standout freshman campaign.

Jumps/Pole Vault

Freshman **Jaime Johnson** steps right into collegiate action and combines with sophomore **Shanea Thomas** to make up the top performers in the jump events for Tech. Johnson was a two-time state high jump champion in high school and Thomas posted the best long jump of the season for the Hokies in 2001.

Regina Galan, **Lauren McKissick** and **Melissa Tremblay**, all freshmen, make up the Tech vaulters.

Throws

Throws coach Greg Jack has a lot to work with in his first season at Tech. There is plenty of experience in this group, led by senior **Denise O'Connell** and junior **January Williams**. O'Connell will look to improve on her school record in the javelin



Stacey Vidt

and contend for NCAA honors. She placed fifth at the BIG EAST meet in 2001. Williams had the top mark in the shot put for the Hokies in both indoor and outdoor seasons last year and has shown remarkable improvement over the off season. Look for her to make a run at the BIG EAST shot put title. Junior **Ronny Martin** takes care of the weight and hammer throw duties. She scored at the conference championships last year and will look to improve on that this season. Junior **Christy Herman** provides needed depth and experience in all of the throw events as the best all-around thrower on the squad. She will contend for the BIG EAST discus title after placing fifth last season with a throw of 45.10 meters.



Monique Vanloo

The Women's Roster

Name	Cl.	Hometown	H.S./College	Event
Chelsea Alverson	Sr.	Middletown, Va.	Sherando	Middle Distance
Lindsey Ausherman	Fr.	Chambersburg, Pa.	Chambersburg	Distance
Lesley Billups	So.	Dunn Loring, Va.	Bishop O'Connell	Sprints
Annie Carobine	Fr.	Virginia Beach, Va.	Ocean Lakes	Distance
Candice Colon	Fr.	Chester, N.Y.	Washingtonville	Sprints
Michelle Cullum	Fr.	Williamsburg, Va.	Marine Academy	Distance
Martha Drinkard	So.	Madison, W.Va.	Scott	Distance
Ashley Etue	So.	Columbia, Md.	Wilde Lake	Middle Distance
Haleemah Fisher	Fr.	Camden, N.J.	Camden	Hurdles/Sprints
Dayna Friedman	Sr.	Tampa, Fla.	Lewis University	Middle Distance
Danielle Gaddy	So.	Brooklyn, N.Y.	A. Philip Randolph	Hurdles
Regina Galan	Fr.	Sickerville, N.J.	Highland	Pole Vault
Victoria Green	Fr.	Chesapeake, Va.	Deep Creek	Sprints
Jessica Hammack	Fr.	Chesterfield, Va.	Manchester	Distance
Damali Hay	Sr.	Rosedale, N.Y.	August Martin	Sprints
Christy Herman	Jr.	Xenia, Ohio	West Carrolton	Throws
Lynette Hopkins	Sr.	Hampton, Va.	Bethel	Sprints
Holly Hunter	So.	Fairmont, W.Va.	East Fairmont	Distance
Emily Johnson	Fr.	Shenandoah Junction, W.Va.	Martinsburg	Middle Distance
Jaime Johnson	Fr.	Pearisburg, Va.	Giles	Jumps
Imani Mack	Fr.	Chesapeake, Va.	Hickory	Sprints
Stephanie Malone	So.	Verona, Va.	Fort Defiance	Distance
Ronny-Marie Martin	Jr.	Absecon, N.J.	Absegami	Throws
Karen McGrath	So.	State College, Pa.	State College Area	Middle Distance
Lauren McKissick	Fr.	Great Falls, Va.	Langley	Pole Vault
Kim Milbourn	Jr.	Fairfax, Va.	James W. Robinson	Distance
Jessica Morris	Fr.	Coatesville, Pa.	Great Valley	Distance
Jacqueline Nicholson	Fr.	Clayton, N.J.	Clayton	Hurdles
Denise O'Connell	Sr.	Kunkletown, Pa.	Pleasant Valley	Throws
Shamane Onwudiachi	Fr.	Laurel, Md.	Laurel	Sprints/Hurdles
Kristin Reedy	So.	Hampton, Va.	Bethel	Middle Distance
Kelly Repair	Sr.	Natural Bridge, Va.	Rockbridge County	Distance
Catherine Sadosky	r-Sr.	Charlotte, N.C.	Henderson (Pa.)	Middle Distance
Shanéa Thomas	So.	Hampton, Va.	Bethel	Sprints/Jumps
Tera Travis	So.	Hampton, Va.	Bethel	Distance
Melissa Tremblay	Fr.	Richmond, Va.	Douglas Freeman	Pole Vault
Michelle VanHorn	Jr.	Shenandoah Junction, W.Va.	Jefferson	Middle Distance
Monique Vanloo	Jr.	Scarborough, Ont.	Francis Libermann	Sprints
Stacey Vidt	Jr.	Allison Park, Pa.	Hampton	Distance
January Williams	r-Jr.	Burke, Va.	Lake Braddock	Throws

Women's Profiles



Chelsea Alverson

Senior - Middle Distance
Sherando H.S.
Middletown, Va.

2000-2001: One of the Hokies' most consistent cross country performers ... Was hampered with injuries during much of the track season ... Finished third in the 1,500 at the CNU Invitational ... Placed sixth at the Spring Gobbler Invitational in the 1,500 ... Competed at the conference outdoor championships with the ninth-place 4x800 relay team ... Captured top-five finishes in four meets during the cross country season and was among Tech's top three in all eight competitions ... Best finish was a third at both the Virginia Tech Invitational and the Alumni Meet, while best time was 18:00.85 at the Disney Classic ... Was Tech's top finisher at the conference championships and scored a top 30 finish at the NCAA regionals.

1999-2000: Had her most successful track and field season as a Hokie during the 2000 season ... Broke the school record in the 1,000 at the ECAC championships with a time of 2:54.56 ... Member of the school record-holding

4x1,500 relay team and DMR ... Placed third in the 1,500 at the A-10s ... Recorded personal best times of 4:37.39 in the 1,500 and 2:13.22 in the 800 ... Was a top five runner the entire season for the Hokies cross country team ... Placed in the top 10 three times and in the top 20 on three other occasions ... Ran a season best of 18:39 at the Ohio Invitational.

1998-1999: Was a key component of Tech's school record-breaking indoor DMR ... Won the 800 at Tech's April Fool's meet ... Captured an A-10 bronze as a member of both the indoor

and outdoor relay team ... Made quite an impact as a freshman on the cross country team, consistently running in the Hokies' top three ... Finished the season with seven top 20 performances including a third-place finish at the Virginia Tech Alumni Meet ... Best time of the season was an 18:57 at the NCAA regionals ... Named Tech's rookie of the year for the women.

High School/Other: Was all-district, all-region and all-state in both track and field and cross country for coach Bill Stewart at Sherando High School ... Helped lead



Chelsea Alverson

Sherando to the 1997 Group AA state championship ... Placed 17th in the senior race of the Footlocker Championships ... Selected the team's most valuable runner as a junior and a senior ... Named the *Winchester Star* Runner of the Year in 1997 ... Captured the district title in both the 400 and 800-meter events in 1997 ... Enrolled in hospitality and tourism management.



Lesley Billups

Sophomore - Sprints
Bishop O'Connell H.S.
Dunn Loring, Va.

2000-2001: A solid contributor during her freshman campaign ... Had the third-best time of the season for the Hokies in the 60, good for a ninth-place finish at the New Year's Invitational ... Also placed seventh at the New Year's in the 200 ... Had another top-three season time of 25.86 in the 200 at the Pepsi Invitational

High School/Other: Took second place in the WCAC championships for both the 100 and 200 ... Invited to the junior Olympics in 1999 ... Daughter of L.A. and Anne Billups ... Enrolled in finance.



Martha Drinkard

Sophomore - Distance
Scott H.S.
Madison, W. Va.

2000-2001: Had two top ten finishes for the Hokies ... Finished fourth in the 5000 at the Spring Gobbler Invitational and placed eighth at the Virginia Tech Challenge ... Competed in Tech's three home meets for the cross country team ... Earned 20th-place finishes at both the Alumni Meet and Virginia Tech Invitational ... Qualified for the BIG EAST championships in the mile with a 5:26.24 at the Kroger Invitational.

High School Other: Earned four letters in track and cross country for coach John Porter at Scott ... Qualified for the state meet three straight years ... One of ten West Virginia seniors selected to participate in the Mid-East Cross Country Regionals ... Holds school records in the 800, 1,600 and 3,200 ... Named most athletic senior ... Enrolled in early childhood development.



Ashley Etue

Sophomore - Middle Distance
Wilde Lake H.S.
Columbia, Md.

2000-2001: Enjoyed a solid rookie year in track, finishing sixth in the 1,000

at the Last Chance meet with a second-best indoor team performance of 3:05.58 ... Finished seventh in the 1,500 and ninth in the 800 at the Spring Gobbler Invitational ... Ran in two races as a freshman on the cross country team ... Placed in the top 15 with a season-best of 20:57.39 at the Virginia Tech Invitational

High School/Other: Won four letters while at Wilde Lake High School for coach Nora McPhee ... A member of the state championship cross country team ... An all-county performer ... Team captain and student athlete award winner for cross country ... Also won eight letters in outdoor and indoor track in addition to earning the student athlete award in both sports ... A member of the national honor society ... Enrolled in biology.



Dayna Friedman

Senior - Middle Distance
Lewis University
Tampa, Fla.

2000-2001: Ran consistently on the indoor 4x800-meter relay team ... A member of the ECAC-qualifying distance medley relay team ... Placed tenth in the 800 at the Yellow Jacket Invitational with a time of 2:17.92 ... Competed in four meets for the cross country team in her first season at Tech ... Highest finish was 11th at the Virginia Tech Invitational ... One week later ran season-best time of 19:47.4 at the Great American Festival.

Lewis University: Was an NCAA Division II All-American in 1998 in the 800 ... Placed seventh in the finals of the 800 at the NCAAs ... Was a member of the Drake Relays champion sprint medley relay team in 1998 ... Scored personal best times of 2:10 in the 800 and 4:34 in the 1,500 ... Took third place in the 400-meter dash at the World Youth Games in Sweden in 1998.

High School/Other: State 800-meter champion and two-time regional winner while at Bartlett High School in Anchorage, Alaska ... Earned four letters for coach Dennis Hall and was named Most Valuable Track and Field Athlete in 1997 ... Enrolled in family and childhood development.

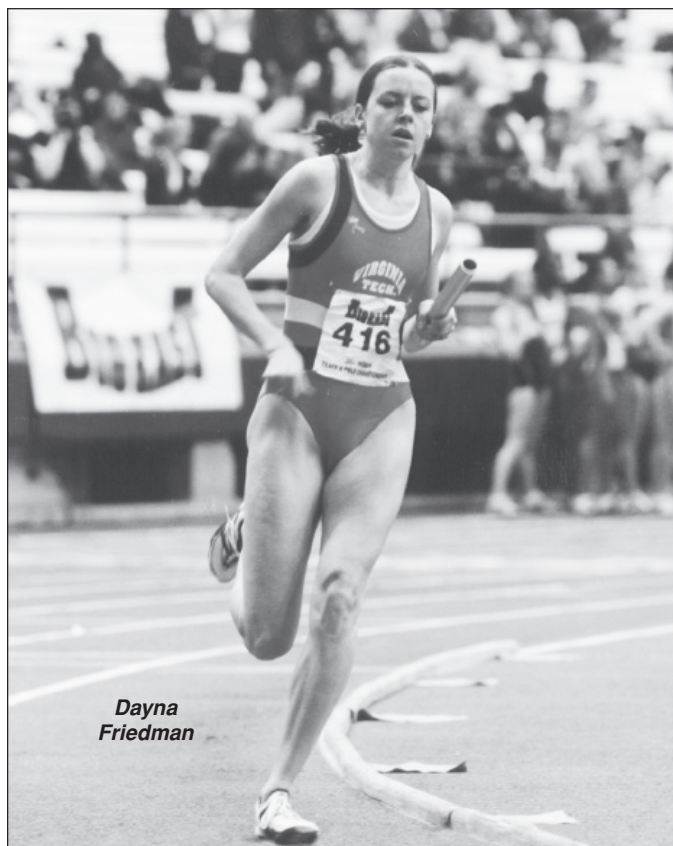


Danielle Gaddy

Sophomore - Hurdles
A. Philip Randolph H.S.
Brooklyn, N.Y.

2000-2001: Saw action in various events during her freshman season ... A constant on both the 4x400 and sprint medley relay teams ... Had the top 500 time of the season for the Hokies with a mark of 1:21.19 at the National Open ... Took sixth-place in the 400 hurdles at the Gobbler Invitational

High School/Other: One of the nation's top 400 hurdlers for coach Phyllis Anderson at A.P. Randolph ... Two-time state qualifier ... Reached the finals in the 400 hurdles at the national



USATF meet ... Twice the city champion in the 400 hurdles ... Enrolled in marketing.



Damali Hay

Senior - Sprints
August Martin H.S.
Rosedale, N.Y.

2000-2001: Set a new school record in the 100 (11.80) at the ECAC semi's ... Won the 100 at the Coastal Carolina Invitational ... Won the 200 (24.63) and was runner-up in the 100 at the Gobbler Invitational ... Ran a leg on the top three 4x100, 4x200, and 4x400 relay teams for the Hokies ... Had the quickest 200 time of the season (24.50) for the Hokies with a fifth-place finish at the Yellow Jacket Invitational ... Indoor ECAC qualifier in the 60 and the 200 ... Had the best 60 time of the season (7.64), good for sixth place at the Last Chance Meet ... Had three other top five performances for the Hokies.

1999-2000: Set a new school record in the 60 during indoor ... Runner-up in the 100 (11.93) and 200 (24.68) at the outdoor A-10s ... Finished second in the 200, third in the 400 and fourth in the 55 during the indoor championships ... Qualified for ECACs in the 100 and 200 during outdoor and the 60 and 200 for the indoor season ... Took first in the 100 at the Miami Invitational ... Finished second at the Last Chance Meet in the 60.

1998-1999: Proved her capabilities as Tech's top sprinter in her first season

... Claimed a gold and a silver in the 100 and 200 respectively at the outdoor conference championships ... Eclipsed the 100-meter school record by running an 11.85 ... Took third in the 55 at the indoor A-10 championships ... A Jamaican Junior Nationals qualifier in the 100 and 200 ... Qualified for ECACs in the outdoor 100 and 200 ... Finished second in the 100 at the Spring Gobbler Invitational.

High School/Other: Born in Jamaica ... Competed at August Martin High School in the 100-meter, 55-meter and 200-meter events ... Also member of the 4x100 and 4x200 relay teams ... Enrolled in economics.



Christy Herman

Junior - Throws
West Carrollton H.S.
Xenia, Ohio

2000-2001: Won both the discus and javelin at the Yellow Jacket Invitational ... Runner-up in both at the Coastal Carolina Invitational ... Finished fourth at ECACs in the discus and fifth at the outdoor BIG EAST championships ... Won the javelin and finished fourth in



Christy Herman

the discus with a team season-best throw of 154'05" at the Gobbler Invitational ... Runner-up in the discus at the JMU Invitational.

1999-2000: An ECAC qualifier in both the javelin and discus ... Runner-up in the disc and javelin at the A-10 championships with throws of 144'11" and 135'08", respectively ... Claimed sixth in the shot put during the indoor A-10s ... Finished second in the discus and fourth in the javelin at the Spring Gobbler Invitational ... Earned seventh place in the shot put in the first meet of her career.

High School/Other: A two-time all-state performer in the discus for coach Bill Sommer at West Carrollton ... Division I runner-up in the discus as a senior ... Also played volleyball ... Graduated first in her class ... Majoring in aeronautical engineering.



Lynette Hopkins

Senior - Sprints
Bethel H.S.
Hampton, Va.

2000-2001: Member of the distance medley relay team that broke the school record with an NCAA qualifying time of 11:34.78 at the Last Chance Meet ... ECAC qualifier in the 400 with a time of 57.08 ... Finished 15th in the 400 at the BIG EAST Indoor conference championships ... Won the 400 at the New Year's Invitational ... Took 12th in the 400 at the Pepsi Invitational and 15th at the National Open.

1999-2000: All-conference team member in two events after winning the 400 in a time of 55.73 and anchoring the winning 4x400 relay in outdoor track ... Took fourth in the 200 at the outdoor A-10s ... Competed in the 400 at the indoor and outdoor ECAC championships ... A-10 champion in the indoor 400.

1998-1999: Claimed A-10 bronze in the indoor 400 and took fourth at the outdoor championships ... Was a member of three relay teams that set school records ... Competed at ECACs and Penn Relays.

1997-1998: Won the 200 at the Virginia Tech Open in April ... Placed sixth at the Atlantic 10 championships in the 400.

High School/Other: Earned four letters for coach Edward Williams at Bethel ... Took fourth in the state in

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Hopkins

Continued

the 400 and was a member of the state champion 4x400 relay team ... Team captain during junior and senior seasons ... Earned a degree in health and physical education and enrolled in graduate school.



Holly Hunter

Sophomore - Distance
East Fairmont H.S.
Fairmont, W. Va.

2000-01: Enjoyed a strong freshman season ... Had the best outdoor performance on the team in the 3,000 with a time of 10:40.97 at the Sea Ray Relays ... Captured second in the 1,500 and fourth in the 800 at the CNU Invitational ... Finished third in the 5,000 at the Gobbler Invitational ... Placed in Tech's top seven in cross country in each of her races and was a top five performer three times ... Finished 12th at the Hall of Fame Invitational ... Earned another top 15 performance with a season-best time of 18:32.96 at the Walt Disney World Classic.

High School/Other: Was a state cross country champion in three of her four high school seasons ... Was a four-year letterwinner and four-time NCAC Runner of the Year for coach Sallie Hunter ... Top performance at the 5k distance is 18:21 and is the owner of several course records in her home state ... State champion and

undefeated in four years of high school track ... Holds state records in the 800 (2:17), 1,600 (5:02) and 3,200 (11:04) ... A Wendy's High School Heisman State finalist, All-South Footlocker cross country runner, and senior athlete of the year at East Fairmont ... Was also an all-state swimmer in several events ... Enrolled in human nutrition, foods and exercise.



Ronny-Marie Martin

Junior - Throws
Absegami H.S.
Absecon, N.J.

2000-2001: Had season-best performances at both the indoor and outdoor conference championships ... Placed ninth at the BIG EAST indoor championships in the weight throw with a team season-best hurl of 46'00.75" and 19th in the shot put ... Had a season-high fourth-place finish in the weight throw at the New Year's Invitational and in the hammer throw at the Yellow Jacket Invitational ... Finished 11th in the hammer at the BIG EAST outdoor championships with a team season-best throw of 140'07.00".

1999-2000: Redshirted the year ... Named Strength and Conditioning Athlete of the Year.

1998-1999: Ended the season as Tech's second-best outdoor shot putter and third-best indoors ... Scored points in the hammer throw and shot put at the outdoor

conference championships ... Tabbed a fourth-place finish at the April Fools Meet in the shot put.

High School/Other: Team captain for coach Janet Hutchings at Absegami ... Fourth place in state finals with school record 40'2" ... Finished ninth in the state in the outdoor championships ... Finished eighth at Penn Relays ... Enrolled in biology.



Kim Milbourn

Junior - Distance
James W. Robinson H.S.
Fairfax, Va.

2000-2001: Placed 25th in the BIG EAST outdoor championships in the mile ... Captured fourth in the 5,000 at the Virginia Tech Challenge finishing in 18:34.10 ... Had top team performance in the 10,000 with a time of 37:59.74 at the Raleigh Relays ... Took eighth in the 10,000 at the Sea Ray Relays ... Also saw success in cross country by placing in the top 20 in four races during the season ... Her highest finish was fourth at the Alumni Meet ... Finished 12th in the Walt Disney World Classic with a season-best of time 18:31.26.

1999-2000: Joined teammate Stacey Vidt to make up one of the most successful pairs of freshmen ever for Tech cross country ... Named the team's outstanding rookie performer ... Placed in the top 10 three times, including a fifth-place

finish at the Virginia Tech Invitational where she ran 18:41 ... Finished 21st overall at the conference championships ... Captured third in the 10,000 at the A-10 championships ... Ran a personal best 18:08.42 in the outdoor 5,000.

High School/Other: Earned three letters for coach Jeremy Workman at Robinson ... Finished tenth in the Junior/Senior race at the Foot Locker regionals ... Member of the 1997 state championship cross country team ... Named all-met honorable mention in 1997 ... Earned All-America honors for a second-place finish in the DMR at the indoor national scholastic meet ... Member of the 1997 Virginia State Indoor 4x800 championship relay team ... National Honor Society member ... Majoring in human services.



Denise O'Connell

Senior - Throws
Pleasant Valley H.S.
Kunkletown, Pa.

2000-2001: ECAC qualifier in the javelin, where she finished seventh ... Had the top team mark in the javelin with a throw of 142'03" at the Sea Rays ... Won the javelin at the Coastal Carolina Invitational and was runner-up at the Gobbler Invitational ... Had top ten finishes in both the weight throw and the shot put at the New Year's Invitational and the Virginia Tech Challenge.

1999-2000: Claimed runner-up honors in the weight throw at the A-10 indoor championships, took eight in the shot put ... Set a personal record in the weight at the Kroger Invitational with a 47'02.25" toss ... Redshirted the outdoor season.

1998-1999: Proved her versatility as a thrower in a season in which she had a breakthrough performance in the javelin ... Launched a javelin throw of 151'02" that just missed the NCAA provisional standard but was good enough for an A-10 gold ... Her throw broke her own school record by more than 10 feet ... Picked up a fourth-place finish in the javelin at the outdoor ECACs ... Won the April Fools Invitational and took second in the Gobbler Invitational in the javelin.

1997-1998: Set a school and Atlantic 10 Conference record in the javelin at the A-10 outdoor championships with a mark of 133'01" ... Broke own javelin record with a throw of 138'8" at ECACs ... Consistently finished in the top ten in the throws during the indoor season ... Won the javelin throw and finished eighth in the hammer throw at the Gamecock Invitational.

High School/Other: Was a three-sport letterwinner at Pleasant Valley High School ... Lettered four years in track and field under coach Woodrow Metzger ... Was named Best All-Around Senior Athlete at Pleasant Valley ... Majoring in political science.



Kristin Reedy

**Sophomore - Middle Distance
Bethel H.S.
Hampton, Va.**

2000-2001: Recorded the second-fastest time of the indoor season in the 500 with a mark of 1:23.40 ... Garnered a 12th place finish in the 800 at the New Year's Invitational and ran a leg on the second-place 4x400 relay team ... Placed 13th in the 800 at the Spring Gobbler Invitational ... Ran the 800 leg on Tech's two fastest sprint medley relays.

High School/Other: District and regional champion in both the 1,600 and 1,000 while attending Bethel ... Was a two-year captain for coach Eddie Williams ... Placed eighth at the state meet in the 500 during indoor and eighth in the 800 during outdoor ... Has a personal record of 3:03.4 in the 1,000 ... A team MVP and was the first ever from her high school to advance to the state meet in cross country ... Enrolled in biology.



Kelly Repair

**Senior - Distance
Rockbridge County H.S.
Natural Bridge, Va.**

2000-2001: Finished fifth at the Tech Invitational in the 5,000 ... Had a personal-best time of 39:49.36 in the 10,000 at the Raleigh Relays ... Cracked a spot as a top seven runner in two meets for the cross country team as a junior ... Placed a season-high 10th at the Virginia Tech Invitational ... Competed in the Walt Disney World Classic with a season-best 18:49.25.

1999-2000: Took fourth place in the 5,000 at the Spring Gobbler Invitational ... Placed 11th in the 5,000 at the A-10 championships in both indoor and outdoor ... Followed up a solid rookie season in cross country with another year as a key player in the Tech top seven... Recorded two top 15 finishes, each coming on Tech's home course ... Ran a season-best time of 19:25 at the Ohio Invitational.

1998-1999: Competed in every Tech race of the cross country season in her freshman year ... Best finish came at the Virginia Tech Alumni Meet with a 19:53.1, good for seventh ... Ran a 19:31.0 at the Clemson Invitational for a season-best.

High School Other: A two-year letterwinner for her father Jon Repair at Rockbridge County High School ... Earned most valuable runner honors two straight years ... Earned all-district, all-region and all-state honors ... Placed fourth in the 1997 Virginia Tech High School Invitational ... Also earned three letters each in indoor and outdoor track ... Student athlete advisory committee representative ... Majoring in political science.



Catherine Sadosky

**r-Senior - Middle Distance
Henderson H.S.
Charlotte, N.C.**

2000-2001: Ran the 800 leg on the school record-setting and NCAA provisional qualifying distance medley relay ... Was a finalist in the 800 at the BIG EAST indoor championships, finishing seventh ... Qualified for ECACs in the 800 during indoor ... Top team performer in the 1,000 with a time of 2:57.19 at the National Open ... Claimed fifth in the 400 at the Spring Gobbler Invitational ... Earned top team honors in

Continued on next page



Denise O'Connell

Sadosky

Continued
the 800 with a time of 2:12.43 at the Sea Ray Relays ... Earned top 10 finishes in three meets during the cross country season ... Set a personal record of 18:46.07 at the Disney Classic ...

1999-2000: Enjoyed her best outdoor track season in the 800 ... Turned in a second place finish with a near miss of the school record at the Atlantic 10 championships with a time of 2:11.89 ... Recorded a season-best eighth-place finish at the Virginia Tech Invitational ... Ran a season-best time of 18:55 to finish second on the team at the district championships ... Claimed a top 20 finish in four races during the season.

1998-1999: Had an impressive sophomore season ... Was among the Hokies' top five in every race of the cross country season ... Best finish was a fifth place at the Virginia Tech Alumni Meet followed two weeks later by a best time of 18:53.3 at the Tech Invitational ... Placed in the top 15 in Tech's first four meets.

1997-1998: Set the indoor school record in the 800 with a time of 2:14.49 at the Last Chance Meet ... Placed ninth in the 800 at the A-10 indoor championships ... Placed seventh in the 800 at the South Carolina Outdoor Invitational ... Registered the Hokies' third-best time of the season in the 1,500 at the Raleigh Relays.

High School/Other: Lettered four years in track and field and cross country



Cas Sadosky

for coach John Hay at Henderson ... Served as team captain as a senior ... Proved to be the team's top runner three-consecutive years ... Won the 800-meter event at the state outdoor meet as a senior in a time of 2:12 ... Grabbed top finishes in the 4x800, 4x400, 400 and 800-meter events at an outdoor league meet ... Helped lead the team to the league outdoor title ... Finished third in the 800-meters at the state indoor meet ... Majoring in marketing.



Shanéa Thomas

**Sophomore -
Sprints/Jumps
Bethel H.S.
Hampton, Va.**

2000-2001: Performed in multiple events for the Hokies ... A staple on both the 4x100 relay team and the sprint medley relay ... Had the best long jump of the outdoor season for the Hokies with a mark of 17'01.25" at the Gobbler Invitational ... Top Tech performer in the 100 at the Yellow Jacket Invitational ... Finished 12th in the 200 at the New Year's Invitational ... Took seventh in the long jump at the Virginia Tech Challenge.

High School/Other: Competed only two years at Bethel for coach Eddie Williams ... District champion in the long jump with an 18'2" leap ... Was a member of the 4x200 relay team that won the state title and took sixth at nationals ... Named Bethel's field events MVP ... Qualified for state meet in the 55 and the long jump during her senior year ... Place sixth in the region and eighth in the state in the long jump ... Also played softball ... Enrolled in psychology.

Shanéa Thomas



Michelle VanHorn

**Junior - Middle Distance
Jefferson H.S.
Shenandoah Junction, W. Va.**

2000-2001: Added strength to the 800 conference relay team in indoor and outdoor ... Won the 800 at Christopher Newport with a time of 2:15.07 ... Took fourth place in the 800 at the Gobbler Invitational and seventh at the Yellow Jacket Invitational ... Added top 15 performances at the Last Chance meet and the Pepsi Invitational ... Competed in all of Tech's cross country meets ... Finished fifth at the Virginia Tech Invitational ... Ran a personal record of 19:00 at the Hall of Fame Invitational

1999-2000: Placed ninth in the 1,000 at the A-10 indoor conference championships ... Ran a leg on the bronze medal winning 4x800 relay at the outdoor conference championships ... Came up big in her first collegiate meet, placing in the top 15 for the Hokies ... Ran a season-best time of 19:42 at the Alumni Meet ... Ran in five of Tech's meets, breaking the 20-minute barrier twice.

High School/Other: Coach Bob Rizzo's top female runner at Jefferson High School ... Earned a position on the all-state team in cross country and track ... Named Outstanding Female Runner by the *Martinsburg Journal* her senior year ... Runner-up at

the state meet in the mile during her junior season ... Named Jefferson High School's outstanding female track runner her junior and senior seasons ... Enrolled in horticulture.



Monique Vanloo

Junior - Sprints
Francis Libermann H.S.
Scarborough, Ontario

2000-2001: Competed in multiple events for Tech ... Member of the 4x400 relay team that won at the Gobbler Invitational, where she also took second in the 200 ... Ran a leg on the top three 4x100, 4x200, and 4x400 relay teams ... Had the second-fastest 200 time of the outdoor season with a 24.98 at the Yellow Jacket Invitational ... Took seventh in both the 100 and 200 at JMU ... Captured fourth in the 400 at the Coastal Carolina Invitational.

1999-2000: Broke the school record in the 200 at the Kroger Invitational with a time of 24.93 in her first season ... Qualified for ECACs in the 200 during the indoor season ... Took third in the 200 and fourth in the 100 at the A-10 outdoor championships ... Finished fourth and fifth in the 55 and 200, respectively at the indoor conference championships.

High School/Other: Earned track MVP four years for coach Nick Crone ... Was the 1999 outdoor Ontario Track and Field Association junior champion in the 100 and 200 ... 1998 Canadian

indoor junior juvenile champion in the 60-meter ... Considered one of the top junior sprinters in Canada ... Enrolled in university studies.



Stacey Vidt

Junior - Distance
Hampton H.S.
Allison Park, Pa.

2000-2001: Qualified provisionally for the NCAAs in the steeplechase with a school-record performance of 10:59.35, which earned her fifth at the BIG EAST championships ... Also took 10th place in the 5,000 at the conference championships ... Ran the 1,600 leg on the DMR that qualified for the indoor NCAAs ... Qualified for ECACs with a team best time of 17:34.08 in the 5,000 ... Won the steeplechase at the Gobbler Invitational ... Had the second-best time of the indoor season in the 3,000 and the mile for the Hokies ... Won the 5,000 at the Virginia Tech Challenge ... Proved her ability and consistency once again as Tech's cross country MVP for the second straight season ... Was the team's top finisher in five meets including a win at the Alumni Meet and a top 30 at the NCAA Regional competition ... Ran a cross country 5k personal record of 17:53.5 at the Great American Festival ... Established a Tech cross country record of 22:35 of the new 6k distance.

1999-2000: Set a new school record in the mile (5:02.43) and was the top runner in the 3,000 (10:09.51) during indoor



January Williams

track ... Ran a personal-record time of 17:47.66 to finish fifth at the Sea Ray Relays during outdoor ... Took fifth in the indoor 3,000 and fourth in the outdoor 3,000 ... Named the cross country team's outstanding runner in her first season ... Earned a place on the all-conference team after taking ninth at the A-10 championships ... Took second place in the first cross country meet of her collegiate career, running a season-best time of 18:17.19 at the Alumni Meet ... Finished in the top 10 three times and the top 20 five times during the season ... Was the Hokies' top finisher at the conference and district championships.

High School/Other: Set four school records including a 5:05 in the 1,600 and a 10:55 for the 3,200 ... Picked up four letters and four MVPs in track ... Three-time WPIAL champion ... Placed fifth at the PIAA state meet in the 3,200 in 1999 ... Recorded a seventh place finish in the mile at the prestigious Penn Relays her senior year ... Named girl's athlete of the year in 1999 for her high school ... Gave up soccer to pursue cross country, earning two letters ... Two-time member of all-state first team with a best finish of fourth coming in her

junior year ... Twice the WPIAL champion and team MVP for coach Tom Tobin at Hampton ... Earned third-team all-northeast region honors for her 21st-place finish at the Footlocker regionals in 1998 ... Ran a personal best of 18:16 for 5K ... Member of the National Honor Society ... Majoring in human nutrition, foods and exercise.



January Williams

r-Junior - Throws
Lake Braddock
Secondary School
Burke, Va.

2000-2001: Had the top mark in the shot put for the Hokies in both the indoor (44'11.75") and outdoor (44'00.75") seasons ... Qualified for ECACs in the shot put at the Raleigh Relays ... Took second place in the discus and third in the shot put at the Yellow Jacket Invitational ... Finished seventh in the shot put at the outdoor conference championships and ninth at the indoor championships.

High School/Other: Named all-district, all-region, and all-state for both the shot put and discus ... Holds the indoor and outdoor school record for the shot put at Lake Braddock ... Senior co-captain for coach Robert Digby ... Named MVP of the team and winner of the coach's choice award ... Daughter of Warner and Pamela Williams ... Enrolled in both psychology and English.

NEWCOMERS



Lindsey Ausherman

**Freshman - Distance
Chambersburg H.S.
Chambersburg, Pa.**

High School/Other:

Earned five track letters and four cross country letters for coach Tim Cook at Chambersburg ... Ran a leg on the 4x6,400 relay team that broke the school record ... Captain of two undefeated cross country teams ... Qualified for the state meet all four years ... Inducted into the Chambersburg Hall of Fame ... Member of the National Honor Society ... Daughter of John and Sue Ausherman ... Enrolled in human development/early childhood education.



Candice Colon

**Freshman - Sprints
Washingtonville H.S.
Chester, N.Y.**

High School/Other:

Five-time team MVP and two-time team captain for coach Charles Delmonico at Washingtonville ... Four-time county and section champ in

the 400 ... Took fourth place in the 400 at the state meet in her junior year ... Finished third in the 400 in 1998 and second in 1999 at the Empire State Games ... Daughter of Elizabeth and Rick Colon ... Enrolled in psychology.



Haleemah Fisher

**Freshman -
Hurdles/Sprints
Camden H.S.
Camden, N.J.**

High School/Other:

Olympic Conference champ in the 400 hurdles in 1999 and 2000 ... Named to the All-South Jersey team in 1999 and 2000 ... Earned four letters for coach Thaub Ismail at Camden ... Named Camden's best student athlete ... Graduated third in her class and was a member of the National Honor Society ... Daughter of Ella Fisher and Charles Robinson ... Enrolled in biology with aspirations of becoming an obstetrician.

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is the best online source for fast, accurate coverage of all Hokie sports teams and events. It provides results, press releases and event stories for track and field and all of Tech's 21 varsity sports.



Regina Galan

**Freshman - Pole Vault
Highland H.S.
Sickerville, N.J.**

High School/Other:

Captain of the cross country and both indoor and outdoor track and field teams at Highland ... Earned four letters for coach Bill Collins ... Earned all-conference honors in cross country and in the pole vault ... Was the first female pole vaulter ever voted onto the All-South Jersey track team ... Earned two letters in soccer ... Daughter of John and Janet Galan ... Enrolled in business.



Victoria Green

**Freshman - Sprints
Deep Creek H.S.
Chesapeake, Va.**

High School/Other:

Finished third in the 400 at the indoor state meet and fourth at the outdoor state meet in 2001 ... Named all-district in the 400 and for cross country ... Earned four letters for coach David

Waddell at Deep Creek ... Member of the National Honor Society ... Winner of the Academic Excellence Award ... Daughter of Roosevelt and Gale Green ... Enrolled in human nutrition, foods and exercise with plans to become a physical therapist.



Jessica Hammack

**Freshman - Distance
Manchester H.S.
Chesterfield, Va.**

High School/Other:

Earned eight letters between track and cross country for coach Paul Kline at Manchester ... Named Rookie of the Year as a freshman ... Winner of the coach's award ... Member of the cross country team that won the state title ... Member of the National Honor Society ... Daughter of Mike and Mary Jo Hammack ... Enrolled in biology.



Jaime Johnson

**Freshman - Jumps
Giles H.S.
Pearisburg, Va.**

High School/Other:

Two-time state high jump

champion ('99, '01) and two-time state runner-up ('98,'00) ... Holds the high jump record at Giles ... Four-time district and region high jump champion ... Four-time letterwinner for coach Rusty Kelley at Giles ... All-district in high jump, long jump, triple jump, and mile relay ... All-state in high jump and mile relay ... Three-time letterwinner in basketball ... Led district in scoring junior season and was twice named first-team all-district ... Daughter of Ted and Pam Johnson, both Tech grads ... Grandfather, Ted Johnson, Jr., played quarterback for Tech in the '40s ... Majoring in biology.



Imani Mack

**Freshman - Sprints
Hickory H.S.
Chesapeake, Va.**

High School/Other:
Named all-district her senior year ... Finished fourth in the district in the 400 and third as a member of the 4x400 relay team ... Captain and MVP of her high school team ... Earned four letters for coach Pat Troia at Hickory ... Winner of the Academic Excellence Award ... Daughter of Joe and Thelma Mack ... Enrolled in human nutrition, foods and exercise with plans of becoming a physical therapist.



Lauren McKissick

**Sophomore - Pole Vault
Langley H.S.
Great Falls, Va.**

High School/Other:
Three-time team captain for coach Mike Mangan at Langley ... Won 11 letters in cross country and track and field ... Competed at the national meet in the pole vault ... Made the Deans list during freshman year at Tech ... Daughter of Philip and Ellen McKissick ... Enrolled in human nutrition, foods and exercise.



Jessica Morris

**Freshman - Distance
Great Valley H.S.
Coatesville, Pa.**

High School/Other:
Earned three letters for coaches Mike Kelly and Paul Hazor at Great Valley ... Named the team's outstanding distance runner ... Captain of the soccer team during junior and senior seasons ... Named first-team all-area ... 2000 state champ in the 500 yard freestyle for her club swim team.



Jacqueline Nicholson

**Freshman - Hurdles
Clayton H.S.
Clayton, N.J.**

High School/Other:
Two-time Gloucester County Hurdler of the Year ... Holds the school record for both the 100 and 400 hurdles ... 1999 state champ in the 400 hurdles ... Tri-County champion in the 100 hurdles all four years of high school ... Three-time All-South Jersey selection ... Three-time team captain for coaches Steve Everett and Mike Placko at Clayton ... Lettered four years in field hockey ... Named Tri-County first team ... Winner of the Captain's Award and the Coach's Award ... President of the National Honor Society ... Daughter of Judith and Donald Nicholson ... Undecided on a college major.



Shamane Onwudiachi

**Freshman - Sprints/Hurdles
Laurel H.S.
Laurel, Md.**

High School/Other:
County champion in the 55 hurdles ... Member of three



relay teams that broke school records ... State champion as a member of the 4x800 relay team ... Winner of the Leadership Award and the Coach's Award ... Member of the outdoor SMR that finished fourth in the nation and indoor SMR that finished sixth in the nation ... Earned four letters for coach Louis Warren at Laurel ... Daughter of Benjamin and Felicia Onwudiachi ... Enrolled in biology/ pre-med with hopes of becoming a pediatrician.



Melissa Tremblay

**Freshman - Pole Vault
Douglas Freeman H.S.
Richmond, Va.**

High School/Other:
Named to the all-state team after setting a personal record at the state meet in the pole vault (10'6") ... Named all-metro and all-region as well ... Lettered all four years for coach Jeff Butler at Freeman ... Member of the National Honor Society ... Daughter of Helen Tremblay ... Undecided on a college major.



This VIRGINIA Track



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Blacksburg, Virginia College Town, USA



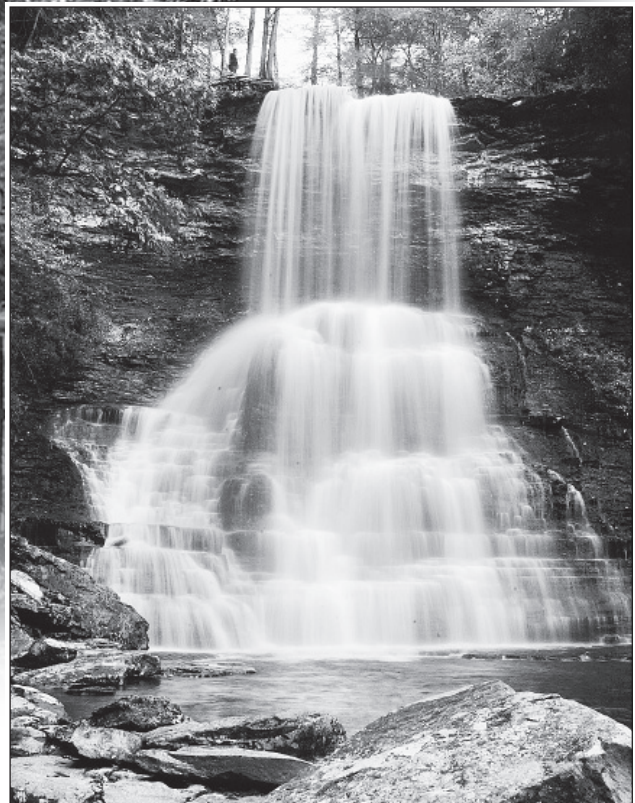
A beautiful setting for one of the nation's top universities

Throughout the years, the town of Blacksburg and Virginia Tech have worked hand in hand to create a better community. Established as a farming community in 1798 by John and William Black, the town has thrived to rank among the nation's elite living environments.

In addition to being home to the Tech campus, Blacksburg was ranked among the top 20 retirement locations in the United States by *Rand McNally*. Local businesses and

industries are drawn to the potential this quaint town has to offer. Blacksburg is gradually becoming more developed, making room for more businesses to flourish, however, the level of development is carefully controlled.

With a population of around 36,000 people and a major university, there is particular attention paid to the unique balance that preserves the atmosphere of a small town.

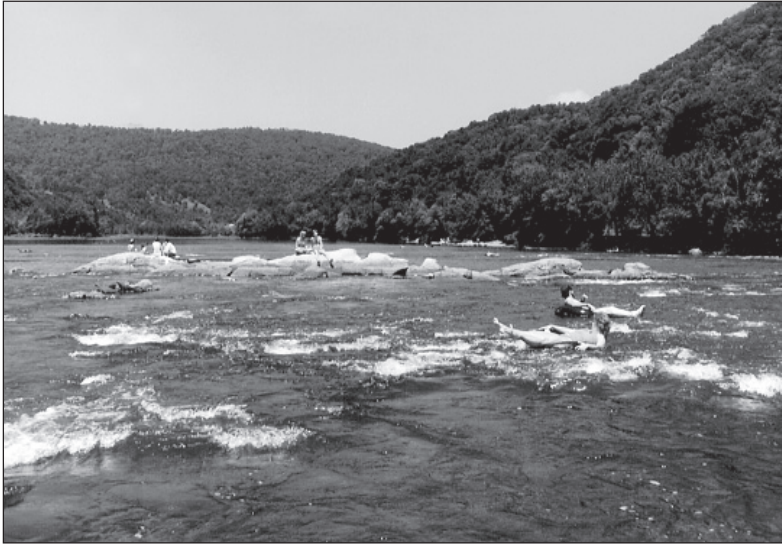


Whether it is downtown Blacksburg or the nearby Cascades, the area around Virginia Tech is charming and pleasant.

Blacksburg is located on a plateau between the Blue Ridge Mountains and the Alleghany Mountains, 2,100 feet above sea level. It is easily accessible in Southwestern Virginia on U.S. 460 near Interstate 81, only 40 miles southwest of Roanoke. Residents enjoy the beauty of the area and the close proximity

to a variety of recreation areas such as the Blue Ridge Parkway, Claytor Lake and the New River.

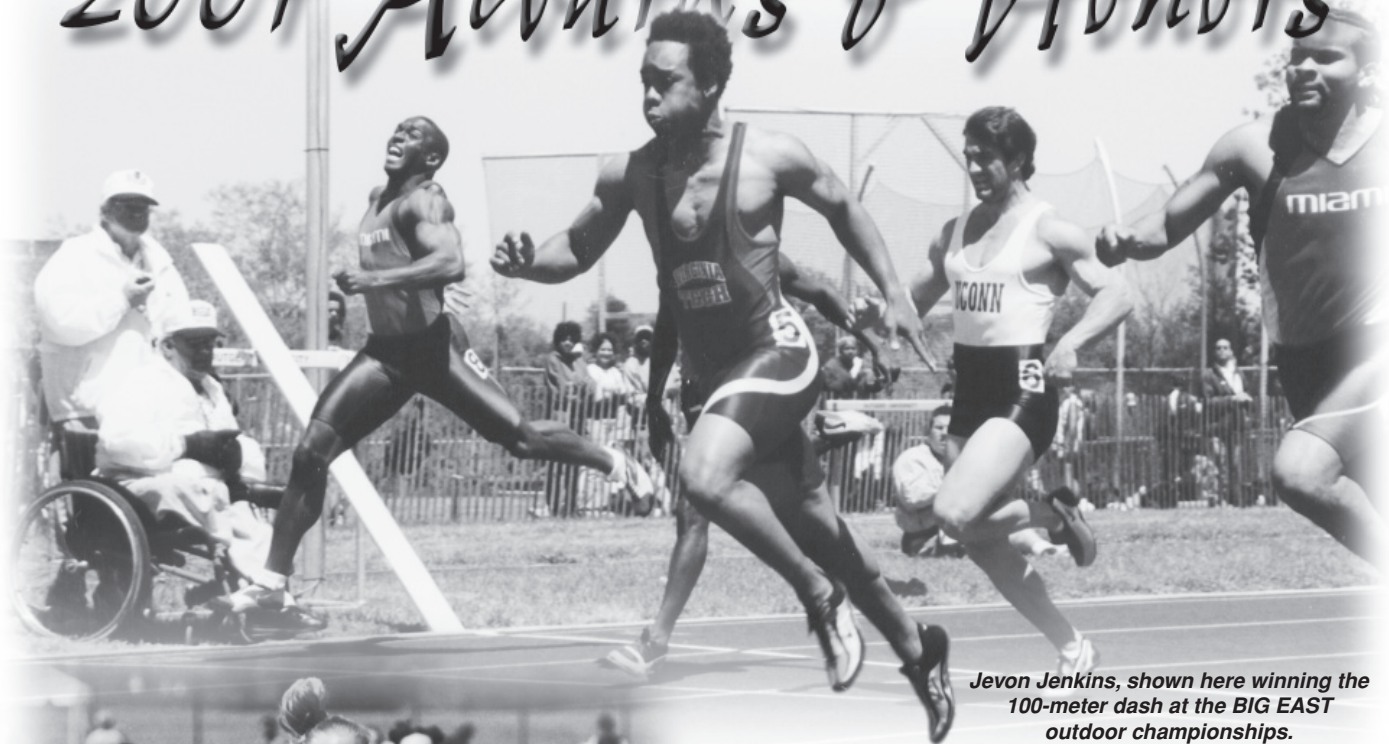
More information on Blacksburg can be found on the web site of the Blacksburg Electronic Village, www.bev.net or the town's web site, www.blacksburg.va.us



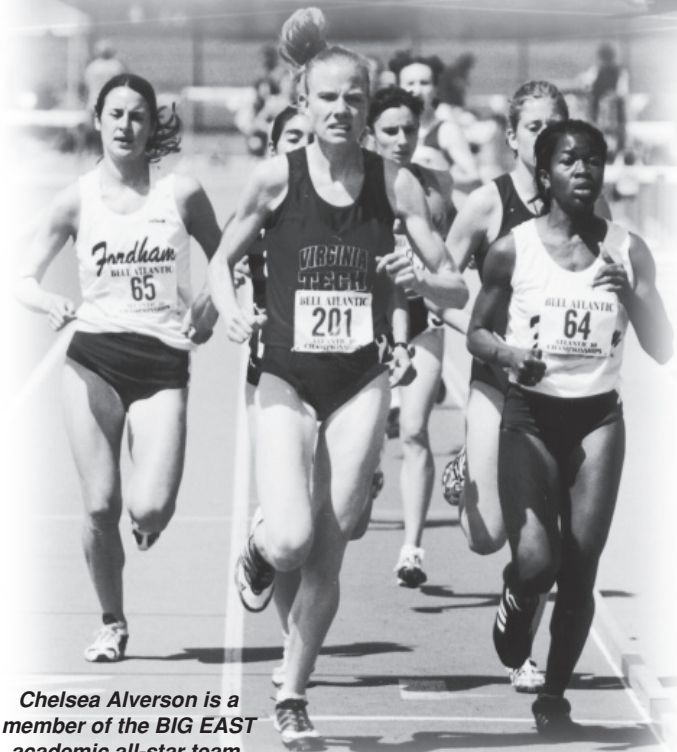
There are four beautiful seasons in Blacksburg. When the weather turns warm in the spring, students head for McCoy Falls on the New River; the summer brings exciting festivals to town; the Homecoming Parade and football games highlight the fall, and winter and the holidays bring a special feeling to the town and surrounding areas.



2001 Awards & Honors



Jevon Jenkins, shown here winning the 100-meter dash at the BIG EAST outdoor championships.



Chelsea Alverson is a member of the BIG EAST academic all-star team.

BIG EAST HONORS ALL-CONFERENCE

Outdoor:

Jevon Jenkins
Conference champion
100-meter dash

Kevin Walker
Conference champion
110-meter hurdles

**Eric Necciai, Todd Grignon,
Kevin Rhue, Paul Hayes**
4x800 relay team

Kristin Price
3,000-meter run

Indoor:

Paul Hayes
1,000-meter run

Kristin Price
Conference champion
5,000-meter run



BIG EAST ACADEMIC ALL-STAR TEAM

Women:

Chelsea Alverson
Martha Drinkard
Ashley Etue
Kelly Fisher
Christy Herman
Lynette Hopkins
Leah McBride
Kim Milbourne
Kristin Price
Kelly Repair

Men:

Mike Christman
Casey Frazier
Todd Grignon
Paul Hayes
Giff Hummel
Eric Necciai
Josiah Oliver
Chris Seaton
Kevin Walker

TEAM HONORS

Women:

Catherine Sadosky
Coach's Award
Lynette Hopkins
Coach's Award
Kristin Price
MVP

Men:

Frank DiPadova
Rookie of the Year
Kevin Walker
Coach's Award
Chris Seaton
MVP

History of Track & Field

Virginia Tech has built a solid track and field program over the years. Now, with state of the art facilities and membership in the BIG EAST Conference, the sky is the limit.

Established in 1872, Virginia Tech is a university steeped in tradition. Athletics have played a major role in this unfolding story all along.

Track and field has been no stranger to success since the introduction of the sport at Virginia Tech in the early 1900s. The original teams were made up of all men and only competed outdoors. Indoor track and field was incorporated into Tech's program in the late 1950s. The women's track and field team was added in the 1970s.

A host of coaches contributed to the Hokies' success over the years. D.J. Woods (1905-06), H. Richard Redding, Doug Divers (1958-64), Martin Pushkin (1964-74), and Russ Whitenack (1974-2001) all helped lay the foundation for the success of Tech tracksters.

The Hokies' first championship came in 1956, when Redding led Tech to its first Southern Conference title.

Pushkin guided Tech to indoor and outdoor state championships in 1969 and 1970. He also guided Tech to the NCAA championships during his decade of coaching.

Whitenack took over the reins as Tech's head coach in 1974 and began what would be an era of victory for the Hokies. The men's team captured indoor and outdoor state championship titles in 1977-78.

The team continued its success by earning Metro Conference wins in 1987,



Keith Neff

1993 and 1994. The Hokies then proceeded to dominate Atlantic 10 competition. Tech won all eight titles during the indoor and outdoor seasons from 1997 through 2000.

The late 1970s marked the start of a string of Tech All-Americans. Portsmouth, Va., native Keith Neff became Tech's first All-American in 1976. In January of that year, he became the first Virginian ever to pole vault 17 feet, clearing that at the Pitt Invitational Indoor Meet.

Erick Kingston and Brian Hunter were the most recent men to garner the honor of All-America for the Hokies. Hunter captured third-place at the 2000 NCAA indoor championships in the pole vault, clearing 18'00.5" to set the new school record. Kingston took sixth place in the hammer throw at the 2000 NCAA outdoor championships with a toss of 221'08" to be named All-American for the second time. He was also an All-American in the hammer throw in 1998.

Lucy Hawk Banks made All-America in 1980 before women's track and field gained



Lucy Hawk Banks

varsity status at Tech. She attained this by qualifying in the 800-meter event at the Track & Field Association meet in Wichita Falls, Texas. Linda King became the first female Hokie to become an NCAA All-American when she set the 10,000-meter school record at the 1984 NCAA outdoor championships. She was named All-American again in 1985 and made school history by becoming the first track and field athlete at Tech to be named All-American in the same event two times.

Former Hokie women's cross country coach Lori McKee Taylor earned All-America honors twice, in 1981 for cross country and in 1982 for the 3,000-meter event. She was also a member of the women's team that won a state championship title in 1984.

Katie Ollendick earned All-American honors in the high jump and in the heptathlon in 1998. She was also an academic All-American and received a tremendous honor when she was named the GTE Academic Athlete of the Year for spring sports. This past season, freshman Kristin Price

placed fourth at the NCAA indoor championships in the 3,000-meter event to become Tech's most recent female All-American.

Both teams have enjoyed plenty of success at the conference level. The men have had over 140 conference champions during the outdoor season and over 100 during the indoor season. The women have seen over 30 conference titles in both indoor and outdoor track.

The Hokies have also sent several athletes to the Olympic Trials over the years. Five athletes from the 1996 team were invited. Kingston was the most recent to attend.

An eight-lane Mondo indoor track was built for the 1996 season, followed by a new Mondo outdoor track that was complete for the 1997-98 season. Each track is equipped with high-tech timing systems, dash lanes, jump and pole vault pits and areas for the throw events.

Since the beginning of track and field at Virginia Tech, the athletes and coaches involved in the program have been dedicated to the pursuit of excellence. Building on the recent success in the Atlantic 10, new Director of Track and Field Dave Cianelli is striving to take the program to a new level in the BIG EAST. With a totally new coaching staff, a host of young talent and world-class facilities that are as fine as any in the nation, the Hokies' new goal of a BIG EAST Conference championship could soon be a reality.

All-Americans

Men

Name	Event	Year
Keith Neff	Paul vault	1976
Dennis Scott	60-yard dash	1978
Ray Ackenbom	Two-mile relay	1980
Mike Burns	Two-mile relay	1980
John Dyer	Decathlon	1980
Kenny Lewis	55m high hurdles	1980
Ray McDaniels	Two-mile relay	1980
Bruce Merritt	Two-mile relay	1980
Bob Phillips	Pole vault	1980
Paul Sulik	Hammer throw	1981
Steve Hetherington	Cross country	1982

Mark Stickley	10,000-meters	1985
Gary Cobb	1,000-meters	1987
Gary Cobb	1,500-meters	1987
Phil Saunders	Triple jump	1987
Steve Taylor	10,000-meters	1987
Steve Taylor	Cross country	1987
Tony Williams	10,000-meters	1987
Tony Williams	Cross country	1987
Brian Walter	Cross country	1989
Mike Sergeant	Hammer throw	1992
Erick Kingston	Hammer throw	1998
Brian Hunter	Pole Vault	2000
Erick Kingston	Hammer Throw	2000

Women

Lucy Hawk Banks	800-Meters	1980
Lori McKee Taylor	Cross Country	1981
Tracy Deely	Cross Country	1981
Judy Williams	10,000-Meters	1981
Lori McKee Taylor	3,000-Meters	1982
Linda King	10,000-Meters	1984
Linda King	10,000-Meters	1985
Margarita Lasaga	10,000-Meters	1987
Katie Ollendick	High Jump	1998
Katie Ollendick	Heptathlon	1998
Kristin Price	3,000-Meters	2001
Kristin Price	5,000-Meters	2001

TRACK & FIELD CONFERENCE CHAMPIONS

Men's Indoor

Southern Conference

1932	Swart	Shot Put
1933	Lloyd Turner	High Jump
1942	Wayne McMullin	60 yards
1952	William Johnson	440 yards
	Ben Lankford	High Jump
1953	Dave Shafer	Two Mile
	Ben Lankford	High Jump
	T.J. Roberts	Pole Vault
1954	Ben Lankford	High Jump
	T.J. Roberts	Pole Vault
1955	Bob Wingfield	880 yards
1956	Bob Wingfield	880 yards
	Bob McCoy	70 yard HH
	VT	Mile relay
1957	Bob Wingfield	880 yards
	VT	Mile relay
1958	Len Muse	Shot put
1959	Jim Nichols	Long Jump
	Bill Spengler	Pole Vault
1962	Howard Melton	Long Jump
1963	Gene Simpson	880 yards

Metro Conference

1979	Dennis Scott	55 meters
	Kenny Lewis	55 hurdles
1980	Ray Ackenbom	880 yards
	Ray Ackenbom	Mile
	Robbie White	Two mile
	Robbie White	Three mile
	Kenny Lewis	60 yard HH
	Paul Sulik	Weight Throw
1983	Steve Whaley	High Jump
	Danny Thompson	Pole Vault
	Eric Robinson	Triple Jump
1987	Gary Cobb	1,000 meters
	Gary Cobb	Mile
	Tony Williams	3,000 meters
	Phil Saunders	Triple Jump
	Ricky Butler	Weight Throw
1993	Cedric Patrick	200 meters
	Jay Gallant	400 meters
	Travis Walter	3,000 meters

1993	Travis Walter	5,000 meters
	VT	4x400 relay
	Chris Williams	Pole Vault
1994	Matt Zacharias	5,000 meters
	Chris Williams	Pole Vault
1995	Hilliard Sumner	200 meters
	Hilliard Sumner	400 meters
	Jason Fullmer	55 hurdles
	Justin Davis	4x400 relay
	Detrick Stith	4x400 relay
	Hilliard Sumner	4x400 relay
	Geoff Tonini	4x400 relay
	Greg Henley	Long Jump
	Dave Hannett	Pentathlon

Atlantic 10 Conference

1997	Detrick Stith	500 meters
	Justin Davis	800 meters
	Mike Cox	5,000 meters
	Jason Fullmer	55 hurdles
	Brain Drennan	High Jump
1998	Butch Patrick	55 meters
	Matt Zacharias	5,000 meters
	Chris Stokes	55 hurdles
	Nick DeLuca	Shot Put
	Erick Kingston	Weight Throw
1999	André Davis	55 meters
	André Davis	200 meters
	Chris Seaton	5,000 meters
	Chris Stokes	55 hurdles
	Todd Grignon	4x800 relay
	Paul Hayes	4x800 relay
	Erik Necciai	4x800 relay
	Matt Talyor	4x800 relay
	Rashad Jenkins	Triple Jump
	Brian Hunter	Pole Vault
	Erick Kingson	Weight Throw
2000	André Davis	55 meters
	André Davis	200 meters
	Clinton Edwards	400 meters
	Matt Taylor	800 meters
	Paul Hayes	1,000 meters
	Chris Seaton	5,000 meters
	Kevin Walker	55 hurdles
	Brian Coffield	4x800 relay

2000	Todd Grignon	4x800 relay
	Ali Najjar	4x800 relay
	Matt Taylor	4x800 relay
	Darryl McCoy	Long Jump
	Ernest Wilford	Triple Jump
	Brian Hunter	Pole Vault
	Eddie Boes	Weight Throw

Women's Indoor

Metro Conference

1993	Heidi Allen	5,000 meters
	Dorothea Ku	High Jump
1994		no info
1995	Jen Chapman	800 meters
	Amy Cowan	4x400 relay
	Detra Edmunds	4x400 relay
	Erin Graham	4x400 relay
	Julie Reeser	4x400 relay
	Detra Edmunds	Triple Jump
	Johli Carscallen	Shot Put
	Meredith Newby	Weight Throw

Atlantic 10 Conference

1997	Rashida Dodson	55 meters
	Rashida Dodson	200 meters
	Jennifer Conner	5,000 meters
	Jennifer Cook	55 hurdles
	Leslie Mitchell	Triple Jump
	Katie Ollendick	High Jump
	Paula Allan	Shot Put
1998	Megan Barnes	Long Jump
	Katie Ollendick	High Jump
	Michelle Smith	Shot Put
1999	Stephenie Ingersoll	3,000
	Danielle Hobson	4x400 relay
	Lynette Hopkins	4x400 relay
	Keisha Ricks	4x400 relay
	Brandi Smith	4x400 relay
	April Byrd	Long Jump
	Paula Allen	Shot Put
2000	Lynette Hopkins	400 meters
	April Byrd	Long Jump
	April Byrd	Triple Jump
	Paula Allen	Weight Throw

TRACK & FIELD CONFERENCE CHAMPIONS

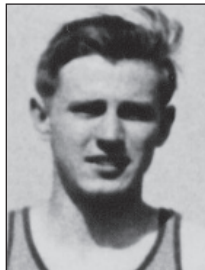
Men's Outdoor

Southern Conference

1926	Lund	Discus
1928	Lund	Discus
1929	Penn	Two Mile
1931	Swart	Shot Put
1933	Lloyd Turner	High Jump
1935	Ivan Mothershead	Mile
1936	Rollins	High Jump
1937	Martin Shokey	Discus
1938	Ellis	Pole Vault
1948	Frank Magill	880 yards
1949	Bob Monroe	High Jump
1951	William Johnson	440 yards
	George Cochran	Javelin
1952	Stu Johnson	440 yards
	VT	Mile relay
	Ben Lankford	High Jump
	George Cochran	Javelin
1953	Dave Schafer	Mile
1954	Frank Tardy	Two Mile
	Ben Lankford	High Jump
1955	Dick Arnold	440 yards
	Bob Wingfield	880 yards
	Charles Catlett	Two Mile
	VT	Mile relay
1956	Dick Arnold	440 yards
	Bob Wingfield	880 yards
	Alger Pugh	120 yard HH
1957	Bob Wingfield	880 yards
	Bill Shephard	120 yard HH
1958	Len Muse	Shot Put
1959	Howard Melton	Long Jump
1960	John Finch	Two Mile
	Jim Nichols	Long Jump
1961	Lou Castagnola	Two Mile
	Howard Melton	Long Jump
1962	Kent Harris	100 yards
1963	J.W. Carter	Triple Jump
1964	Fred Vaughan	Discus
	J.W. Carter	Triple Jump
1965	Fred Vaughan	Discus

Metro Conference

1979	Bob Phillips	Pole Vault
	Paul Sulik	Hammer Throw
1980	Bob Phillips	Pole Vault
	Paul Sulik	Hammer Throw
	John Dyer	Decathlon
1981	Mike Halim	Long Jump
	Steve Whaley	High Jump
	Bob Phillips	Pole Vault
	Steve Mehr	Discus
	Paul Sulik	Hammer Throw
	John Dyer	Decathlon
1982	Tim Crossin	800 meters
	Mark Stickley	10,000 meters
	Dave Hook	Hammer Throw
1983	Steve Pinard	5,000 meters
	Mark Stickley	10,000 meters
	David Peterson	3,000 SC
	Steve Mehr	Hammer Throw
	Danny Thompson	Decathlon
1984	Douglas Law	5,000 meters
	Kevin Haxter	Pole Vault
	Steve Moran	Hammer Throw
1985	Tony Williams	5,000 meters
	Tony Williams	10,000 meters



Dick Arnold



April Byrd

1985	Phil Saunders	Triple Jump
1986	Gary Cobb	1,500 meters
	Howard Nippert	10,000 meters
	Todd Giszack	3,000 SC
	Phil Saunders	Triple Jump
1987	Gary Cobb	1,500 meters
	Steve Taylor	5,000 meters
	Phil Saunders	Triple Jump
1989	Tim Covington	5,000 meters
	Tim Covington	3,000 SC
1990	Tim Covington	5,000 meters
	Brian Walter	10,000 meters
	Tim Covington	3,000 SC
1991	Wally Granville	5,000 meters
1992	Chris Williams	Pole Vault
	Mike Sergent	Discus
	Mike Sergent	Hammer Throw
	Corey Lamb	Decathlon
1993	none	
1994	Brett Matthews	800 meters
	Chris Sieben	Javelin
1995	Jason Fullmer	110 hurdles
	Justin Davis	400 hurdles

Atlantic 10 Conference

1996	no meet	
1997	Hilliard Sumner	400 meters
	Mike Cox	10,000 meters
	Jason Fullmer	110 hurdles
	Jim Fitzgerald	Pole Vault
	Eddie Boes	Discus
1998	André Davis	100 meters
	André Davis	200 meters
	Mike Cox	10,000 meters
	Kevin Walker	110 hurdles
	Kevin Walker	400 hurdles
	Jarrett Ferguson	Long Jump
	Nathan Bath	Pole Vault
	Nick Deluca	Shot Put
	Erick Kingston	Hammer Throw
1999	André Davis	100 meters
	André Davis	200 meters
	Ahmed Sangbana	400 meters
	Paul Hayes	1,500 meters
	Jason Dowdy	5,000 meters
	Jason Dowdy	10,000 meters
	Chris Stokes	110 hurdles
	Justin Davis	400 hurdles
	Larry Austin	4x100 relay
	André Davis	4x100 relay
	Rashad Jenkins	4x100 relay
	Darryl McCoy	4x100 relay
	Justin Davis	4x400 relay
	Clinton Edwards	4x400 relay
	Ahmed Sangbana	4x400 relay
	Kevin Walker	4x400 relay

1999	Mike Donahue	Long Jump
	Rashad Jenkins	Triple Jump
	Brian Hunter	Pole Vault
	Erick Kingston	Hammer Throw
	Paul Strano	Decathlon
2000	André Davis	100 meters
	André Davis	200 meters
	Ali Najjar	800 meters
	Kevin Walker	110 hurdles
	Kevin Walker	400 hurdles
	Larry Austin	4x100 relay
	André Davis	4x100 relay
	Rashad Jenkins	4x100 relay
	Darryl McCoy	4x100 relay
	Darryl McCoy	Long Jump
	Ernest Wilford	Triple Jump
	Brian Hunter	Pole Vault
	Erick Kingston	Hammer Throw
	Adam Bowser	Decathlon

BIG EAST Conference

2001	Jevon Jenkins	100 meters
	Kevin Walker	110 hurdles

Women's Outdoor

Metro Conference

1989	Gwen Roller	5,000 meters
1990	Heidi Allen	5,000 meters
1992	Dorothea Ku	Heptathlon
	Cecil Organ	High Jump
1993	Heidi Allen	10,000 meters
	Nancy Gilmore	Discus
1994	Detra Edmunds	Triple Jump
1995	Michelle Smith	Discus
	Michelle Smith	Shot Put

Atlantic 10 Conference

1997	Mandy Workman	10,000 meters
	Melanie Burgess	Long Jump
	Katie Ollendick	High Jump
	Paula Allan	Shot Put
	Jessica Read	Javelin
1998	Brandi Smith	400 Hurdles
	Megan Barnes	Long Jump
	April Byrd	Triple Jump
	Katie Ollendick	High Jump
	Paula Allan	Shot Put
	Michelle Smith	Discus
	Dee O'Connell	Javelin
1999	Damali Hay	100 meters
	Danya Gordon	200 meters
	Brandi Smith	400 hurdles
	Danya Gordon	4x400 relay
	Danielle Hobson	4x400 relay
	Lynette Hopkins	4x400 relay
	Brandi Smith	4x400 relay
	April Byrd	Triple Jump
	M. Zengilowsky	Hammer Throw
	Dee O'Connell	Javelin
2000	Damali Hay	4x400 relay
	Lynette Hopkins	4x400 relay
	Joy Nsubuga	4x400 relay
	Monique Vanloo	4x400 relay
	April Byrd	Long Jump
	April Byrd	Triple Jump

BIG EAST Conference

2001	Kristin Price	5,000 meters
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Track & Field Facilities

Virginia Tech boasts an indoor-outdoor combo that is as fine as any in the nation

Virginia Tech's indoor and outdoor track facilities are considered to be among the nation's elite. The latest addition, the Johnson-Miller Outdoor Track Complex, is identical to the track used at the 1996 Olympic Games in Atlanta.

"These facilities will enable us to attract and develop the highest level of talent available," Tech Director of Track and Field and Cross Country Dave Cianelli said. "In turn, this will enable our program to achieve elite rankings at both the conference and national level."

The oval track has eight 42-inch lanes with the school colors of burnt orange and Chicago maroon colored on alternating lanes. The complex includes a pole vault pit, steeplechase lanes, and areas for shot put, discus, hammer throw, javelin and all of the jump events. Ten lanes have been



Rector Field House

laid down on one stretch of the south side of the track for sprints. Bleacher seating was recently installed above this area to provide six rows of seating for spectators. The state-of-the-art Finish Lynx timing system is used for quick and accurate results.

This outdoor track, coupled with a similar indoor track, gives Tech what some

believe is the finest track complex in America. The indoor track was installed in the Rector Field House and used for the first time during the 1996-97 season. There are few like it in the U.S. today.

The indoor facility has hosted several of the east coast's top invitationals that attract the nation's top programs. Tech has also

brought in some of the nation's finest athletes. Several Olympians and high profile athletes have recently competed in Rector Field House. 2000 Olympic gold medalist Angelo Taylor (400-meter hurdles), 2000 Olympic silver medalist Lawrence Johnson (pole vault), Olympian distance runner Julie Henner, two-time NCAA shot put champion Andy Bloom, and high school mile record holder Alan Webb are all on that list.

The Johnson-Miller Outdoor Track Complex was dedicated in honor of Stuart Johnson and Jack William Miller, Jr. Both are former Hokie track stars from Richmond, Va., whose loyalty and support made possible the construction of the new track.

"Our program is indebted to these two individuals," Cianelli said. "Their generosity has allowed us to have world-class facilities right here on our campus."

Johnson, Tech's Mr. Track in 1952, was the first man elected to the Virginia Tech Hall of Fame based solely on track and field records. He ran the 440, 220 and mile relay. Miller was co-captain of the 1953 track team. He competed in a number of events, with the mile run being his specialty.

"I have seen a number of facilities throughout my years of college coaching," Cianelli said. "Out of them all, I believe Tech's rank at the top."



The Johnson-Miller Outdoor Track Complex

RECTOR FIELD HOUSE INDOOR TRACK RECORDS

Men's

Event	Mark	Name	Team	Date
60	6.56	Shawn Crawford	Clemson	2/18/00
60H	7.53	Terrence Trammell	South Carolina	2/12/99
200	20.43	Shawn Crawford	Clemson	2/19/00
400	46.01	Angelo Taylor	Georgia Tech	2/23/98
500	1:02.05	Marvin Watts	South Carolina	1/17/98
800	1:47.49	Anders Christiansen	William & Mary	2/26/99
1,000	2:20.55	Hudson Souza	Brazil	2/23/01
1 mile	3:59.44	Hudson Souza	Brazil	2/24/01
3,000	7:53.26	Tim Broe	Alabama	1/22/99
5,000	13:47.48	Matthew Lane	William & Mary	2/9/01
4x400	3:07.08		Baylor	2/5/99
4x800	7:37.76		North Carolina	2/12/00
DMR	9:33.73		Arkansas	2/12/99
Long Jump	8.03	Roland McGhee	Unattached	2/14/98
Triple Jump	16.80	Allen Simms	George Mason	1/19/01
High Jump	2.28	David Furman	Florida	2/14/98
Pole Vault	5.80	Larwence Johnson	Adidas	2/24/01
Weight	20.60	Ryan Harrison	South Carolina	1/22/99
Shot Put	20.41	Andy Bloom	Nike	2/7/98

Women's

Event	Mark	Name	Team	Date
60	7.00	Tonique Williams	South Carolina	1/17/97
60H	7.94	Melissa Morrison	S.C. Elite	1/22/99
200	23.42	Pauline Davis	Bahamas Natl	2/12/99
400	52.25	Kim Graham	Unattached	2/26/00
500	1:12.28	Chantee Earl	Pittsburgh	1/12/99
800	2:05.77	Julie Henner	Reebok	1/17/98
1,000	2:50.90	Keshia Banks	JMU	2/12/99
1 mile	4:37.41	Shalane Flanagan	North Carolina	2/17/01
3,000	9:08.31	Nnenna Lynch	Unattached	2/14/98
5,000	16:30.89	Sara Day	Wake Forest	2/16/01
4x400	3:35.05		Florida	2/5/99
4x800	8:51.92		Pittsburgh	1/20/01
DMR	11:14.43		North Carolina	2/23/01
Long Jump	6.47	Ola Sesay	North Carolina	2/18/00
Triple Jump	14.12	Tiombe Hurd	Nike	2/24/01
High Jump	1.84	Adriane Sims	St. Augustine's	2/25/00
	1.84	Nicole McClain	Gardner Webb	1/25/00
Pole Vault	4.25	Thorey Elisdottir	Georgia	2/3/01
Weight	21.81	Lisa Misipeka	S.C. Elite	2/12/99
Shot Put	18.44	Teri Tunks	Nike	2/24/01

JOHNSON-MILLER OUTDOOR TRACK RECORDS

Men's

Event	Mark	Name	Team	Date
100	10.19	Anthony Jones	Asics	4/17/99
200	20.76	Anthony Jones	Asics	4/17/99
400	46.27	Jebreh Harris	Tennessee	4/21/01
800	1:49.91	Ali Najjar	Virginia Tech	5/7/00
1,500	3:52.63	Tony Cosey	Adidas	4/21/01
3,000	8:24.05	Stephen Githuka	Liberty	4/3/99
5,000	14:51.81	Ryan Carrara	UMass	5/3/98
10,000	31:43.70	Mike Cox	Virginia Tech	5/3/98
110H	13.43	Dawane Wallace	Unattached	4/21/01
400H	50.09	James Carter	MD Elite	4/22/00
3,000 SC	9:12.08	Casey Batey	Unattached	4/22/00
4x100	39.41		JC All-Stars	4/3/99
4x400	3:10.43		Temple	5/3/98
4x800	7:30.24		La Salle	5/3/98
High Jump	2.14	Jason Farr	ETSU	4/3/99
Pole Vault	5.52	Brian Hunter	Virginia Tech	4/22/00
Long Jump	7.40	Mike Donahue	Virginia Tech	5/1/99
Triple Jump	14.68	Ernest Wilford	Virginia Tech	5/7/00
Shot Put	16.93	Glen Thompson	L&S Throwers	4/3/99
Discus	55.62	Vic Morency	UMass	5/7/00
Hammer	67.64	Erick Kingston	Virginia Tech	5/1/99
Javelin	69.98	Vic Morency	UMass	5/1/99

Women's

Event	Mark	Name	Team	Date
100	11.69	Erica Witter	UT Alumni	4/22/00
200	23.54	Erica Witter	UT Alumni	4/22/00
400	54.01	Saidah Jones	Unattached	4/3/99
800	2:06.49	Michelle Ballentine	Glyph	4/21/01
1,500	4:26.29	Kim McGreevy	Unattached	4/22/00
3,000	9:48.00	Theresa Carroll	La Salle	5/3/98
5,000	17:22.68	Sarah Hirsch	UMass	5/2/99
10,000	37:47.47	Elena Gomez	La Salle	5/3/98
100H	13.72	Michelle Trefz	Rhode Island	5/3/98
400H	59.24	Brandi Smith	Virginia Tech	5/2/99
3,000 SC	11:15.66	Stacey Vidt	Virginia Tech	4/21/01
4x100	45.92		Tennessee	4/17/99
4x400	3:44.67		Virginia Tech	5/2/99
4x800	9:03.03		St. Joseph's	5/3/98
High Jump	1.78	Katie Ollendick	Virginia Tech	5/3/98



Erick Kingston



Brandi Smith

Event	Mark	Name	Team	Date
Pole Vault	3.80	Stephanie Maugham	U.R.I.	5/6/00
	3.80	Kylene Nixon	South Carolina	4/21/01
Long Jump	6.15	Shelanda Irish	UMass	5/1/99
Triple Jump	12.85	April Byrd	Virginia Tech	5/1/99
Shot Put	15.25	Paula Allan	Virginia Tech	5/3/99
Discus	52.10	DeSaya Williams	Penn State	4/22/00
Hammer	61.02	Michelle Boswell	Unattached	4/21/01
Javelin	46.10	Brame Johnson	Penn State	4/22/00

Men's School Records

INDOOR TRACK

Event	Mark	Name	Year
60 yd	5.9	David Read	1980
55	6.30	André Davis	2000
60	6.72	André Davis	2000
200	21.16	André Davis	2000
400	47.96	Buck Grant	2001
500	1:03.58	Ali Najjar	2000
600	1:20.1	Brett Matthews	1994
800	1:49.94	Ali Najjar	2001
1,000	2:21.92	Gary Cobb	1987
1,500	3:45.0	Gary Cobb	1987
Mile	4:08.1	Gary Cobb	1987
2,000	5:24.1	Mike Cox	1994
3,000	8:03.41	Steve Taylor	1987
5,000	14:02.0	Tim Covington	1989
60 yd H	7.1	Kenny Lewis	1978
55H	7.35	Chris Stokes	1999
60H	7.82	Chris Stokes	1999
4x100	43.7	Maurice Ashford/Kenny Lewis/ Larry Fallen/Dennis Scott	1978
4x400	3:11.50	Detrick Stith/Kevin Walker/ Ahmed Sangbana/Justin Davis	1999
4x800	7:22.56	Gary Cobb/Ron Voigt/ Jay Oustrich/Brad Reed	1987
DMR	9:37.98	Paul Hayes/Buck Grant/ Ali Najjar/Chris Seaton	2001
SMR	3:35.9	Vinnie Peters/Jon Nelson/ Dave Hannett/Eric Parlette	1993
High Jump	7-1/2.16	Steve Whaley	1983
Pole Vault	18-0.5/5.50	Brian Hunter	2000
Long Jump	25-3/7.70	Ken Stewart	1984
Triple Jump	51-9.75/15.79	Phil Saunders	1986
Shot Put	56-8.5/17.28	Barry White	1973
35-lb Weight	65-0/19.81	Erick Kingston	2000
Pent/Dec	3,683	Adam Bowser	2000

All times prior to 1991 are not fully automated.



Virginia Tech's 2001 record-setting DMR team (l-r) Paul Hayes, Chris Seaton, Buck Grant and Ali Najjar.



André Davis, aka "The Blur," holds several Tech records in the sprints.

OUTDOOR TRACK

Event	Mark	Name	Year
100yd	9.4	André Releford	1974
100m	10.24	André Davis	1999
200	20.78	André Davis	1999
400	46.73	Hilliard Sumner	1996
800	1:48.5	Tim Crossin	1982
1,500	3:39.35	Gary Cobb	1987
3,000	8:03.41	Steve Taylor	1987
5,000	13:52.0	Steve Taylor	1987
10,000	28:45.97	Mark Stickle	1982
110H	13.89	Chris Stokes	1999
400H	51.28	Justin Davis	1999
3,000 SC	8:47.2	Gene Crane	1978
4X110y	40.7	Larry Fallen/David Read/ Kenny Lewis/Dennis Scott	1980
4x100	41.16	Larry Austin/Darryl McCoy/ Rashad Jenkins/André Davis	2000
4X440y	3:10.2	Robert Chase/Nuzelle Watson/ Robert Nash/Tim Crossin	1982
4x400	3:10.48	Kevin Walker/Ahmed Sangbana/ Justin Davis/Detrick Stith	1999
4X800	7:32.2	Ray McDaniels/Tim Crossin/ Bill Porr/Nuzelle Watson	1982
4X1,500	15:54.70	Paul Hayes/Kevin Rhue/ Chris Seaton/Josiah Oliver	2001
DMR	9:40.31	Ron Voigt/Jay Oustrich/ Brad Reed/Gary Cobb	1987
SMR	3:20.7	Robert Chase/David Read/ Michael Cooper/Tim Crossin	1983
High Jump	7-1/2.16	Steve Whaley	1983
Pole Vault	18-1.25/5.52	Brian Hunter	2000
Long Jump	24-10/7.57	Jerry Gaines	1971
Triple Jump	53-4.5/16.27	Phil Saunders	1986
Shot Put	55-8/16.97	Barry White	1972
Discus	178-6/54.40	Steve Mehr	1983
Hammer	221-11/67.46	Erick Kingston	1999
Javelin	219-3/66.82	Bill Patrowicz	1989
Decathlon	6,951	Ed Nuttycombe	1976

Women's School Records



Damali Hay sets the Tech record in the 100 at James Madison last season.

INDOOR TRACK

Event	Mark	Name	Year
55	7.11	Rashida Dodson	1997
60	7.61	Damali Hay	2000
200	24.90	Damali Hay	2001
300	41.20	Cindy Ross	1985
400	55.36	Brandi Smith	1999
500	1:15.05	Danya Gordon	1997
600	1:37.46	Donna Tonini	1983
800	2:10.85	Kristin Price	2001
1,000	2:54.56	Chelsea Alverson	2000
1,500	4:30.10	Linda King	1985
Mile	4:48.48	Kristin Price	2001
2,000	6:20.28	Kristin Price	2001
3,000	9:18.77	Kristin Price	2001
5,000	16:48.30	Heidi Allen	1992
55H	8.06	Jennifer Cook	1999
60H	8.61	Jennifer Cook	1999
4x200	1:50.42	Brenda Ellsworth/Lisa Nicholson/ Melinda Jones/Evette Evans	1983
4x400	3:49.95	Danya Gordon/Danielle Hobson/ Lynette Hopkins/Brandi Smith	1999
4x800	9:03.66	Jill Netzer/Cas Sadosky/ Jessie Scherrens/Kim Gibbs	1998
4x1,500	19:30.0	Lori McKee/Roxann Polo/ Linda King/Cybele Daily	1983
4x1,600	21:54.5	Tracy Shea/Jennifer Chapman/ Jennifer Pohlig/Leigh Dillard	1995
DMR	11:34.78	Kristin Price/Lynette Hopkins/ Cas Sadosky/Stacey Vidt	2001
SMR	4:30.1	Charmaine Howze/Detra Edmunds/ Julie Reeser/Candice Allen	1995
High Jump	6-0/1.83	Katie Ollendick	1998
Pole Vault	10-06/3.20	Kelly Fisher	2001
Long Jump	19-9/6.02	April Byrd	2000
Triple Jump	41-4.25/12.60	April Byrd	2000
Shot Put	49-10.5/15.20	Paula Allan	1999
20-lb Weight	52-4.5/15.96	Meredith Newby	1996
Pent/Hep	3,941	Katie Ollendick	1998

All times prior to 1991 are not fully automated.

OUTDOOR TRACK

Event	Mark	Name	Year
100	11.80	Damali Hay	2001
200	24.10	Danya Gordon	1999
400	55.18	Danya Gordon	1999
800	2:11.60	Louise Schweitzer	1987
1,500	4:22.85	Kristin Price	2001
3,000	9:14.25	Cheryl Tuosto	1985
5,000	15:56.68	Kristin Price	2001
10,000	33:05.96	Linda King	1984
100H	13.77	Brandi Smith	1999
400IH	58.41	Brandi Smith	1999
3000 SC	10:59.35	Stacey Vidt	2001
4x100	46.65	Keisha Ricks/Jennifer Cook/ April Byrd/Damali Hay	1999
4x200	1:38.34	Danya Gordon/Katie Ollendick/ Jennifer Cook/April Byrd	1998
4x400	3:42.48	Lynette Hopkins/Danya Gordon/ Danielle Hobson/Brandi Smith	1999
4x800	9:03.66	Jill Netzer/Cas Sadosky/ Jessie Scherrens/Kim Gibbs	1998
4x1,500	18:58.47	Chelsea Alverson/Stacey Vidt/ Johanna Stumpf/Kim Milbourn	2000
4x1,600	21:20.4	Michelle Barrett/Melissa Ward/ Meredith McMahon/Tracey Shea	1994
DMR	11:54.77	Chelsea Alverson/Wendy Wagner/ Cas Sadosky/Stacey Vidt	2000
SMR	3:58.62	Damali Hay/Jennifer Cook/ Brandi Smith/Kim Gibbs	1999
High Jump	5-11.25/1.81	Katie Ollendick	1998
Pole Vault	10-6/3.20	Kelly Fisher	2000
Long Jump	20-1.5/6.13	April Byrd	2000
Triple Jump	42-5.25/12.93	April Byrd	2000
Shot Put	50-3.5/15.33	Paula Allan	1998
Discus	158-9/48.38	Michelle Smith	1997
Hammer	166-10/50.86	Paula Allan	2000
Javelin	151-2/46.09	Dee O'Connell	1999
Heptathlon	5,378	Katie Ollendick	1998

All times prior to 1991 are not fully automated.



Katie Ollendick earned All-America honors in the high jump and heptathlon.

TOP FIVE ALL-TIME MEN'S OUTDOOR PERFORMANCES

100-Meter Dash

André Davis	10.24	1999
Dennis Scott	10.42	1980
David Read	10.43	1980
Jevon Jenkins	10.52	2001
Darryl McCoy	10.64	1999
<i>100-Yard Dash</i>		
André Releford	9.40	1974

110-Meter Hurdles

Chris Stokes	13.89	1999
Kevin Walker	13.91	2001
Kenny Lewis	14.08	1980
Jason Fullmer	14.31	1996

120-Yard Hurdles

Jerry Gains	14.1	1971
Mike Kacz	14.1	1975

200-Meter Dash

André Davis	20.78	1999
Robert Nash	21.1	1984
David Read	21.1	1980
Dennis Scott	21.2	1980
Clinton Edwards	21.45	2001

220-Yard Dash

Mac Banks	20.8	1971
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400-Meter Dash

Hilliard Sumner	46.73	1996
Robert Nash	47.2	1984
Justin Davis	47.75	1999
Charles Edwards	47.7	1984
Buck Grant	47.95	2000

440-Yard Dash

Mac Banks	46.7	1971
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400-Meter Hurdles

Justin Davis	51.28	1999
Kevin Walker	51.47	2000
Rober Chase	52.06	1982
Jason Fullmer	52.46	1996

440-Yard Hurdles

Mike Kacz	51.8	1975
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800-Meter Run

Tim Crossin	1:48.5	1982
Ray Ackenbom	1:49.06	1979
Ali Najjar	1:49.91	2000
Brett Matthews	1:50.0	1994
Paul Hayes	1:50.84	2001

1,500-Meter Run

Gary Cobb	3:39.35	1987
Ray McDaniels	3:45.2	1982
Michael Burns	3:45.68	1979
Steve Taylor	3:46.6	1987
Ron Voight	3:46.83	1987

3,000-Meter Steeplechase

Gene Crane	8:47.2	1978
Robert Herndon	8:54.6	1984
Merle Valetto	8:55.1	1971
Tim Covington	9:02.1	1989
David Peterson	9:03.5	1983

5,000-Meter Run

Steve Taylor	13:52.0	1987
Mark Stickley	14:03.0	1983
Steven Pinard	14:08.0	1983
Chris Seaton	14:13.61	2001
David Peterson	14:14.6	1983
Tony Williams	14:14.6	1988

10,000-Meter Run

Mark Stickley	28:45.97	1982
Steve Taylor	28:54.1	1987
Tony Williams	28:55.4	1987
Howard Nippert	29:15.0	1986
Chris Seaton	29:27.04	2001

4x100-Meter Relay

Austin, McCoy, Jenkins, Davis	41.16	2000
Virginia Tech	41.1	1984
Virginia Tech	41.5	1983
Virginia Tech	41.8	1992

4x110-Yard Relay

Fallen, Read, Lewis, Scott	40.7	1980
Fallen, Read, Lewis, Scott	41.0	1980

4x400-Meter Relay

Walker, Sangbana, Davis, Stith	3:10.48	1999
Stith, Walker, Sangbana, Davis	3:11.07	1999
Edwards, Walker, Sangbana, Davis	3:11.51	1999
Stith, Fullmer, Davis, Sumner	3:11.60	1996
Chase, Watson, Nash, Crossin	3:10.2	1982

4x800-Meter Relay

McDaniels, Crossin, Porr, Watson	7:32.2	1982
Hayes, Grignon, Taylor, Rhue	7:34.54	2000
Hayes, Grignon, Taylor, Necciai	7:35.40	1999
Hayes, Grignon, Necciai, Taylor	7:35.48	1999
Hayes, Grignon, Taylor, Necciai	7:36.32	1999

4x1,500-Meter Relay

Hayes, Rhue, Seaton, Oliver	15:54.70	2001
King, Rumble, Lang, Yost	16:06.80	1997
Taylor, Carter, Krylicinski, Hayes	16:08.03	1999
Hayes, Krylicinski, Hettenbaugh, Lindner	16:11.07	2000
Ferguson, Cox, Davis, Dowdy	16:11.73	1996

Long Jump

Jerry Gains	24'10.00"	1971
Darryl McCoy	24'05.00"	2000
Mike Donahue	24'03.50"	1999
Mike Halim	23'11.75"	1981
Whitey Curd	23'09.00"	1986

Triple Jump

Phil Saunders	53'04.50"	1986
Jim Eckenrode	48'10.50"	1986
Mark Zesinger	48'04.00"	1992
Ernest Wilford	48'02.00"	2000
Wilton Staples	48'01.00"	1968

High Jump

Steve Whaley	7'01.00"	1983
Jake Howitt	7'00.00"	1985
Hank Bradley	7'00.00"	1976
Genesis Ridley	6'09.00"	2000
Brian Hunter	6'09.00"	2000
Brian Drennen	6'09.00"	1994

Pole Vault

Brian Hunter	18'01.25"	2000
Bob Phillips	17'00.50"	1980
Chris Williams	17'00.00"	1994
Keith Neff	16'07.50"	1977
Steve Tyree	16'00.00"	1993
Kevin Haxter	16'00.00"	1984

Shot Put

Barry White	55'08.00"	1972
Scott Alexander	54'11.75"	1971
Ben Sedwick	54'07.50"	1970
Tom Mehr	53'05.50"	1984
Dave Steranko	52'01.00"	1977

Hammer Throw

Erick Kingston	221'11.00"	1999
Mike Sergent	210'01.00"	1992
Eddie Boes	195'09.00"	2000
Paul Sulik	195'06.00"	1981
Robert Drum	193'06.00"	1978

Discus

Steve Mehr	178'06.00"	1983
Mike Sergent	175'05.00"	1992
Eddie Boes	173'09.00"	2000
Barry White	168'10.00"	1972
Dave Steranko	166'00.00"	1978

Javelin

Bill Patrowicz	219'03.00"	1989
Chris Sieben	205'08.00"	1994
Bryan Smith	196'06.00"	1988
John Patrowicz	196'05.00"	1992
Wayne Devenney	191'06.00"	1994

Old Javelin

David Sage	227'10.00"	1977
Chris Brevig	225'06.00"	1977

Decathlon

Ed Nuttycombe	6,951 points	1976
John Dyer	6,939 points	1981
Danny Thompson	6,796 points	1983
Dave Hannett	6,671 points	1994
Randy Bungard	6,384 points	1987

TOP FIVE ALL-TIME WOMEN'S OUTDOOR PERFORMANCES

100-Meter Dash

Damali Hay	11.80	2001
Rashida Dodson	12.01	1997
Cindy Ross	12.04	1985
Jennifer Cook	12.07	1999
Keshia Ricks	12.11	1999

100-Meter Hurdles

Brandi Smith	13.77	1999
Katie Ollendick	13.96	1998
Jennifer Cook	14.13	2000
Melanie Burgess	14.20	1998
Sandra Nichols	14.3	1983

200-Meter Dash

Danya Gordon	24.10	1999
Damali Hay	24.40	1999
Cindy Ross	24.50	1985
Monique Vanloo	24.98	2001
Jennifer Cook	25.01	1997

400-Meter Dash

Danya Gordon	55.18	1999
Lynette Hopkins	55.73	2000
Katie Ollendick	56.06	1998
Brandi Smith	56.65	1998
Erin Graham	57.16	1993

400-Meter Hurdles

Brandi Smith	58.41	1999
Danielle Hobson	61.56	1999
Erin Graham	61.62	1996
Katie Ollendick	63.96	1997
Danielle Gaddy	64.18	2001

800-Meter Run

Louise Schweitzer	2:11.6	1987
Cas Sadosky	2:11.89	2000
Chelsea Alverson	2:13.22	2000
Cheryl Tuosto	2:14.4	1986
Michelle VanHorn	2:15.07	2001

1,500-Meter Run

Kristin Price	4:22.85	2001
Cheryl Tuosto	4:27.80	1985
Linda King	4:28.21	1985
Lousie Schweitzer	4:28.51	1988
Chelsea Alverson	4:37.39	2000

3,000-Meter Run

Cheryl Tuosto	9:14.25	1985
Linda King	9:15.01	1985
Margarita Lasaga	9:29.1	1987
Louise Schweitzer	9:33.0	1987
Roxanne Polo	9:39.2	1985

3,000-Meter Steeplechase

Stacey Vidt	10:59.35	2001
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Paula Allan came up with the Tech women's top distance in the shot put in 1998.

5,000-Meter Run

Kristin Price	15:56.68	2001
Linda King	16:04.64	1984
Cheryl Tuosto	16:05.85	1984
Roxanne Polo	16:11.0	1985
Lori McKee	16:45.3	1984

10,000-Meter Run

Linda King	33:05.96	1984
Magarita Lasaga	33:51.0	1987
Roxanne Polo	34:14.0	1986
Heidi Allen	35:59.1	1993
Mandy Workman	37:27.96	1997

4x100-Meter Relay

Ricks, Cook,	46.65	1999
Byrd, Hay		
Gordon, Ollendick,	46.96	1997
Cook, Byrd		
Ricks, Cook,	46.98	1999
Byrd, Hay		
Hopkins, Vanloo,	47.11	2000
Cook, Hay		
Hopkins, Vanloo,	47.19	2000
Cook, Hay		

4x400-Meter Relay

Hopkins, Gordon,	3:42.48	1999
Hobson, Smith		
Hopkins, Gordon,	3:43.60	1999
Hobson, Smith		
Hopkins, Gordon,	3:43.95	1999
Hobson, Smith		
Hopkins, Gordon,	3:44.67	1999
Hobson, Smith		
Gordon, Ollendick	3:46.85	1998
Hopkins, Smith		

4x800-Meter Relay

Netzer, Sadosky,	9:03.66	1998
Scherrens, Gibbs		
Sadosky, Alverson,	9:06.22	2000
VanHorn, McNeeley		
Hunt, Alverson,	9:08.25	1999
McNeeley, Gibbs		
Hunt, Alverson,	9:09.08	1999
McNeeley, Ingersoll		
Virginia Tech	9:14.74	1998

Long Jump

April Byrd	20'01.50"	2000
Megan Barnes	20.00.25"	1998
Brandi Smith	19'09.00"	1998
Detra Edmunds	18'09.25"	1994
Melanie Burgess	18'05.25"	1997

Triple Jump

April Byrd	42'05.25"	2000
Brandi Smith	39'08.75"	1997
Detra Edmunds	38'08.25"	1995
Melanie Burgess	38'02.75"	1998
Cecil Organ	37'03.00"	1992

High Jump

Katie Ollendick	5'11.25"	1998
Bridgette Miller	5'08.00"	1997
Donna Girtler	5'06.00"	1983
Cecile Organ	5'04.50"	1992
Detra Edmunds	5'04.25"	1995
Dorothea Ku	5'04.25"	1993
Kimmi Alcorn	5'04.25"	1992

Pole Vault

Kelly Fisher	10'06.00"	2000
M. Zengilowski	8'08.25"	1998
Irene Spieker	7'03.00"	1976
Thea Van Sickle	7'02.25"	1998

Shot Put

Paula Allan	50'03.50"	1998
January Williams	45'08.00"	1999
Michelle Smith	44'05.50"	1997
Darcy Smith	41'03.25"	1994
Johli Carscallen	40'10.25"	1996

Discus Throw

Michelle Smith	158'09.00"	1997
Christy Herman	154'05.00"	2001
Paula Allan	151'07.00"	1996
Darcy Smith	141'05.00"	1983
Nancy Gilmore	140'11.00"	1993

Hammer Throw

Paula Allan	166'10.00"	2000
Michelle Smith	163'01.00"	1998
Meredith Newby	155'06.00"	1995
M. Zengolowski	154'02.00"	1998
Johli Carscallen	151'03.00"	1995

Javelin

Dee O'Connell	151'02.00"	1999
Christy Herman	135'08.00"	2000
Kari Manheimer	135'00.00"	1992
Jessica Read	134'10.00"	1997
Cheryl Stinson	127'01.00"	2000

Heptathlon

Katie Ollendick	5,378	1998
Brandi Smith	4,661	1997
Dorothea Ku	4,350	1993
Michelle Smith	4,043	1995
Donna Girtler	3,920	1983

TOP FIVE ALL-TIME MEN'S INDOOR PERFORMANCES

55-Meter Dash

André Davis	6.30	2000
Cedric Patrick	6.37	1993
Butch Patrick	6.38	1998
Keith Moyer	6.40	1994
Ike Charlton	6.41	1998

60-Yard Dash

David Read	5.9	1980
Dennis Scott	6.0	1978
André Releford	6.1	1978

60-Meter Dash

André Davis	6.72	1999
Larry Austin	6.84	1998
Butch Patrick	6.87	1998
Ike Charlton	6.87	1998
Jevon Jenkins	6.98	2001

55-Meter Hurdles

Chris Stokes	7.35	1999
Kevin Walker	7.43	1999
Jason Fullmer	7.55	1994
Tyrone Howell	7.71	1983

60-Yard Hurdles

Kenny Lewis	7.1	1978
Ed Friar	7.3	1978

60-Meter Hurdles

Chris Stokes	7.82	1999
Kevin Walker	7.94	2000
Jason Fullmer	8.10	1997

200-Meter Dash

André Davis	21.16	2000
Ahmed Sangbana	22.07	1999
Cedric Patrick	22.14	1993
Clinton Edwards	22.16	2001
Kevin Walker	22.29	2001

400-Meter Dash

Buck Grant	47.95	2001
Ali Najjar	48.19	2001
Ahmed Sangbana	48.19	1999
Justin Davis	48.21	1999
Hilliard Sumner	48.34	1996
Robert Nash	48.34c	1982

500-Meter

Ali Najjar	1:03.58	2000
Detrick Stith	1:03.72	1999
Robert Nash	1:04.54c	1982
Nuzelle Watson	1:04.55c	1983
Buck Grant	1:04.74	2001

800-Meter Run

Ali Najjar	1:49.94	2001
Justin Davis	1:49.96	1999
Gary Cobb	1:50.14c	1987
Brett Matthews	1:51.79	1995
880-Yard Run		
Ray McDaniels	1:51.8	1980



Gary Cobb

1,000-Meter Run

Gary Cobb	2:21.92	1987
Ron Voigt	2:22.64	1987
Paul Hayes	2:25.09	2000
Ray McDaniels	2:26.7	1982
Tim Crossin	2:27.8	1983

1,500-Meter Run

Gary Cobb	3:45.0	1987
Joe Wilson	3:50.6	1986
Ray Ackenbom	3:51.6	1981
Ron Voigt	3:52.2	1987

Mile Run

Gary Cobb	4:08.1	1987
Chris Seaton	4:09.08	2001
Tim Covington	4:09.3	1989
Ray McDaniels	4:10.6	1980
Steve Taylor	4:10.7	1987

3,000-Meter Run

Steve Taylor	8:03.41	1987
Steve Hetherington	8:10.9	1981
David Peterson	8:13.91	1983
Chris Seaton	8:17.07	2001
Robert White	8:22.0	1980

5,000-Meter Run

Tim Covington	14:02.0	1989
Jay Lambe	14:02.8	1982
Mark Stickley	14:03.8	1982
Chris Seaton	14:17.01	2001
Ricky Greer	14:19.8	1981

4x400-Meter Relay

Stith, Walker, Sangbana, Davis	3:11.50	1999
Stith, Walker, Sangbana, Davis	3:11.72	1999
Stith, Walker, Sangbana, Davis	3:12.19	1999
Walker, Di Padova, Grant, Najjar	3:13.30	2001
Stith, Fullmer, Davis, Sumner	3:13.83	1997

4x800-Meter Relay

Cobb, Voigt, Oustrich, Reed	7:22.56	1987
Ackenbom, Burns, McDaniels, Merritt	7:29.2	1980
Hayes, Grignon, Taylor, Rhue	7:34.12	2000
Najjar, Grignon, Hayes, Taylor	7:37.80	2000

DMR

Hayes, Grant, Najjar, Seaton	9:37.98	2001
Hayes, Grant, Najjar, Seaton	9:44.77	2001
Dowdy, Stith, Showers, Johns	9:54.08	1998
Hayes, Najjar, Taylor, Rhue	9:55.36	2000
McDaniels, Crossin, Nash, Porr	10:00.37	1982

Long Jump

Ken Stewart	25'03.00"	1984
Drew Gart	23'08.75"	1980
Darryl McCoy	23'08.25"	2000
Jerry Gaines	23'08.00"	1971
Keith Moyer	23'06.00"	1993
Rafael Williams	23'05.25"	1995

Triple Jump

Phil Saunders	51'9.75"	1986
Ernest Wilford	50'07.50"	2000
Gillet Ford	49'02.75"	1980
Jim Eckenrode	48'07.5"	1985
Eric Robinson	48'00.00"	1983

High Jump

Steve Whaley	7'01.00"	1983
Jake Howitt	6'11.00"	1985
John Pierce	6'10.50"	1975
Butch Patrick	6'08.00"	1998

Pole Vault

Brian Hunter	18'00.50"	2000
Bob Phillips	17'03.75"	1981
Keith Neff	17'00.00"	1976
Chris Williams	16'08.00"	1993
Danny Thompson	16'05.00"	1983
Steve Tyree	16'00.75"	1992

Shot Put

Barry White	56'08.50"	1973
Scott Alexander	55'00.50"	1972
Nick Deluca	53'00.75"	1998
Dave Steranko	52'11.00"	1977
Larry Wheeler	52'00.00"	1976

Weight Throw

Erick Kingston	65'00.00"	2000
Eddie Boes	64'10.00"	2000
Mike Sergent	63'01.75"	1989
Dan O'Conner	62'04.50"	1978
Tim Ralph	60'00.50"	2000

Pentathlon

Adam Bowser	3,683	2000
Dave Hannett	3,680	1995

TOP FIVE ALL-TIME WOMEN'S INDOOR PERFORMANCES

55-Meter Dash

Rashida Dodson	7.11	1997
Damali Hay	7.17	2000
Jennifer Cook	7.17	1997
Cindy Ross	7.22	1985
Keisha Ricks	7.29	1999

60-Meter Dash

Damali Hay	7.61	2000
Rashida Dodson	7.67	1997
Jennifer Cook	7.75	1998
Keisha Ricks	7.80	1999
Lynette Hopkins	7.82	1998

55-Meter Hurdles

Jennifer Cook	8.06	1999
Melanie Burgess	8.21	1997
Erin Graham	8.39	1995
Dorothea Ku	8.40	1992
Brandi Smith	8.47	1997

60-Meter Hurdles

Jennifer Cook	8.61	1999
Melanie Burgess	8.90	1997
Brandi Smith	9.09	1997
Katie Ollendick	9.26	1997
Erin Graham	9.31	1996

200-Meter Dash

Damali Hay	24.90	2001
Monique Vanloo	24.93	2000
Danya Gordon	25.28	1998
Brandi Smith	25.30	1999
Rashida Dodson	25.43	1997

400-Meter Dash

Brandi Smith	55.36	1999
Danya Gordon	56.15	1998
Erin Graham	56.54	1996
Lynette Hopkins	56.85	2000
Cindy Ross	57.5	1985

500-Meter

Danya Gordon	1:15.05	1997
Julie Reeser	1:15.81	1997
Danielle Hobson	1:16.11	1999
Erin Graham	1:16.60	1996
Thea VanSickle	1:18.17	1998

800-Meter Run

Kristin Price	2:10.85	2001
Cas Sadosky	2:12.25	2001
Michelle VanHorn	2:14.95	2001
Kim Gibbs	2:15.22	1999
Nikki Hunt	2:15.31	1998

1,000-Meter Run

Chelsea Alverson	2:54.56	2000
Linda King	2:56.50	1985
Cheryl Tuosto	2:56.5	1986
Cas Sadosky	2:57.19	2001
Nancy Klumb	3:00.1	1986

1,500-Meter Run

Linda King	4:30.10	1985
Margarita Lasaga	4:35.2	1987

Mile Run

Kristin Price	4:48.48	2001
Stacey Vidt	5:02.43	2000
Gwen Roller	5:03.90	1989
Johanna Stumpf	5:04.38	1999
Stephenie Ingersoll	5:06.92	1999

3,000-Meter Run

Kristin Price	9:18.77	2001
Linda King	9:40.50	1985
Stacey Vidt	10:09.51	2000
Johanna Stumpf	10:10.58	2000

5,000-Meter Run

Heidi Allen	16:48.30	1992
Jennifer Conner	17:31.68	1997
Stacey Vidt	17:34.08	2001
Roxanne Polo	17:37.33	1983
Johanna Stumpf	17:46.30	2000

4x400-Meter Relay

Gordon, Hobson, Hopkins, Smith	3:49.95	1999
Ollendick, Smith, Ricks, Hobson, Hopkins, Smith	3:50.25	1998
Gordon, Hopkins, Ricks, Hobson, Hopkins, Smith	3:50.63	1999
Hopkins, Hobson, Ricks, Smith	3:50.99	1999
Reeser, Smith, Ollendick, Gordon	3:52.59	1997

4x800-Meter Relay

Hunt, Netzer, Van Sickle, Sadosky	9:11.38	1998
Sadosky, VanHorn, Friedman, Price	9:14.30	2001
Sadosky, Gibbs, VanSickle, Alverson	9:15.24	1999
Alverson, McNeeley, Wagner, Sadosky	9:15.30	2000

DMR

Price, Hopkins, Sadosky, Vidt	11:34.78	2001
Sadosky, Hopkins, Friedman, Vidt	11:52.71	2001
Ingersoll, Hopkins, Alverson, Stumpf	11:58.24	1999
McKee, Davis, King, Polo	12:01.21	1983
McKee, Ross, King, Polo	12:02.0	1983

Long Jump

April Byrd	19'09.00"	2000
Megan Barnes	19'07.75"	1998
Brandi Smith	19'03.50"	1998
Melanie Burgess	18'04.50"	1997
Detra Edmunds	18'04.00"	1995

Triple Jump

April Byrd	41'04.25"	2000
Detra Edmunds	39'11.50"	1995



Danya Gordon

High Jump

Katie Ollendick	6'00.00"	1998
Donna Girtler	5'10.00"	1984

Pole Vault

Kelly Fisher	10'06.00"	2001
M. Zengilowski	8'00.50"	1999
Thea Van Sickle	7'05.75"	1999

Shot Put

Paula Allan	49'10.50"	1999
Tracey Toon	48'01.00"	1983
Darcy Smith	45'09.50"	1983
Michelle Smith	45'06.25"	1998
January Williams	44'00.75"	2001

Weight Throw

Meredith Newby	52'04.50"	1996
Paula Allan	52'01.75"	2000
Michelle Smith	48'02.00"	1998
M. Zengolowski	47'11.00"	1997
Johli Carscallen	47'05.00"	1996

Pentathlon

Katie Ollendick	3,941	1998
Brandi Smith	3,494	1997
Michelle Smith	3,051	1996
Paige Selfe	2,726	1984

Qualifying Standards

BIG EAST

Indoor	Men	Women
60-m dash	7.05	7.78
60-m hurdles	8.43	8.92
200-m dash	22.69	25.91
400-m dash	50.04	58.14
500-m dash	1:05.64	1:16.94
800-m run	1:55.24	2:19.04
1,000-m run	2:30.24	3:00.24
1 mile run	4:19.54	5:08.44
3,000-m run	8:36.04	10:13.74
5,000-m run	15:04.44	17:53.34
4x400-m relay	3:21.00	3:54.14
DMR	10:19.70	12:16.54
Weight throw	15.24m	13.74m
Long jump	6.55m	5.40m
Triple jump	13.36m	11.31m
High jump	1.91m	1.59m
Shot put	15.00m	12.50m
Pole vault	4.42m	3.05m

Outdoor

100-m dash	11.06	12.39
100-m hurdles		14.84
110-m hurdles	15.35	
200-m dash	22.13	25.14
400-m dash	48.74	56.74
400-m hurdles	55.64	1:03.54
800-m run	1:53.84	2:13.24
1,500-m run	3:55.94	4:39.04
5,000-m run	15:04.44	17:53.34
10,000-m run	31:40.24	38:00.24
3,000-m steeplechase	9:30.24	11:30.24
4x100-m relay	43.00	48.34
4x400-m relay	3:17.00	3:51.84
4x800-m relay		
Hammer throw	45.72m	39.64m
Long jump	6.76m	5.48m
Triple jump	13.30m	11.31m
High jump	1.91m	1.59m
Shot put	15.00m	12.50m
Pole vault	4.42m	3.05m
Discus	42.40m	38.50m
Javelin	53.00m	33.50m



NCAA

Indoor

	Men	Women
55-m dash	6.16	6.80
55-m hurdles	7.23	7.64
60-m dash	6.62	7.30
60-m hurdles	7.74	8.17
200-m dash	21.15	23.70
400-m dash	46.72	53.50
800-m run	1:48.90	2:07.30
1 mile run	4:01.80	4:44.00
3,000-m run	8:00.00	9:24.00
5,000-m run	14:00.00	16:20.00
1,600-m relay	3:08.50	3:37.00
DMR	9:40.00	11:22.00
Weight throw	21.35m	19.50m
Long jump	7.85m	6.38m
Triple jump	16.20m	13.15m
High jump	2.25m	1.86m
Shot put	19.00m	16.10
Pole vault	5.50m	4.10m

Outdoor

100-m dash	10.16	11.30
100-m hurdles		13.10
110-m hurdles	13.72	
200-m dash	20.50	23.10
400-m dash	45.40	52.40
400-m hurdles	50.10	57.50
800-m run	1:47.50	2:05.00
1,500-m run	3:41.50	4:19.00
5,000-m run	13:46.00	16:13.00
10,000-m run	29:00.00	34:10.00
3,000-m steeplechase	8:43.00	10:20.00
400-m relay	39.20	44.20
1,600-m relay	3:04.00	3:33.50
Decathlon	7,500 points	
Heptathlon		5,500 points
Hammer throw	68.00m	61.00m
Discus	60.00m	54.50m
Javelin	72.00	52.50m
Long jump	7.95m	6.50m
Triple jump	16.30m	13.40m
High jump	2.25m	1.85m
Shot put	19.20m	16.00m
Pole vault	5.55m	4.10m



The Hokies' Outstanding Athletic Facilities



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Kevin Walker
2001 BIG EAST CHAMPION



Lynette Hopkins
2001 BIG EAST ALL-ACADEMIC TEAM