



VIRGINIA TECH SWIMMING & DIVING



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2011-12 No. 21 MEN'S SCHEDULE/RESULTS (8-3, 4-2 ACC)

Date	Opponent	Time
10/15	NC STATE	W, 155-145
10/28	NORTH CAROLINA	L, 135-165
10/29	DUKE	W, 202-98
	FLORIDA STATE	W, 182-117
	UNC WILMINGTON	W, 237-61
11/4	Ohio State (Columbus, Ohio)	L, 124-177
	Cleveland State	W, 239-61
	Denison	W, 242-58
11/18-20	Yellow Jacket Invitational (Atlanta, Ga.)	First
1/11	#12 VIRGINIA	L, 161-139
1/14	William and Mary (Williamsburg, Va.)	W, 151-102
1/21	GEORGIA TECH	W, 196-104
2/4-5	VIRGINIA TECH INVITATIONAL	All Day
2/22-25	MEN'S ACC CHAMPIONSHIPS	Second
3/9-11	NCAA Zone A Diving Championships (Buffalo, N.Y.)	2Q
3/22-24	Men's NCAA Championships (Seattle, Wash.)	All Day

*Home meets in BOLD CAPS

2011-12 WOMEN'S SCHEDULE/RESULTS (9-4, 4-3 ACC)

Date	Opponent	Time
10/15	NC STATE	W, 85-55
	JAMES MADISON	W, 99-41
10/28	NORTH CAROLINA	L, 135-165
10/29	DUKE	W, 152-146
	FLORIDA STATE	L, 129-169
	UNC WILMINGTON	W, 209-91
11/4	Ohio State (Columbus, Ohio)	L, 100-198
	Cleveland State	W, 232-68
	Denison	W, 216-84
11/18-20	Yellow Jacket Invitational (Atlanta, Ga.)	Third
1/11	#11 VIRGINIA	L, 166-132
1/14	William and Mary (Williamsburg, Va.)	W, 148-111
1/21	GEORGIA TECH	W, 172-127
	MIAMI	W, 209-89
2/4-5	VIRGINIA TECH INVITATIONAL	All Day
2/15-18	WOMEN'S ACC CHAMPIONSHIPS	Fourth
3/9-11	NCAA Zone A Diving Championships (Buffalo, N.Y.)	3Q
3/15-17	Women's NCAA Championships (Auburn, Ala.)	18th

QUICK FACTS

Name of School.....Virginia Tech
 Location.....Blacksburg, Va.
 Colors.....Chicago maroon and burnt orange
 Nickname.....Hokies, H2Okies
 Conference.....Atlantic Coast
 Facility.....Christiansburg Aquatic Center
 Twitter.....VT_SwimDive

TEAM INFO

2010-11 Men's Record/ACC Finish.....5-2/4th
 2010-11 Women's Record/ACC Finish.....6-3/5th
 Men's Letterwinners Returning/Lost.....19/5
 Women's Letterwinners Returning/Lost.....15/5
 Newcomers.....20

2012 NCAA Men's Swimming & Diving Championships



Thursday, March 22-24, 2012 • All Day
 Weyerhaeuser King County Aquatic Center • Seattle, Wash.

Live Results - <http://www.swmeets.com/Realtime/NCAA/2012/>

Live Video - www.HokieSports.com (on the left side)

• The H2Okie men will close out the Virginia Tech swimming and diving season as Gregory Mahon, Zach McGinnis, Logan Shinholser and Ryan Hawkins head to Seattle, Wash., for the 2012 NCAA Men's Swimming and Diving Championships. The final event of the year will take place on March 22-24.

STRAIGHT FROM THE COACHING STAFF

• "The Tech men's swimmers and divers that are heading to Seattle are all four ACC Champions in their respective events and are looking to compete well for our program," commented head coach **Ned Skinner**. "We are very excited about their opportunity and hope to have a great experience while representing our school. The men's NCAA Championships is an incredible event and like the women's meet, brings out some of the finest talent of our sport in the world."
 • "I am really looking forward to this meet," commented head diving coach **Ron Piemonte**. "Logan Shinholser is coming off of his best season ever, and Ryan Hawkins is also looking real strong in the post season competition. With having the experience at this meet, I am confident they are capable of representing Tech in a great way this week. These divers, together with our swimmers who are also competing, should make for an exciting men's NCAAs for the H2Okie."

ROSTER

SWIMMING		DIVING	
Name:	Event (Seed)	Season Bests	
Gregory Mahon:	100 Fly (46.31)	Ryan Hawkins:	1-m: 377.05 (2/15)
	200 Fly (1:45.21)		3-m: 374.55 (2/15)
	200 IM (1:45.06)		Plat: 422.60 (2/15)
*Mahon's 100 fly time ranks eighth in the country.			
Zach McGinnis:	100 Back (46.79)	*Hawkins placed second in the 3-meter at the NCAA Zone's to qualify for the NCAA Championships.	
	200 Back (1:44.21)	Logan Shinholser:	1-m: 383.10 (2/15)
			3-m: 435.40 (2/15)
			Plat: 473.60 (2/15)
*McGinnis' 100 back time ranks 13th in the country.			
*Shinholser won the 3-meter at the NCAA Zone's to qualify for the NCAA Championships.			

LIVE STREAMING

• Both sessions Thursday and the preliminary sessions on Friday and Saturday will be streamed for free on GoSeattleU.com. The finals sessions on Friday and Saturday will be streamed live on ESPN3.com and will be broadcast on ESPNU at 4 p.m. Sunday, April 1.

SCHEDULE

• Thursday: Trails begin at 2 p.m. (200 Free Relay, 500 Free, 200 IM, 50 Free, 400 Medley Relay, 1-Meter Diving) Finals begin at 10 p.m.
 • Friday: Trails begin at 2 p.m. (200 Medley Relay, 400 IM, 100 Fly, 200 Free, 100 Breast, 100 Back, 800 Free Relay, 3-Meter Diving) Finals begin at 10 p.m.
 • Saturday: Trials begin at 2 p.m. (200 Back, 100 Free, 200 Breast, 200 Fly, 400 Free Relay, Platform Diving, 1,650 Free) Finals begin at 10 p.m.

LAST TIME OUT

- The Virginia Tech women's swimming and diving program brought in the best finish in program history, as it broke the top-20 for the first time at the 2012 NCAA Women's Swimming and Diving Championships in Auburn, Ala. The H₂Ogies tallied a score of 52 points to finish 18th overall, bettering a 22nd finish with 45 points in 2007. Qualifying six H₂Ogies, which was the most in program history, Tech finished the weekend with three All-Americans and four Honorable Mention All-Americans.

ARNETT, KLINE & SAVAGE NAMED ALL-AMERICANS

- Freshman diver **Kaylea Arnett** led Tech with 19 overall points. The ACC Champion in the 1-meter event, finished sixth in the platform event to bring in the most individual points for the H₂Ogies to be named an All-American.
- **Logan Kline** was just as dominant as Arnett on the boards, as she tallied 13 points. The junior diver was named an All-American in the 1-meter event. She placed seventh overall and added 12 more points for Tech. She also scored in the 3-meter event and was put on the Honorable Mention All-American list with a 16th-place finish.
- Junior **Heather Savage** followed Kline with adding 12 points to the H₂Ogie total. The ACC Champion in the 100 butterfly, was tabbed an All-American as she placed seventh overall. She also set a school record in the 200 butterfly, as she placed 23rd overall with a time of 1:57.29.

WOMEN QUALIFY LARGEST TEAM TO NCAAs

- The Virginia Tech women's swimming and diving team is sending the largest roster to the NCAA National Championships in program history. **Kaylea Arnett, Sabrina Benson, Erika Hajnal, Logan Kline, Heather Savage** and **Kelli Stockton** are all heading down to Auburn, Ala.

MEN FINISH SECOND AT ACCs

- The Virginia Tech men's swimming and diving team closed the 2012 ACC Men's Swimming Championships with the highest program finish on Feb. 22 at the Christiansburg Aquatic Center. The H₂Ogies brought in 594.5 points to place second overall, as they finished with 14 medals, including six golds, three silvers and five bronzes.

SHINHOLSER JUST MISSES ACC RECORD BOOKS

- Junior **Logan Shinholser** had a stellar performance at the ACC Championships as he swept the 1- and 3-meter boards but just missed the gold medal in the platform event by .70 points.
- With the platform event only being in the ACCs for five years, there has never been a diver to sweep all three events.

HAWKINS WINS FIRST CAREER ACC GOLD

- Barely qualifying for the finals after missing on a few dives in the preliminary round of the platform event, sophomore **Ryan Hawkins** went almost perfect in the finals to win his first ever ACC Championship event.
- Qualifying with a score of 334.75 in the prelims, Hawkins scored almost 100 points higher in the finals (422.60) to take the gold.

WOMEN FINISH FOURTH AT ACCs

- The Virginia Tech women's swimming and diving program closed out the 2012 ACC Women's Swimming and Diving Championships, finishing fourth on Feb. 18 at the Christiansburg Aquatic Center. The Hokies recorded their best finish since 2009 as they broke seven school records, while bringing in six medals.

SAVAGE SURPRISES AT ACCs

- Junior **Heather Savage** had a break through performance as she shocked the entire venue breaking all four records (Conference, Championship, Pool, Virginia Tech) in the 100 butterfly as she touched the wall with a time of 52.14.

ARNETT BECOMES FIRST WOMAN DIVING CHAMPION

- Freshman **Kaylea Arnett** became Virginia Tech's first ever women's diving champion, as she broke a school record with a score of 348.90 in the 1-meter event.
- Arnett finished the meet with a gold medal in the 1-meter, bronze medal in the platform and a fifth place finish in the 3-meter to bring in 50 points for the H₂Ogie women. She was also named the ACC's Most Valuable Women's Diver.

H₂OKIES COMPETE IN TECH INVITE

- The men's and women's teams hosted the second annual 2012 Virginia Tech Invitational as it welcomed North Carolina, Duke, Georgia Tech, UNC Wilmington, Ferrum College, Greensboro College and Washington & Lee on Feb. 4-5 at the CAC.
- The H₂Ogies closed out the regular season bringing in 12 titles, including 11 pool records and 12 'B' standard times.

H₂OKIE MEN RANKED NATIONALLY

- The Tech men entered the College Swimming Coaches Association of America national poll this week as they are ranked No. 21, which marks the highest ranking this season. On Dec. 8, the H₂Ogies entered the poll at the No. 22 spot.

MEN'S TOP DUO TO DIVE AT 2012 CANADA CUP

- After their performances in the 2012 USA Diving Winter Nationals in December, **Logan Shinholser** and **Ryan Hawkins** have been selected to represent the United States in the 2012 Canada Cup FINA Grand Prix on May 1-6 in Montreal, Quebec.
- Hawkins and Shinholser will pair up to compete in the men's 10-meter synchronized event and Shinholser will participate in the individual 10-meter event as well.
- In addition to the divers, Tech's head diving coach **Ron Piemonte** has been selected as one of the national team's coaches for the competition due to having two divers in two events.

KLINE SHINES AGAINST VIRGINIA

- Against some of the top divers in the nation, junior **Logan Kline** swept the diving competition against in-state rival Virginia.
- The Mission Hills, Kan., native set new pool and school records in both events. She earned a score of 323.55 in the 1-meter, which was over 11 points better than Jackie Davoud's record (312.38) that was set in 1998. In the 3-meter, Kline earned a score of 351.45 that beat out teammate **Kaylea Arnett's** school and pool record by close to eight points.

DIVING MAKES A SPLASH AT USA NATIONALS

- With their last chance to qualify for the 2012 Olympic Trials and to earn a spot on the international teams, eight H₂Ogie divers competed at the 2012 USA Diving Winter Nationals at the University of Tennessee. The duo of **Logan Shinholser** and **Ryan Hawkins** placed sixth in the finals of the men's synchronized 3-meter event. With the top eight automatically qualifying for the Trials, this marks the second event the duo has qualified for. With previously qualifying in the men's synchronized platform and two individual events over the summer, Shinholser has qualified for all four Olympic events.



• In addition to Shinholser and Hawkins, six other H₂Okies competed at the USA Nationals: **Kaylea Arnett**, **Logan Kline**, **Sara Mokhtari**, **Kelli Stockton**, **Kyle Butts** and **John Trope**.

MEN WIN YELLOW JACKET INVITATIONAL

• The No. 22 Tech men's team swept the Yellow Jacket Invitational, beating out seven teams. The H₂Okies beat out second-place finishers, Florida, by more than 100 points. Also competing were ACC opponents Florida State, Georgia Tech, Clemson and Miami, along with Florida Atlantic, Auburn and Alabama.

H₂OKIES EXPLODE AT GA TECH

• In addition to the H₂Okies 10 individual titles and 31 top-10 finishes, Tech recorded 16 NCAA qualifying standards. The men qualified for six 'B' standards and one 'A' standard, while the women qualified for nine 'B' standards.

• Senior **Erika Hajnal** led the women in overall points with 92. She took home two golds, a second-place and an eighth-place finishes, qualifying for the 'B' standards in every race except one.

• Qualifying for the NCAA 'A' standards was the quartet of **Emmett Dignan**, **Greg Morgan**, **Gregory Mahon** and **Zach McGinnis** as they placed fourth in the 200 freestyle relay.

• Leading the men was **Gregory Mahon** as he earned 92 points. Mahon took home the gold in the 100 butterfly, placed third in the 200 IM, fourth in the 100 backstroke and third in the 200 butterfly. He also was on two first-place relay teams.

• The women set 15 new career bests, while the men set 16. Freshmen **Kaylea Arnett** and **Kelli Stockton** also set new school records in the 3-meter and platform events, respectively.

OFF THE PLATFORM FOR THE FIRST TIME

• The Tech men's and women's diving squad competed in the first platform diving event of the season at the Georgia Tech Invitational.

• Freshman **Kelli Stockton** set a new Tech record as she placed fourth with a score of 265.30 in her first collegiate platform event. Following Stockton was **Logan Kline** in fifth (261.45) and **Kaylea Arnett** (249.50). As a team, the women added 71 points for the H₂Okies in the event.

• **Ryan Hawkins** finished second with a score of 375.80, while **Logan Shinholser** placed fifth with a score of 336.10. Freshman **Kyle Butts** placed in the top-10, as he earned a eighth-place score of 280.10 in his first collegiate platform event. As a team, the men added 67 points for the H₂Okies in the event.

MEN NOTCH FIRST EVER WIN OVER FLORIDA STATE

• In the dual meet on Saturday, Oct. 29 the men's swimming and diving team recorded a convincing win, 182-117, over the Seminoles. Not only was it the first-ever win, but was an exciting victory since Florida State beat the H₂Okie men by only three points in the ACC Championship last season.

BENSON ON FIRE

• Freshman **Sabrina Benson** has been on fire in the 100 backstroke this season. Before placing sixth at the Yellow Jacket Invitational, the Raleigh, N.C., native was undefeated in the 100 backstroke as she has recorded four straight individual titles. She also took home another title in the 200 backstroke at Ohio State.

FRESHMAN SPRINGS OFF TO GREAT CAREER START

• Freshman diver **Kaylea Arnett** broke her own school record in the 3-meter event at the Yellow Jacket Invitational as she took home the gold with a score of 350.35. The Spring, Texas native previously set the record against North Carolina where she posted a score of 343.50.

DIVING TO NCAAs

• In the season opener against NC State and James Madison, six Tech divers qualified for the NCAA Zone meet.

• **Ryan Hawkins**, **John Trope**, **Kyle Butts** and **Logan Shinholser** qualified for the men, while **Kaylea Arnett** and **Logan Kline** qualified for the women.

• **Kelli Stockton** qualified against North Carolina on Oct. 28, while Sara Mokahtari qualified on Jan. 11 against Virginia.

PERFECTION IN SEASON OPENER

• Senior **Erika Hajnal**, one of Tech's all-time lucrative swimmers, swam a perfect season opener against James Madison and NC State. The distance swimmer recorded first-place finishes in all three races she participated in. She touched the wall first in the 200 butterfly, 500 freestyle and 1000 freestyle. In the 1000 free she recorded a time of 10:03.95, which was close to 15 seconds faster than the runner-up.

• In diving competition, **Logan Shinholser** also performed perfect taking the top spots in both events. In addition to two first-place finishes, his two outings qualified him for the NCAA Zone Meet.

SEASON OPENER SETS FOUR NEW RECORDS

• The men's 200 medley relay set a new pool record against NC State in the season opener on Oct. 15, when the quartet of **Charlie Higgins**, **Nathan Hoisington**, **Karl Botha** and **Greg Mahon** swam a time of 1:30.26.

• Divers, junior **Logan Kline** and freshman **Kaylea Arnett** set new pool records in the 1-meter and 3-meter, respectively. Kline recorded a score of 310.95, while Arnett posted a 320.25.

• Freshman **Collin Higgins** set a new pool record in the men's 200 back with a time of 1:48.57.

VT HOST 2012 ACC CHAMPIONSHIPS

• The 2012 ACC Swimming & Diving Championships will be hosted by Virginia Tech at the new state of the art Christiansburg Aquatic Center. The women's championships are scheduled on Feb. 15-18, and the men's will start Feb. 22-25.

AROUND THE ACC



MEN'S ACC CHAMPIONSHIP FINISHES			
School	Points	Conference	Overall
Virginia	626.5	3-1	5-3
Virginia Tech	594.5	4-2	8-3
North Carolina	564	6-1	7-2
Florida State	542	2-2	7-3
NC State	334.5	6-2	9-2
Georgia Tech	289	0-5	2-9
Duke	271.5	1-6	4-7
Clemson	252.5	3-2	6-3
Maryland	207.5	0-3	4-4
Boston College	78	0-0	15-2
Miami	27	<i>*Competes in diving only</i>	

WOMEN'S ACC CHAMPIONSHIP FINISHES			
School	Points	Conference	Overall
Virginia	848	4-0	8-0
North Carolina	615	6-1	7-2
Florida State	460	5-0	11-1
Virginia Tech	401	4-3	9-4
Maryland	399	2-1	9-1
Miami	313	0-4	2-6
NC State	247.5	3-5	8-5
Georgia Tech	195.5	2-4	6-8
Duke	193	1-6	5-7
Clemson	137	2-4	5-5
Boston College	60	0-0	11-11

CSCAA'S DIVISION I 2012 CHAMPIONSHIP PREDICTION POLL

CSCAA MEN	
Rk.	School
1	Texas
1	Arizona
3	California
4	Stanford
5	Michigan
6	Auburn
7	Southern California
8	Florida
9	Ohio State
10	Louisville
11	Georgia
12	Indiana
13	Texas A&M
14	Penn State
15	Florida State
16	Virginia
17	Iowa
18	Tennessee
19	North Carolina
20	Minnesota
21	Princeton
22	Wisconsin
23	Harvard
24	Purdue
25	Alabama

Just outside the Top 25: Clemson, Virginia Tech, Missouri, Notre Dame

CSCAA WOMEN	
Rk.	School
1	Georgia
2	California
3	Arizona
4	Southern California
5	Stanford
6	Tennessee
7	Florida
8	Auburn
9	Texas A&M
10	Texas
11	Minnesota
12	Wisconsin
13	Southern Methodist
14	Missouri
15	Indiana
16	Arizona State
17	Miami
18	North Carolina
19	Ohio State
20	Virginia
21	Louisiana State
22	Penn State
23	Boise State
24	Purdue
25	West Virginia

Just outside the Top 25: UCLA, Iowa, Louisville, Virginia Tech, Alabama and Maryland



2011 Virginia Tech HOKIES

H 2 O K I E M E N S R O S T E R

Name	Event	Cl.	Exp.	Hometown
Matt Baumler	Fly/IM/Free	Sr.	3L	Williamsburg, Va.
Karl Botha	Fly/Free	Jr.	2L	Ashford, Great Britain
Owen Burns	Free/IM	Fr.	HS	Palmyra, N.J.
Kyle Butts	Diver	Fr.	HS	Washington, D.C.
Harrison Cefalo	Breast/IM	Fr.	HS	Highlands, N.J.
Nevin Cook	Breast/IM	Sr.	3L	Catlett, Va.
James Crabb	Fly/IM/Free	Fr.	HS	Manassas, Va.
Emmett Dignan	Sprint/Breast	So.	1L	Mystic, Conn.
Ben Gastrock	Free/Fly	Fr.	HS	Glen Allen, Va.
Michael Hallock	Back/Free	Jr.	1L	Oak Hill, Va.
Ryan Hawkins	Diver	So.	1L	Charlotte, N.C.
Garrett Hehn	Sprint Free	So.	SQ	Pittsburgh, Pa.
Charlie Higgins	Back	Sr.	3L	Weddington, N.C.
Colin Higgins	Back	Fr.	HS	Charlotte, N.C.
Nathan Hoisington	IM/Breast	So.	1L	Leawood, Kans.
Kevin Hunt	Free	Fr.	HS	Glen Allen, Va.
Philip LaRosa	Distance Free/IM	Sr.	3L	Manassas, Va.
Morgan Latimer	Fly/Free	Fr.	HS	Richmond, Va.
Alex Lutterbein	Distance Free/IM	Jr.	2L	Manakin-Sabot, Va.
Gregory Mahon	Fly/IM	Jr.	2L	Medford, N.J.
Zach McGinnis	Sprint Free/Back	Jr.	2L	Raleigh, N.C.
Greg Morgan	Sprint Free	Sr.	2L	Green-Vegas, S.C.
Ben Munster	Distance Free	Jr.	SQ	College Station, Texas
Jake Ores	Distance Free	Fr.	HS	Loveland, Colo.
Tom Sheranek	Back/IM	Jr.	2L	Richmond, Va.
Logan Shinholser	Diver	Jr.	2L	Burtonsville, Md.
Adam Skipper	Free/Breast/IM	Jr.	1L	Yorktown, Va.
Blake Trabuchi-Downey	Distnace Free/Fly	Sr.	3L	Vineland, N.J.
Nick Tremols	Sprint/Fly/IM	So.	1L	Gainesville, Va.
John Trope	Diver	So.	1L	Springfield, Va.
Bryan Uncur	Free	Sr.	3L	Chesapeake, Va

H 2 O K I E W O M E N S R O S T E R

Name	Event	Cl.	Exp.	Hometown
Kaylea Arnett	Diver	Fr.	HS	Spring, Texas
England Barimo	Diver	So.	SQ	Fairfax, Va.
Sabrina Benson	Back/Fly/Sprint Free	Fr.	HS	Raleigh, N.C.
Alyssa Bodin	Breast/IM	Fr.	HS	St. Augustine, Fla.
Brittany Boone	Back	So.	1L	Ashburn, Va.
Addie Carne	Free/Fly/IM	Jr.	1L	Simpsonville, S.C.
Aubree Duncan	Back	So.	1L	Woodstock, Ga.
Emily Ferguson	Sprint Free	Sr.	2L	Clifton, Va.
Becky Flora	Free	Jr.	1L	Reistertown, Md.
Erika Hajnal	Free/IM/Fly	Sr.	3L	Budapest, Hungary
Kayla Hammerberg	Sprint Free/Fly	Fr.	HS	Columbus, Ohio
Caroline Higgins	Back	So.	SQ	Charlotte, N.C.
Meaghan Holloway	Fly/Breast/IM	Jr.	2L	Yorktown, Va.
Abby Houchin	Breast/Free	So.	1L	Raleigh, N.C.
Jace Howanitz	Sprint/IM/Fly	Sr.	2L	Knoxville, Tenn.
Dana Kalnins	Fly	Jr.	1L	Manassas, Va.
Jayme Katis	Free/IM	Fr.	HS	Falls Church, Va.
Blair Kinsey	IM/Free/Breast	Fr.	HS	Lansdale, Pa.
Logan Kline	Diver	Jr.	3L	Mission Hills, Kan.
Natalie Leake	Breast/Sprint Free	So.	SQ	Centreville, Va.
Sara Mokhtari	Diver	Jr.	2L	Houston, Texas
Margaret Parcell	Sprint Free	Fr.	HS	Rocky Mount, Va.
Katie Rogers	Distance Free	Fr.	HS	Gaithersburg, Md.
Emily Ryczek	Free	Fr.	HS	Olney, Md.
Heather Savage	Sprint Free/Fly	Jr.	2L	Canandaigua, N.Y.
Andrea Sawchuk	Diver	Sr.	1L	Great Falls, Va.
Rachel Sepanski	Sprint Free	So.	SQ	Yorktown, Va.
Laura Simon	Distance Free/IM	Jr.	2L	Greenville, S.C.
Keri Sink	Breast/IM	Jr.	2L	Elgin, Ill.
Katie Steeves	Breast/Fly/IM	Jr.	SQ	Newark, Del.
Kelli Stockton	Diver	Fr.	HS	Fairfax, Va.

HEAD COACH, NED SKINNER

PERSONAL

Full name: Ned Thomas Skinner
Birth Date: May 3, 1966
Hometown: Worthington, Ohio

EDUCATION

High School: Worthington, 1984
College: Louisiana State, 1989
Graduate: Ohio University, 1990
PhD: Virginia Tech, 2004

COACHING EXPERIENCE

1998-pr. Head Coach, Virginia Tech
 1994-98 Head Coach, William & Mary
 1990-94 Head Coach, Central Conn.

RECORDS

Overall: 288-189-2 (21 years)
Virginia Tech: 200-90 (13 years)
Women: 112-39; **Men:** 88-53

HIGHLIGHTS

- 2004 BIG EAST Conference Men's Co-Coach of the Year
- 2003 BIG EAST Conference Men's Coach of the Year
- 1998-99 and 1999-00 Atlantic 10 Women's Coach of the Year
- Led the Virginia Tech men's and women's teams to conference titles in 1999-00
- 1998 ECAC Women's Coach of the Year (William & Mary)
- Coached Kristen Schnittger to four consecutive ECAC titles in the 100 breast (William & Mary)
- 1994 East Coast Conference Women's Coach of the Year (Central Connecticut)
- 18 ACC Individual Champions
- 8 Olympic Trial Participants
- 11 International National Champions
- 14 All-American Honorable Mention Individual Selections
- 8 All-America Individual Selections
- 4 ACC Relay Championships
- 5 All-American Honorable Mention Relay Selections
- 5 Academic All-America Selections
- 2 ACC Swimmers of the Year
- 1 ACC Freshman of the Year
- 2 ACC Scholar-Athletes of the Year
- 2 University Games participants
- 1 Mediterranean Games participant
- 1 Olympian

Head Diving Coach:

Ron Piemonte, Sixth season

Assistant Coaches:

Reed Robelot, Aaron Bell, Sarah Stockwell

Graduate Assistant Coach:

Elizabeth Savage

Volunteer Assistant Coach:

Kaan Tayla



2011-12 Top Times

2011-12 MEN'S TOP TIMES

Event/Name	Time/Score	Date
50 Freestyle		
Emmett Dignan	20.18 B P	2/22
Greg Morgan	20.28 B P	2/22
Zach McGinnis	20.30 P	2/22
Michael Hallock	20.32	2/4
Karl Botha	20.36 P	2/22
100 Freestyle		
Greg Morgan	44.71 P	2/22
Michael Hallock	44.73	2/4
Bryan Uncur	45.17	1/21
Gregory Mahon	45.58	2/22
Kevin Hunt	45.90	2/4
200 Freestyle		
Nick Tremols	1:37.41 B	2/22
Owen Burns	1:38.83	2/22
Ben Gastrock	1:39.65^	2/4
Kevin Hunt	1:40.04	11/18
Bryan Uncur	1:40.44	11/18
500 Freestyle		
Blake Trabuchi-Downey	4:26.84 B P	2/15
Alex Lutterbein	4:28.66	2/15
Jake Ores	4:29.02	2/15
Morgan Latimer	4:32.09	2/4
Philip LaRosa	4:33.69	11/18
1000 Freestyle		
Jake Ores	9:19.54 (S)	2/22
Blake Trabuchi-Downey	9:21.08 (S)	2/22
Alex Lutterbein	9:26.61 (S)	2/22
Philip LaRosa	9:34.14 (S)	2/4
Ben Munster	9:36.71 (S)	2/4
1650 Freestyle		
Jake Ores	15:23.54 B	2/15
Blake Trabuchi-Downey	15:25.02 B	2/15
Alex Lutterbein	15:34.96 B	2/15
Philip LaRosa	15:48.54	2/4
Morgan Latimer	15:57.30	11/18
100 Backstroke		
Zach McGinnis	46.79^# B	2/15
Charlie Higgins	47.08 B	2/15
Michael Hallock	48.36^ B	2/4
Collin Higgins	48.48	2/22
Tom Sheranek	49.03	2/4
200 Backstroke		
Charlie Higgins	1:44.05 B P	2/15
Zach McGinnis	1:44.21^ B	11/18
Tom Sheranek	1:45.75^ B	2/4
Michael Hallock	1:46.23 B P	2/15
Collin Higgins	1:46.43 B P	2/15
100 Breaststroke		
Nathan Hoisington	54.58 B	2/15
Nevin Cook	54.67 B P	2/15
Emmett Dignan	54.79 B	2/15
Adam Skipper	55.29^# B	2/4
Harrison Cefalo	55.61 P	2/4
200 Breaststroke		
Emmett Dignan	2:00.29	2/15
Nathan Hoisington	2:00.96	2/15
Harrison Cefalo	2:01.39	2/4
Nevin Cook	2:03.76 P	2/15
Owen Burns	2:05.40 P	2/15
100 Butterfly		
Gregory Mahon	46.31 B P	2/15
Karl Botha	46.93 B	2/15
Matt Baumler	47.71 B	2/15
Greg Morgan	48.35 P	2/15
Zach McGinnis	48.85 P	2/4
200 Butterfly		
Gregory Mahon	1:45.21 B	2/15
Nick Tremols	1:45.28 B	2/15
Karl Botha	1:46.20 B P	2/15
James Crabb	1:46.43^ B	2/4
Matt Baumler	1:46.67 B	2/15
200 Individual Medley		
Gregory Mahon	1:45.06^* B P	2/15
Nick Tremols	1:47.56 B P	2/15
Nathan Hoisington	1:49.91 P	2/15
Owen Burns	1:50.29 P	2/15
Charlie Higgins	1:50.56 P	2/15
400 Individual Medley		
Alex Lutterbein	3:52.82 B	2/15
Philip LaRosa	4:00.41	11/18
Jake Ores	4:01.39	2/15
Nathan Hoisington	4:04.42	11/18
Morgan Latimer	4:08.18	1/11

2011-12 WOMEN'S TOP TIMES

Event/Name	Time/Score	Date
50 Freestyle		
Heather Savage	23.16	2/15
Emily Ferguson	23.29	2/15
Sabrina Benson	23.64	2/15
Margaret Parcell	23.69	11/18
Kayla Hammerberg	24.00	2/4
100 Freestyle		
Heather Savage	50.07	2/15
Emily Ferguson	51.17 P	2/15
Margaret Parcell	51.30	2/15
Sabrina Benson	51.85	1/14
Jace Howanitz	52.07	11/18
200 Freestyle		
Erika Hajnal	1:47.95	2/15
Rachel Sepanski	1:48.91	2/15
Addie Carne	1:50.20	11/18
Jayme Katis	1:50.31	2/15
Abby Houchin	1:50.75^	2/4
500 Freestyle		
Erika Hajnal	4:41.17 B	3/15
Laura Simon	4:51.77	2/15
Blaire Kinsey	4:56.02^	2/4
Rachel Sepanski	4:56.37	11/18
Katie Rogers	4:57.97	11/18
1000 Freestyle		
Erika Hajnal	9:47.41 (S)	2/15
Laura Simon	10:01.10 (S)	2/15
Rachel Sepanski	10:08.17 (S)	2/15
Becky Flora	10:09.82 (S)	2/15
Katie Rogers	10:15.07 (S)	2/15
1650 Freestyle		
Erika Hajnal	16:12.42 B	2/15
Laura Simon	16:36.15	2/15
Rachel Sepanski	16:49.38	2/15
Becky Flora	16:53.27	2/15
Katie Rogers	17:09.33	2/15
100 Backstroke		
Sabrina Benson	52.65*B	2/15
Heather Savage	53.51 B	2/15
Brittany Boone	55.30	2/15
Caroline Higgins	56.37	2/4
Aubree Duncan	56.90	11/18
200 Backstroke		
Sabrina Benson	1:56.38*B	2/15
Brittany Boone	1:57.24 B	2/15
Aubree Duncan	2:01.89	11/18
Caroline Higgins	2:02.38^	2/4
Laura Simon	2:05.12	11/18
100 Breaststroke		
Alyssa Bodin	1:02.52 B	2/15
Keri Sink	1:03.95^	10/15
Natalie Leake	1:04.68^	2/4
Abby Houchin	1:05.38	2/4
Meaghan Holloway	1:05.89	2/15
200 Breaststroke		
Keri Sink	2:16.67 P	2/15
Alyssa Bodin	2:18.32	2/15
Katie Steeves	2:18.71^	2/4
Natalie Leake	2:19.08	2/4
Abby Houchin	2:19.62	2/4
100 Butterfly		
Heather Savage	52.14^#%\$*B	2/15
Sabrina Benson	54.16 B	2/15
Meaghan Holloway	55.23	2/15
Kayla Hammerberg	56.86	11/18
Dana Kalnins	57.52 P	2/4
200 Butterfly		
Heather Savage	1:57.29 B	3/15
Erika Hajnal	2:00.80	11/18
Meaghan Holloway	2:01.11 P	2/15
Addie Carne	2:03.02	2/15
Keri Sink	2:05.07	10/28
200 Individual Medley		
Keri Sink	2:04.26	11/18
Erika Hajnal	2:04.40^	1/21
Blaire Kinsey	2:04.81^	2/4
Addie Carne	2:04.79	2/15
Jace Howanitz	2:04.91	2/15
400 Individual Medley		
Erika Hajnal	4:08.43 *B	2/15
Laura Simon	4:20.00	2/15
Keri Sink	4:20.25	2/15
Jace Howanitz	4:29.28	2/15
Blaire Kinsey	4:33.08	11/18

^ 1st-Place Finish # Pool Record P - Preliminary * School Record (S) - Split L/S - Leadoff Split
 'A' - NCAA "A" cut 'B' - NCAA "B" cut % - Conference Record \$ - Conference Championship Record



MEN'S RELAY TOP TIMES

WOMEN'S RELAY TOP TIMES

Event/Name	Time/Score	Date
200 Freestyle Relay		
Morgan, Mahon, Dignan, McGinnis	1:19.39 B	2/15
Hallock, Mahon, Dignan, Morgan	1:20.44 B	2/4
Dignan, Morgan, Mahon, McGinnis	1:21.94 A	11/18
Morgan, Uncur, Botha, Baumler	1:23.49	10/28
Baumler, Uncur, Skipper, Botha	1:24.27	11/18
400 Freestyle Relay		
Hallock, Morgan, Dignan, Mahon	2:58.14	2/4
Mahon, Morgan, Dignan, McGinnis	2:59.25 B	2/15
Morgan, Hunt, Uncur, McGinnis	3:01.39	11/18
Morgan, Mahon, Uncur, Baumler	3:02.39	11/4
Morgan, Uncur, McGinnis, Baumler	3:02.47	10/15
800 Freestyle Relay		
Tremols, Trabuchi-Downey, Burns, McGinnis	6:31.03 B	2/15
Burns, Tremols, Uncur, Baumler	6:44.40	11/18
Tremols, Baumler, Morgan, McGinnis	6:52.27	1/11
Trabuchi-Downey, Hunt, Crabb, Munster	6:58.61	1/11
LaRosa, Gastrock, Ores, Latimer	7:06.36	1/11
200 Medley Relay		
Higgins, Ch., Dignan, Mahon, Morgan	1:26.34^*#B	2/15
Higgins, Ch., Hoisington, Mahon, McGinnis	1:29.10^ B	11/18
Higgins, Ch., Hoisington, Mahon, Morgan	1:29.34^	1/11
Higgins, Ch., Hoisington, Botha, Mahon	1:30.26	10/15
Higgins, Ch., Hoisington, Mahon, Skipper	1:31.61	1/14
400 Medley Relay		
Higgins, Ch., Cook, Mahon, Morgan	3:11.08*B	2/15
McGinnis, Hoisington, Mahon, Morgan	3:15.62^ B	11/18
Higgins, Ch., Cook, Botha, Uncur	3:20.08	10/28
Hallock, Cefalo, Crabb, Hunt	3:26.45	11/18
Higgins, Co., Cefalo, Hehn, Hunt	3:29.89	10/18

Event	Time/Score	Date
200 Freestyle Relay		
Savage, Benson, Carne, Ferguson	1:31.78 B	2/15
Savage, Parcell, Carne, Ferguson	1:32.62 B	2/4
Benson, Parcell, Ferguson, Savage	1:34.10	11/18
Ryczek, Katis, Leake, Hammerberg	1:36.74	11/18
Benson, Hammerberg, Howanitz, Parcell	1:37.17	10/28
400 Freestyle Relay		
Savage, Benson, Parcell, Ferguson	3:22.83 B	2/15
Savage, Parcell, Carne, Ferguson	3:24.08 B	2/4
Benson, Sepanski, Howanitz, Savage	3:26.99	11/18
Savage, Carne, Benson, Howanitz	3:29.04	10/15
Ryczek, Carne, Katis, Parcell	3:30.21	11/18
800 Freestyle Relay		
Hajnal, Carne, Rogers, Sepanski	7:19.69 B	2/15
Hajnal, Rogers, Carne, Sepanski	7:23.11 B	11/18
Ryczek, Simon, Flora, Katis	7:35.88	11/18
Savage, Hajnal, Carne, Sepanski	7:35.91^	1/11
Rogers, Parcell, Katis, Howanitz	7:49.00	1/11
200 Medley Relay		
Benson, Bodin, Savage, Ferguson	1:41.15 B	2/15
Benson, Bodin, Savage, Parcell	1:42.54 B	11/18
Savage, Bodin, Holloway, Benson	1:44.28	1/14
Benson, Bodin, Savage, Howanitz	1:44.42	10/29
Benson, Sink, Holloway, Howanitz	1:44.56	10/15
400 Medley Relay		
Benson, Bodin, Savage, Ferguson	3:37.66 B	2/15
Benson, Sink, Savage, Howanitz	3:45.67	10/28
Benson, Sink, Holloway, Savage	3:45.78	11/18
Boone, Bodin, Carne, Parcell	3:50.70	11/18
Boone, Bodin, Parcell, Sepanski	3:54.60	10/28

MEN'S DIVING TOP SCORES

WOMEN'S DIVING TOP SCORES

1-Meter Springboard		
Logan Shinholser	383.10 P Z	2/15
Ryan Hawkins	377.05 Z	1/14
Kyle Butts	315.05 Z	10/15
John Trope	310.70 P Z	2/15
3-Meter Springboard		
Logan Shinholser	435.40^*Z	2/15
Ryan Hawkins	374.55^Z	1/11
Kyle Butts	350.60 Z	11/18
John Trope	342.37 Z	1/11
Platform		
Logan Shinholser	473.60 P*#Z	2/15
Ryan Hawkins	422.60^Z	2/15
Kyle Butts	326.75 P Z	2/15
John Trope	297.15 P	2/15

1-Meter Springboard		
Kaylea Arnett	348.90^*#Z	2/15
Logan Kline	323.55^*#Z	1/11
Sara Mokhtari	281.93 Z	1/11
Kelli Stockton	261.95	2/15
Andrea Sawchuck	231.90	11/4
3-Meter Springboard		
Logan Kline	356.10*Z	1/11
Kaylea Arnett	350.35^*Z	11/18
Kelli Stockton	312.68 Z	1/11
Sara Mokhtari	294.95	2/15
Andrea Sawchuck	236.50	11/4
Platform		
Logan Kline	302.25* Z	2/15
Kelli Stockton	301.80 P Z	2/15
Kaylea Arnett	300.40 P Z	2/15
Sara Mokhtari	228.05	2/15
Andrea Sawchuck	184.05	11/18



Men's Career Personal Bests

Matt Baumler

50 freestyle.....	21.09	100 freestyle.....	45.59
200 freestyle.....	1:42.59	500 freestyle.....	4:48.44
100 butterfly.....	47.71	200 butterfly.....	45.96
100 back.....	53.78	200 IM.....	1:50.91

Karl Botha

50 freestyle.....	20.16	100 freestyle.....	44.57
100 back.....	53.75	100 butterfly.....	46.93
200 butterfly.....	1:46.20		

Owen Burns

100 freestyle.....	47.13	200 freestyle.....	39.00
200 breast.....	2:05.40	500 freestyle.....	4:14.79
200 IM.....	1:50.29		

Kyle Butts

1-meter.....	315.05	3-meter.....	350.60
Platform.....	326.75		

Harrison Cefalo

100 breast.....	55.61	200 breast.....	2:01.39
200 IM.....	1:53.11		

Nevin Cook

50 freestyle.....	20.86	100 back.....	51.29*
200 back.....	1:48.76	100 breast.....	54.21
200 breast.....	1:59.89	200 IM.....	1:49.21
400 IM.....	3:54.14		

James Crabb

50 freestyle.....	4:38.73	100 butterfly.....	48.89
200 butterfly.....	1:46.43	200 IM.....	1:58.46

Emmett Dignan

50 freestyle.....	20.18	100 freestyle.....	46.60*
100 breast.....	54.79	200 breast.....	2:00.29
200 IM.....	1:57.50	200 freestyle.....	45.75

Ben Gastrock

200 freestyle.....	1:39.65	200 butterfly.....	50.01
100 freestyle.....	47.57	500 freestyle.....	4:39.77

Michael Hallock

50 freestyle.....	20.32	100 freestyle.....	44.73
200 freestyle.....	1:39.52	100 back.....	48.36
200 back.....	1:46.23		

Ryan Hawkins

1-meter.....	377.05	Platform.....	422.60
3-meter.....	402.95		

Garrett Hehn

50 freestyle.....	21.96	100 freestyle.....	48.94
200 freestyle.....	1:52.55	100 butterfly.....	50.82
200 IM.....	2:00.91		

Charlie Higgins

50 freestyle.....	21.11	100 freestyle.....	47.67*
200 freestyle.....	1:48.38*	100 back.....	46.54#
200 back.....	1:43.72#		47.96

Collin Higgins

100 back.....	48.48	200 back.....	1:46.43
200 IM.....	1:50.56		

Nathan Hoisington

100 breast.....	54.58	200 breast.....	2:00.96
200 IM.....	1:49.91	400 IM.....	4:02.76

Kevin Hunt

50 freestyle.....	21.67	100 freestyle.....	45.90
500 freestyle.....	4:34.79	200 freestyle.....	40.04

Philip LaRosa

500 freestyle.....	4:28.90	1000 freestyle.....	31:40†
1650 freestyle.....	15:32.03	200 butterfly.....	53.84
200 IM.....	1:54.67	400 IM.....	3:56.63
100 breast.....	1:01.06		

Morgan Latimer

500 freestyle.....	4:32.09	1000 freestyle.....	31:73
1650 freestyle.....	15:57.30	200 butterfly.....	47.48

Alex Lutterbein

500 freestyle.....	4:28.26	1000 freestyle.....	31:63†
1650 freestyle.....	15:34.96	400 IM.....	3:49.01#
100 back.....	52.34	200 back.....	1:50.11

Gregory Mahon

50 freestyle.....	21.02	100 freestyle.....	45.58
200 freestyle.....	1:43.79	100 breast.....	56.43
100 back.....	49.41	200 back.....	1:48.78
100 butterfly.....	46.79#	200 butterfly.....	45.21
200 IM.....	1:45.06#		

Zach McGinnis

50 freestyle.....	20.30	100 freestyle.....	46.40
200 freestyle.....	1:39.41*	100 butterfly.....	48.85
100 back.....	46.79	200 back.....	1:44.21

Greg Morgan

50 freestyle.....	20.28	100 freestyle.....	44.71
200 freestyle.....	1:39.06	100 butterfly.....	48.86

Ben Munster

100 freestyle.....	47.67	200 freestyle.....	40.98
500 freestyle.....	4:33.84	1000 freestyle.....	36:11†
1650 freestyle.....	15:57.50		

Jake Ores

200 freestyle.....	1:43.80	500 freestyle.....	4:29.02
1000 freestyle.....	9:19.54†	1650 freestyle.....	15:23.54
400 IM.....	4:01.39		

Tom Sheranek

100 back.....	49.03	200 back.....	1:44.97
200 IM.....	1:49.79	400 IM.....	3:53.88

Logan Shinholser

1-meter.....	392.75	Platform.....	473.60#
3-meter.....	435.40		

Adam Skipper

50 freestyle.....	20.60	100 freestyle.....	45.45
100 breast.....	55.29	200 IM.....	1:50.30

Blake Trabuchi-Downey

200 freestyle.....	1:41.22	500 freestyle.....	4:23.46
1000 freestyle.....	9:19.76†	1650 freestyle.....	15:34.35
200 butterfly.....	1:46.55		

Nick Tremols

50 freestyle.....	21.51	200 freestyle.....	37.41
100 butterfly.....	48.77	200 butterfly.....	45.28
100 breast.....	57.77	200 IM.....	1:47.56

John Trope

1-meter.....	310.70	Platform.....	297.15
3-meter.....	342.37		

Bryan Uncur

50 freestyle.....	21.54	100 freestyle.....	45.17
200 freestyle.....	1:38.16	500 freestyle.....	4:23.41
1000 freestyle.....	9:11.54†	1650 freestyle.....	15:04

* Denotes Leadoff Split - † Denotes Split - # Denotes School Record



Women's Career Personal Bests

Kaylea Arnett

1-meter.....348.90# 3-meter..... 350.35
Platform.....297.50

England Barimo

1-meter.....222.75 3-meter..... 228.38

Sabrina Benson

100 back52.65# 200.back.... 1:56.38#
100 butterfly.....54.16 50.freestyle.. 23.64

Alyssa Bodin

100 breast1:02.52

**MEN'S EVENT RECORDS**

Event/Record Type	Name	Time	Date
50 Freestyle			
Atlantic Coast Conference	Cullen Jones, NC State	19.07	2/22/06
Virginia Tech	Kaan Tayla	19.50	2/28/08
Christiansburg Aquatic Center	Eric Bruck, Clemson	19.35	2/23/12
100 Freestyle			
Atlantic Coast Conference	Scot Robison, Virginia	42.42	3/27/10
Virginia Tech	Kaan Tayla	43.30	3/31/08
Christiansburg Aquatic Center	Steve Cebertowicz, North Carolina	43.03	2/25/12
200 Freestyle			
Atlantic Coast Conference	Scot Robison, Virginia	1:32.45	2/26/10
Virginia Tech	Zac Czaplicki	1:37.05	2/24/06
Christiansburg Aquatic Center	David Karasek, Virginia	1:34.72	2/24/12
500 Freestyle			
Atlantic Coast Conference	Matt McLean, Virginia	4:10.00	2/27/10
Virginia Tech	Gus Calado	4:22.50	2/19/04
Christiansburg Aquatic Center	Mateo De Angulo, Florida State	4:18.66	2/23/12
1000 Freestyle			
Atlantic Coast Conference	Matt McLean, Virginia	8:46.50	2/28/09
Virginia Tech	Ben Miller	9:10.06	2/28/09
Christiansburg Aquatic Center	Mateo De Angulo, Florida State	8:58.97	2/25/12
1650 Freestyle			
Atlantic Coast Conference	Matt McLean, Virginia	14:35.12	2/28/09
Virginia Tech	Caglar Gokbulut	15:15.92	2/28/09
Christiansburg Aquatic Center	Mateo De Angulo, Florida State	14:53.68	2/25/12
100 Backstroke			
Atlantic Coast Conference	Tommy Wyher, North Carolina	45.93	3/26/10
Virginia Tech	Charlie Higgins	46.54	2/27/09
Christiansburg Aquatic Center	Zach McGinnis	46.79	2/24/12
200 Backstroke			
Atlantic Coast Conference	Andy Hodgson, Florida State	1:41.14	2/28/09
Virginia Tech	Charlie Higgins	1:43.72	3/28/10
Christiansburg Aquatic Center	Brady Fox, Virginia	1:42.80	2/25/12
100 Breaststroke			
Atlantic Coast Conference	Ed Moses, Virginia	52.60	2/26/00
Virginia Tech	Kevin Furlong	53.54	2/21/03
Christiansburg Aquatic Center	Piotr Szafronczyk, Duke	53.55	2/24/12
200 Breaststroke			
Atlantic Coast Conference	Rob Holderness, Florida State	1:53.13	10/4/10
Virginia Tech	Jonathan Huss	1:59.36	2/28/09
Christiansburg Aquatic Center	Anton Lagerqvist, Georgia Tech	1:57.01	2/25/12
100 Butterfly			
Atlantic Coast Conference	Tommy Wyher, North Carolina	45.57	2/26/10
Virginia Tech	Gregory Mahon	46.31	2/24/12
Christiansburg Aquatic Center	Gregory Mahon	46.31	2/24/12
200 Butterfly			
Atlantic Coast Conference	Michael Raab	1:42.84	3/27/10
Virginia Tech	Gus Calado	1:44.25	3/25/06
Christiansburg Aquatic Center	Tom Luchsinger, North Carolina	1:44.53	2/25/12
200 Individual Medley			
Atlantic Coast Conference	Gal Nevo, Georgia Tech	1:42.79	3/26/09
Virginia Tech	Gregory Mahon	1:45.06	2/24/11
Christiansburg Aquatic Center	David Karasek, Virginia	1:44.25	2/23/12
400 Individual Medley			
Atlantic Coast Conference	Gal Nevo, Georgia Tech	3:38.00	3/27/09
Virginia Tech	Alex Lutterbein	3:49.01	2/25/11
Christiansburg Aquatic Center	Tom Luchsinger, North Carolina	3:46.91	2/24/12
200 Freestyle Relay			
Atlantic Coast Conference	Sousa, Plummer, Copeland, Robberson-Georgia Tech	1:17.84	2/26/09
Virginia Tech	deToll, Hawkins, Holmes, Ulatowski	1:18.75	2/26/09
Christiansburg Aquatic Center	Murray, Bailey, Sanders, Weber-Florida State	1:17.73	2/23/12
400 Freestyle Relay			
Atlantic Coast Conference	Robison, Azar, Geissinger, McLean-Virginia	2:51.50	2/28/09
Virginia Tech	deToll, Hawkins, Holmes, Ulatowski	2:55.49	2/28/09
Christiansburg Aquatic Center	Murray, Bailey, Sanders, Weber-Florida State	2:52.65	2/25/12
800 Freestyle Relay			
Atlantic Coast Conference	Azar, Robison, Karasek, McLean-Virginia	6:15.02	2/25/09
Virginia Tech	Hughes, Trabuchi-Downey, Uncur , Hawkins	6:30.03	2/25/09
Christiansburg Aquatic Center	Geissinger, Barrett, Camp, Karasek-Virginia	6:18.35	2/22/12
200 Medley Relay			
Atlantic Coast Conference	Olesen, Hurley, Robertson, Robison-Virginia	1:25.99	3/27/09
Virginia Tech	Higgins, Ch., Dignan, Mahon, Morgan	1:26.34	2/22/12
Christiansburg Aquatic Center	Higgins, Ch., Dignan, Mahon, Morgan	1:26.34	2/22/12
400 Medley Relay			
Atlantic Coast Conference	Olsen, Robertson, Hurley, Robison-Virginia	3:08.71	2/27/09
Virginia Tech	Higgins, Ch., Cook, Mahon, Morgan	3:11.08	2/24/12
Christiansburg Aquatic Center	Kopas, Bishop, Miesfeld, Boffa-NC State	3:10.90	2/24/12



WOMEN'S EVENT RECORDS

Event/Record Type	Name	Time	Date
50 Freestyle			
Atlantic Coast Conference	Sara Smith	21.96	2/19/09
Virginia Tech	Sara Smith	21.96	2/19/09
Christiansburg Aquatic Center	Kelsi Hall, Miami	22.03	2/16/12
100 Freestyle			
Atlantic Coast Conference	Lauren Perdue, Virginia	47.88	2/19/11
Virginia Tech	Sara Smith	48.10	3/20/09
Christiansburg Aquatic Center	Lauren Perdue, Virginia	48.27	2/18/12
200 Freestyle			
Atlantic Coast Conference	Lauren Perdue, Virginia	1:42.51	3/20/11
Virginia Tech	Katarina Filova	1:45.25	3/19/10
Christiansburg Aquatic Center	Stephanie Peacock, North Carolina	1:45.11	2/17/12
500 Freestyle			
Atlantic Coast Conference	Stephanie Peacock, North Carolina	4:36.48	2/16/12
Virginia Tech	Erika Hajnal	4:40.03	2/18/10
Christiansburg Aquatic Center	Stephanie Peacock, North Carolina	4:36.48	2/16/12
1000 Freestyle			
Atlantic Coast Conference	Cara Lane, Virginia	9:36.35	3/21/09
Virginia Tech	Erika Hajnal	9:40.18	1/23/10
Christiansburg Aquatic Center	Gillian R. Ryan, Parkland Aquatic Club	9:47.44	3/27/11
1650 Freestyle			
Atlantic Coast Conference	Stephanie Peacock, North Carolina	15:46.12	2/18/12
Virginia Tech	Erika Hajnal	16:00.16	2/21/09
Christiansburg Aquatic Center	Stephanie Peacock, North Carolina	15:46.12	2/18/12
100 Backstroke			
Atlantic Coast Conference	Mei Christensen, Virginia	51.58	3/20/09
Virginia Tech	Sabrina Benson	52.65	2/17/12
Christiansburg Aquatic Center	Sabrina Benson	52.65	2/17/12
200 Backstroke			
Atlantic Coast Conference	Mei Christensen, Virginia	1:52.22	2/21/09
Virginia Tech	Sabrina Benson	1:56.38	2/18/12
Christiansburg Aquatic Center	Meredith Cavalier, Virginia	1:54.70	2/18/12
100 Breaststroke			
Atlantic Coast Conference	Sofia Johansson, Miami	59.81	2/17/12
Virginia Tech	Jessica Botzum	1:00.56	3/20/08
Christiansburg Aquatic Center	Sofia Johansson, Miami	59.81	2/17/12
200 Breaststroke			
Atlantic Coast Conference	Christine Olson, Virginia	2:09.94	2/20/10
Virginia Tech	Jessica Botzum	2:10.13	3/20/08
Christiansburg Aquatic Center	Lauren Moriarty, North Carolina	2:10.23	2/18/12
100 Butterfly			
Atlantic Coast Conference	Heather Savage	52.14	2/17/12
Virginia Tech	Heather Savage	52.14	2/17/12
Christiansburg Aquatic Center	Heather Savage	52.14	2/17/12
200 Butterfly			
Atlantic Coast Conference	Megan Evo, Virginia	1:54.59	2/21/09
Virginia Tech	Heather Savage	1:57.29	3/15/12
Christiansburg Aquatic Center	Megan Fox, Virginia	1:56.02	2/18/12
200 Individual Medley			
Atlantic Coast Conference	Megan Evo, Virginia	1:56.17	2/19/09
Virginia Tech	Jessica Botzum	2:00.53	2/15/07
Christiansburg Aquatic Center	Sarah White, Virginia	1:57.68	2/16/12
400 Individual Medley			
Atlantic Coast Conference	Claire Crippen, Virginia	4:07.29	2/18/11
Virginia Tech	Erika Hajnal	4:08.43	2/17/12
Christiansburg Aquatic Center	Megan Fox, Virginia	4:08.01	2/17/12
200 Freestyle Relay			
Atlantic Coast Conference	Fittin, Lafferty, Glover, Cross-Maryland	1:28.52	3/20/11
Virginia Tech	McHorney, Newell, Drechsel, Smith	1:29.73	2/19/09
Christiansburg Aquatic Center	Perdue, Cavalier, Flynn, Lloyd-Virginia	1:29.95	2/15/12
400 Freestyle Relay			
Atlantic Coast Conference	Christensen, Wallace, Moores, Evo-Virginia	3:15.22	2/21/09
Virginia Tech	Drechsel, McHorney, Smith, Newell	3:16.21	3/20/09
Christiansburg Aquatic Center	Perdue, Cavalier, Flynn, Lloyd-Virginia	3:16.50	2/16/12
800 Freestyle Relay			
Atlantic Coast Conference	Naurath, Shaw, Moores, Perdue-Virginia	7:03.00	2/16/11
Virginia Tech	Filova, deMarrais, Hajnal , Ritter	7:06.93	2/17/10
Christiansburg Aquatic Center	Naurath, Kenney, Dicus, Perdue-Virginia	7:03.56	2/18/12
200 Medley Relay			
Atlantic Coast Conference	Christensen, McDonnell, Smart, Davis-Virginia	1:37.33	2/17/10
Virginia Tech	McHorney, Earl, Newell, Smith	1:38.56	2/18/09
Christiansburg Aquatic Center	Clarke, Flynn, Cavalier, Perdue-Virginia	1:39.03	2/15/12
400 Medley Relay			
Atlantic Coast Conference	Christensen, McDonnell, Evo, Wallace-Virginia	3:32.74	3/19/09
Virginia Tech	Drechsel, Losinger, Newell, Smith	3:36.50	2/20/09
Christiansburg Aquatic Center	Cooper, Moriarty, Nolan, Siverling-North Carolina	3:35.71	2/17/12



DIVING RECORDS

Men's Diving Records

Event/Record Type	Name	Score	Date
1-Meter Diving (6 Dives)			
Atlantic Coast Conference	Nick McCrory, Duke	499.95	2/20/09
Virginia Tech	Mikey McDonald	397.90	2/26/09
Christiansburg Aquatic Center	Logan Shinholser	392.75	10/16/10
1-Meter Diving (11 Dives)			
Atlantic Coast Conference	Paul Spray, Florida State	560.25	2/14/92
Virginia Tech	Artie Waters	490.55	1985
3-Meter Diving (6 Dives)			
Atlantic Coast Conference	Reuben Ross, Miami	474.30	2/19/09
Virginia Tech	Logan Shinholser	435.40	2/23/12
Christiansburg Aquatic Center	Logan Shinholser	435.40	2/23/12
3-Meter Diving (11 Dives)			
Atlantic Coast Conference	Louis Cagnet, Florida State	621.05	2/6/99
Virginia Tech	Doug Roper	505.40	2004
Christiansburg Aquatic Center			
Platform Event (6 Dives)			
Atlantic Coast Conference	Nick McCrory, Duke	545.15	2/3/11
Virginia Tech	Logan Shinholser	473.60	2/15/12
Christiansburg Aquatic Center	Logan Shinholser	473.60	2/15/12
Platform Event (11 Dives)			
Virginia Tech	Doug Roper	392.00	2005

Women's Diving Records

Event/Record Type	Name	Score	Date
1-Meter Diving (6 Dives)			
Atlantic Coast Conference	Abby Johnston, Duke	398.65	1/15/11
Virginia Tech	Kaylea Arnett	348.90	2/16/12
Christiansburg Aquatic Center	Kaylea Arnett	348.90	2/16/12
1-Meter Diving (11 Dives)			
Atlantic Coast Conference	Jennie Graviss, Clemson	459.80	2/18/89
Virginia Tech	Jackie Devoud	439.05	1998
3-Meter Diving (6 Dives)			
Atlantic Coast Conference	Abby Johnston, Duke	439.70	2/19/10
Virginia Tech	Logan Kline	356.10	2/17/12
Christiansburg Aquatic Center	Jessica Lyden, Duke	365.95	2/17/12
3-Meter Diving (11 Dives)			
Atlantic Coast Conference	Agnes Gerlach, NC State	567.15	2/24/93
Virginia Tech	Laura Lunn	487.35	2005
Platform Event (6 Dives)			
Atlantic Coast Conference	Brittany Viola, Miami	367.20	3/16/08
Virginia Tech	Logan Kline	302.25	2/18/12
Christiansburg Aquatic Center	Katrina Young, Florida State	323.05	2/15/12
Platform Event (11 Dives)			
Virginia Tech	Laura Lunn	388.85	2005