# VIRGINIA TECH **SWIMMING & DIVIN**



Kelly Shuman, Athletics Communications Intern

460 Jamerson Athletic Center, Blacksburg, VA 24061 • Office: 540-231-1494 • Cell: 434-981-3977 • Email: kellys3@vt.edu

## **MEET 6 vs. VIRGINIA**

## 2011-12 Schedule / Results

(Men: 6-2, 3-1 ACC) (Women: 6-3, 2-2 ACC)

## VIRGINIA TECH vs. VIRGINIA

Wednesday, January 11, 2011 · 6 p.m. Christiansburg Aquatic Center · Christiansburg, Va.

		_	
<u>Date</u>		Opponent	<u>Time/Result</u>
10/	15	NC STATE (Men)	W, 155-145
		NC STATE (Women)	W, 85-55
		JAMES MADISON (Wo	omen) W, 99-41
	28	NORTH CAROLINA (Me	en) L, 135-165
		<b>NORTH CAROLINA (Wo</b>	men) L,110-190
	29	FLORIDA STATE (Mer	n) W, 182-117
		FLORIDA STATE (Wor	men) L, 129-169
		DUKE (Men)	W, 202-98
		DUKE (Women)	W, 152-146
		UNC WILMINGTON (M	len) W, 237-61
		UNC WILMINGTON (Wo	
447	4	at Ohia Otata (Man)	1 101 177
11/	4	at Ohio State (Men)	L, 124-177
		at Ohio State (Women)	,
		vs. Cleveland State (Me	en) W, 239-61
		vs. Cleveland State (Wo	men) W, 232-68
		vs. Denison (Men)	W, 242-58
		vs. Denison (Women)	W, 216-84

<u>1/</u>	11	VIRGINIA	6 p.m.
	14	at William and Mary	Noon
	21	GEORGIA TECH	11 a.m.
		MIAMI (Women)	

18-20 #22 Men: at Yellow Jacket Invite

18-20 Women: at Yellow Jacket Invite

2/ 4-5 VIRGINIA TECH INVITATIONAL All Day 15-18 WOMEN'S ACC CHAMPIONSHIPS All Day 22-25 MEN'S ACC CHAMPIONSHIPS All Day

3/ 9-11 NCAA Zone A Diving Championships All Day (Buffalo, N.Y.) 22-24 Men's NCAA Championships

(Federal Way, Wash.) All Times Eastern, Home meets ALL CAPS, Dates and Times Subject to Change

## Live Results - www.HokieSports.com (Right side of page) • After several weeks of winter training, the H2Okies are back in action at the Christiansburg Aquatic Center when they host the 2011 ACC Champions Virginia at 6 p.m.

Both Cavalier squads are nationally ranked as the women are No. 11, while the men sit at

## STRAIGHT FROM THE COACHING STAFF

the No. 12 spot in the CSCAA poll.

- "We are looking forward to hosting the Cavaliers in our first meet in over a month," said head coach Ned Skinner. "This dual meet promises to be a great challenge for us as the men's and women's teams from Virginia are the defending conference champions. We have had some great training over the last weeks and look forward to getting back to racing."
- "The diving teams are coming off a very busy winter of competition and training, and are really getting to that point of the season where they have been doing a lot of their dives in both training and competition," commented head diving coach Ron Piemonte. "Their overall strength, combined with the consistent effort we have had in the first semester is now coming together. I am looking forward to kicking off this semester's competition against the University of Virginia. They are a fierce opponent, and they always help us to achieve a high level of competition as we head into our championships."

## **SCOUTING THE CAVALIERS**

3rd

- The Virginia men's and women's swimming and diving program is coming off its fourth consecutive ACC title. The men have won 14 conference championships, while the women have tallied nine. The Cavalier men put up a strong Championship finish as they defeated second-place North Carolina by 232 points, while the women beat out the Tar Heels by 42 points to grab first place.
- Virginia opened the 2011-12 season, with the women competing in the SMU Classic. The Cavaliers posted a fifth-place finish out of six teams, beating Wisconsin. Six days later, both squads competed in a dual meet against Navy on Oct. 28. The men fell the Midshipmen, 159-139, while the women came out with the win, 159-124. The Cavalier women posted 1-2-3 finishes in six individual events.
- In a dual meet against Penn State and Indiana, the women came out strong sweeping the meet, while the men split, beating Penn State and falling to No. 14 Indiana.
- At the Georgia Invite on Dec. 2, the women placed fifth overall, while the men notched a fourth-place showing. The women defeated Harvard, Florida, ACC opponent Maryland and Alabama, while the men out-swam Indiana, Florida, Maryland, Alabama and UNC Wilmington.
- The Virginia divers competed in two meets of their own. On Dec. 2, Virginia competed at the Princeton's Big Al Open where the men placed first and the women posted a fourth-place showing. The men swept the 3-meter and platform events, with senior Briggy Imbriglia breaking a six-year pool record in the platform (289.85).
- On Jan. 5, the Cavalier divers competed in the Georgia Diving Invitational. Imbriglia had another strong performance as he was the only Cavalier to make the finals in all three events.

## **OUICK FACTS**

GENERAL INFORMATION	
Name of School	Virginia Tech
LocationI	Blacksburg, Va.
Colors Chicago maroon ar	nd burnt orange
Nickname	Hokies
Conference	Atlantic Coast
Facility Christiansburg	Aquatic Center
Twitter	VT_Swim
SWIMMING & DIVING INFORM	ATION
2010-11 Men's Record	5-2
2010-11 Women's Record	6-3

Men's Letterwinners Returning/Lost......19/5 Women's Letterwinners Returning/Lost ..... 15/5 Newcomers......20



## **LAST TIME OUT**

- The Virginia Tech swimming and diving team was on the road as it traveled to Atlanta, Ga., for Georgia Tech's Yellow Jacket Invitational
- The No. 22 men exploded as they claimed first place with 1,319 points, beating a pool of eight teams, while the women placed third out of 10 teams, with a score of 874.5. The University of Florida notched first place for the women, while Florida State claimed second place.
- The men took home six individual titles and notched 20 top-10 finishes, including eight top-five showings. The women took home four overall titles, while also recording 11 top-10 performances, including six top-five outings.

### DIVING MAKES A SPLASH AT USA NATIONALS

- With their last chance to qualify for the 2012 Olympic Trials and to earn a spot on the international teams, eight  $\rm H_2Okie$  divers competed at the 2012 USA Diving Winter Nationals at the University of Tennessee. The duo of Logan Shinholser and Ryan Hawkins placed sixth in the finals of the men's synchronized 3-meter event. With the top eight automatically qualifying for the Trials, this marks the second event the duo has qualified for. With previously qualifying in the men's synchronized platform and two individual events over the summer, Shinholser has qualified for all four Olympic events.
- $\bullet$  In addition to Shinholser and Hawkins, six other  $H_2$ Okies competed at the USA Nationals: Kaylea Arnett, Logan Kline, Sara Mokhtari, Kelli Stockton, Kyle Butts and John Trope.

## MEN WIN YELLOW JACKET INVITATIONAL

• The No. 22 Tech men's team swept the Yellow Jacket Invitational, beating out seven teams. The H<sub>2</sub>Okies beat out second-place finishers, Florida, by more than 100 points. Also competing was ACC opponents Florida State, Georgia Tech, Clemson and Miami, along with Florida Atlantic, Auburn and Alabama.

### H<sub>O</sub>KIES EXPLODE AT GATECH

- In addition to the H<sub>2</sub>Okies 10 individual titles and 31 top-10 finishes, Tech recorded 16 NCAA qualifying standards. The men qualified for six 'B' standards and one 'A' standard, while the women qualified for nine 'B' standards.
- Senior Erika Hajnal led the women in overall points with 92. She took home two golds, a second-place and an eighth-place finishes, qualifying for the 'B' standards in every race except one.
- Qualifying for the NCAA 'A' standards was the quartet of Emmett Dignan, Greg Morgan, Gregory Mahon and Zach McGinnis as they placed fourth in the 200 freestyle relay.
- Leading the men was Gregory Mahon as he earned 92 points. Mahon took home the gold in the 100 butterfly, placed third in the 200 IM, fourth in the 100 backstroke and third in the 200 butterfly. He also was on two first-place relay teams.
- The women set 15 new career bests, while the men set 16. Freshmen Kaylea Arnett and Kelli Stockton also set new school records in the 3-meter and platform events, respectively.

## OFF THE PLATFORM FOR THE FIRST TIME

- The Tech men's and women's diving squad competed in the first platform diving event of the season at the Georgia Tech Invitational.
- $\bullet$  Freshman Kelli Stockton set a new Tech record as she placed fourth with a score of 265.30 in her first collegiate platform event. Following Stockton was Logan Kline in fifth (261.45) and Kaylea Arnett (249.50). As a team, the women added 71 points for the  $H_a$ Okies in the event.
- Ryan Hawkins finished second with a score of 375.80, while Logan Shinholser placed fifth with a score of 336.10. Freshman Kyle Butts placed in the top-10, as he earned a eighth-place score of 280.10 in his first collegiate platform event. As a team, the men added 67 points for the H<sub>2</sub>Okies in the event.

## H<sub>3</sub>OKIE MEN RANKED NATIONALLY

 The Tech men entered the College Swimming Coaches Association of America national poll as they sat at the No. 22 spot on Dec. 8. The H<sub>2</sub>Okies have recently dropped out of the poll. See page three for the full rankings.

### MEN NOTCH FIRST EVER WIN OVER FLORIDA STATE

• In the dual meet on Saturday, Oct. 29 the men's swimming and diving team recorded a convincing win, 182-117, over the Seminoles. Not only was it the first-ever win, but was an exciting victory since Florida State beat the H<sub>2</sub>Okie men by only three points in the ACC Championship last season.

### **BENSON ON FIRE**

- Freshman Sabrina Benson has been on fire in the 100 backstroke this season. Before placing sixth at the Yellow Jacket Invitational, the Raleigh, N.C., native was undefeated in the 100 backstroke as she has recorded four straight individual titles. She also took home another title in the 200 backstroke at Ohio State.
- Benson is currently unbeaten in the 100 backstroke at the CAC.

## FRESHMAN SPRINGS OFF TO GREAT CAREER START

• Freshman diver Kaylea Arnett broke her own school record in the 3-meter event at the Yellow Jacket Invitational as she took home the gold with a score of 350.35. The Spring, Texas native previously set the record against North Carolina where she posted a score of 343.50.

## **DIVING TO NCAAs**

- In the season opener against NC State and James Madison, six Tech divers qualified for the NCAA Zone meet.
- Ryan Hawkins, John Trope, Kyle Butts and Logan Shinholser qualified for the men, while Kaylea Arnett and Logan Kline qualified for the women.
- · Kelli Stockton qualified against North Carolina on Oct. 28.

## PERFECTION IN SEASON OPENER

- Senior Erika Hajnal, one of Tech's all-time lucrative swimmers, swam a perfect season opener against James Madison and NC State. The distance swimmer recorded first-place finishes in all three races she participated in. She touched the wall first in the 200 butterfly, 500 freestyle and 1000 freestyle. In the 1000 free she recorded a time of 10:03.95, which was close to 15 seconds faster than the runner-up.
- In diving competition, Logan Shinholser also performed perfect taking the top spots in both events. In addition to two first-place finishes, his two outings qualified him for the NCAA Zone Meet.



# 2011-12 H, OKIE GAME NOTES · MEET 6

## SEASON OPENER SETS FOUR NEW RECORDS

- The men's 200 medley relay set a new pool record against NC State in the season opener on Oct. 15, when the quartet of Charlie Higgins, Nathan Hoisington, Karl Botha and Greg Mahon swam a time of 1:30.26.
- Divers, junior Logan Kline and freshman Kaylea Arnett set new pool records in the 1-meter and 3-meter, respectively. Kline recorded a score of 310.95, while Arnett posted a 320.25.
- Freshman Collin Higgins set a new pool record in the men's 200 back with a time of 1:48.57.

## **VT HOST 2012 ACC CHAMPIONSHIPS**

• The 2012 ACC Swimming & Diving Championships will be hosted by Virginia Tech at the new state of the art Christiansburg Aquatic Center. The women's championships are scheduled on Feb. 15-18, and the men's will start Feb. 22-25.



AROUND THE ACC



MEN'S ACC STANDINGS					
School	Conference	Overall			
North Carolina	3-0	4-1			
Clemson	1-0	4-1			
Virginia Tech	3-1	6-2			
NC State	2-1	5-1			
Florida State	1-1	5-2			
Duke	1-3	3-3			
Boston College	0-0	9-1			
Virginia	0-0	1-2			
Georgia Tech	0-2	0-6			
Maryland	0-3	1-3			
Miami	*Competes in diving only				

WOMEN'S ACC STANDINGS					
School	Conference	Overall			
Florida State	3-0	8-1			
North Carolina	3-0	4-1			
Maryland	2-1	3-1			
Virginia Tech	2-2	6-3			
Georgia Tech	1-1	1-5			
NC State	1-2	6-2			
Virginia	0-0	3-0			
Boston College	0-0	8-8			
Clemson	0-1	3-2			
Miami	0-1	2-3			
Duke	0-4	2-4			

## CSCAA NATIONAL RANKINGS (as of Dec. 8)

	CSCAA MEN
Rk.	School
	Arizona
1 2 3 4 5	Texas
3	Stanford
4	Michigan
5	Southern California
6	California Berkeley
7	Auburn
8	Ohio State
9	Georgia
10	Indiana
11	Louisville
12	Virginia
13	Florida
14	Missouri
15	lowa
16	North Carolina
17	Santa Barbara
18	Louisiana State
19	Nevada-Las Vegas
20	Purdue
21	Tennessee
22	Princeton
23	Minnesota
23	Penn State
25	Florida State
Also rece	iving votes: <i>Virginia Tech</i> , Notre Dame,
.5,00710	•••

# 2011-12 H,OKIE GAME NOTES · MEET 6

## MEN'S SEASON PREVIEW

For the second year in a row, the men placed fourth at the ACC's with a total of 508.5 points. The team returns a majority of its top contributors, including two divers who qualified for the NCAA's.

#### **Breaststroke**

This group continues to evolve and develop for the men's squad. Senior Nevin Cook anchors the breaststroke crew, which includes freshman Harrison Cefalo, sophomore Emmett Dignan and juniors Adam Skipper and Nick Masterson. Cook scored 21 points for the  $\rm H_2Okies$  at the ACC Championships, finishing fourth in the 100 breast and 11th in the 200 breast. Skipper also looks to be a big contributor this season as he placed second in the 100 breast at the Virginia Tech Invitational last season. This group should be as deep and strong as any breaststroke group the squad has had in the past.

#### **Backstroke**

Charlie Higgins, Michael Hallock, Tom Sheranek and Zach McGinnis return to the backstroke crew after having a strong 2010-11 season. Higgins earned five individual titles last season, winning the 100 back in the Volunteer Invite and placed fifth in the 100 back at the ACC's. Hallock won the 100 back at the Virginia Tech Invitational, which was also the ninth-best time in the ACC. Sheranek finished with top-20 finishes in the 100 and 200 back at the ACC Championships. He won the 200 back at Cincinnati with Kentucky. McGinnis also bring a lot of depth to the group as he earned 28 points in his first season as a Hokie as ACC's. He finished fourth in the 200 and sixth in the 100. Joining Higgins this year, is his younger brother Collin Higgins. Collin joins the squad after an impressive high school career, where he was a four-year State Champion in the 100 back.

"We are very excited about our backstroke crew both in the 100 and 200 distances," said head coach Ned Skinner. "We have strength and depth and hope this to be one of our stronger events at ACC's and NCAA's."

## Mid- and Distance Freestyle

Blake Trabuchi-Downey, Phillip LaRosa, Alex Lutterbein and Ben Muster all return for Tech. Trabuchi-Downey finished in the top-20 in both 1650 free and 500 free at the ACC Championships, while LaRosa finished 14th in the 1650 free. Newcomer Jake Ores will join the group. The Loveland, Col., native placed third in the AAAA High School State Championships in the 500 free. Munster will also look to add depth to the crew. This group has emerged to be a very strong threat and look to continue to be a force in the conference.

### **Sprint**

"We have made great gains in all areas of freestyle within our team from last year's ACC's," noted Skinner. "We have targeted this as a high priority area and through recruiting and evolved training we hope to make great gains this season".

Anchoring the sprint crew is junior Karl Botha, who earned an individual title in the 50 free against Charleston. In addition to Botha, Garrett Hehn, Greg Morgan, Zach McGinnis, Adam Skipper, Nick Tremols and Emmett Dignan all return to the group. Skipper added a lot of depth to the group as he placed third in the 50 free against Cincinnati. He also won the 50 free and placed second in the 100 free at the Virginia Tech Invitational.

#### **Individual Medley**

Gregory Mahon and Matt Baumler anchor a very strong 200 individual medley crew, which also features Nevin Cook and Tom Sheranek along with four newcomers. Mahon set a new Virginia Tech record in the 200 IM, swimming a 1:46.34 at the ACC Championships and finished fourth. Baumler won an individual title in the season opener against Charleston, while coming in at 25th at the ACC's. This group looks to have a lot of depth and strength that will bring a lot of competition in the conference.

#### **Butterfly**

The H<sub>2</sub>Okies call this group the "Snake Pit" as they are a tough group with much speed and talent. Arguably the strongest core of swimmers, the butterfly crew is led by Gregory Mahon and includes Blake Trabuchi-Downy, Matt Baumler, Charlie Higgins and Karl Botha. Mahon led all swimmers with 46 points at the ACC Championships. He earned All-ACC honors in the 200 fly and finished fourth in the 100 fly. He was third in the ACC and 29th in the nation in the 200 fly last season. Baumler also earned double-digit points for the Hokies at the ACC's, finishing sixth in the 200 fly and 12 in the 100 fly. He brings a lot of talent to the group and the crew looks to have a promising 2011-12 season.

### Diving

The Tech diving squad has some extremely experienced returners and a freshman who is adding huge depth to the strength of the team. Leading the group is junior Logan Shinholser, who became Tech's first diver to earn All-America honors and the second male H<sub>2</sub>Okie ever to go All-American. The 11 points that Shinholser scored for Tech put the men in double digits for the second time in school history at the NCAA's. Joining Shinholser is Ryan Hawkins, John Trope and Jared Butts. Hawkins had an outstanding season as a freshman, shining at ACC's and Zone A Championships, while earning a spot at the NCAA Championship as well.

## NCAA Marks

2011-12 Men's Qualifying Standards 25-Yard Course

EVENT	A Standard	<b>B</b> Standard
50 Freestyle	:19.35	:20.31
100 Freestyle	:42.26	:44.37
200 Freestyle	1:33.61	1:38.29
500 Freestyle	4:15.68	4:28.46
1650 Freestyle	14:51.15	15:35.70
100 Butterfly	:46.04	:48.34
200 Butterfly	1:42.95	1:48.09
100 Backstroke	:46.28	:48.59
200 Backstroke	1:41.53	1:46.60
100 Breaststroke	:52.87	:55.51
200 Breaststroke	1:54.25	1:59.96
200 Individual Medley	1:44.05	1:49.25
400 Individual Medley	3:43.68	3:54.86
200 Freestyle Relay	1:17.69	1:21.57
400 Freestyle Relay	2:52.47	3:01.09
800 Freestyle Relay	6:23.26	6:42.42
200 Medley Relay	1:25.66	1:29.94
400 Medley Relay	3:08.22	3:17.63

- 1-Meter Diving Points—Dual 290/300‡
- 3-Meter Diving Points—Dual 310/320‡
- Platform Diving Points—Dual 290/300‡
- ‡ qualifying point total when using six optional dives with standard D.D.

## **WOMEN'S SEASON PREVIEW**

For the second-straight year, the women placed fifth at the ACC's with a total of 358 points. The  $\rm H_2O$ kie women return several key contributors from last season's ACC and NCAA Championships, but lost five letterwinners, including NCAA competitor, diver Sarah Milton.

#### **Breaststroke**

"Always a strong area for our program and the Lady  $\rm H_2Okies$  have speed and endurance in the 100 and 200 events," commented head coach Ned Skinner.

Junior Keri Sink returns to Tech after finishing seventh in the 100 breast and 10th in the 200 breast at the ACC Championships. Fellow junior, Katie Steeves, competed in three events at the ACC's, with an eighth-place finish in the 200 breast. Joining the junior duo are sophomores Abby Houchin and Natalie Leake and freshman Alyssa Bodin.

#### **Backstroke**

Sophomores Brittany Boone, Aubree Duncan and Caroline Higgins returns for the H<sub>2</sub>Okies in the young backstroke crew. Newcomers Sabrina Benson and Susan Justis will compete this season as well. Duncan competed at the ACC Championships as a freshman and won the 200 back against Richmond on Jan. 22. The Woodstock, Ga., native was a four-star recruit on the Swimming World rankings, and a three-time all-county swimmer. The Backstroke group is rounded out by Caroline Higgins, who won the 100 and 200 back at the Virginia Tech Inviational.

## **Freestyle**

Tech returns All-American Erika Hajnal, who competed in the 1650 free, 400 IM and 500 free for the third-straight year at the NCAA Championships. She is the only Tech swimmer to qualify in three events. In addition to Hajnal, three juniors Laura Simon, Becky Flora and Addie Carne also bring a lot of depth to this strong crew. Flora finished 14th in the 1650 free at the ACC Championships and won the 500 free in the season opener against Charleston and Radford. Three newcomers join the group are Emily Ryczek, Erin Foster and Katie Rogers.

"We have found much success at the conference and NCAA level in this area and we continue to have much depth and talent in this range," noted Skinner.

#### **Sprint**

"The Hokies landed some real strong talent and coupled with speed from the upperclassmen, we are very excited about this group of sprinters both this year and in the future," commented Skinner.

Anchoring the sprint crew is senior Emily Ferguson, who finished fourth in the 100 free and 10th in the 50 free at the Volunteer Invitational. She won the 50 free at the season opener against Charleston and Radford along with the 200 free relay. In addition to Ferguson, Heather Savage and Jace Hawanitz bring depth to the group. Savage posted top-10 finishes in the 100 and 50 free at the Volunteer Invitational. Rounding out the group are sophomore Rachel Sepanski and newcomers Kayla Hammerberg and Margaret Parcel.

#### **Individual Medley**

Hajnal and Jace Howanitz lead the pack in the individual medley, while juniors Keri Sink, Katie Steeves, Meaghan Holloway and Addie Carne all return for the  $\rm H_2O$ kies. Hajnal also earned All-ACC honors with a third-place finish in the 400 IM and held the team's top times for the season in five categories, including the 400 IM. Howanitz brings a lot of strength to the group as she finished eighth in the 200 IM at the Volunteer Invitational and led the women in 2009 in the 200 IM with a 15th-place finish at the ACC's.

## **Butterfly**

"We are excited about the strength and leadership from our upperclassmen in this area," commented Skinner. "Five ladies scored in the 200 fly at ACC's last year so we hope to continue to build in the fly events."

Hajnal also is the top swimmer in the butterfly event, along with Meaghan Holloway, Katie Steeves and Dana Kalnins. The four upperclassmen welcome newcomer Erin Foster to the mix. The Woodlands, Texas, native qualified for the Olympic Trials in 2008 and was a State Champion in 2009 as an individual. Holloway adds depth to the group as she finished seventh in the 200 fly and 11th in the 100 fly at the ACC Championships.

### Diving

Andrea Sawchuk, Sara Mokhtari and England Barimo return to the diving group. Three new members of the squad, Kaylea Arnett, Kelli Stockton and junior transfer Logan Kline, have brought in a new energy and a heightened level of competitiveness, as well. All three newcomers have already qualified for the Olympic Trials over the summer.

"I am very excited about how our newcomers have impacted the daily training environment so far," commented head diving coach Ron Piemonte. "This element, coupled with our experienced returners should make a definite impact on this year's season both on the boards and the platform."

## Women's NCAA Marks

2011-12 Women's Qualifying Standards 25-Yard Course

EVENT	A Standard	B Standard
50 Freestyle	:21.93	:23.02
100 Freestyle	:47.84	:50.23
200 Freestyle	1:44.02	1:49.22
500 Freestyle	4:38.46	4:52.41
1650 Freestyle	15:53.38	16:41.04
100 Butterfly	:52.02	:54.62
200 Butterfly	1:54.95	2:00.69
100 Backstroke	:52.55	:55.17
200 Backstroke	1:53.37	1:59.24
100 Breaststroke	:59.99	1:02.98
200 Breaststroke	2:09.72	2:16.20
200 Individual Medley	1:56.13	2:01.93
400 Individual Medley	4:07.33	4:19.69
200 Freestyle Relay	1:28.35	1:32.76
400 Freestyle Relay	3:14.93	3:24.67
800 Freestyle Relay	7:02.07	7:23.17
200 Medley Relay	1:37.81	1:42.70
400 Medley Relay	3:32.56	3:43.18

1-Meter Diving Points—Dual 255/265 (6 optional dives) 3-Meter Diving Points—Dual 270/280 (6 optional dives) Platform Diving Points—Dual 260/225 (5 optional dives)

## **V**//

# **2011 Virginia Tech HOKIES**

Name	Event	Cl.	Exp.	Hometown
Matt Baumler	Fly/IM/Free	Sr.	3Ľ	Williamsburg, Va.
Karl Botha	Fly/Free	Jr.	2L	Ashford, Great Britain
Owen Burns	Free/IM	Fr.	HS	Palmyra, N.J.
Kyle Butts	Diver	Fr.	HS	Washington, D.C.
Harrison Cefalo	Breast/IM	Fr.	HS	Highlands, N.J.
Nevin Cook	Breast/IM	Sr.	3L	Catlett, Va.
James Crabb	Fly/IM/Free	Fr.	HS	Manassas, Va.
Emmett Dignan	Sprint/Breast	So.	1L	Mystic, Conn.
Ben Gastrock	Free/Fly	Fr.	HS	Glen Allen, Va.
Michael Hallock	Back/Free	Jr.	1L	Oak Hill, Va.
Ryan Hawkins	Diver	So.	1L	Charlotte, N.C.
Garrett Hehn	Sprint Free	So.	SQ	Pittsburgh, Pa.
Charlie Higgins	Back	Sr.	3L	Weddington, N.C.
Colin Higgins	Back	Fr.	HS	Charlotte, N.C.
Nathan Hoisington	IM/Breast	So.	1L	Leawood, Kans.
Kevin Hunt	Free	Fr.	HS	Glen Allen, Va.
Philip LaRosa	Distance Free/IM	Sr.	3L	Manassas, Va.
Morgan Latimer	Fly/Free	Fr.	HS	Richmond, Va.
Alex Lutterbein	Distance Free/IM	Jr.	2L	Manakin-Sabot, Va.
Gregory Mahon	Fly/IM	Jr.	2L	Medford, N.J.
Zach McGinnis	Sprint Free/Back	Jr.	2L	Raleigh, N.C.
Greg Morgan	Sprint Free	Sr.	2L	Green-Vegas, S.C.
Ben Munster	Distance Free	Jr.	SQ	College Station, Texas
Jake Ores	Distance Free	Fr.	HS	Loveland, Colo.
Tom Sheranek	Back/IM	Jr.	2L	Richmond, Va.
Logan Shinholser	Diver	Jr.	2L	Burtonsville, Md.
Adam Skipper	Free/Breast/IM	Jr.	1L	Yorktown, Va.
Blake Trabuchi-Downey	Distnace Free/Fly	Sr.	3L	Vineland, N.J.
Nick Tremols	Sprint/Fly/IM	So.	1L	Gainesville, Va.
John Trope	Diver	So.	1L	Springfield, Va.
Bryan Uncur	Free	Sr.	3L	Chesapeake, Va

Name	Event	C	l. Exp.	Hometown
Kaylea Arnett	Diver	Fr.	нs	Spring, Texas
England Barimo	Diver	So.	SQ	Fairfax, Va.
Sabrina Benson	Back/Fly/Sprint Free	Fr.	HŚ	Raleigh, N.C.
Alyssa Bodin	Breast/IM	Fr.	HS	St. Augustine, Fla.
Brittany Boone	Back	So.	1L	Ashburn, Va.
Addie Carne	Free/Fly/IM	Jr.	1L	Simpsonville, S.C.
Aubree Duncan	Back	So.	1L	Woodstock, Ga.
Emily Ferguson	Sprint Free	Sr.	2L	Clifton, Va.
Becky Flora	Free	Jr.	1L	Reistertown, Md.
Erika Hajnal	Free/IM/Fly	Sr.	3L	Budapest, Hungar
Kayla Hammerberg	Sprint Free/Fly	Fr.	HS	Columbus, Ohio
Caroline Higgins	Back	So.	SQ	Charlotte, N.C.
Meaghan Holloway	Fly/Breast/IM	Jr.	2Ĺ	Yorktown, Va.
Abby Houchin	Breast/Free	So.	1L	Raleigh, N.C.
Jace <sup>'</sup> Howanitz	Sprint/IM/Fly	Sr.	2L	Knoxville, Tenn.
Dana Kalnins	Fly	Jr.	1L	Manassas, Va.
Jayme Katis	Free/IM	Fr.	HS	Falls Church, Va.
Blair Kinsey	IM/Free/Breast	Fr.	HS	Lansdale, Pa.
Logan Kline	Diver	Jr.	3L	Mission Hills, Kar
Natalie Leake	Breast/Sprint Free	So.	SQ	Centreville, Va.
Sara Mokhtari	Diver .	Jr.	2L	Houston, Texas
Margaret Parcell	Sprint Free	Fr.	HS	Rocky Mount, Va.
Katie Rogers	Distance Free	Fr.	HS	Gaithersburg, Md
Emily Ryczek	Free	Fr.	HS	Olney, Md.
Heather Savage	Sprint Free/Fly	Jr.	2L	Canandaigua, N.
Andrea Sawchuk	Diver	Sr.	1L	Great Falls, Va.
Rachel Sepanski	Sprint Free	So.	SQ	Yorktown, Va.
Laura Simon	Distance Free/IM	Jr.	2L	Greenville, S.C.
Keri Sink	Breast/IM	Jr.	2L	Elgin, Ill.
Katie Steeves	Breast/Fly/IM	Jr.	SQ	Newark, Del.
Kelli Stockton	Diver	Fr.	НŠ	Fairfax, Va.

## **HEAD COACH, NED SKINNER**

## **PERSONAL**

Full name: Ned Thomas Skinner Birth Date: May 3, 1966 Hometown: Worthington, Ohio

#### **EDUCATION**

High School: Worthington, 1984 College: Louisiana State, 1989 Graduate: Ohio University, 1990 PhD: Virginia Tech, 2004

## **COACHING EXPERIENCE**

1998-pr. Head Coach, Virginia Tech 1994-98 Head Coach, William & Mary 1990-94 Head Coach, Central Conn.

#### **RECORDS**

Overall: 288-187-2 (21 years) Virginia Tech: 200-88 (13 years) Women: 112-38; Men: 88-52

### **HIGHLIGHTS**

- 2004 BIG EAST Conference Men's Co-Coach of the Year
- 2003 BIG EAST Conference Men's Coach of the Year
- 1998-99 and 1999-00 Atlantic 10 Women's Coach of the Year
- Led the Virginia Tech men's and women's teams to conference titles in 1999-00
- 1998 ECAC Women's Coach of the Year (William & Mary)
- Coached Kristen Schnittger to four consecutive ECAC titles in the 100 breast (William & Mary)
- 1994 East Coast Conference Women's Coach of the Year (Central Connecticut)
- 18 ACC Individual Champions
- 8 Olympic Trial Participants
- 11 International National Champions
- 14 All-American Honorable Mention Individual Selections
- 8 All-America Individual Selections
- 4 ACC Relay Championships
- 5 All-American Honorable Mention Relay Selections
- 5 Academic All-America Selections
- 2 ACC Swimmers of the Year
- 1 ACC Freshman of the Year
- · 2 ACC Scholar-Athletes of the Year
- 2 University Games participants
- 1 Mediterranean Games participant
- 1 Olympian

### **Head Diving Coach:**

Ron Piemonte, Sixth season

## Assistant Coaches:

Reed Robelot, Aaron Bell, Sarah Stockwell

## **Graduate Assistant Coach:**

Elizabeth Savage

**Volunteer Assistant Coach:** 

Kaan Tayla



## **2011-12 Top Times**

## **2011-12 MEN'S TOP TIMES**

## **2011-12 WOMEN'S TOP TIMES**

	LIVE TOT TIMES			WILLIA D TOT THIVIES	_
Event/Name	Time/Score	Date	Event/Name	Time/Score	Date
50 Freestyle	-		50 Freestyle	-	
Zach McGinnis	20.74	11/18	Heather Savage	23.64	11/18
Greg Morgan	20.84	11/18	Sabrina Benson	23.73	11/18
Emmett Dignan	20.85	11/18	Margaret Parcell	23.96	11/18
Gregory Mahon	21.07	10/29	Emily Ferguson	24.05	11/18
Karl Botha	21.15	11/4	Kayla Hammerberg	24.25	11/18
100 Freestyle	21.13	, .	100 Freestyle	21.23	11/10
Bryan Uncur	45.20	11/18	Heather Savage	51.08	11/18
Greg Morgan	45.28	11/18	Jace Howanitz	52.07	11/18
Kevin Hunt	46.11	11/18	Margaret Parcell	52.30	11/18
Gregory Mahon	46.28	10/29	Emily Ryczek	52.36	11/18
Michael Hallock	46.38	11/18	Kayla Hammerberg	52.43	11/18
200 Freestyle	40.50	11/10	200 Freestyle	32.43	11/10
Owen Burns	1:39.00	11/18	Addie Carne	1:50.20	11/18
	1:40.44	11/18	Katie Rogers	1:51.44	11/18
Bryan Uncur				1:51.44	
Kevin Hunt	1:40.45	11/18	Rachel Sepanski		11/18
Morgan Latimer	1:40.65	11/18	Jayme Katis	1:52.20	11/18
Greg Morgan	1:41.04	11/18	Jace Howanitz	1:52.84	11/18
500 Freestyle			500 Freestyle		
Jake Ores	4:31.78	11/18	Erika Hajnal	4:41.56^ B	11/18
Morgan Latimer	4:33.17	11/18	Laura Simon	4:53.21	11/18
Philip LaRosa	4:33.69	11/18	Rachel Sepanski	4:56.37	11/18
Owen Burns	4:34.12	11/18	Katie Rogers	4:57.97	11/18
Alex Lutterbein	4:34.12	11/18	Blaire Kinsey	5:02.86	11/18
1000 Freestyle			1000 Freestyle		
Jake Ores	9:22.37	11/4	Erika Hajnal *	9:53.72 L/S	11/18
Blake Trabuchi-Downey	9:34.90	11/4	Laura Simon	10:09.69 L/S	11/18
Alex Lutterbein	9:36.61 L/S	11/18	Becca Flora	10:22.72 L/S	11/18
Morgan Latimer	9:37.73	11/4	Katie Rogers	10:29.50 L/S	11/18
Philip LaRosa	9:38.75	10/15	Blaire Kinsey	10:36.10	11/4
1650 Freestyle			1650 Freestyle		
lake Ores	15:39.41	11/18	Erika Hajnal '	16:13.37^ B	11/18
Alex Lutterbein	15:54.18	11/18	Laura Simon	16:44.69	11/18
Philip LaRosa	15:54.80	11/18	Becky Flora	17:12.54	11/18
Morgan Latimer	15:57.30	11/18	Katie Rogers	17:22.21	11/18
Ben Munster	16:33.25	11/18	100 Backstroke	17.22.21	11/10
100 Backstroke	. 0.55.25		Heather Savage	54.91 B	11/18
Zach McGinnis	47.61? 48.08 B	11/18	Sabrina Benson	55.64^	10/28
Charlie Higgins	48.31	11/18	Brittany Boone	58.57	11/4
Gregory Mahon	49.41	11/18	Aubree Duncan	58.96	11/4
Collin Higgins	49.69	11/18	Caroline Higgins	1:00.21	10/29
Tom Sheranek	50.39	11/18	200 Backstroke	1.00.21	10/23
200 Backstroke	30.33	11/10	Brittany Boone	1:58.82 B	11/18
Zach McGinnis	1:44.21^ B	11/10	Sabrina Benson	2:01.20^	11/16
Tom Sheranek	1:44.217 6	11/18 11/18	Aubree Duncan	2:01.207	11/18
		10/15			11/18
Collin Higgins	1:48.57^	11/18	Laura Simon Caroline Higgins	2:05.12	
Alex Lutterbein	1:50.11			2:05.93	11/18
Charlie Higgins	1:50.50	11/18	100 Breaststroke	1 02 00	11/10
100 Breaststroke	FC 24	11/10	Alyssa Bodin	1:03.08	11/18
Emmett Dignan	56.24	11/18	Keri Sink	1:03.95^	10/15
Nathan Hoisington	56.88	11/4	Natalie Leake	1:05.61	10/15
Nevin Cook	57.02	11/4	Jayme Katis	1:06.22	11/4
Adam Skipper	58.05	11/18	Meaghan Holloway	1:06.37	11/18
Harrison Cefalo	59.09	10/15	200 Breaststroke	0.4=00	
200 Breaststroke			Keri Sink	2:17.98	11/18
Emmett Dignan	2:05.15	11/18	Alyssa Bodin	2:18.54	11/18
Nathan Hoisington	2:05.41	11/18	Katie Steeves	2:21.73	11/18
Owen Burns	2:05.85	11/18	Natalie Leake	2:23.11	11/18
Nevin Cook	2:07.27	11/18	Jayme Katis	2:27.33	10/15
Harrison Cefalo	2:08.00	11/18	100 Butterfly	<b>***</b>	
100 Butterfly			Heather Savage	53.63^ B	11/18
Gregory Mahon	48.27^ B	11/18	Sabrina Benson	55.56	11/18
Karl Botha	48.55	11/18	Meaghan Holloway	55.89	11/18
Matt Baumler	49.10	11/18	Kayla Hammerberg	56.86	11/18
Nick Tremols	49.43	11/18	Addie Carne	58.71	11/4
James Crabb	50.01	11/18	200 Butterfly		
200 Butterfly			Erika Hajnal	2:00.80	11/18
Gregory Mahon	1:48.11	11/18	Meaghan Holloway	2:03.00	11/18
James Ćrabb	1:48.17	11/18	Addie Carne	2:03.53	11/18
Matt Baumler	1:48.92	11/4	Keri Sink	2:05.07	10/28
Morgan Latimer	1:50.07	11/18	Dana Kalnins	2:07.16	11/18
Nick Tremols	1:50.18	11/18	200 Individual Medley		
200 Individual Medley			Keri Sink	2:04.26	11/18
Gregory Mahon	1:48.98 B	11/18	Jayme Katis	2:05.15	11/18
Nick Tremols	1:51.93	11/18	Jace Howanitz	2:05.46	11/18
Nathan Hoisington	1:53.46	11/18	Alyssa Bodin	2:06.30	11/18
Tom Sheranek	1:53.97	11/18	Heather Savage	2:06.36	11/10
Philip LaRosa	1:54.67	10/29	400 Individual Medley	2.00.30	11/4
400 Individual Medley	1.57.07	10/23	Erika Hajnal	4:11.65 B	11/18
Alex Lutterbein	3:56.74	11/18	Keri Sink	4:22.80	11/18
Philip LaRosa	4:00.41	11/18	Laura Simon	4:23.37	11/18
Nathan Hoisington	4:04.42	11/18	Blaire Kinsey	4:23.37	11/18
radiali i loisington					
			Katie Steeves	4:34.71	11/18



## **MEN'S RELAY TOP TIMES**

Event/Name	Time/Score	Date
200 Freestyle Relay		
Dignan, Morgan, Mahon, McGinnis	1:21.94 A	11/18
Morgan, Uncur, Botha Baumler	1:23.49	10/28
Hallock, Dignan, Hunt, McGinnis	1:24.52	10/28
400 Freestyle Relay		
Morgan, Hunt, Uncur, McGinnis	3:01.39	11/18
Morgan, Mahon, Uncur, Baumler	3:02.39	11/4
Morgan, Uncur, McGinnis, Baumler	3:03.49	10/15
Morgan, Uncur, McGinnis, Baumler	3:03.49 #	10/29
800 Freestyle Relay		
Burns, Tremols, Uncur, Baumler	6:44.40	11/18
200 Medley Relay		
Higgins, Ch., Hoisington, Mahon, McGinnis	1:29.10^ B	11/18
Higgins, Ch., Hoisington, Botha, Mahon	1:30.26 #	10/15
Higgins, Ch., Hoisington, Botha, Mahon	1:30.27	10/29
Higgins, Ch., Hoisington, Mahon, Morgan	1:31.40	11/4
Higgins, Co., Cook, Botha, Hallock	1:32.63	11/4
400 Medley Relay		
McGinnis, Hoisington, Mahon, Morgan	3:15.62^ B	11/18
McGinnis, Hoisington, Mahon, Morgan	3:18.40 *	10/28
Higgins, Ch., Cook, Botha, Uncur	3:20.08	10/28

## **MEN'S DIVING TOP SCORES**

<b>1-Meter Springboard</b> Ryan Hawkins Logan Shinholser Kyle Butts John Trope	377.05 Z 365.75^ Z 315.05 Z 306.65 Z	11/4 11/18 10/15 11/4
<b>3-Meter Springboard</b> Logan Shinholser Ryan Hawkins Kyle Butts John Trope	392.20^ Z 367.30 Z 346.80 Z 341.60 Z	11/4 11/4 11/18 10/29
Platform Ryan Hawkins Logan Shinholser Kyle Butts John Trope	375.80 Z 336.10 Z 280.10 261.75	11/18 11/18 11/18 11/18

## **WOMEN'S RELAY TOP TIMES**

Event	Time/Score	Date
200 Freestyle Relay		
Benson, Parcell, Ferguson, Savage	1:34.10	11/18
Benson, Hammerberg, Howanitz, Parcell	1:37.17	10/28
Leake, Higgins, Sepanski, Foster	1:40.95	10/28
400 Freestyle Relay		
Benson, Sepanski, Howanitz, Savage	3:26.99	11/18
Savage, Carne, Benson, Howanitz	3:29.04	10/15
Benson, Rogers, Parcell, Sepanski	3:32.53	10/29
Parcell, Rogers, Katis, Hammerberg	3:33.40	11/4
Ferguson, Sepanski, Carne, Howanitz	3:35.01	11/4
800 Freestyle Relay		
Hajnal, Rogers, Carne, Sepanski	7:23.11 B	11/18
200 Medley Relay		
Benson, Bodin, Savage, Parcell	1:42.54 B	11/18
Benson, Bodin, Savage, Ferguson	1:44.18	11/4
Benson, Bodin, Savage, Howanitz	1:44.42	10/29
Benson, Sink, Holloway, Howanitz	1:44.56	10/15
Higgins, Sink, Hammerberg, Parcell	1:47.80	11/4
400 Medley Relay		
Benson, Sink, Savage, Howanitz	3:45.67	10/28
Benson, Sink, Holloway, Savage	3:45.78	11/18
Boone, Bodin, Parcell, Sepanski	3:54.60	10/28

## **WOMEN'S DIVING TOP SCORES**

1-Meter Springboard		
Logan Kline	310.95^#Z	10/15
Kaylea Arnett	303.60 Z	11/18
Kelli Stockton	261.35	11/4
Sara Mokhtari	248.55	10/29
Andrea Sawchuck	231.90	11/4
3-Meter Springboard		
Kaylea Arnett	350.35*^Z	11/18
Logan Kline	327.75 Z	10/28
Kelli Stockton	299.33 Z	10/28
Sara Mokhtari	239.25	10/28
Andrea Sawchuck	236.50	11/4
Platform		
Kelli Stockton	265.30*Z	11/18
Logan Kline	261.45 Z	11/18
Kaylea Arnett	249.50 Z	11/18
Sara Mokhtari	219.20	11/18
Andrea Sawchuck	184.05	11/18



## Men's Career Personal Bests

M - 44 D I	
Matt Baumler	100 franct Jolf F0
50 freestyle	1.00 freestyle45.59 500 fr <b>ee48</b> /l <b>e</b> 4
100 butterfly	200.butterfly45.96
100 back 53.78	200.IM1:50.91
.00 546	200
Karl Botha	
50 freestyle20.16	1.00.freesty.le44.57
100 back 53.75	1.00.butter.fly47.17
200 butterfly 1:49.57	
Owen Burns	
100 freestyle 47.13	200.freestyle39.00
200 breast 2:05.85	.5.00. freesty.le4.79
	,
Kyle Butts	
1-meter 315.05	3-meter321.67
Platform 280.10	
Harrison Cefalo	
100 breast 58.45	200.breast2:08.00
200 IM 1:56.52	200.010.0312.00.00
200 1111 1.30.32	
Nevin Cook	
50 freestyle21.83	100.back51.29*
200 back 1:48.76	100.breast 54.21
200 breast 1:59.89	200.IM1:49.21
400 IM 3:54.14	
lamas Crahh	
<b>James Crabb</b> 500 freestyle 4:38.73	.1.00.butterfl§0.01
200 butterfly 1:48.17	200.IM1:58.46
200 5446)	200
Emmett Dignan	
50 freestyle	1.00.freesty.ke6.60*
100 breast 55.34	200.breast2:00.49
200 IM 1:57.50	
Ben Gastrock	
200 freestyle	200.butterfly52.87
100 freestyle	5.00.freestyle39.77
,	,
Michael Hallock	
50 freestyle	1.00 freesty.le45.41
200 freestyle1:39.52	100.back 48.61
Ryan Hawkins	
1-meter 377.05	P.latform385.30
3-meter	
Garrett Hehn	
50 freestyle	1.00.freesty.le48.97
200 freestyle	.1.00 .butter.fl§0.82
200 IM 2:00.91	
Charlie Higgins	
50 freestyle21.11	1.00.freesty. 1467.67*
50 freestyle21.11 200 freestyle1:48.38*	.1.0.0. back 46.54#
200 back 1:43.72#	1.00.butter.fly47.96
Caller Heading	
<b>Collin Higgins</b> 100 back	200 bank 1 40 57
200 IM 1:54.92	200.back 1:48.57
200 1/01 1:54.92	
Nathan Hoisington	
100 breast 55.84	200.breast 2:05.41
200 IM 1:50.80	400.IM4:02.76
•	
Kevin Hunt	100 ( ) 146 11
50 freestyle	1.00 freesty.le46.11
500 freestyle 4:34.79	200.freestylle40.45

Philip LaRosa	
500 freestyle 4:28.90	1.000.fr <b>e</b> €21 <b>4</b> 1 <b>0</b> +
1650 freestyle 15:32.03	200.butterfly53.84
200 IM 1:54.67 100 breast 1:01.06	400.IM3:56.63
100 breast 1.01.00	
Morgan Latimer	1000 ( 0/25/72
500 freestyle	1.000.freestyle73 200.butterfly50.07
1030 Heestyle 13.37.30	200.2000
Alex Lutterbein	
500 freestyle	1.000.fr@est\$163† 400.IM3:50.82#
100 back 52.34	200.back1:50.11
<b>Gregory Mahon</b> 50 freestyle21.07	1.00.freesty.le46.28
200 freestyle	.1.00.breast 56.43
100 back 49.41	200.back 1:48.78
100 butterfly 47.16	200.butterfly45.31
200 IM 1:46.34#	
Zach McGinnis	
50 freestyle	1.00.freesty.le46.40
200 freestyle1:39.41* 100 back48.08	1.00.butterfly50.87 200.back 1:44.21
100 back 40.06	200.DdCk 1:44.21
Greg Morgan	
50 freestyle	1.00 freesty.le45.14
200 freestyle 1:39.06	.1.00.butter.fl§1.58
Ben Munster	
100 freestyle	200.freestylle40.98
500 freestyle	.1.000.fr@e39/860†
. 556	
<b>Jake Ores</b> 200 freestyle1:43.80	5.00.freesty <b>4</b> e31.78
1000 freestyle	1.65.0.frdestyle41
<b>Tom Sheranek</b> 100 back49.03	200.back 1:44.97
200 IM 1:49.79	400.IM
<b>Logan Shinholser</b> 1-meter392.75	P.latform 449.15#
3-meter	1.tatiditi1 449.13#
Adam Skipper 50 freestyle20.60	100 franchyld E 4E
100 breast 55.94	1.00.freesty.le45.45 200.IM1:50.30
	200
Blake Trabuchi-Downey	F00 (
200 freestyle1:41.22 1000 freestyle9:19.76†	.5.00.freest\$123.46 1.65.0.freest\$124e35
200 butterfly 1:46.55	1.636.11.6634.1633
Nick Tremols	
50 freestyle21.76	200.freestylle37.55
100 butterfly48.77	200.butterfly45.85
100 breast 57.77	200.IM1:49.06
John Trope	
1-meter 310.50	P.latform261.75
3-meter341.60	
Bryan Uncur	
50 freestyle21.54	1.00.freesty.le45.64
200 freestyle 1:38.16	500.freestyle23.41
1000 freestyle9:11.54†	1.65.0.freestyle04

- \* Denotes Leadoff Split
- † Denotes Split
- # Denotes School Record



## Women's Career Personal Bests

<b>Kaylea Arnett</b> 1-meter	3-meter350.35#
England Barimo 1-meter222.75	3meter 228.38
<b>Sabrina Benson</b> 100 back55.16 100 butterfly55.56	200.back 2:01.20

## $\sqrt{Z}$

# 2011-12 H<sub>2</sub>OKIE GAME NOTES · MEET 6

## **2010-2011 SEASON REVIEW**

#### 2010-2011 HIGHLIGHTS:

- · Four new school records
- 43 members earned at least one individual title
- · Three VT Athletes of the Week
- · One ACC Performer of the Week
- Five NCAA Qualifiers
- · School-record four divers qualify for NCAAs
- First female diver since 1982 to qualify for NCAAs
- · First ever All-American diver
- · First ever ACC Diving Champion
- · Christiansburg Aquatic Center opens

#### **NCAA CHAMPIONSHIPS**

The H<sub>2</sub>Okies had five athletes qualify for the NCAA Championships, with a school-record four divers, including Tech's first female diver since 1982.

Sophomore Logan Shinholser headed a trio of male divers, along with Ryan Hawkins and Daniel Martin, who competed in all three diving events. The squad struggled on both springboard events, but Shinholser then scored a 401.55 in the preliminary round of the platform event, good for fourth place and All-America honors. The sophomore faltered on the second dive in the finals and was unable to fully recover, placing him eighth overall in the finals and scoring 11 points for the H,Okies.

Shinholser became Tech's first diver to earn All-America honors and the second male  $\rm H_2O$ kie ever to go All-American. The 11 points that Shinholser scored for  $\rm H_2O$ kies put the Tech men in double digits for just the second time in school history (19 pts, 27th, 2006), finishing in 28th place.

Junior returning All-American Erika Hajnal and senior diver Sarah Milton represented the  $\rm H_2Okies$  at the Women's NCAA Championships. Hajnal competed in the 1650 freestyle, the 400 IM and the 500 freestyle for the third straight year. Sarah Milton, Tech's first female diver to qualify for NCAAs since 1982, competed in all three diving events.

In a disappointing follow-up to last season's top-25 finish, the two women were unable to score any points for Virginia Tech in this year's championships. Hajnal began the meet with a 58th-place finish in the 500 free. She then placed 34th in the 400 IM, a surprising drop-off from last year's top-eight mark, and she then just barely missed scoring points in the final event with a 17th-place finish in the 1650 free with a season-best time of 16:08.28.

Sarah Milton, concluding her decorated diving career with a trip to NCAAs, placed 32nd on the 1-meter and 23rd on both the 3-meter and the platform.

## **ACC MEN'S CHAMPIONSHIPS**

For the second year in a row, the men placed fourth at ACCs with a total of 508.5 points. Gregory Mahon earned the most points for Tech of any male or female participant, earning the bronze medal and third-team All-ACC in the 200 fly, while taking fourth in the 100 fly and the 200 lM, for a total of 46 points. Mahon's time of 1:46.34 in the individual medley broke the school record, which he had set at the 2010 ACC Championships.

Freshman Nick Tremols had an outstanding postseason debut, picking up 26 points for the  $\rm H_2$ Okies, including a fourth-place finish in the 200 fly. Sophomore transfer Zach McGinnis earned 28, finishing fourth in the 200 back and sixth in the 100 back. Blake Trabuchi-

Downey earned a total of 22 points in three events for Tech; Nevin Cook picked up 21, including a fourth-place finish in the 100 breast; and Alex Lutterbein earned a total of 20 points for the  $\rm H_2Okies$ , breaking the school record in the 400 IM and finishing fifth, swimming a 3:49.01.

The  $\rm H_2O$ kies also had a pair of top-four relay finishes. Charlie Higgins, Cook, Mahon and Karl Botha earned the bronze in the 400 medley relay (3:12.23), and Higgins, Cook, Mahon and Rich Ulatowski opened the meet with a fourth-place finish in the 200 medley (1:27.67).

Logan Shinholser once again broke his own school record, scoring a 449.15 in the finals of the platform diving event, to become the first ever ACC Diving Champion at Virginia Tech. Shinholser is the first Tech diver to win a conference title since 1965, and the only  $\rm H_2Okie$  to ever win the platform event.

Freshman diver Ryan Hawkins had a tremendous outing, earning three top-five finishes to score 44 big points for the Virginia Tech men.

#### **ACC WOMEN'S CHAMPIONSHIPS**

For the second straight year, the women placed fifth at ACCs with a total of 358 points. Erika Hajnal was Tech's most lucrative swimmer, finishing in at least sixth in all three of her races and earning 44 points for Tech. She earned a bronze medal and All-ACC recognition in the 400 IM, came in fourth in the 1650 free and finished sixth in the 500 free. Keri Sink earned 25.5 points for the  $\rm H_2Okies$ , tying for seventh in the 100 breast and finishing 10th in both the 200 breast and 400 IM. Lauren Ritter picked up 25 points for Tech, finishing seventh in the 200 free, 10th in the 1650 free and 11th in the 500 free.

Sarah Milton picked up significant points in all three diving events, finishing ninth on the 1-meter and platform and 10th on the 3-meter, for a total of 25 points. Carissa Santora earned 22 big points for the  $\rm H_2Okies$  with a pair of eighth-place finishes on the 3-meter and platform, and Cara Murnan set a new Tech record on the platform, earning 13 points with a sixth-place finish (264.30).

#### **VOLUNTEER INVITATIONAL**

The women had an outstanding weekend, coming in first with 1,118 points, ahead of No. 11 Tennessee in second (918 pts). They earned five titles, including two for Hajnal, and broke three pool records: the 400 IM (Hajnal), the 200 free (Filova) and the 800 freestyle relay (Filova, Ritter, Hajnal, Howanitz). Additionally, Cara Murnan finished first on the platform.

The No. 23 men took second at the meet, with 975.5 points, behind No. 16 Alabama (1,191 pts) and ahead of No. 15 Tennessee (932.5 pts). Kentucky finished fourth in both competitions. Logan Shinholser broke Tennessee's pool record in the platform diving event, while breaking his own school record. Charlie Higgins took home the only swimming title for the men, swimming a "B" cut time of 48.58 in the 100 backstroke.

## STATE-OF-THE-ART CHRISTIANSBURG AQUATIC CENTER OPENS

The Christiansburg Aquatic Center opened in July, 2010. Tech hosted the first meet ever on Oct. 16, earning decisive victories over Charleston and Radford's women. The  $\rm H_2Okies$  went 6-0 in the inaugural season at the CAC. The facility also played host to the 2011 Speedo Championship Series meet.

## 2010-2011 RESULTS

Women (6-3, 0-0 ACC), Men (5-2, 0-0 ACC)

Date	Opponent	Site	Women	Men
Oct. 16	College of Charleston	Blacksburg, Va.	W, 173-106	W, 168-110
	Radford	Blacksburg, Va.	W, 175-110	
Oct. 23	Penn State	University Park, Pa.	L, 113-187	W, 181.5-118.5
Nov. 12-13	# 9/11 Virginia w/#25 Princeton	Charlottesville, Va.	2nd/3, 619.5 pts.	2nd/3, 718 pts.
Nov. 18-20	Volunteer Invitational	Knoxville, Tenn.	1st/4, 1,118 pts.	2nd/4, 975.5 pts.
Jan. 15	William & Mary	Blacksburg, Va.	W, 160-121	W, 162-117
Jan. 22	Richmond	Blacksburg, Va.	W, 173-121	
Jan. 28	#16/18 Louiville	Louisville, Ky.	L, 205-95	L, 154-146
	#14/13 Indiana	Louisville, Ky.	L, 172-113	L, 189.5-110.5
Jan. 29	Cincinnati	Cincinnati, Ohio	W, 193-106	W, 255-42
	Kentucky	Cincinnati, Ohio	W, 158-135	W, 197-99
Feb. 5-6	Virginia Tech Invitational	Blacksburg, Va.		
Feb. 16-19	Women's ACC Championships	Atlanta, Ga.	5th/11, 358 pts.	
Feb. 23-26	Men's ACC Championships	Atlanta, Ga.		4th/10, 508.5 pts.
Mar. 11-13	Zone A Diving Championships	Annapolis, Md.		
Mar. 17-29	Women's NCAA Championships	Austin, Texas		
Mar. 24-26	Men's NCAA Championships	Minneapolis, Minn.		28th, 11 pts.



## POOL RECORDS

Event	Name	Time	Date
Women 200 Medley Relay	Parkland Aquatic Club -	1:43.30	3/26/2011
, ,	A. Roberts, M. Burns, T. O'Brien, G. Ryan		
Men 200 Medley Relay	Virginia Tech -	1:30.26	10/15/2011
	C. Higgins, N. Hoisington, K. Botha, G. Mahon		
Women 1000 Free	Gillian R. Ryan - Parkland Aquatic	9:47.44	3/27/2011
Men 1000 Free	Mateo De Angulo - Florida State	9:22.90	10/29/2011
Women 200 Free	Gillian R. Ryan - Parkland Aquatic	1:46.61	3/25/2011
Men 200 Free	Thomas Stephens - COOL	1:37.20	2/18/2011
Women 100 Back	Allison L. Roberts - Parkland Aquatic	<b>55.36</b>	3/26/2011
Men 100 Back	Micheal E. Hallock - Virginia Tech	48.61	2/5/2011
Women 100 Breast	Karie L. Haglund - Eagle Swim Team	1:01.28	3/25/2011
Men 100 Breast	Matthew Fedderly - Snow Swimming	55.29	3/25/2011
Women 200 Fly	Elizabeth Pepper - Florida State	1:59.52	10/29/2011
Men 200 Fly	Christian T. McCurdy - Fox Chapel Kille	1:48.46	3/26/2011
Women 50 Free	Emily M. Cameron - Lancaster Aquatic	22.83	3/26/2011
Men 50 Free	Ben Hwang - Duke	20.21	10/29/2011
Women 1-meter Diving	Logan F. Kline - Virginia Tech	310.95	10/15/2011
Men 1-meter Diving	Logan Shinholser - Virginia Tech	392.75	10/16/2010
Women 100 Free	Kaitlyn Dressel - Florida State	50.19	10/29/2011
Men 100 Free	Giles P. Smith - Eagle Swim Team	44. 50	3/27/2011
Women 200 Back	Allison L. Roberts - Parkland Aquatic	1:58.48	3/27/2011
Men 200 Back	Collin N. Higgins - Virginia Tech	1:48.57	10/15/2011
Women 200 Breast	Colleen Callahan - Egg Harbor Twp S	2:15.73	3/26/2011
Men 200 Breast	Tanner J. Kurz - Delaware Swim Team	2:02.13	3/26/2011
Women 500 Free	Gillian R. Ryan - Parkland Aquatic	4:43.48	3/26/2011
Men 500 Free	Thomas Stephans - COOL	4:30.23	2/19/2011
Women 100 Fly	Margaret A. Gruber - Pine Richland Aquatic	54.89	3/25/2011
Men 100 Fly	Giles P. Smith - Eagle Swim Team	47.79	3/25/2011
Women 3-meter Diving	Kaylea Z. Arnett - Virginia Tech	320.25	10/15/2011
Men 3-meter Diving	Logan Shinholser - Virginia Tech	405.00	1/15/2011
Women 200 IM	Emily M. Cameron - Lancaster Aquatic	2:01.33	3/27/2011
Men 200 IM	Danny J. Loftus - Virginia Tech	1:50.71	2/6/2011
Women 400 Free Relay	North Carolina State -	3:26.26	10/15/2011
	M. Henley, H. Freyman, A. Hendren, J. Prim		
Men 400 Free Relay	North Carolina State -	3:01.43	10/15/2011
	J. Boffa, C. Brennan, R. Miesfeld, G. Brown		
Women 1650 Free	Stephanie Peacock - North Carolina	16:14.61	10/28/2011
Men 1650 Free	Dan O'Connor - North Carolina	15:49.08	10/28/2011
Women 400 IM	Emily M. Cameron - Lancaster Aquatic	4:16.06	3/25/2011
Men 400 IM	Oliver W. Bennett - Loyola Blakefield	3:57.27	3/25/2011
Women 400 Medley Relay	North Carolina -	3:45.08	10/28/2011
	S. List, L. Moriarty, K. Nolan, N. Barczak		
Men 400 Medley Relay	Virginia Tech -	3:18.40	10/28/2011
	Z. McGinnis, N. Hoisington, G. Mahon, G. Morgan		
Women 200 Free Relay	Virginia Tech -	1:35.96	10/16/2010
	K. Gomes, S. Drechsel, H. Savage, E. Ferguson		
Men 200 Free Relay	North Carolina -	1:22.58	10/28/2011
W 000 F F !	S. Cebertowicz, K. Ficker, B. Hamilton, E. Reed	<b>7</b> 00 00	a la= lac : :
Women 800 Free Relay	Parkland Aquatic Club -	7:22.99	3/25/2011
14 000 F B I	T. O'Brien, S. Stinner, K. Grim, G. Ryan	6 =0 =6	212-125
Men 800 Free Relay	Jewish Community -	6:52.78	3/25/2011
	J. Seiferth, L. Nosbisch, M. Molinaro, D. Paulk		



## MEN'S EVENT RECORDS

Event/Record Type 50 Freestyle	Name	Time	Date
Atlantic Coast Conference	Cullen Jones, NC State	19.07	2/22/06
Virginia Tech	Kaan Tayla	19.50	2/28/08
Christiansburg Aquatic Center	Ben Hwang, Duke	20.21	10/29/11
<b>100 Freestyle</b> Atlantic Coast Conference	Scot Robison, Virginia	42.42	3/27/10
Virginia Tech	Kaan Tayla	43.30	3/31/08
Christiansburg Aquatic Center	Giles P. Smith, Eagles Swim Team	44.50	3/27/11
200 Freestyle	Coat Dahisan Vinginia	1.22 45	2/26/10
Atlantic Coast Conference Virginia Tech	Scot Robison, Virginia Zac Czaplicki	1:32.45 1:37.05	2/24/06
Christiansburg Aquatic Center	Thomas Stephens, COOL	1:37.20	2/18/11
500 Freestyle			
Atlantic Coast Conference Virginia Tech	Matt McLean, Virginia Gus Calado	4:10.00	2/27/10 2/19/04
Christiansburg Aquatic Center	Thomas Stephans, COOL	4:22.50 4:30.23	2/19/04
1000 Freestyle	momas stephans, es ez	50.25	27.37
Atlantic Coast Conference	Matt McLean, Virginia	8:46.50	2/28/09
Virginia Tech	Ben Miller	9:10.06	2/28/09
Christiansburg Aquatic Center  1650 Freestyle	Mateo De Angulo, Florida State	9:22.90	10/29/11
Atlantic Coast Conference	Matt McLean, Virginia	14:35.12	2/28/09
Virginia Tech	Caglar Gokbulut	15:15.92	2/28/09
Christiansburg Aquatic Center	Dan O'Conner, North Carolina	15:49.08	10/28/11
<b>100 Backstroke</b> Atlantic Coast Conference	Tommy Wyher, North Carolina	45.93	3/26/10
Virginia Tech	Charlie Higgins	46.54	2/27/09
Christiansburg Aquatic Center	Michael Hallock	48.61	2/5/11
200 Backstroke			2/22/22
Atlantic Coast Conference Virginia Tech	Andy Hodgson, Florida State  Charlie Higgins	1:41.14 1:43.72	2/28/09 3/28/10
Christiansburg Aquatic Center	Pat Myers, North Carolina	1:48.86	10/28/11
100 Breaststroke	, ,		
Atlantic Coast Conference	Ed Moses, Virginia	52.60	2/26/00
Virginia Tech Christiansburg Aquatic Center	Kevin Furlong Matthew Fedderly, Snow Swimming	53.54 55.59	2/21/03 3/25/11
200 Breaststroke	Matthew redderly, 5110W Swiffinning	33.33	3/23/11
Atlantic Coast Conference	Rob Holderness, Florida State	1:53.13	10/4/10
Virginia Tech	Jonathan Huss	1:59.36	2/28/09
Christiansburg Aquatic Center  100 Butterfly	Tanner J. Kurz, Delaware Swim Team	2:02.13	3/26/11
Atlantic Coast Conference	Tommy Wyher, North Carolina	45.57	2/26/10
Virginia Tech	Scott Beard	47.05	2/24/06
Christiansburg Aquatic Center	Giles P. Smith	47.79	3/25/11
<b>200 Butterfly</b> Atlantic Coast Conference	Michael Raab	1:42.84	3/27/10
Virginia Tech	Gus Calado	1:44.25	3/25/06
Christiansburg Aquatic Center	Christian T. McCurdy, Fox Chapel	1:48.46	3/26/11
200 Individual Medley		1 42 70	2/26/00
Atlantic Coast Conference Virginia Tech	Gal Nevo, Georgia Tech  Gregory Mahon	1:42.79 <b>1:46.34</b>	3/26/09 <b>2/24/11</b>
Christiansburg Aquatic Center	Danny Loftus	1:50.71	2/6/11
400 Individual Medley	,		
Atlantic Coast Conference	Gal Nevo, Georgia Tech	3:38.00	3/27/09
Virginia Tech Christiansburg Aquatic Center	<b>Alex Lutterbein</b> Oliver W. Bennett, Loyola Blakefield	<b>3:49.01</b> 3:57.27	<b>2/25/11</b> 3/25/11
200 Freestyle Relay	Oliver W. Belliett, Loyota Blakefield	3.37.27	3/23/11
Atlantic Coast Conference	Sousa, Plummer, Copeland, Robberson-GT	1:17.84	2/26/09
Virginia Tech	deToll, Hawkins, Holmes, Ulatowski	1:18.75	2/26/09
Christiansburg Aquatic Center <b>400 Freestyle Relay</b>	Cebertowicz, Ficker, Hamilton, Reed-North Carolina	1:22.58	10/28/11
Atlantic Coast Conference	Robison, Azar, Geissinger, McLean-UVa	2:51.50	2/28/09
Virginia Tech	deToll, <b>Hawkins</b> , Holmes, <b>Ulatowski</b>	2:55.49	2/28/09
Christiansburg Aquatic Center	Boffa, Brennan, Miesfeld, Brown-NC State	3:01.43	10/15/11
800 Freestyle Relay	Amor Dobicon Korosoli Malagn IIVa	6.15.02	2/25/00
Atlantic Coast Conference Virginia Tech	Azar, Robison, Karasek, McLean-UVa Hughes, <b>Trabuchi-Downey, Uncur, Hawkins</b>	6:15.02 6:30.03	2/25/09 2/25/09
Christiansburg Aquatic Center	Seiferth, Nosbisch, Molinare, Paulk-Jewish Community	6:52.78	3/25/11
200 Medley Relay	,		
Atlantic Coast Conference	Olesen, Hurley, Robertson, Robison-UVa	1:25.99	3/27/09
Virginia Tech Christiansburg Aquatic Center	Higgins, Huss, deToll, Holmes Higgins, Hoisington, Botha, Mahon	1:27.11 1:30.26	2/27/09 10/15/11
400 Medley Relay	ringgins, rioisington, botha, manon	1.50.20	10/13/11
Atlantic Coast Conference	Olsen, Robertson, Hurley, Robison-UVa	3:08.71	2/27/09
Virginia Tech	Higgins, Huss, deToll, Hawkins	3:11.18	2/25/09
Christiansburg Aquatic Center	McGinnis, Hoisington, Mahon, Morgan	3:18.40	10/28/11



## WOMEN'S EVENT RECORDS

Event/Record Type	Name	Time	<b>Date</b>
50 Freestyle	Come Countille	21.06	2/10/00
Atlantic Coast Conference	Sara Smith	21.96	2/19/09
Virginia Tech Christiansburg Aquatic Center	Sara Smith Emily M. Cameron	21.96 22.83	2/19/09 3/26/11
100 Freestyle	Entity M. Cameron	22.03	3/20/11
Atlantic Coast Conference	Sara Smith	48.10	2/21/09
Virginia Tech	Sara Smith	48.10	3/20/09
Christiansburg Aquatic Center	Kaitlyn Dressel, Florida State	50.19	10/29/11
200 Freestyle			
Atlantic Coast Conference	Lauren Perdue, Virginia	1:43.86	2/19/10
Virginia Tech	Katarina Filova	1:45.25	3/19/10
Christiansburg Aquatic Center	Gillian R. Ryan, Parkland Aquatic Club	1:46.61	3/25/11
500 Freestyle			
Atlantic Coast Conference	Stephanie Peacock, North Carolina	4:38.54	11/19/10
Virginia Tech	Erika Hajnal  Gillian B. Brian, Pauldand Aquatia Club	4:40.03	2/18/10
Christiansburg Aquatic Center  1000 Freestyle	Gillian R. Ryan, Parkland Aquatic Club	4:43.48	3/26/11
Atlantic Coast Conference	Cara Lane, Virginia	9:36.35	3/21/09
Virginia Tech	Erika Hajnal	9:40.18	1/23/10
Christiansburg Aquatic Center	Gillian R. Ryan, Parkland Aquatic Club	9:47.44	3/27/11
1650 Freestyle			3,2,,,,
Atlantic Coast Conference	Whitney Sprague, North Carolina	15:51.02	3/21/09
Virginia Tech	Erika Hajnal	16:00.16	2/21/09
Christiansburg Aquatic Center	Stephanie Peacock, North Carolina	16:14.61	10/28/11
100 Backstroke			
Atlantic Coast Conference	Mei Christensen, Virginia	51.58	3/20/09
Virginia Tech	Steffi Drechsel	53.66	1/23/10
Christiansburg Aquatic Center	Allison R. Roberts, Parkland Aquatic Club	55.36	3/26/11
200 Backstroke	Mai Chairteanna Mineiria	1.53.33	2/21/00
Atlantic Coast Conference Virginia Tech	Mei Christensen, Virginia Kelly deMarrais	1:52.22 1:57.50	2/21/09 2/21/09
Christiansburg Aquatic Center	Allison L. Roberts, Parkland Aquatic Club	1:58.48	3/27/11
100 Breaststroke	Allison E. Roberts, Parkiana Aquatic Club	1.50.40	3/2//11
Atlantic Coast Conference	Layne Brodie, North Carolina	1:00.02	2/20/09
Virginia Tech	Jessica Botzum	1:00.56	3/20/08
Christiansburg Aquatic Center	Karie Haglund, Eagle Swim Team	1:01.28	3/25/11
200 Breaststroke			
Atlantic Coast Conference	Layne Brodie, North Carolina	2:10.04	3/20/10
Virginia Tech	Jessica Botzum	2:10.13	3/20/08
Christiansburg Aquatic Center	Colleen Callahan, Egg Harbor Twp Swim Club	2:15.73	3/26/11
100 Butterfly			- 4 - 4 -
Atlantic Coast Conference	Richelle Depold, North Carolina	52.34	2/18/97
Virginia Tech	Megan Newell Margaret A. Gruber, Pine Richland Aquatics	52.61	2/20/09 3/25/11
Christiansburg Aquatic Center  200 Butterfly	Margaret A. Gruber, Pine Richiand Aquatics	54.89	3/23/11
Atlantic Coast Conference	Megan Evo, Virginia	1:54.59	2/21/09
Virginia Tech	Megan Newell	1:58.40	2/21/09
Christiansburg Aquatic Center	Elizabeth Pepper, Florida State	1:59.52	10/29/11
200 Individual Medley	The state of the s		
Atlantic Coast Conference	Megan Evo, Virginia	1:56.17	2/19/09
Virginia Tech	Jessica Botzum	2:00.53	2/15/07
Christiansburg Aquatic Center	Emily M. Cameron, Lancaster Aquatics	2:01.33	1/22/11
400 Individual Medley			
Atlantic Coast Conference	Laura Moriarty, North Carolina	4:07.66	2/19/10
Virginia Tech	Erika Hajnal	4:09.33	3/19/10
Christiansburg Aquatic Center	Emily M. Cameron, Lancaster Aquatics	4:16.06	3/25/11
200 Freestyle Relay	Christopean Wallage Fue Devis LIVe	1.20.12	3/20/09
Atlantic Coast Conference Virginia Tech	Christensen, Wallace, Evo, Davis-UVa McHorney, Newell, Drechsel, Smith	1:29.12 1:29.73	2/19/09
Christiansburg Aquatic Center	Gomes, Drechsel, Savage, Ferguson	1:35.96	10/16/10
400 Freestyle Relay	Gomes, Diecusei, Savage, Terguson	1.55.50	10/10/10
Atlantic Coast Conference	Christensen, Wallace, Moores, Evo-UVa	3:15.22	2/21/09
Virginia Tech	Drechsel, McHorney, Smith, Newell	3:16.21	3/20/09
Christiansburg Aquatic Center	Henley, Freyman, Hendren, Prim-NC State	3:26.26	10/15/11
800 Freestyle Relay			
Atlantic Coast Conference	Narum, Flynn, Haris, Perdue-UVa	7:04.74	2/17/10
Virginia Tech	Filova, deMarrais <b>, Hajnal</b> , Ritter	7:06.93	2/17/10
Christiansburg Aquatic Center	O'Brien, Stinner, Grim, Ryan-Parkland Aquatic Club	7:22.99	3/25/11
200 Medley Relay			
Atlantic Coast Conference	Christensen, McDonnell, Smart, Davis-UVa	1:37.33	2/17/10
Virginia Tech	McHorney, Earl, Newell, Smith	1:38.56	2/18/09
Christiansburg Aquatic Center	Roberts, Burns, O'Brien, Ryan-Parkland Aquatic Club	1:43.30	3/26/11
<b>400 Medley Relay</b> Atlantic Coast Conference	Christensen, McDonnell, Evo, Wallace-UVa	3.32.74	3/19/09
Virginia Tech	Drechsel, Losinger, Newell, Smith	3:32.74 3:36.50	2/20/09
Christiansburg Aquatic Center	List, Moriarty, Nolan, Barczak-North Carolina	3:45.08	10/28/11
zsaanssaag, iquate center	_isq monary, many sarezar moral carolina	33.00	10/20/11



## **DIVING RECORDS**

## **Men's Diving Records**

Event/Record Type	Name	Score	<b>Date</b>
1-Meter Diving (6 Dives)			
Atlantic Coast Conference	Nick McCrory, Duke	499.95	2/20/09
Virginia Tech	Mikey McDonald	397.90	2/26/09
Christiansburg Aquatic Center	Logan Shinholser	392.75	10/16/10
1-Meter Diving (11 Dives)			
Atlantic Coast Conference	Paul Spray, Florida State	560.25	2/14/92
Virginia Tech	Artie Waters	490.55	1985
3-Meter Diving (6 Dives)			
Atlantic Coast Conference	Reuben Ross, Miami	474.30	2/19/09
Virginia Tech	Mikey McDonald	435.15	10/20/07
Christiansburg Aquatic Center	Logan Shinholser	405.00	1/15/11
3-Meter Diving (11 Dives)			
Atlantic Coast Conference	Louis Cagnet, Florida State	621.05	2/6/99
Virginia Tech	Doug Roper	505.40	2004
Christiansburg Aquatic Center			
Platform Event (6 Dives)			
Atlantic Coast Conference	Nick McCrory, Duke	545.15	2/3/11
Virginia Tech	Logan Shinholser	449.15	2/19/11
Christiansburg Aquatic Center			
Platform Event (11 Dives)			
Virginia Tech	Doug Roper	392.00	2005

## **Women's Diving Records**

Event/Record Type	Name	Score	Date
1-Meter Diving (6 Dives)			
Atlantic Coast Conference	Abby Johnston, Duke	398.65	1/15/11
Virginia Tech	Jackie Davoud	312.38	1998
Christiansburg Aquatic Center	Logan Kline	310.95	10/15/11
1-Meter Diving (11 Dives)			
Atlantic Coast Conference	Jennie Graviss, Clemson	459.80	2/18/89
Virginia Tech	Jackie Devoud	439.05	1998
3-Meter Diving (6 Dives)			
Atlantic Coast Conference	Abby Johnston, Duke	439.70	2/19/10
Virginia Tech	Kaylea Arnett	350.35	11/18/11
Christiansburg Aquatic Center	Kaylea Arnett	343.60	10/28/11
3-Meter Diving (11 Dives)	,		
Atlantic Coast Conference	Agnes Gerlach, NC State	567.15	2/24/93
Virginia Tech	Laura Lunn	487.35	2005
Platform Event (6 Dives)			
Atlantic Coast Conference	Brittany Viola, Miami	367.20	3/16/08
Virginia Tech	Kelli Stockton	265.35	11/18/11
Christiansburg Aquatic Center			
Platform Event (11 Dives)			
Virginia Tech	Laura Lunn	388.85	2005