



VIRGINIA TECH SWIMMING & DIVING



Kelly Shuman, Athletics Communications Intern

460 Jamerson Athletic Center, Blacksburg, VA 24061 • Office: 540-231-1494 • Cell: 434-981-3977 • Email: kellys3@vt.edu

MEET 5 at Georgia Tech's Yellow Jacket Invitational

2011-12 Schedule / Results

(Men: 6-2, 3-1 ACC)

(Women: 6-3, 2-2 ACC)

Date	Opponent	Time/Result
10/ 15	NC STATE (Men)	W, 155-145
	NC STATE (Women)	W, 85-55
	JAMES MADISON (Women)	W, 99-41
28	NORTH CAROLINA (Men)	L, 135-165
	NORTH CAROLINA (Women)	L, 110-190
29	FLORIDA STATE (Men)	W, 182-117
	FLORIDA STATE (Women)	L, 129-169
	DUKE (Men)	W, 202-98
	DUKE (Women)	W, 152-146
	UNC WILMINGTON (Men)	W, 237-61
	UNC WILMINGTON (Women)	W, 209-91
11/ 4	at Ohio State (Men)	L, 124-177
	at Ohio State (Women)	L, 100-198
	vs. Cleveland State (Men)	W, 239-61
	vs. Cleveland State (Women)	W, 232-68
	vs. Denison (Men)	W, 242-58
	vs. Denison (Women)	W, 216-84

18-20 at Yellow Jacket Invitational All Day

1/ 4	vs. Buffalo (Ft. Lauderdale, Fla.)	All Day
11	VIRGINIA	6 p.m.
14	at William and Mary	Noon
21	GEORGIA TECH	11 a.m.
	MIAMI (Women)	

2/ 4-5 VIRGINIA TECH INVITATIONAL All Day

15-18 WOMEN'S ACC CHAMPIONSHIPS All Day

22-25 MEN'S ACC CHAMPIONSHIPS All Day

3/ 9-11	NCAA Zone A Diving Championships	All Day
	(Buffalo, N.Y.)	
22-24	Men's NCAA Championships	All Day
	(Federal Way, Wash.)	

All Times Eastern, Home meets ALL CAPS, Dates and Times Subject to Change

QUICK FACTS

GENERAL INFORMATION

Name of School Virginia Tech
 Location Blacksburg, Va.
 Colors Chicago maroon and burnt orange
 Nickname Hokies
 Conference Atlantic Coast
 Facility Christiansburg Aquatic Center
 Twitter VT_Swim

SWIMMING & DIVING INFORMATION

2010-11 Men's Record 5-2
 2010-11 Women's Record 6-3
 Men's Letterwinners Returning/Lost 19/5
 Women's Letterwinners Returning/Lost 15/5
 Newcomers 20

VIRGINIA TECH at Georgia Tech's Yellow Jacket Invitational

Friday, November 18, 2011 - 10 a.m. - Sunday, November 20 - 9 a.m.
Campus Recreation Center - Atlanta, Ga.

Live Results - www.HokieSports.com (Right side of page)

• The H₂Ogies are on the road, as they travel to Atlanta, Ga., to participate in Georgia Tech's Yellow Jacket Invitational Friday, Nov. 18 at 10 a.m.

STRAIGHT FROM THE COACHING STAFF

• "The team is looking forward to this weekend as it is very similar to a championship format," said head coach **Ned Skinner**. "They have had a great fall of training and have enjoyed a few days of rest in hopes of putting forward season and lifetime best performances. Georgia Tech features a world class facility and there will be some stern competition at this meet. We believe it is a great opportunity to race and have some fun!"

• "The diving squads are looking forward to this Invitational which is a championship format," commented head diving coach **Ron Piemonte**. "It will also be the first time this season that we will be competing on platform. I feel that platform will prove to be one of our strongest events for both men and women, and it will be exciting for us to be in this setting with many other great teams."

GT'S YELLOW JACKET INVITATIONAL

• The Georgia Tech men's and women's swimming and diving program is hosting the Yellow Jacket Invitational and welcoming eight schools to its Campus Recreation Center. In addition to Georgia Tech and Virginia Tech, three other ACC schools will be attending the invite, Clemson, Florida State and Miami, along with Emory, Florida, Florida Atlantic and Florida Gulf Coast.

• The meet will run on a short course in yards for all sessions. All individual events will swim prelims and finals except for the 1650 freestyle. The relays will compete in finals, with the last heat being seeded with all of the designated "A" relay teams.

• Scoring will be conducted using championship style scoring through 20 places.

SCHEDULE

Friday, November 18, 2011			Saturday, November 19, 2011		
	Warm-up	Start Time		Warm-up	Start Time
Prelims	6:30-9:50 a.m.	10 a.m.	Prelims	6:30-9:50 a.m.	10 a.m.
Finals	4:30-5:50 p.m.	6 p.m.	Finals	4:30-5:50 p.m.	6 p.m.
	Women	Men		Women	Men
1	200 Free Relay	2	13	200 Medley Relay	14
	*10 minute break			*10 minute break	
3	500 Free	4	15	400 IM	16
5	200 IM	6	17	100 Fly	18
7	50 Free	8	19	200 Free	20
9	1-Meter Diving	10	21	100 Breast	22
	*10 minute break		23	100 Back	24
11	400 Medley Relay	12	25	3-Meter Diving	26
				*10 minute break	
			27	800 Free Relay	28
Sunday, November 20, 2011					
	Warm-up	Start Time			
Prelims	6:00-8:50 a.m.	9 a.m.			
Finals	1:30-2:50 p.m.	3 p.m.			
	Women	Men			
29	1650 Free	30			
31	200 Back	32			
33	100 Free	34			
35	200 Breast	36			
37	200 Fly	38			
39	Platform Diving	40			
	*10 minute break				
41	400 Free Relay	42			



OFF THE PLATFORM FOR THE FIRST TIME

- The Tech men's and women's diving squad will be competing in the first platform diving event of the season at the Georgia Tech Invitational.
- Logan Shinholser broke his own school record at ACCs last year with a score of 449.15 in the platform event to become the first ever ACC Diving Champion at Tech. Also, he is the first Tech diver to win a conference title since 1965 and the only H₂Okie to ever win the platform event.

LAST TIME OUT

- The Virginia Tech swimming and diving team was on the road for the first time with season as it traveled to Columbus, Ohio to take on Ohio State, Cleveland State and Denison two weeks ago.
- Despite both squads falling to the Buckeyes, the two teams swept Cleveland State and Denison. The women posted a 232-68 win over Cleveland State and 216-84 victory over Denison. The men recorded a 239-61 win over Cleveland State and a 241-58 victory over Denison.
- For the women, Sabrina Benson has been on fire as she was the lone woman swimmer to take home a individual title in the 100 backstroke. The freshman has been undefeated in the 100 backstroke all season.
- For the men, Tech had top-five finishes in every event, including two first-place finishes late in the meet. Greg Mahon stepped up for the men later on in the meet claiming the first individual title in the 100 butterfly. Following the butterfly, Nick Tremols touched the wall first in the 200 IM.

H₂OKIE MEN RANKED NATIONALLY

- The Tech men have entered the College Swimming Coaches Association of America national poll as they sit at the No. 22 spot. See page three for the full rankings.

MEN NOTCH FIRST EVER WIN OVER FLORIDA STATE

- In the dual meet on Saturday, Oct. 29 the men's swimming and diving team recorded a convincing win, 182-117, over the Seminoles. Not only was it the first-ever win, but was an exciting victory since Florida State beat the H₂Okie men by only three points in the ACC Championship last season.

BENSON ON FIRE

- Freshman Sabrina Benson has been on fire in the 100 backstroke this season. The Raleigh, N.C., native is undefeated in the 100 back as she has recorded four individual titles. She also took home another title in the 200 backstroke at Ohio State.

FRESHMAN SPRINGS OFF TO GREAT CAREER START

- Freshman diver Kaylea Arnett broke a school record in the 3-meter event last Friday against North Carolina. The Spring, Texas native posted a score of 343.50 that bettered former Hokie Sarah Milton's 337.80 score.

DIVING TO NCAAs

- In the season opener against NC State and James Madison, six Tech divers qualified for the NCAA Zone meet.
- Ryan Hawkins, John Trope, Jared Butts and Logan Shinholser qualified for the men, while Kaylea Arnett and Logan Kline qualified for the women.
- Kelli Stockton qualified against North Carolina on Oct. 28.

PERFECTION IN SEASON OPENER

- Senior Erika Hajnal, one of Tech's all-time lucrative swimmers, swam a perfect season opener against James Madison and NC State. The distance swimmer recorded first-place finishes in all three races she participated in. She touched the wall first in the 200 butterfly, 500 freestyle and 1000 freestyle. In the 1000 free she recorded a time of 10:03.95, which was close to 15 seconds faster than the runner-up.
- In diving competition, Logan Shinholser also performed perfect taking the top spots in both events. In addition to two first-place finishes, his two outings qualified him for the NCAA Zone Meet.

SEASON OPENER SETS FOUR NEW RECORDS

- The men's 200 medley relay set a new pool record against NC State in the season opener on Oct. 15, when the quartet of Charlie Higgins, Nathan Hoisington, Karl Botha and Greg Mahon swam a time of 1:30.26.
- Divers, junior Logan Kline and freshman Kaylea Arnett set new pool records in the 1-meter and 3-meter, respectively. Kline recorded a score of 310.95, while Arnett posted a 320.25.
- Freshman Collin Higgins set a new pool record in the men's 200 back with a time of 1:48.57.

VT HOST 2012 ACC CHAMPIONSHIPS

- The 2012 ACC Swimming & Diving Championships will be hosted by Virginia Tech at the new state of the art Christiansburg Aquatic Center. The women's championships are scheduled on Feb. 15-18, and the men's will start Feb. 22-25.



AROUND THE ACC



MEN'S ACC STANDINGS		
School	Conference	Overall
North Carolina	3-0	4-1
Clemson	1-0	4-1
<i>Virginia Tech</i>	3-1	6-2
NC State	2-1	5-1
Florida State	1-1	5-2
Duke	1-3	3-0
Boston College	0-0	7-1
Virginia	0-0	0-1
Georgia Tech	0-2	0-6
Maryland	0-3	1-3
Miami	<i>*Competes in diving only</i>	

WOMEN'S ACC STANDINGS		
School	Conference	Overall
Florida State	3-0	8-1
North Carolina	3-0	4-1
Maryland	2-1	3-1
<i>Virginia Tech</i>	2-2	6-3
Georgia Tech	1-1	1-5
NC State	1-2	6-2
Virginia	0-0	1-0
Boston College	0-0	8-6
Clemson	0-1	3-2
Miami	0-1	2-3
Duke	0-4	2-4

CSCAA NATIONAL RANKINGS

CSCAA MEN	
Rk.	School
1	Michigan
2	Texas
3	Arizona
4	Stanford
5	Auburn
6	California
7	Florida
8	USC
9	Georgia
10	Iowa
11	Ohio State
11	<i>North Carolina</i>
13	Tennessee
14	Indiana
15	Minnesota
16	Louisville
17	Purdue
18	Texas A&M
19	<i>NC State</i>
20	LSU
21	<i>Virginia</i>
22	<i>Virginia Tech</i>
23	<i>Florida State</i>
24	Missouri
25	UNLV

CSCAA WOMEN	
Rk.	School
1	Georgia
2	California
3	Texas
4	Florida
5	USC
6	Auburn
7	Stanford
8	Arizona
9	Tennessee
10	Texas A&M
11	Minnesota
12	<i>North Carolina</i>
13	Ohio State
14	Indiana
15	Missouri
16	Michigan
17	Louisville
18	<i>Virginia</i>
19	<i>Maryland</i>
20	Southern Methodist
20	LSU
22	Purdue
23	Arizona State
24	<i>Florida State</i>
25	UCLA



MEN'S SEASON PREVIEW

For the second year in a row, the men placed fourth at the ACC's with a total of 508.5 points. The team returns a majority of its top contributors, including two divers who qualified for the NCAA's.

Breaststroke

This group continues to evolve and develop for the men's squad. Senior Nevin Cook anchors the breaststroke crew, which includes freshman Harrison Cefalo, sophomore Emmett Dignan and juniors Adam Skipper and Nick Masterson. Cook scored 21 points for the H₂Ogies at the ACC Championships, finishing fourth in the 100 breast and 11th in the 200 breast. Skipper also looks to be a big contributor this season as he placed second in the 100 breast at the Virginia Tech Invitational last season. This group should be as deep and strong as any breaststroke group the squad has had in the past.

Backstroke

Charlie Higgins, Michael Hallock, Tom Sheranek and Zach McGinnis return to the backstroke crew after having a strong 2010-11 season. Higgins earned five individual titles last season, winning the 100 back in the Volunteer Invite and placed fifth in the 100 back at the ACC's. Hallock won the 100 back at the Virginia Tech Invitational, which was also the ninth-best time in the ACC. Sheranek finished with top-20 finishes in the 100 and 200 back at the ACC Championships. He won the 200 back at Cincinnati with Kentucky. McGinnis also bring a lot of depth to the group as he earned 28 points in his first season as a Hokie as ACC's. He finished fourth in the 200 and sixth in the 100. Joining Higgins this year, is his younger brother Collin Higgins. Collin joins the squad after an impressive high school career, where he was a four-year State Champion in the 100 back.

"We are very excited about our backstroke crew both in the 100 and 200 distances," said head coach Ned Skinner. "We have strength and depth and hope this to be one of our stronger events at ACC's and NCAA's."

Mid- and Distance Freestyle

Blake Trabuchi-Downey, Phillip LaRosa, Alex Lutterbein and Ben Muster all return for Tech. Trabuchi-Downey finished in the top-20 in both 1650 free and 500 free at the ACC Championships, while LaRosa finished 14th in the 1650 free. Newcomer Jake Ores will join the group. The Loveland, Col., native placed third in the AAAA High School State Championships in the 500 free. Munster will also look to add depth to the crew. This group has emerged to be a very strong threat and look to continue to be a force in the conference.

Sprint

"We have made great gains in all areas of freestyle within our team from last year's ACC's," noted Skinner. "We have targeted this as a high priority area and through recruiting and evolved training we hope to make great gains this season".

Anchoring the sprint crew is junior Karl Botha, who earned an individual title in the 50 free against Charleston. In addition to Botha, Garrett Hehn, Greg Morgan, Zach McGinnis, Adam Skipper, Nick Tremols and Emmett Dignan all return to the group. Skipper added a lot of depth to the group as he placed third in the 50 free against Cincinnati. He also won the 50 free and placed second in the 100 free at the Virginia Tech Invitational.

Individual Medley

Gregory Mahon and Matt Baumler anchor a very strong 200 individual medley crew, which also features Nevin Cook and Tom Sheranek along with four newcomers. Mahon set a new Virginia Tech record in the 200 IM, swimming a 1:46.34 at the ACC Championships and finished fourth. Baumler won an individual title in the season opener against Charleston, while coming in at 25th at the ACC's. This group looks to have a lot of depth and strength that will bring a lot of competition in the conference.

Butterfly

The H₂Ogies call this group the "Snake Pit" as they are a tough group with much speed and talent. Arguably the strongest core of swimmers, the butterfly crew is led by Gregory Mahon and includes Blake Trabuchi-Downey, Matt Baumler, Charlie Higgins and Karl Botha. Mahon led all swimmers with 46 points at the ACC Championships. He earned All-ACC honors in the 200 fly and finished fourth in the 100 fly. He was third in the ACC and 29th in the nation in the 200 fly last season. Baumler also earned double-digit points for the Hokies at the ACC's, finishing sixth in the 200 fly and 12 in the 100 fly. He brings a lot of talent to the group and the crew looks to have a promising 2011-12 season.

Diving

The Tech diving squad has some extremely experienced returners and a freshman who is adding huge depth to the strength of the team. Leading the group is junior Logan Shinholser, who became Tech's first diver to earn All-America honors and the second male H₂Ogie ever to go All-American. The 11 points that Shinholser scored for Tech put the men in double digits for the second time in school history at the NCAA's. Joining Shinholser is Ryan Hawkins, John Trope and Jared Butts. Hawkins had an outstanding season as a freshman, shining at ACC's and Zone A Championships, while earning a spot at the NCAA Championship as well.

NCAA Marks

2011-12 Men's Qualifying Standards
25-Yard Course

EVENT	A Standard	B Standard
50 Freestyle	:19.35	:20.31
100 Freestyle	:42.26	:44.37
200 Freestyle	1:33.61	1:38.29
500 Freestyle	4:15.68	4:28.46
1650 Freestyle	14:51.15	15:35.70
100 Butterfly	:46.04	:48.34
200 Butterfly	1:42.95	1:48.09
100 Backstroke	:46.28	:48.59
200 Backstroke	1:41.53	1:46.60
100 Breaststroke	:52.87	:55.51
200 Breaststroke	1:54.25	1:59.96
200 Individual Medley	1:44.05	1:49.25
400 Individual Medley	3:43.68	3:54.86
200 Freestyle Relay	1:17.69	1:21.57
400 Freestyle Relay	2:52.47	3:01.09
800 Freestyle Relay	6:23.26	6:42.42
200 Medley Relay	1:25.66	1:29.94
400 Medley Relay	3:08.22	3:17.63

1-Meter Diving Points—Dual 290/300‡

3-Meter Diving Points—Dual 310/320‡

Platform Diving Points—Dual 290/300‡

‡ qualifying point total when using six optional dives with standard D.D.

WOMEN'S SEASON PREVIEW

For the second-straight year, the women placed fifth at the ACC's with a total of 358 points. The H₂Okie women return several key contributors from last season's ACC and NCAA Championships, but lost five letterwinners, including NCAA competitor, diver Sarah Milton.

Breaststroke

"Always a strong area for our program and the Lady H₂Ogies have speed and endurance in the 100 and 200 events," commented head coach Ned Skinner.

Junior Keri Sink returns to Tech after finishing seventh in the 100 breast and 10th in the 200 breast at the ACC Championships. Fellow junior, Katie Steeves, competed in three events at the ACC's, with an eighth-place finish in the 200 breast. Joining the junior duo are sophomores Abby Houchin and Natalie Leake and freshman Alyssa Bodin.

Backstroke

Sophomores Brittany Boone, Aubree Duncan and Caroline Higgins returns for the H₂Ogies in the young backstroke crew. Newcomers Sabrina Benson and Susan Justis will compete this season as well. Duncan competed at the ACC Championships as a freshman and won the 200 back against Richmond on Jan. 22. The Woodstock, Ga., native was a four-star recruit on the Swimming World rankings, and a three-time all-county swimmer. The Backstroke group is rounded out by Caroline Higgins, who won the 100 and 200 back at the Virginia Tech Invitational.

Freestyle

Tech returns All-American Erika Hajnal, who competed in the 1650 free, 400 IM and 500 free for the third-straight year at the NCAA Championships. She is the only Tech swimmer to qualify in three events. In addition to Hajnal, three juniors Laura Simon, Becky Flora and Addie Carne also bring a lot of depth to this strong crew. Flora finished 14th in the 1650 free at the ACC Championships and won the 500 free in the season opener against Charleston and Radford. Three newcomers join the group are Emily Ryczek, Erin Foster and Katie Rogers.

"We have found much success at the conference and NCAA level in this area and we continue to have much depth and talent in this range," noted Skinner.

Sprint

"The Hokies landed some real strong talent and coupled with speed from the upperclassmen, we are very excited about this group of sprinters both this year and in the future," commented Skinner.

Anchoring the sprint crew is senior Emily Ferguson, who finished fourth in the 100 free and 10th in the 50 free at the Volunteer Invitational. She won the 50 free at the season opener against Charleston and Radford along with the 200 free relay. In addition to Ferguson, Heather Savage and Jace Hawanitz bring depth to the group. Savage posted top-10 finishes in the 100 and 50 free at the Volunteer Invitational. Rounding out the group are sophomore Rachel Sepanski and newcomers Kayla Hammerberg and Margaret Parcel.

Individual Medley

Hajnal and Jace Howanitz lead the pack in the individual medley, while juniors Keri Sink, Katie Steeves, Meaghan Holloway and Addie Carne all return for the H₂Ogies. Hajnal also earned All-ACC honors with a third-place finish in the 400 IM and held the team's top times for the season in five categories, including the 400 IM. Howanitz brings a lot of strength to the group as she finished eighth in the 200 IM at the Volunteer Invitational and led the women in 2009 in the 200 IM with a 15th-place finish at the ACC's.

Butterfly

"We are excited about the strength and leadership from our upperclassmen in this area," commented Skinner. "Five ladies scored in the 200 fly at ACC's last year so we hope to continue to build in the fly events."

Hajnal also is the top swimmer in the butterfly event, along with Meaghan Holloway, Katie Steeves and Dana Kalnins. The four upperclassmen welcome newcomer Erin Foster to the mix. The Woodlands, Texas, native qualified for the Olympic Trials in 2008 and was a State Champion in 2009 as an individual. Holloway adds depth to the group as she finished seventh in the 200 fly and 11th in the 100 fly at the ACC Championships.

Diving

Andrea Sawchuk, Sara Mokhtari and England Barimo return to the diving group. Three new members of the squad, Kaylea Arnett, Kelli Stockton and junior transfer Logan Kline, have brought in a new energy and a heightened level of competitiveness, as well. All three newcomers have already qualified for the Olympic Trials over the summer.

"I am very excited about how our newcomers have impacted the daily training environment so far," commented head diving coach Ron Piemonte. "This element, coupled with our experienced returners should make a definite impact on this year's season both on the boards and the platform."

Women's NCAA Marks

2011-12 Men's Qualifying Standards
25-Yard Course

EVENT	A Standard	B Standard
50 Freestyle	:21.93	:23.02
100 Freestyle	:47.84	:50.23
200 Freestyle	1:44.02	1:49.22
500 Freestyle	4:38.46	4:52.41
1650 Freestyle	15:53.38	16:41.04
100 Butterfly	:52.02	:54.62
200 Butterfly	1:54.95	2:00.69
100 Backstroke	:52.55	:55.17
200 Backstroke	1:53.37	1:59.24
100 Breaststroke	:59.99	1:02.98
200 Breaststroke	2:09.72	2:16.20
200 Individual Medley	1:56.13	2:01.93
400 Individual Medley	4:07.33	4:19.69
200 Freestyle Relay	1:28.35	1:32.76
400 Freestyle Relay	3:14.93	3:24.67
800 Freestyle Relay	7:02.07	7:23.17
200 Medley Relay	1:37.81	1:42.70
400 Medley Relay	3:32.56	3:43.18

1-Meter Diving Points—Dual 255/265 (6 optional dives)
3-Meter Diving Points—Dual 270/280 (6 optional dives)
Platform Diving Points—Dual 260/225 (5 optional dives)



2011 Virginia Tech HOKIES

H 2 O K I E M E N S R O S T E R

Name	Event	Cl.	Exp.	Hometown
Matt Baumler	Fly/IM/Free	Sr.	3L	Williamsburg, Va.
Karl Botha	Fly/Free	Jr.	2L	Ashford, Great Britain
Owen Burns	Free/IM	Fr.	HS	Palmyra, N.J.
Kyle Butts	Diver	Fr.	HS	Washington, D.C.
Harrison Cefalo	Breast/IM	Fr.	HS	Highlands, N.J.
Nevin Cook	Breast/IM	Sr.	3L	Catlett, Va.
James Crabb	Fly/IM/Free	Fr.	HS	Manassas, Va.
Emmett Dignan	Sprint/Breast	So.	1L	Mystic, Conn.
Ben Gastrock	Free/Fly	Fr.	HS	Glen Allen, Va.
Michael Hallock	Back/Free	Jr.	1L	Oak Hill, Va.
Ryan Hawkins	Diver	So.	1L	Charlotte, N.C.
Garrett Hehn	Sprint Free	So.	SQ	Pittsburgh, Pa.
Charlie Higgins	Back	Sr.	3L	Weddington, N.C.
Colin Higgins	Back	Fr.	HS	Charlotte, N.C.
Nathan Hoisington	IM/Breast	So.	1L	Leawood, Kans.
Kevin Hunt	Free	Fr.	HS	Glen Allen, Va.
Philip LaRosa	Distance Free/IM	Sr.	3L	Manassas, Va.
Morgan Latimer	Fly/Free	Fr.	HS	Richmond, Va.
Alex Lutterbein	Distance Free/IM	Jr.	2L	Manakin-Sabot, Va.
Gregory Mahon	Fly/IM	Jr.	2L	Medford, N.J.
Nick Masterson	Breast/IM	Jr.	1L	Centerville, Va.
Zach McGinnis	Sprint Free/Back	Jr.	2L	Raleigh, N.C.
Greg Morgan	Sprint Free	Sr.	2L	Green-Vegas, S.C.
Ben Munster	Distance Free	Jr.	SQ	College Station, Texas
Jake Ores	Distance Free	Fr.	HS	Loveland, Colo.
Tom Sheranek	Back/IM	Jr.	2L	Richmond, Va.
Logan Shinholser	Diver	Jr.	2L	Burtonsville, Md.
Adam Skipper	Free/Breast/IM	Jr.	1L	Yorktown, Va.
Blake Trabuchi-Downey	Distance Free/Fly	Sr.	3L	Vineland, N.J.
Nick Tremols	Sprint/Fly/IM	So.	1L	Gainesville, Va.
John Trope	Diver	So.	1L	Springfield, Va.
Bryan Uncur	Free	Sr.	3L	Chesapeake, Va.

H 2 O K I E W O M E N S R O S T E R

Name	Event	Cl.	Exp.	Hometown
Kaylea Arnett	Diver	Fr.	HS	Spring, Texas
England Barimo	Diver	So.	SQ	Fairfax, Va.
Sabrina Benson	Back/Fly/Sprint Free	Fr.	HS	Raleigh, N.C.
Alyssa Bodin	Breast/IM	Fr.	HS	St. Augustine, Fla.
Brittany Boone	Back	So.	1L	Ashburn, Va.
Addie Carne	Free/Fly/IM	Jr.	1L	Simpsonville, S.C.
Aubree Duncan	Back	So.	1L	Woodstock, Ga.
Emily Ferguson	Sprint Free	Sr.	2L	Clifton, Va.
Becky Flora	Free	Jr.	1L	Reistertown, Md.
Erin Foster	Free/Fly	Fr.	HS	The Woodlands, Tx.
Erika Hajnal	Free/IM/Fly	Sr.	3L	Budapest, Hungary
Kayla Hammerberg	Sprint Free/Fly	Fr.	HS	Columbus, Ohio
Caroline Higgins	Back	So.	SQ	Charlotte, N.C.
Meaghan Holloway	Fly/Breast/IM	Jr.	2L	Yorktown, Va.
Abby Houchin	Breast/Free	So.	1L	Raleigh, N.C.
Jace Howanitz	Sprint/IM/Fly	Sr.	2L	Knoxville, Tenn.
Susan Justis	Back/IM	Fr.	HS	Chesterfield, Va.
Dana Kalnins	Fly	Jr.	1L	Manassas, Va.
Jayne Katis	Free/IM	Fr.	HS	Falls Church, Va.
Blair Kinsey	IM/Free/Breast	Fr.	HS	Lansdale, Pa.
Logan Kline	Diver	Jr.	3L	Mission Hills, Kan.
Natalie Leake	Breast/Sprint Free	So.	SQ	Centreville, Va.
Sara Mokhtari	Diver	Jr.	2L	Houston, Texas
Margaret Parcell	Sprint Free	Fr.	HS	Rocky Mount, Va.
Katie Rogers	Distance Free	Fr.	HS	Gaithersburg, Md.
Emily Ryczek	Free	Fr.	HS	Olney, Md.
Heather Savage	Sprint Free/Fly	Jr.	2L	Canandaigua, N.Y.
Andrea Sawchuk	Diver	Sr.	1L	Great Falls, Va.
Rachel Sepanski	Sprint Free	So.	SQ	Yorktown, Va.
Laura Simon	Distance Free/IM	Jr.	2L	Greenville, S.C.
Keri Sink	Breast/IM	Jr.	2L	Elgin, Ill.
Katie Steeves	Breast/Fly/IM	Jr.	SQ	Newark, Del.
Kelli Stockton	Diver	Fr.	HS	Fairfax, Va.

HEAD COACH, NED SKINNER

PERSONAL

Full name: Ned Thomas Skinner

Birth Date: May 3, 1966

Hometown: Worthington, Ohio

EDUCATION

High School: Worthington, 1984

College: Louisiana State, 1989

Graduate: Ohio University, 1990

PhD: Virginia Tech, 2004

COACHING EXPERIENCE

1998-pr. Head Coach, Virginia Tech

1994-98 Head Coach, William & Mary

1990-94 Head Coach, Central Conn.

RECORDS

Overall: 284-185-2 (21 years)

Virginia Tech: 196-86 (13 years)

Women: 110-37; **Men:** 86-53

HIGHLIGHTS

- 2004 BIG EAST Conference Men's Co-Coach of the Year
- 2003 BIG EAST Conference Men's Coach of the Year
- 1998-99 and 1999-00 Atlantic 10 Women's Coach of the Year
- Led the Virginia Tech men's and women's teams to conference titles in 1999-00
- 1998 ECAC Women's Coach of the Year (William & Mary)
- Coached Kristen Schnittger to four consecutive ECAC titles in the 100 breast (William & Mary)
- 1994 East Coast Conference Women's Coach of the Year (Central Connecticut)
- 18 ACC Individual Champions
- 8 Olympic Trial Participants
- 11 International National Champions
- 14 All-American Honorable Mention Individual Selections
- 8 All-America Individual Selections
- 4 ACC Relay Championships
- 5 All-American Honorable Mention Relay Selections
- 5 Academic All-America Selections
- 2 ACC Swimmers of the Year
- 1 ACC Freshman of the Year
- 2 ACC Scholar-Athletes of the Year
- 2 University Games participants
- 1 Mediterranean Games participant
- 1 Olympian

Head Diving Coach:

Ron Piemonte, Sixth season

Assistant Coaches:

Reed Robelot, Aaron Bell, Sarah Stockwell

Graduate Assistant Coach:

Elizabeth Savage

Volunteer Assistant Coach:

Kaan Tayla



2011-12 Top Times

2011-12 MEN'S TOP TIMES

2011-12 WOMEN'S TOP TIMES

Event/Name	Time/Score	Date
50 Freestyle		
Greg Morgan	20.88	10/15
Greg Morgan	20.93	11/4
Gregory Mahon	21.03	10/28
100 Freestyle		
Greg Morgan	45.84	10/29
Greg Morgan	45.84	11/4
Greg Morgan	46.04	10/15
200 Freestyle		
Bryan Uncur	1:40.94	11/4
Owen Burns	1:41.22	10/29
Bryan Uncur	1:41.23	10/28
500 Freestyle		
Morgan Latimer	4:34.66	10/15
Jake Ores	4:35.81	11/4
Blake Trabuchi-Downey	4:38.77	11/4
1000 Freestyle		
Jake Ores	9:22.37	11/4
Jake Ores	9:29.82	10/29
Blake Trabuchi-Downey	9:34.90	11/4
1650 Freestyle		
Jake Ores	15:56.91	10/28
Morgan Latimer	16:15.77	10/28
Philip LaRosa	16:16.72	10/28
100 Backstroke		
Zach McGinnis	48.98^	10/15
Zach McGinnis	49.14	11/4
Charlie Higgins	49.48^	10/28
200 Backstroke		
Collin Higgins	1:48.57^	10/15
Zach McGinnis	1:48.92	11/4
Collin Higgins	1:49.26^	10/29
100 Breaststroke		
Nathan Hoisington	56.88	11/4
Nevin Cook	57.02	11/4
Nathan Hoisington	57.17^	10/29
200 Breaststroke		
Nathan Hoisington	2:05.43^	10/28
Nathan Hoisington	2:05.59	10/29
Nathan Hoisington	2:06.64	11/4
100 Butterfly		
Gregory Mahon	49.30	10/15
Gregory Mahon	49.39^	11/4
Matt Baumler	49.70	10/15
200 Butterfly		
Matt Baumler	1:48.92	11/4
Matt Baumler	1:49.14	10/28
Matt Baumler	1:49.76^	10/15
200 Individual Medley		
Gregory Mahon	1:52.32	10/28
Gregory Mahon	1:53.29^	10/29
Gorgory Mahon	1:53.41^	10/15
400 Individual Medley		
---	---	---
---	---	---
---	---	---

Event/Name	Time/Score	Date
50 Freestyle		
Heather Savage	23.67^	10/15
Heather Savage	23.76	10/29
Heather Savage	23.88	10/28
100 Freestyle		
Heather Savage	51.90	10/15
Heather Savage	51.96	10/29
Heather Savage	52.63	11/4
200 Freestyle		
Rachel Sepanski	1:51.81	10/15
Heather Savage	1:53.47	11/4
Rachel Sepanski	1:53.52	11/4
500 Freestyle		
Erika Hajnal	4:52.38	11/4
Erika Hajnal	4:54.57^	10/29
Erika Hajnal	4:56.35^	10/15
1000 Freestyle		
Erika Hajnal	9:56.59	11/4
Erika Hajnal	10:02.57^	10/29
Erika Hajnal	10:03.95^	10/15
1650 Freestyle		
Erika Hajnal	16:50.32	10/28
Laura Simon	17:14.68	10/28
Becky Flora	17:52.81	10/28
100 Backstroke		
Sabrina Benson	55.64^	10/28
Sabrina Benson	55.66^	11/4
Sabrina Benson	55.70^	10/15
200 Backstroke		
Sabrina Benson	2:01.20^	11/4
Sabrina Benson	2:03.15	10/29
Sabrina Benson	2:03.28^	10/15
100 Breaststroke		
Keri Sink	1:04.58^	10/15
Keri Sink	1:04.90	10/29
Keri Sink	1:05.00	11/4
200 Breaststroke		
Keri Sink	2:20.64	10/28
Keri Sink	2:20.85	10/15
Keri Sink	2:21.82	10/29
100 Butterfly		
Heather Savage	55.53	10/15
Heather Savage	56.00	10/28
Sabrina Benson	56.00	11/4
200 Butterfly		
Erika Hajnal	2:02.38^	10/28
Erika Hajnal	2:02.79^	10/15
Erika Hajnal	2:03.04	10/29
200 Individual Medley		
Jace Howanitz	2:06.35^	10/15
Keri Sink	2:06.36	10/15
Heather Savage	2:06.36	11/4
400 Individual Medley		
---	---	---
---	---	---
---	---	---

^ 1st-Place Finish # Pool Record P - Preliminary * School Record (S) - Split L/S - Leadoff Split
 'A' - NCAA "A" cut 'B' - NCAA "B" cut 'Z' - Zone A Qualifying Dive



MEN'S RELAY TOP TIMES

Event/Name	Time/Score	Date
200 Freestyle Relay		
Morgan, Uncur, Botha, Baumler	1:23.49	10/28
Hallock, Dignan, Hunt, McGinnis	1:24.52	10/28
400 Freestyle Relay		
Morgan, Mahon, Uncur, Baumler	3:02.39	11/4
Morgan, Uncur, McGinnis, Baumler	3:03.49	10/15
Morgan, Uncur, McGinnis, Baumler	3:03.49 #	10/29
200 Medley Relay		
Higgins, Ch., Hoisington, Botha, Mahon	1:30.26 #	10/15
Higgins, Ch., Hoisington, Botha, Mahon	1:30.27	10/29
Higgins, Ch., Hoisington, Mahon, Morgan	1:31.40	11/4
400 Medley Relay		
McGinnis, Hoisington, Mahon, Morgan	3:18.40	10/28
Higgins, Ch., Cook, Botha, Uncur	3:20.08	10/28

WOMEN'S RELAY TOP TIMES

Event	Time/Score	Date
200 Freestyle Relay		
Benson, Hammerberg, Howanitz, Parcell	1:37.17	10/28
Leake, Higgins, Sepanski, Foster	1:40.95	10/28
400 Freestyle Relay		
Savage, Carne, Benson, Howanitz	3:29.04	10/15
Benson, Rogers, Parcell, Sepanski	3:32.53	10/29
Parcell, Rogers, Katis, Hammerberg	3:33.40	11/4
200 Medley Relay		
Benson, Bodin, Savage, Ferguson	1:44.18	11/4
Benson, Bodin, Savage, Howanitz	1:44.42	10/29
Benson, Sink, Holloway, Howanitz	1:44.56	10/15
400 Medley Relay		
Benson, Sink, Savage, Howanitz	3:45.67	10/28
Boone, Bodin, Parcell, Sepanski	3:54.60	10/28

MEN'S DIVING TOP SCORES

1-Meter Springboard		
Ryan Hawkins	377.05 Z	11/4
Logan Shinholser	361.70 Z	10/15
Logan Shinholser	346.70 Z	10/29
3-Meter Springboard		
Logan Shinholser	392.20^ Z	11/4
Logan Shinholser	386.75 Z	10/15
Logan Shinholser	384.90 Z	10/28
Platform		
---	---	---
---	---	---
---	---	---

WOMEN'S DIVING TOP SCORES

1-Meter Springboard		
Logan Kline	310.95^#Z	10/15
Logan Kline	306.45^Z	10/28
Logan Kline	303.75^Z	10/29
3-Meter Springboard		
Kaylea Arnett	342.50*#^Z	10/15
Logan Kline	327.75 Z	10/28
Kaylea Arnett	325.30 Z	11/4
Platform		
---	---	---
---	---	---
---	---	---

^ 1st-Place Finish # Pool Record P - Preliminary * School Record (S) - Split L/S - Leadoff Split
 'A' - NCAA "A" cut 'B' - NCAA "B" cut 'Z' - Zone A Qualifying Dive

Matt Baumler

50 freestyle.....	21.10	100 freestyle.....	45.59
200 freestyle.....	1:42.59	500 freestyle.....	48.44
100 butterfly.....	48.06	200 butterfly.....	45.96
100 back.....	53.78	200 IM.....	1:50.91

Karl Botha

50 freestyle.....	20.16	100 freestyle.....	44.57
100 back.....	53.75	100 butterfly.....	47.17
200 butterfly.....	1:49.57		

Owen Burns

100 freestyle.....	47.13	200 freestyle.....	41.22
--------------------	-------	--------------------	-------

Kyle Butts

1-meter.....	3:15.05	3-meter.....	3:21.67
--------------	---------	--------------	---------

Harrison Cefalo

100 breast.....	59.09	200 breast.....	2:09.26
-----------------	-------	-----------------	---------

Nevin Cook

50 freestyle.....	21.83	100 back.....	51.29*
200 back.....	1:48.76		



Women's Career Personal Bests

Kaylea Arnett

1-meter.....292.40 3-meter..... 343.50#

England Barimo

1-meter.....222.75 3-meter..... 228.38

Sabrina Benson

100 back55.64 200.back..... 2:01.20
100 butterfly.....56.00

Alyssa Bodin

100 breast1:05.34 200.breast.. 2:25.09
200 IM2:12.34

Brittany Boone

100 back56.21 200.back..... 1:58.91
200 IM2:09.38

Addie Carne

50 freestyle.....24.53 100.freestyle2.39
200 freestyle.....1:50.19 100.butterfly7.51
200 butterfly.....2:02.28 200.IM..... 2:03.21

Aubree Duncan

50 freestyle.....25.74 100.freestyle4.71
100 back57.32 200.back..... 1:59.97
200 IM2:06.47

Emily Ferguson

50 freestyle.....23.10 100.freestyle0.02
200 freestyle.....1:50.46 100.breast.. 1:04.32

Becky Flora

50 freestyle.....25.16 100.freestyle2.27
200 freestyle.....1:50.84 500.freestyle2.25
1000 freestyle.....10:11.91† 1650.freestyle4.02

Erin Foster

500 freestyle.....5:15.29 100.butterfly0.80
200 butterfly.....2:13.01

Erika Hajnal

200 freestyle.....1:48.97* 500.freestyle4.03#
1000 freestyle.....9:40.18†# 1650.freestyle6.01#
200 back2:05.57 200.butterfly9.18
200 IM2:06.33 400.IM..... 4:09.33#
200 breast2:25.84

Kayla Hammerberg

50 freestyle.....24.54 100.freestyle3.40
100 butterfly.....1:01.01

Caroline Higgins

50 freestyle.....25.15 100.back..... 56.99
200 back2:03.21

Meaghan Holloway

100 breast1:03.90 200.breast.. 2:19.05
100 butterfly.....54.59 200.butterfly0.83
200 IM2:04.59

Abby Houchin

50 freestyle.....25.26 200.freestyle5.77
100 breast1:06.55 200.breast.. 2:20.36
100 butterfly.....1:00.66 200.IM..... 2:10.04

Jace Howanitz

50 freestyle.....24.64 100.freestyle1.40
200 freestyle.....1:51.26 100.back..... 59.24
200 back2:06.35 100.breast.. 1:04.39
100 butterfly.....57.48 200.butterfly0.42
200 IM2:02.22 400.IM..... 4:22.78

Dana Kalnins

100 back58.61 200.back..... 2:05.88
100 butterfly.....57.53 200.butterfly0.64
200 IM2:06.72 400.IM..... 4:36.66

Jayne Katis

100 freestyle.....53.35 200.freestyle54.09
100 breast1:09.91 200.breast 2:27.71
200 IM2:09.97

Blaire Kinsey

1000 freestyle.....10:36.10 200.IM..... 2:09.17

Logan Kline

1-meter.....310.95 3-meter..... 327.75

Natalie Leake

50 freestyle.....24.58 100.breast.. 1:04.83
200 breast2:21.05

Sara Mokhtari

1-meter.....281.95 Platform..... 252.90
3-meter.....288.60

Margaret Parcell

50 freestyle.....24.44 100.freestyle3.23
100 butterfly.....1:00.35

Katie Rogers

200 freestyle.....1:53.60 500.freestyle14.91

Heather Savage

50 freestyle.....23.01 100.freestyle0.87
200 freestyle.....1:53.47 100.butterfly4.13
100 back56.38 200.IM..... 2:06.36

Andrea Sawchuk

1-meter.....252.53 Platform..... 196.80
3-meter.....275.65

Rachel Sepanski

50 freestyle.....24.13 100.freestyle2.17
200 freestyle.....1:51.64 500.freestyle8.06

Laura Simon

500 freestyle.....4:51.55 1000.freestyle13.34
1650 freestyle.....16:30.45 200.back..... 2:07.03
200 IM2:08.24 400.IM..... 4:20.05

Keri Sink

100 breast1:01.98 200.breast.. 2:14.26
100 butterfly.....59.21 200.butterfly0.07
200 IM2:03.14 400.IM..... 4:17.21
200 back2:07.52

Katie Steeves

100 breast1:09.85 200.breast 2:19.55
200 butterfly.....2:05.05 200.IM..... 2:09.65
400 IM4:24.68

Kelli Stockton

1-meter.....261.35 3-meter..... 299.33

* Denotes Leadoff Split
† Denotes Split
Denotes School Record



2010-2011 SEASON REVIEW

2010-2011 HIGHLIGHTS:

- Four new school records
- 43 members earned at least one individual title
- Three VT Athletes of the Week
- One ACC Performer of the Week
- Five NCAA Qualifiers
- School-record four divers qualify for NCAAs
- First female diver since 1982 to qualify for NCAAs
- First ever All-American diver
- First ever ACC Diving Champion
- Christiansburg Aquatic Center opens

NCAA CHAMPIONSHIPS

The H₂Ogies had five athletes qualify for the NCAA Championships, with a school-record four divers, including Tech's first female diver since 1982.

Sophomore Logan Shinholser headed a trio of male divers, along with Ryan Hawkins and Daniel Martin, who competed in all three diving events. The squad struggled on both springboard events, but Shinholser then scored a 401.55 in the preliminary round of the platform event, good for fourth place and All-America honors. The sophomore faltered on the second dive in the finals and was unable to fully recover, placing him eighth overall in the finals and scoring 11 points for the H₂Ogies.

Shinholser became Tech's first diver to earn All-America honors and the second male H₂Ogie ever to go All-American. The 11 points that Shinholser scored for H₂Ogies put the Tech men in double digits for just the second time in school history (19 pts, 27th, 2006), finishing in 28th place.

Junior returning All-American Erika Hajnal and senior diver Sarah Milton represented the H₂Ogies at the Women's NCAA Championships. Hajnal competed in the 1650 freestyle, the 400 IM and the 500 freestyle for the third straight year. Sarah Milton, Tech's first female diver to qualify for NCAAs since 1982, competed in all three diving events.

In a disappointing follow-up to last season's top-25 finish, the two women were unable to score any points for Virginia Tech in this year's championships. Hajnal began the meet with a 58th-place finish in the 500 free. She then placed 34th in the 400 IM, a surprising drop-off from last year's top-eight mark, and she then just barely missed scoring points in the final event with a 17th-place finish in the 1650 free with a season-best time of 16:08.28.

Sarah Milton, concluding her decorated diving career with a trip to NCAAs, placed 32nd on the 1-meter and 23rd on both the 3-meter and the platform.

ACC MEN'S CHAMPIONSHIPS

For the second year in a row, the men placed fourth at ACCs with a total of 508.5 points. Gregory Mahon earned the most points for Tech of any male or female participant, earning the bronze medal and third-team All-ACC in the 200 fly, while taking fourth in the 100 fly and the 200 IM, for a total of 46 points. Mahon's time of 1:46.34 in the individual medley broke the school record, which he had set at the 2010 ACC Championships.

Freshman Nick Tremols had an outstanding postseason debut, picking up 26 points for the H₂Ogies, including a fourth-place finish in the 200 fly. Sophomore transfer Zach McGinnis earned 28, finishing fourth in the 200 back and sixth in the 100 back. Blake Trabuchi-

Downey earned a total of 22 points in three events for Tech; Nevin Cook picked up 21, including a fourth-place finish in the 100 breast; and Alex Lutterbein earned a total of 20 points for the H₂Ogies, breaking the school record in the 400 IM and finishing fifth, swimming a 3:49.01.

The H₂Ogies also had a pair of top-four relay finishes. Charlie Higgins, Cook, Mahon and Karl Botha earned the bronze in the 400 medley relay (3:12.23), and Higgins, Cook, Mahon and Rich Ulatowski opened the meet with a fourth-place finish in the 200 medley (1:27.67).

Logan Shinholser once again broke his own school record, scoring a 449.15 in the finals of the platform diving event, to become the first ever ACC Diving Champion at Virginia Tech. Shinholser is the first Tech diver to win a conference title since 1965, and the only H₂Ogie to ever win the platform event.

Freshman diver Ryan Hawkins had a tremendous outing, earning three top-five finishes to score 44 big points for the Virginia Tech men.

ACC WOMEN'S CHAMPIONSHIPS

For the second straight year, the women placed fifth at ACCs with a total of 358 points. Erika Hajnal was Tech's most lucrative swimmer, finishing in at least sixth in all three of her races and earning 44 points for Tech. She earned a bronze medal and All-ACC recognition in the 400 IM, came in fourth in the 1650 free and finished sixth in the 500 free. Keri Sink earned 25.5 points for the H₂Ogies, tying for seventh in the 100 breast and finishing 10th in both the 200 breast and 400 IM. Lauren Ritter picked up 25 points for Tech, finishing seventh in the 200 free, 10th in the 1650 free and 11th in the 500 free.

Sarah Milton picked up significant points in all three diving events, finishing ninth on the 1-meter and platform and 10th on the 3-meter, for a total of 25 points. Carissa Santora earned 22 big points for the H₂Ogies with a pair of eighth-place finishes on the 3-meter and platform, and Cara Murnan set a new Tech record on the platform, earning 13 points with a sixth-place finish (264.30).

VOLUNTEER INVITATIONAL

The women had an outstanding weekend, coming in first with 1,118 points, ahead of No. 11 Tennessee in second (918 pts). They earned five titles, including two for Hajnal, and broke three pool records: the 400 IM (Hajnal), the 200 free (Filova) and the 800 freestyle relay (Filova, Ritter, Hajnal, Howanitz). Additionally, Cara Murnan finished first on the platform.

The No. 23 men took second at the meet, with 975.5 points, behind No. 16 Alabama (1,191 pts) and ahead of No. 15 Tennessee (932.5 pts). Kentucky finished fourth in both competitions. Logan Shinholser broke Tennessee's pool record in the platform diving event, while breaking his own school record. Charlie Higgins took home the only swimming title for the men, swimming a "B" cut time of 48.58 in the 100 backstroke.

STATE-OF-THE-ART CHRISTIANBURG AQUATIC CENTER OPENS

The Christiansburg Aquatic Center opened in July, 2010. Tech hosted the first meet ever on Oct. 16, earning decisive victories over Charleston and Radford's women. The H₂Ogies went 6-0 in the inaugural season at the CAC. The facility also played host to the 2011 Speedo Championship Series meet.

2010-2011 RESULTS

Women (6-3, 0-0 ACC), Men (5-2, 0-0 ACC)

Date	Opponent	Site	Women	Men
Oct. 16	College of Charleston Radford	Blacksburg, Va. Blacksburg, Va.	W, 173-106 W, 175-110	W, 168-110 --
Oct. 23	Penn State	University Park, Pa.	L, 113-187	W, 181.5-118.5
Nov. 12-13	# 9/11 Virginia w/#25 Princeton	Charlottesville, Va.	2nd/3, 619.5 pts.	2nd/3, 718 pts.
Nov. 18-20	Volunteer Invitational	Knoxville, Tenn.	1st/4, 1,118 pts.	2nd/4, 975.5 pts.
Jan. 15	William & Mary	Blacksburg, Va.	W, 160-121	W, 162-117
Jan. 22	Richmond	Blacksburg, Va.	W, 173-121	--
Jan. 28	#16/18 Louisville	Louisville, Ky.	L, 205-95	L, 154-146
	#14/13 Indiana	Louisville, Ky.	L, 172-113	L, 189.5-110.5
Jan. 29	Cincinnati	Cincinnati, Ohio	W, 193-106	W, 255-42
	Kentucky	Cincinnati, Ohio	W, 158-135	W, 197-99
Feb. 5-6	Virginia Tech Invitational	Blacksburg, Va.	--	--
Feb. 16-19	Women's ACC Championships	Atlanta, Ga.	5th/11, 358 pts.	--
Feb. 23-26	Men's ACC Championships	Atlanta, Ga.	--	4th/10, 508.5 pts.
Mar. 11-13	Zone A Diving Championships	Annapolis, Md.	--	--
Mar. 17-29	Women's NCAA Championships	Austin, Texas	--	--
Mar. 24-26	Men's NCAA Championships	Minneapolis, Minn.	--	28th, 11 pts.

**POOL RECORDS**

Event	Name	Time	Date
Women 200 Medley Relay	Parkland Aquatic Club - A. Roberts, M. Burns, T. O'Brien, G. Ryan	1:43.30	3/26/2011
Men 200 Medley Relay	Virginia Tech - C. Higgins, N. Hoisington, K. Botha, G. Mahon	1:30.26	10/15/2011
Women 1000 Free	Gillian R. Ryan - Parkland Aquatic	9:47.44	3/27/2011
Men 1000 Free	Mateo De Angulo - Florida State	9:22.90	10/29/2011
Women 200 Free	Gillian R. Ryan - Parkland Aquatic	1:46.61	3/25/2011
Men 200 Free	Thomas Stephens - COOL	1:37.20	2/18/2011
Women 100 Back	Allison L. Roberts - Parkland Aquatic	55.36	3/26/2011
Men 100 Back	Micheal E. Hallock - Virginia Tech	48.61	2/5/2011
Women 100 Breast	Karie L. Haglund - Eagle Swim Team	1:01.28	3/25/2011
Men 100 Breast	Matthew Fedderly - Snow Swimming	55.29	3/25/2011
Women 200 Fly	Elizabeth Pepper - Florida State	1:59.52	10/29/2011
Men 200 Fly	Christian T. McCurdy - Fox Chapel Kille	1:48.46	3/26/2011
Women 50 Free	Emily M. Cameron - Lancaster Aquatic	22.83	3/26/2011
Men 50 Free	Ben Hwang - Duke	20.21	10/29/2011
Women 1-meter Diving	Logan F. Kline - Virginia Tech	310.95	10/15/2011
Men 1-meter Diving	Logan Shinholser - Virginia Tech	392.75	10/16/2010
Women 100 Free	Kaitlyn Dressel - Florida State	50.19	10/29/2011
Men 100 Free	Giles P. Smith - Eagle Swim Team	44.50	3/27/2011
Women 200 Back	Allison L. Roberts - Parkland Aquatic	1:58.48	3/27/2011
Men 200 Back	Collin N. Higgins - Virginia Tech	1:48.57	10/15/2011
Women 200 Breast	Colleen Callahan - Egg Harbor Twp S	2:15.73	3/26/2011
Men 200 Breast	Tanner J. Kurz - Delaware Swim Team	2:02.13	3/26/2011
Women 500 Free	Gillian R. Ryan - Parkland Aquatic	4:43.48	3/26/2011
Men 500 Free	Thomas Stephens - COOL	4:30.23	2/19/2011
Women 100 Fly	Margaret A. Gruber - Pine Richland Aquatic	54.89	3/25/2011
Men 100 Fly	Giles P. Smith - Eagle Swim Team	47.79	3/25/2011
Women 3-meter Diving	Kaylea Z. Arnett - Virginia Tech	320.25	10/15/2011
Men 3-meter Diving	Logan Shinholser - Virginia Tech	405.00	1/15/2011
Women 200 IM	Emily M. Cameron - Lancaster Aquatic	2:01.33	3/27/2011
Men 200 IM	Danny J. Loftus - Virginia Tech	1:50.71	2/6/2011
Women 400 Free Relay	North Carolina State - M. Henley, H. Freyman, A. Hendren, J. Prim	3:26.26	10/15/2011
Men 400 Free Relay	North Carolina State - J. Boffa, C. Brennan, R. Miesfeld, G. Brown	3:01.43	10/15/2011
Women 1650 Free	Stephanie Peacock - North Carolina	16:14.61	10/28/2011
Men 1650 Free	Dan O'Connor - North Carolina	15:49.08	10/28/2011
Women 400 IM	Emily M. Cameron - Lancaster Aquatic	4:16.06	3/25/2011
Men 400 IM	Oliver W. Bennett - Loyola Blakefield	3:57.27	3/25/2011
Women 400 Medley Relay	North Carolina - S. List, L. Moriarty, K. Nolan, N. Barczak	3:45.08	10/28/2011
Men 400 Medley Relay	Virginia Tech - Z. McGinnis, N. Hoisington, G. Mahon, G. Morgan	3:18.40	10/28/2011
Women 200 Free Relay	Virginia Tech - K. Gomes, S. Drechsel, H. Savage, E. Ferguson	1:35.96	10/16/2010
Men 200 Free Relay	North Carolina - S. Cebertowicz, K. Ficker, B. Hamilton, E. Reed	1:22.58	10/28/2011
Women 800 Free Relay	Parkland Aquatic Club - T. O'Brien, S. Stinner, K. Grim, G. Ryan	7:22.99	3/25/2011
Men 800 Free Relay	Jewish Community - J. Seiferth, L. Nosbisch, M. Molinaro, D. Paulk	6:52.78	3/25/2011

**MEN'S EVENT RECORDS**

Event/Record Type	Name	Time	Date
50 Freestyle			
Atlantic Coast Conference	Cullen Jones, NC State	19.07	2/22/06
Virginia Tech	Kaan Tayla	19.50	2/28/08
Christiansburg Aquatic Center	Ben Hwang, Duke	20.21	10/29/11
100 Freestyle			
Atlantic Coast Conference	Scot Robison, Virginia	42.42	3/27/10
Virginia Tech	Kaan Tayla	43.30	3/31/08
Christiansburg Aquatic Center	Giles P. Smith, Eagles Swim Team	44.50	3/27/11
200 Freestyle			
Atlantic Coast Conference	Scot Robison, Virginia	1:32.45	2/26/10
Virginia Tech	Zac Czaplicki	1:37.05	2/24/06
Christiansburg Aquatic Center	Thomas Stephens, COOL	1:37.20	2/18/11
500 Freestyle			
Atlantic Coast Conference	Matt McLean, Virginia	4:10.00	2/27/10
Virginia Tech	Gus Calado	4:22.50	2/19/04
Christiansburg Aquatic Center	Thomas Stephens, COOL	4:30.23	2/19/11
1000 Freestyle			
Atlantic Coast Conference	Matt McLean, Virginia	8:46.50	2/28/09
Virginia Tech	Ben Miller	9:10.06	2/28/09
Christiansburg Aquatic Center	Mateo De Angulo, Florida State	9:22.90	10/29/11
1650 Freestyle			
Atlantic Coast Conference	Matt McLean, Virginia	14:35.12	2/28/09
Virginia Tech	Caglar Gokbulut	15:15.92	2/28/09
Christiansburg Aquatic Center	Dan O'Conner, North Carolina	15:49.08	10/28/11
100 Backstroke			
Atlantic Coast Conference	Tommy Wyher, North Carolina	45.93	3/26/10
Virginia Tech	Charlie Higgins	46.54	2/27/09
Christiansburg Aquatic Center	Michael Hallock	48.61	2/5/11
200 Backstroke			
Atlantic Coast Conference	Andy Hodgson, Florida State	1:41.14	2/28/09
Virginia Tech	Charlie Higgins	1:43.72	3/28/10
Christiansburg Aquatic Center	Pat Myers, North Carolina	1:48.86	10/28/11
100 Breaststroke			
Atlantic Coast Conference	Ed Moses, Virginia	52.60	2/26/00
Virginia Tech	Kevin Furlong	53.54	2/21/03
Christiansburg Aquatic Center	Matthew Fedderly, Snow Swimming	55.59	3/25/11
200 Breaststroke			
Atlantic Coast Conference	Rob Holderness, Florida State	1:53.13	10/4/10
Virginia Tech	Jonathan Huss	1:59.36	2/28/09
Christiansburg Aquatic Center	Tanner J. Kurz, Delaware Swim Team	2:02.13	3/26/11
100 Butterfly			
Atlantic Coast Conference	Tommy Wyher, North Carolina	45.57	2/26/10
Virginia Tech	Scott Beard	47.05	2/24/06
Christiansburg Aquatic Center	Giles P. Smith	47.79	3/25/11
200 Butterfly			
Atlantic Coast Conference	Michael Raab	1:42.84	3/27/10
Virginia Tech	Gus Calado	1:44.25	3/25/06
Christiansburg Aquatic Center	Christian T. McCurdy, Fox Chapel	1:48.46	3/26/11
200 Individual Medley			
Atlantic Coast Conference	Gal Nevo, Georgia Tech	1:42.79	3/26/09
Virginia Tech	Gregory Mahon	1:46.34	2/24/11
Christiansburg Aquatic Center	Danny Loftus	1:50.71	2/6/11
400 Individual Medley			
Atlantic Coast Conference	Gal Nevo, Georgia Tech	3:38.00	3/27/09
Virginia Tech	Alex Lutterbein	3:49.01	2/25/11
Christiansburg Aquatic Center	Oliver W. Bennett, Loyola Blakefield	3:57.27	3/25/11
200 Freestyle Relay			
Atlantic Coast Conference	Sousa, Plummer, Copeland, Robberson-GT	1:17.84	2/26/09
Virginia Tech	deToll, Hawkins , Holmes, Ulatowski	1:18.75	2/26/09
Christiansburg Aquatic Center	Cebertowicz, Ficker, Hamilton, Reed-North Carolina	1:22.58	10/28/11
400 Freestyle Relay			
Atlantic Coast Conference	Robison, Azar, Geissinger, McLean-UVa	2:51.50	2/28/09
Virginia Tech	deToll, Hawkins , Holmes, Ulatowski	2:55.49	2/28/09
Christiansburg Aquatic Center	Boffa, Brennan, Miesfeld, Brown-NC State	3:01.43	10/15/11
800 Freestyle Relay			
Atlantic Coast Conference	Azar, Robison, Karasek, McLean-UVa	6:15.02	2/25/09
Virginia Tech	Hughes, Trabuchi-Downey , Uncur , Hawkins	6:30.03	2/25/09
Christiansburg Aquatic Center	Seiferth, Nobsbisch, Molinare, Paulk-Jewish Community	6:52.78	3/25/11
200 Medley Relay			
Atlantic Coast Conference	Olesen, Hurley, Robertson, Robison-UVa	1:25.99	3/27/09
Virginia Tech	Higgins , Huss, deToll, Holmes	1:27.11	2/27/09
Christiansburg Aquatic Center	Higgins , Hoisington , Botha , Mahon	1:30.26	10/15/11
400 Medley Relay			
Atlantic Coast Conference	Olsen, Robertson, Hurley, Robison-UVa	3:08.71	2/27/09
Virginia Tech	Higgins , Huss, deToll, Hawkins	3:11.18	2/25/09
Christiansburg Aquatic Center	McGinnis , Hoisington , Mahon , Morgan	3:18.40	10/28/11



WOMEN'S EVENT RECORDS

Event/Record Type	Name	Time	Date
50 Freestyle			
Atlantic Coast Conference	Sara Smith	21.96	2/19/09
Virginia Tech	Sara Smith	21.96	2/19/09
Christiansburg Aquatic Center	Emily M. Cameron	22.83	3/26/11
100 Freestyle			
Atlantic Coast Conference	Sara Smith	48.10	2/21/09
Virginia Tech	Sara Smith	48.10	3/20/09
Christiansburg Aquatic Center	Kaitlyn Dressel, Florida State	50.19	10/29/11
200 Freestyle			
Atlantic Coast Conference	Lauren Perdue, Virginia	1:43.86	2/19/10
Virginia Tech	Katarina Filova	1:45.25	3/19/10
Christiansburg Aquatic Center	Gillian R. Ryan, Parkland Aquatic Club	1:46.61	3/25/11
500 Freestyle			
Atlantic Coast Conference	Stephanie Peacock, North Carolina	4:38.54	11/19/10
Virginia Tech	Erika Hajnal	4:40.03	2/18/10
Christiansburg Aquatic Center	Gillian R. Ryan, Parkland Aquatic Club	4:43.48	3/26/11
1000 Freestyle			
Atlantic Coast Conference	Cara Lane, Virginia	9:36.35	3/21/09
Virginia Tech	Erika Hajnal	9:40.18	1/23/10
Christiansburg Aquatic Center	Gillian R. Ryan, Parkland Aquatic Club	9:47.44	3/27/11
1650 Freestyle			
Atlantic Coast Conference	Whitney Sprague, North Carolina	15:51.02	3/21/09
Virginia Tech	Erika Hajnal	16:00.16	2/21/09
Christiansburg Aquatic Center	Stephanie Peacock, North Carolina	16:14.61	10/28/11
100 Backstroke			
Atlantic Coast Conference	Mei Christensen, Virginia	51.58	3/20/09
Virginia Tech	Steffi Drechsel	53.66	1/23/10
Christiansburg Aquatic Center	Allison R. Roberts, Parkland Aquatic Club	55.36	3/26/11
200 Backstroke			
Atlantic Coast Conference	Mei Christensen, Virginia	1:52.22	2/21/09
Virginia Tech	Kelly deMarrais	1:57.50	2/21/09
Christiansburg Aquatic Center	Allison L. Roberts, Parkland Aquatic Club	1:58.48	3/27/11
100 Breaststroke			
Atlantic Coast Conference	Layne Brodie, North Carolina	1:00.02	2/20/09
Virginia Tech	Jessica Botzum	1:00.56	3/20/08
Christiansburg Aquatic Center	Karie Haglund, Eagle Swim Team	1:01.28	3/25/11
200 Breaststroke			
Atlantic Coast Conference	Layne Brodie, North Carolina	2:10.04	3/20/10
Virginia Tech	Jessica Botzum	2:10.13	3/20/08
Christiansburg Aquatic Center	Colleen Callahan, Egg Harbor Twp Swim Club	2:15.73	3/26/11
100 Butterfly			
Atlantic Coast Conference	Richelle Depold, North Carolina	52.34	2/18/97
Virginia Tech	Megan Newell	52.61	2/20/09
Christiansburg Aquatic Center	Margaret A. Gruber, Pine Richland Aquatics	54.89	3/25/11
200 Butterfly			
Atlantic Coast Conference	Megan Evo, Virginia	1:54.59	2/21/09
Virginia Tech	Megan Newell	1:58.40	2/21/09
Christiansburg Aquatic Center	Elizabeth Pepper, Florida State	1:59.52	10/29/11
200 Individual Medley			
Atlantic Coast Conference	Megan Evo, Virginia	1:56.17	2/19/09
Virginia Tech	Jessica Botzum	2:00.53	2/15/07
Christiansburg Aquatic Center	Emily M. Cameron, Lancaster Aquatics	2:01.33	1/22/11
400 Individual Medley			
Atlantic Coast Conference	Laura Moriarty, North Carolina	4:07.66	2/19/10
Virginia Tech	Erika Hajnal	4:09.33	3/19/10
Christiansburg Aquatic Center	Emily M. Cameron, Lancaster Aquatics	4:16.06	3/25/11
200 Freestyle Relay			
Atlantic Coast Conference	Christensen, Wallace, Evo, Davis-UVa	1:29.12	3/20/09
Virginia Tech	McHorney, Newell, Drechsel, Smith	1:29.73	2/19/09
Christiansburg Aquatic Center	Gomes, Drechsel, Savage, Ferguson	1:35.96	10/16/10
400 Freestyle Relay			
Atlantic Coast Conference	Christensen, Wallace, Moores, Evo-UVa	3:15.22	2/21/09
Virginia Tech	Drechsel, McHorney, Smith, Newell	3:16.21	3/20/09
Christiansburg Aquatic Center	Henley, Freyman, Hendren, Prim-NC State	3:26.26	10/15/11
800 Freestyle Relay			
Atlantic Coast Conference	Narum, Flynn, Haris, Perdue-UVa	7:04.74	2/17/10
Virginia Tech	Filova, deMarrais, Hajnal , Ritter	7:06.93	2/17/10
Christiansburg Aquatic Center	O'Brien, Stinner, Grim, Ryan-Parkland Aquatic Club	7:22.99	3/25/11
200 Medley Relay			
Atlantic Coast Conference	Christensen, McDonnell, Smart, Davis-UVa	1:37.33	2/17/10
Virginia Tech	McHorney, Earl, Newell, Smith	1:38.56	2/18/09
Christiansburg Aquatic Center	Roberts, Burns, O'Brien, Ryan-Parkland Aquatic Club	1:43.30	3/26/11
400 Medley Relay			
Atlantic Coast Conference	Christensen, McDonnell, Evo, Wallace-UVa	3:32.74	3/19/09
Virginia Tech	Drechsel, Losinger, Newell, Smith	3:36.50	2/20/09
Christiansburg Aquatic Center	List, Moriarty, Nolan, Barczak-North Carolina	3:45.08	10/28/11

DIVING RECORDS**Men's Diving Records**

Event/Record Type	Name	Score	Date
1-Meter Diving (6 Dives)			
Atlantic Coast Conference	Nick McCrory, Duke	499.95	2/20/09
Virginia Tech	Mikey McDonald	397.90	2/26/09
Christiansburg Aquatic Center	Logan Shinholser	392.75	10/16/10
1-Meter Diving (11 Dives)			
Atlantic Coast Conference	Paul Spray, Florida State	560.25	2/14/92
Virginia Tech	Artie Waters	490.55	1985
3-Meter Diving (6 Dives)			
Atlantic Coast Conference	Reuben Ross, Miami	474.30	2/19/09
Virginia Tech	Mikey McDonald	435.15	10/20/07
Christiansburg Aquatic Center	Logan Shinholser	405.00	1/15/11
3-Meter Diving (11 Dives)			
Atlantic Coast Conference	Louis Cagnet, Florida State	621.05	2/6/99
Virginia Tech	Doug Roper	505.40	2004
Christiansburg Aquatic Center			
Platform Event (6 Dives)			
Atlantic Coast Conference	Nick McCrory, Duke	545.15	2/3/11
Virginia Tech	Logan Shinholser	449.15	2/19/11
Christiansburg Aquatic Center			
Platform Event (11 Dives)			
Virginia Tech	Doug Roper	392.00	2005

Women's Diving Records

Event/Record Type	Name	Score	Date
1-Meter Diving (6 Dives)			
Atlantic Coast Conference	Abby Johnston, Duke	398.65	1/15/11
Virginia Tech	Jackie Davoud	312.38	1998
Christiansburg Aquatic Center	Logan Kline	310.95	10/15/11
1-Meter Diving (11 Dives)			
Atlantic Coast Conference	Jennie Graviss, Clemson	459.80	2/18/89
Virginia Tech	Jackie Devoud	439.05	1998
3-Meter Diving (6 Dives)			
Atlantic Coast Conference	Abby Johnston, Duke	439.70	2/19/10
Virginia Tech	Kaylea Arnett	343.60	10/28/11
Christiansburg Aquatic Center	Kaylea Arnett	343.60	10/28/11
3-Meter Diving (11 Dives)			
Atlantic Coast Conference	Agnes Gerlach, NC State	567.15	2/24/93
Virginia Tech	Laura Lunn	487.35	2005
Platform Event (6 Dives)			
Atlantic Coast Conference	Brittany Viola, Miami	367.20	3/16/08
Virginia Tech	Cara Murnan	264.30	2/19/11
Christiansburg Aquatic Center			
Platform Event (11 Dives)			
Virginia Tech	Laura Lunn	388.85	2005