

# 2010-2011 Virginia Tech Swimming & Diving

**JANUARY 15, 2011 • WILLIAM & MARY AT VIRGINIA TECH**  
**SENIORS AND PARENTS DAY • CHRISTIANSBURG AQUATIC CENTER • CHRISTIANSBURG, VA.**

## 2010-11 Men's Schedule/Results (2-0)

Date	Opponent	Time/Result
10/16	<b>CHARLESTON</b>	W, 168-110
10/23	Penn State	W, 181.5-118.5
11/12-13	#11 Virginia w/#25 Princeton	2nd/3 (718 pts)
11/18-20	Volunteer Invitational (Knoxville, Tenn.)	2nd/4 (975.5 pts)
1/15	<b>WILLIAM &amp; MARY (Seniors &amp; Parents Day)</b>	11 a.m.
1/28	Louisville w/Indiana	5 p.m.
1/29	Cincinnati w/Kentucky	11 a.m.
2/5-6	<b>VIRGINIA TECH INVITATIONAL</b>	All Day
2/23-26	Men's ACC Championships (Atlanta, Ga.)	All Day
3/11-13	NCAA Zone A Diving Championships (Annapolis, Md.)	All Day
3/24-26	Men's NCAA Championships (Minneapolis, Minn.)	All Day

Home meets in **BOLD CAPS**  
 All home events will be held at the Christiansburg Aquatic Center

## Last Time Out

- The H<sub>2</sub>Ogies traveled to Knoxville, Tenn., on Nov. 18-20 to compete in the Volunteer Invitational. Tech took on Tennessee, Alabama and Kentucky.
- The women had an outstanding weekend, coming in first with 1,118 points, ahead of No. 11 Tennessee in second, who scored 918 points. They earned five titles, including two individual swimming titles for Erika Hajnal, and broke three pool records: the 400 IM (Hajnal), the 200 free (Filova) and the 800 freestyle relay (Filova, Ritter, Hajnal, Howanitz). Additionally, Cara Murnan finished first on the platform.
- The No. 23 men took second at the meet, with 975.5 points, behind No. 16 Alabama (1,191 points) and ahead of No. 15 Tennessee (932.5 points). The Wildcats finished fourth in both competitions. Logan Shinholser broke Tennessee's pool record in the platform diving event, while breaking Virginia Tech's school record, which he himself set at last year's ACC Championships. Charlie Higgins took home the only swimming title for the men, swimming a "B" cut time of 48.58 in the 100 backstroke.

## 2010-11 Women's Schedule/Results (2-1)

Date	Opponent	Time/Result
10/16	<b>CHARLESTON/RADFORD</b>	W, 173-106/W, 175-110
10/23	Penn State	L, 113-187
11/12-13	#9 Virginia w/Princeton	2nd/3 (619.5 pts)
11/18-20	Volunteer Invitational (Knoxville, Tenn.)	1st/4 (1,118 pts)
1/15	<b>WILLIAM &amp; MARY (Seniors &amp; Parents Day)</b>	11 a.m.
1/22	<b>RICHMOND</b>	1 p.m.
1/28	Louisville w/Indiana	5 p.m.
1/29	Cincinnati w/Kentucky	11 a.m.
2/5-6	<b>VIRGINIA TECH INVITATIONAL</b>	All Day
2/16-19	Women's ACC Championships (Atlanta, Ga.)	All Day
3/11-13	NCAA Zone A Diving Championships (Annapolis, Md.)	All Day
3/17-19	Women's NCAA Championships (Austin, Texas)	All Day

Home meets in **BOLD CAPS**  
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## Scouting William & Mary

- The Virginia Tech men are 24-10 all-time against the Tribe, and 24-4 since 1947. The Hokies came out victorious in their last dual meet faceoff, defeating William & Mary, 195-161, on Oct. 18, 2003.
- The Virginia Tech women have been incredibly successful against the Tribe, going 17-1 all-time in the series. The Hokies defeated William & Mary, 197-158 in their previous meeting on Oct. 18, 2003. The Tribe's only defeat of the Hokie women came back on Jan. 20, 1979, when William & Mary took home a 70-61 victory.
- The Tribe is off to a strong start in 2010-2011, as the women opened the season 6-3 (2-3 CAA), while the men are 5-1 (1-1 CAA). The men have fallen only to Old Dominion, while the women have lost to James Madison, Richmond and Towson, all in CAA competition.
- The women claimed a big conference victory in Harrisonburg, Va., on Nov. 6-7, defeating Old Dominion, 178-173, while also defeating Northeastern and the College of Charleston in a five-way dual meet hosted by James Madison University.

## Free Clinic Following Saturday's Meet

- The Virginia Tech men's and women's swimming and diving teams will be hosting a free swim and dive clinic this Saturday following the home meet at the Christiansburg Aquatic Center.
- The swim and dive meet is expected to last about two and half hours.
- Following the meet, the coaches and team will conduct the free one hour clinic. There will be free pizza provided for participants.
- Also, the first 100 fans in attendance at the meet will receive a Virginia Tech Tote Bag.

### Quick Facts

**Location** ..... Blacksburg, Va.  
**Founded** ..... 1872  
**Enrollment** ..... 31,000  
**Colors** ..... Chicago maroon and burnt orange  
**Nickname** ..... H<sub>2</sub>Ogies  
**Conference** ..... Atlantic Coast

### Team Info.

**Men Letterwinners Returning/Lost** ..... 22/9  
**Women Letterwinners Returning/Lost** ..... 21/13  
**Facility** ..... Christiansburg Aquatic Center  
**Team Website** ..... www.hokiesports.com  
**Media Contact** ..... Marla Glasser  
**Contact Email** ..... marla@vt.edu

### Coaching Staff

**Head Coach** ..... Ned Skinner (LSU, '89)  
**Skinner's Record at Tech** ..... 181-79 (12+ years)  
**Associate Head** ..... Braden Holloway  
**Head Diving Coach** ..... Ron Piemonte  
**Assistant Coaches** ..... Danielle Quarry and Reed Robelot



**Head Coach, Ned Skinner**

**Personal**

**Full name:** Ned Thomas Skinner  
**Birth Date:** May 3, 1966  
**Hometown:** Worthington, Ohio

**Education**

**High School:** Worthington, 1984  
**College:** Louisiana State, 1989  
**Graduate:** Ohio University, 1990  
**PhD:** Virginia Tech, 2004

**Coaching Experience**

**1998-** Head Coach, Virginia Tech  
**1994-98** Head Coach, William & Mary  
**1990-94** Head Coach, Central Conn.

**Records**

**Overall:** 269-178-2 (20+ years)  
**Virginia Tech:** 181-79 (12+ years)  
**Women:** 102-31; **Men:** 79-48

**Highlights**

- 2004 BIG EAST Conference Men's Co-Coach of the Year
- 2003 BIG EAST Conference Men's Coach of the Year
- 1998-99 and 1999-00 Atlantic 10 Women's Coach of the Year
- Led the Virginia Tech men's and women's teams to conference titles in 1999-00
- 1998 ECAC Women's Coach of the Year (William & Mary)
- Coached Kristen Schnittger to four consecutive ECAC titles in the 100 breast (William & Mary)
- 1994 East Coast Conference Women's Coach of the Year (Central Connecticut)
- 18 ACC Individual Champions
- 8 Olympic Trial Participants
- 11 International National Champions
- 14 All-American Honorable Mention Individual Selections
- 8 All-America Individual Selections
- 4 ACC Relay Championships
- 5 All-American Honorable Mention Relay Selections
- 5 Academic All-America Selections
- 2 ACC Swimmers of the Year
- 1 ACC Freshman of the Year
- 2 ACC Scholar-Athletes of the Year
- 2 University Games participants
- 1 Mediterranean Games participant
- 1 Olympian

**Associate Head Coach:**

Braden Holloway, Seventh season

**Head Diving Coach:**

Ron Piemonte, Fifth season

**Assistant Coaches:**

Danielle Quarry, Reed Robelot, Joey Peterson and Tom Williams

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Name	Event(s)	Ht.	Cl.	Exp.	Hometown
Matt Baumler	Fly/IM/Free	6-4	Jr.	2L	Williamsburg, Va.
Karl Botha	Fly/Free	5-11	So.	1L	Ashford, Great Britain
Nevin Cook	Breast/IM	5-10	Jr.	2L	Catlett, Va.
Emmett Dignan	Sprint Free/Breast	6-4	Fr.	HS	Mystic, Conn.
Ryne Francis*	Back/IM	6-2	Sr.	3L	Gilbertsville, Pa.
Michael Hallock	Back/Free	6-2	So.	SQ	Oak Hill, Va.
Ryan Hawkins	Diver	5-7	Fr.	HS	Charlotte, N.C.
Stephen Hawkins	Sprint/Fly/Back	6-3	Sr.	3L	Forest, Va.
Garrett Hehn	Sprint Free	6-3	Fr.	HS	Murrysville, Pa.
Charlie Higgins	Free/Back/Fly	6-0	Jr.	2L	Weddington, N.C.
Nathan Hoisington	IM/Breast	6-2	Fr.	HS	Leawood, Kans.
Philip LaRosa	Distance Free/IM	5-10	Jr.	2L	Manassas, Va.
Danny Loftus	Breast/IM	6-0	Fr.	HS	Poquoson, Va.
Alex Lutterbein	Distance Free/IM	6-2	So.	1L	Manakin-Sabot, Va.
Gregory Mahon	Fly/IM	6-0	So.	1L	Medford, N.J.
Daniel Martin*	Diver	5-10	Sr.	3L	Fairfax, Va.
Zach McGinnis	Sprint Free/Back	6-5	So.	1L	Raleigh, N.C.
Greg Morgan	Sprint Free	5-11	Jr.	2L	Greer, S.C.
Ben Munster	Distance Free	6-1	So.	SQ	College Station, Texas
Tom Sheranek	Back/IM	6-7	So.	1L	Richmond, Va.
Logan Shinholser	Diver	5-8	So.	1L	Burtonsville, Md.
Adam Skipper	Free/Breast/IM	6-5	So.	SQ	Yorktown, Va.
Trey Stewart	Back/Free	6-1	Sr.	3L	Luling, La.
Blake Trabuchi-Downey*	Distance Free/Fly	5-10	Jr.	2L	Vineland, N.J.
Nick Tremols	Sprint Free/Fly/IM	6-3	Fr.	HS	Gainesville, Va.
John Trope	Diver	6-2	Fr.	HS	Springfield, Va.
Richard Ulatowski	Sprint Free/Fly	6-4	Sr.	2L	Hamden, Conn.
Bryan Uncur	Free	6-5	Jr.	2L	Chesapeake, Va.
Chris Verboncoeur	Sprint Free/Fly	6-2	Fr.	HS	Potomac, Md.

\* Denotes team captain

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Name	Event	Ht.	Cl.	Exp.	Hometown
Morgan Allen	Sprint Free	5-7	Sr.	SQ	Charlotte, N.C.
Kameron Ansley	Fly/IM	5-6	Fr.	HS	Savannah, Ga.
Sarah Ault	Free/Back	5-11	So.	SQ	Lancaster, Pa.
England Barimo	Diver	5-8	Fr.	HS	Tulsa, Okla.
Brittany Boone	Back	5-9	Fr.	HS	Ashburn, Va.
Addie Carne	Free/Fly/IM	5-3	So.	SQ	Simpsonville, S.C.
Steffi Drechsel	Sprint Free/Back	5-9	Sr.	3L	Leipzig, Germany
Aubree Duncan	Back	5-8	Fr.	HS	Woodstock, Ga.
Emily Ferguson	Sprint Free	6-0	Jr.	1L	Clifton, Va.
Katarina Filova	Free	5-9	So.	1L	Bratislava, Slovakia
Becky Flora	Free	6-3	So.	SQ	Reistertown, Md.
Kaleigh Gomes*	Sprint Free/Fly	5-10	Sr.	3L	Charlotte, N.C.
Erika Hajnal	Free/IM/Fly	5-8	Jr.	2L	Budapest, Hungary
Caroline Higgins	Back	5-9	Fr.	HS	Charlotte, N.C.
Meaghan Holloway	Fly/Breast/IM	5-9	So.	1L	Yorktown, Va.
Abby Houchin	Breast/Free	5-8	Fr.	HS	Raleigh, N.C.
Jace Howanitz	Sprint/IM/Fly	5-7	Jr.	2L	Knoxville, Tenn.
Dana Kalnins	Fly/Back	5-4	So.	SQ	Manassas, Va.
Natalie Leake	Breast/Sprint Free	5-7	Fr.	HS	Centreville, Va.
Sarah Milton*	Diver	5-5	Sr.	3L	Plano, Texas
Sara Mokhtari	Diver	5-2	So.	1L	Houston, Texas
Cara Murnan	Diver	5-2	Jr.	2L	Great Falls, Va.
Adrienne Pilchard	Distance Free/IM	5-9	Fr.	HS	Marietta, Ga.
Lauren Ritter*	Distance Free/IM	5-10	Sr.	3L	Sterling, Va.
Carissa Santora	Diver	5-5	So.	1L	Somers Point, N.J.
Heather Savage	Sprint Free/Fly	5-3	So.	1L	Canandaigua, N.Y.
Andrea Sawchuk	Diver	5-4	Jr.	1L	Great Falls, Va.
Rachel Sepanski	Sprint Free	5-8	Fr.	HS	Yorktown, Va.
Laura Simon	Distance Free/IM	5-6	So.	1L	Greenville, S.C.
Keri Sink	Breast/IM	5-5	So.	1L	Elgin, Ill.
Katie Steeves	Breast/Fly/IM	5-6	So.	SQ	Newark, Del.

**H<sub>2</sub>Okies in the Polls**

- After both teams finished ranked in the top 25 last season, the H<sub>2</sub>Okies garnered respect in this season’s first TYR/CSCAA national poll. The men opened the season ranked 23rd in the country, while the women missed the top 25 by one vote, earning 66 points, which was just one less than No. 25 Missouri.
- The men’s team dropped out of the top 25 in the second poll, which was released on Dec. 15. The male H<sub>2</sub>Okies earned the 27th-most votes while the women are now 29th in the nation.

**Shinholser Breaks Pool, School Platform Record**

- At the Volunteer Invitational on Nov. 20, Logan Shinholser scored a 436.90 in the first platform diving competition of the season. Shinholser’s impressive mark handed him a gold medal at the meet and set a new all-time record at the Jones Aquatic Center. Additionally, he broke Virginia Tech’s school record, a record which he himself set last season at the ACC Championships.

**Tech Places Second at No. 11/9 Virginia**

- The H<sub>2</sub>Okies traveled to Charlottesville, Va., on Nov. 12-13 to face No. 11/9 Virginia and No. 25/NR Princeton. The Cavaliers dominated the meet, finishing ahead of the second-place H<sub>2</sub>Okies and the third-place Tigers in both competitions.
- Tech came away with eight titles in the meet, including a win in all four diving competitions, with three sweeps.
- Erika Hajnal led the 26th-ranked women’s team, earning a pair of NCAA “B” cut, first-place finishes, winning the 400 individual medley and the 1650 freestyle.
- Stephen Hawkins and Trey Stewart each picked up a title for the 23rd-ranked men’s team, as Hawkins won the 100 backstroke and Stewart took the gold in the 200 fly.
- The men’s diving team swept both diving events, with Ryan Hawkins winning the 1-meter springboard and Logan Shinholser winning the 3-meter. Sarah Milton led a sweep of the 3-meter for the women, while Carissa Santora took home the gold in the 1-meter event.



**Men’s NCAA Marks**

2010-11 Men’s Qualifying Standards  
25-Yard Course

EVENT	A Standard	B Standard
50 Freestyle	:19.35	:20.31
100 Freestyle	:42.26	:44.37
200 Freestyle	1:33.61	1:38.29
500 Freestyle	4:15.68	4:28.46
1650 Freestyle	14:51.15	15:35.70
100 Butterfly	:46.04	:48.34
200 Butterfly	1:42.95	1:48.09
100 Backstroke	:46.28	:48.59
200 Backstroke	1:41.53	1:46.60
100 Breaststroke	:52.87	:55.51
200 Breaststroke	1:54.25	1:59.96
200 Individual Medley	1:44.05	1:49.25
400 Individual Medley	3:43.68	3:54.86
200 Freestyle Relay	1:17.69	1:21.57
400 Freestyle Relay	2:52.47	3:01.09
800 Freestyle Relay	6:23.26	6:42.42
200 Medley Relay	1:25.66	1:29.94
400 Medley Relay	3:08.22	3:17.63

1-Meter Diving Points—Dual-290\*/300^  
3-Meter Diving—Dual-310\*/320^  
Platform Diving Points—Dual-290\*/300^

\* Qualifying point total when using 1 voluntary + 5 optional Dual Meet List  
^ Qualifying point total when using six optional dives with standard D.D.  
# Qualifying point total when using five optional dives with standard D.D.

**Women’s NCAA Marks**

2010-11 Men’s Qualifying Standards  
25-Yard Course

EVENT	A Standard	B Standard
50 Freestyle	:21.93	:23.02
100 Freestyle	:47.84	:50.23
200 Freestyle	1:44.02	1:49.22
500 Freestyle	4:38.46	4:52.41
1650 Freestyle	15:53.38	16:41.04
100 Butterfly	:52.02	:54.62
200 Butterfly	1:54.95	2:00.69
100 Backstroke	:52.55	:55.17
200 Backstroke	1:53.37	1:59.24
100 Breaststroke	:59.99	1:02.98
200 Breaststroke	2:09.72	2:16.20
200 Individual Medley	1:56.13	2:01.93
400 Individual Medley	4:07.33	4:19.69
200 Freestyle Relay	1:28.35	1:32.76
400 Freestyle Relay	3:14.93	3:24.67
800 Freestyle Relay	7:02.07	7:23.17
200 Medley Relay	1:37.81	1:42.70
400 Medley Relay	3:32.56	3:43.18

1-Meter Diving Points—Dual-255\*/265^  
3-Meter Diving Points—Dual-270\*/280^  
Platform Diving Points—Dual-260\*/225#

## H<sub>2</sub>Okies Split at Penn State

- The H<sub>2</sub>Okies traveled to University Park, Pa., for a dual-meet with Penn State University. The men won 181.5-118.5, but the women lost, 187-113.
- The men's team won eight titles, including five individual swimming titles, one relay title, and Logan Shinholser's second-consecutive sweep of the diving competition.
- The women won four titles, as Erika Hajnal won the 500 and the 1000 freestyle, Carissa Santora won the 1-meter springboard event, and Sarah Milton led a H<sub>2</sub>Okie sweep of the 3-meter springboard.
- Bryan Uncur took home two individual titles for the men, winning the 200 and the 500 freestyle events. Blake Trabuchi-Downey placed first in the 1000 freestyle, Charlie Higgins won the 100 backstroke, and Gregory Mahon took home the gold in the 100 butterfly.
- Additionally, Karl Botha, Stephen Hawkins, Michael Hallock and Matt Baumler swam to a first-place finish in the 400 freestyle relay.

## H<sub>2</sub>Okies Open CAC With 31 Titles, Pool Records

- The Virginia Tech H<sub>2</sub>Okies opened the 2010-2011 season with the inaugural intercollegiate competition at the

brand new Christiansburg Aquatic Center. The team started the season with a bang, winning 31 of the 32 events and inscribing Virginia Tech names in the record books in all but one event, the women's 100 backstroke, for original pool records.

- The men took home 16 titles with 12 event sweeps, while the women won 15 events, sweeping 13 of them.
- Erika Hajnal came home with the most individual titles, winning all three events she swam: the 200 backstroke (2:06.04), the 200 butterfly (2:04.19) and the 200 individual medley (2:06.33).
- Meaghan Holloway had two individual first-place finishes, winning the 100 and 200 breaststroke, and was a member of the winning 200 medley relay team along with Caroline Higgins, Heather Savage and Morgan Allen.
- Sarah Milton and Logan Shinholser swept the diving competitions, each winning the 1-meter and 3-meter springboard events.
- Karl Botha took home three gold medals, winning the 50 free and participating in both first-place relay events.
- Alex Lutterbein, Blake Trabuchi-Downey and Charlie Higgins each took home two individual titles.

### Men's TYR/CSCAA Poll

(Released Dec. 15, 2010)

Rk.	School	Pts.	Prev.
1.	Texas	769	1
2.	Arizona	720	5
3.	Stanford	705	2
4.	California	691	2
5.	Florida	657	4
6.	Auburn	605	7
7.	Ohio State	557	8
8.	Michigan	555	6
9.	Southern California	515	14
<b>10.</b>	<b>Virginia</b>	<b>507</b>	<b>11</b>
11.	Georgia	460	12
<b>12.</b>	<b>North Carolina</b>	<b>432</b>	<b>9</b>
13.	Minnesota	410	12
<b>14.</b>	<b>Indiana</b>	<b>396</b>	<b>10</b>
<b>15.</b>	<b>Tennessee</b>	<b>289</b>	<b>15</b>
16.	UNLV	281	18
<b>17.</b>	<b>Alabama</b>	<b>256</b>	<b>16</b>
<b>18.</b>	<b>Louisville</b>	<b>250</b>	<b>19</b>
<b>19.</b>	<b>Florida State</b>	<b>240</b>	<b>20</b>
20.	Texas A&M	186	17
21.	Purdue	138	21
22.	Iowa	121	NR
23.	Louisiana State	120	22
24.	South Carolina	45	24
<b>25.</b>	<b>Princeton</b>	<b>40</b>	<b>25</b>

**Also Receiving Votes:** Missouri 38, **Virginia Tech 36**, Navy 35, UCSB 34, CS-Bakersfield 28, Cal Poly 24, Texas Christian 20, **Kentucky 18**, Southern Methodist 18, Arizona State 17, Harvard 16, Wisconsin 16, **Georgia Tech 15**, **Maryland 15**, Oakland 12, Air Force 12, Hawaii 11, Michigan State 11, Penn 11, Buffalo 9, Howard 9, Northwestern 9, Notre Dame 7, Pacific 7, **Penn State 5**, Southern Illinois 3, Cleveland State 2, Denver 1, Illinois-Chicago 1, UNC-Wilmington 1, Pittsburgh 1.

### Women's TYR/CSCAA Poll

(Released Dec. 15, 2010)

Rk.	School	Pts.	Prev.
1.	Stanford	1,043	1
2.	Georgia	991	2
3.	Texas	893	3
4.	California	890	5
5.	Southern California	874	6
6.	Florida	873	4
7.	Arizona	846	7
8.	Texas A&M	754	8
<b>9.</b>	<b>Virginia</b>	<b>657</b>	<b>9</b>
10.	Auburn	655	10
<b>11.</b>	<b>North Carolina</b>	<b>588</b>	<b>12</b>
<b>12.</b>	<b>Tennessee</b>	<b>553</b>	<b>11</b>
13.	Minnesota	551	14
<b>14.</b>	<b>Indiana</b>	<b>479</b>	<b>15</b>
15.	Michigan	402	13
16.	Wisconsin	349	16
<b>17.</b>	<b>Louisville</b>	<b>317</b>	<b>20</b>
18.	Arkansas	239	17
19.	Ohio State	223	21
20.	Purdue	207	NR
21.	Southern Methodist	201	18
22.	Louisiana State	195	22
23.	UCLA	192	24
24.	San Diego State	157	23
<b>25.</b>	<b>Florida State</b>	<b>154</b>	<b>NR</b>

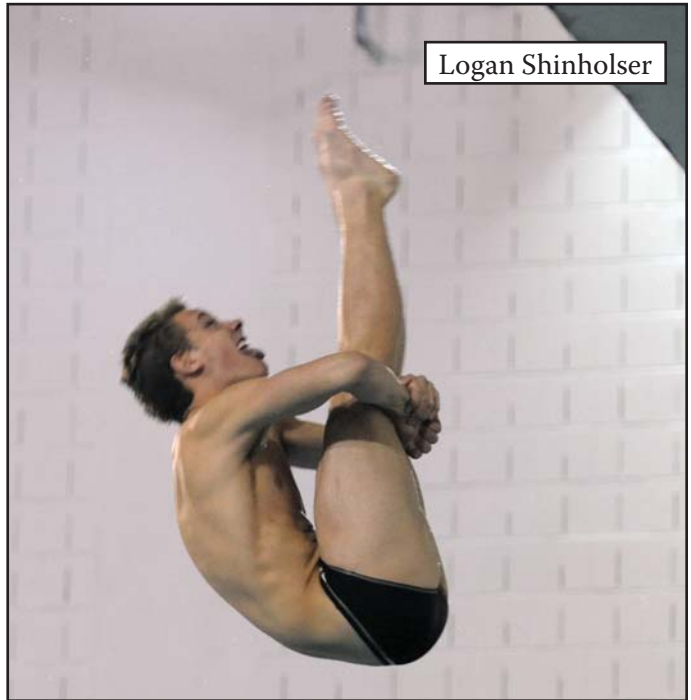
**Also Receiving Votes:** Arizona State 98, Notre Dame 61, Missouri 57, **Virginia Tech 51**, **Kentucky 47**, **Alabama 46**, **Maryland 42**, **Penn State 29**, UW-Milwaukee 24, Cal Poly 21, **Princeton 18**, Ball State 16, Harvard 15, Houston 13, Navy 12, Yale 11, Miami-OH 10, Ohio 10, UW-Green Bay 10, Kansas 9, Pittsburgh 9, San Jose State 8, Oregon State 6, South Carolina 6, Florida Gulf Coast 5, IUPUI 5, Northwestern 5, Towson 5, Brigham Young 4, Bucknell 4, UC-Santa Barbara 4, George Mason 4, **Miami-FL 4**, Boise State 3, **NC State 3**, Pennsylvania 3, Toledo 3, Iowa 2, Villanova 2, East Carolina 1, UNC-Wilmington 1, Western Kentucky 1.

### NCAA Zone A Qualifiers

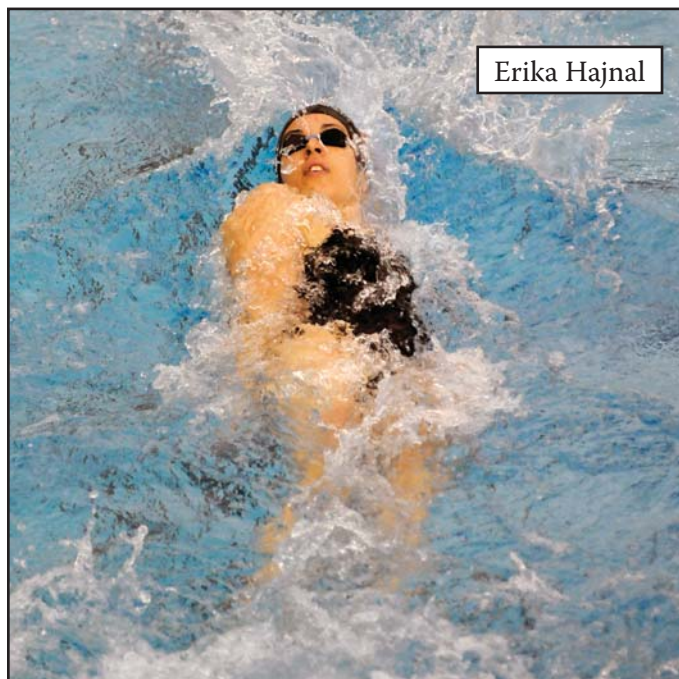
- Logan Shinholser, Daniel Martin, Ryan Hawkins and John Trope all had outstanding first outings, qualifying for the NCAA Zone A Championships in every event they participated in. All four qualified in the 1-meter springboard, and Shinholser, Martin and Hawkins also qualified in the 3-meter. Trope, who did not compete in the 3-meter on Oct. 16, qualified on Oct. 23 at Penn State with a score of 338.40.
- Sarah Milton, who swept the home competition on Oct. 16, qualified in the 1-meter and 3-meter springboards, along with Cara Murnan. Sara Mokhtari posted a second-place finish in the 1-meter, qualifying with a 281.95. On Oct. 23, Carissa Santora joined her teammates as a qualifier in the 1-meter, earning a 288.97 at Penn State.
- The H<sub>2</sub>Okies competed in the platform diving event for the first time at the Volunteer Invitational on Nov. 20. Logan Shinholser set a new Tech record and a new pool record for Tennessee with a first-place finish in the event, scoring a 436.90 and qualifying for the diving championships. Ryan Hawkins, who placed second in the event, also earned a qualifying score with 361.90 points.

### NCAA Championship Qualifiers

- Erika Hajnal was the first H<sub>2</sub>Okie of the season to earn an NCAA qualifying time, swimming a 4:51.82 in the 500 freestyle at Penn State and making the NCAA "B" cut (4:52.41). She then added two more "B" cut times on Nov. 12-13 at Virginia, with her pair of first-place finishes in the 400 IM (4:15.90) and the 1650 free (16:35.67).
- The H<sub>2</sub>Okies swam a ton of "B" cut times at the Volunteer Invitational on Nov. 18-20, as four of Hajnal's teammates qualified provisionally as individuals along with five relay squads.



Logan Shinholser



Erika Hajnal

- Charlie Higgins was the first men's swimmer to earn a "B" cut time, swimming a 48.58 in the 100 backstroke.
- Katarina Filova, Lauren Ritter and Brittany Boone all qualified as individuals in at least one event at the Volunteer Invitational. Filova swam "B" cut times in the 100 free (49.97), the 200 free (1:47.15) and the 500 free (4:46.34), Ritter qualified in the 200 free (1:48.53), the 500 free (4:46.66) and the 1650 free (16:28.45), and Brittany Boone earned a "B" cut time in the 200 back (1:58.91).
- The Hokies then had five relay teams swim "B" cut times at the Volunteer Invite. Charlie Higgins, Nevin Cook, Gregory Mahon and Richard Ulatowski swam a "B" cut time of 1:29.68 in the 200 medley relay, placing second, and then Karl Botha, Stephen Hawkins, Richard Ulatowski and Michael Hallock earned a "B" cut time of 3:00.53 in the final race of the weekend, the 400 freestyle relay.
- The women's team qualified in all three freestyle relay events at the Volunteer Invitational. Katarina Filova, Kaleigh Gomes, Heather Savage and Emily Ferguson swam a 1:32.69 in the 200 free relay, Steffi Drechsel, Ferguson, Gomes and Filova swam a 3:22.85 in the 400, and Filova, Ritter, Hajnal and Jace Howanitz set a new pool record in the 800 free relay with a "B" cut time of 7:18.10.

### Team Titles

- Tech has posted 58 first-place finishes on the season, including six relay titles, 38 individual swimming titles, and 14 diving titles. The H<sub>2</sub>Okies earned 31 first-place finishes against Charleston and Radford on Oct. 16, added 12 at Penn State on Oct. 23 and eight more on Nov. 12-13 at Virginia. Tech then earned seven gold medals while setting four new pool records on Nov. 18-20 at the Volunteer Invitational.

## 2010-11 MEN'S TOP TIMES

## 2010-11 WOMEN'S TOP TIMES

Event/Name	Time/Score	Date
<b>50 Freestyle</b>		
Richard Ulatowski	20.66	11/18
Richard Ulatowski	20.77 P	11/18
Karl Botha	20.88 L/S	11/18
<b>100 Freestyle</b>		
Karl Botha	45.13 L/S	11/20
Richard Ulatowski	45.22 P	11/20
Karl Botha	45.40 P	11/20
<b>200 Freestyle</b>		
Bryan Uncur	1:40.27 P	11/19
Zach McGinnis	1:40.58	11/19
Bryan Uncur	1:40.86^	10/23
<b>500 Freestyle</b>		
Bryan Uncur	4:30.38	11/18
Bryan Uncur	4:31.36 P	11/18
Philip LaRosa	4:31.54	11/18
<b>1000 Freestyle</b>		
Blake Trabuchi-Downey	9:31.45^	10/23
Philip LaRosa	9:34.65	10/23
Blake Trabuchi-Downey	9:36.26 (S)	11/20
<b>1650 Freestyle</b>		
Philip LaRosa	15:43.32	11/20
Philip LaRosa	15:54.86	11/13
Blake Trabuchi-Downey	15:54.90	11/20
<b>100 Backstroke</b>		
Charlie Higgins	48.58^	11/19
Zach McGinnis	49.20	11/19
Zach McGinnis	49.45 L/S	11/18
<b>200 Backstroke</b>		
Charlie Higgins	1:48.45	11/20
Gregory Mahon	1:48.78 P	11/20
Tom Sheranek	1:48.80 P	11/20
<b>100 Breaststroke</b>		
Nevin Cook	56.39	11/19
Nevin Cook	57.08 P	11/19
Emmett Dignan	57.23	11/19
<b>200 Breaststroke</b>		
Emmett Dignan	2:03.58	11/20
Emmett Dignan	2:05.53 P	11/20
Nevin Cook	2:06.64	11/20
<b>100 Butterfly</b>		
Gregory Mahon	48.78 P	11/19
Gregory Mahon	49.32	11/19
Karl Botha	49.32	11/19
<b>200 Butterfly</b>		
Matt Baumler	1:48.17	11/20
Trey Stewart	1:48.92 P	11/20
Trey Stewart	1:49.21	11/20
<b>200 Individual Medley</b>		
Nathan Hoisington	1:50.80	11/18
Gregory Mahon	1:50.98 P	11/18
Nathan Hoisington	1:51.15 P	11/18
<b>400 Individual Medley</b>		
Alex Lutterbein	3:56.25	11/19
Philip LaRosa	3:58.40	11/19
Alex Lutterbein	3:59.40	11/12

Event/Name	Time/Score	Date
<b>50 Freestyle</b>		
Katarina Filova	23.48 L/S	11/18
Emily Ferguson	23.54	11/18
Kaleigh Gomes	23.66	11/18
<b>100 Freestyle</b>		
Katarina Filova	49.97 'B'	11/20
Emily Ferguson	50.58	11/20
Katrina Filova	50.81 P	11/20
<b>200 Freestyle</b>		
Katarina Filova	1:47.15#^ 'B'	11/19
Katarina Filova	1:48.37 L/S 'B'	11/19
Lauren Ritter	1:48.53 P 'B'	11/19
<b>500 Freestyle</b>		
Erika Hajnal	4:44.02^ 'B'	11/18
Katarina Filova	4:46.34 'B'	11/18
Lauren Ritter	4:46.66 'B'	11/18
<b>1000 Freestyle</b>		
Erika Hajnal	9:50.08 (S)	11/20
Lauren Ritter	9:52.87 (S)	11/20
Erika Hajnal	10:05.87 (S)	11/13
<b>1650 Freestyle</b>		
Erika Hajnal	16:10.60 'B'	11/20
Lauren Ritter	16:28.45 'B'	11/20
Erika Hajnal	16:35.67^ 'B'	11/13
<b>100 Backstroke</b>		
Steffi Drechsel	55.18	11/19
Brittany Boone	56.21	11/19
Steffi Drechsel	56.28 L/S	11/18
<b>200 Backstroke</b>		
Brittany Boone	1:58.91 'B'	11/20
Brittany Boone	2:00.63 P	11/20
Aubree Duncan	2:03.67	11/20
<b>100 Breaststroke</b>		
Keri Sink	1:03.67	11/19
Keri Sink	1:03.69 P	11/19
Meaghan Holloway	1:03.90	11/19
<b>200 Breaststroke</b>		
Keri Sink	2:16.99	11/20
Meaghan Holloway	2:19.05 P	11/20
Keri Sink	2:19.16 P	11/20
<b>100 Butterfly</b>		
Meaghan Holloway	55.47	11/19
Heather Savage	55.47 P	11/19
Heather Savage	56.24	11/19
<b>200 Butterfly</b>		
Erika Hajnal	2:00.75 P	11/20
Meaghan Holloway	2:00.85	11/20
Meaghan Holloway	2:01.02 P	11/20
<b>200 Individual Medley</b>		
Keri Sink	2:03.70	11/18
Meaghan Holloway	2:04.59	11/18
Keri Sink	2:04.93 P	11/18
<b>400 Individual Medley</b>		
Erika Hajnal	4:10.37#^ 'B'	11/19
Erika Hajnal	4:15.90 'B'	11/12
Erika Hajnal	4:21.25 P	11/19

^ 1st-Place Finish # Pool Record  
'A' - NCAA "A" cut

P - Preliminary \* School Record  
'B' - NCAA "B" cut

(S) - Split L/S - Leadoff Split  
'Z' - Zone A Qualifying Dive

**MEN'S RELAY TOP TIMES**

<b>Event/Name</b>	<b>Time/Score</b>	<b>Date</b>
<b>200 Freestyle Relay</b>		
Botha, Hawkins, Francis, Ulatowski	1:21.91	11/18
Botha, Hawkins, Francis, Mahon	1:23.12	11/12
Francis, Botha, Mahon, Carr	1:23.76#^	10/16
<b>400 Freestyle Relay</b>		
Botha, Hawkins, Ulatowski, Hallock	3:00.53 'B'	11/20
Botha, Hawkins, Mahon, Hallock	3:04.44	11/13
Botha, Hawkins, Hallock, Baumler	3:05.17	10/23
<b>800 Freestyle Relay</b>		
Uncur, Hallock, Tremols, Trabuchi-Downey	6:48.02	11/19
McGinnis, Baumler, LaRosa, Munster	6:48.06	11/19
Uncur, Tremols, Hallock, Baumler	6:54.17	11/12
<b>200 Medley Relay</b>		
Higgins, Cook, Mahon, Ulatowski	1:29.68 'B'	11/19
McGinnis, Dignan, Botha, Hawkins	1:30.41	11/19
Hawkins, Hoisington, Botha, Ulatowski	1:31.92#^	10/16
<b>400 Medley Relay</b>		
Higgins, Cook, Mahon, Botha	3:20.35	11/18
Francis, Hoisington, Mahon, Botha	3:23.55	11/12
Hawkins, Dignan, Baumler, Hallock	3:35.51	11/12

**WOMEN'S RELAY TOP TIMES**

<b>Event</b>	<b>Time/Score</b>	<b>Date</b>
<b>200 Freestyle Relay</b>		
Filova, Gomes, Savage, Ferguson	1:32.69	11/18
Gomes, Drechsel, Savage, Ferguson	1:35.96#^	10/16
Gomes, Ferguson, Savage, Drechsel	1:36.07	11/12
<b>400 Freestyle Relay</b>		
Drechsel, Ferguson, Gomes, Filova	3:22.85 'B'	11/20
Filova, Drechsel, Savage, Ferguson	3:28.14	10/23
Savage, Howanitz, Allen, Ritter	3:28.21	11/20
<b>800 Freestyle Relay</b>		
Filova, Ritter, Hajnal, Howanitz	7:18.10#^ 'B'	11/19
Sepanski, Flora, Carne, Simon	7:33.32	11/19
Hajnal, Howanitz, Ritter, Carne	7:36.93	11/12
<b>200 Medley Relay</b>		
Drechsel, Sink, Savage, Ferguson	1:42.80 'B'	11/19
Boone, Leake, Holloway, Gomes	1:44.65	11/19
Drechsel, Sink, Savage, Ferguson	1:45.37	11/12
<b>400 Medley Relay</b>		
Boone, Houchin, Savage, Gomes	3:50.48	11/18
Drechsel, Sink, Holloway, Ferguson	3:50.53	11/12
Duncan, Houchin, Savage, Ritter	3:56.76	11/12

**MEN'S DIVING TOP SCORES**

<b>1-Meter Springboard</b>		
Logan Shinholser	392.75#^ 'Z'	10/16
Ryan Hawkins	370.55 'Z'	10/16
Logan Shinholser	366.30^ 'Z'	10/23
<b>3-Meter Springboard</b>		
Logan Shinholser	409.20^ 'Z'	10/23
Logan Shinholser	384.00^ 'Z'	11/12
Ryan Hawkins	382.35 'Z'	10/23
<b>Platform</b>		
Logan Shinholser	436.90*#^ 'Z'	11/20
Ryan Hawkins	361.90 'Z'	11/20
Daniel Martin	281.5	11/20

**WOMEN'S DIVING TOP SCORES**

<b>1-Meter Springboard</b>		
Carissa Santora	288.97^ 'Z'	10/23
Sarah Milton	283.75#^ 'Z'	10/16
Sara Mokhtari	281.95 'Z'	10/16
<b>3-Meter Springboard</b>		
Sarah Milton	333.00^ 'Z'	10/23
Sarah Milton	310.60#^ 'Z'	10/16
Cara Murnan	307.10 'Z'	10/16
<b>Platform</b>		
Cara Murnan	246.20^	11/20
Carissa Santora	215.60	11/20
Sarah Milton	204.35	11/20

^ 1st-Place Finish # Pool Record P - Preliminary \* School Record (S) - Split L/S - Leadoff Split  
 'A' - NCAA "A" cut 'B' - NCAA "B" cut 'Z' - Zone A Qualifying Dive

## H<sub>2</sub>OOKIE MEN ATOP THE ACC

<b>100 Backstroke</b>			
1. Tommy Wyher, UNC	11/18-11/20	47.79	B#
2. Charlie Higgins	11/18-11/20	48.58	B
7. Zach McGinnis	11/12-11/13	49.20	
10. Gregory Mahon	11/18-11/20	49.89	
<b>200 Backstroke</b>			
1. Brad Morrison, FSU	11/23	1:46.36	B
8. Charlie Higgins	11/18-11/20	1:48.45	
<b>100 Breaststroke</b>			
1. Rob Holderness, FSU	10/4-10/9	52.76	A*
10. Nevin Cook	11/18-11/20	56.39	
<b>100 Butterfly</b>			
1. Tommy Wyher, UNC	11/6	48.15	B
5. Gregory Mahon	11/18-11/20	48.78	
<b>200 Butterfly</b>			
1. Tom Luchsinger, UNC	11/18-11/20	1:45.10	B
6. Matt Baumler	11/18-11/20	1:48.17	
8. Trey Stewart	11/18-11/20	1:48.92	
<b>400 Individual Medley</b>			
1. Tyler Harris, UNC	11/18-11/20	3:46.92	B
7. Alex Lutterbein	11/18-11/20	3:56.25	
<b>1-Meter Diving</b>			
1. Nick McCrory, Duke	10/23	413.77	Z
2. Logan Shinholser	10/16	392.75	Z
4. Ryan Hawkins	10/16	370.55	Z
7. Daniel Martin	10/16	361.30	Z
<b>3-Meter Diving</b>			
1. Nick McCrory, Duke	10/29	440.48	Z
3. Logan Shinholser	10/23	409.20	Z
6. Ryan Hawkins	10/23	382.35	Z
8. Daniel Martin	10/16	360.65	Z
<b>Platform Diving</b>			
1. Logan Shinholser	11/18-11/20	436.90	Z
4. Ryan Hawkins	11/18-11/20	361.90	Z
10. Daniel Martin	11/18-11/20	281.15	

## H<sub>2</sub>OOKIE WOMEN ATOP THE ACC

<b>100 Freestyle</b>			
1. Lauren Purdue, UVa	12/3-12/5	48.16	B
7. Katarina Filova	11/18-11/20	49.97	B
<b>200 Freestyle</b>			
1. Lauren Purdue, UVa	12/3-12/5	1:44.12	B
2. Katarina Filova	11/18-11/20	1:47.15	B
10. Lauren Ritter	11/18-11/20	1:48.53	B
<b>500 Freestyle</b>			
1. Stephanie Peacock, UNC	11/18-11/20	4:38.54	B
5. Erika Hajnal	11/18-11/20	4:44.02	B
7. Katarina Filova	11/18-11/20	4:46.34	B
8. Lauren Ritter	11/18-11/20	4:46.66	B
<b>1650 Freestyle</b>			
1. Ashley Twichell, Duke	11/18-11/20	16:09.86	B
2. Erika Hajnal	11/18-11/20	16:10.60	B
7. Lauren Ritter	11/18-11/20	16:28.45	B
<b>100 Backstroke</b>			
1. Carly Smith, UNC	11/18-11/20	53.34	B#
9. Steffi Drechsel	11/18-11/20	55.18	B
<b>200 Backstroke</b>			
1. Stephanie Sarandos, FSU	11/23	1:55.87	B
7. Brittany Boone	11/18-11/20	1:58.91	B
<b>100 Breaststroke</b>			
1. Layne Brodie, UNC	11/18-11/20	1:00.52	B
9. Keri Sink	11/18-11/20	1:03.67	
<b>200 Butterfly</b>			
1. Rachel Naurath, UVa	12/3-12/5	1:57.76	B
7. Erika Hajnal	11/18-11/20	2:00.75	
9. Meaghan Holloway	11/18-11/20	2:00.85	
<b>400 Individual Medley</b>			
1. Claire Crippen, UVa	12/3-12/5	4:09.83	B
2. Erika Hajnal	11/18-11/20	4:10.37	B
<b>1-Meter Diving</b>			
1. Kelsey Goodman, FSU	11/23	332.40	Z
10. Carissa Santora	10/23	288.97	Z
<b>3-Meter Diving</b>			
1. Abby Johnston, Duke	11/18-11/20	751.50	Z
5. Sarah Milton	10/23	333.00	Z
<b>Platform Diving</b>			
1. Carrie Dragland, Miami	12/2-12/4	288.85	Z
5. Cara Murnan	11/18-11/20	246.20	
9. Carissa Santora	11/18-11/20	215.60	
10. Sarah Milton	11/18-11/20	204.35	

\* Times converted from meters to yards  
 # Leadoff Split  
 A = A Standard  
 B = B Standard  
 Z = Qualified for Zone Championships

### Men's ACC Standings

(As of Jan. 10, 2011)

Rk.	Team	ACC	Overall
1.	NC State	2-0	4-0
	North Carolina	2-0	6-0
3.	Florida State	1-0	6-1
4.	Clemson	1-1	4-2
	Duke	1-1	2-1
6.	Virginia	0-0	4-1
	<b>Virginia Tech</b>	<b>0-0</b>	<b>2-0</b>
	Boston College	0-0	9-3
9.	Georgia Tech	0-2	3-5
10.	Maryland	0-3	1-5
	Miami	-- DIVING ONLY --	--

### Women's ACC Standings

(As of Jan. 10, 2011)

Rk.	Team	ACC	Overall
1.	Florida State	2-0	8-1
	North Carolina	2-0	5-1
3.	Maryland	2-1	5-1
4.	NC State	1-1	4-1
	Clemson	1-1	3-3
6.	Virginia	0-0	2-1
	<b>Virginia Tech</b>	<b>0-0</b>	<b>2-1</b>
	Boston College	0-0	8-6
9.	Miami	0-1	5-1
10.	Georgia Tech	0-2	3-5
	Duke	0-2	1-3



**Matt Baumler**

50 freestyle..... 21.10      100 freestyle..... 47.02  
 200 freestyle..... 1:43.77      500 freestyle..... 4:48.44  
 100 back ..... 53.78      100 butterfly..... 48.53  
 200 butterfly..... 1:47.54      200 IM ..... 1:50.91

**Karl Botha**

50 freestyle..... 20.16      100 freestyle..... 44.57  
 100 back ..... 53.75      100 butterfly..... 48.23  
 200 butterfly..... 1:49.57

**Nevin Cook**

50 freestyle..... 21.83      100 back .....51.29\*  
 200 back ..... 1:48.76      100 breast ..... 55.77  
 200 breast ..... 2:01.85      200 IM ..... 1:49.21  
 400 IM ..... 3:54.14

**Emmett Dignan**

50 freestyle..... 21.48      100 freestyle.....46.60\*  
 100 breast ..... 57.23      200 breast ..... 2:03.58  
 200 IM ..... 1:57.50

**Ryne Francis**

50 freestyle..... 20.91      100 freestyle.....46.76\*  
 200 freestyle..... 1:42.16      500 freestyle..... 4:32.95  
 100 back ..... 49.55      200 back ..... 1:47.09

**Michael Hallock**

50 freestyle..... 21.63      100 freestyle..... 45.98  
 200 freestyle..... 1:40.31      100 back ..... 50.18

**Ryan Hawkins**

1-meter..... 370.55      Platform..... 361.90  
 3-meter..... 382.35

**Stephen Hawkins**

50 freestyle..... 19.83      100 freestyle..... 43.96  
 200 freestyle..... 1:37.08      100 back ..... 48.79  
 100 butterfly..... 50.36

**Garrett Hehn**

50 freestyle..... 22.42      100 freestyle..... 49.05  
 200 freestyle..... 1:52.55      100 butterfly..... 52.95  
 200 IM ..... 2:00.91

**Charlie Higgins**

50 freestyle..... 21.11      100 freestyle.....47.67\*  
 200 freestyle.....1:48.38\*      100 back ..... 46.54#  
 200 back ..... 1:43.72#      100 butterfly..... 47.96

**Nathan Hoisington**

100 breast ..... 58.04      200 breast ..... 2:06.76  
 200 IM ..... 1:50.80      400 IM ..... 4:02.76

**Philip LaRosa**

500 freestyle..... 4:30.59      1000 freestyle..... 9:24.10^  
 1650 freestyle..... 15:32.03      200 butterfly..... 1:53.84  
 200 IM ..... 1:57.31      400 IM ..... 3:57.15

**Danny Loftus**

100 breast ..... 1:00.19      200 breast ..... 2:09.87  
 200 IM ..... 1:56.24

**Alex Lutterbein**

50 freestyle..... 4:32.86      1000 freestyle..... 9:29.76  
 1650 freestyle..... 15:56.85      200 back ..... 1:50.66  
 400 IM ..... 3:53.92

**Greg Mahon**

50 freestyle..... 21.46      100 freestyle..... 46.89  
 200 freestyle..... 1:43.79      100 back ..... 49.89  
 200 back ..... 1:48.78      100 butterfly..... 47.33  
 200 butterfly..... 1:45.32      200 IM ..... 1:47.40#

**Daniel Martin**

1-meter..... 361.30      Platform..... 315.40  
 3-meter..... 363.30

**Zach McGinnis**

50 freestyle..... 21.17      100 freestyle..... 46.40  
 200 freestyle..... 1:40.58\*      100 back ..... 49.20  
 200 back ..... 1:48.97

**Greg Morgan**

50 freestyle..... 20.66      100 freestyle..... 45.14  
 200 freestyle..... 1:39.06      100 butterfly..... 51.58

**Ben Munster**

200 freestyle..... 1:43.47      500 freestyle..... 4:36.04  
 1000 freestyle..... 9:41.64^      1650 freestyle..... 16:04.97

**Tom Sheranek**

200 back ..... 1:44.97      200 IM ..... 1:49.79  
 400 IM ..... 3:53.88

**Logan Shinholser**

1-meter..... 392.75      Platform..... 436.90#  
 3-meter..... 409.20

**Adam Skipper**

50 freestyle..... 21.03      100 freestyle..... 47.48  
 100 breast ..... 57.30      200 IM ..... 1:52.03

**Trey Stewart**

50 freestyle..... 21.43      200 freestyle.....1:42.67\*  
 500 freestyle..... 4:26.80      100 back ..... 49.27  
 100 butterfly..... 49.37      200 butterfly..... 1:45.76  
 200 IM ..... 1:53.32      400 IM ..... 4:01.49

**Blake Trabuchi-Downey**

200 freestyle..... 1:41.22      500 freestyle..... 4:23.46  
 1000 freestyle..... 9:19.76^      1650 freestyle..... 15:24.35  
 200 butterfly..... 1:46.55

**Nick Tremols**

200 freestyle..... 1:41.63      100 butterfly..... 49.58  
 200 butterfly..... 1:49.33      200 IM ..... 1:52.91

**John Trope**

1-meter..... 300.25      Platform..... 256.10  
 3-meter..... 338.40

**Rich Ulatowski**

50 freestyle..... 20.00      100 freestyle..... 44.61  
 200 freestyle..... 1:43.55      100 back ..... 53.80  
 100 breast ..... 57.78      100 butterfly..... 54.49

**Bryan Uncur**

50 freestyle..... 21.54      100 freestyle..... 46.43  
 200 freestyle..... 1:38.16      500 freestyle..... 4:23.41  
 1000 freestyle..... 9:11.54^      1650 freestyle..... 15:19.04

**Chris Verboncoeur**

50 freestyle..... 22.27      100 freestyle..... 48.83  
 100 back ..... 54.97      100 butterfly..... 52.22

\* Denotes Leadoff Split  
 ^ Denotes Split  
 # Denotes School Record

### Morgan Allen

50 freestyle.....24.10      100 freestyle ..... 52.80

### Kameron Ansley

200 freestyle.....1:59.52      100 butterfly ..... 57.10  
200 butterfly.....2:07.86      200 IM..... 2:09.66

### Sarah Ault

50 freestyle.....24.04      100 freestyle ..... 51.86  
100 back .....57.15      200 back..... 2:13.77

### England Barimo

1-meter.....222.75      3-meter ..... 227.25

### Brittany Boone

100 back .....56.21      200 back..... 1:58.91  
200 IM .....2:10.57

### Addie Carne

50 freestyle.....24.67      100 freestyle ..... 52.39  
200 freestyle.....1:51.73      100 butterfly ..... 57.51  
200 butterfly.....2:04.55      200 IM..... 2:06.55

### Steffi Drechsel

50 freestyle.....22.90      100 freestyle .....49.35\*  
100 back ..... 53.66#\*      200 back..... 2:04.46  
100 butterfly.....56.21

### Aubree Duncan

50 freestyle.....25.74      100 freestyle ..... 54.71  
100 back .....58.53      200 back..... 2:03.67  
200 IM .....2:10.97

### Emily Ferguson

50 freestyle.....23.10      100 freestyle ..... 50.02  
200 freestyle.....1:50.46      100 breast..... 1:04.32

### Katarina Filova

50 freestyle.....22.91      100 freestyle .....49.15\*  
200 freestyle.....1:45.25#      500 freestyle ..... 4:46.34  
100 back ..... 58.45\*

### Becky Flora

50 freestyle.....25.16      100 freestyle ..... 52.27  
200 freestyle.....1:50.84      500 freestyle ..... 4:52.25

### Kaleigh Gomes

50 freestyle.....23.00      100 freestyle ..... 51.05  
200 freestyle.....1:54.79      100 butterfly ..... 56.16

### Erika Hajnal

200 freestyle.....1:48.97\*      500 freestyle ..... 4:40.03#  
1000 freestyle..... 9:40.18^#      1650 freestyle ..... 16:00.16#  
200 back .....2:05.57      200 butterfly ..... 1:59.18  
200 IM .....2:06.33      400 IM..... 4:09.33#

### Caroline Higgins

50 freestyle.....25.21      100 back..... 1:01.44  
200 back .....2:06.36

### Meaghan Holloway

100 breast .....1:03.90      200 breast..... 2:19.05  
100 butterfly.....55.14      200 butterfly ..... 2:00.85  
200 IM .....2:04.59

### Abby Houchin

50 freestyle.....25.26      100 breast..... 1:06.55  
200 breast .....2:20.36      200 IM..... 2:10.04

### Jace Howanitz

50 freestyle.....24.64      100 freestyle ..... 51.40  
200 freestyle.....1:51.26      100 back..... 59.24  
200 back .....2:06.35      100 breast ..... 1:04.39  
100 butterfly.....57.48      200 butterfly ..... 2:06.42  
200 IM .....2:02.22      400 IM ..... 4:22.78

### Dana Kalnins

100 back .....58.61      200 back..... 2:05.88  
100 butterfly.....57.53      200 butterfly ..... 2:03.06  
200 IM .....2:06.72      400 IM..... 4:36.66

### Natalie Leake

50 freestyle.....24.95      100 breast ..... 1:06.13  
200 breast .....2:24.73

### Sarah Milton

1-meter.....285.53      Platform ..... 204.35  
3-meter.....337.80#

### Sara Mokhtari

1-meter.....281.95      Platform ..... 252.90#  
3-meter.....288.60

### Cara Murnan

1-meter.....279.90      Platform ..... 246.20  
3-meter.....324.97

### Adrienne Pilchard

500 freestyle.....5:07.56      1000 freestyle ..... 10:40.19  
1650 freestyle.....17:43.88      100 breast..... 1:10.22  
200 breast .....2:27.78      400 IM..... 4:32.76

### Lauren Ritter

100 freestyle.....51.64      200 freestyle ..... 1:48.18  
500 freestyle.....4:43.83      1000 freestyle ..... 9:52.87^  
1650 freestyle.....16:23.30      400 IM..... 4:22.38

### Carissa Santora

1-meter.....288.97      Platform ..... 215.60  
3-meter.....292.05

### Heather Savage

50 freestyle.....24.04      100 freestyle ..... 51.44  
100 butterfly.....55.47

### Andrea Sawchuk

1-meter.....252.53      Platform ..... 196.80  
3-meter.....257.85

### Rachel Sepanski

50 freestyle.....24.61      100 freestyle ..... 52.57  
200 freestyle.....1:51.94      500 freestyle ..... 4:58.06

### Laura Simon

500 freestyle.....4:53.79      1000 freestyle ..... 10:01.71^  
1650 freestyle.....16:37.49      200 back..... 2:07.03  
200 IM .....2:08.24      400 IM..... 4:20.05

### Keri Sink

200 back .....2:07.52      100 breast..... 1:03.31  
200 breast .....2:15.91      200 butterfly ..... 2:06.82  
200 IM .....2:03.14      400 IM..... 4:22.05

### Katie Steeves

200 breast .....2:20.06      200 butterfly ..... 2:05.05  
200 IM .....2:09.65      400 IM..... 4:24.68

\* Denotes Leadoff Split  
^ Denotes Split  
# Denotes School Record

Event/Record Type	Name	Time	Date
<b>50 Freestyle</b>			
Atlantic Coast Conference	Cullen Jones, NC State	19.07	2/22/06
Virginia Tech	Kaan Tayla	19.50	2/28/08
Christiansburg Aquatic Center	<b>Karl Botha</b>	20.89	10/16/10
<b>100 Freestyle</b>			
Atlantic Coast Conference	Scot Robison, Virginia	42.42	3/27/10
Virginia Tech	Kaan Tayla	43.30	3/31/08
Christiansburg Aquatic Center	<b>Gregory Mahon</b>	46.89	10/16/10
<b>200 Freestyle</b>			
Atlantic Coast Conference	Scot Robison, Virginia	1:32.45	2/26/10
Virginia Tech	Zac Czaplicki	1:37.05	2/24/06
Christiansburg Aquatic Center	<b>Blake Trabuchi-Downey</b>	1:42.30	10/16/10
<b>500 Freestyle</b>			
Atlantic Coast Conference	Matt McLean, Virginia	4:10.00	2/27/10
Virginia Tech	Gus Calado	4:22.50	2/19/04
Christiansburg Aquatic Center	<b>Blake Trabuchi-Downey</b>	4:39.81	10/16/10
<b>1000 Freestyle</b>			
Atlantic Coast Conference	Matt McLean, Virginia	8:46.50	2/28/09
Virginia Tech	Ben Miller	9:10.06	2/28/09
Christiansburg Aquatic Center	<b>Alex Lutterbein</b>	9:42.62	10/16/10
<b>1650 Freestyle</b>			
Atlantic Coast Conference	Matt McLean, Virginia	14:35.12	2/28/09
Virginia Tech	Caglar Gokbulut	15:15.92	2/28/09
Christiansburg Aquatic Center	Kemp Pettyjohn, LY	16:41.36	11/14/10
<b>100 Backstroke</b>			
Atlantic Coast Conference	Tommy Wyher, North Carolina	45.93	3/26/10
Virginia Tech	<b>Charlie Higgins</b>	46.54	2/27/09
Christiansburg Aquatic Center	<b>Charlie Higgins</b>	50.10	10/16/10
<b>200 Backstroke</b>			
Atlantic Coast Conference	Andy Hodgson, Florida State	1:41.14	2/28/09
Virginia Tech	<b>Charlie Higgins</b>	1:43.72	3/28/10
Christiansburg Aquatic Center	<b>Alex Lutterbein</b>	1:54.53	10/16/10
<b>100 Breaststroke</b>			
Atlantic Coast Conference	Ed Moses, Virginia	52.60	2/26/00
Virginia Tech	Kevin Furlong	53.54	2/21/03
Christiansburg Aquatic Center	Bill Young, YWNC	57.88	11/13/10
<b>200 Breaststroke</b>			
Atlantic Coast Conference	Ryan Hurley, Virginia	1:53.93	3/28/09
Virginia Tech	Jonathan Huss	1:59.36	2/28/09
Christiansburg Aquatic Center	Bill Young, YWNC	2:03.54	11/13/10
<b>100 Butterfly</b>			
Atlantic Coast Conference	Tommy Wyher, North Carolina	45.57	2/26/10
Virginia Tech	Scott Beard	47.05	2/24/06
Christiansburg Aquatic Center	<b>Charlie Higgins</b>	51.91	10/16/10
<b>200 Butterfly</b>			
Atlantic Coast Conference	Michael Raab	1:42.84	3/27/10
Virginia Tech	Gus Calado	1:44.25	3/25/06
Christiansburg Aquatic Center	<b>Trey Stewart</b>	1:52.65	10/16/10
<b>200 Individual Medley</b>			
Atlantic Coast Conference	Gal Nevo, Georgia Tech	1:42.79	3/26/09
Virginia Tech	<b>Gregory Mahon</b>	1:47.40	2/25/10
Christiansburg Aquatic Center	<b>Matt Baumber</b>	1:55.52	10/16/10
<b>400 Individual Medley</b>			
Atlantic Coast Conference	Gal Nevo, Georgia Tech	3:38.00	3/27/09
Virginia Tech	Gus Calado	3:51.63	2/24/06
Christiansburg Aquatic Center	Bill Young, YWNC	4:08.18	11/13/10
<b>200 Freestyle Relay</b>			
Atlantic Coast Conference	Sousa, Plummer, Copeland, Robberson-GT	1:17.84	2/26/09
Virginia Tech	deToll, <b>Hawkins</b> , Holmes, <b>Ulatowski</b>	1:18.75	2/26/09
Christiansburg Aquatic Center	<b>Francis, Botha, Mahon, Carr</b>	1:23.76	10/16/10
<b>400 Freestyle Relay</b>			
Atlantic Coast Conference	Robison, Azar, Geissinger, McLean-UVa	2:51.50	2/28/09
Virginia Tech	deToll, <b>Hawkins</b> , Holmes, <b>Ulatowski</b>	2:55.49	2/28/09
Christiansburg Aquatic Center			
<b>800 Freestyle Relay</b>			
Atlantic Coast Conference	Azar, Robison, Karasek, McLean-UVa	6:15.02	2/25/09
Virginia Tech	Hughes, <b>Trabuchi-Downey</b> , <b>Uncur</b> , <b>Hawkins</b>	6:30.03	2/25/09
Christiansburg Aquatic Center			
<b>200 Medley Relay</b>			
Atlantic Coast Conference	Olesen, Hurley, Robertson, Robison-UVa	1:25.99	3/27/09
Virginia Tech	<b>Higgins</b> , Huss, deToll, Holmes	1:27.11	2/27/09
Christiansburg Aquatic Center	<b>Hawkins, Hoisington, Botha, Ulatowski</b>	1:31.92	10/16/10
<b>400 Medley Relay</b>			
Atlantic Coast Conference	Olsen, Robertson, Hurley, Robison-UVa	3:08.71	2/27/09
Virginia Tech	<b>Higgins</b> , Huss, deToll, <b>Hawkins</b>	3:11.18	2/25/09
Christiansburg Aquatic Center			

Event/Record Type	Name	Time	Date
<b>50 Freestyle</b>			
Atlantic Coast Conference	Sara Smith	21.96	2/19/09
Virginia Tech	Sara Smith	21.96	2/19/09
Christiansburg Aquatic Center	<b>Emily Ferguson</b>	23.95	10/16/10
<b>100 Freestyle</b>			
Atlantic Coast Conference	Sara Smith	48.10	2/21/09
Virginia Tech	Sara Smith	48.10	3/20/09
Christiansburg Aquatic Center	<b>Steffi Drechsel</b>	52.33	10/16/10
<b>200 Freestyle</b>			
Atlantic Coast Conference	Lauren Perdue, Virginia	1:43.86	2/19/10
Virginia Tech	<b>Katarina Filova</b>	1:45.25	3/19/10
Christiansburg Aquatic Center	<b>Lauren Ritter</b>	1:53.19	10/16/10
<b>500 Freestyle</b>			
Atlantic Coast Conference	Whitney Sprague, North Carolina	4:38.72	3/19/10
Virginia Tech	<b>Erika Hajnal</b>	4:40.03	2/18/10
Christiansburg Aquatic Center	Remedy Rule, SMAC	4:58.05	11/12/10
<b>1000 Freestyle</b>			
Atlantic Coast Conference	Cara Lane, Virginia	9:36.35	3/21/09
Virginia Tech	<b>Erika Hajnal</b>	9:40.18	1/23/10
Christiansburg Aquatic Center	<b>Laura Simon</b>	10:25.85	10/16/10
<b>1650 Freestyle</b>			
Atlantic Coast Conference	Whitney Sprague, North Carolina	15:51.02	3/21/09
Virginia Tech	<b>Erika Hajnal</b>	16:00.16	2/21/09
Christiansburg Aquatic Center	Jessica Arnold, SMAC	18:01.21	11/14/10
<b>100 Backstroke</b>			
Atlantic Coast Conference	Mei Christensen, Virginia	51.58	3/20/09
Virginia Tech	<b>Steffi Drechsel</b>	53.66	1/23/10
Christiansburg Aquatic Center	Remedy Rule, SMAC	59.00	11/13/10
<b>200 Backstroke</b>			
Atlantic Coast Conference	Mei Christensen, Virginia	1:52.22	2/21/09
Virginia Tech	Kelly deMarrais	1:57.50	2/21/09
Christiansburg Aquatic Center	<b>Erika Hajnal</b>	2:06.04	10/16/10
<b>100 Breaststroke</b>			
Atlantic Coast Conference	Layne Brodie, North Carolina	1:00.02	2/20/09
Virginia Tech	Jessica Botzum	1:00.56	3/20/08
Christiansburg Aquatic Center	<b>Meaghan Holloway</b>	1:06.03	10/16/10
<b>200 Breaststroke</b>			
Atlantic Coast Conference	Layne Brodie, North Carolina	2:10.04	3/20/10
Virginia Tech	Jessica Botzum	2:10.13	3/20/08
Christiansburg Aquatic Center	<b>Meaghan Holloway</b>	2:23.06	10/16/10
<b>100 Butterfly</b>			
Atlantic Coast Conference	Richelle Depold, North Carolina	52.34	2/18/97
Virginia Tech	Megan Newell	52.61	2/20/09
Christiansburg Aquatic Center	<b>Heather Savage</b>	57.91	10/16/10
<b>200 Butterfly</b>			
Atlantic Coast Conference	Megan Evo, Virginia	1:54.59	2/21/09
Virginia Tech	Megan Newell	1:58.40	2/21/09
Christiansburg Aquatic Center	<b>Erika Hajnal</b>	2:04.19	10/16/10
<b>200 Individual Medley</b>			
Atlantic Coast Conference	Megan Evo, Virginia	1:56.17	2/19/09
Virginia Tech	Jessica Botzum	2:00.53	2/15/07
Christiansburg Aquatic Center	<b>Erika Hajnal</b>	2:06.33	10/16/10
<b>400 Individual Medley</b>			
Atlantic Coast Conference	Laura Moriarty, North Carolina	4:07.66	2/19/10
Virginia Tech	<b>Erika Hajnal</b>	4:09.33	3/19/10
Christiansburg Aquatic Center	Chancey Hambrick, LASO	4:30.32	11/13/10
<b>200 Freestyle Relay</b>			
Atlantic Coast Conference	Christensen, Wallace, Evo, Davis-UVa	1:29.12	3/20/09
Virginia Tech	McHorney, Newell, <b>Drechsel</b> , Smith	1:29.73	2/19/09
Christiansburg Aquatic Center	<b>Gomes, Drechsel, Savage, Ferguson</b>	1:35.96	10/16/10
<b>400 Freestyle Relay</b>			
Atlantic Coast Conference	Christensen, Wallace, Moores, Evo-UVa	3:15.22	2/21/09
Virginia Tech	<b>Drechsel</b> , McHorney, Smith, Newell	3:16.21	3/20/09
Christiansburg Aquatic Center			
<b>800 Freestyle Relay</b>			
Atlantic Coast Conference	Narum, Flynn, Haris, Perdue-UVa	7:04.74	2/17/10
Virginia Tech	<b>Filova</b> , deMarrais, <b>Hajnal</b> , <b>Ritter</b>	7:06.93	2/17/10
Christiansburg Aquatic Center			
<b>200 Medley Relay</b>			
Atlantic Coast Conference	Christensen, McDonnell, Smart, Davis-UVa	1:37.33	2/17/10
Virginia Tech	McHorney, Earl, Newell, Smith	1:38.56	2/18/09
Christiansburg Aquatic Center	<b>Higgins, Holloway, Savage, Allen</b>	1:47.64	10/16/10
<b>400 Medley Relay</b>			
Atlantic Coast Conference	Christensen, McDonnell, Evo, Wallace-UVa	3:32.74	3/19/09
Virginia Tech	<b>Drechsel</b> , Losinger, Newell, Smith	3:36.50	2/20/09
Christiansburg Aquatic Center			

**Men's Diving Records**

<b>Event/Record Type</b>	<b>Name</b>	<b>Score</b>	<b>Date</b>
<b>1-Meter Diving (6 Dives)</b>			
Atlantic Coast Conference	Nick McCrory, Duke	499.95	2/20/09
Virginia Tech	Mikey McDonald	397.90	2/26/09
Christiansburg Aquatic Center	<b>Logan Shinholser</b>	392.75	10/16/10
<b>1-Meter Diving (11 Dives)</b>			
Atlantic Coast Conference	Paul Spray, Florida State	560.25	2/14/92
Virginia Tech	Artie Waters	490.55	1985
<b>3-Meter Diving (6 Dives)</b>			
Atlantic Coast Conference	Reuben Ross, Miami	474.30	2/19/09
Virginia Tech	Mikey McDonald	435.15	10/20/07
Christiansburg Aquatic Center	<b>Logan Shinholser</b>	362.00	10/16/10
<b>3-Meter Diving (11 Dives)</b>			
Atlantic Coast Conference	Louis Cagnet, Florida State	621.05	2/6/99
Virginia Tech	Doug Roper	505.40	2004
Christiansburg Aquatic Center			
<b>Platform Event (6 Dives)</b>			
Atlantic Coast Conference	Nick McCrory, Duke	534.00	3/28/09
Virginia Tech	<b>Logan Shinholser</b>	436.90	11/20/10
Christiansburg Aquatic Center			
<b>Platform Event (11 Dives)</b>			
Virginia Tech	Doug Roper	392.00	2005

**Women's Diving Records**

<b>Event/Record Type</b>	<b>Name</b>	<b>Score</b>	<b>Date</b>
<b>1-Meter Diving (6 Dives)</b>			
Atlantic Coast Conference	Jenna Dreyer, Miami	379.98	3/3/07
Virginia Tech	Jackie Davoud	312.38	1998
Christiansburg Aquatic Center	<b>Sarah Milton</b>	283.75	10/16/10
<b>1-Meter Diving (11 Dives)</b>			
Atlantic Coast Conference	Jennie Graviss, Clemson	459.80	2/18/89
Virginia Tech	Jackie Devoud	439.05	1998
<b>3-Meter Diving (6 Dives)</b>			
Atlantic Coast Conference	Abby Johnston, Duke	439.70	2/19/10
Virginia Tech	<b>Sarah Milton</b>	337.80	1/30/10
Christiansburg Aquatic Center	<b>Sarah Milton</b>	310.60	10/16/10
<b>3-Meter Diving (11 Dives)</b>			
Atlantic Coast Conference	Agnes Gerlach, NC State	567.15	2/24/93
Virginia Tech	Laura Lunn	487.35	2005
<b>Platform Event (6 Dives)</b>			
Atlantic Coast Conference	Brittany Viola, Miami	367.20	3/16/08
Virginia Tech	<b>Sara Mokhtari</b>	252.90	11/21/09
Christiansburg Aquatic Center			
<b>Platform Event (11 Dives)</b>			
Virginia Tech	Laura Lunn	388.85	2005