

Virginia Tech Sports Medicine <i>Review: Yearly</i> Director of Athletic Training NCAA Guideline 1f	Departmental Policy Title: Administration of Physician Generated Pharmacy Prescriptions Section: Dispensing Prescription Medications	14 Key Function: S-A Safety May 86/June 2000
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POLICY STATEMENT: This policy insures and communicates complete and comprehensive procedures for writing and processing physician generated prescriptions for medications and other pharmacy services.

PURPOSE: To provide and communicate to sports medicine staff the proper procedures for the administration of prescription drug services

ENTITIES TO WHOM THIS POLICY APPLIES: Virginia Tech Sports Medicine.

APPENDIX:

- I. Drug Laws For Practitioners
- II. Medication Counseling Consent Form
- III. NSAID handout Tordal
- IV. NSAID handout Celebrex
- V. NSAID handout Ultram

PROCEDURE:

1. All Prescription Pharmaceuticals are to be locked and secured at all times in the physician's office or physician's area in the training room in accordance with state and federal regulations.
2. Once a Virginia Tech Athlete has been evaluated by a physician and a script for a prescription medication has been generated, it shall be determined whether or not to be stamped for athletic related charges. If the charge is approved; the script will be stamped with ATHLETIC DEPARTMENT CHARGE. This prescription shall also be recorded electronically into the injury tracking software with the name of the patient, prescribing physician, the name, strength, and quantity of the medication, as well as the injury or illness for which it is prescribed.
 - § 54.1-3408.01. Requirements for prescriptions. (Appendix I)
3. The athlete will then be instructed to pick up the prescription at Kroger Pharmacy on University City Blvd. Prescriptions can be faxed or called in to assist the athlete and Pharmacist. The athlete should be instructed to pick up their own prescription at the pharmacy where they will have access to appropriate counseling.
 - In the event that the athlete is not able to pick up the prescription. A Certified Athletic Trainer may pick up the prescription from Kroger Pharmacy. The ATC shall then deliver the prescription to the athlete and provide counseling material. The Student Athlete shall also sign the Medication Counseling Consent Form.
4. Upon receipt of the monthly invoice, all pharmacy charges will be reviewed by the Insurance Coordinator and Director of Athletic Training.
5. All samples should be delivered to the Sports Medicine Physician's Suite for processing. Samples will then be stored with all other prescription medication, and distributed according to physician preference.
6. All samples should be logged out and a script written and signed by one of the physicians. Please note SAMPLES on the script. All sample medication should also be documented into the injury tracking software with the patients name, prescribing physician, the name, strength, and quantity of the medication, as well as the injury or illness for which it is prescribed.
7. All verbal orders should be communicated between a physician and Certified Athletic Trainer. Once the physician has determined a prescription medication is needed, he should call in the prescription to the nearest pharmacy, where it will be picked up by the SA. All verbal orders should have a script generated, which upon arrival to Virginia Tech should be signed by the ordering physician. All distributed medication should be documented electronically in our injury tracking software, and should state that it was a verbal order to distribute. All verbal scripts should have VERBAL clearly marked with the physician's name.
 - § 54.1-3408.02. Transmission of prescriptions. (Appendix I)

8. When ordering prescription medications for their kit/travel, the ordering physician is responsible for the storage and maintenance of all such drugs in accordance with state and federal regulations.
9. Upon standing orders by the team physicians, authorized licensed athletic trainers may possess and administer topical drugs for phonophoresis and iontophoresis as well as transdermal applications of approved medications.
 - § 54.1-3408. Professional use by Practitioners. (Appendix I)
10. All game day medications should be prescribed by a team physician. All game day medications shall be logged on the medication log which states date/time, medication, athletes, injury, and physician. All medications on the medication log shall electronically logged into our online injury software stating the name of the patient, prescribing physician, the name, strength, and quantity of the medication, as well as the injury or illness for which it is prescribed. In the even that our team doctor is prescribing game day medication for the first time, the SA shall sign the Medication Counseling form, and receive the Tordal, Celebrex, or Ultram handout. (Appendix III, IV, V)
11. All ATC's will carry an Epi-Pen in their kit to be administered only in the case of anaphylactic shock.
 - § 54.1-3408. Professional use by practitioners. (Appendix I)
12. All over the counter medication (OTC) shall be kept in a locked storage cabinet in the athletic training room. OTC medication in the original manufactures packaging may be given to the patient by sports medicine personnel as long as no additional direction labels are being attached to the container. If a label that contains and special directions or instructions needs to be attached, the non-prescription medication must be dispensed by a team physician.
 - <http://www.vdh.state.va.us/epidemiology/DiseasePrevention/Programs/Pharmacy/nonprescription.htm>